Beware the dangerous days of March

DOCTORS are busy during March. Illness is rampant. Long Winter months lower vitality, blood becomes watery and the body grows susceptible to colds and illness.

March, however, can be made a vigorous, happy month. Dr. Williams' Pink Pills are a genuine aid to health and stamina. Microscopic tests show a remarkable increase in the blood count after treatment.

This world-renowned remedy, discovered by a Canadian doctor, definitely enriches the blood and ensures more oxygen for the tissues.

Increase your resistance to disease — bring back your strength if run down. Buy a box of Dr. Williams' Pink Pills today. At all druggists and dealers in medicine or by mail, postpaid, at 50 cents, from The Dr. Williams Medicine Co., Brockville, Ontario. 8-19

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

Body of Death

Men always go to war among themselves
For all earth's mortal feuds are civil war;
Not waged among, say, Martians and the elves,
What North and South have known what they fought for,
State's rights, or slavery? Was there ever quarrel
Well understood by gray or russet squirrel?
It all were one; Sedan or Waterloo,
Austerlitz, Gettysburg, Ypres or the Marne,
Border vendetta, or an interview
On lines disputed by a colonial barn.
For any feud on earth, beloved brothers,
Must be a civil war; there are no others.

SIMPLE WINDOW LOCK.

The Holdfast Adjustable Window Lock will hold and lock any size of window open or closed, no weights required, stops all rattles and draughts. Any lady can install one in five minutes. At leading Hardare and large Dept. Stores, or send 25c (not stamps). Money back if not satisfied. **Goldsmith Co., 11 Dundas St. Wes., Toronto.**

Scotch City Has Fine Women's Club

Aberdeen, Scotland—The women of Aberdeen seem to have been particularly successful in their achievements in 1928, particularly the Aberdeen Business Women's Club. This club is unique in Great Britain, outside of London, and deserves the admiration it has aroused in other Scottish cities. Its example may well be followed by Aberdeen's neighbors, as the need is great. Miss Bettina Clark, the warden of the club, welcomed all inquiries, and Miss B. Walker, who was its founder, was enthusiastic over its possibilities.

It was felt, Miss Clark said, that Aberdeen had many young business women who needed a social center and residential club, but the difficulty was how to get it financed. Help has flowed in from all sorts of quarters, but the chief support came from the Y.W.C.A., which generously supplied the initial sum of £2000 at a small rate of interest. Two beautiful old houses in one of the best squares in the city were purchased, and on these there is a bond of another £2000. Over 700 business women have joined, which gives the club £350 in subscriptions alone. The letting of their beautiful dance hall also is a source of income, and altogether the finances of the club are in a most satisfactory position. The residents have charm-position. The residents have charming rooms, and pay for room and full board only £1 a week for a north room, and 22s. a week for a south room—which seems unbelievably cheap in these days. Everything, however, seems to work out profitably in such a large family—the restaurant is charming, the food appetizing but all help the venture to pay its way. The girls, Miss Clark said, were keen on having the club free, and are constantly devising new ways and means to clear the debt—a splendid Aberdonian trait, as the visitors remarked.

"What is this?" Miss Clark was asked pointing to what looked like a model of a Norwegian saeter.

"A present from one of our workmen," she replied. "At the time of our sale in the Music Hall we were touched and pleased to receive from every man who had been employed on the reconstruction a contribution made by himself. This beautifully made model, presented by a joiner, was won by a well-wisher who returned it to the club as a gift. This attitude of the workmen was typical of the interest and goodwill our venture aroused."

In 1928 Aberdeen, also, appointed her first policewoman, and during the year the Soroptomists appeared on all city's horizon. Aberdeen has also one of the best industrial women's clubs in the country—the St. Katherine's Club. In addition, the Cowdray Club caters for its professional women in the city and in the country the Women's Rural Institutes have had a wonderful year of prosperity. Altogether at the present moment the women of Aberdeen seem to be leading in the club movement in Scotland, and everything points to real growth and development in the Granite City.

