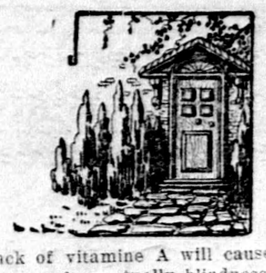
Home Chats

By

MARIE ANN BEST



Prepare thy soul calmly to obey; such offer will be acceptable to God more than any other sacrifice.

Teaching Obedience

A child, to be happy, needs to obey. We must teach the baby very early in life he cannot have everything he cries for. Many parents actually think they are being kind to him when they give in to his childish wants if he cries. If he does not, early learn this lesson he will have some bitter ones to learn in later years. How much better it is to learn the lessons from those who love him best.

The best method to teach children obedience is through gentleness and kindness but also a firmness that cannot be moved. A couple of screaming spells is all that is needed, sometimes only one, to teach the valued lesson, although, of course, constant vigilance is necessary to see that his bright little mind does not get ahead of you. The baby will soon learn that mother's "no" means "no" and "yes" means "yes." When he grows bigger he can be taught more and more by observation and explanation and it is generally found a child can reason and understand remarkably well. The training brings the child's will into agreement with the law of obedience which is for his own good.

Coal

Deep in the hush of those unfathomed glooms
Whereunder steamed the wet and pregnant earth,
Pulsing thick sap and pungent, hot perfume,
This providence of unguessed needs had birth.
From drench of the innumerable rain
And drowse of unrecorded noon on noon,
It sucked the heat and plucked the light, to gain
For times unborn a boon.

—Charles G. D. Roberts.

Vitamines

During the winter months we are in danger of forgetting the importance of eating foods containing enough of all the vitamines. The following may help to check up on this important subject:

Vitamine A—Found in eggs, cod liver oil, milk, tomatoes, greens, whole wheat.

Vitamine B—Found in meat, butter, yeast, any kind of vegetable.

Vitamine C—Found in oranges, lemons, any kind of fresh fruit, tomatoes and green vegetables.

Vitamine D—Found in cod liver oil, egg yolk and sunshine.

The lack of vitamine A will cause eye disease and eventually blindness. It assists very much in keeping away a cold.

The lack of vitamine B will cause paralysis and it stimulates the appetite.

The lack of vitamine C will cause scurvy.

The lack of vitamine D will cause disease in grown-ups and rickets in children. But a person who gets little sunshine would be helped by taking cod liver oil.

Twilight Hour Story

The Little Chickens' New Home

Chapter 9

When the kind farmer lady from the big house had the four little chicks cupped in her warm hands she started walking over to the house, saying to them on the way: "I wonder how I am going to be so good to you that you will think I am really your hen Mamma, you dear little balls of down with your bird-like voices?" Then a bright idea came to her, but she had to set them down for she couldn't do anything as long as they were in her hands, could she? So until she was ready for them she put them into a small basket so they wouldn't get lost but could run around in it. She also took one of Billy's old sweaters which he seldom wore and put it under them and around them. Do you know, I believe they thought it was their Mamma sitting on them again only it wasn't as warm as Mamma's body and feathers, but it was a good deal better than outside. Oh, yes, a great deal better. Don't you think it was pretty nice for the farmer lady to be so good to these little chicks? Shall we call her Mamma Lady? Just because she liked them so much. Well, Mamma Lady knew that the basket even with the warm sweater wasn't nearly warm enough for them. No, if she wanted to keep them she had to find a place where it would be real warm all the time. Mamma Lady thought and thought. Then she remembered she had a nice big box just the right size with a cover on it so she sent Billy down cellar for it. You see when Billy came in Mamma Lady told him about finding the little chicks all alone. He was so glad she caught them, for don't you remember Billy told Mamma Hen as soon as he first saw them that she couldn't be a very good Mamma to hatch them out so late. Now he was glad because he knew if his own good Mamma would take care of them they would be just fine.

Next Week—"What They Did With the Big Box."

