HER FAT WAS A BURDEN

Now She is Quite Slender

Here is another case where the trim, slim figure of youth has displaced the coarse, fat outline of middle-age. It is a housekeeper writing. She says:—

"I cannot say what weight I was, but I was very fat—a burden to myself. I have taken three bottles of Kruschen Salts and now I am quite slender. I am 56 turned and people take me for 40. I am more than proud of myself. You can take it from me that every word of this is true. I took a teaspoonful in hot water every morning till I used three bottles. Now I only take half a teaspoonful each morning. I cannot recommend the Kruschen Salts enough, for they are worth their weight in gold."—(Mrs.) A. H.

For generations, wealthy over-weight people have been visiting those European Spas whose waters are recognized for their reducing effect. It is called "taking the cure." Now the formula of Kruschen represents the ingredient salts of the mineral waters from those far-famed Spas. These Salts combat the cause of fat by assisting the internal organs to perform their functions properly—to throw off each day those waste products and poisons which, if allowed to accumulate, will be converted by the body's chemistry into fatty tissue.

Shorts

Golfballs were first made with horseside cases stuffed with feathers.

Providing policemen to do duty at Piccadilly Circus costs $50,000 a year.

Frowning causes wrinkles, because it brings into play some fifty muscles of the face.

Pilfering is said to have caused the South Wales coal industry a loss of $1,250,000 last year.

London has 155,000 lonely people, of both sexes, mostly living in homes consisting of one room.

Cobra venom is only fatal if injected into the blood stream; it is quite harmless when swallowed.

Register office marriages grow more popular in the United Kingdom every year. There were 100,000 such unions in 1932.

For more than ten years Rutland, England's smallest county, has had no civil cases or prisoners for trial at her assizes.

Rheumatism is responsible for 45,000 deaths a year in Gt. Britain.

Printed weather forecasts for the next twenty-four hours will be supplied by automatic machines to be installed in Frankfurt, Germany.

In an up-to-date factory, shoes go through as many as 120 different operations, and are worked on or handled by as many different people.

Five of the Church of England bishops are bachelors. They are the Bishops of London, Winchester, Oxford, Salisbury, and Truro.

Dog licences brought in a revenue of nearly $500,000 in London alone in a recent year. There are about 3,500,000 dogs altogether in England.

Building societies are estimated to have provided £200,000,000 during the last twenty years to build houses in London and the south of England.

Gt. Britain's food supply is getting safer. Out of some 136,000 samples tested last year by analysts, only 4.6 per cent. were shown to be below standard or adulterated.

So great is the increase of the number of bison in the official game sanctuary in Canada, that 1,200 of these animals were recently slaughtered and their flesh sold for food.

Supplies for London's Post Office are bought in enormous quantities, last year's purchases including 500,000 yards of cloth for uniforms, etc., 1,000,000 yards of canvas for mailbags, and 900 tons of string.

Turkish Chief Displeased At Deputy's Arabic Name

Adana, Turkey.—Turks living along the path of Mustapha Kemal's whirlwind personal inspection trip of the country have learned an answer to Shakespeare's query anent names.

The Ghazi's trip was fundamentally an economic survey, but he did not forget his passion for making all things Turkish.

Meeting the Adana deputy, Zamir Bey, here, Kemal told him that he didn't like the Arabic sound of his name and bade him change it at once to the Turkish form of Damar Bey.

Zamir ran with his birth certificate to the City Hall and came back Damar.

Advertising Attracts Tourists to Wales

Llandudno, Wales. — Llandudno Town Improvement Association is cooperating with the Colwyn Bay Advertising Association in a campaign to advertise their communities jointly in the press and other mediums.

The decision follows a recent announcement by the Portmadoc Town Advertising Association that press advertising schemes sponsored by the North Wales Board and the Cambrian Resorts Association had increased Portmadoc's visitors last year by 20 per cent over the previous year.

...SMILES...

You know, of course, that due to economic conditions, the Mississippi river has for some time past been running only twice a week, and now it is rumored that because of the falling off in marriage licenses, Nagara Falls will be shut down until business picks up.

Shy One—"I think marriages are made in Heaven, don't you?"

Impatient One—"Well, if all men took as long to propose as you do, most of them would have to be."

