DON'T *Trifle* WITH COLDS

Sluggish intestinal systems lower resistance to colds. Cleanse them with Feen-a-mint, the modern chewing gum laxative. Gentle, safe, non-habit-forming. More effective because you chew it.

Feen-a-mint

INSIST ON THE GENUINE
Feen-a-mint
The Chewing Gum LAXATIVE
For Adults and Children
No Taste But the Mint
INSIST ON THE GENUINE

FOR CONSTIPATION

Take It Now

Keep strong the Winter through

SCOTT'S EMULSION

of Norwegian Cod Liver Oil

Builds Resistance
Easy to Take

50

Lines For Autumn

Something fluttered on the sill,
Brushed against the windowpane,
Yet there was no whir of wings
Nor another sound.
Trees stood tall and straight and still,
Not a blade moved on the plain,
Gone were twilight murmurings—
Silence all around,
Then one said he saw it swing
Athwart the casement. It was red.
He had seen its ruddy hue—
A comet in the grass.
And all knew how it would bring
Gaudy hordes on whispering tread,
Golden curves against the blue—
Knew these would not pass
Till new glories had been spent,
Cast on footpath and on wall,
Flung like thunder at the hill,
Swept away by gales;
Pass not as the summer went,
Quietly as first leaves fall,
But as gusty autumn will,
High on windy trails.

Carlyle W. Morgan in The Christian Science Monitor.

Paper Made From Banana Leaf

Rio De Janeiro.—A process for making paper from banana leaves has been developed by Dr. Virgilio Campello, attached to the Chemical Institute of Rio De Janerio. Two factories are employed making banana-leaf paper and efforts are being made to develop a regular industry.

RESTFUL SLEEP for FRETFUL, FEVERISH CHILD

— With Castoria's regulation

When your child tosses and cries out in his sleep, it means that he is not comfortable. Very often the trouble is that poisonous waste matter is not being carried off as it should be. Bowels need help—mild, gentle help—but effective. Just the kind Castoria gives. Castoria is a pure vegetable preparation made specially for children's ailments. It contains no harsh, harmful drugs, no narcotics. Don't let your child's rest—and your own—be interrupted. A prompt dose of Castoria will urge stubborn little bowels to act. Then relaxed comfort and restful sleep! Genuine Castoria always has the name:

Chas. H. Fletcher

CASTORIA

CHILDREN CRY FOR IT

ISSUE No. 42—'31

Owl Laffs

Football Definitions

Holding—Rumble seat technique.

Forward Pass—(a) Illegal use of hands; (b) hospitality to the guy sitting on the row in front.

Neutral Zone—Half the distance between the living room and the kitchen.

Linesman—One who has a hot line.

Unnecessary Delay — A guy who waits until he's leaving for an excuse to kiss her.

Fair Catch—A visitor, male or female, who is unencumbered.

Backward Pass—Service to the guy sitting behind you.

Time Out—Varies from 9 p.m. to 4 a.m.

Safety—One who takes little sister along on a blind date.

Place Kick—Privilege enjoyed exclusively by her old man.

Snapper Back—Sheba or Sheik well versed in repartee.

Disqualified Player—Victims of halitosis.

In Play—Girlie who gets the grand rush with "cut-ins' 'at a football dance.

Fumble—A bashful or awkward bozo.

Downs — Condition which requires aspirin and tomato juice the next morning.

Continuously in Possession—Frantic victim who has been double crossed by a guy who promised to "break" him.

Kneeing—Unfair advantage taken by flappers.

An old Dutchman, returning to Holland, was asked by a friend what in his estimation was the strangest thing he had noticed, and he replied: "The United States has many wonderful things, but the strangest is a drink called the cocktail—and here is how they make it: They put in whiskey to make it strong, then water to make it weak; gin to make it hot and ice to make it cold; lemon to make it sour, sugar to make it sweet; then they say, 'Here's to you!' and drink it themselves."

Father—"When I was your age, son, I was glad to get dry bread to eat."

Bright Five-Year-Old—"You're much better off now that you are living with us, aren't you, Daddy?"

Bandit—"What! Only thirty cents? Been playing poker, eh?"

Victim—"No, but I've been sitting with some fellows who were!"

The handiest place to live is within your income. When the cat lays back its ears and humps its back, the smart dog knows it is time to use diplomacy. Our heart goes out to the man who joined the Navy to see the world and then spent four years in a submarine. A barking dog seldom bites, and a blustering man never fights. The book "What Every Young Man Should Know" should be changed to "What Every Young Girl Should no." If we have to do without things we need, we just grin and bear it; it's doing without unnecessary things we want that makes us downhearted.

She—"What should I do for a sprained ankle?"

Joe—"Limp!"

Mother—"Come, Freddie, and kiss your aunt."

Freddie—"Aw, Ma, I ain't done nothin'."

