High School Boards and Boards of Education

Are authorized by law to establish

INDUSTRIAL, TECHNICAL AND ART SCHOOLS

With the approval of the Minister of Education.

DAY AND EVENING CLASSES may be conducted in accordance with the regulations issued by the Department of Education.

THEORETICAL AND PRACTICAL INSTRUCTION is given in various trades. The schools and classes are under the direction of AN ADVISORY COMMITTEE.

Application for attendance should be made to the Principal of the school.

COMMERCIAL SUBJECTS, MANUAL TRAINING, HOUSEHOLD SCIENCE AND AGRICULTURE AND HORTICULTURE are provided for in the Courses of Study in Public, Separate, Continuation and High Schools, Collegiate Institutes, Vocational Schools and Departments. Copies of the Regulations issued by the Minister of Education may be obtained from the Deputy Minister, Parliament Buildings, Toronto.

Surnames and Their Origin

JEFFRIES

Variations—Joffre, Jefferson, Godfrey, Jepson, Jeff.
Racial Origin — French and Norman French.
Source—A given name.

You might easily draw all sorts of analogies among the great number of famous personages who have borne the name of Jeffries or one of its variations, starting with Godfrey, who with his crusaders of the middle ages finally wrested Jerusalem from the grasp of the Moslems, and including our own Thomas Jefferson, Jim Jeffries, of pugilistic fame, and General Joffre, right down to little Jeff, Mutt's partner of national fame—fighters all!

As a family name, Jeffries and its variations came into use simultaneously in France and England. As a given name it comes originally from France of the early Teutonic period; that is, the period of the barbarian invasions, following the fall of the Roman Empire. It was brought to England among the followers of William the Conqueror.

In France its development has been from Godfrey, through Geoffrey, Jeffrey, Joffory, to its final form of Joffre.

In England it took on many different methods of spelling, and developed in many different directions, some of them paralleling the French as far as Jeffrey, while in other instances the original form of Godfrey was maintained. In the old English records it is often found as Jefre and Jefer, and even Jepher, from which last the variation of Jepson was developed.

LESLIE

Racial Origin—Scottish.
Source—A locality.

The family name of Leslie is a clan name of the Scottish Highlands, but it originated far from the Highlands, in Hungary.

The story of the wanderings of the original Leslie, in the eleventh century, from his own barony beyond the Hungarian frontier, through the numerous small and violent political units into which Europe was divided in those days, to the coast of Flanders, followed by his embarkation for Scotland and final establishment in the favor of the Scottish king, must have made a striking romance. Unfortunately only these meager facts have been preserved.

Bartholomew de Leslyn came to Scotland from Flanders, using as his surname the name of the fortress in Hungary over which he had been overlord.

It was Malcolm de "Leslie," a descendent, who founded the Highland clan bearing his name. This Malcolm had retained the honors won by his father at the court of the Scottish kings, and had added to them. Many of the Highland clans were thus founded by "foreigners," who gathered about them followers of Gaelic blood, and who usually ended, as was the case in Ireland, by becoming more Gaelic than the Gaels themselves.

The clan lands in Rothes, Ballenbreich and Fife were acquired in the thirteenth century by marriage.