Savoury Butters

Savoury butters are excellent for sandwich fillings. They can also be used on hot fish, grilled meat, and other dishes of the kind. Most people use maitre d'hotel butter and neglect the many others that are easy to make and very tasty.

Anchovy Butter is used on plain boiled fish, grilled fish, or made fish dishes. Work enough anchovy essence to flavor and color into the amount of butter required. Anchovies themselves can be used instead, and in this case take five, soak them in warm water, drain, dry, and remove all skin and bones. Pound in a mortar with three ounces of butter, add a little pepper, and, if a very smooth butter is liked, rub through a sieve.

Devilled Butter can be served with lamb chops or with fish. Mix well together a teaspoonful of curry powder, ¼ of a teaspoonful of black pepper, a pinch of cayenne, and three ounces of butter, and leave in a cool place to harden.

Ham Butter makes a pleasing adjunct to finnan haddock, or can be spread on toast before poached eggs are added. Chop an ounce of ham very finely, add pepper, salt, and a pinch of cayenne and pound with two ounces of butter, adding a little milk if too stiff. Rub through a sieve if liked.

Horseradish Butter best accompanies grilled steak, and is made by grating a well-washed horseradish and pounding it in a mortar with an equal quantity of butter and enough salt to flavor. Rub through a sieve (this is optional) and leave in a cool place.

Watercress Butter is particularly good with liver. Wash the watercress well, chop it finely and allow two ounces of butter for every tablespoonful. Dry the watercress before pounding in a mortar with the butter and seasonings.

Snowdrops Arrive

What a thrill it sent into my heart,
When I saw green shoots in the sod,
Christmas scarce over and gone,
Yet here like a wayshower's rod,
This precious sweet promise of spring,
To bring me a message from God.

—Robert E. Key.

"A wife should realize that what her husband wants is peace of mind," says a magistrate. But not a piece of hers.

America says their last year's crime bill was $7,500,000,000. However, they had quite a bit of crime to show for it.

Sunday School Lesson

February 1. Lesson V—Jesus the Great Physician—Luke 4: 38-44; 5: 12-16. Golden Text — Surely he hath borne our griefs, and carried our sorrows.—Isaiah 53: 4.

ANALYSIS

I. MIRACLES OF HEALING, Luke 4: 38 39.
II. DEMON POSSESSION, Luke: 40-44.
III. LAW AND GOSPEL, Luke 5: 14-16.

INTRODUCTION—Jesus is represented in the Gospels as the great healer of men's bodies, as well as of their souls. A generation ago it was customary to say that miracles cannot happen, and that the miraculous cures reported in the gospels discredit the whole gospel narrative. The attitude of thoughtful and scientific men now is completely different. No one today can reasonably deny that Jesus performed cures which seemed to his contemporaries to be miraculous. But we are not to suppose that Jesus healed men miraculously in virtue of his unique power and position as Son of God. He commanded and expected his disciples also to be healers, and "miracles" of healing have been performed in all ages, including our own, by persons within and without Christianity. In the light of modern knowledge we may fairly say that such a person as Jesus must have healed men of manifold illnesses. Difficulties may arise in our minds about particular details in the gospel stories, but hardly about the stories as a whole. When we come to details, we do well to remember that we cannot now know exactly what was the matter with the various patients whom Jesus cured. "A fever," "a withered arm," and even "leprosy" are vague terms; we never have anything like a modern doctor's medical diagnosis of the complaint. It is idle, therefore, to ask, were there any diseases which Jesus could not heal, or what exactly are the diseases which Christians, in the name and power of Jesus, ought to be able to heal? We can only say with certainty that Jesus was a great healer, and that he expected his disciples to be healers, too.