Last Summer, Ole and Jens, who are novices at the game, went fishing. Strangely enough, they happened to hit a good spot and hauled in quite a bunch of whoppers.

Ole (as they proceeded to pull up the anchor)—"By yee, das fine fishing hole—las mark das place ant comb back to-morrow."

Then as they neared the shore, Ole asked:

Ole—"Did you mark das place where ve caught dose fish?"

Jens—"You bet. Ay poot cross mark on da dide da boat."

Ole—"Well, linkhead, how do you know we'll get das same boat to-mor-

To reach the heart of others, speak and act from your own.

Our private statistician reports that girls with steady jobs scored remarkably high matrimonially during the recent leap year.

An Englishman, a Scot, and an Irishman appeared at a police-court following a night out. Addressing the Englishman, the magistrate said: "How do you feel?"

"Awful, sir."

"Well, take seven days' rest."

And then to the Scot: "How do you feel?"

"Grand, sir."

"Seven days to cool your ardour."

And then to the Irishman: "How do you feel?"

"Sure, just like a piece of elashtic."

"What do you mean by that?"

"Well, I know I'm in for a stretch, but I don't know the lingth yet."

Teacher—"Just what is wisdom?"

Boy (whose older brother had just finished a course in medicine)—"I know. It's information on the brain."

Drunk (optimistically)—"How long is it gon' to take to buil' tha' subway?"

Engineer—"Eight years."

Drunk—"Eight year! (hic) T' 'ell with it. I'll take a taxi."

Edith—"Did you see those pink bloomers we just passed?"

Jack (excitedly)—"Where? Where?"

Edith—"In the florist's windows."

"Dad," said little Tommy, "teacher told us that the olive branch is the emblem of peace. What is the emblem of war?"

"Orange blossom."

Physicians will testify to the fact that thousands of their patients, by indulging an insatiable appetite, have eaten themselves into an untimely grave. Perhaps it was this thought that concerned the old colored woman in the story. This colored mammy viewed with misgivings the great amount of sugar cane being eaten by her six-year-old grandson. Eventually she warned the boy: "Chile, ain't Ah done dol' yo' time an' agin dat youse eatin' too much cane? Don't yo' know, chile, dat cane killed Abel?"

London Department Store Has Successful Book Week

London.—Harrods, London's leading department store, had for the first time, a Book Week this month, with appearances by leading British authors and some American writers.

So great was the rush that all sales records were broken in the book department and urgent orders sent to publishers for further supplies.

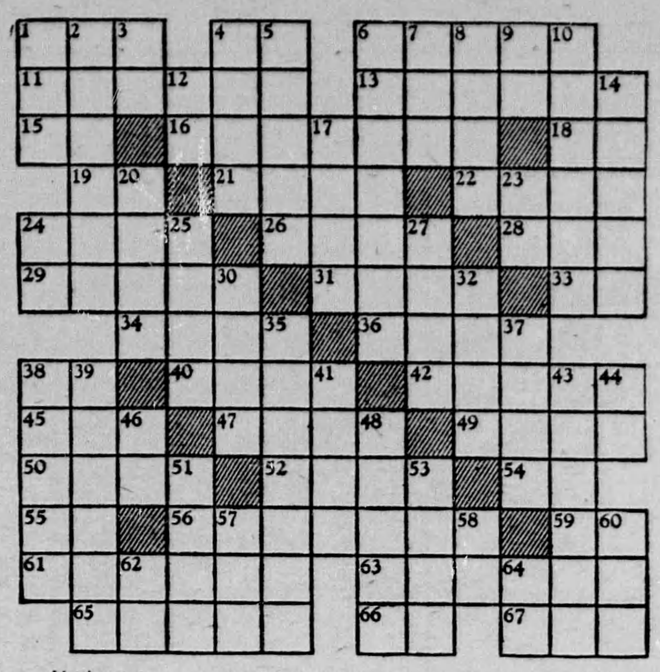
"The sales showed that the public is hungry for books," declared a director of the store. "People are reading more. They are turning to books as a comfort and recreation after the hustle and strenuous activity of the working day. . . ."

