Watch your growing children!

WATCH the health of your growing children! See that they have the health and energy necessary for their school work and play. For growing children—particularly girls—a rich supply of red blood is essential. Languor, nervousness, depression, fickle appetite or pallor indicate anaemia.

Dr. Williams' Pink Pills enrich the blood, prevent anaemia and build healthy bone and tissues. Thousands of mothers have proved this.

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5-21

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

"All Clear!"

Mark Barr in Collier's Weekly Tells How London Saved

"POMEROY'S PITS"

There is a quiet chap smoking his pipe as he putters in his Surrey garden, who smiles as he remembers his great triumph in science. He is still as little known as he was before his incredible experiment—but not so poor, because England was grateful.

You remember the Zeppelin raids on London, of course. Feeling safe in her isolation and in the history of 2000 years free from hostile arms, London, astonished, suddenly found herself in the thick of action. It grew to be a war within a war—the Zeppelins against London, with Herr Mathy against an unknown man who was slow in appearing—a quiet chap, Pomeroy by name.

In 1914, on Christmas Eve, the one day in the year when people can least bear to think of war, the first bomb dropped on England. On Christmas Day another Zeppelin came, but was driven off at the mouth of the Thames. Then a New Year's visit, and this time there was death in England. Mathy was learning the lay of the English countryside. He learned it so well that later, when not a light glimmered in all England at night, he could follow the dull silver ribbon of the Thames, calling off the prominent buildings of Londontown at this and that bend.

This was the manner of enemy we had; and his companion aces, Hirsch and Becker and the others, were almost as clever, certainly as brave. So London set desperately about the work of defense. The means at hand were inadequate: gallant lads spinning into the air in mechanical box-kites, ground gunners hurling one-pounders and five-pounders and shrapnel into the night skies more hopefully than accurately.

All Londoners jumped to the task of home defense. Men and women toiled 20 hours a day to put a ring of searchlights 40 miles in diameter around London. Young Lieutenant Warneford in his airplane managed to bring down a Zeppelin, not by firing uselessly into the bag—2000 bullet holes had failed to bring down an airship, owing to its many inflated compartments—but by zooming in the face of its machine guns and mowing down the officers at their gondola controls. He got the Victoria Cross; but he was killed in the next week. What we needed was a bullet that would ignite the Zeppelin gas.

Bombs began to fall often in London. Many were killed. And Mathy and his crowd went scot free. The results of the bombs varied greatly. The worst effect was that of a 700-pound charge of nitroglycerine which damaged no less than 400 buildings. There was a year of this sort of thing. Casualties and destruction grew worse. Something must be done.

The Inventions Board was organized hastily with strict orders to listen to every idea, suggestion, or plan. Some three hundred scientists were furnished with research facilities without stint, and set to work at the problem. I was one of these scientists. Then suddenly a message came to us—"Cease work." Somebody had perfected a bullet. Who, we wondered?

One day there had come into the harassed Inventions Board a quiet sort of man named Pomeroy.

"I've a scheme for burning the Zeppelins," he said timidly to an aide.

"What is it?" asked the aide, as patiently as is possible for a man who had listened to a thousand fruitless schemes.

"It's quite simple, sir. All you've got to do is put a pinch of dynamite in the nose of a machine-gun bullet and when it hits the Zeppelin—pop she goes!"

"Won't work. Sorry!" said the aide.

"But it has worked. I fired my bullet into a brick wall and it blew the bricks apart."

"There's your answer, Poweroy! Dynamite will explode that way, but not if it strikes the soft silk of a Zeppelin bag. You see, dynamite is nitroglycerine made safe by soaking it up in infusorial earth so that it loses its dangerous habit of going off at a feather's touch."

Pomeroy, keenly disappointed, went back to his little bicycle shop where his only research equipment was an old rifle and a bit of dynamite. But the very next day he was back. He sought out the same aide.

"I tried my bullet on a bit of silk—and it worked!"

The aide probably thought now that he was dealing with a mildly demented man; but Pomeroy persisted, and finally succeeded in getting a member of the Board to come and look at his invention. It must have been a rare scene in the bicycle shop; a man who knew nothing of science arranging a demonstration for a man who knew what dynamite couldn't do!

Pomeroy suspended a handkerchief, stretched it tightly on strings and fired his dynamite-nosed bullet through it; and the handkerchief went to ash.

Presently the scientist was on the tram, going home deep in thought. The tram itself was a perfect illustration of the secret overlooked by science which Pomeroy had quite innocently stumbled on. Here is the illustration: when you are in a tram or a train that is gathering speed, you are pressed back against your seat. In the same manner, the heavy infusorial earth of the dynamite in the bullet nose was set back, thus squeezing out in front a spray of pure nitroglycerine. And this would blow up on touching even a feather. The Admiralty at last had what it needed.

We found ourselves excitedly waiting for the next raid. The night of September 2, 1916, was a perfect night for a raid. Sure enough, after midnight we were awakened by the ground guns. I rushed to a window, thinking of Pomeroy. But soon the action began to die down; the ground fire ceasing and the searchlights fading. This could only mean a false alarm, or hat the Zeppelins had got clean away.