We have a familiar saying that it is not hard work, but worry that kills, and every doctor knows that he can never restore real health to the bodies of some of his patients until they can find peace in their souls. There is a very intimate connection between spiritual health and physical health. This does not necessarily explain all the miraculous healings of Jesus, but no doubt it explains many of them, and it opens a wide and fruitful field today, as always, to the disciples of Jesus; . calm and serene faith, a cheerful pirit, are themselves healing powers which are available to the humblest of Christ's followers. Many sick persons need conversion much more than physic for their healing.

I. MIRACLES OF HEALING, Luke 4: 38, 39.

V. 38. Apparently Jesus made Simon Peter's house his headquarters while he lived in Capernaum. Peter, we note, was a married man, and it seems that later on his missionary journey he took his wife with him, 1 Cor. 9: 5.

V. 39. Illness was very generally supposed to be due to "demons," or devils, which had entered the patient' body; hence, Luke says that Jesus "rebuked" the fever.

II. DEMON POSSESSION, Luke: 40-44.

Vs. 40, 41. "Demon possession" is still a common illness with well-marked characteristics in countries such as India and China; missionaries and Christians are often called in to exorcise the demons. The malady is almost certainly spiritual or psychological rather than physical in origin; it has often been cured in the name of Jesus.

Vs. 42-44. There was danger, it seems, lest the chief work of Jesus, the preaching of the good news, should be swamped by the demands which the sick made upon his time.

V. 12. The account of the symptoms of leprosy, given in the Old Testament (Lev., chap. 13), shows that he disease was something quite different from that which is called leprosy today; it seems to have been some kind of very contagious skin disease.

III. LAW AND GOSPEL, Luke 5: 14-16.

V. 14. Christians are no doubt right in maintaining that the Law of Moses is not binding upon them, but it was not till many years after the death of Jesus that, largely through the missionary work of Paul, Christianity broke away from Judaism. Jesus did not seek to draw the Jews away from the religion of their fathers; rather, he called them to enter into the great prophetic heritage of Israel.

V. 16. We may, perhaps, conclude that Jesus found the ministry of healing both physically and spiritually exhausting.

Helpful

The train was crowded, but by dint of long search the passenger discovered a carriage with one seat occupied by a small case. He quickly stepped in and inquired of the gentleman opposite the case if the seat was engaged.

"Yes," said the gentleman, "it's—er—my friend's. He's gone out to get a paper."

"Oh, well," said the other, "I'll have to stand!"

Time passed, and no "friend" appeared.

"Your friend will lose the train if he doesn't hurry," said the seatless one.

"Yes," replied the other shortly.

The train started. Grabbing the case, the last-comer remarked: "Well, he needn't lose his bag as well." And before the other traveller could stop him he hurled the bag out of the window.

What New York Is Wearing

BY ANNABELLE WORTHINGTON

Illustrated Dressmaking Lesson Furnished With Every Pattern

Buttons down the back denotes new tailored chic for smart day wear.

Its so attractive and practical in a rust-red monotone tweed mixture. The collar is white pique. The buttons are red bone in matching shade.

It belts its waist at normal and fastens it with a red buckle in same shade as the buttons.

The circular skirt joined to the bodice in pointed outline, narrows the line through the hips.

It's easily made! It's a real opportunity to have a snappy dress for now that may be worn all through the spring.

Style No. 2924 may be had in sizes 16 18 years, 36, 38, 40 and 42 inches bust. Size 36 requires 3⅝ yards of 39-inch material with ⅜ yard of 35-inch contrasting.

Flat, plain or printed crepe is very smart for this model.

HOW TO ORDER PATTERNS.

Write your name and address plainly, giving number and size of such pattern, as you want. Enclose 20c in stamps or coin (coin preferred; wrap it carefully) for each number, and address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto.

Nothing is so dear and precious as time.—Rabelais.

FARM PROBLEMS

Conducted by Prof. Henry G. Bell, Dept. of Chemistry, Ontario Agricultural College, Guelph

The object of this department is to place at the service of our farm readers the advice of acknowledged authorities on all subjects pertaining to the farm.

