Pupil Nurses Wanted

BUFFALO CITY HOSPITAL

462 GRIDER STREET, BUFFALO, N.Y

863 beds for the reception of every known disease.

SIX DISPENSARIES IN CONNECTION

Affiliated with the University of Buffalo Medical and Dental Schools and District Nursing Association.

3 year registered course, fitting pupils for Bedside, Public Health and Administrative Nursing.

670 hours devoted to classes, recitations, demonstrations and laboratory work in Dietetics, Home Economics, Bacteriology, Chemistry, Physiology and General Nursing subjects.

Opportunities for selected graduates to fill paid executive positions or pursue special study courses.

THE EXPERIENCE WE OFFER EQUALS A THREE YEAR COLLEGE COURSE

Entrance requirements: 1 year New York State High School or its equivalent.

Salary, $15.00 a month. Food, clothing, uniforms, laundry and books furnished free.

Straight eight hour duty. No split watches. One whole day off every seven days.

A well-conducted nursing course is a fine preparation for wifehood and a splendid opportunity to cultivate the habit of right living.

NEW CLASS NOW FORMING

My Guest.

Gallant and gay, in their doublets of grey
All at a flash—like the dartings of flame,—
Chattering Arabic, African, Indian—
Certain of springtime, my swallows came!

Doublets of grey silk, and surcoats of purple,
And ruffs of russet round each white throat,
Garmented brave they had crossed the waters,
Mariners sailing with never a boat!

Sailing a sea than the bluest deep bluer,
Vaster to traverse than any which rolls
'Neath kelson of warship, or bilge of trader,
Betwixt the brinks of the frozen Poles.

Cleaving the clouds with their moon-edged pinions
High over city and vineyard and mart;
April to pilot them—May tripping after;
And each bird's compass his small stout heart.

—Sir Edwin Arnold.

The finest thing in the world to keep your stomach in tip-top shape is 15 to 30 drops of Seigel's Syrup in a glass of water. Any drug store.

Historic Tower of London is Holding Remnant Sale

The Tower, that battlemented epitome of the grimmer phases of English history, is holding a remnant sale. It is the first sale of its kind held in the Tower for two hundred years, and comprises superfluous armor, some of it 400 years old. A whole warehouse full of helmets and gauntlets belonging to English soldiers and sailors of the sixteenth and seventeenth centuries is being disposed of at prices ranging from $4 to $15 for each article.

Only single pieces are sold to each person to prevent dealers from buying the whole collection. Most of the armor is painted, which opens up the fascinating possibility of finding wonderful chasing underneath. American visitors scenting this, bought eagerly.

From indications there seemed every probability that many a middle Western home will shortly add to its furnishings a helmet that may have been worn by one of Cromwell's soldiers in the Civil War or one of Sir Francis Drake's sailors in the Battle of the Armada.

Modern Dentistry.

The practice of dentistry to-day is quite different from what it was a few decades ago. Many people can remember with what fear and trembling they went to the dentist and the joyous feelings they had when they were told that their work, for the time being, was completed. Modern methods of pain elimination have removed much of this dread, and to-day it is the exceptional thing for a patient to suffer much pain when having dental operations performed.

Similar advancement has been made in connection with many other branches of the science. X-Ray has revolutionized the accepted practice of the profession. The discovery that dental conditions frequently cause systemic diseases has led to increased interest in the removal of mouth infections and a greater appreciation of the value of preventive dentistry. The modern dentist is earnestly striving to prevent root end abscess and Pyhorrhea by discovering and correcting the conditions which will lead to these harmful diseases.

The rapid progress made in Dentistry has forced the general practitioner to keep abreast of the times. An enlightened public demands a modern dentist; and the organized profession has its regular conventions and other forms of post-graduate study; so that the family dentist, practising in any part of the Province, may be able to keep abreast of the times.

In this Province such opportunity is given at the Annual Convention of the Ontario Dental Association, which will be held at the King Edward Hotel, Toronto, May 17 - 20, 1926. The most outstanding authorities on the North American Continent will give essays, and clinics, thus placing in the possession of the dentists the modern knowledge which they need in order to protect the dental health of their patients. Reports from all parts of the Province indicate a record attendance at this Convention.

Films to Educate Egypt.

An Egyptian company in Cairo has obtained a government concession for the education of Egyptians in provincial towns and villages by means of motion pictures. Arrangements have been made to conduct performances in more than 100 inclosed markets throughout the country; the markets being under the control of another Egyptian corporation.

Early Baths in Bath.

The town of Bath, England, had public baths established by the Romans in 54 A.D.

Sal Lithofos for Rheumatism

BODILY pains and aches are not the only symptoms of rheumatism. Neuralgia, Sciatica, Lumbago, Gout, Arthritis are all offshoots of that painful illness. An excess of Uric Acid is the chief cause of rheumatic afflictions. As a remedy, doctors prescribe Lithia, and in Sal Lithofos there is more Lithia and Sodium Phosphate in one single dose than in a quart of mineral water. Sal Lithofos has been successfully used for Rheumatism and kindred ailments for more than 20 years.

At your druggists—three sizes.

Stories in Stones.

There is hardly a precious stone that has not some superstition connected with it. Italians wear coral necklaces as charms to avert the evil eye, and some people in our own land still wear a string of amber beads, not because they are fashionable, but to ward off sore throats.

A piece of agate is supposed to be an infallible guard against lightning and a cure for thirst, and the beryl was believed by the ancients to cure leprosy and to promote happiness between man and wife.

