SCIATIC SUFFERING

Comes Because the Nerves Are Starved for Better Blood.

There are excellent reasons why Dr. Williams' Pink Pills have proved beneficial in the most severe cases of sciatica, neuralgia and other complaints in that group known as disorders of the nerves. Each of these complaints exist because the blood is thin and watery, and the nerves are thus literally starving for the nourishment rich red blood supplies them. Any increase, therefore, in the richness of the blood speedily and beneficially acts upon the nerves and the torturing pains of sciatica and neuralgia disappear. It is because of their specific action on the blood, thus feeding the starved nerves that Dr. Williams' Pink Pills have been so successful in the treatment of these troubles. As proof of this we give the case of Mrs. P. N. Bezanson, South Alton, N.S., who says:—"Two years ago I was attacked with sciatica and neuralgia in my back and leg. The pain was so severe that I could not walk. Even to move caused me agony, and I had to go to bed. The doctor called in was not able to do more than deaden the pain, and I had been in bed for six weeks when my grandmother came to see me and strongly urged me to give Dr. Williams' Pink Pills a trial. She said she had had a similar attack and it was these pills that had restored her to health. I at once got a supply and had only used four boxes when I found great relief. Gladly I kept on taking the pills, and soon after found myself as well as ever I had been. Gratitude for what Dr. Williams' Pink Pills did for me makes me urge others similarly afflicted to try them."

You can get these pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Your Banker Knows—

—That character is the best collateral.

—That eighteen per cent. is too good to be true.

—That your honesty may be unquestioned and your judgment rotten.

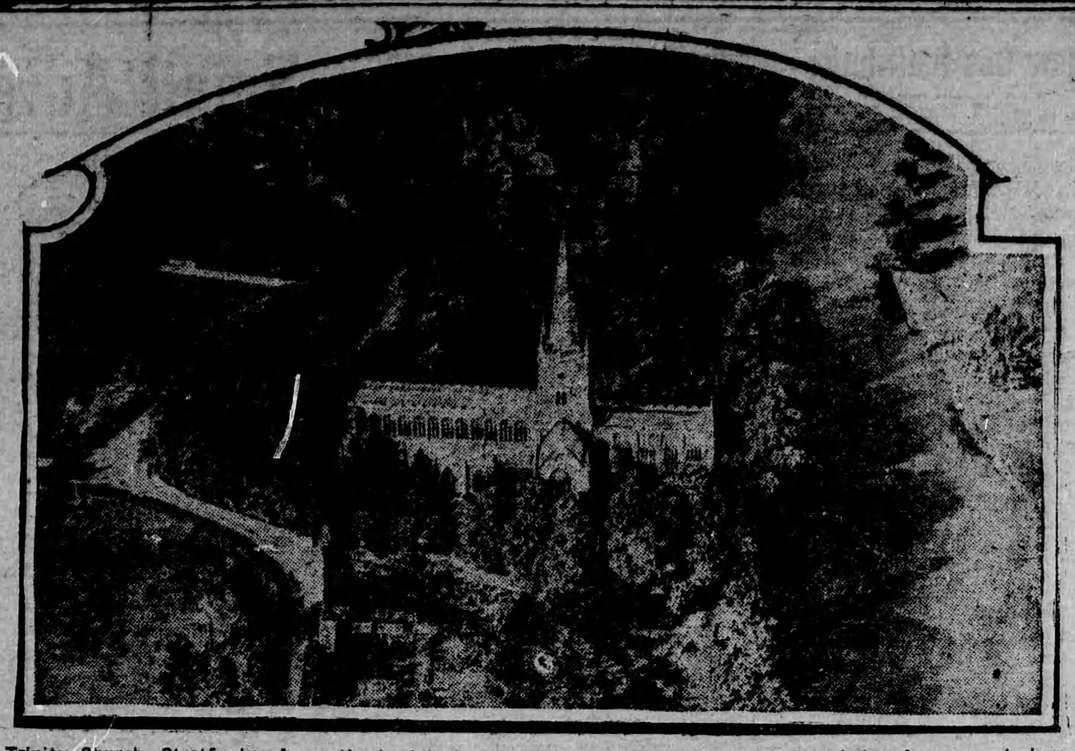
—That money is very sensitive about being asked to bring home too much interest.

