ST. VITUS DANCE SUFFERER MADE WELL

Nerves Strengthened Through the Use of Dr. Williams Pink Pills.

Time after time cases are brought to the notice of the public where sufferers from nervous troubles have been relieved by Dr. Williams' Pink Pills—where victims of St. Vitus Dance have been made well through the use of these pills after other medicines have failed to be of benefit. The reason for this is that Dr. Williams' Pink Pills act directly upon the blood—they make new, rich red blood and in thus banishing all impurities from the blood strengthen the nerves and make St. Vitus Dance impossible.

Mrs. P. Donnelly, Montreal, Que., is one more grateful mother who wishes to add her testimony to those already published. She says:—"My little girl, aged eleven, was a great sufferer from St. Vitus Dance. Several doctors prescribed for her without benefit. She was in the hospital for two weeks—still no benefit. I then saw an advertisement recommending Dr. Williams' Pink Pills for St. Vitus Dance, so decided to try them. My little girl had only taken a couple of boxes when I noticed some improvement so I continued with the treatment till now she is completely free from the trouble and can enjoy herself as other children do. I can highly recommend Dr. Williams' Pink Pills to anyone suffering from St. Vitus Dance or any other form of nervous trouble, for what these pills have done for my daughter I am sure they will do for others."

Dr. Williams' Pink Pills are sold by all dealers in medicine or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Do You Know–

A slice of lemon stewed with the prunes will greatly improve their flavor?

If you rinse cooked noodles with hot water they will not stick together.

You can make pistachio flavoring by mixing equal parts of vanilla and almond flavoring?

Before washing new lace curtains, calico, or anything containing lime, soak them overnight in water to which salt has been added. This takes out all the lime and, consequently, saves soap and labor.

An egg is "new -laid" for ten to twelve days; it is "fresh" until it is twenty-one days old; then it becomes a "cooking-egg."

If a cracked egg has to be boiled, wrap it in greased paper, tie with string and put in boiling water.

To give a stove a good polish, mix a teaspoonful of powdered alum with two ounces of blacklead and apply in the usual way.

When cleaning knives mix a pinch of carbonate of soda with the bath-brick. They can then be polished quickly and easily.

Moist table salt will remove egg stains from silver.

A cupful of fine ashes and two teaspoonfuls of bicarbonate of soda mixed with water into a smoth paste make an excellent polish for metals.

Varnish may be brightened by rubbing with a cloth moistened in linseed oil.

A few drops of lemon juice added to the dough when making pastry renders it more digestible.

A Pioneer in Photographic Mapping

Canada was the first country to make practical use of photography in surveying, on an extensive scale. Methods of photographic surveying were developed over forty years ago by the late Dr. Deville, Surveyor General, Department of the Interior, and large areas of the Rocky Mountains have been so surveyed.

SELF-DENIAL

The hardest doctrine to practice is the doctrine of self-denial. This is a doctrine that pinches.

75% of TOTAL FARES to CANADA ADVANCED

BRITISHERS

in Canada may now bring forward their Families, Relatives and Friends on Easy Terms.

For full details apply:—
J. D. CAMERON,
Dist. Supt. Colonization
Canadian Pacific Railway, Toronto
BRITISH
RE-UNION ASSOCIATION

"Rheumatism GONE"

"After years of rheumatism, now in perfect health," says Mr. A. Ducharme. Thousands write rheumatic pains, neuritis, vanish like magic with "Fruit-a-tives". Constipation, indigestion end overnight. Nerves quiet. Get "Fruit-a-tives" from druggist today.

Owl Laffs

Best Friend (Meow!)—Mary, where did you get that gorgeous diamond ring?"

Young Widow (Purr, Purr!)—"You remember when John dear died he left $1,000 for a memorial store? Well, this is it."

Bait digging time has come, the happiest of the year.

It is said that a good diamond will cut through nearly anything. It certainly can make a hole in a bank account.

Suitor—"Can you tell me anything about your sister's hobbies?"

Small Brother—"All I know is she don't wear any in the summer."

