A Real Nerve Tonic

Is a Bountiful Supply of Rich, Health-Giving Blood

Sufferers from nervous debility find themselves tired, low-spirited and unable to keep their minds on anything. They are totally unfit to perform their everyday duties.

Doctoring the nerves with sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. To secure this rich, red blood Dr. Williams' Pink Pills should be taken. Enriching and purifying the blood is their whole mission. Concerning them Mrs. Albert Bentley, Bancroft, Ont., writes: "Two years ago I was a complete wreck; in bed for seven months; extremely nervous; had no color. Nothing I tried seemed to help me till I began Dr. Williams' Pink Pills. My condition at once improved and to-day I am well and able for anything without fatigue or trouble."

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

1950 Worker Will Get $27-a-Day Wage

Predicted by Ford in His New Book, "Moving Forward"

New York—Henry Ford blames the present industrial depression on business men who watched the stock market instead of their business, and believes the cure lies in quantity production and intensive marketing of high-class goods.

He outlines his opinions in a book "Moving Forward," published on Oct. 2nd. He predicts that in 1950 the United States workingman will get a minumum wage of $27 a day, advocates high wages as one of the fundamental laws of business, and says genuine over-production has never existed.

In regard to wages, however, Mr. Ford believes that while a man has a right to work, his right to a job depends on his ability to render valuable service. He says belief that a company owes a living to those who work for it is based on "our traditional conception of master and servant."

The book, written in collaboration with Samuel Crowther, says the fundamentals of business principles are: First, to make more and better goods cheaply as possible and force them on the market; second, to strive alwas for higher quality and lower prices and costs; third, to raise wages gradually and continuously and never to cut them; and fourth, to get the goods to the consmer economically so he may benefit by low cost production.

The carrying out of these modern business laws requires much more leadership than did the old production, Mr. Ford says. He believes that was why interest in the 1929 stock market brought disaster.

"The true occasion for alarm was deeply hid," he says. "It consisted in the complete stoppage of improvement in quality of goods and in methods of manufacture, which in turn causes a stoppage in the increasing values of the purchasing money. There is bound to come a time when things are offered for sale at so much more than they are worth that the public will hesitate to buy them, and then will stop buying altogether and may even fall into a panic about what it has bought.

"No one hs yet been born who can manage both to manipulate the market for its stock and also do business in such a way that it will be profitable. The two do not and cannot mix."

Damp Walls

Walls can be rendered damp-proof by an application of water-glass used for preserving eggs. Strip or scrape the old paper from the walls and brush over the damp patches with the waterglass mixture according to the directions on the tin. Allow to dry, then put on two more coats. Each must dry before the next is put on. When repapered the damp will not penetrate again.

Minard's Liniment gives quick relief.

"In Memory—"

The photograph reproduced above shows an interesting view of impressive memorial to Newfoundland's war dead at Grand Bank

Owl Laffs

About the only thing that comes to him who waits is whiskers.

Many doctors are now having their patients say "ee" instead of "ah." "Ow," however, remains the standard for the patient on receiving his bill.

High school teacher—What is Francis Scott Key's greatest distinction?

Pupil—He knew all four verses of "The Star Spangled Banner."

All the jokes are not found in the books or in the papers, some of them may be seen walking around town.

Sitting around the bunk house they were swapping lies.

One of them—"When I was logging up in the Northwoods I saw a mountain lion come right up to the skidder one day. It was a fierce beast, but I, with great presence of mind, threw a bucket of water in its face and it slunk away."

Man sitting in corner—"Boys, I can vouch for the truth of that story. A few minutes after that happened I was coming down the side of the hill I met this lion andfi as is my habit, stopped to stroke its whiskers. Boys, those whiskers were wet."

A HAPPY THOUGHT FOR TO-DAY.

From the moment of birth
To the ride in the hearse,
There is nothing that happens
But might have been worse.

Gertie—"What shall I do, Mother dear? I'm engaged to a man who says he simply can't bear children." Mother—"Well, you can't expect too much from a husband."

"The good die young." But to die good, one must diet young.

Gladys (to her fat boy friend)—"Pardon me, Tiny, but as you age, will you fade like a flower or bust like a baloon?"

LOYALTY.

By Melville Sloan.

How grand that attribute, divine;
That golden quality;
That priceless gem of honor, fine;
That jewel—loyalty.
Who will not see an evil done—
To him—he calls his friend;
Or whom he serves; is really one
Of—nature's noblemen!

Times might be much better, if those who don't have to work would knock off and give their jobs to those who do.

Things I'd like to know—Where butchers get their straw hats they wear in winter and comedians get the ones they ruin? What the girls who flip pancakes in windows think about and especially what they'd think about a fellow who took them to Child's for dinner? Why every extremely attractive girl has an ugly duckling for a chum? Whether anyone is a poor marksman because his mother told him pointing was impolite? And if I'd be happier if I knew all these things?

A local poet thinks bananas rhyme with pajamas. That is one of the several reasons this column does not print but very little home made poetry

Tourist—"Say, boy, where does this road go?

Indignant. — "It don't go nowhere. It's here every morning when I come along."

A humorist's most serious business is trying to make folks smile.

