Watch your growing children !

WATCH the health of your growing children! See that they have the health and energy necessary for their school work and play. For growing children—particularly girls—a rich supply of red blood is essential. Languor, nervousness, depression, fickle appetite or pallor indicate anaemia.

Dr. Williams' Pink Pills enrich the blood, prevent anaemia and build healthy bone and tissues. Thousands of mothers have proved this.

"My twelve-year-old girl," writes Mrs. Robert Devitt of Brougham, Ontario, "became so pale, so ill and nervous that we had to take her out of school. I tried Dr. Williams' Pink Pills for her and she gained in weight and strength. She is now the picture of health."

Buy a box of Dr. Williams' Pink Pills at all druggists and dealers in medicine or, post-paid, by mail at 50 cents a box from The Dr. Williams Medicine Co., Brockville, Ontario.

S-21

50¢ PER BOX

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

The Waste of Words

Victoria Colonis t(Cons.): There is more time lost in the world to-day by the expenditure of words than in any other way. It is the perennial curse which lies on action. It is the waster of time, of strength and of money. When politicians realize that defensive tactics through the channels of verbiage only denote weakness in themselves, and when they correc tthat fault they will have mad ea step on the road to statesmanship. Even in a democratic age men are elected to office for some purpose other than that of quibbling and quarreling with their political opponents.

Manitoba Taking Her Place

Manitoba is now experiencing a period of intensive mining development. Copper, gold, silver, lead, zinc and other metallic products have been mined, and exceptional opportunities exist for the prospector and mining company.

Newt. Boyd.—How can you distinguish between mushrooms and toadstools? Bill Stewart.—Try eating them. If you die they are toadstools.

An Anchor-Donaldson Engineer . . . like most ship engineers, a devoted Scot, proud of his ship, engines, and gauges. His enthusiasm and pride are typical of the service you get throughout the ship on the "Letitia" or the "Athenia."

Sail Anchor-Donaldson!

Book through The Robert Reford Co., Limited, Cor. Bay and Wellington Sts., Toronto (Tel. Elgin 3471), or any steamship agent.

Weekly sailings from Montreal (and Quebec) to Ireland, Scotland and England in conjunction with Cunard, commencing May 3rd.

ANCHOR-DONALDSON LINE

SVA-214

Cabin, Tourist Third Cabin and Third Class.

New Leprosy Remedy Asserted to Be Sure

Afflicted Natives Rush Joyously for Treatment, Says London Story

London.—A message of hope for the hundreds of thousands suffering from leprosy appears in the annual report of the British Empire Leprosy Relief Association.

The report asserts that leprosy can be cured, and confidently predicts that with adequate public support the association can rid the British Empire of the disease within a generation.

"This wonderful ideal," as the Prince of Wales has called it, is already being worked out, particularly in East and West Africa and India, where the great mass of British lepers exist.

A method of attacking the disease by means of injections has been widely tested with remarkable results, and the association is actively sending out supplies of drugs and chemicals to missionaries and others throughout the affected areas.

Half a million doses have been sent out already.

News of the new treatment and cures has spread far and wide amongst the sufferers.

Instead of hiding themselves and concealing the disease, they are now voluntarily coming forward for treatment. This was unknown ten years ago.

Some of the dispensaries and treatment huts are so overwhelmed with lepers demanding injections that the doctors and their helpers have to turn hundreds away.

A nurse in Northern Tanganyika has written home: The leper clinic up here is in its early stages, but it is very hopeful. We have patients attending from different tribes, and it is the first time up here in this very primitive isolated hill district that anyone has come forward for treatment acknowledging himself a leper. It is great to see the hope in their faces now . . .

The report mentions a recent ruler in India who was a leper for many years. A chief in Uganda now has hope of recovery. Another chief in Nyasaland who has suffered for years is on the way to health.

Buy Empire Goods

Hamilton Spectator (Ind. Cons.): "There are many reasons for increasing our purchases from the United Kingdom," recently declared Mr. H. B. Henwood, of the Bank of Toronto, referring to the work of the Empire Marketing Board and the excessive volume of purchases from the United States; "the very least we can do is to divert most of our possible foreign purchases to British Empire goods." That is a policy which ought to commend itself to all patriotic Canadians, and especially to the governing authorities. "Buy Empire goods" is more than a mere slogan; it would be of no worth if it remained only that. It should be a fixed principle with Canadian shoppers, whether in a large or a small way.

The North-west Passage

Manitoba Free Press (Lib.): As the means of communication between Great Britain and the Far East the Hudson Bay route is incomparably the shortest route. It cuts the distance of 16,000 miles by the Suez, and of 11,000 miles by San Francisco, to 8,000 miles by Prince Rupert. Canadians are not building the Hudson Bay Railway for purposes of war, and hope that it will never be war which will demonstrate its greatest benefits. But they have to yield to Captain Munro when he insists that "the possibilities by this route (as a line of communications) for the British Empire are immense, and are only to be compared with the advent of the Suez and Panama canals, with this exception ,that it is all within the British Empire."