A man and his wife were hotly discussing the merits of a book. Finally, the wife said to her husband: "No, John, you can't appreciate it—you never wrote a book yourself."

"No," retorted John, "and I never laid an egg, but I'm a better judge of an omelet than any hen in the country."

Some salesmen were vaccinated with rusty phonograph needles, judging from their sales talk.

Imagine His Embarrassment

Little Oscar Duckling
Met the world witha frown,
When he first discovered
That his pants were down.

"Public speaking a business asset," says a headline. Go down the street any day and see it demonstrated. And that brings to mind the question, why does everybody else want to talk when you are trying to say something? Why will a girl stock up on hose and then go bare-legged?

Little Junior, six years old, from the city, was visiting his grandmother in the country. He had been going to school and had been copying his A B C's. He went to help her gather the eggs and, finding the china nest egg, cried out: "Look, grandma, what kind of egg is this?"

Grandma—"Put that one back in the nest and leave it for a nest egg."

Junior—"What do they have to have it for, grandma, to copy by?"

Cheer up, folks. Let the dentists do all of the looking down in the mouth.

Toastmaster (to principal speaker: —"Oh, Mr. Brady."

Speaker—"Yes?"

Toastmaster—'Had we better have your speech now, or shall we let the people enjoy themselves a little while longer?"

The law can be enforced, all right. You never saw anybody kick a bulldog.

A pretty girl likes to be told she's intelligent, and an intelligent girl likes to be told she's pretty.

"Waiter, take this steak back."
"I can not, sir! You have bent it."

Elizabeth had not heard from Bill for a long time. Finally there came to her doorstep a very large box. Elizabeth fainted when she read on the label: "Bill inside."

After a man has lived 65 or 70 years he learns that he doesn't amount to much.

Mother—"Please keep quiet, son, my head is just about to split."

Small Offspring—"If I keep quiet, can I see it split?"

A man is made or marred by his use of spare five-minute periods.

In just a few more days college graduates wil be astonished to find out that the average boss doesn't know or care what "frat" they belong to.

Father (wrathfully)—"Your conduct has made you the talk of the town."

Daughter—"Yes, but how long will it last? Some darn aviator will fly across the Pacific or something, and I'll have to do it all over again."

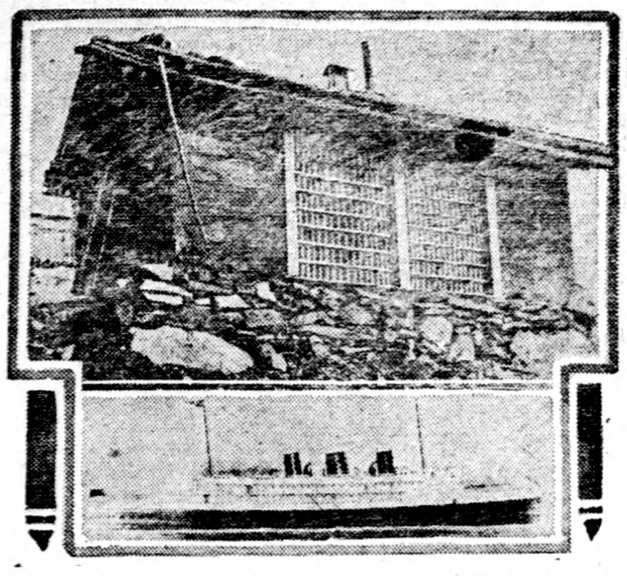
SELF-CONTROL

We have need not only to watch, but to keep up a strong habit of self-control. How it is that every act we do leaves upon us its impression, we know not, but the scars and the seams of our bodily frame may warn us of the havoc sin makes in our unseen nature. The current of our thoughts, the wondering of our imaginations, the tumult of our passions, the flashes of our temper, all the movements and energies of our moral being, leave some mark, wither some springing grace, strengthen some struggling fault, decide some doubtful bias, aggravate some growing proneness, and always leave us other and worse than we were before. This is ever going on. By its own continued acting, our fearful and wonderful inward nature is perpetually fixing its own character. It has a power of self-determination which, to those who give over watching and self-control, becomes soon unconscious, and at last involuntary. How carelessly men treat themselves. —Manning.

