After long tests we are convinced *Aluminum* is the best container for tea.

RED ROSE TEA "is good tea"

104

Now packed only in *Aluminum.*

ARE YOU THE RIGHT SORT OF DAD?

Mistakes Some Parents Make: By Dorothy Dix

Perhaps there never was a time when there was such a crying need for wise fathers and mothers, or when parents seemed so little able to deal intelligently with the child-rearing problem as now.

When we look at the young people of to-day it appears that parent sare divided into two groups; those who give their children unbridled liberty and license and exert no authority over them, and those who give them no freedom whatever and enforce the tyranny of the Middle Ages over them.

Under the Parental Thumb.

On one side we see boys and girls, still in their teens, going the pace that kills. On the other hand, we see parents who are so horrified at what these uncontrolled youngsters do that they put the screw on their own boys and girls and crush every particle of pleasure out of their lives.

They will not let their daughter go to a party or a dance. They will not let a young man come to the house, and the consequence is that the girl slips out of the back door and meets him secretly.

It is not strange that neither plan works, for you ruin a child if you are either too hard or too lenient. Parents must see parenthood as a job that they have undertaken, and to which they must give thought and intelligence, instead of going at it in a haphazard way, doing what is easiest to do at the moment and trusting the results to luck.

Parents allow their children to be impudent and disobedient to them. They never make their children do anything because it is their duty to do it. They deny themselves to give everything to their children. And then they wonder, when the children grow into manhood and womanhood, that they are selfish and disrespectful and idle and of no account. It would be a miracle if they were anything else!

Wrong Upbringing.

The worthlessness of many rich men's sons and daughters is a proverb. It is only occasionally that a self-made man's son is able to step into his father's shoes and carry on the big business that the father has built up. This is not because the boy had not the natural equipment, but because of the way he was brought up.

I have heard such men say: "I was as poor as a dog when I was a child; I never had any decent clothes. I never had a penny of spending money. I had to go to work when I was fourteen, and I don't want my children to go through the hardships that I did."

So he lavishes money as if it were water upon his children. Many of them learn nothing but how to be wasteful. He requires nothing of them, and they grow up to be idle, wortnless men, who know no law but their own pleasure.

But if too-lenient parents ruin their children, so do too-harsh ones. Parents can no longer exercise supreme authority over their children.

To a certain extent the boys and girls are going to do what all the other boys and girls are doing, because we must all live the life of our age.

But parents can modify the effect of the times on their children. They can teach them self-control. They can teach them to take their pleasures in moderation. They can give them standards to live by and ideals to struggle up to.

NOTHING TO EQUAL BABY'S OWN TABLETS

Mrs. Georges Lefebvre, St. Zenon, Que., writes: "I do not think there is any other medicine to equal Baby's Own Tablets for little ones. I have used them for my baby and would use nothing else." What Mrs. Lefebvre says thousands of other mothers say. They have found by trial that the Tablets always do just what is claimed for them. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus banish indigestion, constipation, colds, colic, etc. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Old English Road.

Time was, and that not long distant, when a sojourner in a country village could slumber undisturbed through a summer afternoon. To-day, the scene is changed. Heralded by dust and followed by smell, motorcars and motorcycles thunder past.

The song of birds is drowned by hoot of horn and thud of engine; the fuchsia bushes at the cottage doors are thick with dust. . . . The road, fifty years ago well-nigh deserted, has reverted to an earlier type and is once more the highway of commerce and of pleasure. But its constituents and its aspect are far different from that of the centuries when it was at once the playground and the workshop of England. . . .

The road was also the market-place of England, and in that market-place wrought merchants of every grade, from the wealthy traders of Flanders, riding beside pack-horses heavily laden with his country's wares, to the humble peddlar, his stock upon his back, trudging through mud and mire on his daily round or to the nearest fair. Autolycus found as ready a sale for his "merry ballads" as for his silk and thread. Queer stuff his ballads were from his own description, and hardly less strange were the medleys sung in inn parlors by wandering minstrels to the accompaniment of harp, lute, and guitar. Yet these nomadic musicians kept alive the sacred flame of England poesy as truly as did the more romantic troubadours that of France.

