Dreaded anaemia can be banished!

IN middle life, when vitality is not as great as it once was, and the blood stream is naturally thinned and devitalized, anaemia easily lays hold on the system. At first, just a tired feeling, it quickly results in bodily weakness that ordinary tonics cannot avail.

Dr. Williams' Pink Pills then become a wonderful aid. They supply the necessary oxygen to the blood, increase the blood count and renew waning vigor.

"I was seized with anaemia," writes Mrs. Charles Lambert of Port Hope, Ont., "and was in a very bad state. As a girl I had taken Dr. Williams' Pink Pills for a run-down condition and decided to take them once more... Again the result was marvellous. In a little while I was fully well again."

You cannot begin too early to check anaemia. Dr. Williams' Pink Pills are sold at your druggist's or by mail, postpaid, 50 cents, from The Dr. Williams Medicine Co., Brockville, Ont.

S45

50¢ PER BOX

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

Aviation at Exhibition

Another giant stride has been taken in the Canadian National Exhibition's program for Aviation Transportation and Commercial Travellers' Day, Thursday, September 5th. The distant drone, diving roar and intricate evolutions of fleets ot planes will make a spectacle of the sky above Exhibition Park on that occasion. Deputy Minister G. J. Desbarats of the Department of National Defense has notified the Canadian National Exhibition that permission has been granted for the Canadian Air Force to operate over the park with a fleet of Avion, Avro, Courier, Fairchild, Atlas, Siskin and Moth planes.

Major Wilson, Controller of Civic Aviation, will send an inspector from his department to be attached to the Canadian National Exhibition for the two weeks period of operation from August 23rd to September 7th.

Rapid progress is being made in the negotiations for an airplane Derby from Cleveland to Toronto, sponsored jointly by the Canadian National Exhibtion and other local organizations and the United States national air race committee. Cleveland will be the rendervous for hundreds of planes during the Exhibition. If present negotiations are brought to a successful issue the greatest international congress of the air ever seen in America will be one of the attractions at the Exhibition.

Truth

For my own part, I am fully persuaded that the most powerful goddess, and one that rules mankind with the most authoritative sway, is Truth. For though she is resisted by all, and oftentimes has drawn up against her the plausibilities of falsehool in the subtlest forms, are triumphs over all opposition.—Polybius.

"Greenwich time", famed throughout the world, is determined by the movement of a certain star which arrives due south once every twenty-four hours.

Owl-Laffs

The golfing novice, after disturbing much turf, turned for reassurance to his caddy and said: "I have a brother in Australia who plays this game awfully well."

"Well, carry on, sir," was the dry reply. "You'll soon dig him up."

A man who boasted that he was the captain of his soul is married now and has been reduced to the ranks.

THE ONLY GIRL

First she's on your thoughts a lot,
She has many charms;
Soon she's in your motor car;
Then she's in your arms.

Then she's in your family;
Oh, a lackaday!
Then, of course, for evermore
She is in your way.

No country can keep out undesirables without the hearty co-operation of the stork.

Bertie—"What's the bell around the cow's neck for?"

Charley—"Oh, that's what she rings when she wants to tell the calf that dinner's ready."

Some dresses aren't so bad for the shape they are on.

Joe: "I've got an invention that will make me millions!"

Boe: "What is it?"

Joe: "A liquid which, when applied to a girl's lips makes her kisses taste like oranges."

Boe: "That's not so good; why not a liquid that'll make an orange taste like a woman's kiss?"

A good credit can't stand much abuse.

OUR FRUITFUL LANGUAGE

A girl shows her raisins when she makes a date with a prune for whom she doesn't care a fig. She may be a peach, but they make a funny pear. She may be the apple of his eye, but she hands him a lemon, although she may have a cherry disposition. It is plum wrong, and if her name is Anna he ought to ban Anna. By this time he would realize that his efforts had been fruitless.

Hush money probably talks loudest.

Some people try to learn so much by watching the mistakes of others that they never see their own.

The station-master rushed out of his room after hearing a crash on the platform. He discerned a disheveled young man sprawled out perfectly flat among a confusion of overturned milk cans and the scattered contents of his travelling bag.

"Was he trying to catch the train?" the station-master asked a small boy who stood by admiring the scene.

"He did catch it," said the boy, "but it go away again."

What part of speech is a kiss? Well, it is a pronoun provided "she" stands for it.

Sunday School Teacher: "And why did Noah take two of each kind of animals into the ark?"

Bright Child: "Because he didn't believe the story about the stork."

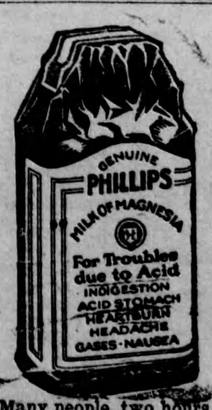
Nature fishes too, with a bait called love on a hook called matrimony, and what a string of suckers she does catch.