The grace of saving is the real saving grace.

Minard's Will Kill Corns.

Picturesque Yukon House Has Bottles in Window



This is a house of hospitality whose owner combined his extravagance in entertainment with an innate modesty in home economy by using the bottles left after his guests had departed to make a substantial and unique filling for an empty window frame. Window panes were scarce in the Yukon in those days of the Gold Rush and the chances are that before the bottles were placed in the opening, paper or hide was used to let the sun rays in and to keep out as much as possible of the cold and rain. The Yukon and Alaska are alive with mementoes of a past that is dead. Each summer thousands of tourists from the United States and Canada, and many from overseas as well, take the colorful journey across the continent through the great wheat fields of the prairies and by Jasper Park and Mount Robson in the Canadian Rockies—Mount Robson is the highest peak in the Rockies—to Vancouver and Prince Rupert where steamers equipped with every modern detail take them through the Inside Passage to the glamourous land on the Midnight Sun.

The lower picture shows the Prince Henry, newly constructed ship of the Canadian National Steamships, which will make its first voyage on this popular run from Vancouver on July 3. Launched by Ishbel MacDDonald, popular run from Vancouver on July 3. Launched by Ishbel MacDonald, for the Canadian National Pacific Coast Service. Two others, the Prince Robert and the Prince David will ply between Vancouver, Victoria and Seattle. The Prince Henry will supplement the Alaska service already afforded by the CNS Prince Rupert and Prince George of the same line which have become widely known among travellers on the Pacific Coast.

KEEP THEM HAPPY BY KEEPING THEM WELL

It is natural for children to be happy, active and full of fun. When they are fretful, fussy and disinclined to play you may be sure something is wrong. Almost invariably that something lies in the digestive tract.

It is to meet the need for an absolutely safe corrective of childhood ailments that Baby's Own Tablets have been designed. They gently regulate the stomach and bowels and thus drive out constipation and indigestion; break up colds and simple fevers and allay teething pains. Concerning them Mrs. W. E. Forsyth, Dover, N.B., writes:—"I would not be without Baby's Own Tablets as I know of nothing to equal them for fretful, fussy babies who are troubled with colds or sour stomach."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"Stingless Bees" Introduced by Jersey Station

Good-Natured Species from Caucasus Rarely Use Their Stings, Specialist Finds

Produce White Honey

New Brunswick, N.J.—Stingless beekeeping has been made a reality at the New Jersey Agricultural Experiment Station through the introduction of "good-natured" Caucasian bees as a substitute for the "hot-tempered" species found in many apiaries, Ray Hutson, the station's bee specialist, reports.

For three years now Hutson has been working with Caucasians, which are natives of Caucasus, Russia, and during this time he has never been stung by them. Neither veil, gloves nor smoker has been used in manipulating the bee colonies. B. F. Driggers, of the station staff, who also assisted in testing the Caucasian bees, has yet to be stung by them. Both of these men report that with Italian and hybrid bees, however, it is not uncommon to be stung, sometimes frequently.

Swarm Less Than Italian Bees

A two-year test of sixty colonies here revealed that the Caucasians produce just as much honey as Italian bees. The record for a single colony was 135 pounds and the average was 90 pounds. The Caucasians produce an extremely white comb honey. The tests further revealed that the Caucasians swarmed less than the Italians and that propolizing, or the gathering of an undesirable sticky material from the buds of theres and other plants, was not carried to excess.

"These pacific workers," Hutson stated, "resemble the Italians in size and appearance, except that their bodies are brown and covered with silvery hairs, which gives them a silvery-grey appearance. They are not only the best-natured bees, but also the most beautiful."

"The sting of the Caucasian," Hutson explained, "like that of any other bee, is a delicate and complicated organ. The worker bees, which comprise the greatest proportion of the colony's population, have the most effective stings. The queen bee also possesses a sting, but it is seldom used except in combat with other queen bees.

