HEALTH

by Frederick Tennyson M.D.

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

THE SCHOOL CHILD

There is a tendency on the part of a large number of parents to consider the common cold in young children as being relatively unimportant. This is especially true in the case of children at the beginning of their school years.

The first years of school find a child in a totally different environment from that of his first years of life. In the home the daily round of the pre-school child varies but little from day to day, and during this period excitement is at a low ebb, as compared with the glamor and opportunities for contact which the earlier years at school hold.

In the home children are lightly clad, whereas in many instances, they are sent to school with far too much clothing. The anxious mother prepares her child for the cold walk, but she may neglect the temperature of the school rooms. Outside coats are dispensed with in the cloak room, but sweaters and thick stockings are frequently worn throughout the day in the class room. Sometimes warm clothing is necessary, but often enough class rooms become overheated and the child uncomfortably warm. During the quick exit at the recess period, lunch or school closing, such an overheated child may fail to put on his overcoat, or, more often, makes the journey home with his coat wide open. An abrupt change of temperature, with its rapid cooling effect and consequent lowering of resistance, provides an opportunity for bacteria ordinarily present in the mouth, to become active, with the result that an upper respiratory infection develops. Once such a cold has been discovered, it is essential that the child be kept at home, not only to avoid complications, but to protect other children in the same class or the same school from catching the cold. Such infections are only too often contracted from close contact with colds from which others are suffering.

An eminent authority once declared that the first decade of an individual's life should be primarily concerned with health, and the second decade with education. Education is most happily acquired by healthy children and lessons in health are but a branch of education.

A Sweeping Assertion And It's True

Regular 40c 5 string brooms 29c

Choice quality corn, peas and tomatoes, full size tins regular 2 for 25c ..... 2 for 21c

Valencia Raisins with the old time flavor, regular 2 lb. for 25c ..... 2 for 21c

Vanilla, 8 oz. bottle, reg. 25c size 21c

Heinz Tomato Ketchup, 14 oz. bottle, reg 25c 21c

Fair sex toilet soup reg. 4 for 25c ..... 4 for 21c

Infants Delight toilet soap reg. 3 for 25 ..... 3 for 21c

Lombard Plums in light syrup, reg 15c size .... 2 for 21c

Honey drip jelly powder, reg 5c pkg. ..... 6 for 21c

Osprey & Artemesia Co-operative Co., Ltd.

FLESHERTON

DANCING

Will be held in the

Fraternity Hall
FLESHERTON

- ON -

Thurs., March 9

under the auspices of the Eastern Star

Round and Square Dancing. Dorothy Foster Music

To commence at 8 p.m.

Lunch served. - Admission: 25c.

Special Bargains

- IN -

WALLPAPERS

To make room in our storage racks for our Spring Wall Papers we are placing on sale this week a large collection of patterns of which only a few rolls were left after last year's selling.

The quantities are suitable for small rooms, summer kitchens, clothes closets, etc., and are offered without regard to costs.

COME EARLY FOR THE BEST CHOICE

F. H. W. HICKLING

Large Quantity Of Wood Brought In

With the roads in fair condition for sleighing many loads of wood have come into town during the past few weeks. Most of the wood is of first class quality and has been selling at $2 per cord for 18 inch green. Dry wood has been bringing $2.50 per cord. This year the wood lot on a farm has been worth its weight in gold and has been the means of tiding many over the financial reverse we are experiencing at the present time. Very soon now the maple syrup season will arrive and this is another way that the farmer can secure returns from a cash crop if he has a suitable bush.

Association Meeting

The annual meeting of the Flesherton Old Boys' and Girls' Association will be held at room 307, Commerce and Transportation Bldg., 159 Bay street, Toronto, on Monday, March 20, at 8 p.m. The business of the meeting will include the election of officers, presentation of the Treasurer's report and other matters concerning the affairs of the Association will be discussed. It is hoped that a large number of the members will attend so that a representative opinion may be obtained as to the future conduct of the affairs of the Association.

Students Divide Prize

The Michael Fawcett oratory scholarship, open to theological students in their final year at the University of Toronto, was competed for last Thursday evening. Mr. Wilfred Lockhart, son of Mrs. Lockhart of this place, and Mr. Frank Bannister, student minister at Hopeville, Proton Station and Inistioge, were tied for first place. The prize of $40 was divided equally between these young men, who are both deserving of congratulations.—Dundalk Herald.

Checker King Here

Checker players of town had a splendid opportunity of seeing a checker champion in rare form on Tuesday afternoon. Dr. Angus Crawford of Alton, Canadian checker champion visited Mr. Walter Akitt, who arranged a little tournament amongst local players. Four boards were in play all the time and the distinguished visitor came out with a majority of the games. Mr. W. Lawson of Markdale was also in town to take part in the playing.

Funny man. He wraps a five around a roll of ones, and then kicks because the grocer puts the big ones on top.

