Do you take pleasure in Housework ?

"I NOW go about my daily work with pleasure," says Mrs. Scott of Guelph. In spite of tiring domestic tasks and family cares, that is the way every woman should feel. But how many do?

Thousands of women all over the world have regained strength and nervous energy by taking Dr. Williams' Pink Pills, and write to tell us so.

Mrs. Scott is one of these. "I was very much run-down, nervous, tired. I took Dr. Williams' Pink Pills and am as well as ever again. Now I go about my work with pleasure; in fact, feel 10 years younger."

Buy a box of Dr. Williams' Pink Pills at all druggists and dealers in medicine or, postpaid, by mail at 50 cents a box from The Dr. Williams Medicine Co., Brockville, Ontario.

S-22

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

New View Needed Says Chamberlain

Task Ahead is Not Easy But A Greater Empire Will Emerge

London.—Mr. Neville Chamberlain, speaking at a meeting of the London and Home Counties' Federation of the Junior Imperial League in London, said that the tragedy from the point of view of the Socialists was that by the pledges they had made in the past they had cut themselves off from the one and only hope for British industry.

That was the policy of the State as guardians of British labor against unfair foreign competition and from the extension of British markets in the only parts of the world in which they could be extended—that was the British Empire.

"They have cut themselves off from that policy, which was accepted on behalf of the Conservative party by Mr. Baldwin at the Albert Hall," he continued.

"We have got to take a new view of our Empire. The countries of the Empire, whether Dominions, Dependencies, or Colonies, all speak our language, they all acknowledge allegiance to our King. But up to now they have never begun to think of the Empire as one single confederation in which the interests of ach are the interests of all.

"Every part of the Empire has its own problem and its own difficulty. If we could all put our heads together, if we could al come together in pursuit of one policy, is it not evident that in the bounds of the Empire we have the men, we have the resources, we have the spaces that are necessary to supply the needs of all, and tha it is in our power to form an association pledged to peace and progress such as has never been seen since civilization began?

"We must not think it is an easy task that lies before us. There are many difficulties to be met. Perhaps I shall not live to see the fulfilment, but you younger ones may well be allowed to take your part in putting the coping stone on to the edifice that we are going to try to erect to-day.

"You may see a new and greater Britain, more powerful, more prosperous, more powerful for good than in any part of its long and eventful history."

New Year's Prayer

New Years:
Lord, lift our eyes up to the hills,
The everlasting hills of light,
Let us forget old bitterness,
Through blinding tears give us new sight.
Where we have failed bolt out the deed,
Where weakness gained a mastery
Forgive; guide us anew to heights
Of truth, and faith and purity,
New Years;
Once more the clean white page to write
Upon; O God of all, look down,
Compassionate, on hard fought ways
Of city mart and country town.
Let greed be less the goal of many,
Lett brotherhood shine clear above,
O, grant that men may seek the Strength,
Theirs for the asking In Thy love.

GEORGE EHISTON

Indians Expect Severe Winter

Kamloops, B.C.—Word has gone out to Indian Reserves in this locality from local chiefs that winter will be long and severe. As a result the Indians have formed organized bands and are cutting fuel night and day.

Pioneers state they have never seen the Indians so active in securing fuel. At night the natives burn brush and small branches to provide light so that they may continue working. In Ontario we know the winter is early and severe. If it is long as well, it will prove a record breaker and a snow shovelling back buster.

A Wonder

There's one thing that's peculiar,
It always puzzles me;
I've thought it over many months,
And stil I cannot see.

Old Santa Claus is big and fat.
Our chimney's very small.
It seems almost beyond belief
That he gets down at all.

"I saw Banks, the contractor, at church."

"Yes. He heard that the streets of the celestial city were paved with gold and he wanted to bid on the extensions."

One thing we like about French politics is that it gives everybody a chance to get into a Cabinet.

Minard's Liniment for Distemper.

"We Must Never Forget!"

By Lady Haig

As time grows and the war recedes, so memories become dimmer. Things we once thought were unforgettable are now being forgotten by some. Emotions and motives that thrilled seem to have lost their power with others.

Once the whole nation felt and believed as a single unit. Now there are those who want to doubt, discredit or belittle. Already some people are talking and acting as though the celebration of Armistice Day were almost obolescent and something to be ashamed of.

This to me is a sad and terrible thing. It would be a bad thing for England, for peace, for the world if we forget to celebrate Armistice.

To those millions of us who have suffered through the war its significance and achievement have become clearer during these eleven years. We are feeling a deeper sense of understanding of what it meant. We are sensible of a deeper pride in what our British manhood did and endured.

Distance for us does not bring disenchantment but finer gratitude and greater hope for what our race stands for and the sense of honor it possesses.

A Voice to the Living

The million British dead call us to remembrance—and, I believe, to symbolize our remembrance in the ceremony of Armistic Day. Every cross on the battle fields, I think, is a voice in this crying out from the dead to the living.

Had my husband been alive his message to the nation at this time of Armistice would have been, "Forget not your duty of remembrance to the dead and the living. Think of the dead and help those who escaped death. Show their spirit and remember that time cannot wipe out your debt to them. You are their debtors for all time."

