OUR MINING INFORMATION SERVICE

is specially designed to keep you posted up to the minute marketwise, and should prove invaluable to investors who wish to be advised of market news and conditions both accurately and speedily.
Drop us a letter and we will explain.

COLLING & COLLING
Members Standard Stock and Mining Exchange
33 TEMPERANCE ST. TORONTO
PHONE WAVERLEY 4831

By . . FORREST.

Address communications to this department, Room 420, 73 Adelaide St. West, Toronto.

There is no Canadian sport that is more healthy or invigorating than skiing. Skiing is a real outdoor body builder that will tone up the system in short order. However, like any other worthwhile exercise, it must be done with due consideration of the physical condition upon starting. Every skier should learn the fundamental points on how to stop when traversing a hill, how to make turns and how to stop quickly when travelling at a high rate of speed. Anyone can learn to run through wooded trails with sufficient proficiency that there is little danger of accidents, providing they master their stem turns and snow plow.

Like many other sports skiing is divided into several branches. The langlauf is the term which applies to that branch in which the chief interest lies in skiing on the level and up-hill climbing. The slalom branch applies where a course is built out on a slope with flags which the skier must negotiate in a series of turns. A slalom race is held on a similar course and the skier making the best time to complete the course successfully is judged the winner. Then there is jumping, perhaps the most spectacular of all the branches. Jumpers use special wide skiis that have two or three grooves machined into the running surface. These grooves increase the jumper's stability when landing after taking off. At the present time there are only a few proper jumps in Canada on which the expert skier may try his skill.

In most communities the novices will find within walking distance from their homes numerous gentle slopes that make ideal practice grounds. It is here that every beginner should learn to master the snow plough for stopping or breaking speed on open slopes. Then the stem turns and lifted stem should be mastered. Once these elementary turns are proficiently acquired the beginner may try his skill on some of the smaller trails.

Readers are invited to write, regarding the formation of ski clubs, and to give descriptions of the country on which they are now skiing, or intend to ski. Make descriptions as exact as possible. For example, give the name of nearest town, village or city and approximate distance to the skiing territory. A rough pencil map would be helpful. From this information it will enable us to give suggestions for planning interesting ski runs and the preparation of slalom courses.

Good For the Dye Trade

Colored waistcoats were worn with evening dress at a big London dinner recently, and the advocates of brighter wear for men have been rejoicing.

A little prematurely perhaps, for it is not very likely that the fashion will spread. The black-and-white of conventional evening dress makes a good combination, and one in which many men look their best. Moreover, a dress suit will last for years, whereas the average evening frock has a very short "expectation of life."

If we once adopted colors in our evening-dress scheme we would always have to be making new purchases, because the "fashionable" colors would be always changing. Our dress experts would see to that.

Besides, would the changes stop at colored waistcoats? In the days when these waistcoats were formerly the mode, here is how a future Premier dressed for dinner, as described by one who saw him in all his glory: "A black velvet coat lined with satin, purple trousers with a gold band running down the outside seam, a scarlet waistcoat, long lace ruffles, falling down to the tips of his fingers, white gloves with several brilliant rings outside them."—London "Answers."

To Try Radios in Street Cars

St. Louis.—Street car company officials here are considering placing radios in street cars soon, it was revealed by the Public Service Company, operators of the street car system. The company, it was said, plans to install a few radios on one line. If the plan meets with the approval of the riders, others will be installed.

To Try For New Laurels

Miss Johanna Kolstad, champion woman ski jumper of Norway, who arrived last week on board the Cunard liner Aquitania en route to the Norwegian Ski Club in Cary, Illinois, to compete in events there. Afterwards she will continue to Montreal to compete in winter sports.

Children's COLDS

Mothers testify that BABY'S OWN TABLETS are invaluable for children's head colds and feverish colds.

"At the first sign of a cold," writes Mrs. Isaac Kellar, 4 Shaftesbury Place, Toronto, "or if the children have been out in damp weather, I give Baby's Own Tablets, and they are all right again the next day."

Mrs. Albert E. Knowles, R. R. 3, Granton, Ont., writes: "Baby's Own Tablets relieve colds so easily—I wouldn't be without them if they cost twice as much."