—That regular savings are better than spasmodic economies.

—That very few men ever give away more than they can afford.

—That most men think they have unusually good judgment.

Minard's Liniment for Distemper.



Trinity Church, Stratford-on-Avon, the burial place of William Shakespeare, the view being from an airplane.

Too Economical.

A Scotsman took his girl for a day's outing, consisting entirely of walking and other inexpensive pleasures. On arriving back at her home the girl complained of hunger, thus raising her mother's ire. "And didn't that mean man buy you anything to eat?"

"No," answered the girl.

"Did he pay your rail fare?"

"Yes," replied Mary.

"Then take it back to him now."

On arriving at Sandy's house, Mary gave him the money, saying, "There's the rail fare, Sandy."

"Hoots, ye shouldn't hae bothered yersel, Mary, it would hae done on Saturday."

Information.

"Does Mr. Smith live here?" asked the man of the small boy who opened the door.

"No, sir."

"Does he live on this street?"

"Yes, sir."

"Do you know the number of his house?"

"No, sir, but it'll be on the door."

Mixed Up.

She —"I got the recipe for this cake over the radio to-day."

He (tasting it)—"Bothered by static again, huh?"

Surnames and Their Origin

MacMAHON.

Variations—Mahony, O'Mahony, Mahan.
Racial Origin—Irish.
Source—A given name.

A marshal of France at the time of the Franco-Prussian War bore this name. But he was of Irish ancestry, and the genealogists trace his line back through a comparatively few generations to the Irish clan, "MacMathghambna."

From this same clan name have developed the Anglicized form Mahony and Mahan. Of all the modern forms that of Mahony probably strikes closest to the pronunciation of the Gaelic form of the name, if you just prefix the "Mac" which has been dropped in the translation into English.

The seat of this clan was in Corca Baiscin, now known as Moyarta, and at one time, before the sway of the English was finally established throughout Ireland, it played a prominent part in the history of that land.

The founder of the clan was a chieftain named "Mathghabhuin," from "Magh," a plain, and "gabhuin," a calf. Literally the name meant "calf of the plains" which, however, was but the poetic name of the ancient Irish for the bear. Thus this old Irish clan name has virtually the same meaning, "sons of the bear," as the Scandinavian tribal name, also found to-day as a family name, of "Bjorning."

MAXWELL.

Racial Origin—Scottish.
Source—A locality.

The origin of this name as a family name is easily understood when a glance through the gazette shows a place of this name on the River Tweed, in Scotland.

But how did the place get its name? There is an explanation advanced that the family name is of Gaelic origin, and that the place took its name from the personal name. In this explanation the source is given as the Gaelic "macsual" or "little son." But logical thought does not incline to belief in this source.

Actual historical record, in fact, flatly contradicts it. The place got its name in the reign of King David of Scotland in the eleventh century, when a chieftain named Macchus obtained grants of land from the monarch on the River Tweed.

The name given to the place naturally was Macchus-ville, and this in the course of time under the influence of the Scottish speech has been shortened and euphonized into Maxwell.

Ontario Agricultural College

WINTER SHORT COURSES — 1927

Stock and Seed Judging (Two Weeks), January 11th - January 22nd.
Poultry Raising (Four Weeks), January 11th - February 5th.
Bee-Keeping (Two Weeks), January 11th - January 22nd.
Drainage and Drainage Surveying (Two Weeks), January 11th - January 22nd.

Horticultural Courses

1. Fruit and Vegetable Growing, February 7th - February 18th.
2. Floriculture and Landscape Gardening, June 6th - June 17th.