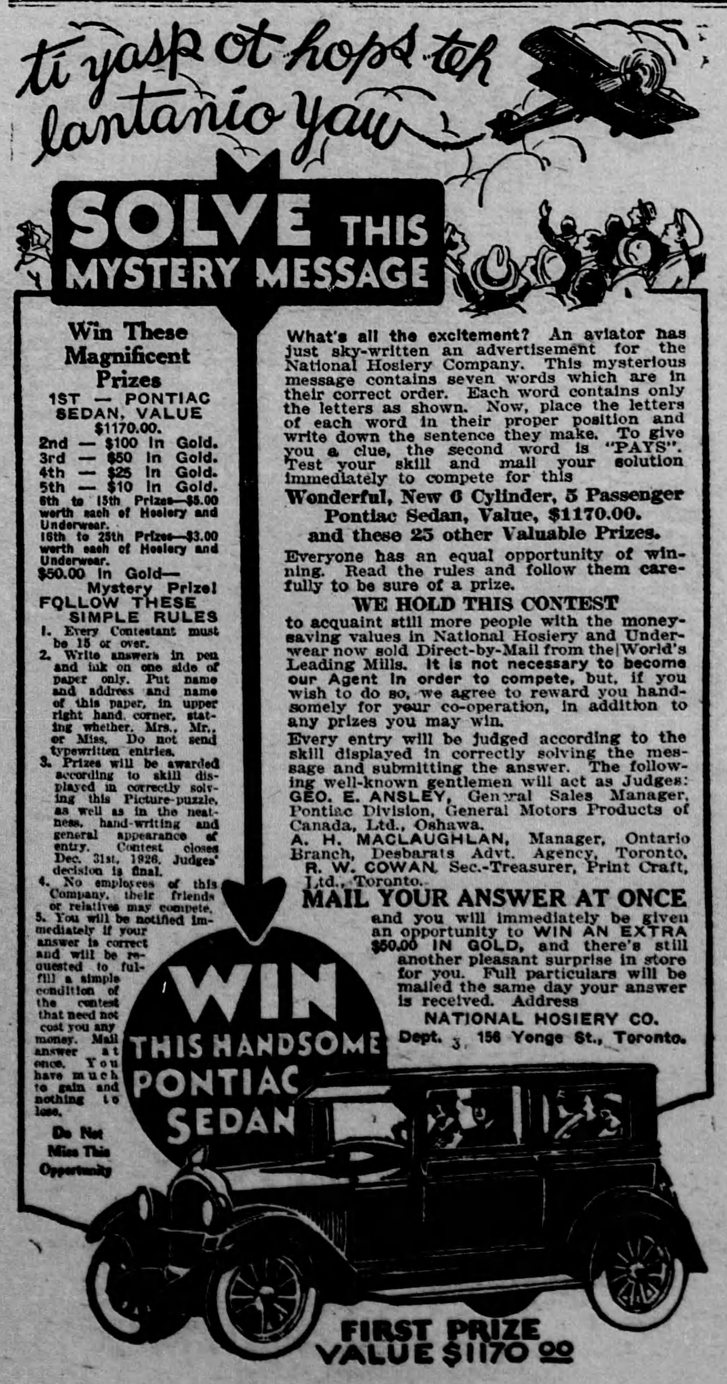
Electric Bovine on Steamer Never Runs Dry or Kicks

An electric cow that gives new milk, skimmed milk, malted milk, cream, fruit-flavored milk and ice cream to order is the remarkable animal for which carpenters are building a special shed on board the African steamer Nigerian in the Herculaneum dock at Liverpool. This cow never kicks or flicks its tail in the milker's eye; never is seasick, never dry, and can be milked by a marine engineer in mid-Atlantic as well as by a milkmaid on a Cheshire farm. All that the Nigerian's cow needs is a diet of milk powder, fresh butter and a drink of water.

A load of two tons can be carried by a full-grown elephant.

Protect the forest is not a phrase but a piece of personal equipment. Use it every chance you get.

The first telephone exchange in London was opened forty-seven years ago, and there are now over 500,000 subscribers in the 700 square miles of the London district.



Win These Magnificent Prizes

1ST — PONTIAC SEDAN, VALUE $1170.00.
2nd — $100 in Gold.
3rd — $50 in Gold.
4th — $25 in Gold.
5th — $10 in Gold.
6th to 15th Prizes—$5.00 worth each of Hosiery and Underwear.
16th to 25th Prizes—$3.00 worth each of Hosiery and Underwear.
$50.00 in Gold—Mystery Prize!

FOLLOW THESE SIMPLE RULES

1. Every Contestant must be 15 or over.
2. Write answers in pen and ink on one side of paper only. Put name and address and name of this paper, in upper right hand corner, stating whether. Mrs., Mr., or Miss. Do not send typewritten entries.
3. Prizes will be awarded according to skill displayed in correctly solving this Picture-puzzle, as well as in the neatness, hand-writing and general appearance of entry. Contest closes Dec. 31st, 1926. Judges' decision is final.
4. No employees of this Company, their friends or relatives may compete.
5. You will be notified immediately if your answer is correct and will be requested to fulfill a simple condition of the contest that need not cost you any money. Mail answer at once. You have much to gain and nothing to lose.

Do Not Miss This Opportunity

What's all the excitement? An aviator has just sky-written an advertisement for the National Hosiery Company. This mysterious message contains seven words which are in their correct order. Each word contains only the letters as shown. Now, place the letters of each word in their proper position and write down the sentence they make. To give you a clue, the second word is "PAYS". Test your skill and mail your solution immediately to compete for this

Wonderful, New 6 Cylinder, 5 Passenger Pontiac Sedan, Value, $1170.00. and these 25 other Valuable Prizes.