Fortune teller—"You will suffer poverty until you are 35 years old."

The dupe—"And then?"

Fortune teller—"By that time you will have got used to it."

CONSTIPATED CHILDREN

Constipation is one of the most common ailments of childhood and the child suffering from it positively cannot thrive. To keep the little one well the bowels must be kept regular and the stomach sweet. To do this nothing can equal Baby's Own Tablets. They are a mild but thorough laxative; are pleasant to take and can be given to the newborn babe with perfect safety. Thousands of mothers use no other medicine for their little ones but Baby's Own Tablets. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Kamaran Island Has World's Worst Climate

Though certain parts of the North American Continent might feel justified in claiming "the world's worst climate"—according to Charles Fitzhugh Talman in his Science Service feature "Why the Weather?" (Washington), the favored spot is an island in the Red Sea. He says:

"Hot weather is endurable is the relative humidity remains low; hot days are endurable if the air cools off at night. Neither of these mitigating features is found in the average climate of the Red Sea coast. An English meteorological journal has recently suggested that Kamaran Island, which lies in the Red Sea off the coast of Yemen, can claim the distinction of having the worst climate on earth. A four-year record shows that from April to October, inclusive, the average daily maximum temperatures range from 91 to 95; which would not be bad were it not for the fact that the average minimum temperatures are from 81 to 86. The highest single reading during the four years was 105, which we can easily beat in America, but the mercury never once fell below 66. The average relative humidity was 72 in January and 58 in July. The climate of the island is extremely enervating. In spite of deserts near at hand and an average rainfall of only two inches a year the air generally feels damp, and the winds, though strong, bring no relief. Occasional sand storms add the human discomfort. A lovely place to stay away from is Kamaran!"

Roads Young and Old

Roads that lead to houses
And a city's pride
Go straight and hard like young men
With sure and eager stride.

But roads that lead to mountains ..
Or hidden desert streams
Shuffle along like old men
Happy in their dreams.

—By Rachel Harris Campbell, San Diego State Teachers' College.

When asked his idea of rigid economy, Will Rogers replied: "A dead Scotchman."

Minard's Liniment aids tired feet.

Dishwashing Is Still Hated Task

Childhood Duty Turns Modern Girl Against Homemaking

Compulsory dishwashing in childhood has given millions of girls a drab outlook on life and has caused them to conceive an absolute hatred for homemaking, says Miss Marion S. Van Liew, chief of the home economics education bureau of the University of the State of New York.

Hatred of dishwashing, while it seems of itself a most insignificant matter, becomes the root of an obsession against all phases of housekeeping, she thinks, and therefore has a potentiality of exercising a vicious influence on the entire future of girls and women.

Miss Van Liew, who is widely known throughout the nation as a home economist in addition to her position with the State Department of Education, yesterday become educational director of the Homemaking Center of the New York State Federation of Women's Clubs.

No Fad, She Declares

"Home economics is no fad," Miss Van Liew told an interviewer in Albany. "It has passed that stage and has stood the test. People are more 'home conscious' than ever and it is recovering its former status rapidly. Now, the difficulty is that girls are not prepared to take over the problems of homemaking when they become brides.

"It may astonish people to know that the state is training hundreds of girls and young women for the career of marriage. Outside of New York there are 211 centers under the supervision of the State Department of Education where homemaking is taught as a fine art, and New York does not neglect this important training.

"Women and girls must get away from the old idea that homemaking is nothing but sewing, cooking and cleaning," Miss Van Liew added. "These things are but incidental and as such should be done by means of a time budget so as not to interfere with the major phases of the calling."

She reminds one that choosing harmonious color combinations for the home and purchasing clothing, edibles and other supplies come into the calling of homemaking, as well as personal grooming and adjustment of family relations, and that to be successful in all these the homemaker should be trained.

She declared that every feminine member of every family should be instructed in home economics. She would have the younger children learn it in junior high school, and have mother keep up with them by extension courses in the afternoon and evening.

Any Offers?

As Mrs. King was cleaning her front bed-room windows she saw a friend hurrying along the road.

"What ever has happened?" she cried, running to the garden gate and calling to the friend. "Why are you in such a hurry?"

The friend paused to regain her breath.

"I'm trying to get something for my husband," she panted.

"Oh," replied Mrs. King, very much relieved. "Had any offers?"

INVALUABLE MOMENTS

Never suffer the invaluable moments of thy life to steal by unimproved, and leave thee in idleness and vacancy; but be always either reading, or writing or praying, or meditating, or employed in some useful labor for the common good.

—A'Kempis.

"I'm thinking of moving out into the country." "Do you like the country? What will you do in the evenings?" "Oh, I'll run up to town."

When baby frets

and you can't get your work done – your nerves are getting the better of you -- make a cup of tea – it's a great "pick-me-up". Sit down a few minutes – you will feel better!

RED ROSE TEA

"is good tea" 104

TWO QUALITIES -- RED LABEL & ORANGE PEKOE

The Wrong Phrase

Mr. Brown had just returned from the office and was introduced to the new nurse, who was astonishingly pretty.