Then suddenly there was a miraculous flare in the sky. All London was lit up by a glaring fireworks-red, as vivid as sunlight; and one great gasp went up from the millions of watchers in the city. The lurid light showed people running from their houses into the streets. Two million cubic feet of hydrogen gas, and the great gasoline tanks made a light that was seen 20 miles away ,and during more than half a minute the flaming airship dropped swiftly to earth.

Leefe Robinson was the pilot who had done it. He had hopped off at the first alarm, but everyone had missed the lone raider. Leefe scoured the clouds all the way to the coast, and was on his way home when he saw a dark shape below him—the Zeppelin LS-11, not Mathy's ship, sailing at 11,500 feet. Instantly he dived and poured his Pomeroys into her. She burst into bames at once.

The enemy did not realize yet that we had a certainty of defense. Kapitan Mathy was still carrying on. But very soon the little Pomeroy bullets brought down the next Zeppelin—at Billericay. And then came the sign that the enemy had doubts. Mathy himself came at a new height—14,000 feet. But the searchlights found him; a drum of Pomeroys snapped aloft, and once again the night sky was scarlet—Mathy was dead.

That was the end. The Pomeroy bullets had saved London—had made England invulnerable from airship attack.

His Hearing Restored

The invisible ear drum invented by A. O. Leonard, which resembles a miniature megaphone fitting inside the ear, entirely out of sight, is helping the hearing of a great many people. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. A request for information to A. O. Leonard, 70 Fifth Avenue Suite 437, New York City, will be given a prompt reply.—Advt.

GUARD THE CHILDREN FROM AUTUMN COLDS

The Fall is the most severe season of the year for colds — one day is warm, the next cold and wet, and unless the mother is on her guard, the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mothers' best friend in preventing or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose of the Tablets will prevent colds, or if it does come on suddenly their prompt use will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Settlers Who Settle

Saint John Telegraph-Journal (Ind.)—Three families out of one hundred settled in New Brunswick during 1928 have failed to stay put. Probably there may be more some other year. Possibly some others of the 1928 arrivals will, in the course of a year or so, drift away. But even so, even if no more than nine families out of ten fit permanently into a niche, it is a pretty good showing and argues generally careful selection of the settlers and farms.

All-expense Tours

"A desire on the part of travelers to go in special parties under expert tour management prompted our company to experiment with the all-expense, personally-escorted plan the past two winters," Passenger Traffic Manager W. J. Black, of the Santa Fe Railway, announced the other day. They were so popular we will repeat this winter. All necessary expenses are defrayed. The passenger pays a lump sum. The railroad takes care of all details from start to finish."

Five of these tours will be run by the Santa Fe in connection with the Burlington System, Chiago to California and back—a journey of about 6000 miles by rail, several hundred miles by motor, and requiring three weeks on the way. One will leave in January, two in February and two in March, 1930.

The itinerary includes the Indian-detour region around historic old Santa Fe, also Taos, where Kit Carson once lived. Grand Canyon National Park next will be visited, likewise Tijuana and Agua Caliente in Old Mexico. After viewing all principal points of interest in California—including Hollywood, Yosemite and Catalina—the return to Chicago will be by way of Feather River Canyon, Salt Lake City, the scenic Rockies of Colorado and Denver.

Britain's Milk Problem

G. T. Garratt in the Nation and Athenaeum (London): A special license should be required from all producers of liquid milk. All other milk should be labelled "commercial," and used exclusively for manufacturing into milk products. The license should only be granted to herds of more than a certain number of cows in milk—de minimis no curat lex. It should insist upon a proper water supply and cooling apparatus, a sterilizing plant, and a maximum bacteriological count.

SENTIMENT

Who can explain the operation of that sentiment which strips the object of our late passion of all its adventitious charms ,and reduces it to ordinary level?—G. P. Morris.

Minard's Liniment for Warts.

Empire "Crusade" Makes Progress

Notables Enlisting For Latest Effort Fathered in London

London. — The Empire crusade reached another stage when many notables met at dinner under the chairmanship of Sir Ave Bailey and heard Lord Melchett outline plans for the formation of an "Empire Crusaders'" organization with the object of the promotion of Empire trade by any means that an evamination of the problem suggest. Other speakers were Col. L. C. M. S. Amery, Lord Lloyd, Herbert Wiliams, and Sir Henry Croft. Those present included Sir Frederick Lewis, Lord Waring, V. A. Malcolmson, E. R. Peacock, Sir Henry Brittain, Henry Mond, Sir Edmund Vestey, Sir Harry McGowan, Sir Hugo Cunliffe-Owen, Lord Illingworth, F. C. Goodenough, Sir Herbert Austin, Sir William Lacks, Colonel R. W. Fennell, Sir Benjamin Morgan, Sir Robert Hadfield, John Bailey, and R. D. Blumenfeld. The standing of these people warrants the assumption that the Empire Trade crusade may become a far-reaching policy, removed to some extent from politics and possibly relieved of embarrassing free trade implications which would inevitably retard its progress here and overseas. Nevertheless, Lord Beaverbrook maintains a vigorous Empire free trade propaganda and has issued his manifesto in the Times, Morning Post, Daily News, and Daily Herald, calling attention to and explaining his campaign. There are numerous letters in the press demanding that Conservatism take a stronger line on the subject.

