BETTER SMOKE BACHELOR

THE FINEST 10c CIGAR ON THE MARKET

British Women Doctors Serve In Colonies

The total number of women students in the universities fell from 12,962 in the session 1923-24 to 12,899 in 1928-29 and the number of women entrants from 3,849 to 3,704, says the London correspondent of The American Medical Association.

"At the same time the total number of students increased in the five years under review from 53,025 to 44,309, but the former figure included 1,742 ex-service men taking university courses under the government scheme," he continues. "High hopes were formed about openings for women during the war, which have not been fulfilled in the difficult period that followed, and the resulting disappointment must have been an important factor in the decrease. The medical profession is a case in point, for the number of women students of medicine and dentistry fell from 2,595 in 1921-22 to 2,020 in 1923-24 and to 1,108 in 1928-29. It is also likely, however, that the general economic depression has borne more heavily on the girls than on the boys. In families short of means to send children to the universities there would be a preference given to boys.

"On the other hand, with regard to the special case of the medical profession, the Secretary of State for the Colonies, Lord Passfield, declared at the colonial conference now sitting: "We are bringing in the women. Fifteen years ago you could count the number of women physicians in the colonial services on the fingers of one hand. Now there are over sixty, and the old idea that a woman had no place in such rough and tumble conditions of service as the Crown colonies must be given up. There is nothing that women cannot do nowadays, and I look to see the number of women physicians steadily increased, not that they may oust the male physicians, but in order that they may give so much more attention to the condition of the native women and children'."

BLACKHEADS

Get two ounces of peroxine powder from your druggist. Sprinkle on a hot, wet cloth and rub the face briskly. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads. Satisfaction guaranteed or money refunded. F. W. SCARF & CO. 422 Wellington St. W., Toronto

Chapped Skin

Wind, snow and sleet bruise unprotected skin surfaces. Minard's heals the raw skin tissue and affords full protection.

MINARD'S "KING OF PAIN" LINIMENT

"Provincial Days" at Royal Winter Fair

"We are featuring 'Provincial Days' at the Royal Winter Fair," said the President, Alfred Rogers, in an interview, "because it has always been felt that one of the purposes of the Fair in addition to promoting the more immediate needs of Canadian agriculture, is to contribute to the development of national unity. This year we feel sure from the letters and records that the Royal will be a concrete expression of the optimism of all who believe in the basic soundness of economic conditions in Canada. The first day has been designated for this especial purpose of the Royal program, 'Canadian Day'. On that day the broad national aspects of Canadian agriculture are brought out and its unifing effect in a national sense are seen more plainly. We are dedicating the succeeding days to each of the provinces, combining the three Maritime provinces into one. This year the order will be:—

Canadian Day—Wednesday, November 19th.

British Columbia—Thursday, Nov. 20th.

Maritime Day—Friday, November 21st.

Quebec Day—Saturday, November 22nd.

Alberta Day—Monday, November 24th.

Manitoba Day—Tuesday, November 25th.

Saskatchewan Day—Wednesday, November 26th.

Ontario Day—Thursday, November 27th.

"On each day we hope to have the Minister of Agriculture of each province or his representative, and we shall make that particular province as prominent as possible through parades of livestock in the arena and in many other ways.

"In the past this has created an atmosphere that has tended to intensify general interest in these provinces and their resources. In this way visitors to the Royal find a means under one roof of comparing the exhibits of widely separated districts of Canada and of contrasting them with others, while at the same time sensing the link of unit that in abroad way runs through our Canadian life."

"We attach much importance to the place the "Provincial Days' take in the Royal plans". Mr. Rogers added "they have, we think, an important influence which elevates our agricultural industry and give it added dignity in the eyes of the men and women who live by it".

An amateur angler, who was not up to the tricks of the game, had been whipping the water without success for an hour or so, when the inspector marched up. "Are you aware," said the newcomer, menacingly, "that this is preserved water?" "Is it?" said the angler. "I thought there was something funny about it."

Wins Trip Prize

Miss Gladys L. Powell, of Winnipeg, passenger on a recent trip aboard Canadian Pacific liner Duchess of Richmond to Montreal, had a brilliant idea for the Masquerade which featured the entertainment of travellers on the voyage. She went as a "C.P.R. advertisement" and when you look at the above photograph you will not be surprised to learn that she was awarded the prize for "the most original costume." Booklets, labels, badges, mottoes and C.P.R. designs make up a beautiful and effective ensemble.

A Simple Treatment for Children's Colds

Cold in the head is very common at this time of year, especially in the very young. Neglect of a cold is prone to lead to serious consequences. To relieve all congestion of the system is the first step in treating a cold, whether in infants or adults. For the very young, Baby's Own Tablets are the ideal means of doing this. Containing no narcotic or other harmful drugs they soothe the child's fretfulness, relieve its suffering and ensure convalescence.