Five days is the average time required to recover from a cold, but this will naturally vary, depending upon the type of the cold and the constitution of the individual.

A mechanic in an Ohio garage was called upon to take a bone from a dog's throat. He did it in a jiffy, having cleaned out a good many feedlines before.

A GOOD REWARD

A reward of five dollars will be paid to any person giving such information as will lead to the conviction of the party or parties placing snow or stones in the outer mail box of the post office or in any way defacing any notices in the post office.

—W. W. TRIMBLE, Postmaster.

A Day of Prayer

The Women's World's Day of Prayer was observed in Flesherton in the Baptist Church on Friday afternoon of last week, with over forty ladies present. Mrs. W. J. Scott took charge of the meeting and used the program prepared by Mrs. C. C. Chen, chairman of the National Committee of the Y.W.C.A. of China. A very interesting and profitable meeting was held. The collection amounted to $3.36. The committee appointed to prepare for next year's meeting is Mrs. J. Cargoe, Mrs. D. Williams and Miss Mary McTavish.

BEST CASH CROP

According to T. A. Benson of the Federal Poultry Branch at Toronto, prospects indicate that once again poultry and eggs will prove the best cash crop.

Unseasonable weather has done much towards a dropping off in egg prices, not only because of increased production, but in facilitating transportation.

Egg prices, however, have become slightly firmer, recently, and given normal March weather, the outlook for steady prices is encouraging.

CATTLE FOR BRITISH MARKET MUST BE CAREFULLY SELECTED

"Is our export of beef and stocker cattle being jeopardized by the methods of a certain number of producers?" This was the question of Garnet H. Duncan, livestock investigator, Ontario Marketing Board.

Mr. Duncan pointed to the fact that a high percentage of Canadian heifers arriving in Great Britain have proved to be with calf. It is his thought that, since there is no market for that class of livestock in the Old Country at present, the continuing of this practice will work to the disadvantage of all producers. Great Britain has the potentialities of becoming our greatest market, and therefore, is worthy of our best products. Carelessness in the class of stock shipped to that country, must result in the destruction of a most valuable outlet.

Public Stock Yards

During he twelve months of 1932, fewer cattle were marketed at public stock yards by approximately 76,000 head, as compared with the previous year. The curtailment in the movement to market should not, however, be considered as an indication of a relative decline in production. Prices were a ruling influence and were consistently responsible for a commendable caution in respect to loadings. It was pointed out most frequently during the year that the condition of the market was such that even a normal run would develop almost unsaleable carry-overs.

Favor Deeper Laying Pens

A poultry house 20 by 20 feet is regarded as about the correct size for one hundred laying hens. A house of this size used at the Experimental Station, Harrow, Ont., is proving satisfactory. Birds in a smaller house, 16 by 18 feet, appeared to be more uncomfortable during the winter months. This condition, as stated by the Superintendent, was borne out by the behaviour of the birds in the smaller house for they would seek shelter from the draught and huddle in corners. An outbreak of colds and roup confirmed this condition, as no trouble of this nature was experienced in the larger house.

A careful record of the variation in temperature of the two houses showed comparatively little difference This uncomfortable condition was believed to be due to draughts created in the narrower house.

THE END OF THE LINE

The stout woman slipped on the icy top step of the stairway and rolled to the bottom, carrying with her a small man who had been coming up just behind her. As the landing was reached, the little man waited a moment for action; then, lifting his head as far as circumstances would permit, he gasped: "You'll have to get off here, lady. This is as far as we go."

Sir Malcolm Campbell has been breaking records since 1925 — and getting away with it too.

If Willie learns to plead in a heart-wrenching tone of voice, don't spank him. Think how he will put over the advertising hooey on the radio.

IRISH SUPPER

The Ladies' Aid of St. John's United Church will serve a hot meat pie supper in the school room of the church on Friday evening, March 17, 1933, from 6 to 7.30 o'clock, to be followed by a play entitled "The Sweet Family," and a burleque musical entertainment. Admission: adults 25c, children under 12, 15c.

Flesherton Nosed Out Victory In Curling

Flesherton Curling Club won a one point margin in a local bonspiel with the Markdale club, held here on Monday evening. Four rinks made the trip down from our sister village and an interesting and friendly evening was enjoyed by all who participated. The Sproule rink of Markdale won from Dr. Murrays rink 7-5 and the Reburn rink won from H. A. McCauley 8 to 4. The next two Flesherton teams overtook the handicap by Cecil McTavish winning from the Beaton rink 6-4 and Welton having the advantage over Dr. McArthur's rink 9-4.