Everyone has an equal opportunity of winning. Read the rules and follow them carefully to be sure of a prize.

WE HOLD THIS CONTEST

to acquaint still more people with the money-saving values in National Hosiery and Underwear now sold Direct-by-Mail from the World's Leading Mills. It is not necessary to become our Agent in order to compete, but, if you wish to do so, we agree to reward you handsomely for your co-operation, in addition to any prizes you may win.

Every entry will be judged according to the skill displayed in correctly solving the message and submitting the answer. The following well-known gentlemen will act as Judges: GEO. E. ANSLEY, General Sales Manager, Pontiac Division, General Motors Products of Canada, Ltd., Oshawa. A. H. MACLAUGHLAN, Manager, Ontario Branch, Desbarats Advt. Agency, Toronto. R. W. COWAN, Sec.-Treasurer, Print Craft, Ltd., Toronto.

MAIL YOUR ANSWER AT ONCE

and you will immediately be given an opportunity to WIN AN EXTRA $50.00 IN GOLD, and there's still another pleasant surprise in store for you. Full particulars will be mailed the same day your answer is received. Address

NATIONAL HOSIERY CO.
Dept. 3, 156 Yonge St., Toronto.

Restoration.

(To Margaret, Aged Five).

You ran up to the nursery of my heart,
Pulled click the iron latch and tumbled in;
Tore instantly three boxes wide apart,
That held a broken doll, a wreck of tin—
Once glittering train of cars—a twisted pup
With trembly tail that used to be the friend
I slept with every night; you stood these up
With magic hands, till I could see the end
Of all their imperfections in the spell
Your smile worked out before my wondering eyes;
The doll smiled, too; the cars went ding-dong-bell
And rushed off round the track; the big surprise,
However, came from that long lost white Fido
Barked in his dear old way and cut a dido.

—Wilbert Snow, "The Inner Harbor."

Prayer of the Tree.

Ye who pass by and would raise your hand against me,
Hearken ere you harm me!
I am the heat of your hearth on the cold winter nights,
The friendly shade screening you from the summer sun.
My fruits are refreshing drafts,
Quenching your thirst as you journey on.
I am the beam that holds your house,
The board of your table,
The bed on which you lie
And the timber that builds your boat.
I am the handle of your hoe,
The door of your homestead,
The wood of your cradle
And the shell of your coffin.
I am the bread of kindness and the flower of beauty.
Ye who pass by, listen to my prayer:
Harm me not!

—Eleanor Elsner.

A FINE TONIC FOR NERVOUS WOMEN

Proof That Building Up the Blood Will Strengthen the Nerves.

If you want strong nerves you must make the effort yourself. You can help yourself by refusing to worry, by taking the proper rest, sleep and out-of-door exercise. For medicine take only Dr. Williams' Pink Pills which promptly build up the blood and thus feed the starved, frayed nerves.

A case of extreme nervous exhaustion restored by the use of Dr. Williams' Pink Pills is that of Mrs. R. Dundas, Peterboro, Ont., who says:—"Some years ago I suffered a complete nervous breakdown. I doctored with two local doctors, but got no relief. In fact I was growing worse and weaker all the time. In this condition my mother came to take care of me and urged me to try Dr. Williams' Pink Pills, as she had taken them all through the change of life with splendid results. At this time I felt so far gone that I did not care whether I lived or not. But the coaxing of my mother and other relatives finally persuaded me to try the pills. By the time I had taken a few boxes I was feeling a little improvement and was able to move around. As I kept on taking the pills I felt myself able to go out and made a practice of going to a near-by store every second week to weigh myself, and I gained rapidly from 103 to 135 pounds. I continued taking the pills for several months, and it is impossible for me to express in words the wonders they did for me. Nobody but myself knows the tortures I endured from nerve trouble, and now, thanks to Dr. Williams' Pink Pills, I am a normal, healthy woman. I do not think anyone troubled as I was can find a better remedy than Dr. Williams' Pink Pills."

If your dealer does not keep the pills you can get them by mail at 50c a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

From the Window.