Baby's Own Tablets are without an equal for relieving indigestion, constipation and colic. They check diarrhoea; break up colds and simple fevers; promote health-giving sleep and make the dreaded teething period easy. They are sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Up-State Farm Provides $400 a Year in Family Food

Albany, N.Y.—The typical New York State farm saves its owner about $265 a year on the family food bill, figured at farm prices, or nearly $400 a year at retail prices, Stanley W. Warren of the State College of Agriculture finds in the accounts of 514 farms.

Figuring the $62 worth of milk as double that cost at retail, he suggested that the farmers should use more than the average of seven-tenths of a quart per person daily. Only about a fourth of the families made their own butter, and each of these used about three pounds a week.

Poultry furnished $80 worth of food a year, each family using six eggs daily and three pounds of chicken weekly. Twothirds of the families had home-grown pork, using about a pound a day, or $39 worth in a year.

Besides garden vegetables and honey, the typical family used thirty-seven bushels of potatoes and fourteen of apples and burned twenty-one cords of wood. But only seven of the 514 farmers took wheat to the mill and brought home flour as their grandfathers did.

Minard's Liniment refreshes the scalp.

British Expedition Will Attempt Kanchenjunga Climb

Delhi, India.—A British expedition is being organized to attempt the ascent of Mount Kamet, 25,431 feet, and will start next August, it was announced recently. Mount Kamet, which lies within the borders of the United Provinces, is the second highest mountain in the British Empire and has never been scaled.

The expedition is being organized by Frank S. Smythe, whose descriptions of the recent Kanchenjunga expedition were published, with Prof. Gunther Dyhrenfurths, an associate in that expedition. It is proposed that the Mount Kamet expedition be limited to four or five persons, a suggestion made in the light of the experience of the Kanchenjunga adventure. It is also probable the expedition will include only members of the Alpine Club and the Himalaya Club.

Wood Johnson, who played a heroic role in the Kanchenjunga expedition, will join the new party if possible. It is planned to compass the climb between the end of August and the middle of October neyt year.

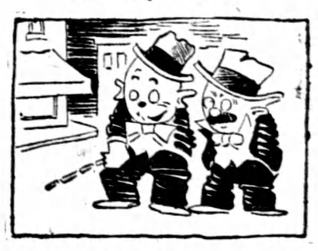
Carlsbad Cavern Bats

The bats which live and hibernate in one end of Carlsbad Caverns, estimated at 3,000,000, have not been giving their usual spectacular flights recently, according to the American Association for the Advancement of Science. Two reasons are advanced for this. One is that the extremely dry weather of the past season has caused a scarcity of night-flying insects, the other is that they have been disturbed by work going on in a nearby guano mine. Occasionally, however, they stream forth in great numbers, their flight from the cave opening lasting for several hours. An interesting feature of the bat exodus is that although they always fly south when they emerge from the cavern they invariably return next morning from the north.

Danger from Colds

Every woman beyond middle age should realize that a majority of the troubles she has to fear have their origin in what are known as common colds. Each attack lowers her vitality and reduces resistance to disease. At this season of the year every woman should see that her blood is toned up to meet the rigors of the climate and especially that strength should be restored after any cold, however slight. For this Dr. Williams' Pink Pills are a reliable tonic.

These Pills are not a mere stimulant giving temporary relief. They build up the body by creating that rich red blood which imparts the glow of health; steadies the nerves, improves the appetite and digestion and make the users capable of withstanding the rigors of our Fall and Winter months. They are sold by medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Congressman: "Did you buy your present political position?"

Senator: "Sure thing. I don't look like a dead head, do I?"

Banish pain with Minard's Liniment.

A Safe Bet

Sandy, the Scot, knew that his friend Ikey was receiving certain wonderful racing information which he always kept to himself.

"I'll test him out," said the Scot to himself, as he saw his friend approaching.

"I say, Ikey," said Sandy, "if someone gave you a hundred pounds providing you put it on a horse, which one would you select?"

"A non-runner," replied Ikey immediately.

A MILLION FAT FOLKS CAN'T BE WRONG

And that's a low estimate of the number taking Kruschen to keep down superfluous fat.

When you take vitalizing Kruschen Salts for a few days that old indolent arm-chair feeling deserts you — it doesn't matter how fat you are—the urge for activity has got you—and you're "stepping lively."

And best of all you like this activity —you walk a couple of miles and enjoy it—you thought you'd never dance again, but you find you're getting as spry as ever—the old tingling, active feeling reaches even your feet.

Kruschen is a combination of the six salts Nature has already put into your body to keep you alive—if it were not for these vital salts you could not live.

One bottle is enough to prove to you that Kruschen will make you feel younger — spryer — more energetic — you'll enjoy life—every minute of it.

A half teaspoonful in a glass of hot water every morning is all you need to keep healthy—keep your stomach, liver, bowels and kidneys in splendid condition—free your system from harmful toxins and acids.

Congratulations to this month's BRIDES & GROOMS

We hope you will be very happy.

May we invite you to try Red Rose Tea?

RED ROSE RED LABEL TEA

RED ROSE ORANGE PEKOE TEA

RED ROSE TEA "is good tea"

101

Almost a Honeymoon

The young couple were driving in a horse-car to the station after the wedding.