As you know, my husband, who took things to heart very deeply, worked hard up to the time of his death to help those who came back as well as to keep alive the spirit of gratitude and remembrance. I feel that I must carry on his work and that my son, who is still a boy of eleven, must do the same. That would be the message my husband would give to me and to my boy at this time.

Just before that terrible crisis of the war on March 21, 1918, when a dark cloud was hovering over us (the great German offensive, my husband came home, for my child was born on March 15. He went back to France to face the great testing time that was due, knowing how grave the position was, but never losing his quiet confidence and cheeriness.

So my boy has grown up with the war and its echoes about him, and as he has got older he has seen the signs of suffering about him—the maimed, crippled and workless.

Mothers, Tell Your Children

I wanted him to understand, as I believe all parents should make their children understand. It is vital that those who are growing up should know and have pride in what their fathers did.

Let fathers answer readily and fully when their children ask them what they did in the war, and let mothers tell their children, too.

In the war the women of Britain realized their duty and did it. They sacrificed themselves to help the men who were making greater sacrifice for them.

But the duty of the women is not yet completely done. Happily their children are growing up without the evidence of war immediately around them—the air-raid bombs, the trainloads of wounded, the necessities of rationing—but it is good for the future of this country and of the world that the new generation should be taught to understand the war.

Men are sometimes shy about telling of their part in the war. Where this is so, the mothers must do it. Let the woman teach the children to revere the war-dead and to see that the celebration of Armistice Day never dies.

The teachers in the schools, also, can play a part in keeping alive the memory of the war's achievements and sacrifices and urging the fulfilment of the duties of peace, for the peace that follows war has its deep obligations as well as the war itself.

My husband used to say that it was not the soldier who made wars but that others made them for him. That is a great truth.

Men who earned medals in the war should wear them on Armistice Day. The medal of those who fell should be worn by those dearest to them. There is no more beautiful sight than that of a mother, wife, sister, daughter, or sweetheart wearing the medals of the dead. These medals are tokens of honor, proof that their men kept the faith.

How can we best show our gratitude to the living? Well, many of them are workless and in want. In my post-bag are constantly letters from ex-Service men. Never has one of them asked me for money. It is always for work that they ask. It is sometimes heart-breaking. Are you doing all that you can?

Western Province Demands Action on Oriental Question

The Asiatic—or Children of the Orient Constitutes a Serious Problem for British Columbia

Vancouver, B.C.—In ten years, the Oriental question in Canada will have become International and an Empire issue.

This is the opinion of members of the White Canada Association, whose members desire to avoid issues that nearly caused conflict between the United States and the Orient when the situation in California was realized.

Representatives of the association have presented to the British Columbia Cabinet facts which the ministers admitted were significant and demanded notice from further than the eastern shores of Canada.

Four out of every ten school children in the municipality of Richmond, near Vancouver, on the Fraser river, are Japanese.

In Maple Ridge municipality the percentage is one white child to four Japanese.

It was pointed out that Japanese have families of fifteen to twenty-two and that the white population now limits productivity to three or four children.

Premier Tolmie, and the Cabinet, promised that the Cabinet would give the problem grave consideration.

The delegates remarked that the same promise was given by his predecessor, the late Premier John Oliver.

And the delegation departed with full realization that the eastern provinces of Canada do not realize the significance of what is happening inside Canada.

Premiers and members of parliament have been told of the menacing increase of Oriental population on Canada's Pacific Coast.

But the answer is that the issue involves an Imperial question.

As one delegate remarked:

"Let the Eastern people know that their children must sit between two Oriental children in a mixed school and let them realize that the Japanese girls in European costumes with western lures are quite attractive and see how long the Canadian parents want their boys to remain in a 'mixed school'."

The delegates were very earnest while interviewing the Cabinet, but they admitted that it is not a provincial question but an Empire issue.

But while Eastern Canada cries out aloud for a Canadian Canada why does not the Government start a Royal Commission? the delegates ask.

The White Canada Association requests that the Orientals in Canada be deported.

The land they can prove they own could be bought by the Dominion at comparatively low cost now, no white people will be aggrieved, and if action is delayed ten years the problem will have multiplied, they assert.

New Machines for Old Acres

London Times (Ind.).Every one who is interested in the fortunes of British farming will join in hoping that the industry may derive some benefit from the tour of the delegation which the Ministry of Agriculture propose to send to Canada and the United States next year. The object of their quest is the discovery of new methods and machinery the use of which can profitably be adopted in this country. In agriculture as in other occupations the man or the country that wishes to succeed must get on or go under. It is not enough for the farmer to live laborious days. He cannot afford to plod on for ever in the same old rut. He must constantly be ready to test and possibly to assimilate the latest ideas and devices designed for the better prosecution of his craft and the lightening of his labors.

A man with no aim in life is just as much handicapped as a dog with no tail to wag.

COURAGE

Why comes temptation but for man to meet
And master, and make crouch beneath his feet,
And so be pedestaled in triumph?
—Browning.

To speak of "propaganda biz"
The critics do not cease,
They say the proper ganger is
The one who leads the geese.

