NO MEDICINE LIKE BABY'S OWN TABLETS

For Either the Newborn Babe or the Growing Child.

There is no other medicine to equal Baby's Own Tablets for little ones—whether it be for the newborn babe or the growing child the Tablets always do good. They are absolutely free from opiates or other harmful drugs and the mother can always feel safe in using them.

Concerning the Tablets, Mrs. John Armour, R.R. 1, South Monaghan, Ont., says:—"We have three fine, healthy children, to whom, when a medicine is needed, we have given only Baby's Own Tablets. The Tablets are the best medicine you can keep in any home where there are young children."

Baby's Own Tablets are a mild but thorough laxative which regulate the stomach and bowels; banish constipation and indigestion; break up colds and simple fever and make teething easy. They are sold by medicine dealers or direct by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Three-quarters of the land area of the Dominion is incapable of agricultural production, and of this fully one-half can be made to produce timber crops, if permanently dedicated, protected and managed for that purpose.

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20	$38.75
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How the Myth Originated.

As it has well been said of popular proverbs, that they are the wisdom of many and the wit of one, so theological and moral myths grew up in the popular imagination, and were nursed there till in happy season they received a definite shape from some one representative man, whose inspiration led him to express in a striking form what all felt to be true and all were willing to believe. The first framers of the myth were, no doubt, perfectly aware of the . . . significance of these imaginative pictures; but they were aware as poets, not as analysts. It is not, therefore, necessary to suppose that in framing their legends they proceeded with the full consciousness which belongs to the framers of fables, allegories, and parables.

During a certain early stage of national life, which cannot be accurately defined, but which always precedes . . . a regular written literature, the popular myth, like a tree or plant, becomes subject to a process of growth and expansion, in the course of which it not only receives a rich embellishment, but may be so transformed by the vivid action of a fertile imagination, and by the ingrafting of new elements, that its original intention may be altogether obscured and forgotten. How far this first significance may in after times be rightly apprehended depends partly on the degree of its original obviousness, partly on the amount of kindred culture possessed by the persons to whom it is addressed.

As of essentially popular origin and growth the myth cannot, in the proper sense, be said to have been the creation of any poet, however distinguished. Much less could a popular minstrel like Homer, using a highly polished language, and who manifestly had many predecessors, be said to have either created the characters or invented the legends about the Greek gods, which form the critics of the last century used to call the "machinery" of his poems. In regard to theological myths, which are most deeply rooted in the popular faith, such a poet as Homer could only turn to the best account the materials existing, with here and there a little embellishment or expansion, where there was no danger of contradicting any article of the received imaginative creed. — John Stuart Blackie, in "On Interpretation of Popular Myths."

Obstacles.

The mistake commonly made is to view an obstacle as "an immovable obstruction," whereas it is only a difficulty of some kind, which can be overcome with a little perseverance and intelligence. Regarded in this light, obstacles are to be welcomed, for they develop our strength of character. If everything is smooth and plain-sailing, calling for no special effort on our part, we cannot expect to make the most of ourselves and develop our capacities to the full. It is opposition that brings out our reserve forces, carrying us on to greater achievement.

Those who rise superior to their difficulties are bound to make progress, if they consistently triumph over every obstacle as it is met. It is a common but very unfortunate thing for young people to get discouraged when they come up against an impediment of any kind. They should really regard all such trials as tests of character. Forceful personalities are formed in just that way—by measuring wits with contrary circumstances. Let all those who aspire to win to high place take heart at what Mr. Bok tells them, out of his practical experience: "I looked at the top, and instead of finding it overcrowded, I was surprised at the few who had reached there; the top fairly begged for more to climb its heights."—Hamilton Spectator.

Forethought in Plants.

The apparent forethought in preparing materials and storing them for a time of need is not manifested by the trees alone, but in a greater or less degree it is exercised by every plant that grows—more manifest is it in those that live more than a single year. What wonders are performed beneath our very feet! If we could look beneath the thick woven sward of the meadows, or roll back the decaying leaves of the forest, or pluck up the thickened root-stocks of the water lily and kindred forms from their oozy beds beneath the shallow lakes, we should find in every place evidence of instinct-like forethought among the plants and provision for their future wants. . . . All the wealth of beauty in early spring—the green blade of grass—the fragrant Arbutus of the hillside and the golden Caltha by the brook—these all are the products of plant labor of the former year. These slow, secret processes are hid from the eye of the most careful observer, and they would never be known were it not for the sudden display of leaf and flower in springtime that reveals the secret of this hoarded wealth.—Paul Asel Chadbourne, in "Instinct in Animals and Men."