Gilbert Frankau and Stephen, who appeared on the opening day, were kept busy for two hours autographing copies of their books. Other authors who appeared were Marion Cran, Jan and Cora Gordon, A. G. Street, A. J. Cronin, H. C. Armstrong and Walter Wilkinson.

The hair of Miss Geraldine Nichs, Highland, Whimple evon, England, which measures five feet and six inches in length, is considered the most beautiful in all Europe.

The best conduct a man can adopt is that which gains him the esteem of others without depriving him of his own.—Talmud.

OUR CROSS-WORD PUZZLE



Horizontal

1—Anglo-Saxon money
4—Part of "to be"
6—Broader
11—To go to bed
13—Wanderer
15—Part of "to be"
16—Ends (Lat. plural)
18—To leave
19—Musical note
21—Eager
22—True-hearted
24—Fowls
26—Unit of energy (pl.)
28—Nothing
29—Order
31—Cloth measure (pl.)
33—Negative
34—Title
36—Erodes
38—Prefix: off
40—Unites
42—Matched
45—Obscure
47—Chums
49—Nevada City
50—Ancient American race
52—Colloquial: beats
54—Greek letter
55—Exists
56—Kind of wool
59—Sun god
61—Fright
63—Freed
65—Great depths of ocean (pl.)
66—Latin for "and"
67—Unusual

Vertical

1—Eye
2—Shortened
3—By
4—Space
5—To unite
6—To squirm
7—Electrified particle
8—Irish parliament
9—Type unit
10—To get back
12—Pronoun
14—Man's name
17—In addition
20—Dye
23—Type measure
24—Pronoun
25—Caledonian
27—Bridge score
30—Tour
32—Heavenly body
35—Merchants
37—To dam
38—Concede as true
39—Prejudiced
41—European
43—Became useful
44—To act
46—Possessive pronoun
48—Grin
51—Land measures
53—Chimney carbon
57—Jump
58—Toward
60—To unite
62—Musical note
64—Therefore

700-Mile-An-Hour Wind In English Tunnel

The newly constructed tunnel at the National Physicial Laboratory, Teddington, near London, will produce a wind with a velocity of 700 miles an hour, thereby beating nature, who record so far is only 110. This tunnel is not entirely for aviation experimentation, but to gain important improvements in the range and accuracy of shell and rifle fire.

When the blast of compressed air is turned on it will exert for twenty minutes a pressure of 5,000 tons on the giant castings at both ends. The highest velocity recorded of a projectile is under 700 miles an hour, so the new tunnel will render it possible for the first time for wind resistance to be measured at speeds closely approximating to the highest muzzle velocities obtainable.

As a result, research workers will be able to obtain exact data on the relative merits of projectiles constructed with various modifications to existing standard shapes.

Instead of elaborate and costly gunfire trials with projectiles, the whole work will be performed in the laboratory. The air will rush past the shell instead of the shell rushing through the air.

The chief directions in which improvement may be expected are in increased range in the case of shellfire and greater resistance to "drift," due to a sideways wind, in the case of rifle fire.

In the latter case, it will be possible to reproduce the effect of a lateral wind of any desired strength by placing the bullet to be tested at a small angle to the 700-miles-an-hour "gale."

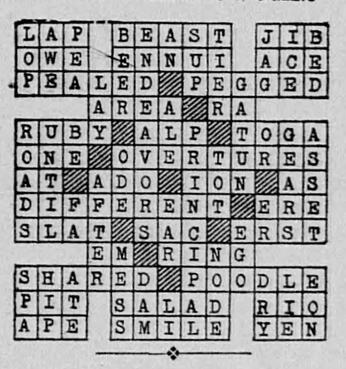
It is hope alone which purifies; to be without hope is to be without God in the world.—F. D. Maurice.

The world is all gates, all opportunities, strings of tension waiting to be struck.—Emerson.

110 Blood Transfusions

Blood of many strangers in his veins. George Frisbie of Missouri is back at work after 110 blood transfusions. Over 400 persons submitted samples.

Answers to Last Week Puzzle



North Caroline Executive Serves Town Without Pay

Garysburg, N.C.—This little town long ago decided that municipal elections were a wasteful extravagance, and now boasts of the greatest political oligarchy in the United States.

Nineteen years ago Mayor Will H. Joyner was elected to office for the usual term of two years. When his term was nearing an end people began to talk about the approaching election, but Mayor Joyner argued them out of that.