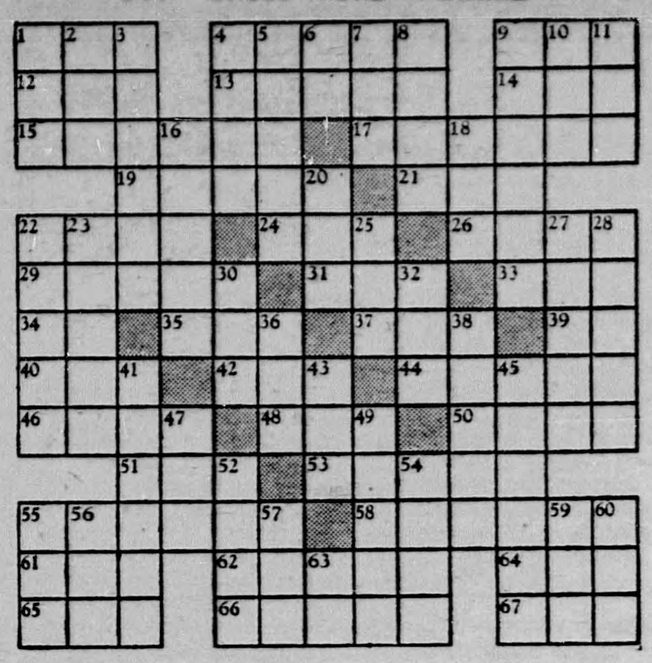
Mrs. James O'Connor, Godfrey, Ont., writes: "Baby's Own Tablets are wonderful for children's colds and fever."

Mrs. Frank A. Tallen, Harrowsmith, Ont., writes: "It was next to marvellous, after giving Baby's Own Tablets, how quickly the fever disappeared."

When you see your child with a cold coming on, don't lose any time in giving Baby's Own Tablets. They are effective, also, for teething troubles, colic, constipation, vomiting, sleeplessness, and whenever a child is restless and fretful. Absolutely SAFE—see the analyst's certificate in each 25-cent package. *Over 1,250,000 packages sold in 1931.* 222

DR. WILLIAMS'
BABY'S OWN TABLETS
Make and Keep Children Well—As Mothers Know

OUR CROSS-WORD PUZZLE



Horizontal
1—Resinous substance
4—Stage of insect life
9—Vessel
12—To anoint
13—Observed
14—Ibsen character
15—Inflicts
17—Small
19—Pit
21—Horse
22—Withered
24—Quadruped
26—Greek letter
29—Dregs
31—Seed
33—To put on
34—While
35—Cunning
37—Obtuse
39—Pronoun
40—Cage
42—Father (nickname)
44—To cheat
46—Image
48—Cup
50—Combat
51—To loot
53—Loop
55—Lucid
57—Knocked
61—Land measure
62—Frosted
64—Prior to
65—United
66—Feats
67—Crude

Vertical
1—Softly
2—Melody
3—Grows light
4—Dark
5—Green
6—By
7—To bedeck
8—God of wisdom
9—Rough
10—Custom
11—To obtain
16—Encourages
18—Small amount
20—Siege ditch
22—Hindu title of respect
23—Lessened
25—Young animal
27—Cloth
28—About
30—Old times
32—Nervous disease
36—Tuber
38—Insects
41—Insinuated
43—To entitle
45—Musical instrument
47—To cut
49—Mocked
52—Feathered animal
54—Runs about
55—Rule
56—Indignation
57—Cube
59—Age
60—Moisture
63—Pronoun

Weak Girls and Boys

Mrs. Stimpson's Nervous Daughter Helped by Dr. Williams' Pink Pills—School Boy Likewise

New Strength During 'Teen Age

"My daughter was a thin, nervous child, 24 pounds under weight. Having been brought up in England, where Dr. Williams' Pink Pills are so widely known, I gave them to her, with the result that she is now, at 16, a fine, healthy, lively girl." So writes Mrs. G. Stimpson, Winnipeg, Man.

"My brother, George, had been growing pale, and lost his appetite and could not concentrate on his mechanical studies," writes Joseph Johnston, Edmonton, Alberta. "A neighbor recommended Dr. Williams' Pink Pills. George took them regularly, and in a week showed great improvement. Since then he has been feeling great, and has not been bothered by stomach or headaches."

The teen age is a trying time, and Dr. Williams' Pink Pills are wonderfully effective in imparting needed vigor and vitality to growing girls (and boys, too). The Pills actually create an abundance of rich, red blood and this revitalizes exhausted systems. At your druggist's, 50c.

A mistress, who lived down at Straetham,
Said: "Bring me those bulbs, Jane, I'll seatham."
The maid, in dismay cried: "Bulbs, did you say, I thought they were onions, I've eatham."