All men are born equal. It is their own fault if they do not die that way.

The thing that interferes with a woman's career most is either having a husband or wishing she had.

Men worry a lot about their hair—when it's half gone.

Angus MacArdie could not be persuaded to attend the village kirk on any pretext whatever. "How is it, Angus?" asked the minister one day. "How is it ye won't come tae church?" Angus made answer that the sermons were far too long to please him. "Och," retorted the minister wrathfully. "You'll probably end up in a place whaur ye'll hear no sermons either long or short." "Ah, weel, maybe you're richt," agreed Angus placidly. "But it'll no be for want of meenisters, ye ken!"



Too Much ACID

Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms disappear in five minutes.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

New Wrigley Trophy

Presented by the Canadian Wm. Wrigley Company to the Monarch Athletic Club of Toronto, sponsors of the first national marathon running championship was won by Fred Dard of the Milrose A.A., New York City (left). Centre, is the trophy which stands nearly four feet in height and, right Elwood A. Hughes, Secretary of the Canadian Wrigley Company and Director of Wrigley Marathons.

IS THERE A BABY IN YOUR HOME?

Is there a baby or young children in your home? If there is you should not be without a box of Baby's Own Tablets. Children ailments come quickly and means should always be at hand to promptly fight them. Baby's Own Tabets are the ideal home remedy. They regulate the bowels; sweeten the stomach; banish constipation and indigestion; break up colds and simple fevers—in fact they relieve all the minor ills of little ones. Concerning them Mrs. Moise Cabotte, Makamik, Que., writes: "Baby's Own Tablets are the best remedy in the world for little ones. My baby suffered terribly from indigestion and vomiting, but the Tablets soon set her right and now she is in perfect health." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Going Home

Going home? Then you will see again
The wonder blue of woods in early May;
Watch April blow with beauty in the lane,
Breathe the shy scent of willow palms asway.

The soft enchantment of the cuckoo's note
Will break the quiet of the dawn-lit copse;
June fields, with saffron buttercups afloat,
Will shake from glistening blades the rainbow drops.

Lime flowers, mist mornings in September,
Beech trees and oaks burnt copper, scarlet chrome—
And frosted nights—all these things I remember
Because you say to me, "I'm going home."

—P. M. Halling in The Australasian.

The Colonial Empire

London Spectator: We are only at the beginning of developing our vast Colonial Empire. It will give us the opportunity to write a fresh chapter of Imperialism, and to write it very differently from the old chapters. The vision is of white men and men of other colours co-operating in mutual respect for the wealth and health of mankind. The wealth of the tropics cannot be withheld, for it belongs to humanity; but when the well-being of the native has been secured as the first charge on and the first duty of the developers, there will be an ample share for those, including men now unemployed, who will help to build and to provide the equipment for these great new countries.

Canada's Far North

Vancouver Province (Ind. Cons.): As for the Arctic's resources, they are scarcely appreciated as yet. But the great pre-Cambrian shield is there, and that has become known as a treasure house. There is copper on the Coppermine River, and copper is becoming scarce in the world, while the demand for it promises to increase. There is zinc on Great Slave Lake. There is oil on the lower Mackenzie, an dpossibly further up. There are fish in the Arctic lakes. There are reindeer pastures that have not yet been exploited. There are furs, of course, and possibly other resources as wel. The Arctic slope is sure to come into its own sooner or later, and its development will give Canada a breadth she has lacked from the beginning.

Mistakes

I don't care to hear about my mistakes of yesterday, but if you have any inside information on any I might make to-morrow—pass it along.

Members of the Confucian Society in China do not believe in divorce; the wife is subject to her husband's authority throughout her life.

Use Minard's for the rub down.

Moscow Cancels Chinese Immunity

Soviets Take Action Following Raids on Harbin Consulate

Moscow.—The Moscow Embassy of the Chinese Nationalist Government and Nationalist Consulates throughout the Soviet Union were deprived of normal extra-territorial immunities by the Soviet Government.

The action was the result of a series of alleged provocations which were climaxed by the raid of the Soviet Consulate at Harbin this week and the arrest of more than forty persons, including two Soviet consuls-general.

At the same time, the Soviet Government warned Nanking to avoid "further tests of the Soviet Governments' patience by provocative acts and violations of agreements.'

A note couched in indignant terms was handed the Chinese Charge d'Affaires here last night by L. M. Karakhan, assistant foreign commissar.

The Way It Works

Detroit Free Press: Thugs who entered a drinking place in Hamtramck recently commenced their operations by shooting the proprietor without warning. From their callous standpoint there was no reason why they should not do that. They place no value on lives except their own lives, and the law in this State is no more severe on robbers who kill than it is on robbers who abstain from killing. The Legislature did its best, but the open season for murder continues.