Dairy Courses

a. Course for Factory Cheese and Buttermakers, January 3rd - March 18th.
b. Cow Testing, January 10th - January 21st.
c. Farm Dairy, January 24th - February 4th.
d. Ice Cream, including Mechanical Refrigeration, March 21st - April 1.
e. Creamery and Cream Grading Course, together with Cheese-making and Mechanical Refrigeration, March 22nd - March 24th.

Farm Power

Including Tractors, Gasoline Engines, etc. (Two Weeks). January 25th - February 5th.

School for Bakers

(4 months) (Course now in preparation).

Information concerning Short Courses may be procured by writing to the Ontario Agricultural College.

J. B. Reynolds, M.A., President. L. Stevenson, M.S., Extension. A. M. Porter, B.S.A., Registrar.

Tongues and Fire.

Tolstoi once told a parable of two farmer neighbors who were very good friends, ever ready to help one another. If one's cart was broken, his neighbor would offer the use of his own. If one was short of sacks, he had only to make known his need and his neighbor would lend. One day Gabriel's wife and Ivan's daughter-in-law had words over an egg, and presently all the members of the family were engaged in the quarrel. They abused one another and as the feud developed, went to court and threw away more money than they could afford in legal expenses. Then one set fire to the house of the other, his own house also caught fire in the conflagration and half the village was burnt down.

Something of what that grim story illustrates is constantly going on in human communities. Some disagreement over a paltry matter sets a whole neighborhood ablaze, burning up good feeling and kindliness and forbearance. There is hardly a home or a school or a college, hardly a playing field or a business house or even a church, where tongues do not in this evil sense prove to be fires.

Many hundreds of years ago, in the Cathedral city of Canterbury, a great crowd watched a strange sight. Along the narrow streets of the town came a man, barefoot and clad in a rough woollen shirt, slowly making his way to the Cathedral. His head was bowed and his feet were bloodstained, for the stones were sharp and cut the flesh. That man, so humbly attired, was no other than the King of England.

There in a tiny church outside the town he had stripped off his ordinary dress and in penitent garb approached the Cathedral, where years before the Archbishop a Becket had been murdered, stabbed as he was coming from prayers.

The King made his way to where Becket fell, and kissed the stone. Then he went to the tomb and, with groans and tears, knelt and confessed. He promised great gifts to the church, then he removed his cloak and, kneeling at the tomb, he was beaten, receiving five strokes from each bishop and three strokes from each of eighty monks.

That was a king's penance for a few hasty words. He and the Archbishop had not been good friends. Becket had stood in the way of his desires. "Who will rid me of this man?" he had impatiently exclaimed, not expecting that any of the retainers who heard him would think of turning the hasty words into bloody deeds.

A few words flung down as heedlessly as a boy may throw down a lighted match, yet how great a forest may be consumed by a fire so kindled!

Life As You Go.

Pick up a little of life as you go:
Taste it and try it and don't say no
Till you've met with the savor that's just your style—
Oh, live it and try it, its sorrow and smile!
For somewhere and somehow there's something for you
That's lovely and lordly and helpful and true.

Pick up a little of life as you swing
Out every day to the toil of the thing.
Wishing your wishes and nodding your head—
Oh, somewhere the visions are lovely that thread
Around you and o'er you to lead you at last
To mansions of light from the low-vaulted past!

Pick up a little of life—it is here,
Mixed with strange problems, with laughter and tear,
Muddled and marred, but with always a chance—
Oh, live it and dare it and lift a knight's lance
And spring to the foray and trust and drive on!
And you'll come to your own at the founts of the dawn.

Mineral Oil From Coal.

A synthetic mineral oil is being made from coal in England and Germany.

Keep Minard's Liniment in the house.

Encouraging Music.