Mary had a little lamb,
Given by a friend to keep;
It followed her around until
It died from loss of sleep.

Old Lady—"Why didn't you try to keep out of prison?"

"Gangster—"I did, and they gave me three months for resisting an officer."

The only man really interested in hot air is the owner of a furnace. The penitentiaries are filled with those who got caught and the resorts crowded with those who didn't. The older friends of a girl who's about to be married often try to comfort themselves by saying they'd hate to be as crazy about a man as she is. Some travel broadens the mind, but hitch-hiking seems to enlarge nothing but the gall.

Wife—"Well, dear, have you found a job yet?"

Hubby—"Yes, my pet, you go to work to-morrow."

The driver of the dilapidated car asked the bystander: "Can you tell me the quickest way to Victoria?"

After a critical glance at the car the bystander replied, "Yes, take a 29 'bus."

Unavoidable

"Jackson," said the master of the house to his gardener, "I thought you said you had rolled the lawn this morning?"

"That be right, sir," said the gardener.

"Then what are all these little bumps?" asked the master.

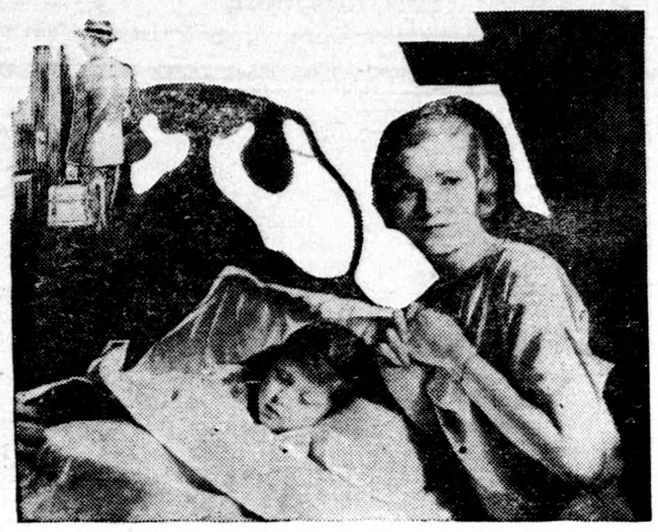
The gardener gazed at the lumpy ground.

"Now that's a very funny coincidence," he explained. "Only yesterday I was reading in a paper that there's a lot of little earthquakes we never hear nothing about."

Malice

Malice itself drinks in the best part of its own poison. That of serpents is deadly to others, but harmless to themselves. This has no resemblance to it; it is deadliest to its possessors.

Anywhere, Anytime



"Operator! I need your help!" exclaimed Mrs. Herbert Brodie as she hurriedly told the telephone operator of her need.

"My son Billy is very sick and his father must be reached."

Bert Brodie, a commercial traveler, was known to be somewhere in the western section of the province.

However, such is the persistence of Long Distance operators that when an urgent call has to be put through and complete information about the location is lacking they "follow through" as long as there is any hope of completing the call.

Twelve cities and towns were called before Mr. Brodie was located. Within two hours he was at his boy's bedside. Upon the return of the father the boy began to show improvement. The telephone bridged the gap!

Big Entry List For Winter Fair

Live Stock and Agricultural Displays Higher Than Usual

A welcome and refreshing tone of confidence in Canadian agricultural conditions is sounded in the announcement by the management of the Royal Winter Fair that "prospects for entries at the Royal in all departments were never better than at the present moment."

"Exhibitors in the western provinces are most anxious to continue to display their live stock and other agricultural products," the Royal's statement goes on, "and the Dominion Government and the Provincial Governments, recognizing the advantages of the provinces continuing to occupy a prominent position at the Royal are contributing their usual financial assistance in transportation and in the selection of the live stock and agricultural products.

"There has been more than the usual number of inquiries from United States points this year and the Royal's survey of Ontario and Quebec indicates that there is considerably more live stock than usual ready for exhibition, so that we are very satisfied that the Winter Fair will open with the best and most representative live stock displays which we have ever had.

"Although general conditions last November were anything but favorable, 1930 was the Royal's record year, not only in exhibits and attendance, but the spirit of the people at the show was happier than at any previous event. We feel sure that the spirit of optimism at that time has served a very useful purpose in that it has enabled Canadians better to view recent economic adjustments with equanimity. We believe that a similar result will be secured at the forthcoming Royal Winter Fair, and be more noticeable perhaps on account of the greater contrast in conditions.

"The Royal this year is designed to commemorate its founding and inauguration ten years ago, when in the depression that followed the war it helped so signally to restore confidence to Dominion agriculture generally. Since its 'birthday' at that time it has established itself as an institution to which Canadians all over Canada have pointed with a very considerable pride.