Owl Laffs

I do not ask, O Lord, that life may be
a pleasant road,
I do not ask that thou would'st take
from me aught of its load,
I do not ask my cross to understand,
my way to see;
Better in darkness just to feel Thy
hand and follow Thee.
For one thing only, Lord, dear Lord,
I plead—lead me aright,
Though strength should falter and
though hearts should bleed,
Through peace to light.

It is to be hoped that you are preferred stock in the human market.

Doctor—"See here, I told you to stick to a vegetable diet and you're eating rabbit."

Mr. Sickleigh—"It's all right, Doc. This rabbit's the one that ate up my vegetable garden last summer."

"Is your wife changeable, old man?"
"I've never tried—but I shouldn't think so."

Gladys—"Mother dear, I advertised under a different name that I would like to make the aquaintance of a refined gentleman with an eye to romance."

Mother—"Gladys, how awful! Did you get any answers?"

Gladys—"Only one, from father."

Women are funny. They will spend hours making up their mind what dress to wear, and only two seconds in making up their mind what boy to marry.

Head Clerk—"Aha! I'm glad to notice that you're arriving punctually now, Mr. Slowcombe."

Mr. Slowcombe — "Yes, sir. I've bought a parrot."

Head Clerk—"A parrot? What on earth for? I told you to get an alarm clock."

Mr. Slowcombe—"Yes; I did. But after a day or two I got used to it and it didn't wake me. So I got the parrot. And now when I go to bed I fix the alarm clock and put the parrot's cage on top of it. What that bird says when the alarm goes off would wake up anybody."

Knock, and the world knocks with you; boost, and you often find yourself boosting alone.

Dessert was being served at the dinner party. The young lady, before eating them, asked the rather deaf clergyman next to her:

Young Lady—"Do you like bananas?"

Deaf Clergyman (embarrassed) — "Er-er, no, you see, I still prefer the old-fashioned night shirt."

We hear a lot about part time jobs now. And from all the evenings they have to spend alone, a good many wives must think they've married part-time husbands.

Boss (trying to trip his office boy)—"What is the difference between the bull and the ox?"

Office Boy—"The bull is the calf's father."

Boss—"But the ox?"

Office Boy—"The ox is the calf's uncle."

Heaven to a girl would be having so many clothes she couldn't decide what to wear, but to a boy it would be having so many girls that he couldn't make up his mind which one to call up.

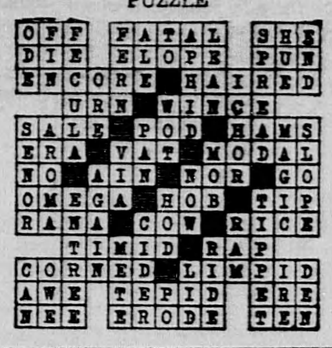
The class had been instructed to write an essay on Winter. Before they began the teacher gave them a few hints, and among other things he suggested that they might introduce a short paragraph on migration.

One child's attempt read as follows: "In winter it is very cold. Many old people die in winter and many birds also go to a warmer climate."

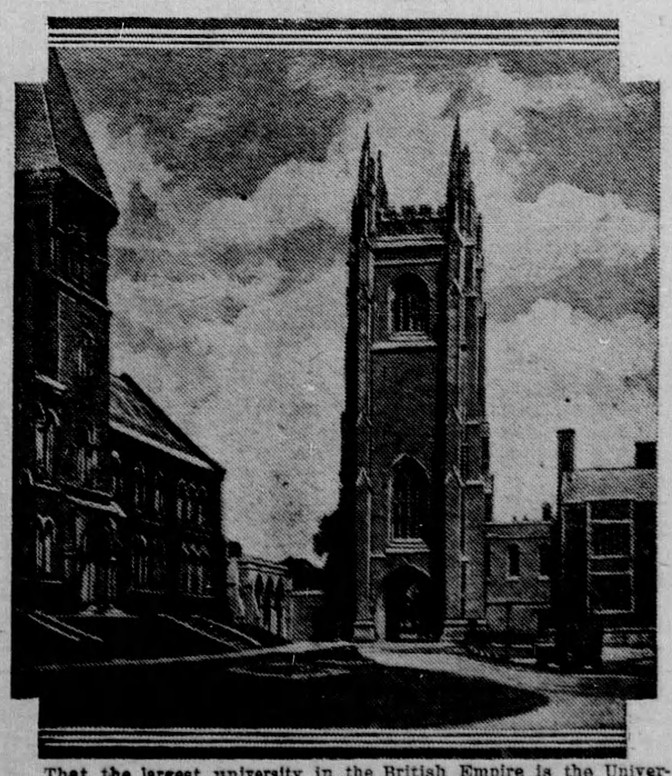
One thing worse than being poor and having to work is being poor and not having any work to do.