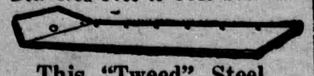
Diatomaceous Earth Deposits

Diatomaceous earth, a material extensively used as a heat insulator, for the purification of oils, etc., has for many years been extracted in a small way in Colchester county, Nova Scotia.

STONE BOAT FRONTS

Heavy Cast Iron

30" wide, 3 Plank, Each $4.00
36" wide, 4 Plank, Each $5.00
Delivered Free to Your Station.



This "Tweed" Steel STONE BOAT $12.00 Cash With Order

Delivered free to your station. Runs easily; very durable. Three steel runners underneath give added strength; won't rot like wood. Made of 3-16" boiler plate; angle iron around edge keeps stones from falling off. If not as represented, return and get your money back.

DOMINION FOUNDRIES, Tweed, - - Ont.

Young Canadians at Washington

TWO LIVE BEARS TO BE PRESENTED TO HOOVER

Here is one of a pair of three-weeks-old bear cubs, found by Philip E. Lamont near Mattawa, Ont., which will be presented to President Herbert Hoover.

FOR MOTHERS OF YOUNG CHILDREN

Mothers are quick to praise anything which brings health and comfort to their little ones—any medicine that will make the baby well and keep him well will always receive hearty recommendation from the mother. That is why Baby's Own Tablets are so popular. Thousands of mothers throughout the country, not only use them for their own little ones but are always delighted to be able to recommend them to other mothers. Thousands of mothers have proved Baby's Own Tablets to be without an equal in relieving their little ones of any of the minor ailments which arise out of a derangement of the stomach and bowels. Baby's Own Tablets are the ideal laxative—easy to take but thorough in action. They banish constipation and indigestion; break up colds and simple fevers; expel worms and make the teething period easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

HAD LIVED AHEAD

"Do you think he has a future?"

"No, I think he has about used it up."

"Why do you call her a belle?" She is nither pretty nor sweet-voiced."

"True enough—but what a chapp she has."

More Pheasants for Alberta

Calgary, Alta.—An additional 2,000 Chinese ring necked pheasants, 600 Mongolian pheasants and 300 pheasants' eggs for hatching will be brought into Alberta this year by the Calgary Fish and Game Protective Association and released in selected districts south and southwest of Calgary. In the past few years a few thousands of different varieties of pheasants have been imported and released by the Association and the birds have thrived and flourished to a degree beyond the most sanguine expectations.

Epitaph on a Dog

Here lies at rest, unknown to fame,
of dark descent and doubtful name,
One "Binks." Here lie his treasures, too—
A ball ,a bone, a worried shoe.
Nay, stranger, drop no idle tears:
He loved one small lad all his years!
—Nancy Byrd Turner in "Our Dumb Animal."

We're not going to get snooty about the Einstein theory, because if there's nothing else to be said in its favor, at least no one has written a theme for it.

And the Dog Was Saved

A dog was swimming across the Connecticut River, when one of the Hartford-New York steamboats was bearing down close to the dog who was then about midway of the channel. Had the steamer continued at the speed she was then making it would have been impossible for the dog to have gotten across the channel. Either he would have been struck by the steamer or else he would have been sucked down by the under-tow and, undoubtedly, have met his death in that way, for the channel was extremely narrow there.

I was standing on the upper deck talking with the captain, Captain Bacon. He espied the dog before I did and called my attention to it. He immediately gave orders to slow down the steamer and also to swerve her as far as possible, which could be but slightly, away from the dog. And, of course, the dog's life was saved.

This was fifteen or more years ago, but the incident is one that I shall never forget. And I am sure that many others who saw it will never forget it either.

Whenever I see a ruthless, careless automobile driver showing no mercy whatever to a cat, a dog or a chicken that happens to get in his way, this incident comes back to me with special clearness. And what is the checking of the speed of an automobile compared with the slowing down of a large steamer! Would that there could be a Captain Bacon at every automobile wheel!—Ernest Warren Brockway in "Our Dumb Animals"

Old Age Pensions

La Presse (Ind.): The Province of Quebec is not behind in this sphere of philanthropy. Our many charitable and friendly institutions are evidence that this is so. But the Old Age Pensions law which is now occupying public attention assumes a different aspect in the sense that it binds the provinces to a contract, the terms of which are dictated by the federal power and deprive them of their entire liberty of action. We cannot blame the Provincial Government, therefore, for looking twice before it signs the agrement.

A little love, a little hate,
And that was life;
A little hanging on the gate
And then a wife.

Holes in the pavements—spring's here, and springs there.

Minard's Liniment for Coughs, Colds.