Every form of travel fell under the head of pilgrimage: from a leisurely promenade through rural England to a transmarine journey which occupied years. The ultimate goal might be Jerusalem, but a detour through Spain, a stay in Venice to witness the espousal of the Adriatic, and an exploration of the cities of Asia Minor excited no comment, for time was of no importance, since pilgrimage was the most blessed state that man could be in. . . . The custom served useful purposes outside its primary intent. In an age when newspapers were unknown and books were few, these travellers carried the news of other lands to home dwellers, and the unlettered homes of northern Europe were brought into touch with the learning and refinement of ancient civilizations. It satisfied that passion for adventure to which pilgrimage, Elizabethan exploration and modern colonization have all in turn ministered. . . .

The most redoubtable horseman of the eighteenth century was John Wesley. All through his active life, he rode from sixty to seventy miles a day; after he was eighty years of age his record for a year was from four to five thousand miles. Often he was in the saddle by three a.m., and, when weather permitted, it was his custom to ride with loose rein, reading history the while.—A. M. Pagan, in The Empire Review.

Things taste so good we can't help eating too much, now and then. Don't suffer for it. Take Seigel's Syrup. Any drug store.

Never Meddle—

—With a quarrel between lovers.

—With a gun that is not loaded.

—With a policeman who does not talk much.

—With a man who is attending to his own affairs.

—With a boy who is fighting his own battles without asking for help.

—With a sin you would not have for a master.

—With politics unless you are willing to be slandered.

Dust is now being blamed as the carrier of the germs of infection of various diseases and ailments, including asthma, diphtheria, and tonsilitis.

Life should be a route, not a routine.

A Pleasant Sip—Instant Relief

There is an effective way to pleasantly relieve that distressing Cough. Buckley's Mixture is delightful and "friendly". Yet it acts like a flash in clearing the throat and chest. One dose stops coughing—and there are 40 doses in a 75-cent bottle! All druggists sell it under a money-back guarantee.

W. K. Buckley, Limited, 142 Mutual St., Toronto 2

BUCKLEY'S MIXTURE Acts like a flash—a single sip proves it. 821

ISSUE No. 3—'27.

LADY MAUD HOARE MAKES WOMAN'S LONGEST FLIGHT.

Sir Samuel Hoare, British Air Minister, and Lady Maud Hoare, who are flying from England to India. The England-India flight, nearly 11,000 miles, which Sir Samuel is making to inaugurate the new air line being opened this month by Imperial Airways between Cairo and Karachi, will be the longest ever made by a woman.

Trees Are Hard Drinkers.

Trees are confirmed drinkers. No solids for them. They have no temperate habits. They drink continuously or not at all. Thus they live and grow as extremists and are either destroyed or die of old age unreformed. In fact the older they are the harder they drink and the greater their thirst. But no tree was ever found the worse for drinking. When they sleep in winter they go to the other extreme and are teetotalers, but with the first sunshine and thaw of spring they resume their bibulous habits.

When a tree once takes its place at Nature's great fountain "the earth's sweet flowing breast," it demands a steady supply of food, and if it doesn't get it it goes into a huff, throws off its handsome headdress, withers, and dies and turns up its heels to the sky.

The liquid food of the tree is brewed in the ground. Water is the important ingredient. Billions of bacteria work to make soluable many substances so they may be dissolved by water and taken into the circulatory system of the tree. The tiny roots of the tree drink this life fluid which is lifted hundreds of feet as if by a miracle defying the laws of gravity without any moving machinery. This fluid is distributed to the branches, thence to the leaves, the stomach of the tree, where another miracle is performed when the liquid is digested and made ready to be formed into wood.

The tree grows year by year like a person in height and girth. If the tree falls in the forest billions of bacteria will get hold of it and with the help of air and sun and moisture its substance will eventually be transformed into the liquid food for other trees.

Codliver Oil.

Many of us have distinctly unpleasant recollections of the days a generation ago, when the three chief constituents of the family medicine chest were Castor Oil, Eclectric Oil and Codliver oil. These three were individually or collectively administered on innumerable occasions. One feature common to all stands out in our memory, namely, their disagreeable taste. The first two of the time-honored remedies have been gradually supplanted by preparations equally efficacious and infinitely more palatable. Codliver Oil, however, is more firmly established to-day than ever.

