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Big Ben is doubly attractive these days as, in addition to Chewing Tobacco of unusual richness and flavour, with a quality that satisfies every man who chews, a "Poker Hand" is now attached to every plug.

For six sets of "Poker Hands," you can obtain FREE a Man's Umbrella, with sensible handle and strong cover; for eight sets, a Lady's Umbrella, new style, and fancy handle, with choice of Blue, Red, Green, Purple, Brown, or Black cover.

These are only two of many presents procurable in exchange for "Poker Hands."

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Early American Tribes Believed Of Mongol Race

Relics of Ancients in Hemisphere Reveal Chinese Link, Experts Assert

Old Writings Identified

Faces on Submerged Walls Bear Mongoloid Stamp

All of North and South America were once peopled with Mongoloid inhabitants who probably migrated from central Asia centuries before history began to record events, writes a contributor in "The Milwaukee Journal." And then, many centuries wave of Indo-Europeans.

From time to time this has been suggested as a speculative theory. It is now virtually considered a fact. It is believed that these people got to the new world either across the Aleutian chain of islands from Siberia to Alaska or, perhaps some of them, across a now vanished land chain over the Pacific.

Most of the Indian races in North and South America today, including the Wisconsin tribes, are considered descendants of the Mongoloid Americans. The Mongoloid features can still be seen in many tribes. Among certain Indians of Mexico especially one may clearly see the Mongoloid eyes and cheek bones. This is also markedly true in Bolivia, Ecuador and Peru.

But there is far greater proof than mere facial resemblance. Educated Chinese have constantly recognized the Mongoloid type in the remains of primitive races of the Americas. The Chinese laundryman of Professor John H. Cornyn (Aztec and Toltec expert of the National University of Mexico) clearly identified as Chinese the little clay figures which Professor Cornyn had unearthed in archaeological excavations in Mexico. Professors Mena, Niven and Hyde and various members of the staffs of the National University and National Museum of Mexico to be Mongoloid. Professor Morley of the Carnegie Institute concurs.

CHINESE WRITING IDENTIFIED

The Secretary of the Chinese legation in Mexico City recognized primitive Chinese writings in signs on Mexican walls which were erected between 8,000 and 10,000 years ago. He also said that terra cotta figures dug up from a buried civilization twenty feet beneath the surface in the valley of Mexico were ancient mandarin dresses. He further added that these figures were very similar to some of the ancient Mongoloid gods found in early Chinese civilization. In the valley of Mexico alone there are millions of these figures.

Faces on submerged walls of ancient Mexican temples, sculptures and paintings on stone tablets and adobe brick bear the unmistakable Mongoloid stamp, and the early primitive gods of the Mongoloids, the gods of nature, fire, sun, earth, water, are in evidence everywhere among the remains of early Mexican civilizations now being excavated.

The most remarkable finds among the remains of these buried Mongoloid cities are stone slabs, adobe brick, terra cotta tablets and cylinders covered with primitive hieroglyphic writing. Some of these the Chinese secretary recognized and interpreted without hesitancy, and since then other Chinese have confirmed his interpretation.

The first civilized races of Mexico were swept out of existence by a continuous deluge so stupendous that it is recorded in the chronicles of the Aztecs as the "Water Sun," or the period when the sun was finally destroyed by the deluge of waters which, descending from the sky, swept him out of existence in his daily journey across the heavens. The huge crater-like throat of the valley of Mexico was a second time converted into a lake, the waters of which rose high up on the mountain sides.

NEW RACE APPEARED.

Later came a new race very much like the first in appearance. It had slanting eyes and pronounced Mongoloid features; and it was probably a descendant of the early civilization so tragically destroyed. Living outside the influence of the flood, it had not been engulfed in the cataclysm which swept the former out of existence.

While the valley of Mexico lay a dead land this race had evidently been traveling the highway to a more advanced civilization, for it had discarded the rude sculpture of the earlier Mongoloid with its stuck-on eyes, ears, nose, mouth and limbs; and it had advanced from primitive wall paintings to well executed stone sculpture. Pottery had developed from simple to more complicated forms and terra cotta figures had approached nearer to a reproduction of the human features.

This second Mongoloid people, like the first, must have led a peaceful life, for few offensive weapons are found among the remains of their places of habitation.

Evidently the Mongolians of these dim distant days were as industrious, as active, as persistent and as attached to civic and community life as their Chinese descendants are today. They had learned to lay down excellent cement drains, to build extensive temple walls and to make elaborate incense burners and other religious vessels which they decorated with figures and symbols of their gods.

They were excellent pottery makers and stone cutters, spinners and weavers; and the density of the population of the valley argues they were agriculturists. This is confirmed by the finding of charred corn and beans in the ruins of their houses and the fact that they paid special cult to the earth mother and to the gods of production and fertility.