Address all questions to Professor Henry G. Bell, in care of The Wilson Publishing Company, Limited, Toronto, and answers will appear in this column in the order in which they are received. When writing kindly mention this paper. As space is limited it is advisable where immediate reply is necessary that an addressed envelope be enclosed with the question, when the answer will be mailed direct before being published.

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Here are some of this week's questions and answers:

G. W. M. (a) On soil where the muck has been burnt off, what analysis of fertilizer would you recommend for an oat crop?

Burned over soil is usually useless for at least one year. Burning of the soil concentrates the phosphoric acid and potash in it, renders the lime more available and destroys the organic matter. The latter change is very injurious to the soil, hence an early endeavour should be made to increase the organic matter in this area. If you are planning on seeding a burned over area that has been standing for a year in all probability a fertilizer analyzing about 3-10-5 will give you results. Apply about 200 lbs. to the acre at the time the crop is drilled in.

(b) What analysis would you use where the muck is not burnt off and where you are going to seed down with red clover and timothy?

On muck soil that is not burned over make sure first of all that the soil is neutral or sweet in reaction. If it is at all sour apply at least ½ ton ground limestone per acre just before the last harrowing of the soil. This will work the lime into the area where grass and grain and clover seed will sprout. You will in all probability find that the muck soil is short of phosphoric acid and very short of potash, hence for a fertilizer application I would advise about 250 lbs. per acre of 0-14-6, drilled in at the time that the grain and grass seed is sown.

R. S. M. Could you please advise what proportion of fertilizers would bring best results when growing tomatoes, strawberries, melons and peppers?

We have been using a 5-8-7 mixture but I have heard of greater benefits from other mixtures and the claim that they stay in the ground longer. We have a contract for a large amount of manure so we do not depend on fertilizers alone. Our soil is a sandy loam on which garden crops do well. We are setting out raspberries and grapes. What fertilizer would you advise adding for them?

Ans.—For tomatoes and peppers we would advise 750 lbs. to 1000 lbs. per acre of 2-12-6 fertilizer, ¾ applied broadcast and worked into the ground before the setting of the plants and the remaining ¼ scatter around the plant and worked in at the time the tomatoes and peppers are transplanted. When setting out a strawberry bed we would advise 500 lbs. per acre of a fertilizer analysing about 3-10-5. Successful strawberry growers apply on old beds about 200 lbs. nitrate of soda per acre before the strawberries come into bloom. This must be done after the dew is off the plant so that the nitrate of soda will not stick to the damp leaves. It readily dissolves and helps the growing crop.

For melons we have records of good results being obtained from 4-8-10 fertilizer on medium light loam soils, applying about 500 lbs. per acre. You do exceedingly well to include a good application of manure in your system of handling this soil. Many gardeners lose sight of the fact that although fertilizer gives great and profitable assistance to the growth of garden crops, they are not to be depended upon to keep up the organic matter of the soil. This you are doing by the splendid application of manure that you are making.

When setting out raspberries or grapes, many growers have obtained good results from the use of about 500 lbs. per acre of bone meal, or if manure is short, about the same quantity of a 4-8-6 fertilizer, working it in along the row where the canes or vines are to be set.

Window Frosting

There is a hymn frost-crystals sing
Upon the window pane,
Spreading as does the swallow's wing
To shed the drops of rain.

Attune your ears to catch the sound
Which falls with rhythmic beat,
Like flowers which sprinkle all the ground—
Or tiny bird-like feet;

Or music of a spider-net,
Where wandering breeges blow
The gossamer, with dew-drops wet,
A-swaying to and fro.

Listen and hear the melody,
And see the crystal throng
Form grass, and fern, and rock and tree—
A picture and a song.

—Donald Bain.

Autoist: "I haven't paid a cent for repairs on my machine in all the ten months I've had it."

Friend: "So the man who did the repairs told me."

It's easier to pay compliments than bills.

The man who really knows himself doesn't tell all he knows.

America takes eighty-five per cent. of all the motor vehicles made. Europe about twelve per cent., while Australasia has actually more cars than the whole of Asia.

