# Are you miserable and run-down?

WOMEN of all ages, all over the world, are finding new health in Dr. Williams' Pink Pills.

Actual microscopic tests have shown that the medicinal elements contained in them *increase the blood count* and build up and revitalize the entire system. Miss Juliette Seguin, of Dalkeith, Ont., testifies as follows :—

"Two years ago I became weak, nervous and run-down. Various prescribed treatments did not help me. I began taking Dr. Williams' Pink Pills and it was not long before I noticed a big improvement; and soon I was in the best of health. A year ago also my mother was badly run-down; her nerves were shattered and life became a burden. She began taking the pills and as a result she is in perfect health."

Buy Dr. Williams' Pink Pills now at your druggist's or any dealer in medicine or by mail, 50 cents, postpaid, from The Dr. Williams Medicine Co., Brockville, Ont.

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**Dr. Williams' PINK PILLS**

"A HOUSEHOLD NAME IN 54 COUNTRIES"


## Pageant Up North

Trunks of white birch gleam beside the river,
The willow-cats are powdery and yellow,
Last year's yarrow waves beyond the wind-row;
Spring has set her stamp upon the land.
A tinge of green is spreading up the valley—
Snow-on-the-mountain edges the rock garden,
Burning white against the warm green.
A bluebird flashes, and a lark is singing—
Trilling of more beauty that is coming,
Like pear trees wearing pompoms for the sun.

—Helen Maring.

The man who is all "I's" expects every one else to be all ears.

## Erosion Menace At Pelee Island

### Population Ask Federal Aid to Save Land From Immersion

Windsor.—Residents of Pelee Island, Canada's most southerly possession, are experiencing much anxiety because of the steady erosion of the west side of the island where the waves have the greatest sweep, and fear is expressed that unless the government acts promptly much valuable farm land will be washed into Lake Erie.

The damage no the west side of the little island is described by older inhabitants as "disheartening." The waves have eaten into the shore line from the dock southward to such an extent that the whole roadway is threatened. Some cribbing has been done and this may stop further damage temporarily, but the shore that has already been torn away cannot be replaced.

Further north, where the roadway runs along the lake, giant waves have washed over the road for a mile, throwing sand and gravel from six to eight inches deep. On the east side 13 feet of the sand bank has been eaten out by the water.

Official action to save the entire island from immersion is being asked of Ottawa. An appropriation sufficiently large to permit the building of a retaining dyke on both the east and west sides of the island is necessary, it is pointed out, if the land is to be saved. Islanders themselves already are heavily taxed for drainage work, most of which they have paid for themselves.

### The English-speaking Peace

**London Observer (Ind.):** There is no timorousness nor ambiguity on the one question precedent to the assured peace of the world, the impregnable peace of the English speakers from Kent to California; from Demarcation Point on the Arctic shores of Alaska-Yukon to the southernmost cape of New Zealand. Round the world and down the world, through free communities in four continents, the mother tongue is spread, and with it the heritage of literature, the same temper of law, the same general ideas of right and wrong.


## WHAT TO DO FOR YOUR BABY'S COLD

When the cold is in Baby's head, you can make his breathing easier by putting a few drops of liquid albolene in his nostrils several times daily. But to throw off the cold completely, keep him warm, and make his bowels move freely. For this purpose, doctors advise Fletcher's Castoria, because it's purely vegetable and harmless. It acts as quickly as castor oil and doesn't gripe or sicken. Millions of mothers know how easily Castoria soothes crying, fretful babies and children to sleep; how quickly it relieves those common ailments, such as colic, gas, constipation, diarrhea, etc. To protect you from imitations, the Fletcher signature is on every bottle of genuine Castoria.



# MADE HER BABY PLUMP AND WELL

Nothing makes a mother more grateful than a benefit conferred upon her child. Mothers everywhere who have used Baby's Own Tablets for their children speak in enthusiastic terms of them. For instance, Mrs. Zepherin Lavoie, Three Rivers, Que., writes:—"Baby's Own Tablets are a wonderful medicine for little ones. They never fail to regulate the baby's stomach and bowels and make him plump and well. I always keep a box of the Tablets in the house and would advise all mothers to do likewise." Most of the ordinary ailments of childhood arise in the stomach and bowels, and can be quickly banished by Baby's Own Tablets. These Tablets relieve constipation and indigestion, break up colds and simple fevers, expel worms, allay teething pains and promote healthful sleep. They are guaranteed to be free from injurious drugs and are safe even for the youngest and most delicate child. The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. William's Medicine Co., Brockville, Ont.