After this second Mongoloid people had lived perhaps 2,000 years or more in the valley of Mexico and surrounding country another deluge descended upon the land, covering up the house and the temple crowned pyramids. When the waters subsided volcanic ash covered the deserted land to a depth of several feet in places and desolation settled again upon the valley for hundreds of years, while the dead and buried cities slept in a new winding sheet. In this, as in the first covering, no remains of human beings are found except in the disturbed strata where they have evidently been washed in through the action of water upon the alluvial and volcanic deposits.

With the destruction of this second civilization the Mongols disappeared from the valley of Mexico and a new race, more cultured and of apparently Indo-European origin, took their place years afterward when the waters had subsided and the earth had again become cultivatable.

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When your Children Cry for It

Baby has little upsets at times. All your care cannot prevent them. But you can be prepared. Then you can do what any experienced nurse would do—give a few drops of plain Castoria. No sooner done than Baby is soothed; relief is just a matter of moments. Yet you have eased your child without use of a single doubtful drug; Castoria is vegetable. So it's safe to use as often as an infant has any little pain you cannot pat away. And it's always ready for the crueler pangs of colic, or constipation, or diarrhea; effective, too, for older children. Twenty-five million bottles were bought last year.

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Look out. It may be kidneys. Try Warners Safe Kidney and Liver Remedy

"Yes," says the kindly doctor, "you need a stimulant diuretic." And for more than 50 years the best known remedy in this class has been Warner's Safe Kidney and Liver Remedy, originally a physician's prescriptions, made of Nature's herbs.

Safe, of course. But better than that, it helps to preserve your most precious asset, your health. Gently it stimulates kidneys and liver to do their work of cleaning out body poisons. With your blood-stream cleansed, and all organs functioning as they should, you awake from a sound night's sleep refreshed, invigorated, strong. Life takes on a new joy. Your eye clears. Your skin gains a healthy color. You walk with assurance. You display an air of authority and success.

Every druggist knows pleasant tasting Warner's Safe Kidney and Liver Remedy. It costs little, but it is worth untold amounts to anyone who needs the help it gives. Buy your bottles today. Get back to health. Warner's Safe Remedies Co., Toronto, Ontario.

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Anger

He who can suppress a moment's anger may, by so doing, prevent a day of sorrow for himself and another.

Riches

To have what we want is riches; but to be able to do without is power. —George MacDonald.

NO MEDICINE LIKE BABY'S OWN TABLETS

For Either the Newborn Babe or the Growing Child

There is no other medicine to equal Baby's Own Tablets for little ones—whether it be for the newborn babe or the growing child the Tablets always do good. They are absolutely free from opiates or other harmful drugs and the mother can always feel safe in using them.

Concerning the Tablets, Mrs. John Armour, R.R. 1, South Monaghan, Ont., says:—"We have three fine, healthy children, to whom, when a medicine is needed, we have given only Baby's Own Tablets. The Tablets are the best medicine you can keep in any home where there are young children."

Baby's Own Tablets are a mild but thorough laxative which regulate the stomach and bowels; banish constipation and indigestion; break up colds and simple fever and make teething easy. They are sold by medicine dealers or direct by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Anglo American Relations

Leo Maxse in the National Review (London): Anglo-American affairs offer a singularly unpromising field for the activity of busybodies, but busybodies are always with us and insist on regarding this particular sphere as peculiarly their own. The results so far have been pitiable, and unless a halt can be called they are bound to get worse. Can the Americans and will they, restrain their mischief-makers? Can we repress our busybodies? This is a burning question of the hour. It should be now be plainer than most pikestaffs that every effort of either country to arrange the Navy of the other can only add fuel to the fire and is predestined to failure, leaving a legacy of disappointment and embitterment calculated to promote the very disaster these well-intentioned miscarriages were designed to obviate.

He: Are ye fond of moving pictures, Jeanie? She (hopefully): Ay, Sandy. He: Then maybe, lass, ye'll help me get half a dozen doon out o' the attic.

Use Minard's Liniment for the Flu.

The New Russia

Dr. C. Hagberg Wright in the Contemporary (London): The industrial class, i.e., the working class—the manual laborers in the towns—is now the most important class in Russia. Having turned out the rich and taken over all their property, they have stepped into their shoes. In everything they tak precedenc. In housing accommodation they are given the first choice of rooms, and they pay a smaller rent than those who do "brain work." Their children take priority in the schools and universities, the children of the peasantry coming next, while boys and girls of employes or of the remnant of the bourgeois class are not accepted as pupils in any school until vacancies have been filled by the other two classes. In the days of the Tsars the Jews alone were subject to restrictions in matters of education.