Time for the back-seat driver to take a back seat.

Surnames and Their Origin

THACKERAY

Variations — Thackery, Thackuray, Thackman, Thacker Thatcher.
Racial Origin—English.
Source—An occupation.

In the Government and religious records, tax lists and the like of medieval England such names as "Roger le Thaccer" and "Hobbe le Thechers" are to be found.

At that time, of course, the appendages to the given names for the most part were purely descriptive, signifying the trade which their bearers followed. The trade was that of roofing, for with rare exception the ordinary house of the Middle Ages had a thatched roof.

Later the same names are met, but here and there minus the "le," showing that in some cases at least they were being used as real and not merely descriptive names. Still later such combinations as "Walter Thaccer, le Cordwainer," proved that the name had become a family one, and that the said Walter was not a thatcher at all, though his name might indicate it.

The harsher pronunciation generally developed in the northern parts of England and the softer in the south, just as the same words became "church" in the south and "kirk" in the north, or "fisk" in the north and "fish" in the south, or again "dike" in the north and "ditch" in the south.

The flourishing ending "ay," later developing in some cases to a plain "y," were simply whimsical or vain endings added in much the same spirit that some names were Latinized to show the learning of their bearers.

CHISHOLM.

Racial Origin—Lowland Scottish.
Source—Geographical.

Though the origin of this family name, which is the name of one of the Highland clans of Scotland, is not Gaelic at all, most of those who bear the name are descendants of Gaels, with blood that originally came from Ireland.

The exact racial classification of the Lowland Scottish has never been settled with finality. That they were originally a Teutonic, rather than a Celtic, race is certain, but they have never been definitely placed as belonging to the Germanic (like the Anglo-Saxons) or the Scandinavian (like the Norse) branch of that great racial division. There is very good philological evidence that the Scottish dialect (which, incidentally, is not the language of the Highlanders, but of the Lowlanders) is not a corruption of English, as is commonly supposed, but a development independent of it, from a tongue dissimilar neither to the ancient Saxon nor Norse. It has, however, been complicated by the influence of the neighboring English through all periods.

However, the name of Chisholm (note the Saxon ending, which means meadow land) was the name of the home of the Lowland family which founded the Highland clan, gathering its followers from among the Gaels. The name, as first recorded, was spelled "Chishelme." This was in the fourteenth century, in about the middle of which the acquisition of Highland territory and the formation of the clan is placed.

WEAK AND NERVOUS

The Condition of a P. E. I. Lady Who Again Rejoices in Good Health.

"I can most heartily recommend Dr. Williams' Pink Pills to all weak people," says Mrs. Augustin Arsenault, Wellington Station, P.E.I. "Before I began their use I was very weak and nervous. I had always worked hard, with no thought of my health, until suddenly my strength left me. I began to feel tired and depressed, and did not sleep well at night, feeling just as tired in the morning as when I went to bed at night. I began to feel discouraged when I would think of the work necessary for me to do. I got some medicine from the doctor whom I consulted, but it did not appear to meet my case as I showed no improvement while taking it. Then a neighbor advised me to try Dr. Williams' Pink Pills and I got a supply of this medicine. I very soon found they were helping me, and I continued their use until I was well again, and I have been strong and well ever since."

Dr. Williams' Pink Pills do one thing—and do it well. They build up, purify and enrich the blood, and as the blood supplies the whole body, new life is given to the entire system. Better sleep, steady nerves, improved appetite, increased vigor—all these can be yours by taking Dr. Williams' Pink Pills. Begin to-day. Sold by all medicine dealers or by mail, post paid, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Tough Luck.

"He was so adorable! We got out about five miles and the car broke down."

"Gee! You were lucky."

"No, he turned out to be an auto mechanic and the stupid boy fixed the thing right up."

Those old enemies, gas, acidity, pain and discomfort are soon knocked for a fare-thee-well by Seigel's Syrup. Any drug store.

Don't Leave Children Alone.

"An an official having a good deal to do with the Child Life of the country, it is my duty to warn parents everywhere of the terrible seriousness of leaving young children alone in the house," said J. J. Kelso to a press representative. "One cannot reach this evil by law—it must be through an appeal to the sense of right and responsibility resting upon all parents. These horrible burnings are all too frequent and the recent tragedy should teach a lasting lesson. It is not a good excuse to say that children were left sound asleep, or that there was apparently no danger. Children do not stay asleep. They wake up and rush about searching for parents and even in the daytime lively children left to themselves are always in danger. The only safe rule is not to take a chance where precious little lives are concerned."