"Why have an election?" he asked. "Aren't things going on all right? Why not let the present administration continue in power? As long as things are going along all right there is no need for all the expense of an election every two years. It looks to me like a deliberate waste of money.

This sounded sensible to the citizens and Mr. Joyner and the four Aldermen continued to serve. In time some of the Aldermen died, moved away or resigned, and Mayor Joyner appointed others to take their places.

The Mayor's job carries no salary.

To conquer with arms is to make only a temporary conquest; to conquer the world by earning its esteem is a permanent conquest. — Woodrow Wilson.

RAW FURS

CANADIAN FUR EXCHANGE, Ltd.

M. ROSENTHAL,
Mgr. Fur Dept.
158 King St. East, Toronto 2

MUSKRATS

Eastern Ontario

	Choice	Ord.-Heavy
Extra Large...	1.00 to .80	.80 to .75
Large	.75 to .65	.65 to .55
Medium	.60 to .50	.50 to .40
Small	.40 to .30	.25 to .20

Western and Northern Ontario

	Choice	Ord.-Heavy
Extra Large...	.80 to .75	.65 to .60
Large	.65 to .55	.55 to .45
Medium	.50 to .40	.40 to .30
Small	.30 to .25	.25 to .20

SHIPPING INSTRUCTIONS

Make shipments up to 15 lbs. by Parcel Post, larger shipments by Express. Do not use heavy boxes for packing. Have your Muskrats dried and stretched so they will not spoil in transit. Address all shipments to CANADIAN FUR EXCHANGE, Ltd., 158 King St. East, Toronto.

Detailed quotations on all grades of furs and quotations on TRAPS and MUSKRAT STRETCHERS will be sent to you free upon request.

ALL REMITTANCES ARE MADE THE SAME DAY YOUR SHIPMENTS ARE RECEIVED IN OUR WAREHOUSE, BY BANK MONEY ORDER, PAYABLE AT PAR ANYWHERE IN CANADA.

LASTS 1/3 LONGER

Plug Tobacco smokes slowly in the pipe bowl. It lasts ⅓ longer and cuts the cost of smoking.

DIXIE

ONLY 20c A BIG PLUG

First Internal Air Service To Start in United Kingdom

London.—The first company formed in the United Kingdom to operate an internal air service came into being on March 25th with registration of Highland Airways, Limited, which obtained commercial flying rights in Northern Scotland.

Planes of the company, which will start its service on May 5, will fly between Inverness, points in the far north of Scotland and the Orkney Islands, carrying passengers and mail. Its time-table will be arranged so business men may leave Inverness in the morning, visit the Orkneys and return the evening of the same day. At present the trip requires three days.

The distance between Inverness and Kirkwall, the principal town in the Orkneys, is about 130 miles.

Improvised Incubator Saved Baby Born on Pacific Liner

Liverpool.—Two babies were born in the Pacific liner Orcoma, which arrived from a 4,000-mile voyage from Valparaiso.

The first weighed only three pounds at birth, and its life was saved by means of an incubator fabricated hurriedly from an old sugar box.

The incubator, made by Chips, the carpenter, had a glass top, and was kept at a contant temperature from the tropics of Santander, Spain, where the baby was landed. The infant was fed with milk from a fountain pen filler.

EGG POOL

Operated for the Benefit of Producers
Write for Particulars.
UNITED FARMERS CO-OPERATIVE CO. LTD., TORONTO

SOURED ON THE WORLD?—THAT'S LIVER

Wake up your Liver Bile —No Calomel necessary

Many people who feel sour, sluggish and generally wretched make the mistake of taking salts, oil, mineral water, laxative candy or chewing gum, or roughage which only move the bowels and ignore the liver.

What you need is to wake up your liver bile. Start your liver pouring the daily two pounds of liquid bile into your bowels. Get your stomach and intestines working as they should, once more.