Practical musicians who, on account of their professional interest, ought to be the prime movers in any movement that gives promise of furthering the cause of music in their community are, or should be, the natural leaders in arousing this sentiment. The leadership is usually found to be due to the enthusiasm of some amateur—male or female. If this individual is a public-spirited citizen, he may, on account of his or her social influence, be better fitted for the position of leader in a new movement. But in musical movements the practical musician of any local standing should give a helping hand in promotig the cause. And this is rarely the case, especially in smaller cities.

The general type of practical musician has the self-preserving instinct and conviction of the laborer, not the artist. His bread and butter seems endangered if he should connect himself with something of a public nature outside his immediate bread-earning occupation. The leadership in any movement demands strong convictions, courage, initiative, policy and, above all, a judicious temperament. These qualifications are rarely united in an individual, and hence the more advisable method is the bringing into one committee a group of people enthusiastic for a new scheme for community development.

Take the pep from your dyspepsia with 15 to 30 drops of Seigel's Syrup in a glass of water as directed on the bottle. Any drug store.

Ontario's Children.

The Children's Protection Act was passed by the Ontario Legislature in 1893, and has since formed the basis for similar laws adopted by every province in Canada. Prior to that time there was no definite law by which a child could be legally removed from immoral guardianship.

The Ontario system aims at a union of government, municipal and local philanthropic effort. The head office is in Toronto, but most of the work is done by benevolent persons and organizations throughout the country.

There are sixty-two Children's Aid Societies at the present time, in addition to committees and correspondents, representing an active philanthropic force of nearly two thousand.

Instead of placing neglected or dependent children in orphanages or reformatories, the aim now is to get them into Christian foster-homes. Over twenty-five thousand children have been provided for in this way during the past thirty years.

Give the children SHILOH FOR COUGHS

HOW TO RELIEVE CHILDREN'S COLDS

Avoid Serious Results by Using Baby's Own Tablets.

When a child shows the first symptoms of a cold, such as sneezing, redness of the eyes, clogged or running nose, prompt measures for relief may avert serious results. Mothers should always have on hand some simple, safe and effective remedy for immediate use.

Baby's Own Tablets act quickly, contain no opiates or narcotics, are tasteless and harmless. Mrs. Joseph Cadieux, Holyoke, Mass., says:—"I have used Baby's Own Tablets for my children and find them a very satisfactory medicine. When my little boy had a cold I gave him the Tablets at night and he was well next day. I give them to the children for constipation and they always do good. I think Baby's Own Tablets are much easier to give a child than liquid medicine. I recommend the Tablets to all mothers who have smal children and believe they should always be kept on hand."

Baby's Own Tablets are sold by all medicine dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Temperature Tricks.

"We had a sharp frost last night," says one man in the train to his friend as they go to business. "My thermometer registered seven degrees." The other looks surprised. "Seven degrees? Why I only measured three, and our house is just across the road from yours."

Probably the two will argue over the matter all the way to town, yet it is quite likely that both were right, for temperaure varies in a surprising way, even in places quite close together.

A difference of ten degrees has been noted between the top of a hill only 200 feet high and the bottom, the distance between he two spots being just 300 yards.

In a hollow only 27 feet deep the thermometer was found to register 5.7 degrees lower than at the edge of the slope only 80 yards away—this on a very still and frosty morning. Covered with a thin film of snow, a thermometer registered 5.5 degrees lower than one in the air three feet above it.

The thermometer is a simple instrument consisting of a closed glass tube eight to fifteen inches long, at the bottom of which is a small bulb filled with mercury. Mercury is a metal which expands rapidly when heated; 111 cubic inches of mercury at 30 degrees Fahrenheit (freezing point) expand to 111 cubic inches when the temperature rises to 212 degrees Fahrenheit (the boiling point of water). Thus, for every degree on the Fahrenheit scale mercury expands 1/9990 of its bulk.

But it must be remembered that glass also expands with heat, though not so rapidly as mercury. In cheap thermometers this expansion is not always properly allowed for, so that these are not accurate. But you may take it that any thermometer made by a reliable English firm is accurate to a tenth of a degree.