For all pain—Minard's Liniment.

Mortality Among the Classes.

Sir Arbuthnot Lane, in a review of Mr. Ellis Barker's work on "Health" published in the English Spectator, speaks as follows:—

The author gives convincing proofs of the advantage of plain living on natural food, combined with outdoor exercise. Farm workers and clergymen are the healthiest classes of the community, doubtless because both lead simple lives, with much exercise in the open air. Butchers and merchant seamen are among the most short-lived people. The mortality among butchers is twice as great, while that of merchant seamen is three and one-half times as great as that of clergymen and agricultural laborers. Butchers and seamen live largely on meat, preserved meat, preserved vegtables and other stale food which is only eaten sparingly or not at all by the clergy and rural workers; hence the high mortality of the sailors not withstanding the bracing air of the sea.

Many think cancer is an old-age disease. If there were a cancer age, cancer modtality would be higher among farm workers and clergymen, among whom longevity is greatest; but according to Mr. Barker, the cancer mortality is twice as high among the short-lived butchers and seamen.

"Sold for a Farthing."

Always we hear his cheery cheep and twitter;
The ever-changing seasons much the same
To him and his, foregathered on the litter
Of street or dooryard, — fearless, without shame.

The busy, happy, unselfconscious bird,
(Midst city noises, raucous, loud and shrill,)
In cheerful twittering is ever heard;
Abuse him not and bid him not be still!

In city square, or grassy, graveled park,
He shares the pigeon's or the squirrel's feast,
And, envying not the skyward singing lark,
Accepts his lot, content to be the least.

As he the debris of the gutter rifles,
A bold, glad, twittering,—the song he sings;
A picker up of ill-considered trifles,
To whom God grants the skyward gift of wings.

—Donald Bain in The Monitor.

Keep Minard's Liniment in the house.

Diplomatic.

"Let me see some of your black kid gloves," said the lady to shopman. "These are not the latest style, are they?" she asked, when they were produced.

"Yes, madam," replied the shopman; "we have had them in stock only two days."

"I don't think they are, because the fashion paper says, black kids have tan stitches, and vice versa. I see the tan stitches, but not the vice versa."

The schopman explained that "vice versa" was French for seven buttons, so she bought three pairs.

The forest has been so ravaged by fire that the growth rate is seriously affected; at the present time annual growth will not meet annual use, and all losses through fire, insects, and decay cause further net depletion of forest capital.

3,000 Norway Maples and American Elms, 8" to 18"—$1.50 to $14.00. Boston Ivy—40c to 75c. 2,000 Roses—40c.

Tree Experts, Landscape Architects, Gardeners and Contractors. Write for Catalogue.

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Mar-Mill Chick Starter

Bringe Health, Vigor and Quick Growth. Continuous growth the First Eight Weeks of a chick's life is a big factor in High Winter Egg-Production. MAR-MILL HIGH-QUALITY FEEDS bring the desired results.

MAR-MILL CHICK-STARTER is a well-balanced Mash, rich in vegetable and animal protein, containing essential feeds for profitable growth and quick maturity, including Buttermilk, Skim Milk, Meat Scrap, etc.

Write to-day for our FREE Book, entitled "Profitable Poultry Feeding." Address: MARKHAM FLOUR MILLS (D. N. REESOR & SONS), MARKHAM.

MAR-MILL CHICK SCRATCH FEED should also be used. It is composed of specially selected high-grade cracked wheat, cut corn, and steel-cut oats.

Ideal Growth in Chicks, and early maturity in Pullets is the result of adequate amounts of protein, carbohydrates, fats, mineral salts, vitamins, etc. MAR-MILL FEEDS provide these requisites.

Do not overlook the fact that MAR-MILL COD LIVER OIL is pure, and of extra high quality. When using Cod Liver Oil be sure to get MAR-MILL quality.

Freight prepaid up to 25c per hundred, in 600 lbs. or more.

Ontario Distributors for Fasterfat Fish Meal (71 per cent. to 75 per cent. protein).

Grown in the best gardens in the Orient.

Blended by men trained in the world's greatest tea market.

RED ROSE TEA "is good tea"

110-B

Packed in the best packet yet found for tea—*Aluminum.*

The Test.

