ABOUT YOUR NERVES

Headaches and Other Troubles Follow When the Nerves Give Way

Nerves are delicate fibres running from the brain to all parts of the body. Some of them give us the sense of touch and feeling; others convey the will to our muscles and enable us to move. When we have an "attack of nerves" it means that the body is in some way out of order and the nerves have become oversensitive, so that we get neuralgia, nervous headache, sciatica, or some other nerve trouble. Sometimes the nerves get too weak to do the will of the brain, and we get trembling hands or limbs, or perhaps St. Vitus dance. The whole nervous system is fed and kept healthy by your blood. If that is thin and poor, nervous weakness follows. In that case a tonic is needed to build up the blood, so that it may in turn feed the nerves, spine and brain. The very best medicine for enriching the blood is Dr. Williams' Pink Pills. You cannot take them without feeling the uplift they give. Your appetite improves, your brain is clearer, you gain strength in every way, and you feel full of new life. One sufferer, Miss Margaret R. MacDonald, Catalone Road, N.S., tells what this medicine did for her. She says:—"I suffered for a long time from severe headache and nervous exhaustion. I tried several kinds of medicine but got no relief until I used Dr. Williams' Pink Pills, and these, before long, gave me complete relief. From my own experience I feel that I can not praise Dr. Williams' Pink Pills too highly, and would advise anyone who is suffering from headaches or nervous exhaustion to give them a fair trial, as I feel sure the results cannot be anything but satisfactory."

Take these pills as a tonic if you are not in the best physical condition and cultivate a resistance that will keep you well and strong. You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Billion Dollars Sold For $100,000

World's Richest 40-Acre Patch is the Mond Extension — Average Grade 7½%

About 25 years ago the Mond-Frood Extension claim, 40 acres, could have been bought for $25,000. It was offered at that.

Mond Nickel Company bought it before the war for $100,000.

It is estimated now that this property contains over $1,000,000,000 worth of ore, averaging $40 or $50 per ton.

Extremely high grade enrichments around the 3,00 horizon bring the average of all the known ore to a grade of 7½ per cent. combined copper and nickel, copper predominating.

The story of this claim's wealth is not half way unfolded. It is expected that it will contain almost a solid sheet of ore, in places up to 200 feet in thickness, dipping right across the claim.

There seems every reason to believe that this 40 acres is the world's richest patch.

And it was bought for $100,000 sixteen or seventeen years ago.

Northern Miner.

St. Lawrence Murk

Windsor Border Cities Star (Lib.): Friends of St. Lawrence development are naturally disappointed by the virtual impasse that now obtains. They are hopeful, however, that out of all the maze of doubt, uncertainty, suspicion and petty politics that exists at present, order will finally come and the great improvement will go forward. Its eventual consummation is certain, of course. The only question is to the length of the delay. All that it requires is official leadership and so far this has not been forthcoming. The St. Lawrence infant is sitting on the doorstep at Ottawa, but both Mr. King and Mr. Bennett hesitate to take it in.

A girl's idea of a sensible hat is one that permits her to see with one eye.

Indian Wedding

The ancient marriage rites of the Stoney People were exemplified when Chief Bear Paw and his minor chiefs united Miss Sylvia Hanishten-Cate of Hilversum, Holland, to Mr. Louis Lantzius of Vancouver. Immediately after the picturesque Indian ceremony which took place on the Bow River at Banff, the couple were again married according to the rites of their own church. Bear Paw is seen placing the eagle feathers, emblem of faithfulness, on the groom's head and bracelet on the wrist of the bride.

OWL LAFFS

BY O.W.L. (ON WITH LAUGHTER)

TESTING 'EM OUT

The boss called in his secretary.

"Put up a sign outside the office," he said, "that no salesmen are allowed to enter."

"But you just advertised for a salesman."

"That's just the reason. If a man can be stopped by a little sign like that, we don't want him."

The church that advertises "No Collection Taken" probably has its idea of what's keepin' folks away.

Druggist—Yes, miss, you'll find most ladies like this lipstick.

Young Girl—You couldn't-ah-tell me the kind that men like, could you?

Another prize dumbbell has been discovered. She thought the muffler on a car was used to keep it from freezing up.

The grass widow is one of nature's loveliest evergreens.

There's nothing like forestalling trouble. Here is some diplomacy in a nutshell, and it works two ways—on employer and wife alike.

Employer—"Ah, Brown, I've decided to raise your salary $2 a week."

Brown—"Will you give me that in writing, sir?"

Employer—"Isn't my word good enough for you?"

Brown—"Oh, yes sir. But I want evidence to show my wife. She's expecting me to get a $5 raise."

You can't keep the upper hand by dealing from the bottom.

Patient (showing bill)—"What's the extra $5 for?"

Dentist—"For squeezing the arms of my chair out of shape."