"The Royal is entering upon its new cycle under conditions which permit it to perform a service to Canada in influencing the general outlook and state of mind of the Canadian people, apart altogether from its influence upon agriculture. The aim of the management is that everyone who visits the Royal and everyone who exhibits there shall be better equipped to meet whatever problems may cross their path in the immediate future."

Silver Clue

When Simpson was leaving his club one night he discovered somebody had taken his new umbrella—by mistake of course—and had left an old one in its place. Next day he met Jimpson in the street with it.

"I say, old chap," said Simpson, pleasantly, "would you mind handing over my umbrella?"

"It's not yours," replied Jimpson, indignantly. "I bought it only last week."

"Sorry if I make a mistake," said Simpson. Then in a more serious tone he added: "Would you care to do me a slight favor?"

"What is it?"

"Give me that silver band from around the handle: it's got my name on it."

Rabbit Hole in September

(F.M.W. in The Countryman)

On hands and knees in that hot stubbly field
I peered into the warm dark earthy place,
Curious to know what might lie hidden there—
Whether some frightened whiskered rabbit face
Would stare a frozen moment into mine
Before he plucked up heart to bolt away.
But, 'No one at home in here,' I said aloud,
And every word on that warm twilit air
Fell cool and clear as the words of a young boy.
I did not know my voice could play so rare
A game. 'No one at home,' I said once more:
The boy's voice, like a chime of lazy bells
Fled echoing down dim rabbit corridors
Remote and sweet. I sat back on my heels
In the hot sun. Idly, contentedly,
I felt the quiet of earth flow into me.

Still a Chance

The Londoner met what appeared to be the oldest inhabitant outside the village inn.

"May I ask how old you are?" he said.

"I be just a hundred, surr," came the wheezy reply.

"That's a fine old age," went on the Londoner, "but, if I may say so, I don't suppose you'll live to see another hundred years."

The old man calmly tossed down his drink and turned to the Londoner.

"Well, don't know so much about that," he replied, "I be stronger now than when I started on my first hundred."

Soon Settled

They were listening to an orchestral concert.

"By the way," she asked her companion, "what is that piece they are playing now?"

"I've no idea," he replied, "but we'll ask one of the men in the orchestra."

Together they approached the players.

"What's that you're playing?" he asked politely enough.

"Just a piano, sir," came the reply. "Just a piano."

RADIOS: BATTERY OPERATED, $25 complete. Electric Radios, $50 complete. Phonographs, $15. We ship anywhere. Write for prices.

TORONTO SALES CO.,
1367 Danforth Ave., Toronto.

BABY'S OWN SOAP

Best for Baby — Best for You

STOP RHEUMATISM

BEFORE IT STOPS YOU!

Don't Let Rheumatism Be Your Master! Take Thomas' Rheumatic Remedy and be free from Sciatica, Neuritis, Lumbago, Inflammatory and Muscular Rheumatism. The average person requires from two to five bottles. Price $2.50 per bottle. Mailed parcel post from the Thomas Rheumatism Remedy Laboratory, 21 Yale St., London, Ont.

Insects Face Hard Times

Night Lights and Low Temperature Disturb Pests' Regime

The depression has hit the insect world. Oriental peach moths and coddling moths which infest certain New Jersey peach and apple orchards are worried about the state of affairs.

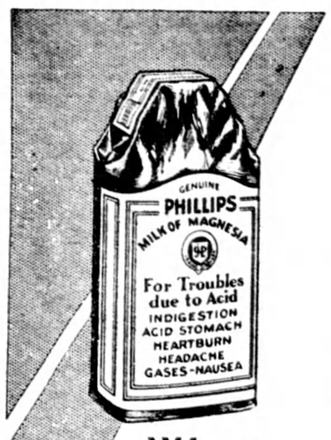
Up to now these insect pests found egg-laying conditions in these orchards just right—darkness at night and an average temperature not far from 60 degrees Fahrenheit for a good part of the year. Photo electric cells and sensitive thermostats have changed all this and now the moths face the prospect of not being able to lay their eggs at all.

Dr. Thomas J. Headlee, entomologist of the New Jersey Agricultural Experiment station, has discovered that these moths will not lay eggs on the trees in daylight or if it is colder than 60 degrees. Accordingly he has had electric floodlights, with "electric eye" control, installed in a large orchard, together with themostats to cut the floodlights out of circuit at temperatures below 60 degrees.

The electric eyes turn on the floodlights at dusk and turn them off at dawn. To the surprise of the moths it now never gets dark in that orchard except in very cold weather and then they are too torpid to lay. Consequently the next generation of moths in that region seems likely never to be born and the orchard men believe they have found an economical method of eliminating these pests. Times change, for better or for worse, according to whether one is a fruit raiser or an insect pest.