The big man was telling the interviewer how he got started in his profession.

"When I was an infant, my good folks were undecided what I'd become when I grew up, and they struck on a plan. They fetched an apple, a prayer-book and a dollar-bill. If I played with the apple, a farmer I'd be—if I'd play with the prayer-book, I'd be a parson—if I'd play with the dollarbill, I'd be a banker. They left me alone for a few minutes, and when they entered the room later I was eating the apple, reading the prayer-book, and I had put the dollar-bill in my pocket—so that's how they made me a politician."

DROPSY

Thousands of people suffer with Dropsy and Brights Disease. If your limbs are swollen or you have any symptoms of this disease we guarantee that Cressy's Indian Herb Compound will give permanent relief. Money refunded if it fails. Information and testimonials supplied free. Write for particulars.
JOHN R. CRESSY CO.
296 Gladstone Ave., Toronto, 3, Ont.

In the BARN.

No medicine chest is complete without Minard's. Fine for collar boils, chaffed spots and colic.

MINARD'S "KING OF PAIN" LINIMENT

The Charm of A Velvet Skin —and the Pure Blood Under It

Tones the Blood-Clears the Skin

At this season, a safe, powerful alterative of proven merit is needed by most everyone. TRU-BLOOD corrects blood disorders and rheumatic conditions and ends Spring lassitude.

It is highly recommended for the prompt elimination of all skin affections, such as pimples, black-heads, blotches, ulcers, rash, abscesses, eczema, boils, salt rheum and all troubles arising from impure or below-par blood. First known as a Doctor's prescription — now obtainable at most Drug Stores.

991 in every 1000 need TRU-BLOOD A Buckley PRODUCT 57

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SELL CAMPERS, MOTORISTS AND HOUSEWIVES handy Two in One Tool. Best season just starting. Big demand. Write for territory. 74 Church Street, Toronto.

FARM WANTED—DESCRIBE, GIVE PRICE. Cash, Terms. F. Burden, 10234 59th Street, Edmonton, Alta.

CREAM

You will secure more money for your cream by shipping to us. We supply cans and pay express. Prompt returns daily by money order. Highest prices paid for eggs. Reference: Bank of Montreal. Write for cans and particulars.
CITY CREAMERY
780 Queen St. E. - Toronto

Better Chicks that will pay you. Bred to lay. Barred Plymouth Rocks, S.C.W. Leghorns, Barron and Wycoff and Ferris strains, Bell-City White Wyandottes Pure-bred, healthy, vigorous, Smith Hatched.
Send for circular and prices
BELL-CITY HATCHERY
14 Colborne St., Brantford, Ontario

Cuticura Soap and Ointment
Keep the Scalp Clean and Healthy. Promote Hair Growth

Spring Time is CELERY KING Time

Brew a cup of this fine old vegetable tonic. It is all the spring medicine you need. It drives out winter's poisons, improves the appetite and makes you feel better right away. CELERY KING is good for the whole family. At druggists, 30c & 60c.

CARRIED WIFE TO BED

Suffered So She Could Not Walk. Restored to Health by Lydia E. Pinkham's Vegetable Compound

Minesing, Ontario.—"I am a practical nurse and I recommend Lydia E. Pinkham's Vegetable Compound to suffering women. For three months I was almost helpless and could not sit at the table long enough to drink a cup of tea. Many a time my husband carried me to bed, I would be so weak. Then he read in the paper of a woman suffering as I did who got better after taking the Vegetable Compound, so he went and got it for me. When I had taken three bottles I was just like a new woman and have had splendid health ever since. When I feel any bearing-down pains I always take it; sometimes a half bottle or whatever I need. It is my only medicine and I have told many a one about it. Any one wanting to know more about Lydia E. Pinkham's Vegetable Compound, I will gladly write to her. I do all I can to recommend it for I feel I owe my life and strength to it."—Mrs. NEAL BOWSER, R.R. 1, Minesing, Ontario.

Do you feel broken-down, nervous, and weak sometimes? Do you have this horrid feeling of fear which sometimes comes to women when they are not well? Lydia E. Pinkham's Vegetable Compound is excellent to take at such a time. It always helps, and if taken regularly and persistently will relieve this condition.

BAYER — *Genuine* **ASPIRIN**

Proved safe by millions and prescribed by physicians for

Colds	Headache	Neuritis	Lumbago
Pain	Neuralgia	Toothache	Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

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