A Mother's Anxiety

About Her Delicate Daughter

"She seems to be fading away," said an anxious mother recently about her daughter. Thousands of mothers could say the same thing. Their daughters endure a trying life robbed of all vitality and brightness. Their cheeks are pale; their eyes dull; their step languid and every movement tells of shattered health. If neglected their suffering grows more acute till decline sets in.

If your daughter complains of weariness; pains in the side; weakness; headache or backache; her appetite is uncertain and her spirits low—anaemia is the cause. She needs new blood. Give her Dr. Williams' Pink Pills at once for these pills actually renew and enrich the blood. They make sickly girls well and happy; improve the appetite and bring back all the charm and brightness of perfect health.

Dr. Williams' Pink Pills are sold by all dealers in medicine or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"Yes, he took me to dinner at the Monicardo," said the chorus girl. "Then we did a theatre with a huge box of chocolates, and finished up with champagne and oysters at the Carlritz. We had a lovely time!" "What, both of you?" asked the sceptic.

Hospital for Sick Children

67 COLLEGE ST., TORONTO 2

(Country Branch, Thistletown)

December, 1930.

Dear Mr. Editor:

As a friend of afflicted little folks, you will learn with satisfaction that through the benevolence of its supporters the Hospital for Sick Children was enabled to increase its service considerably during the past year. In that period its cots were occupied by nearly 7,000 small patients, most of whom were restored, or are well upon the way to recovery now. An enormous amount of good is being accomplished for Ontario's many "Sick Kids," and by passing this information along to the good-hearted people your newspaper serves you will interest them and at the same time be instrumental in promoting the continuance of this humane service. It is a gigantic undertaking and the hospital needs every bit of help it can get.

Please note the following official figures for the year which ended September 30, 1930, indicating the magnitude and rapid expansion of this mission of mercy. Total number of cot patients in year, 6,970, an increase of 377 over the previous year; actual number of patient days, 132,718, an increase of 11,301; average days' stay of all patients 19. These figures include the wonderful country hospital at Thistletown, where the year's total of patient days was 36,876 and the daily average 101. In addition to this, the out-patient department, at the main hospital, had 58,705 attendances within the year, the largest number of patients treated in a single day being 317.

The little sufferers who are ministered to in the Hospital for Sick Children come from all over the Province of Ontario. Through this magnificent institution for healing, the very poor child has an equal advantage with the very rich in securing the benefit of the finest known medical and surgical skill. There are no strings to admittance of the child requiring hospital care. Race, creed or circumstances in life make no difference. It is a great Mother Charity. Every year the trustees have to see that a very large deficit is provided for and they rely on kind people to help.

Wee babes, bigger ones, toddlers, kindergarteners, up to early teen age boys and girls, some stricken with disease, others deformed, crippled or maimed, make up the continuous large population of the Hospital for Sick Children, which has been in operation for 55 years. The annual appeal for funds is always made at the approach of the Christmas season, as a most appropriate time to urge the claims of such a cause, when all lovers of little children would like to contribute. The Hospital for Sick Children does not share in the funds of the Toronto Federation for Community Service, because it serves the whole province. Donations from the generous persons in your territory are earnestly solicited.

Faithfully yours,

IRVING E. ROBERTSON,
Chairman of Appeal Committee.

Owl Laffs

We presume it is a lot easier for Santa Claus to get to the chimney top now that he travels by airplane.

People who save money during the year so they can have it at Christmas time enjoy it and do not have to be embarrassed by being refused credit for Christmas goods.

Sign on the crowded dance floor of a wild road house: "He who hesitates is not dancing."

The business man takes his profit after everyone else is paid, and gosh, what a lot of people there are to pay!

The distance between the pick and shovel and the golf course is growing shorter every day.

The modern hen-pecked husband dashes out of his house to escape a nagging wife and then goes to hear an all-talking moving picture.

But how does the poultryman explain it when his hens get sick? They have no teeth.

Old Ragson Tatters' wife complained to him the other day because every time she asked for a new dress he claimed to be short. To this Ragson replied: "Well, so's your dress."

Some people's strongest weakness is the love of seeing their names in the paper.

The fishing is not always better on the other side of the stream. It merely looks better until you get over there.

Clothes

We start this life of toil and strife,
With nothing on or less!
We're ushered in, without a pin,
A button, pants or dress!

But soon enough we learn this tough
And cruel truth to know:
That day by day for raiment gay
Our hard earned kale must go!

Not always thus did mankind fuss,
In Eden's flowered maze;
No single cent for garb was spent,
Ah, those were happy days.

Each time we pour our shekels o'er
For suits ,or tie, or tile;
We envy Eve's and Adam's leaves—
Ere clothing was the style.

Katherine—"You say that Walt has proposed to you?"

Gertrude—"Yes, isn't it grand? And he's only known me about a month. Do you think he actually loves me?"

Katherine — "Just known you a month? Well, perhaps he does then.'

Remember, Priscilla, that everyone who has little red pants is not a Santa Claus.