"Well, Tommy, did you behave in school to-day?" asked Tommy's father of his young son, who had not been going to school very long.

"Behave?" exclaimed Tommy in a tone of amazement. "Of course I did! Why, the teacher said she never saw a pupil who behaved so."

Philly Philosopher meditates: "Statistics show that women live longer than men. Paint is certainly a great preservative.

Next to a sore thumb the most useless thing in the world is a man at his own wedding.

Little Willie was sent to bring in the kittens. His mother heard a shrill "meowing" and called out: "Don't hurt the kittens, Willie."

"Oh, no,' replied Willie, "I'm carrying them very carefully by the stems."

The talking movie we don't want to miss, is the play which will give us this memorable line: "That'th all there ith-there ithn't any more."

She. "Will you be my companionate husband?"

He—"Well—if you'll let me have enough companions."

"I've swallowed my collar button!" gasped the grocer.

"Well," responded the wife, "you know where it is for once!"

FACE THE MUSIC

Found—By wife returning from vacation, a lady's brooch in the back of husband's car. Owner may have same by paying off this notice, identifying property and admitting ownership.—Alpine (Tex.) paper

Politicians are expert at passing laws, a writer declares. But that's nothing to what they can do with the buck.

"To him that hath shall be given"—the experience of losing.

Youngsters of to-day seldom die of a broken heart. More often it is a broken neck.

Visiting Minister: "Ah, my dear unfortunate friend, this world is full of trials."

Hard-boiled Harry: "It ain't the trials that worry me, sir, it's the verdicts."

Any young man who refers to a girl as a jane will sleep in his underwear.

BABY'S OWN TABLETS WIN GREAT PRAISE

Many Mothers Always Keep Them in the House.

Thousands of mothers state that they know of no other medicine for little ones to equal Baby's Own Tablets—that they always keep the Tablets in the home as a preventive of childhood ailments, or if sickness does suddenly grip their little ones they feel safe with such a remedy at hand.

Concerning the use of the Tablets Mrs. Donat Ploudre, Tingwick, Que., writes.—"I have nothing but praise for Baby's Own Tablets. They are the only medicine I have ever given my two little ones and I am glad to state that the Tablets have always kept them in perfect health. I feel so safe with the Tablets that I always keep a box in the house."

Baby's Own Tablets are a mild but thoroughly laxative. They regulate the bowels, sweeten the stomach and thus banish constipation and indigestion; break up colds and simple fever and make the cutting of teeth painless. The Tablets are absolutely safe, being guaranteed free from all injurious drugs. They are sold by all medcine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Liquor Smuggling

Hamilton Spectator (Ind. Cons.): (The Government is urged to refuse clearances to "vessels or vehicles of all kinds carrying a cargo of liquor to the United States contrary to the laws of that country.") It is not a matter of assisting our neighbors to enforce their laws within their own territories. All that Canada is concerned in is that the lawbreakers shall not be permitted to establish bases in this Dominion for the conduct of their shameful business. That such a condition of things should be tolerated is obviously injurious to public morals. Smuggling is smuggling, however else it may be named, and all who help to make it possible are culpable. . . . The whole business fills one with shame and disgust.

A new seed catalog just received brings gratifying assurance that he who does the pictures has lost no whit of his talent for achieving triumphs of imaginative art.

Use Minard's Liniment for the Flu.

Canada, Too, Has a Weapon

Canadian statesmen are noting with ill-concealed anxiety the tendency of the American Congress, if it yields to one-tenth of the demands being made upon it for higher duties, to exclude by prohibitive tariff rates practically all food and raw products of Dominion origin. As a government, Canada is in no position to protest against the imposition of duties especially designed to bar her products, but her farmers are under no such diplomatic restraint, and it is not surprising that, as reported by the New York World, and repeated in our own columns recently, plans are in the making the other side of the line to retaliate in kind. The Canadian administrative system is very flexible, and where in the United States the authorities must await a general tariff revision or a long and tiresome investigation by the tariff commission before any actual changes in the rates can be made, Canada possesses machinery of very swift effectiveness.

Canadian farmers are represented as very much surprised to find American agriculturists in the West hand in glove with the industrialists of the East, instead of stoutly opposing them, as is the Canadian habit. However, this is no new development. A large part of the stock in trade of Western politicians is their abhorrence of the manufacturing East, but when it comes to writing tariff rates, the two Editorial from The Boston Transcript. wings find that neither can get along without the other; that if the rates on raw wool are to be high, those on woolens must go up correspondingly, or nothing happens. Now, however, the Western agricultural demand is for prohibitive rates all along the line, and should these carry, as they may not, we might find ourselves engaged in a tariff war with Canada to which all its predecessors would seem mere skirmishes.