Flesherton:	Markdale:
Kennedy	Hunt
Goldsborough	Snell
G. McTavish	Campbell
Murray, skip—5	Sproule, skip—7

Flesherton:	Markdale:
J. Duncan	Leatherland
Wilson	Elliott
Scott	Lucas
McCauley, skip—4	Reburn, skip—8

Flesherton:	Markdale:
Thurston	Alton
Piper	Taber
Brackenbury	Beard
McTavish, skip—6	Beaton, skip—4

Flesherton:	Markdale:
W. Henry	Rapp
Richardson	Cassells
Preston	McNab
Welton, skip—9	McArthur, skip—4

A social time was held at the close of the bonspiel in the club rooms and a lunch was served, catered by G. B. Welton. Some entertainment was provided by a scotch song sung in Gaelic by Dr. J. A. McArthur, which was well given, even though the words he was using were all Scotch to the gathering. Dr. L. G. Campbell gave an interesting reading in the Irish brogue and Gordon Beaton entertained with a humorous song. Rev. Bennett welcomed the visitors in a few words and Dr. Campbell replied to the welcome as president of the Markdale Curling club and J. O. Dargavel of the Flesherton club also spoke a few words of welcome. The evening's entertainment was closed with the visitors rendering "For They are Jolly Good Fellows" and the joining of hands and singing "Auld Lang Syne."

During the evening Mr. T. H. Reburn of Markdale presented the Flesherton Curling Club with a brush of broom, grown on the estate of Admiral Beatty in Scotland, as a memento of his visit to Scotland with the Canadian curlers a few years ago. Mr. Reburn's thoughtfulness in presenting this souvenir to the club is apreciated by the members.

Broader shoulders for men this year, say the designers of clothes. And allowances, we hope, for a little hump for the place where the taxes bear down.

In Red Deer, Alta., there are not enough feed barns to take care of the horses driven into town. In modern terms they would be called filling stations for nags.

Will Welcome Change

Municipal clerks and printers will especially welcome a proposed bill now before the Ontario Legislature by which a person whose name has been let off the municipal voters' list will not be disqualified from voting if his name is on the assessment roll and a certficate to that effect is produced to the deputy returning officer on election day. This will obviate the expense of bringing on a Judge's Court of Revision to add a few names that have been left off by the clerk in copying from the assessment roll or the printer in his work.

The jig-saw puzzle craze seems to be about as popular now as the crossword puzzle was a few years ago.

A spendthrift is one who spends his money. A tightwad is one who saves it for somebody else to spend.

Free speech is saying what you like if you are sure the majority of the people agree.

Auction Sale

Farm Stock, Implements, Etc.

W. J. Caswell

will sell by public auction on

Friday, March 10

Lot 171, Road No. 10, 2½ miles south of Flesherton

the following articles namely:-

HORSES — Heavy black horse, 13 years old; Heavy bay horse, 15 years old; Heavy bay horse, 17 years old.

CATTLE — Holstein cow, 10 years old; Durham cow, 6 years old; Polled Angus purebred cow, 5 years; Polled Angus cow, 5 years; (all supposed in calf); Heifer calf, purebred;

SWINE AND SHEEP — Brood Sow, purebred, due May 2; Shropshire ram, registered, 2 years old; 17 ewes with lambs at foot.

IMPLEMENTS, GRAIN, ETC. — Deering seed drill, 13 disc; Mower, 5 foot cut; Massey Harris 1 furrow riding plow; Cultivator; Walking plow; Deering hay loader, spring tooth; Hay rake, 10 foot; Deering binder, 8 ft. cut; Wagon in good shape; 12 foot iron harrow; Hay rack and stock rack; Sickle grinder; Disc harrow; Power cutting box with 12 ft. carrier; Fanning mill; Turnip Pulper; Cutter, closed in; Logging sleigh in good condition; 400 lb. beam scale; Hay fork; 2 sets of heavy harness; 1 set light harness; 3 horse collars; 25 tons good timothy hay; 8 tons mixed alfalfa and timothy hay; 300 bus. of buckwheat and barley, mixed, (good for seed); 200 bus. of oats; Wood heating stove and other household articles; Forks, shovels and chains; Other articles too numerous to mention. Positively no reserve as everything must be sold. Sale to commence at 1 o'clock p.m.

TERMS OF SALE — Grain and all sums of $10.00 and under cash. Over that amount 10 months credit will be given on approved joint notes; 6 per cent interest added to notes.

—GEO. DUNCAN, Auctioneer.

HORSES WANTED

We will be at the

Park Hotel, FLESHERTON

all day

Friday, March 10

TO BUY HORSES WEIGHING FROM 12 to 15 HUNDRED. MUST BE SOUND AND IN GOOD CONDITION. AGES FROM 5 YEARS AND UP.

— J. N. BALFE

NORTHERN NURSERIES

OWENSOUND, ONT.

CUT FLOWERS
GIFT BOUQUETS
WEDDING FLOWERS
FUNERAL DESIGNS

LANDSCAPE GARDENING PERENNIALS and SHRUBS

Place your order with our Flesherton representative:

W. A. HAWKEN