Cold Water Taps On Tropic Roads

Simla.—"Cold water for every man." This is the inscription that may be read hanging over a tap, beside a trading post on the Hindustan-Tibet road, between Simla and Mashobra, writes a correspondent of "The Christian Science Monitor." The announcement, with its implied invitation, is another evidence of the thoroughness with which the British authorities in India seek to serve wayfarers and those poorer members of the Indian and Tibetan communities whose livelihood is earned along this ancient highway. Lying far below the snow line of the Himalayas at this point, the Hindustan-Tibet road in the summer is one where water is rarely to be seen; and the boon of these unexpected wells and faucets can be readily imagined. There are other water facilities on the road, but government coupons are required to secure the water from wardens who serve it out. And for those men whose work takes them daily along the sun-baked road the advantage of the availability of this "cold water for every man" is one that can be estimated only by those who know India and Tibet.



WHEN FOOD SOURS

ABOUT two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been over-stimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume in acid.

The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient and harmless. Results come almost instantly. It is the approved method. You will never use another when you know.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for correcting excess acids. 50c a bottle—any drug store.

The ideal dentifrice for clean teeth and healthy gums is Phillips' Dental Magnesia, a superior toothpaste that safeguards against acid-mouth. (Made in Canada.)

for CHAPPED SKIN

Dilute Minard's with one-half sweet oil or cream. Apply once a day. For Frost Bite use the Liniment freely and undiluted.

25 No trouble. Very healing!

MINARD'S "KING OF PAIN" LINIMENT

Classified Advertising

AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. The Ramsay Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

POULTRY AND EGGS WANTED

SHIP US YOUR POULTRY AND eggs. Highest market prices paid. Write for quotations. Immediate settlement by certified cheque. Crates loaned. Give us a trial. Rosenfeld Poultry and Egg Co. Limited, Montreal.

MINK FOR SALE

FOR SALE—PURE NOVA SCOTIA mink. My customers won sweepstakes and firsts, Chicago, Portland, Stockholm Mink Shows, 1930. Limited number to book. Satisfaction at Nova Scotia's oldest minkery. Brook Mink Farm, West Middle River, Nova Scotia.

REMNANTS

3 LBS. PRINTS, SILK OR VELVET, $1.00. A. McCreery Co., Chatham, Ontario.

HEALTH, HAPPINESS, SUCCESS. Scientific laws by world famous psychologist. Valuable information free. Write Simpson's, 56 McNairn Ave., Toronto.

100-Mile Speed on Roads

That 100 miles an hour speed soon will be common on the highways and that routes should be prepared to meet this rate was the forecast of J. E. Hale to the Society of Automotive Engineers.

CUTICURA Shaving Cream

Produces a rich, creamy lather that remains moist throughout the shave.

At dealers or sent postpaid on receipt of 35c. Address: J. T. Walt Company, Ltd., Montreal.

SHE HAD TO CRAWL TO BED

One stair at a time—on her hands and knees—that was how she had to do it. And when she did get to bed, her troubles were not over.

"Twelve months ago I could not sleep on account of the terrible pains in my knees, and I might say in all my joints. At night I could only crawl up to bed, one stair at a time. But since taking Kruschen Salts regularly, I have entirely lost all pains and stiffness, and, if needed, could now run upstairs two at a time. In fact, I feel 10 years younger. I shall never be without Kruschen Salts."—Mrs. A. E. D.

Do you realise what causes rheumatism? Nothing but sharp-edged uric acid crystals which form as the result of sluggish eliminating organs. Kruschen Salts can always be counted upon to clear those painful crystals from the system. The six salts in Kruschen are bound to dissolve away all traces of uric acid. And more! They ensure such perfect internal regularity that no such body poisons as uric acid are ever able to accumulate again. Prove this for yourself by buying a bottle of Kruschen.

Praises Famous Vegetable Pills For Indigestion

"Having been troubled with Indigestion and Sick Headaches for several months, I was recommended to try your famous Pills. After the first dose I was made aware of their very real tonic value."—Miss M. Crovdon.

Dr. Carter's Little Liver Pills are no ordinary laxative. They are *all vegetable* and have a very definite, valuable tonic action upon the liver . . . exactly what you need to end Constipation, Acidity, Biliousness, Headaches, Poor Complexion, etc. All druggists, 25c & 75c red pkg.

Keep on your Feet

4 MORE ACTIVE DAYS

It's Always a "TRYING TIME"

YOU don't have to be polite with your mother. She understands.

This is always a "trying time". But there's no excuse for needless suffering.

Watch the calendar . . . and a few days before . . . start taking Lydia E. Pinkham's Vegetable Compound. It peps you up . . . calms your nerves . . . makes you feel so much better.

Just ask for Lydia E. Pinkham's new tablets . . . at any drug store. Buy them without conversation or embarrassment.

Lydia E. Pinkham's VEGETABLE COMPOUND