Nor would the fighting be confined to the rates. Already Canada has flatly turned down the American request for closer co-operation in the enforcement of the prohibition laws, and it is more than hinted, as first suggested by Premier Mackenzie King, that Canada's point of view as to the proposed St. Lawrence canal may be appreciably affected by the prospective increases in the duties on farm products. The threat now comes from Canada that if the new tariff law bear too onerously upon her products, her provincial government, without awaiting parliamentary action, may exclude American fruits and other commodities by a system of inspections which would operate as fatally as a tariff barrier. In fact, it is being said openly in British Columbia that if we place a duty on Canadian lumber, the markets of that country will be virtually closed against the fruits and vegetables of our north-western states.

Here again would the vicious circle continue, for Section 317 of the Administrative Provisions of the Fordney-McCumber Tariff Act introduces a new principle, in authorizing the president to penalize by a 50 per cent. increase in duty, and even to exclude the products of any country which discriminates against American exports. In fact, the possibilities of unfriendly relations with Canada over a too rigid legislative policy on our part would seem to be excellent. This in itself would not deter the American Congress from enacting any tariff bill it might please to write. It might, however, suggest to the tariff-makers at Washington that they have some other considerations to ponder besides the blanket requests for rate increases with which they are being flooded just now; among them, those of the American consumer. New England is vitally interested in as liberal as exchange of American and Canadian products as may be consistent with the revenue necessities of both countries.

Canadian Honey

Sherbrooke Tribune (Lib.): A dispatch from London informs us that England has just sent Canada an order for honey to the value of $50,000. . . . The fact that Great Britain is placing with us so large an order proves that Canadian honey is highly thought of in the European market and that our bee-keepers can easily dispose of their production, so long as it is of first rate quality and well put up for the consumer. . . . Our farmers have, in bee-keeping, an agreeable and profitable side industry. They should devote to it a part of their leisure time left to them after the cultivation of the soil and the care of their cattle.

Lindy will be one bridegroom who is not ignored at his own wedding.

PARENTS UNDERSTOOD THIS BABY'S LANGUAGE

"We thought we were going to lose our baby, teething," says a Kentucky mother. "He couldn't digest anything and was getting thinner every day. After one of his fretful, crying nights. I thought of Castoria and got some. A few drops made him comfortable, and after a few doses, he seemed like a different baby." Doctors everywhere recommend purely-vegetable, harmless Fletcher's Castoria for colds, constipation, colic and other ills of babies and children, and millions of mothers know its gentle influence is best. Avoid imitations. The Fletcher signature is the mark of genuine Castoria.

Red Rose Tea comes direct to us from the finest tea gardens, then straight to your grocer—brimful of flavor and freshness. Every package guaranteed. 70

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

Picture Lectures Proving Popular

A number of sets of excellent lantern slides have been prepared by the Dominion Experimental Farms on matters pertaining to Poultry Husbandry, Planting and Care of the Home Grounds, Origination of new Varieties of Grains, and Selection of Live Stock for Breeding Purposes. These slides are proving very helpful and popular where shown at agricultural and horticultural meetings. Attendance of from 400 to as high as 750 having been recorded at a number of places. An explanatory manuscript accompanies the slides which may be read as they are projected on the screen. The slides are loaned without rental charge to agricultural and horticultural organizations, schools, churches, women's institutes, etc., and are obtainable upon application to the Division of Extension and Publicity, Central Experimental Farm, Ottawa.

Settlement of the North

Windsor Border Cities Star (Lib.) Not so many years ago there were people who laughed to scorn the idea that the Canadian prairies would ever be of national value. The answer to that doubt has already been given. Canada is the greatest wheat exporting nation in the world today. The grain is grown on those once-despised prairies of the West. The Peace River is a country that is considered remote by many. But both the Canadian Pacific and Canadian National Railways are planning to bring adequate transportation to the district. Fertile lands and good railways mean wondrous developments. The people are all that is lacking to make the Peace River of as great significance as the other areas of the West. With their arrival big things lie ahead for Canada.

Minard's Liniment prevents Flu.

By-Products

Vancouver Province (Ind. Cons.): The country which skims the cream off its natural resources and expects to keep on doing that indefinitely will, of course, have no interest in by-products. But the country which pursues a course so blindly fatuous will, in time, have no interest in anything, for it will presently be bankrupt, if not quite dead.

Beware! Flu May Affect Kidneys!

Warner's Safe Kidney and Liver Remedy, old herbal remedy tones system

How often people say, "I never had kidney trouble 'til after the 'flu'!" Wise Nature, trying to get rid of poisons, sends them to kidneys and liver. But these organs, weakened by illness, can't stand the strain. The poisons are retained in the system. Then come the pains, aches, sallowness, loss of appetite, debility, lassitude. What a pity, when a stimulant diuretic, taken in time, might have helped.