## Sick Men Like Sick Monkeys

Our simian cousins resemble us even in the diseases that afflict us both, although in ome cases these ree not precisely the same, but similar. A writer in The British Medical Journal (London) reminds us that the monkey's near relationship to man is now generally admitted; how near is that relationship was disclosed recently at the Royal Society of Medicine, when "Monkeys and Human Disease" formed the topic for discussion. We read:

"Mr. Lovell showed that many of the intestinal conditions of monkeys in captivity are caused by organisms found also in man. As in man, tuberculosis is a very common condition; however, there is a slight difference, in that monkeys are almost equally susceptible to both strains of mammalian bacillus, though deaths from tuberculosis are mainly due to the human variety. Little is known about the virus diseases of monkeys, but only in primates is it possible experimentally to develop yellow fever, poliomyelitis, and perhaps measles. Other human virus infectio s can, of course, be transmitted to them, but in these three diseases the monkey appears to be the only alternative host to man. Among the internal parasites virtually all the protozoa of man are found in apes or monkeys, but it appears to be possible that the malarias of man are distinct from those of apes.

"Dr. Andrew Balfour drew attention to the fact that in South America epidemics in monkeys of what might have been yellow fever often preceded epidemics in man of what certainly was yellow fever. The evidence, however, is still inconclusive. Certainly here, and in some other conditions, the monkey has been an essential laboratory aid, but to the hygienist his significance is relatively *slight*. In fact, as Professor Leiper pointed out, such of man's diseases as are common to him and the lower animals result from food habits and contact; and domestication is a much more important factor than blood relationship."

That apes are not the only animals subject to human or near-human diseases, appears from the following dispatch from Philadelphia, printed in the New York Times:

"How lions and many other animals are subjected to the death-dealing ills of man was described tonight to the American Philosophical Society by Dr. Herbert Fox, professor of camparative pathology of the University of Pennsylvania.

"Dogs, bears, raccoons, and hyenas along with the lion are specially subject to intestinal diseases. Bright's disease is a weakness of squirrels, rats, beavers and porcupines. Hoofed and horned animals as a class show vulnerability of the heart.

"The apes and monkeys suffer much from tuberculosis and intestinal disorders. On the whole, said Dr. Fox, the animals do not live out their allotted life span any more than do humans. His studies were based on 2,571 animals, covering twenty-five years' research at the Philadelphia Zoological Garden."

### The Boomerang

Manchester Daily Dispatch: (The Australian Tariff Board recently worned the Commonwealth that tariffs were being raised to such a height that costs would inevitably go up and make selling difficult.) The War Office has given an order for a million tins of "bully beef" to South America. The desire of the authorities has always been, an rightly so, to place such orders within the Empire. But Australian prices have militated this time against such a course. The British taxpayers cannot be mulcted in order to bolster up the internal policies of the Commonwealth, some of which hit the working classes of this country .

### Envy

It is a common fancy to envy others, and think we would be better for some change.

Dora. "What do you mean by being engaged to so many boys at the same time?" Dora: "Nothing."

Use Minard's for the rub down.

### Just As Well

I always meant, when city life
Had lost its zest and charm,
To take my children and my wife
And live upon a farm,
To breathe the bracing country air,
To till the scented soil,
And do my hard laborious share
Oh honest, healthful toil.

I thought how pleasant it would be
Beneath the elms to drowse,
While from the distance came to me
The lowing of the cows,
To hear the cackle of the hens
That wandered far and wide,
That while the porkers in their pens
In calm contentment sighed.

But I must lay aside this plan
For rest and rural charm,
For after forty-five no man
Can learn to run a farm.
Too prone to nature's flinty heart
Its secrets to discern—
I'm told by farmers—is an art
Which youth alone can learn.

### The Colonial Empire

**Glasgow Herald (Sons.):** The Colonial Office has to deal with some 36 different Governments, each self-contained in matters of legislation, finance and administration. Trade alone, pursued with energy and imagination, can knit this loose and straggling organism together. The flag is a call to the trader everywhere it flies. Trade followed it in the first place, but it has not yet begun to approach the fringe of the rich field that awaits it. A great deal has been and may yet to be done from Whitehall, but the rough work of the modern Empire must be done by pioneering industry. There is room for an industrial Rhodes and the advertising activities of a commercial Kipling.

Mary: "Teacher, can you be punished for something you haven't done?" Teacher: "Of course not, my dear." Mary: "That's all right, then, because I haven't done my homework."

"The snake to which I refer," said the school teacher, "is said to strike with mathematical precision." "Do you mean an adder, sir?" suggested a bright pupil.

# Slick!

No wonder Smart's Mowers are so popular! They cut so easily and with such little "push".

*Material and Workmanship Guaranteed*

AT EVERY HARDWARE STORE

**SMART'S MOWERS**

JAMES SMART PLANT. BROCKVILLE ONT.



# Gevaert

(Call it Gay-vert)

*Films*

"GET"

More Detail

Rain or Shine

Produces Clear Sparkling Negatives
Any Hour
Any Day
Any Season
Still or swift-moving objects.

Insist on Gevaert—the faster, better film. You'll have fewer failures and enjoy the thrill of better snaps.