When a man mourns much over his financial loss he has lost his backbone as well as his money.

Bonnie Bachelor—"Well, how do you find married life?"

Benedict—"Great fun. My wife cooks and I guess what the dish is."

Willie—"What was the name of the last station where we stopped, mother?"

Mother—"I don't know. Don't bother me. I'm reading a story."

Willie—"Well, it's too bad you don't know the name, because little brother got off there."

If a wife really loves her husband, she will love his dogs too.

WELCOME to NEW YORK and The HOTEL GOVERNOR CLINTON
31ST ST. AND 7TH AVE.
opposite PENNA. R.R. STATION

ROOM AND BATH 3.00 UP

Keep Bright Things Bright

"Come here, my lad," said Paul Rader, noted Chicago evangelist, to Tom Bailey, deckhand of the Canadian Pacific liner Duchess of York, as he was polishing brass just before the liner sailed for Belfast with the preacher. "You ought to be in this photo, too. We've both got the same job—keeping the bright work bright!" Accompanied by Mrs. Rader and his daughter Harriet and Willamine, the evangelist is on a world tour. He has meetings scheduled in Belfast, London and the Holy Land. After that he will spend some time in Malta and the Far East returning to America in March.

Guard the Baby Against Colds

To guard the baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little one's stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little one will be good and that he will thrive and be happy and good-natured. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Cages for Oysters

Though the oyster is not exactly ferocious, it has been found necessary to design cages for him. The reason for this is that the young oyster is such an irresponsible little fellow.

Microscopic in size, the newly-hatched oyster—or spat, as he is called—is able to swim about quite freely. Not for some time does he drop down to the bottom and anchor himself to a stone. And if he happens to drop on to a place where there are no stones, he is at the mercy of currents and tides which sweep him out to sea, where all kinds of enemies are waiting for him.

Owners of oyster beds are now making use of cages which look rather like egg-boxes. These contain numbers of cardboard partitions which are dipped in a special cement-like compound. Hundreds of these crates are placed upon the beds, and when the oyster spat falls they provide just the resting place required. As many as 1,500 oysterlets have been found attached to one compartment of a crate, and as there are twenty-five compartments in each the total population may be considerable.

At the end of a certain number of days the cement dissolves and the young oyster is able to detach himself and sit down permanently upon something solid in the neighborhood.—"Tit-Bits."

A Musical Comedy

The tall, long-haired youth entered the music publisher's office carrying under his arm a small roll of paper.

"Good afternoon!" said the publisher. "What can I do for you?"

The youth looked nervous.

"Well—er—I have a song here," he began, "and I was wondering if you would publish it. Er—shall I sing it?"

"Oh, yes, let's hear it!" said the publisher; and the youth stood up and burst forth.

When the song was finished the publisher sat very still and said nothing.

"Well," asked the young man, "what do I get for it?"

"Oh," replied the publisher, with an air of resignation, "I'm a publisher, not a magistrate."

The Negro preacher wa exhorting his congregation to repent. "Ma bredren," he said, "when yo' hears Gabriel sound his horn, yo' wants to be ready to jump." "Ma goodness!" exclaimed one of the gathering, "am he a-comin' in an automobile?"

Banish pain with Minard's Liniment.

Let's

Let's praise each other now and then,
Give credit when it's due;
Let's side with good and honest men
Of whatsoever hue;
Let's help the down-and-outs again
To tackle life anew.

Let's be as friendly as we can
Alike with poor and rich;
Let's rally round the helpless man
Who's lying in life's ditch;
Let's make the most of our brief span,
And never play with pitch.

Let's fill our homes with song and gee,
And banish snarl and frown;
Let's take the youngsters on our knee,
And ride to London Town;
Let's teach them from their infancy
That right's the best renown.

Let's pay the debts of love we owe,
Forget the debts of hate;
Let's share the goodly gifts that grow,
And pile the empty plate;
Let's all do all the good we knew
Before it is too late.

Thoughtful

It was a long play, and nearly midnight when the curtain was rung up on the foruth act, disclosing an actor sitting wearily at a table. Somehow his appearance, instead of occasioning applause, created an undercurrent of sympathy.

All was stillness; he had not yet spoken.

At last a member of the audience ventured to express the sentiments of the house.

"I hope we are not keeping you up, sir," he suggested, kindly.

With all his genius woman is one riddle man has not yet solved.

BLACKHEADS

Get two ounces of peroxine powder from your druggist. Sprinkle on a hot, wet cloth and rub the face briskly. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads. Satisfaction guaranteed or money refunded. F. W. SCARF & CO. 422 Wellington St. W., Toronto

WHY SUFFER FROM YOUR LIVER?

Why be handicapped with unsightly blotches on the face, eyes with yellow tinge and that tired and languid feeling? This indicates a torpid liver

Headache, Dizziness and Biliousness surely follow. You must stimulate your lazy liver, start the bile flowing with Carter's Little Liver Pills.