"She is sensible and scientific, too," said Mrs. Brown, "and she says she will allow no one to kiss the baby while she is near."

"No one would want to," replied Brown tiredly.

"Oh, indeed, John!" snapped the fond mother.

"I mean," faltered Brown, endeavoring to make things better, "not while she is near."

The pretty nurse was given marching orders the following day.

"Is this train ever on time?" growled the grouchy passenger. "Oh," replied the conductor, "we never worry about it being on time. We're satisfied if it's on the track."

WHEN CHILDREN FRET

THERE are times when a child is too fretful or feverish to be sung to sleep. There are some pains a mother cannot pat away. But there's quick comfort in Castoria!

For diarrhea, and other infantile ills, give this pure vegetable preparation. Whenever coated tongues tell of constipation; whenever there's any sign of sluggishness. Castoria has a good taste; children love to take it. Buy the genuine—with Chas. H. Fletcher's signature on wrapper.

Fletcher's CASTORIA

Classified Advertising

FOR SALE—FIRST CLASS BREEDING Mink, and Foxes, at reasonable prices. In your own interests write for particulars. J. O. Mitchell, St. Mary's, Ontario.

AGENTS WANTED FOR DR. BOVEL'S soaps, toilet articles, etc., well known for twenty years. Quick turnover and large profit. Dept. 0, Bovel Manufacturing Company, Toronto 8.

The worst thing about appearances is trying to keep them up.

DON'T DO THIS

Deafness HEAD NOISES

RUB IN BACK OF EARS - INSERT IN NOSTRILS....

Leonard EAR OIL

$1.25 All Druggists. Descriptive folder on request

A. O. LEONARD, Inc.
70 Fifth Ave., New York City

For a brighter day TOMORROW
Take a Cascaret TONIGHT

Quick Relief for CONSTIPATION BILIOUSNESS SLUGGISHNESS

Cascarets 10c "THEY WORK WHILE YOU SLEEP"

An Emergency Dressing

Minard's is invaluable as a quick dressing for burns, scalds and all flesh abrasions. It cleanses and soothes the wound.

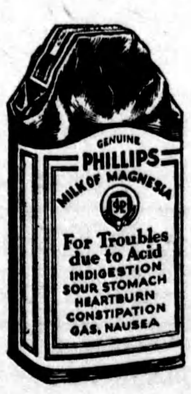
MINARD'S "KING OF PAIN" LINIMENT

DON'T SUFFER WITH DANGEROUS INDIGESTION

Do you suffer after meals with a belching, from sour and acid stomach? Many believe they have heart trouble and tremble with fear, expecting any minute to drop dead. This condition can be prevented, likewise relieved.

Take Carter's Little Liver Pills after meals and neutralize the gases. Sweeten the sour and acid stomach, relieve the gas and encourage digestion.

The stomach, liver and bowels will be cleansed of poison, painful and dangerous indigestion disappears and the system enjoys a tonic effect. Don't delay. Ask your druggist for a 25c pkg. of Carter's Little Liver Pills.



Too much ACID

Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms, such as headaches, gas, heartburn, etc., will disappear in five minutes.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine, prescribed by doctors for conditions due to excess acid. It is always a liquid; it cannot be made in tablet form. Look for the name Phillips' and the word *genuine* in red.

COMPLIMENTED ON HER COMPLEXION AT 65

Tells All Women How She Does It

20 YEARS OF KRUSCHEN 20 YEARS OF HEALTH

Just fancy! A grandmother and still being complimented on her complexion! How does she do it? Her letter explains. Kruschen keeps her young and fit. That's the secret of the whole matter.

"When I was on holiday this Summer I was asked what gave me or what I used for my fresh complexion. For 20 years now I've used as directed Kruschen Salts, the finest and only medicine to my knowledge. Before this I was troubled with my liver and biliousness and rheumatism in my arm and shoulders. I just take it regularly as you describe, with the above result. I tell everyone this, also my family, who are now men and women, for I am over 65." —E. B.

Don't be content to envy her. Follow her example. Kruschen will keep you young, just as it keeps her young. The little daily dose keeps you young inside; you wake up every morning as fit and fresh as a schoolgirl, and before the first month is out the wonderful difference is written in your complexion and your eyes. Kruschen will restore the liver and kidneys to proper activity. Waste products will be naturally expelled by those eliminating organs as Nature intends. The blood will be refreshed and will course in a cleansing stream to every fibre of the body, reinvigorating your whole system, brightening your eyes, clearing your skin. You feel—and are—a different person. Thousands are proving it daily. Why shouldn't you? Kruschen Salts is obtainable at all Drug Stores at 45c. and 75c. per bottle.

READ OF A CASE LIKE HER OWN

Decided to take Lydia E. Pinkham's Vegetable Compound

Moncton, New Brunswick—"Before my last baby was born I was very weak, nervous and discouraged. I saw an advertisement in the paper about a woman who had been like me so I bought a bottle of Lydia E. Pinkham's Vegetable Compound. I took three bottles and it carried me safely through that critical time. I have three children to care for and I feel well and strong. I have told two other women about your medicine."—MRS. GUS ARSENAULT, 82 Albert Street, Moncton, New Brunswick.