Berlin Likely To Sink Into Bog

Berlin.—One of these days most of the older buildings in Berlin will cave in unless the State of Prussia or the municipality takes the necessary precautionary steps soon. This is the warning issued by Ernst Runge, former government architect.

He pointed out that Berlin was originally built on sand and bog and that, for example, all buildings in the business district between the two squares Potsdamer Platz and Belle-Alliance Platz have been erected on earth fills over sand pits and peat bogs. He doubted the adequacy of some of these fills.

The foundations of the historical buildings near the Opera House, he said, suffered from the lowering of the underground water, which the recent reconstruction of the state opera necessitated, and many of the pile frames of these buildings now show marks of extensive decay.

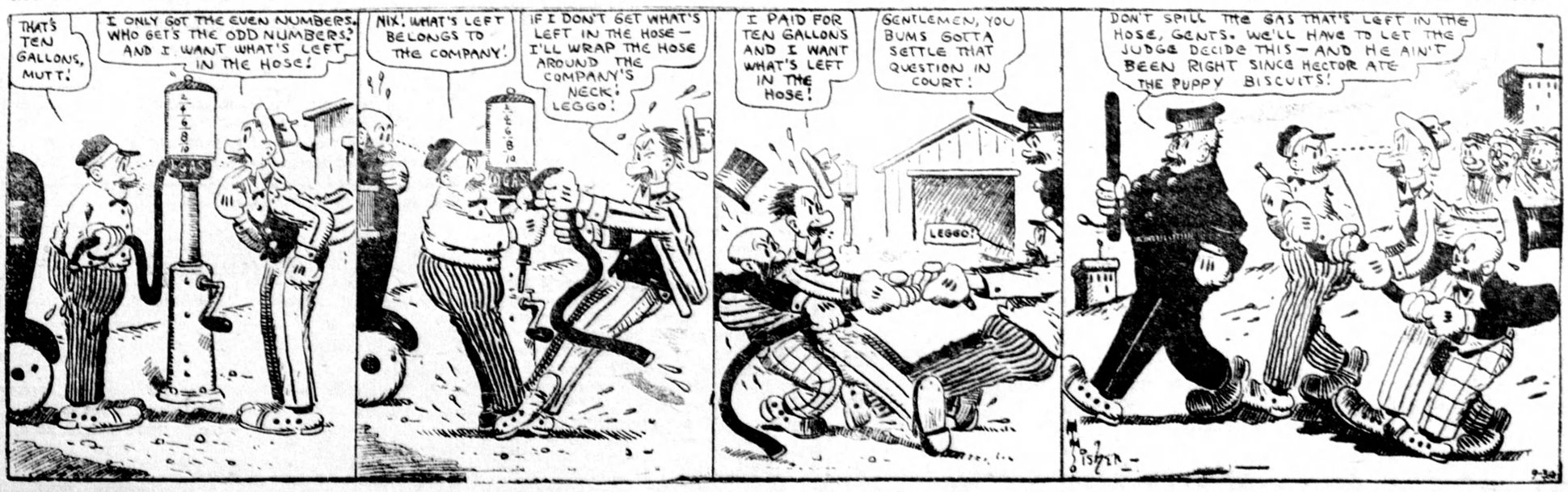
Similar decay of the foundations of office and other business buildings erected urged the speedy adoption of precautionary measures to prevent the collapse of many valuable buildings.

Shaw Talkie Falls Flat

London.—G. Bernard Shaw's first talkie, "How He Lied to Her Husband," was presented in London on January 12th for the first time, but fell flat. The critics with hardly an exception condemned it with such adjectives as melancholy, dull, stagy, disappointing, tedious and lifeless.

Any man has an advantage who is born into a family where religion is simple and natural.—Hale.

The inventor of a lotion to remove freckles ought to acquire some spot cash.

MUTT AND JEFF— By BUD FISHER

Deep In The Heart Of A Hose.