After eleven years' work, during which awards totalling nearly £9,000,000 were made, the British War Compensation Court has just made its final report.

Are You Ready

When your Children Cry for It

Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot pat away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. *Twenty-five million bottles were bought last year.*

Fletcher's CASTORIA

More cups to the pound, more flavor in the cup, more tang to the taste. That's what makes Red Rose Tea so popular. Every package guaranteed. 62

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

Riddles Old and New

What is the difference between Noah's Ark and Joan of Ark? One is made of wood and the other is Maid of Orleans.

When is a sheep like ink? When it is put into a pen.

What tree is the most important in history? The date tree.

When does a caterpillar improve its ways? When it turns over a new leaf.

On what two occasions is the fire angry? When it flares up and when it is put out.

Why would a woman lose her religion if she changed her sex? Because she would be a he-then.

Why is a watch like a river?—Because it never runs long without winding.

When is a pudding like a famous school?—When it is Eton.

Why is a raven like a writing desk? Because there is a B in both.

What table do we all have to sit down to at school? The multiplication table.

When has a man four hands? When he doubles his fists.

What islands prduce the best singers? The canaries.

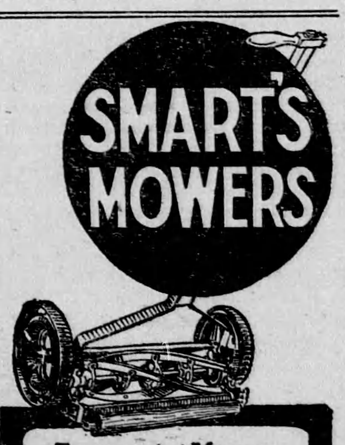
If a forest were burnt down what tree would be left? The ash.

Victims of the Market

New York World: It is the small and inexperienced traders who are the last to go in and the first to get hurt, and who usually get hurt the hardest. They are victims of what is sometimes called the "psychological lag." Their bullish enthusiasm comes too late and is poorly directed. Instead of cautiously investing they are prone to buy volatile stock on margin and thus play into the hands of those who know the market better and who can afford to indulge the luxury of a chance. The experience may be worth something to them, but it comes too high.

Keep Minard's in the Medicine chest.

The local train was slow and dreary, and the traveller was impatient of the many stops. Finally he stopped the conductor in the aisle and said: "Good heavens! Can't you go faster than this?" "Och, yes sirr. But ay must stay with the train, sirrr."



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A Smart's Mower will keep your lawn trim and neat
Thoroughly reliable, absolutely guaranteed. At your hardware dealers.
JAMES SMART PLANT
BROCKVILLE ONT.

AEROXON With The Pin

The Honey Fly Catcher

You Must Do Your Bit in the war against the fly, carrier of germs and breeder of disease.

It is proven that AEROXON is one of the most convenient and most efficient means of combating this fly evil. It is convenient, because of the push-pin. It is hygienic: flies never get away when once caught. Each spiral gives three weeks' perfect service.

BEWARE OF IMITATIONS

Sold at drug, grocery and hardware stores.

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A-1 BABY CHICKS. WE HATCH four varieties, price 9c up. Write for free catalogue. A. H. Switzer, Granton, Ontario.

CANADIAN MAGAZINE REQUIRES local agents who are ambitious. Generous commission. Lists supplied. 347 Adelaide St. West, Toronto.

According to a wall tablet in Florence, Italy, spectacles were invented in the thirteenth century by an inhabitant of this city.

"I'm afraid your wife is going to have pneumonia!" "Afraid? Aren't you sure, doctor?"—Judge.

The cleansing, healing service of a soap that's meant for you

Cuticura Soap

with a heritage of 50 years of highest commendation

Sold Everywhere. Soap 25c. Ointment 25c. 50c.

On Your Holidays

Be sure to take Minard's along. It will come in useful for any of dozens of emergencies.

MINARD'S "KING OF PAIN" LINIMENT

Flashing Eyes
Laughing Eyes
Downcast Eyes

Eyes tell Your Character

Brown eyes for strength—Blue for generosity—Gray eyes for jealousy—Sparkling eyes indicate beauty, yes, and good health, too! Do your eyes sparkle? Are the whites clear or are they tinged with yellow—indicating an out-of-sorts condition — due to constipation? If so, you need

Beecham's Pills

Try a regular daily course for a short period. Your eyes will tell the story.

A Vegetable Product

Read about Character from the Eyes in future Beecham Advertisements.

Sales Agents: Harold F. Ritchie & Co., Limited, Toronto

From Mother of Six

"I think Lydia E. Pinkham's Vegetable Compound is wonderfull I have had six children of which four are living and my youngest is a bonnie baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did."—Mrs. Milton McMullen, Vanessa, Ontario.

Lydia E. Pinkham's Vegetable Compound

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