Every package of Red Rose Tea is prepared with the same care—as if our reputation were to stand or fall upon that single package. 63

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

Aviators Down in Australian Bush

Plight of Southern Cross Fliers Regarded as Hopeless

Sydney, N.S.W.—Friends of the missing Southern Cross aviators Wednesday hoped and prayed for a fortunate circumstance in the almost certain hopelessness of their plight. Only extreme good fortune, most thought, could result in the rescue of Capt. Charles Kingsford-Smith, his pilot, Charles T. Ulm, and the two with them ,who Sunday flashed a mysterious message to the world and disappeared somewhere east of Wyndham, Western Australia.

In that message, which they ended with their characteristic "Cherrio," they told of failing motors on their plane and a heavy rainstorm which obscured the ground from their view. They gave their position as "about one hundred miles east of Wyndham"—and then sank into the vastness of the Australian bush, peopled by wild uncivilized savages, some of them cannibalistic pygmies.

Minard's Liniment for Grippe and Flu.

The Empire and the Air

United Empire (London): Sir Samuel Hoare, the Minister for Air, says that he gets a little tired of complaints that others are doing so much better in the air than Great Britain. "You might think we had no Air Force at all and that British aviation scarcely existed." Such critics obviously know nothing of the facts. Sir Samuel promises that when the two British airships are flying next year the Empire will see how great has been British progress.

The end of man is an action and not a thought, though it were of the noblest.—Thomas Carlyle.

BOYD'S BICYCLES AT LOWER PRICES

Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and parts of Bicycles. You can buy your supplies from us at wholesale prices. Catalogue free.

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Slick!

No wonder Smart's Mowers are so popular! They cut so easily and with such little "push".

Material and Workmanship Guaranteed

AT EVERY HARDWARE STORE

SMART'S MOWERS

JAMES SMART PLANT, BROCKVILLE ONT.

Classified Advertisements

A-1 BABY CHICKS. WE HATCH four varieties, price 9c up. Write for free catalogue. A. H. Switzer, Granton, Ontario.

INTERNATIONAL MOVERS

BEST EQUIPMENT, LATEST METHODS, uniform return load prices. All goods insured. We move you when you want to move. Make your enquiries now. Pioneer distance movers. Agents in principal cities of eastern States and Canada. Hill The Mover, Hamilton and Toronto.

Question Box at Kitchener

Frank McMurray.—How can you tell the proper temperature of the water in which to bath a baby?

Bob Stone.—If the water is too hot, the baby turns red and cries. If too cold, it turns blue and does the same thing.

Vicar—"Do you believe in dreams, Willoughby?" Willoughby—"I used to sir but I don't now." "And why not?" "I married one five years ago."

BABIES GAIN BY THIS SIMPLE METHOD

Doctors say, souring waste in baby's digestive tract is usually back of any failure to gain weight according to schedule. And the best proof this is true, is the quick way, weak, fretful, puny babies improve when you cleanse their stomach and bowels and put them in order with a few doses of purely-vegetable, pleasant-tasting Fletcher's Castoria. This gentle, harmless preparation is the doctor's first thought to relieve those ills of babies and children, such as colic, gas, constipation, diarrhoea, colds, etc. Just be sure you get genuine Castoria in the bottle that bears the Fletcher signature.

Schweglers "THOR-O-BRED" BABY CHICKS "LIVE AND LAY"

OUR breeders are bred for high egg production. White, Brown and Buff Leghorns, Barred and White Rocks, R. I. Reds, Anconas, Black Minorcas, Buff Orpingtons, White Wyandottes. 12c and up. 100% live delivery guaranteed. Write today for FREE CHICK BOOK.

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Flashing Eyes
Laughing Eyes
Downcast Eyes

Eyes tell Your Character

Brown eyes for strength—Blue for generosity—Gray eyes for jealousy—Sparkling eyes indicate beauty, yes, and good health, too! Do your eyes sparkle? Are the whites clear or are they tinged with yellow—indicating an out-of-sorts condition — due to constipation? If so, you need

Beecham's Pills

Try a regular daily course for a short period. Your eyes will tell the story.

A Vegetable Product 823

Read about Character from the Eyes in future Beecham Advertisements.

Sales Agents: Harold F. Ritchie & Co., Limited, Toronto

Keep Your Health

TO-NIGHT TRY

Minard's Liniment

for that cold and tired feeling. Get Well—Keep Well.

KILL FLU

by using the OLD RELIABLE!

Minard's Liniment Co. Ltd, Yarmouth, N.S.

Acid Stomach

Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its inveition.

One spoonful of Phillips' Milk of Magnesia neutralizes instantly many times its volume in acid. It is harmless and tasteless and its action is quick. You will never rely on crude methods, never continue to suffer, when you learn how quickly, how pleasantly this premier method acts Please let it show you—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

From Youth to Age

There are three trying periods in a woman's life: when the girl matures to womanhood, when a woman gives birth to her first child, when a woman reaches middle age. At these times Lydia E. Pinkham's Vegetable Compound helps to restore normal health and vigor.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS. U.S.A. AND COBOURG, ONTARIO, CANADA

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