The scientific results well warranted the hardships.—Commander Byrd.

Broke Record

Frank Dupuis established a world record but lost the race. He established his record when on the first day he covered the initial 41 mile lap of the Eastern International Dog Sled Derby, at Quebec, in 3 hours, 22 minutes, 42 seconds. On the two succeeding days, however, Seppala, veteran Alaskan musher, succeeded in overtaking the lead and carried off the honors, but Dupuis' time for the first day has never been excelled.

A DANGEROUS MONTH FOR THE BABY

Mothers Always Dread the Blustery March Days.

No month of the year is so dangerous to the welfare of little ones as is March—the month of quickly changing weather. One day is fine, the next cold and blustery. One day dry, the next wet and disagreeable. In spite of all precautions the little ones will take colds and these colds often lead to more serious troubles. Mothers, when the first symptoms appear—sneezing, redness of the eyes, running nose—Baby's Own Tablets should be given at once. They will rapidly break up the cold and prevent the more serious complications.

Mothers who keep a box of Baby's Own Tablets in the home always feel safe—just like having a doctor in the house. The Tablets are a gentle but thorough laxative that sweeten the stomach and regulate the bowels, thus driving out constipation and indigestion and relieving the baby of the many childhood ailments which are the direct result of a clogged condition of the bowels or a sour stomach.

Baby's Own Tablets are sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Flying for All

London News and Westminster (Lib.): One of the most valuable results of the establishment of flying clubs has been an increase in the number of private owners of aircraft, and if within two years a situation can be brought about which will provide landing facilities within 15 miles of every house in the country, then, indeed, we may look for the dawn of the flying age. The provision of private hire services, cheapened and speeded up, from one end of the country to the other will not only appreciably add to the public amenity, but should have a beneficial effect upon business. In a few years, indeed, if this scheme is successfully carried out, as we hope and believe it may be, there should be an enormous development in air travel. What is now bnormal, an infrequent luxury, may become no more unusual than travel by Pullman.

Announcement that the Prince of Wales will keep the horse that never threw him disposes of the popular idea that there was no such animal.

A Washington wife shot at a woman and hit her husband, but a husband has to expect little mistakes like that.

"Religion by mail" is offered. How much of it will go to the dead-letter office?

FARMERS

Requiring British help—Single men, women or families, to assist with farm work, should write Rev. Alex. MacGregor, 43 Victoria St., Toronto. These people will be arriving after March 15.

BOYD'S BICYCLES AT LOWER PRICES

Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and parts of Bicycles. You can buy your supplies from us at wholesale prices. Catalogue free.

T. W. BOYD & SON 276 Notre Dame St. W. MONTREAL

OWL LAFFS

BY O.W.L. (ON WITH LAUGHTER)

J. Climber would like to be rich for just one reason. He would carry a mechanic along with him to keep his cigar-lighter in trim.

The dentist was telling about his pluckiest patient.

"He came into the surgery and began to tell me he had no faith in gas, ether or cocaine. 'The tooth's been giving an awful lot of trouble,' he said, "and all you've got to do is to hunk it out—hunk it out.' I congratulated him on his pluck, and ased him to sit down in the chair. 'Oh, no!' he exclaimed. 'It's not for me—it's for my wife. She's in the waiting room."

TOUGH LUCK

Bill Smith, he filled the stove with coal,
And then he closed it tight;
Poor Bill is now without a fire,
His stove blew up that night.

Several of Toronto's flappers are wearing heavy man-size suspenders. The only way we can explain this fad is that the girls realize the desperate need of anchoring in place what little raiment they still wear.

AMBITIOUS

At a family reunion, a benevolent uncle, who had made his money in hardware, asked his young nephew: "Well, Johnnie, what do you want to be when you are a man?"

"Oh, I've made up my mind, uncle," the boy replied, promptly; "I'm going to be a retired merchant."

