A DOCTOR'S PRAISE

A Noted Doctor Strongly Endorses Dr. Williams' Pink Pills.

The test of any remedy lies in its acceptance and employment by the qualified medical practitioner. No less an authority than Dr. Andrea Amici, physician to the Papal household, writing on the subject of anaemia, impoverishment of the nervous system and disorders attributable thereto, strongly endorses Dr. Williams' Pink Pills, recommending them as superior to other tonics.

Dr. Amici's testimony reads as follows:—"For several years I have made use of Dr. Williams' Pink Pills in my work and I have always found them efficacious in the treatment of disorders due to impoverishment of the nervous system, anaemia and neurasthenia, stomach weakness, retarded development in young women, and irregularities. There is no lack of tonic remedies, but in my experience no one of them manifests a superior efficacy to that of Dr. Williams' Pink Pills."

No more conclusive evidence of the value of Dr. Williams' Pink Pills could be asked for or given, than is found in the above endorsement of this noted European physician. Besides this, however, this medicine has enjoyed a world-wide public confidence for more than a third of a century and has brought relief to thousands and thousands of weak and suffering people.

Try Dr. Williams' Pink Pills for anaemia, rheumatism, neuralgia, nervousness and stomach trouble. Take them as a tonic if you are not in the best physical condition and cultivate a resistance that will keep you well and strong. You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

What They Are Saying.

There is nothing more degrading than idleness.—Bishop of Durham.

The next best thing to winning is to be beaten by a good fellow.—The Prince of Wales.

This is an age of many temptations and crowded with false prophets, but the immortal truths remain untouched. —Miss Marjorie Bowen.

The Empire is not a union of traders; it is a union of those who believe in the historic importance of free institutions.—Lord Stanley of Alderley.

Both sides of industry have to get away from general platitudes that lead nowhere.—Sir Arthur Steel Maitland.

"China for the Chinese" means what it says. It does not, and never will, mean, "China for the Russians."—James Louis Garvin.

Be silent, or say something better than silence.—Pythagoras.

Nothing Like It to Relieve Colds

In formula and action, Buckley's Mixture is different from all other remedies. It literally "acts like a flash" in conquering coughs and healing the inflamed parts. The instant relief that follows the first dose is multiplied 40 times in a 75-cent bottle! "Buckley's" should be in every home. Your druggist sells it under a money-back guarantee.

W. K. Buckley, Limited, 142 Mutual St., Toronto 2 S24

BUCKLEY'S MIXTURE *Acts like a flash—* a single sip proves it

Arranging the Book Garden.

It was of no use to attempt the breaking of paths while it was still snowing, and an effort to free even the back stoop was as foolish as the proverbial task of sweeping the wind off the roof. . . . The lack of church bells told the plight of the village, and so we had a day of absolute and enforced rest in which to arrange and plant our indoor garden of books.

The one-time parlor across the hall from father's study and office had been developing (I suppose Aunt Lot would say degenerating) into a comfortable den for the past month. The best chairs that for so many years had stood primly back against the wall were scattered about the room, their places taken by a continuous line of book-shelves of a height that left picture space above. The claw-footed mahogany table was drawn well into the bay and littered with books and magazines in a way that must have surprised it. . . . The north window was Evan's lair; an open bookcase jutted out on either side to form an alcove with a wide-topped desk between, while I had a somewhat similar nook by an old door-like casement at one side of the fireplace.

The plants in my book garden, like those of the hardy beds, were jambled together, regardless of size, color, or season, and quite overflowed the space allotted them. Evan suggested that as in the outdoor garden, when pressed for room, we should dispense with most of the annuals—the books of but a few months' bloom, which having served to brighten a brief period, have no lasting qualities, thus giving place to the books of perennial delight and to the biennials—those volumes that one turns to at least every other year. To this I agreed, until I found that opinion plays a large part in the hardiness of books, and that they cannot be as arbitarily classified as flower seeds. . . .

It was slow work, this arranging; for almost every volume had something to say or a reason to give why it should be planted in a particular nearby case. . . . As Evan began to sort and stack the books, I stood by in a state of increasing alarm as one favorite after another went to build up the pile of annuals. . . . "I will give you an idea," said Evan, as he saw my expression. "Range them along the attic shelves and call them the garden of remembrance, where you may stray for memory's sake"—From "The Garden of a Commuter's Wife," by the Gardener.

A Winter Night.

Pure, brilliant sapphire shows the western sky
Where a crystal planet shines with clear-orbed light,
And more remote, through fields of dark-blue night.
The sickle moon, keen polished steel, rides high,
Reaping of little diamond stars a harvest bright.