WAS ALWAYS AILING NEVER FELT WELL

Health Restored Through the Use of Dr. Williams' Pink Pills

"I am one of the many who have found new health through the use of Dr. Williams' Pink Pills," says Mrs. Everitt Dowe, South Nelson, N.B. "For some years I never felt well, and at times was so weak that I would be confined to bed. At the very best I was in an ailing condition and found it difficult at all times to do my housework. I was subject to headaches, poor appetite, breathless at the least exertion, and very pale. Before Dr. Williams' Pink Pills were recommended to me I had tried several medicines, but without any good results. I had become completely discouraged and felt that I would always be an invalid. A friend strongly urged me to take Dr. Williams' Pink Pills, and finally I consented to do so, but without much hope that they would help, where other medicines had failed. But in this, to my joy, I was mistaken. I had not been taking the pills very long when I knew they were helping me. As I continued their use I found my appetite improving, I slept better at night, and my strength was gradually returning. I continued taking the pills for several months, when I again found myself a well woman, and I believe that had it not been for Dr. Williams' Pink Pills I would to-day be a helpless invalid. The pills have since been taken by others in our family, with the same beneficial results. I strongly urge every weak woman to try this grand health-building medicine."

If you will send your name and address to The Dr. Williams' Medicine Co., Brockville, Ont., a little book, "Building Up the Blood," will be mailed you postpaid.

You can get these pills through any medicine dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Rough and Smooth

Life is made up of rough places as well as smooth. We take the smooth for granted and resent the rough. But no man has really lived until he has learned to conquer the things that he encounters along the way.

Apparently old-school ideas have no place in the government of Griefswald University, Germany, even if it does date from 1456. For a lawn tennis course has been scheduled as a compulsory course in the college curriculum, in keeping with the modern sport movement.

Talent

Talent, lying in the understanding, is often inherited; genius, being the action of reason and imagination, rarely or never.

Minard's Liniment prevents Flu.

"My dear," said a wife who had been married three years, "tell me what first attracted you to me—what pleasant characteristic did I possess which placed me above other women in your sight?" "I give it up!" answered the husband distractedly.

Always Under the Lash.—The pupil of the eye.

The finest tea you can buy—Red Rose Orange Pekoe. Made from juicy, flavor filled leaves—three days in bud. Every package guaranteed. 65

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

Ultra Violet Rays Get Poor Chance

British Air Ministry Condemns London Fog As a Cause of Rickets and Tuberculosis

London.—The British Air Ministry has renewed its fight against London fogs, which are blamed for being the frequent cause of rickets and tuberculosis.

Dr. J. S. Owens, superintendent of the Air Ministry advisory committee on atmospheric pollution, has discovered that during a bad fog there are between 800,000 and 1,600,000 particles of soot crammed into every cubic inch of air over London.

Each person breathes about 30,000 cubic inches of air every hour. This means that under bad fog conditions nearly every person in central London inhales from 24,000,000 to 48,000,000 particles of soot in an hour.

"The shutting out of the ultra-violet rays of the sun is the worst and most harmful feature of air pollution," Dr. Owens points out. "It is the frequent cause of rickets and tuberculosis."

On a Winter's morning 280 tons of soot are produced in three hours over London by domestic fires. Half a pound of soot pollution per million subic yards is enough to eliminate virtually all the ultra-violet rays which would otherwise be coming through. Burning 17,000,000 tons of coal London loses throug hthe smoke pall mived in loses through the smoke pall mixed in Winter sunshine it should receive and 50 per cent. of the Winter daylight, according to Dr. Owens.

The density of air pollution is measured by an intricate clockwork device. A disk of white filter paper, seven inches in diameter, divided into twenty-four sections like the face of a clock, is fixed on a turn-table revolving once in twenty-four hours.

Records obtained in this way show that the impurity varies every hour. In London the atmosphere thickens about 7 a.m., when domestic fires are lit, and it is at its densest about three hours later. After this it clears gradually, but there is a slight increase in density about 6 p.m. On Sunday morning the period of maximum density is one hour later.

Those *Languid* Eyes

They quickly reflect your health and physical condition—restless eyes indicate the temperament of the stomach.

Watch the eyes . . . see that the whites are clear with a healthy bluish tinge. The minute a yellow tinge appears it betrays constipation, sluggish liver or biliousness, you need a laxative. Bring back your

Vigour, Vim, Vitality

with Beecham's Pills—the sure way to constant, joyous, bounding health.

Beecham's Pills

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A Vegetable Product

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Sales Agents: Harold F. Ritchie & Co., Limited, Toronto B28

When Food Sours

About two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been over-stimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume in acid.

The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient and harmless. It has remained the standard with physicians in the 50 years since its invention.

It is the quick method. Results come almost instantly. It is the approved method. You will never use another when you know.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by pyhsicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

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BEST WOOL BEARING ENGLISH Angora and Chinchilla Rabbits, pedigreed. Write for prices and information. Solomon's Fur Farm, Alliston, Ontario.

Humility

Humility, like darkness, reveals the heavenly lights.—Thoreau.

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Wilton, Ont.—"I am taking Lydia E. Pinkham's Vegetable Compound through the Change of Life. It helps me and I cannot praise it too highly. I was troubled with heat flashes and my limbs were heavy so I could hardly walk to do my farm work. I saw in the newspapers your ad about the Vegetable Compound and thought to give it a trial. The first bottle gave me relief and I have told others what it does for me. I am willing for you to use my letter if you choose."—MRS. D. B. PETERS, Wilton, Ontario.

Ask Your Neighbor

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