Their enthusiastic friends and relatives had treated them to a more than rousing send-off. Shoes, rice, and confetti had descended in showers. Passers-by grinned that "just married" grin as they drove through the streets.

"Well, that's all over, dear," said the bridegroom, soothing his trembling bride, "nothing more to worry about now."

Suddenly the cab pulled up with a jerk. The driver alighted and poked his head through the cab window.

"Horse thrown a shoe," he explained.

The young bride clutched at her husband's arm.

"Oh, George!" she cried. "Is it possible that even the horse knows that we are newly married!"

A New Party?

It was a very wet day, and the children were in the nursery discussing certain things they would do when they grew up.

"Yes," said little Peggy, "when I grow up I'll have a big motor-car."

"So shall I," put in her brother Eric.

"And a big twelve-valve wireless set," Peggy went on.

"So shall I," chanted Eric.

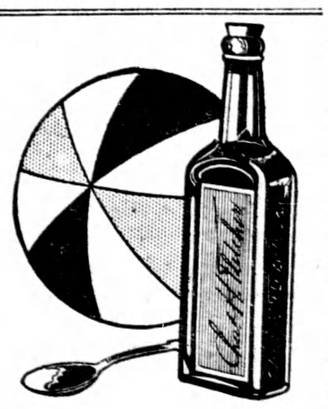
Peggy paused for new ideas.

"Oh, then I'll have a big party every night," she continued.

"Yes, and so shall I," Eric agreed.

"Eric," expostulated Peggy suddenly, "you must be one of those people daddy calls 'so-shall-ists'."

Son: "Aren't you going to wait up for father?" Mother: "What's the use? I've got such a cold I can hardly speak."



If baby has COLIC

A CRY in the night. Colic! No cause for alarm if Castoria is handy. This pure vegetable preparation brings quick comfort, and can never harm. It is the sensible thing when children are ailing. Whether it's the stomach, or the little bowels; colic or constipation; or diarrhea. When tiny tongues are coated, or the breath is bad. Whenever there's need of gentle regulation. Children love the taste of Castoria, and its mildness makes it safe for frequent use.

And a more liberal dose of Castoria is always better for growing children than strong medicine meant only for adult use.

Fletcher's CASTORIA

Classified Advertising

WANTED—A THOUSAND BRITISHERS to get prices for sending apples Overseas for Christmas. Write "The Man From Kent," Drawer A, Burlington, Ont.

for SORE THROAT BUCKLEY'S MIXTURE

Acts like a flash

75¢ 40 DOSES 40¢ 16 DOSES

A SINGLE SIP PROVES IT

To Wake up FIT Tomorrow Take one TONIGHT

Quick Relief for CONSTIPATION BILIOUSNESS BLOATING, ETC.

Cascarets "THEY WORK WHILE YOU SLEEP" 10c

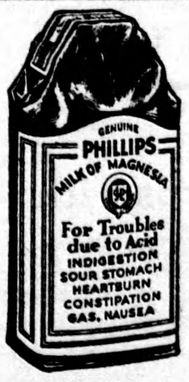
DO YOU SUFFER WITH HEADACHE?

So easy to get quick relief and prevent an attack in the future. Avoid bromides and dope. They relieve quickly but affect the heart and are very dangerous. They are depressing and only give temporary relief, the cause of the headache still remains within. The sane and harmless way. First correct the cause, sweeten the sour and acid stomach, relieve the intestines of the decayed and poisonous food matter, gently stimulate the liver, start the bile flowing and the bowels pass off the waste matter which causes your headache. Try Carter's Little Liver Pills. Druggists 25c red pkgs.

YOUNG WIFE STRENGTHENED

After Taking Lydia E. Pinkham's Vegetable Compound

Bancroft, Ontario—"When I first took Lydia E. Pinkham's Vegetable Compound I had been married about a year and my strength was leaving me on account of my condition. I was only 19 and it was my first child. My mother told me I needed something to steady my nerves and a girl chum told me to take the Vegetable Compound. I am so thankful I did because it strengthened my whole system and now I feel perfectly well and have a sweet little baby boy."—MRS. J. B. STALKER, Bancroft, Ontario.



When You OVER—INDULGE

EVERY man, woman and child will occasionally over-indulge. But don't suffer for your indiscretions. It's folly to do so when you can so easily sweeten and settle a sour, upset stomach with a little Phillips' Milk of Magnesia.

Hearty eaters have long since learned the quick comfort this perfect anti-acid brings. Smokers know how it neutralizes nicotine; brings back a sweet taste; guards the breath. Women know what it does for nausea—or sick headache. And when children have over-eaten—are bilious, constipated or otherwise upset—give them a little of the same, pleasant-tasting and milky-white Phillips' Milk of Magnesia.

You'll be through with crude methods once you learn the perfect way. Nothing else has the same quick, gentle effect. Doctors prescribe it for indigestion, nausea, heartburn, gas, sour stomach and headache. It has been standard with them for over 50 years.

Insist on genuine Phillips' Milk of Magnesia; a less perfect product may not act the same. The genuine is always a liquid—never in tablet form—and the name Phillips' is always on bottle and wrapper.