There, where the horizon's azure meets the hill,
Snow-crowned, sharp-ridged above the frozen stream
A lonely elm leans, barehead, half adream,
Laced branches moveless in the evening still,
Sentinel watcher for the first spring morning's gleam.

—Florence Westacott.

Friendship in its very nature consists in loving rather than in being loved. In other words, friendship consists in being a friend, not in having a friend.

ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds, Pain, Headache, Toothache, Neuralgia, Neuritis, Lumbago, Rheumatism

DOES NOT AFFECT THE HEART

WARNING! Beware of Counterfeits

There is only one genuine "ASPIRIN" tablet. If a tablet is offered as "ASPIRIN" and is not stamped with the "Bayer Cross"—refuse it with contempt—it is not "ASPIRIN" at all! Don't take chances!

Safe — Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

'Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Surnames and Their Origin

CARDEN.

Variations—Cardin, Cardan.
Racial Origin—English.
Source—A locality.

Here is a family name which, though you may think it has a Scottish sound, is purely English in its origin.

It is one of those ordinary, normal developments of a family name from the name of a place, a place with which the original bearers of the surname were intimately connected in some way, either having held a title in connection with the place or simply having been former residents of the district.

In names of this classification you will find that, in the vast majority of instances, the surname was first borne by reason of former residence rather than the cause of a title, for naturally there were more residents than there were titleholders.

The place in question is Carden, a community near Chester. It so happens that the family name and the place name have the same form to-day, both having developed into the same spelling from the original form of "Cawarden."

BORLAND.

Racial Origin—English or Cornish and Scotch.
Source—A locality.

The family name of Borland differs from that of Dorland by only one letter. Yet the latter is of Dutch origin, while the latter is either of English, Cornish or Scottish.

There are enough records of the name to establish definitely the fact that it is derived from a place name, and that in the first instance it signified the place from which the bearer had come, or with which he was connected in some way. But as is so often the case where there are several localities bearing the same name, it is impossible without research in the individual case to say from which of these the family name has developed.

The English place name of Borland may signify either "the common land" of any one of a hundred communities or the "bordland,' signifying the lands which the Norman feudal lords kept in their own hands for the support of their board or table.

As a Cornish or Scottish place name it signified the rising or swelling land. There is a place of this name in Fifeshire, Scotland.

BABY'S WELFARE DURING FEBRUARY

Should be Most Carefully Guarded by All Mothers.

February is one of the hardest months of the year on little ones. It is a month of cold, blustery days that prevent the mother taking her baby out for the fresh air so necessary to its welfare. Baby is consequently confined to the home. More often than not the rooms are over-heated and badly ventilated and the little one catches cold or grippe. What is needed to keep the baby well is a gentle laxative that will regulate the stomach and bowels; banish constipation and indigestion and in this way will either prevent or break up colds and grippe. Such a laxative is found in Baby's Own Tablets. They are mild but thorough in action; are absolutely safe and they are guaranteed to contain neither opiates or other harmful drugs. They never fail to be of benefit to little ones and may be given to either the newborn babe or the growing child.

Baby's Own Tablets are sold by all dealers in medicine or may be had by mail, post paid, at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

To-morrow Will Need Men—

—Who have learned to hold to-day in high respect.

—Who would rather be right than prosperous.

—Who cannot be terrified from doing great deeds.

—Who dare to take their orders directly from the people.

—Who spent to-day in preparation for big tasks.

—Who can think and will let others think.

—Who will do with ease what we have called impossible to-day.

English Beg Trees to Bear by Song in Pagan Ceremony.

A ceremony surviving from Pagan times was carried out on the eve of old Twelfth Night, January 18, at Carshalton, Somerset, when west country orchards echoed with the wassail song which invokes apple trees to bear a lusty crop next season.

The ceremony was accompanied by much cheering, gunfiring and cider drinking, and it is on record that on one occasion the revelers on arriving at the last orchard solemnly wassailed a lilac bush instead of an apple tree.

Her Number.

He had just arrived from the Old Country and was not familiar with the use of the telephone, so he took down the receiver and demanded:

"Aye vant to talk to my vife."

The operator's voice came back sweetly, "Number, please?"

"Oh," he replied, "she bane my second vun."

By Automobile.

"I'm hiking from coast to coast."

"You ought to try walking for a change."

There is no better excess than the excess of gratitude.

IF STOMACH IS TROUBLING YOU

Instantly! End Indigestion or Stomach Misery with "Pape's Diapepsin"

As soon as you eat a tablet or two of "Pape's Diapepsin" your indigestion is gone! Heavy pain, heartburn, flatulence, gases, palpitation, or any misery from a sour, acid stomach ends. Correct your stomach and digestion for a few cents. Each package guaranteed by druggist.

ISSUE No. 7—'27.