The Hampstead Parliament, a noted debating society, held a discussion on the Empire Free Trade problem and voted against the idea.

Lord Beaverbrook's activity is illustrated by the announcement just made of a "talkie" for Empire distribution, wherein he is shown and heard arguing the case. He is succeeding in forcing the Opposition press to deal editorially with his project.

SUMMER RESORTS IN NATIONAL FORESTS

A number of localities in the national forests in the provinces of Manitoba Saskatchewan, Alberta, and British Columbia have been found suitable for the establishment of summer resorts, and, in accordance with the policy of the Forest Service of the Department of the Interior, which administers the national forests, these resorts are being fitted with conveniences for summer residents and campers.

LOST POUNDS OF FAT —in 2 short weeks

Kruschen Salts will give many a fat person a joyous surprise. You can knock pounds off your weight and years off your age this safe and easy way. Every morning take "the little daily dose" of Kruschen in a glass of hot water before breakfast. This will mean that every particle of poisonous waste matter and harmful acids and gases is being expelled from the system. They are the cause of all the trouble because they remain in the system and accumulate in the form of excess, unhealthy fat. "I have lost several pounds in less than 2 weeks. It is so safe and easy. No dieting, no drugs. I have tried several other ways, but with no good results. Kruschen is all you claim it to be." Mrs. E. H.

After three or four weeks of the little daily dose, get on to the scales and see how many pounds of fat you have lost. Your mirror also will tell you what you have gained in health and vigour. Your eyes will sparkle, your skin will be clearer, you will feel unbelievably youthful and energetic—you will feel many pounds lighter and many years younger."

Red Rose Tea comes direct to us from the finest tea gardens, then straight to your grocer—brimful of flavor and freshness. Every package guaranteed. 70

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

INDUSTRIAL PSYCHOLOGY

What we have to avoid is not work; we have to avoid that which makes work a burden, sometimes an intolerable burden, sometimes an injury to life and health. What we have got to do is to see that exhausting labor is avoided, fitting the square pegs to the square holes, and the round pegs to the round holes, and at the same time to see that neither the square nor the round pegs are too large for the holes they are destined to fill.—The Earl of Balfour, K.G.

A TEACHER

Let the soldier be abroad if he will he can do nothing in this age. There is another personage, a personage less imposing in the eyes of some, perhaps insignificant. The schoolmaster is abroad, and I trust to him, armed with his primer, against the soldier in full military array.—Lord Brougham.

Stop Colds with Minard's Liniment.

TWO CLASSES

The human race is divided into two classes—those who go ahead and do something and those who sit still and inquire: "Why wasn't it done the other way?"—Oliver Wendell Holmes.

OCCUPATION

People who are occupied are never dull, are never melancholy, and never gt into mischief.

LUXO FOR THE HAIR

Ask Your Barber—He Knows

One of These

VALUABLE PREMIUMS given free for selling 17 packages of our Christmas and New Year Cards and Folders at 10c. or 12 bottles of Excelsior Liquid Perfume at 15c. Write today. Send no money. Best Premium Co., Toronto.

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JERSEY CLOTH SUPPLIED DIRECT from manufacturer. Wool and silk and wool. Write for samples and prices. Novo Knit Co., St. Catharines, Ont.

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From Mother of Six

"I think Lydia E. Pinkham's Vegetable Compound is wonderful! I have had six children of which four are living and my youngest is a bonnie baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did." —Mrs. Milton McMullen, Vanessa, Ontario.

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham Med. Co., Lynn, Mass., U.S.A. and Cobourg, Ontario, Canada

When Pain Comes

What many people call indigestion very often means excess acid in the stomach. The stomach nerves have been over-stimulated, and food sours. The corrective is an alkali, which neutralizes acids instantly. And the best alkali known to medical science is Phillips' Milk of Magnesia. It has remained the standard with physicians in the 50 years since its invention.

One spoonful of this harmless, tasteless alkali in water will neutralize instantly many times as much acid, and the symptoms disappear at once. You will never use crude methods when once you learn the efficiency of this. Go get a small bottle to try.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

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... says TORONTO mother!

"NANCY is absolutely the picture of health again," says Mrs. D. Fraser, 6 Currie Ave., Toronto, Ontario. "A few weeks ago we had to force her to eat; now she's always hungry.

"I knew what to do when she became bilious, half-sick and listless, because we've always known about California Fig Syrup. Nancy's coated tongue and bad breath cleared up with the first few spoonfuls; and in just a few days her stomach and bowels were acting perfectly. She's gaining right along now."

California Fig Syrup has the full endorsement of the medical world. A pure vegetable product, loved by children. A gentle, but thorough cleanser of a youngster's system and a gentle energizer for sluggish bowels. A stimulator for lagging appetites and digestions; a help in building sturdy limbs and robust bodies.

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