Stamp Machines in Britain.

The British postoffice authorities are considering a scheme for placing automatic stamp machines in pillar-boxes in London and provincial towns.

Gases in Solid Form.

Since helium has been solidified, every gas known to chemists has been prepared in solid form.

"Buckley's" for Throat Health

A sip night and morning relieves soreness and hoarseness, and prevents more serious developments. A bottle of Buckley's—40 doses for 75 cents—is an economical guarantee of healthy throats for the whole family. Pleasant to take—instant in action—positive in relief. All druggists sell it.

W. K. Buckley, Limited, 623 142 Mutual St., Toronto 2

BUCKLEY'S MIXTURE Acts like a flash—a single sip proves it

Genuine BAYER ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements.

REMNANTS.

3 LBS., $2. 5 LBS. PATCHES, $1.50. A. McCretry, Chatham, Ontario.

Win Him With Color.

If you are a single girl, and have grown fond of a single man, but he, although friendly, does not seem to be attracted to you in the way you wish, win him with color.

Colors have a big effect on us. At one time any color did for the inside of a factory. Now the coloring is scientifically designed to cheer and stimulate the workers. Hospital wards have curative colors. The color of a frock may depress your spirits or lift them up.

All men have a color that holds a peculiar and subtle attraction for them. It may be a rich dark blue; a pink; a flaming red—anything. Find out somehow—by observation, a little artless questioning, or by halting him in front of dry goods windows and noting what he says is "nice" or otherwise—what his color-pull is.

Give him his color, but not in excess. Increase it gradually. Then—well, other things being equal, you will see the effect in his eyes, and you'll soon know that it has spread to his heart.

The Sun's Fiery Tongues.

Great tongues of flame extend from the sun, sometimes to a distance greater than that from the earth to the moon.

Plans For Homes

Last word in builders' aid. Practical, up-to-date suggestions on planning, building, furnishing, decorating and gardening. Profusely illustrated, and scores of actual dollar-saving suggestions. Send 25 cents for current issue.

MacLean Builders' Guide 344 Adelaide St. W., Toronto, Ont.

Coughing

Take half a teaspoon of Minard's Internally in molasses. Eases the throat, stops the cough.

MINARD'S "KING OF PAIN" LINIMENT

YOUNG WOMEN SUFFER MOST

These Two Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Ayer's Cliff, Quebec.—"I have been teaching for three years, and at the end of the year I always feel tired and have no appetite. I was awful sick each month, too, having pains in my back until sometimes I was obliged to stop working. A friend recommended Lydia E. Pinkham's Vegetable Compound to me and I heard many women telling how good it was so I thought it would help me. And it did. Now I take six bottles every year and recommend it to others."—DONALDA FANTEUX, Ayer's Cliff, Quebec.

"Unable to Work"

Canning, Nova Scotia.—"I had irregular periods and great suffering at those times, the pains causing vomiting and fainting. I was teaching school and often for some hours I would be unable to attend to my work. Through an advertisement in the papers I knew of Lydia E. Pinkham's Vegetable Compound, and it has been of great benefit to me, the troubles being completely relieved."—LAURA J. EATON, Canning, King's County, Nova Scotia.

ECZEMA ITCHED AND BURNED

On Knees and Elbows. Healed by Cuticura.

"I had eczema on my knees and elbows. It broke out in pimples and itched and burned something awful, causing me to scretch. I lost my rest at night on account of the irritation, and my clothing aggravated it, often causing it to bleed.

"I tried several remedies without success. I read an advertisement for Cuticura Soap and Ointment and sent for a free sample. I purchased more, and after using three cakes of Cuticura Soap and three boxes of Cuticura Ointment I was completely healed." (Signed) Miss Muriel Pattie, Cannes, Nova Scotia.

Use Cuticura Soap, Ointment and Talcum for daily toilet purposes.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd, Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Shaving Stick 25c.