Influenza (La Grippe).

Influenza is here. Not in its worst form, perhaps, but it is bad enough—colds are rife. The so-called "common cold" may be considered a catarrhal inflammation of the nose and throat. With simple treatment the inflammation subsides in a week or two. In say eight cases out of ten there are no general or constitutional symptoms; in the other two, however, serious conditions may be found in the bronchial tubes, lung tissue, stomach and intestines, nervous system, heart, etc. These are sometimes termed complications; it matters little what we call them; they are essentially part of the disease.

It would be well for the public to understand distinctly that in all cases of pronounced Grippe the heart is diseased. After careful investigation a few years ago a committee of distinguished London and Paris physicians made the statement: "Report of thirty postmortems showed constant occurrence of dilatation of the heart with myocarditis in the majority of cases, also inflammation of the bronchial tubes and lung tissues which we may call bronchial pneumonia."

The affection of the heart is really the serious condition; as a rule it presents no symptoms, gives no positive indication (except some weakness not properly appreciated) and no physical sign which can be definitely detected.

What happens? That to a large extent depends upon the patient's conduct. Even slight exertion may have a serious effect; not infrequently if the patient indulges in exertion too soon the result is death.

Prevention: For the next three months consider the common cold as serious. Symptoms indicating its seriousness are frequently wanting. If there is the slightest sign of anything beyond a sore throat, such as chill, weakness, muscular pains, etc., go to bed at once and send for a physician. Stay in bed and undergo treatment until permission is given to get out of bed. Then stay in the house and keep as quiet as possible until the muscular strength comes back to the system.

This is the dangerous time when very slight exertion is often followed by a fatal result. Frequently it is the most energetic people who go in this way, and we know many of our old friends who were snuffed out by returning to work too soon.

Are there going to be any regrets tomorrow about that good meal you're all set to stow away tonight. Better take Seigel's Syrup. Any drug store.

International Rabies Conference.

The President of the University of Toronto has received from the Federal Department of Health a request that Dr. J. G. FitzGerald, Professor of Hygiene, be given leave of absence in order to attend a congress which has been called by the Health Committee of the League of Nations to meet in Pasteur's old home in Paris next April. This will be an international rabies conference and the chief items on the agenda will be the nature of the rabies virus; the methods of inoculating persons after they have been bitten, various modifications of the Pasteur treatment; general and local accidents consequent upon anti-rabies inoculation, post-vaccinal paralyses; the problems of inoculating domestic animals which have bitten and the preventive inoculation of dogs; miscellaneous questions.

It is a distinct honor to Professor FitzGerald to be chosen to represent Canada on this occasion.

Make It Unanimous.

An unsuccessful poet complained of the number of rejections he received.

"There seems to be a conspiracy of silence against me. What should I do?" he inquired of a friend.

"I'd advise you to join it," replied the friend.

Marriage is a lottery in which you get a prize—or a surprise.

Shyness can best be cured by the development of self-confidence, which calls for the power of thinking, the power of acting on the thought, and the power of self-control.

Doctors vouch for Minard's Liniment.

RED ROSE TEA "is good tea"

108

You must try RED ROSE ORANGE PEKOE. A little higher price than other teas, but a real difference in quality. Now packed in *Aluminum*.

Indian Place-Names of Prince Edward Island.

Indian names are not always euphonious but dissonance cannot be charged against the Micmac names of Prince Edward Island. The Indian name of the island was Epagwit, meaning "at rest on the water," and many think it is a pity that this poetic name has not survived.

Only nine Indian names are in use to-day, according to the Geographic Board of Canada, namely, Bedeque bay, Cascumpeque bay, Malpeque bay, Mininegash pond, Miscouche point, Pisquid river, Shemody river and point, Tignish river, and Tracadie bay. Such spellings as Bedeque, instead of Bedek; and Malpeque, instead of Malpek, show that the survival of the names is due to the French, whose connection with the island began with the voyage of Jacques Cartier in 1534. There is the further evidence that while French maps show the foregoing Indian names, the first English map of the island, made in 1765 by Captain Holland, shows not a single Indian name save in a secondary place; Bedeque bay being named "Halifax," after the Earl of Halifax; Cascumpeque bay, "Holland" after Lord Holland; and Malpeque bay, "Richmond," after the Duke of Richmond.

Bedeque means "the hot place"; Cascumpeque, "bold sandy shore"; Malpeque, "large bay," Mininegash, "portage place"; Miscouche, "little grassy island"; Pisquid, the "forks of a river"; Shemody, "spear pole place"; Tignish, "paddle," and Tracadie, "camping ground."