Codliver Oil in its pure form is still considered to exert some rather definite influence in the prevention of diseases of the respiratory tract; to be an excellent tonic for younger children taken alone or combined with other medical agents. It is, however, as a preventative and cure for rickets that it is now most widely used.

In the temperate zones, owing to the lack of sufficient sunshine in the autumn and winter months, it has been found necessary to give all bottle-fed and most breast-fed infants Codliver Oil, in order to avoid the possibility of their developing this extremely common complaint.

Codliver Oil may be safely administered in small doses to all children without fear of digestive disturbance, and is readily taken by infants. One-half teaspoonful twice daily, under three months of age; one teaspoonful twice daily from three to six months of age; and from one teaspoonful to one dessertspoonful twice a day up to two years.

Codliver Oil should be given pure and as a rule unmixed with such articles of food as milk or orange juice.

According to a Swiss scientist, the nerve centres which react to music are in the feet. This explains why we tap time to music with our feet.

EFFICIENCY IMPAIRED

Why Many Men and Women Are Badly Handicapped.

When you are so run down in health that it impairs the efficiency of your work as well as your power to enjoy your leisure hours, or obtain rest, it is time you looked to the cause. If you do not, a serious breakdown is almost sure to result sooner or later. In nearly all cases this condition, which doctors usually describe as general debility, is due to poor blood—blood that is deficient in red corpuscles. When the blood is thin and weak your whole system suffers. You lose appetite, have no energy, your nerves trouble you and you feel restless.

What you need is help to build up your blood and you should begin at once to make your blood rich and red by taking Dr. Williams' Pink Pills. You will soon notice the difference in your health by a better appetite and increased vigor. The reason is that the new blood created by Dr. Williams' Pink Pills stimulates all the organs of the body to healthy activity, and so the system gains nourishment and strength. If you are weak or out of sorts begin gaining new strength to-day by taking Dr. Williams' Pink Pills.

You can get these pills from your druggist or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Emperor Hirohito Interesting Character

The personality and interests of the new Japanese Emperor, Hirohito, were described recently by General Charles H. Sherrill, who met the ruler when he was heir to the throne in Paris in 1921, through Count Chinda, former Japanese Ambassador in Washington, and old friend of General Sherrill. The Prince had made an extensive tour of Europe and despite his youth had left behind an impression of an extraordinary grasp of Western ideas of government, economics and social institutions, said General Sherrill.

"Prince Hirohito was not only an interesting personality," he said, "but above all an "interested" personality. When he learned form Count Chinda that I had spent several months in Japan in 1919 he questioned me at length on my impressions of his country, and displayed the keenest interest in every phase of Western politics and government. It was at a large reception given by the French in his honor that I met him, and in the midst of a brilliant assemblage of Occidentals he was a figure of outstanding interest. Simple and dignified in his bearing, he had the face of a student, representing all the traditions of his ancient country, yet showing an eager desire to learn everything possible of the civilization o fa different world. No finer compliment could have ben paid to the peoples of Europe than the interest he evinced in their life and institutions.

"With his accession to the throne Japan has her grst ruler who is intimately acquainted with the Western world. It is a significant fact that the greatest world power i nthe Far East is a man who thus appreciates the aims and aspirations of the Occident. Representing as he does the unbroken traditions of 2,500 years, it is evident that there can come no radical changes of a political nature under his rule. His family is a symbol of stability, of governmental continuty, providing a bulwark against bolshevism and kindred dangers."

Minard's Liniment,—ever reliable.

The Rheumatic Child.

We chose this title, rather than "Treatment of Rheumatism in the Child," because the disease itself calls for treatment with drugs mainly, which is not a proper subject of discussion in a nonmedical magazine, while the treatment of the child who is subject to rheumatism is chiefly hygienic and dietetic. The disease is not very common in children under five years of age, but between that age and fifteen it is greatly to be dreaded. The first attack is seldom very painful or serious, but it is likely to be followed by others, and then there is danger of damage to the heart.

For this reason the first attack is to be taken as a warning that a predisposition to the disease exists, and that everything possible must be done to ward off another visitation. A child with the rheumatic tendency must be protected against exposure to extreme cold and damp. Woolen underwear, including stockings, good stout shoes to keep the feet warm and dry, and confinement to the house on stormy or cold, blustery days are of supreme importance. The house should be kept warm, and the playroom or nursery should have a southern exposure, to insure sunlight through the winter months.