The little house wherein you dwell
Has no age-old romance to tell,
It has no pride of stately towers,
No arbors, balconies, and bowers,
Simple and unadorned and new,
Its legends will begin with you.
Its outer aspect soon will win
A graciousness from that within.
It looks upon a little street
Of houses like it, plain and neat,
Of little gardens, little gates,
With sounding names on little plates.
You sometimes wish its windows viewed
Some soaring mountain solitude,
Green fieldsd, a river shining by,
Or else a sea and windy sky,
And not this prospect cramped and tame—
Another house so much the same!
Your little street runs south and north;
Some cloudless midnight, then, look forth
And mark how true your windows are
Towards the Pole, the Venturer's Star;
And how amongst the chimneys there
Sparkles the splendor of the Bear.

—W. Kersley Holmes, in "In the Open."

Rub your scalp with Minard's Liniment

The Average Man—

—Finds it far easier to give advice than to take it.

—Regrets losing a dime more than he regrets wasting a dollar.

—Can find faults in a friend easier than he can correct them in himself.

—Likes to think he is very unusual in some respects.

—Finds it easier to criticize those who are doing things than to be one who does.

—Scolds his boy at home and brags about him at the club.

—Can see other people's stupidity easier than he can see his own opportunity.

CHILDREN LIKE BABY'S OWN TABLETS

Because They Are Tasteless and Are Easy to Take.

One of the strongest points in favor of any medicine for children is that it is so agreeable that the mother does not have to force it down the little one's throat.

Baby's Own Tablets have no drug taste, may be crushed to a powder if desired, and babies like them. They are perfectly safe for they contain no opiate or narcotic. They sweeten the stomach and remove the cause of fretfulness.

Mrs. Arthur Charlebois, Pawtucket, R.I., says: "I have found Baby's Own Tablets to be a gentle laxative and a safe remedy for stomach disorders in children. Our little boy had been given harsh cathartics but these tablets worked more effectively without the severe griping. I can recommend them to all mothers of little children."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

It Is Not Easy.

It is not easy, the harvest of the ocean,
Not like wheat to be reaped in a long, hot day
With cider under the hedge, not like potatoes
To be dug for leaning down to finger the clay,
Not like apples or almonds with ladders leaning
Against the fruit-filled boughs, not like milk and cream
Drumming into a pail at dawn and evening,
Not like watercress gathered in the current of a stream—

No, for fishing a man must be stout armed and hearted,
Dawn and dark he must harness the wind, he must rein
The unbroken wind to his plow and his furrow
Over his own head may close rolling again.
Rain and sleet he must bear blinded and rocking,
He must fight through long nights when the winds cut like flails,
Haul at the lines and hold to the tiller
And struggle half frozen with storm-maddened sails.

It is not easy, the harvest of the ocean,
A hard life have its gleaners and one often cut short,
But they reap without sowing, which is sweet to wild natures,
And it is as conquerors that they storm into port—
A hard life but not dull like the life of the farmyard,
The rutted long struggle with niggardly ground.
The sailors go out to the curve of the ocean
And their field has no hedge and their road has no bound!

—Elizabeth J. Coatsworth.

The dahlia plant contains a very powerful narcotic element, especially in its blooms. The nectar puts bumblebees and humming birds on a drunk, but they soon revive when they fall to the ground.

Ambition often arises more from the fear of being surpassed than from the desire to surpass others.

RED ROSE TEA "is good tea"

You've been intending to try Red Rose sometime. Why not now?

Pasteurizing Milk.

The dairy cow is the most efficient of all animals in the production of human foods. The chief handicap under which she suffers is tuberculosis. In this regard, Prince Edward Island can boast of the Canadian record—99.5% of dairy cattle in the whole island are free from tuberculosis. Because this disease affects the human food, we must build a first line of defense—pasteurize all milk to be used by human beings—and follow it up by a second—eliminate tuberculosis from the dairy cow.

It has been proven beyond all dispute that human beings can—and do—develop tuberculosis from the milk of tuberculous cows. The matter is serious, for we are face to face with the fact that one of every two cases of tuberculous glands in children under five years of age can be blamed upon tuberculosis germs in milk. Further, a large amount of abdominal and bone tuberculosis among children is directly traceable to milk from diseased cows.

Milk used by human beings should be free from the germs of tuberculosis. Can we hope to supply such a milk? It is quite possible—keep the germs out of the milk, and kill them if they do get in; that's all. The milk must come from healthy cows. Milking and handling of utensils must be done by healthy persons; if a person is "not very well," let him or her help with other work, but never with milking or anything that has to do with the milk.