The Accused: "Judge, it ain't no crime to be poor. Besides, I work mighty hard sometimes findin' jobs for my wife."

The Judge: "You're right. It is no crime to be poor, but it is to run an employment agency without a license. Twenty-five and costs."

Judge: Before I pronounce sentence, have you anything to say?"

Ex-Barber: Yes, your honor, I'd like to shave the prosecuting attorney just once more."

A made friend is better than a born one.

Gert: Did you get your husband a surprise on his birthday?

Sadie: I'll say I did. You never saw a more surprised man in your life.

Gert: What did you get him?

Sadie: Breakfast.

If you don't believe surgical operations pay ask the undertaker.

Progress or no progress, men will always prefer the Womanly Woman to the Manly One.

"Is your wife an excellent cook?"

"The best little can-opener in America!"

Ever hear of anyone knocking an inferior?

What to Do in an Emergency: In case of an earthquake, jump into the nearest airplane.

"I have been on the train for seven years," proudly said the conductor of a slow-moving train.

Passenger—"Is that so? Where did you get on?"

Some fellows asked Si if he was running a truck farm. Si replied: "Aw, quit your kidding. I'm not very smart but I know they don't grow trucks on farms. They make them in factories."

A bright little miss, who always has a ready answer, started in to take a bath the other evening, when she discovered that the soap was missing. So she climbed out of the tub and, dripping wet and without stopping to throw over her small body even a bath robe, pranced downstairs to get some soap. When she returned, her older sister took her to task. "That's a pretty thing to do," said she. "What if the minister ha dhappened to come if the minister had happened to come

"Well, I'd have pointed my finger at him," replied the youngster, "and I'd have said: 'Mr.———' you just look the other way. This is private.'"

—Rochester Courier.

Minard's Liniment prevents Flu.

A few days ago a lady went into the glove sdepartment of a large store and askd for a pair of gentleman's gloves. When shown a pair, priced half a guinea, she said, "Oh no; I want a good pair. They're for my fiance." She left with a pair costing two guineas. About half an hour later another lady came in and asked for a pair of gentleman's gloves. This time the saleswoman produced the two-guinea gloves first. "What! two guineas!" said the prospective purchaser. "No, no; I want something about five shillings. They're for my husband!"

British dramatic critic says where women dominate an institution they ruin it. Indicating that man is somewhat of an institution.

ISSUE No. 12—'29

Blending Red Rose Tea is an art. To obtain the flavor and full-bodied richness required years of experience. Every package guaranteed. 61

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

At Manchester, the guard, finding Isaac without either ticket or money, grabbed him by the arm and put him off the train with a well-placed kick. At the next station he found Isaac again, and repeated the expulsion, accentuating the force of the gesture. At the third station the conductor was completely astounded to find Isaac yet again. Bending low, Isaac attempted to jump off quickly enough to escape at least part of the violence of the attack. "How far do you think you're going to get like this?" asked the guard. "'s far as London," replied Isaac, "if my constitution will stand it."

Minard's Liniment for Coughs, Colds.

(A medical writer pleads for the utmost care and control of sneezing.)

In these glum influenza days,
When I with dumb-bells, jerks and such,
Contrive resistance so to raise,
As will defy the thoughtless wight
In restaurant, carriage, lift and street,
Who dares to cast to left and right,
The germs I strive so hard to beat.
My glowing health, which I'm so pleased at
Is not exactly to be sneezed at!

—Daily Chronicle.

Classified Advertisements

BARRED ROCK COCKERELS FROM qualified Record of Performance and Registered Breeders. Canada's oldest high laying strain. Unpedigreed, $3, $4; Pedigreed, $5, $6. 25 years a breeder. Hatching Egg Chicks. Clark Cedar Row Farm, Cainsville, Ont.

A-1 BABY CHICKS. WE HATCH four varieties, price 9c up. Write for free catalogue. A. H Switzer, Granton, Ontario.