The recent publication of the Geographic Board of Canada Place-names of Prince Edward Island, states that "Canceaux" (point and cove) is a transplanted Indian name. It commemorates Captain Holland's ship the Canceaux, in which he spent the winter of 1764-5 in the cove. The ship was called after cape Canso, Nova Scotia, sometimes spelled by the French, "Canceaux." Canso is Micmac Indian for "high banks opposite."

Minard's Liniment for animal ailments

Primitive Honesty.

British Air Ministry Communique No. 1401, giving the official account of the R. A. F. 14,000-mile flight of four airplanes from Cairo to the Cape and back to England (March 1 to June 21 last), contains the following incident narrated by Wing Commander O. W. H. Pulford "as an illustration of the truth of the saying that 'nothing is ever lost in Africa' ":

"Whilst the officer commanding Second Battalion King's African Rifles was being taken for a flight his goggles, which he had borrowed from one of us, blew off. They fell in thick bush about six or seven miles south of Tabora. The loss of a pair of goggles was inconvenient for it meant that somebody in the flight had to fly without them. Early next morning about two minutes before taking off, a native was seen running fast across the ground toward us. On reaching us he handed me the goggles, quite undamaged, and then walked away. Where or how he had found them was never discovered, but the incident bears witness to the honesty of the average native."

The Difference.

Mother (correcting Willie's home lesson)—"How can two and two make more than four?"

Willie—"Put them side by side and see, Mother!"

Classified Advertisements.

FOR SALE.

VICTROLA STYLE, FULL CABINET, PLAYS all records, 48 selections, automatic. Value $95.00 for $33.00 guaranteed. Poisson, 340 Mount Royal East, Montreal.

FARMERS, PUT YOUR SPARE TIME TO profitable use during the winter months by representing "The Old Reliable Fonthill Nurseries." Highest commissions paid, exclusive territory, handsome free outfit. Splendid list of new and special lines. Send for list and full particulars. Stone & Wellington, Toronto 2.

SEND YOUR FAVORITE NEGATIVE (RETURNED) and 10c for sample enlargement. Phil Lundsted, Cape Cottage, Maine.

Back to the Antarctic.

Mr. James W. E. Marr, who as a Boy Scout patrol leader went with the late Sir Ernest Shackleton in his last expedition to the Antarctic, is to be zoologist to the Discovery expedition to investigate deep sea life in the Antarctic.

Tact.

"Father, what is tact?"

"Tact, my boy, is what prevents a grey-haired man from reminding a youthful-looking woman with the complexion of a rose that they were boy and girl together."

You can rely on SHILOH FOR COUGHS

Hockey Players

A rub down with Minard's after a strenuous game prevents stiffness.

MINARD'S "KING OF PAIN" LINIMENT

SICK CHILDREN LOVE "CASCARETS" FOR THE BOWELS

Give "Candy Cathartic" for a bad cold, sour stomach, constipation

Get a 10-cent box now.

Most of the ills of childhood are caused by a sour, disordered stomach, sluggish liver and constipated bowels. They catch cold easily, become cross, listless, irritable, feverish, restless, tongue coated, don't eat or sleep well and need a gentle cleansing of the bowels—but don't try to force a nauseating dose of oil into the little one's already sick stomach—it is cruel, needless and old-fashioned.

Any child will gladly take Cascarets Candy Cathartic which act gently—never gripe or produce the slightest uneasiness—though they cleanse the little one's system, sweeten the stomach and put the liver and bowels in a pure, healthy condition.

Full directions for children and grown-ups in each package.

Mothers can rest easy after giving this gentle, thorough laxative which costs only 10 cents a box at any drug store.

"Worth its weight in gold" Says Ottawa Matron

Mme. Beatrice Charlebois could not hold pen to write. Nerves completely shattered, health ruined. Now alert, vigorous and strong, she gives praise to Tanlac

The two-year ordeal which she passed through before Tanlac came to her permanent relief, was recently described by Mme. Beatrice Charlebois, of 22 Rose St., Ottawa.

"What I endured in that time could not be told," she said. "I was so weak I could hardly walk. My appetite was poor and my stomach gave no end of trouble. Gas and pains would bring on fainting spells.

"My nerves were so completely shattered that I jumped in fright every time the doorbell rang. My hand trembled so that it could not hold the pen to write my name. Night after night I've gone without sleep, too nervous to lie still for even a few moments. Even my housework became too much for me.

"I tried all kinds of remedies in those two years, but can honestly say Tanlac gave me my first real relief. It built me up so that I've gained 11 lbs., eat and sleep fine and have nerves as

calm and steady as ever. Tanlac is worth its weight in gold."

Build up your health on Tanlac, nature's own tonic made from roots, herbs and barks. Your druggist has it. Over 52 million bottles sold.