In spite of our best efforts, germs of tuberculosis will, however, get into milk, and before it is used as food, they must be killed. The surest way to ensure this is by pasteurizing: heat to a point in which the germ cannot live (142F. for 30 minutes), chilling immediately (45F.) and keeping it cold until used. This will make the milk free from tuberculosis germs, also germs of typhoid, diphtheria, scarlet fever and septic sore throat. It is a simple matter to treat the milk which any town or country family is to use as food in this way. And no one can say it is too much bother when it means protection for your family against the white man's greatest enemy—consumption.

Minard's Liniment relieves stiffness.

Did You Ever Hear —

—Of a man mortgaging his car to make a down payment on a home?

—Of any man who died poor because he gave too much to charity?

—Of a boy who got into trouble because he listened to his mother's advice?

—Of a business that failed because it was conducted too honestly?

—Of a man who complained much if he was long changed?

—Of a friendly man who was without friends in time of need?

—Of a grouch who had people defending him behind his back?

The name "tennis" came to us, with the game, from France. Originally the word was "tenez," meaning take, or receive, used in the same sense as we use "play!"

Are You Tired

OF NORTHERN WINTERS AND 1 CROP SOIL?

100 Practical Farmers Wanted:—To take over 10 acres each, finest 4-crop combination fruit and vegetable soil in Central Florida. Railroad, schools, churches and other facilities. Only requirement, each individual must have enough money to finance himself. For further information write to-day. Geo. N. Davis, 746 Seybold Bldg., Miami, Fla.

Classified Advertisements.

CHOICE PRODUCTIVE FARMS, Western Canada, easy terms. Write for free particulars, stating what you want. Continental Homeseeker, 2061 Rose Street, Regina, Sask.

A Blunder.

Perhaps the best "blunder" of 1500 examination papers recently checked by a school examining board was one quoting Whittier's "Barefoot Boy." It read:

"Blessing on thee, little man,
Barefoot boy with shoes of tan."

Tinned meat, a relic of the Franklin Polar Expedition of 1845, was declared fit to eat after the tin had been opened and the contents examined at the Liverpool City laboratories.

Canadian Plan Book

In co-operation with Canadian Architects designs of moderate priced homes are published in the MacLean Builders' Guide. Detailed information on planning, building, furnishing, decorating and gardening. Profusely illustrated. An ideal reference book. Send 25 cents for a copy.

MacLean Builders' Guide
344 Adelaide St. W., Toronto, Ont.

Sneezing?

The sign of a coming cold. Bathe the feet in Minard's and hot water. Also inhale.

MINARD'S "KING OF PAIN" LINIMENT

WOMAN COULD HARDLY WALK

Mrs. Horn Tells how Lydia E. Pinkham's Vegetable Compound Restored Her Health

Hamilton, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and would not be without it now. I had a female trouble so badly I could hardly walk and I was all run-down and could hardly get around to do my housework. I would be in bed three or four days at a time. I was told by a friend to try your Vegetable Compound. I did, and by the time I took two bottles I was beginning to get around again. I took ten bottles in all, and now I am all right again and doing my own work. I have six grown-ups to work for, so I have plenty to do. I also used Lydia E. Pinkham's Sanative Wash, and I think it is good. But I owe my health to the Vegetable Compound, and I think if more of it was used women would be better off. I would not be without it if it cost much more."—Mrs. NELLIE HORN, 28 St. Matthews Avenue, Hamilton, Ontario.

Do you feel broken down, nervous and weak sometimes? Lydia E. Pinkham's Vegetable Compound is excellent to take at such a time. It always helps, and if taken regularly and persistently, will relieve this condition. C

BAYER Genuine ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds, Headache, Neuritis, Lumbago, Pain, Neuralgia, Toothache, Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

HAIR CAME OUT IN COMBFULS

Pimples on Scalp Itched Badly. Cuticura Heals.

"After having the flu my hair fell out so that I had to have it bobbed. I also had some pimples on my scalp and it itched badly. My hair was lifeless and dry, and when I combed it, it came out in combfuls.

"I sent for a free sample of Cuticura Soap and Ointment. It helped me so I purchased more, and after using two cakes of Cuticura Soap, together with the Cuticura Ointment, I was completely healed." (Signed) Mrs. Geo. H. Elliott, West St., R. R. 4, Orillia, Ont.

Cuticura Soap, Ointment and Talcum are all you need for everyday toilet and nursery purposes.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse Ltd. Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Shaving Stick 25c.