"In only a few instances is it recorded that queens have stung persons, and the sting of a queen is reported as mild. The drones, or male bees, have no stings, and they are particularly susceptible to attack by other members of the hive when their purpose has been served or when stores of honey are running low."

Ruth: "Even if you can't enjoy best sellers, there are books in the running brooks, you know."

Jack: "Yes, but even the brooks are getting dryer every year."

The Aeroplane in the North

The aeroplane has in the last few years been employed in the northland of Canada and its use for mail service, prospecting, and general commercial purposes is rapidly increasing.

Children Cry for Fletcher's CASTORIA

A BABY REMEDY APPROVED BY DOCTORS FOR COLIC CONSTIPATION, DIARRHEA

Britons Make Their Own Beer

High Excise Tax Encourages Home Industry and Works Greatly to Injury of Brewers

London.—Bootlegging, an industry supposedly confined mainly to the United States, is now baffling British excise authorities. Home brewing of beer is being carried out on a large scale, according to customs officials.

Such practice eliminates paying the duty now enforced by the Government, Brewers' associations are objecting to the new underground liquor traffic. A Government inquiry is to be made and some form of national control suggested.

Penny a Pint

Packets of malt and hops and other ingredients necessary to make three gallons of beer can be secured from the corner grocer, or nearest drug store, for about 35 cents. The bootleg brand can be made for two cents a pint, compared with the usual price of 16 cents a pint now charged.

Official figures show that during the past 16 years the annual consumption of legal beer has decreased by 67,952,286 gallons. Cellar and kitchen breweries are held largely responsible for this diminution.

Beer is excisable if it contains the alcohol equivalent of 2 per cent. proof spirits. Packets now sold with the proper ingredients also contain printed instructions for correct brewing.

Still Increases

An excise official said about the existing condition when questioned: "We know that home brewing is on the increase, and we are taking all possible precautions to discover those making beer without license. There have been many prosecutions this year.

"We are almost powerless, for a house to house search is obviously impossible. We take immediate action, however, on information received, or evidence obtained by police."

LIFE

I always believed in life rather than in books. I suppose every day of earth, with its hundred thousand deaths and something more of births —with its loves and hates, its triumphs and defeats, its pangs and blisses—has more of humanity in it than all the books that were ever written put together. I believe the flowers growing at this moment send up more fragrance to heaven than was exhaled from all the essences ever distilled.—Holmes.

Minard's Kills Dandruff.

Largest Deposit of Diatomite

The largest deposit of diatomite in the Dominion at present known is in the vicinity of Quesnel in central British Columbia where material of pure grade occurs in beds forty feet thick that extend over a large area.

Strengthening Butter Boxes

Recent tests on butter boxes at the Forest Products Laboratories, Department of the Interior, showed that one wire applied around the centre of the box doubles its strength.

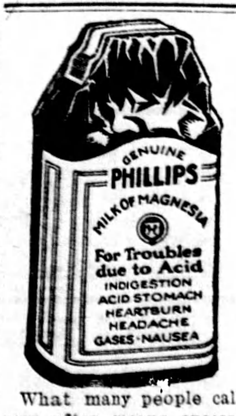
I Was Weak, Skinny, "After Baby Came Gained 22 lbs."

"After baby was born I was very weak, skinny. Since taking Ironized Yeast feel fine. Gained 22 lbs."—Mrs. Laura Benoit.

Thousands write new Ironized Yeast adds 5 to 15 lbs. in 3 weeks. Ugly hollows fill out. Bony limbs get graceful roundness. Muddy skin gets clear and rosy like magic. Nervousness, indigestion, constipation vanish overnight. Sound sleep, new pep from very first day.

Two great tonics in one—special weight-building Malt Yeast and strengthening Iron. Pleasant little tablets. Far stronger than unmedicated yeast. Results in ½ time. No yeasty taste, no gas.

So quite being "skinny", tired, unattractive. Get Ironized Yeast from druggist to-day. Feel great to-morrow. Money back from manufacturer if not delighted with quick results.