British to Study Possibility of Abolishing Death Penalty. — Headline. All that's needed is to adopt the American jury system.

In the new lexicon of definitions in Wall Street an investment stock might be termed one that does not sag more than 50 points in one day.

Whatever resolutions you make for the New Year, remember that you are a friend of animals.

ISSUE No. 52—'29

NO BETTER MEDICINE FOR LITTLE ONES

Is What Thousands of Mothers Say of Baby's Own Tablets.

A medicine for the baby or growing child—one that the mother can feel assured is absolutely safe as well as efficient—is found in Baby's Own Tablets. The Tablets are praised by thousands of mothers throughout the country. These mothers have found by actual experience that there is no other medicine for little ones to equal them. Once a mother has used them for her children she will use nothing else. Concerning them Mrs. Charles Hutt, Tancock Island, N.S., writes: "I have ten children, the baby being just six months old. I have used Baby's Own Tablets for them for the past 20 years and can truthfully say that I know of no better medicine for little ones. I always keep a box of the Tablets in the house and would advise all other other mothers to do so."

Baby's Own Tablets are sold by all medicine dealers or will be mailed upon receipt of price, 25 cents per box, by The Dr. Williams' Medicine Co., Brockville, Ont.

West to Try Community M.D.s

Believe Salaried Doctor Would Be an Advantage Under Certain Conditions

Winnipeg.—"Municipal Physicians." This is the latest movement towards nationalization of the medical prefession tendency in Manitoba.

Many rural municipalities, burdened with high hospitalization costs for indigent residents, look for relief to the employment of a community doctor who would be on the payroll just like the municipal clerk.

It is further stated that many persons are so poor that doctors cannot collect a living wage, with the result that they move away and the community is without medical protection.

The Manitoba Medical Association takes the stand that a salaried doctor might be to the best advantage of the profession and the community as a whole under certain conditions.

The municipalities claim that they do not wish to prevent private doctors practicing where they can make a living, but they do want to improve the public health and to assure themselves that their people will at all times have the attention they need at moderate and measured cost. This will be watched with interest by outlying Ontario towns.

Minard's Lin ment for Coughs.

MAKE FRIENDS

Be friends with everybody. When you have friends you will know there is somebody who will stand by you. You know the old saying, that if you have a single enemy you will find him everywhere. It doesn't pay to make enemies. Lead the life that will make you kindly and friendly to every one about you, and you will be surprised what a happy life you will live.—Charles M. Schwab.

Another difference between the stock market and poker is that in poker you can see your cards.

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An Alliance Against Labor

London Observer (Ind.): There is a thicker veil across the political future than ever before in our modern history. No man in any party knows what will come out of the present unparalleled situation. While it is certain that party relations cannot go on indefinitely as they are, no one can venture to predict the time, occasion, and method of re-alignment. We remain of the unchanged opinion that nothing but a National Progressive Party, including the chief Liberal leaders, on equal terms of alliance and providing for a much larger Liberal representation in the House of Commons, can furnish a strong and stable alternative to Labor Government. Otherwise, Labor with Libeal adhesions seems likely to remain predominant for many years.

FRIENDSHIP

He that doth a base thing in zeal for his friend, burns the golden thread that ties their hearts together. —Jerome Taylor.

Friendship improves happiness, and abates misery, by the doubling of our joy, and the dividing of our grief.—Cicero.

Friendship is too pure a pleasure for a mind cankered with ambition.—Junius.

True success is always original; be your own self, not someone else's.

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Dr. Guild's GREEN MOUNTAIN ASTHMA COMPOUND

"FEEL WELL AND STRONG"

MRS. J. MALIN
R.R. No. 5, Barton St. East, Hamilton, Ont.
"I have to work in the store and do my own housework too and I got nervous and rundown and was in bed nearly all summer. The least noise would make me nervous. I was told to take Lydia E. Pinkham's Vegetable Compound and I have taken seven bottles. It has made me stronger and put more color into my face. I get along nicely now with my work and with my four children. I would like to answer letters."—Mrs. J. Malin.

MRS. FRANK LUKES
R. No. 1, Box 58, Lankin, N. Dakota
"I had two babies which I lost at seven months. Before my third baby was born my husband advised me to take your medicine and he bought me three bottles of it. When I had taken the first one I began to feel better so I kept on during the whole period. We have a healthy baby boy and we are so proud of him and praise Lydia E. Pinkham's Vegetable Compound for the help it gave me. I feel well and strong."—Mrs. Frank Lukes.

Lydia E. Pinkham's Vegetable Compound
Lydia E. Pinkham Medicine Co., Lynn, Mass. U. S. A. and Cobourg, Ontario, Canada.

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PUBLIC NOTICE

TO EMPLOYERS OF LABOR

Attention having been directed to the scarcity of work in this City at the present time, employers of labor are asked to try and help to relieve the situation by engaging only bona fide residents of Toronto on any available work.

NON-RESIDENTS

Notice is hereby given that no assistance or relief will be given to non-residents of the City on account of their being out of employment.

SAMUEL McBRIDE.
Mayor.

Mayor's Office,
Toronto, December 12th, 1929.