Carter's Little Liver Pills will soon fix you up. Purely vegetable. Safe. Sure. Quick. Ask for them by name. Refuse substitutes. 25c. at all druggists. 51

WANTED MEN WITH CARS

A few Watkins routes are open for good reliable men under 50 years of age who can qualify. No capital or experience required. We back you. Sixty-five year reputation and 8,000 successful dealers assure your success. Products well known everywhere. You supply demand for world's largest selling Vanilla, coffee, food products, soaps, cleansers; staples used every day, so depression won't hurt you. Earnings at start should average $25.00 to $35.00 a week. Write for full information about vacancy closest to you, giving age, type of car, and farm experience.

J. R. WATKINS CO., Rural Sales Dept.
943 Inspector St., Montreal, P.Q., Canada

for **NEURITIS**

One thing that helps is to warm a dish, pour in Minard's. Then rub the liniment gently in.

Pain eases off!

22

MINARD'S "KING OF PAIN" LINIMENT

ISSUE No. 14—'33

Classified Advertising

BUSINESS OPPORTUNITIES.

PATENTS.

AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. The Ramsay Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

REMNANTS

10 POUNDS LARGE PRINT OR SILK Quilting Remnants, $1.50; 25 pounds $3.00. A. McCreery Co., Chatham, Ont.

CHICKS.

BLOOD TESTED CHICKS, BRED TO lay, Guaranteed Highest Quality, from the best laying strains. Large English White Leghorns, 8c; Barred Plymouth Rocks, White Rocks, S.C. Rhode Island Reds and White Wyandottes, 9c. All large bodied birds. All eggs set average over 25 oz. to the dozen. Terms: remit what you please with order, balance C.O.D. Sunny Ridge Poultry Farm, Box W, Essex, Ontario.

BUSINESS OPPORTUNITIES.

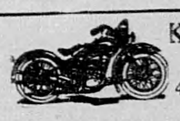
ROOMING HOUSE BUSINESS, FINE home, immaculately kept, fully rented business roomers; good living assured. Sell contents reasonable. Homestead, 2 College, Toronto.

WELL PAYING ROOMING HOUSE in good locality. Dairy produce business, profitable year-round proposition. Business Service Bureau, 73 Adelaide West, Toronto.

AGENTS WANTED.

AGENTS TO HANDLE FAST-SELLING, attractive packets tested garden seed. Handsome profits. Exclusive territories. Standard Seed Sales, 126 Wellington St. West, Toronto.

And herein lies the tragedy of the age; not that men are poor,—all men know something of poverty; not that men are wicked—who is good? not that men are ignorant—what is truth? Nay, but that men know so little of men.—David Grayson.



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421 College St., Toronto
Harley-Davidson Distributors
Write at once for our bargain list of used motorcycles. Terms arranged.

UNHEALTHY FAT

Quickly and Surely Disappears

Send For This FREE Booklet!

Read this interesting booklet entitled "The Sure Road to Slenderness." It tells you how you may lose weight with absolute safety, without tiresome exercise or restriction of diet. Simply write for your copy and it will be forwarded in a plain envelope.

Nurse Wilson REDU-COR is obtainable only through the head office of Nurse Wilson Products.

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MONEY FOR YOU AT HOME

YOU can earn good money in spare time at home making display cards. No selling or canvassing. We instruct you, furnish complete outfit and supply you with work. Write to-day for free booklet.
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Doctors have not said: "Don't reduce . . . but they have said: "Drastic reducing is injurious to health." Reduce — safely but surely — there is such a simple way in LACEY'S REDUCING GUM which so acts on the digestive system that better health is enjoyed in the reducing process than before. Fat gradually but surely disappears. We have many letters saying: "I have lost several pounds and feel better than I have for years." LACEY'S is guaranteed harmless and is recommended by the medical profession. 75c A BOX AT ALL DRUG AND DEPT. STORES. If you do not live near a drug store, remit to LACEY'S, P.O. Box 286, Vancouver, B.C. Mailed postpaid. Booklet, "Be Slim," free on request.

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Take Lydia E. Pinkham's Vegetable Compound

Wives get tired during these hard times. They are the ones who must bear the burdens of the family. When the husband comes home with less money in his pay envelope . . . it is the wife who must struggle along and make the best of things.

If you are tired . . . worn out . . . nervous, try Lydia E. Pinkham's Vegetable Compound. What you need is a tonic that will give you the strength to carry on.

98 out of every 100 women who report to us say that they are benefited by this medicine. Buy a bottle from your druggist today . . . and watch the results.