*Ask your Dealer.*

— The — GEVAERT COMPANY OF AMERICA Toronto

2W



Blending Red Rose Tea is an art. To obtain the fine flavor and full-bodied richness required years of experience. Every package guaranteed. 61

# RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good


"When does the wedding take place?" inquired the old stationer, jestingly. "Why, you don't think that. . . .?" She blushed and hesitated. "Ah, miss, when young ladies buy a hundred sheets of paper and only twenty-five envelopes, I know there is something behind it."

Keep Minard's in the Medicine chest.

A woman went into a chemist's shop and said: "Have you any Life Buoy?" The assistant replied: "Set the pace, lady."

GUM-DIPPING which saturates every fibre and every strand of every cord with pure rubber, serves the same purpose as that of a cobbler waxing his thread . . . . prevents friction and multiplies strength.

This extra strength multiplies mileage, and increased mileage with no increase in price means lower cost per mile. That's why Firestone Tires give

MOST MILES PER DOLLAR

Made in Hamilton, Canada by Firestone Tire & Rubber Co. of Canada, Limited

**Firestone** GUM-DIPPED **TIRES**

*Keep it this way*

Just place a glass or cup over the opened tin and the contents will keep perfectly. Eagle Brand has been the leading baby food since 1857.

FREE BABY BOOKS

Write The Borden Co., Limited, Montreal, Dept. B 46, for Baby Welfare Books.

**EAGLE BRAND CONDENSED MILK**


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BUSINESSES AND PROPERTIES WANTED.

ALL KINDS BUSINESSES AND properties wanted. We can sell your business or property; send description and price, and we will submit plan for converting it into cash. Caplin & Stoddart (established thirty years), 43 Toronto Arcade, Toronto, Ont.

BABY CHICKS

A-1 BABY CHICKS. WE HATCH four varieties, price 9c up. Write for free catalogue. A. H. Switzer, Granton, Ontario.

CANADIAN MAGAZINE REQUIRES local agents who are ambitious. Generous commission. Lists supplied. 347 Adelaide St. West, Toronto.

A refrigerator with a storing capacity for fifty million eggs is being erected in Berlin.

Sportsmanship is more important here than the strict letter of a rule. —Commander Byrd.


Edge-Holding Saws
Fast Easy-Cutting
**SIMONDS SAWS**
Guaranteed because made from our own steel
SIMONDS CANADA SAW CO. LTD.
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**MAKE MONEY AT HOME**

Earn upwards of $25 weekly growing Mushrooms for us in cellar or other waste space. Deliver to our nearest branch. Light pleasant work for either sex. Illustrated booklet sent anywhere, for stamp.

DOMINION MUSHROOM CO. TORONTO



## Tennis and Golf

Players everywhere use Minard's to ease sore and tired feet.

**MINARD'S "KING OF PAIN" LINIMENT**



# "HELPED ME WONDERFULLY"

### Woman Strengthened by Taking Lydia E. Pinkham's Vegetable Compound

Port Colborne, Ont.—"After having an operation, I was very miserable, weak, nervous and very near unfit to work. I saw Lydia E. Pinkham's Vegetable Compound advertised and tried it and believe it helped me wonderfully. I have no weak spells any more, the pains have left me and my nerves are much better. I feel safe in saying Lydia E. Pinkham's medicines have helped me wonderfully."—MRS. WM. H. BEECHTELLER, Box 143, Port Colborne, Ont.



# AEROXON

## *With The Pin The Honey Fly Catcher*

### You Must Enlist in the War Against Flies

If flies were only a nuisance, we would'nt ask you so urgently to join in the fight against them.

But flies are disease carriers. They carry germs of typhoid, cholera, etc., into your food.

This is a danger not only for you but for the whole community.

You must act or be branded as a slacker.

Now, it is proven that one of the most efficient and convenient means of exterminating the fly evil is the AEROXON HONEY FLY CATCHER.

*IT HAS ALL THE ADVANTAGES:*

*Convenient:* -because of the push-pin.
*Hygienic:* once caught, the flies never get away to die elsewhere.
*Lasting:* Each spiral give three weeks' perfect service.

BEWARE OF IMITATIONS

*Sold at drug, grocery and hardware stores.*

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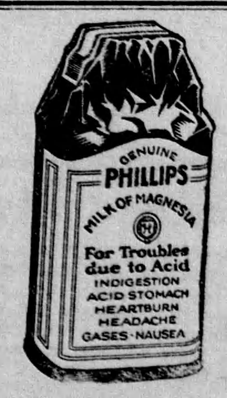


# *When Pain Comes*

What many people call indigestion very often means excess acid in the stomach. The stomach nerves have been over-stimulated, and food sours. The corrective is an alkali which neutralizes acids instantly. And the best alkali known to medical science is Phillips' Milk of Magnesia. It has remained the standard with physicians in the 50 years since its invention.

One spoonful of this harmless, tasteless alkali in water will neutralize instantly many times as much acid, and the symptoms disappear at once. You will never use crude methods when once you learn the efficiency of this. Go get a small bottle to try.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.


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