HEMSTITCHING AND PICOTING attachments, fits any make of machine, price 75c. Instructions with each attachment. M. Kinread, 31 Spruce Court, Toronto.

WHAT DO YOU WANT? BEST American Illustrated self-help magazine you ever saw. Send 10c for 4 months' trial. The Balance, 526 No. Claremont Ave., Chicago.

WANTED — CANADIAN POSTAGE stamps. Best prices paid for Victorian issues on or off covers. Collections and odd lots bought. G. L. Thompson, 5 Broadway Avenue, Toronto.

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OUR breeders are bred for high egg production. White, Brown and Buff Leghorns, Barred and White Rocks, R. I. Reds, Anconas, Black Minorcas, Buff Orpingtons, White Wyandottes. 12c and up. 100% live delivery guaranteed. Write today for FREE CHICK BOOK.
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Clear Your Skin of Disfiguring Blemishes
Use Cuticura
Sample Soap, Ointment, Talcum free. Address "Cuticura," Box 2616, Montreal, Canada.

A Health Saving Reminder
Don't Wait
Until you get the
Influenza
USE
Minard's Liniment
At the first sign of it. Its Healing Qualities are Amazing. THE OLD RELIABLE

Acts Like a Flash In Relieving Colds
That's why so many people buy "Buckley's" to end Coughs, Bronchitis and all Throat, Chest and Lung troubles. It's instant, pleasant, guaranteed. You'll note its unique powers in the very first dose—and there are 40 doses in a 75-cent bottle! Ask your druggist for "Buckley's".
W. K. Buckley, Limited, 142 Mutual St., Toronto 2
BUCKLEY'S MIXTURE
Acts like a flash— a single sip proves it 521
75c and 40c

Feeling Run Down?
Over 400,000 women and girls who were weak, 'blue,' nervous, run-down, and unable to do their work properly, have improved their health by taking Lydia E. Pinkham's Vegetable Compound. By accurate record, 98 out of every 100 report benefit. You can be almost certain that it will help you too.
Lydia E. Pinkham's Vegetable Compound

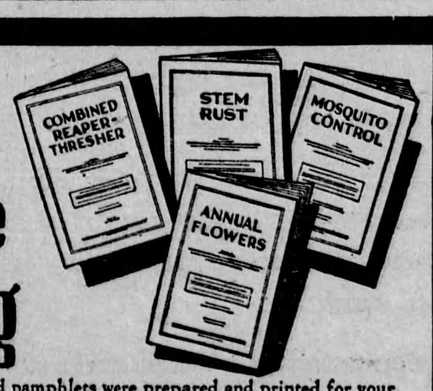
VENO'S LIGHTNING COUGH SYRUP

35¢ & 75¢

For children's bronchial and chest ailments—no finer relief than Veno's Lightning Cough Syrup—Children love it.

V-118 VII

Yours for the Asking



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Pamphlet No. 79 "Producing Clean Milk"—practical and helpful information for every dairyman.

Bulletin No. 92 "Manures and Fertilizers"—64 pages of facts about barnyard manure, green manure and commercial fertilizers—fertilizer recommendations for all standard crops.

Circular No. 62 "Mosquito Control in Canada"—tells how to treat the breeding places of these pests so they cannot multiply.

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When your Children Cry for It

Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—what most physicians would tell you to do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot pat away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. Twenty-five million bottles were bought last year.

Fletcher's CASTORIA

Reduce the Acid

Sick stomachs, sour stomachs and indigestion usually mean excess acid. The stomach nerves are over-stimulated. Too much acid makes the stomach and intestines sour.

Alkali kills acid instantly. The best form is Phillips' Milk of Magnesia, because one harmless, tasteless dose neutralizes many times its volume in acid. Since its invention, 50 years ago, it has remained the standard with physicians everywhere.

Take a spoonful in water and your unhappy condition will probably end in five minutes. Then you will always know what to do. Crude and harmful methods will never appeal to you. Go prove this for your own sake. It may save a great many disagreeable hours.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.