Though marketed conditions were unfavourable last year, the catch of whitefish from the Dominion's fresh water fisheries was nearly 15,800,000 pounds. A large part of Canada's annual whitefish landings is exported to the United States.

ANSWER TO LAST WEEK'S PUZZLE



+ Do You Know? +



That the largest university in the British Empire is the University of Toronto, Ontario? The photograph shows the Memorial Tower erected in memory of students and graduates of the University who served in the Great War.—Canadian National Railways.

RACES AT 61—AND WINS

Had not Run for 35 Years

KRUSCHEN GAVE HIM HEALTH AND VITALITY

This account of a veteran's "comeback" is best given in his own words:

"Some three years ago I was suddenly afflicted with a swelling of my right knee, the pains being so severe that I could not walk. I had to crawl upstairs to bed, and then could get no sleep on account of pain. Having led an athletic life, this was a severe blow to me. I tried all sorts of treatments, but with small results. Then I decided to try Kruschen. I took a dose in my coffee every morning for a fortnight, and, finding a small improvement, I have continued doing so ever since.

"I am happy to state that I can now walk miles without difficulty. As a matter of fact, I recently entered a race for Veterans over 40, and, in spite of my 61 years, 'walled' away with it' in good time. That was my first race for 35 years. Now I am feeling fine, and just off for a walking holiday. Kruschen Salts have done me so much good that I recommend them to all sorts of bodily ills."—W. H. D.

By maintaining Nature's balance of vital salts in your body, Kruschen ensures the regular and harmonious operation of your liver and kidneys, so that your inside is gently but completely freed from every particle of poisonous waste matter.

Internal cleanliness means the circulation of clear, refreshed blood to every cell of your system, converting every vein into a tiny torrent of energy, filling every fibre of you with that "Kruschen Feeling" of fitness.

Kruschen Salts is obtainable at all Drug Stores at 45c. and 75c. per bottle.

Classified Advertising

PATENTS.

DENNISON, H. J. S.—PATENTS, Trade Marks, Designs, Copyrights. All countries. 1007 Federal Building, Toronto.

AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. The Ramsay Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

FIRE!
Agents wanted. To sell the Household Fire Extinguisher
Instant protection for Homes—Barns—Automobiles. Most perfect fire extinguishing liquid known.
Retails only $1.00. Liberal commission.
Complete extinguisher for sample sent carriage paid for $1.00.
The Household Fire Extinguisher Co.
680 Bay St., Toronto

STORIES ARE WANTED
Well written stories find a ready market today. The McKishnie Course of instruction for home study purposes will develop your creative power and lead you to success. Write for Free Ability Test.
SHAW SCHOOLS, Limited,
Dept. A, 1130 Bay Street, Toronto

Highest Price Paid
for dressed and live poultry and eggs. Correspondence solicited.
EASTERN FARM PRODUCTS CO.,
423 St. Paul Street East
Montreal, Que.

Scientific Safe
INSIST ON THE GENUINE Feen-a-mint The Chewing Gum LAXATIVE For Adults and Children No Taste But the Mint
FOR CONSTIPATION
Feen-a-mint

FOR GROWING CHILDREN
Insure sound and vigorous health
Give them
SCOTT'S EMULSION
of Norwegian Cod Liver Oil
Rich in Vitamins A and D
15

OFF COLOUR? HOW IS YOUR LIVER?
Wake up your Liver Bile —Without Calomel

Your liver's a very small organ, but it certainly can put your digestive and eliminative organs out of kilter, by refusing to pour out its daily two pounds of liquid bile into your bowels.

You won't completely correct such a condition by taking salts, oil, mineral water, laxative candy or chewing gum, or roughage. When they've moved your bowels they're through—and you need a liver stimulant.

Carter's Little Liver Pills will soon bring back the sunshine into your life. They're purely vegetable. Safe. Sure. Ask for them by name. Refuse substitutes. 25c at all druggists. 48

Attention
We specialize in securities which are traded in on the various stock exchanges and have a real winner to tell you about shortly. Write only if you want to know.
NORTH BRITISH INVESTMENTS LTD.
302 BAY STREET, Toronto, Ont.

When Your Daughter Comes to Womanhood
Give Her Lydia E. Pinkham's Vegetable Compound

Most girls in their teens need a tonic and regulator. Give your daughter Lydia E. Pinkham's Vegetable Compound for the next few months. Teach her how to guard her health at this critical time. When she is a happy, healthy wife and mother she will thank you.

ISSUE No. 4—'33