When Pain Comes

What many people call indigestion very often means excess acid in the stomach. The stomach nerves have been over-stimulated, and food sours. The corrective is an alkali, which neutralizes acids instantly. And the best alkali known to medical science is Phillips' Milk of Magnesia. It has remained the standard with physicians in the 5 years since its invention.

One spoonful of this harmless, tasteless alkali in water will neutralize instantly many times as much acid, and the symptoms disappear at once. You will never use crude methods when once you learn the efficiency of this. Go get a small bottle to try.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Classified Advertising

FOR SALE

A1 BABY CHICKS—WE HATCHED 215,000 last year in four varieties. Write for free catalogue. A. H. Switzer, Granton, Ont.

BABY CHICKS

SINGLE COMB WHITE LEGHORN and Barred Plymouth Rock Baby Chicks, wonderful winter layers. We have been hatching for 27 years. Delamere Poultry Farm, Stratford, Ont.

FOR SALE

50 CARS ORIGINAL FIRST GROWTH Northern Ontario Red Cedar fence, grape and anchor posts, telephone poles and poles for tobacco barn frames. Phone or write. E. A. Edwards, R.R. 2, Thedford.

BULBS

50 GLADIOLUS, 25 VARIETIES, $2.00; or 8 Regal Lilies; or 10 Dahlias, named. List Free. 300 varieties. Sansby, 107 Bellefair Ave., Toronto.

Many Uses for Spruce

The wood of all Canadian spruces is tasteless and odourle s, making it valuable for food containers. It is also in great demand for musical instruments, principally for organ pipes, piano sounding boards, violin backs, etc.

FOR SALE

FIVE D.C. MOTORS

¼, 1, 1½, 4 and 8 Horsepower, all in good condition. Cheap for immediate sale. H. Watkins, 73 Adelaide Street West, Toronto.

OPEN SORES

HEAL IN QUICKEST TIME KNOWN

"Sores on leg, ulcers, for months. Doctors failed to heal. Then 'Sootha-Salva' healed them in few days." Jules Simard. "Sootha-Salva" heals sores, ulcers, boils, burns, scalds, eczema, like magic. All druggists.

Changing Seasons

Bring colds and other sickness. Keep Minard's in the medicine chest. It's a great preventative.

MINARD'S "KING OF PAIN" LINIMENT

DO YOU SUFFER WITH HEADACHE?

So easy to get quick relief and prevent an attack in the future. Avoid bromides and dope. They relieve quickly but affect the heart and are very dangerous. They are depressing and only give temporary relief, the cause of the headache still remains within. The sane and harmless way. First correct the cause, sweeten the sour and acid stomach, relieve the intestines of the decayed and poisonous food matter, gently stimulate the liver, start the bile flowing and the bowels pass off the waste matter which causes your headache. Try Carter's Little Liver Pills. Druggists 25c red pkgs.

How well you look!

"I am writing you again to express my sincere gratitude for the continued success I have maintained through my daily dose of Kruschen. Only last week a man met me (who saw me a few months ago when I was crippled with rheumatism). His first remark was how well I looked. I replied, 'Yes, I have only Kruschen Salts to thank.' He said he was feeling 'off colour' and would start the Kruschen habit next day. I always recommend Kruschen Salts." JAS. F. WOOLNER.
Original letter on file for inspection.

Kruschen Salts is obtainable at drug and department stores in Canada at 75c. a bottle. A bottle contains enough to last for 4 or 5 months—good health for half-a-cent a day.

YOUNG WIFE STRENGTHENED

After Taking Lydia E. Pinkham's Vegetable Compound

Bancroft, Ontario—"When I first took Lydia E. Pinkham's Vegetable Compound I had been married about a year and my strength was leaving me on account of my condition. I was only 19 and it was my first child. My mother told me I needed something to steady my nerves and a girl chum told me to take the Vegetable Compound. I am so thankful I did because it strengthened my whole system and now I feel perfectly well and have a sweet little baby boy."—MRS. J. B. STALKER, Bancroft, Ontario.

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