They also act as a mild laxative, purely vegetable, free from calomel and poisonous drugs, small, easy to swallow, and not habit forming. They are not a purgative that cramps or pains, unpleasant after effect following, on the contrary a good tonic. All Druggists 25c and 75c red pkgs.

HEADACHES

Ended by Kruschen

"I was a martyr to headaches, with frequent attacks of dizziness affecting my vision. My occupation is a very sedentary one—a printer's reader. I gave Kruschen Salts a good trial, and from then onwards I seemed quite another person. The headaches disappeared and the dizziness, and the most wonderful thing to me is that I have gone back to weaker glasses, a lens which I had discarded some years ago as not being strong enough. I also suffered from bad circulation during the early mornings of winter. Now at 58 I can enjoy cold baths all the year round, enjoy and am eager for my food, and am what I consider very fit—the sort of fitness that makes living a joy."—(G. F.)

Headaches can nearly always be traced to a disordered stomach or to *partial* constipation—a complaint many indoor workers suffer from without ever suspecting it.

Kruschen Salts go right down to the root of the trouble and remove the cause by gently persuading the organs of elimination to function exactly as Nature intended they should.

Newcomers to Canada—WELCOME!

We hope you'll like it here and do well.
And we invite you to try Red Rose Tea among other good things.

RED ROSE RED LABEL TEA — RED ROSE ORANGE PEKOE TEA

RED ROSE TEA

"is good tea" 102

A Historic City

A centre of great historic interest in New Brunswick is the city of Saint John, on the shores of the bay of Fundy. On the city's outskirts, on a high hill overlooking the bay, is the site of old Fort Howe. Near the shore is a tablet erected by the National Parks of Canada Branch, Department of the Interior, commemorating the landing of the United Empire Loyalists in 1783.

Minard's Liniment refreshes the scalp.

The temperature of the moon is said to vary from 216 degrees Fahrenheit, when the sun is shining upon it, to 243 degrees below zero when away from the sun.

Visitor—"Don't you ever cry when your father spanks you?" Son—"What is the use? He's deaf."

Clear Your Skin of Disfiguring Blemishes
Use Cuticura
Sample Soap, Ointment, Talcum free. Address: "Cuticura," Box 2616, Montreal, Canada.

Quick, Sure Relief for BILIOUSNESS SLUGGISHNESS CONSTIPATION
Take one tonight Make tomorrow BRIGHT
Cascarets 10c
"THEY WORK WHILE YOU SLEEP"

WHEN CHILDREN FRET THERE are times when a child is too fretful or feverish to be sung to sleep. There are some pains a mother cannot pat away. But there's quick comfort in Castoria!

For diarrhea, and other infantile ills, give this pure vegetable preparation. Whenever coated tongues tell of constipation; whenever there's any sign of sluggishness. Castoria has a good taste; children love to take it. Buy the genuine—with Chas. H. Fletcher's signature on wrapper.

Fletcher's CASTORIA

Classified Advertising

MARRY. RELIABLE MATRIMONIAL paper mailed free. Address Friendship Magazine, Medina, New York.

House-flies have a defender in an American lady, who recently received the degree of Master of Science for her study of these insects. She says the uncleanness of the fly is greatly exaggerated.

PATENTS

List of "Wanted Inventions" and Full Information Sent Free on Request.
THE RAMSAY CO., Dept. W. 273 Bank St., Ottawa, Ont.

For Instant Ease From COUGHING take BUCKLEY'S MIXTURE
Acts like a flash
A SINGLE SIP PROVES IT 15A

Chapped Skin

Wind, snow and sleet bruise unprotected skin surfaces. Minard's heals the raw skin tissue and affords full protection.

MINARD'S "KING OF PAIN" LINIMENT

Picture of Health Now

"In May and June I was badly rundown and had faint spells until it was a drag to do my work. In July and August I didn't seem to pick up so I decided to try Lydia E. Pinkham's Vegetable Compound because I saw it advertised. I took two bottles and now I am the picture of health. I feel fine, do all my work and milk two cows. If any woman writes, I will certainly answer her letter."—Mrs. George R. Gillespie, Punnichy, Saskatchewan.

Lydia E. Pinkham's Vegetable Compound

Immediate Relief for INDIGESTION

WHAT most people call indigestion is usually excess acid in the stomach. Food has soured. The instant remedy is an alkali which neutralizes acids. But don't use crude helps. Use what your doctor would advise.

The best help is Phillips' Milk of Magnesia. For the 50 years since its invention, it has remained standard with physicians. You will find nothing else so quick in its effect, so harmless, so efficient.

One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate with no harmful after-effects.

Once you learn this perfect way you'll never deal in any other manner with the headaches, gas, bloating, nausea, dizziness, indigestion, biliousness, etc., due to an over-acid stomach and bowels.

Be sure to get genuine Phillips'. It is always a liquid; never made in tablet form. Look for the name Phillips' on the bottle. All drugstores—50c.

PHILLIPS' MILK OF MAGNESIA