When the weather permits, the windows should be opened during the hours of sunshine, for the health-giving rays cannot pass through glass. The child should be examined every six months at least, in order that any existing foci of disease in nose, mouth or throat may be detected early and removed as completely as possible. An antiseptic mouth wash, gargle and nose spray should be used morning and evening, and the bowels should function normally.

Attention to diet is important. During an attack only milk, butter, cream or cottage cheese, toast, zwieback and cereals should be given, but after convalescence eggs and meat in great moderation—that is to say, at one meal only two or three times a week—may be added. The child should drink plenty of water and milk both during and after an attack; lemonade and orange juice are excellent drinks. The use of candy and of sugar in any form should be greatly restricted. In short, everything must be done to build up the health of the child and maintain it at the highest possible level, at the same time avoiding any coddling. Play in the open air should be encouraged whenever the weather permits.

To Finish Paper.

Clay and talc are used as "fillers" to give sheet paper a finish.

Sneezing?—Use Minard's Liniment.

Advice.

Be not always speaking of yourself. Be not forward. Listen when spoken to. Avoid old sayings and vulgarisms. Be choice in your compliments. Command your temper and your countenance. Never acknowledge an enemy or see an affront if you can help it. Doubt him who swears to the truth of a thing. Dare be singular in a right cause; be not ashamed to refuse. Never appear to be in a hurry. Neglect not an old acquaintance. Make no one in company feel his inferiority. Avoid punning and mimicry. Talk not long at a time. Tell no long or doubtful stories. Hold no one by the button when speaking. Forestall not a slow speaker. Say not all you think. Give not your advice unasked. Remember few jokes will bear repeating. Learn the character of the company before you say much.

Classified Advertisements.

GRAMOPHONE.

VICTROLA STYLE, FULL CABINET, plays all records, 48 selections, automatic. Value $95.00 for $35.00 guaranteed. Poisson, 340 Mount Royal East, Montreal.

SALESMEN—We offer steady employment and pay weekly to sell our complete and exclusive lines of guaranteed quality, whole root, fresh dug-to-order trees and plants. Attractive illustrated samples and full co-operation, a money-making opportunity.
Luke Brothers Nurseries. Montreal

OLD CHINESE ECZEMA REMEDY
For External Use Only
For centuries a sure relief for Eczema, Itch, Pimples, Ulcerated Legs and any skin disease. No matter how long or how bad. Give it a trial!
Generous Jar $2.10 Postpaid
GEO. Y. LEE,
P.O. Box 1422, Victoria, B.C.

Man and Nature.

The chatter of the people on one side
And, on the other, laughter of the loon.
Small acrimonies, bridge and politics
Fronting the silver silence of the moon.

Novels for feeble-minded to discuss
(And find a message in!); and there,
Outside, these little dolphins of the wind,
The swallows, weaving freedom through the air.

The tolerant trees; the heedless rocky crests;
Aurora flaming in the northern sky;
She said that he said and I said to her—
And then they die.

—Frederick Niven.

Give Correct Address.

The next time you write a letter be sure that your name and address are put on the envelope. Last year, 2,100,000 letters went to the dead-letter office.

Plans For Homes
Last word in builders' aid. Practical, up-to-date suggestions on planning, building, furnishing, decorating and gardening. Profusely illustrated, and scores of actual dollar-saving suggestions. Send 25 cents for current issue.
MacLean Builders' Guide
344 Adelaide St. W. Toronto, Ont.

You can rely on SHILOH FOR COUGHS

Stuffed Up?
Clear your head with Minard's. Warm the liniment and inhale.
MINARD'S "KING OF PAIN" LINIMENT

FOR Colds
BAYER
ASPIRIN
Proved safe by millions and prescribed by physicians for
Colds, Pain, Headache, Toothache, Neuralgia, Neuritis, Lumbago, Rheumatism
DOES NOT AFFECT THE HEART
WARNING! Beware of Counterfeits
There is only one genuine "ASPIRIN" tablet. If a tablet is offered as "ASPIRIN" and is not stamped with the "Bayer Cross"—refuse it with contempt—it is not "ASPIRIN" at all! Don't take chances!
Safe
Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.
Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."