For over 50 years thousands have depended on Warner's Safe Kidney and Liver Remedy, a physician's prescription, made of Nature's herbs. A gentle stimulant for kidneys and liver, it urges perspiratory glands to action, and thus helps shift the excess load from the kidneys.

Warner's Safe Kidney and Liver Remedy contains no harmful drugs. Costs little. Thousands have written, telling how it helped them. Get your bottle today. Warner's Safe Remedies Co., Toronto, Ontario.

Warner's Safe Kidney and Liver Remedy

Flashing Eyes
Laughing Eyes
Downcast Eyes

Eyes tell Your Character

Brown eyes for strength—Blue for generosity—Gray eyes for jealousy—Sparkling eyes indicate beauty, yes, and good health, too! Do your eyes sparkle? Are the whites clear or are they tinged with yellow—indicating an out-of-sorts condition — due to constipation? If so, you need

Beecham's Pills

Try a regular daily course for a short period. Your eyes will tell the story. "A Vegetable Product"

Read about Character from the Eyes in future Beecham advertisements.

Sole Agents: Harold F. Ritchie & Co., Limited, Toronto

Classified Advertisements

BARRED ROCK COCKERELS FROM qualified Record of Performance and Registered Breeders. Canada's oldest high laying strain. Unpedigreed, $3, $4; Pedigreed, $5, $6. 25 years a breeder. Hatching Egg Chicks. Clark, Cedar Row Farm, Cainsville, Ont.

A-1 BABY CHICKS. WE HATCH four varieties, price 9c up. Write for free catalogue. A. H. Switzer, Granton, Ontario.

BARRED ROCKS—PEDIGREED AND registered cockerels at moderate prices. Hatching eggs from pens headed by registered cockerels, $10.00 per 100. F. Alderdice, Beamsville.

The principles of taste, the art of criticism, are not acquired amidst the hurly-burly of living authors and the hasty judgment thereupon of hasty critics, but the study, careful and reverential, of the immortal dead.

Augustine Birrell.

No wonder Mussolini can handle tangled affairs. He was raised on spaghetti.

Schweglers "THOR-O-BRED" BABY "LIVE AND LAY" CHICKS

OUR breeders are bred for high egg production. White, Brown and Buff Leghorns, Barred and White Rocks, R. I. Reds, Anconas, Black Minorcas, Buff Orpingtons, White Wyandottes. 12c and up. 100% live delivery guaranteed. Write today for FREE CHICK BOOK.

SCHWEGLER'S HATCHERY
Northampton
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Box 875 ALDBOROUGH ONT. CAN.

25c in stamps or coins, will bring you Five High-Class Toilet Preparations (trial sizes) by return mail. Dept. W.

Chamberlain Laboratories
TORONTO (3)

Free Book About Cancer

The Indianapolis Cancer Hospital, Indianapolis, Indiana, has published a booklet which gives interesting facts about the cause of Cancer, also tells what to do for pain, bleeding, odor, etc. A valuable guide in the management of any case. Write or it may mention this paper.

Deafness Head Noises
LEONARD EAR OIL
RUB IT IN BACK OF EARS ~ INSERT IN NOSTRILS ~ PRICE $1.25 ~ AT ALL DRUGGISTS

Cold Relieved or Money Back

Everywhere men, women and children are finding *instant* relief from Coughs and Colds of all kinds by taking Buckley's Mixture. Everywhere druggists are selling "Buckley's" under positive guarantee. The first dose proves how different it is—and there are 40 doses in a 75-cent bottle! Never be without this proven conqueror of colds.

W. K. Buckley, Limited, 142 Mutual St., Toronto 2

BUCKLEY'S MIXTURE 520
Acts like a flash—a single sip proves it
75c and 40c

Keep Your Health
TO-NIGHT TRY
Minard's Liniment
for that cold and tired feeling.
Get Well—Keep Well.
KILL FLU
by using the OLD RELIABLE!
Minard's Liniment Co. Ltd. Yarmouth, N.S.

COULD NOT WORK FOR MONTHS

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Port Elgin, N. B.—"For three months, I was nervous and weak with tired feelings and could not do my work. A friend advised me to take Lydia E. Pinkham's Vegetable Compound and I have got good results from it and recommend it to others."—LILA TAYLOR, Port Elgin, N. B.

This dependable medicine is sold by druggists everywhere.

Indigestion

What most people call indigestion is usually excess acid in the stomach. The food has soured. The instant remedy is an alkali which neutralizes acids. But don't use crude helps. Use what your doctor would advise.

The best help is Phillips' Milk of Magnesia. For the 50 years since its invention it has remained standard with physicians. You will find nothing else so quick in its effect, so harmless, so efficient.

One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate, with no bad after effects. Once you learn this fact, you will never deal with excess acid in the crude ways. Go learn—now—why this method is supreme.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.