Turquoise is held to be a protection against falls and udden injuries, and topaz used to be very highly prized because it was believed to have magical powers of dispelling enchantments and calming frenzy.

Superstition still attaches itself to the opal. The ancients considered that this gem had the power of rendering its owner lovable, and also of bestowing on him the gift of invisibility. But when it was found that the stone easily became loosened in its setting and lost ,the idea was set up that it was unlucky, except to people living in October, whose birthstone it is.

Retirement.

When I reach my room at night
I shut the door upon the day;
The noise of conflict dies away,
And presently a little light
Burns in my heart and fills the room,
Dispelling gloom.

Garments of care are laid aside,
My hands are cleansed of stain of soil,
I shake my feet from dust of toil,
The doubts of day are scattered wide;
I hear the inner voice of peace
Bid tumults cease.

Then is the hour of silent song,
The sweet communion that is prayer,
The angels of good thoughts draw near
A healing and a happy throng—
And when I close my eyes in sleep
Their vigils keep.

—Lloyd Roberts.

RHEUMATIC PAIN AND THIN BLOOD

Liniments of No Avail — The Trouble Must be Treated Through the Blood.

The most a rheumatic sufferer can hope for in rubbing something on the swollen, aching joints is a little relief and all the while the trouble is becoming more firmly rooted. It is now known that rheumatism is rooted in the blood, and that as the trouble goes on the blood becomes still further thin and watery. To get rid of rheumatism, therefore, you must go to the root of the trouble in the blood. That is why Dr. Williams' Pink Pills have proved so beneficial when taken for this trouble. They make new, rich blood which expels the poisonous acid and the rheumatism disappears. There are thousands of former rheumatic sufferers in Canada, now well and strong, who thank Dr. Williams' Pink Pills that they are now free from the aches and pains of this dreaded trouble. One of these is Mr. Robt. A. Smith, Mersey Point, N.S., who says:—"Some years ago I was attacked with rheumatism, which grew so bad that I could not walk and had to go to bed under the doctor's care. It is needless to say that I underwent a great deal of suffering. The doctor's medicine did not seem to reach the trouble, so when I was advised to try Dr. Williams' Pink Pills I did so, and after taking them for some weeks I was able to get out of bed. I continued using the pills and was soon able to work, and I have not been troubled with rheumatism since. In other respects also I derived a great deal of benefit from these pills and I think them a wonderful remedy."

Dr. Williams' Pink Pills are sold by all medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Ptomaine Poisoning.

Ptomaine poisoning is due to the action of certain germs on meat, fish and so on. With the extinction of life, a chemical change immediately begins, setting up in the end what we call putrefaction. It is the taking into our systems of such tainted food that sets up this form of poisoning, the organisms produced in the "dead" meat or fish being known as ptomaines.

Shell-fish is peculiarly liable to become tainted from water cantaminated with sewage. Pork, again, easily "turns," and while tinned foods as such art generally perfectly safe, it occasionally happens that a particular batch may have been insufficiently sterilised, or that a sound tin may have become tainted through being left about.

An Old Customer.

Little Boy—"Please, I want the doctor to come to see mother.

Servant—"Doctor's out; where do you come from?"

Little Boy—"What? Don't you know me? Why, we deal with you. We had a baby from here last month."

A Strong String for Necklaces.

In restringing pearl necklaces use an E violin string as it will last at least a year. It will seem stiff for a few wearings only, when it will become quite pliable.

Minard's Liniment King of Pain.

Still Places and High.

In all still places,
Places in the hills,
Small winds ripple, go rippling through the moss,
And the shadow of the hours,
And the shadow of the flowers,
Ripple with the moments where the warm days cross.

In all mountain meadows,
High above the fields,
Noon is filled with silence, unbreakable and wise,
Cool and lovely lapse of sound,
Never a whisper save around
Deep and dripping hollows where the clear streams rise.

—Struthers Burt.

NO MEDICINE LIKE BABY'S OWN TABLETS

For Either the Newborn Babe or the Growing Child.

There is no other medicine to equal Baby's Own Tablets for little ones—whether it be for the newborn babe or the growing child the Tablets always do good. They are absolutely free from opiates or other harmful drugs and the mother can always feel safe in using them.

Concerning the Tablets, Mrs. John Armour, R.R. 1, South Monaghan, Ont., says:—"We have three fine, healthy children, to whom, when a medicine is needed we have given only Baby's Own Tablets. The Tablets are the best medicine you can keep in any home where there are young children."

Baby's Own Tablets are a mild but thorough laxative which regulate the stomach and bowels; banish constipation and indigestion; break up colds and simple fever and make teething easy. They are sold by medicine dealers or direct by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

To An Author.

Sometimes an author, fond of his own thought,
Pursues its object till it's overwrought.
Tired with his tedious pomp, away I run,
And skip o'er twenty pages to be gone.
Of such descriptions the vain folly see,
Anl shun their barren superfluity.
He cannot write who knows not to give o'er;
To mend one fault, he makes a hundred more;
A verse was weak: you turn it much too strong,
And grow obscure, for fear you should be long,
Some are not gaudy, but are flat and dry;
Not to be low, another soars too high
Would you of every one deserve the praise,
In writing vary your discourse and phrase.
A frozen style, that neither ebbs nor flows,
Instead of pleasing, makes us gape and doze,
Those tedious authors are esteemed by none,
Who tire us humming the same heavy tone.

—Boileau-Depreaux.

Use Minard's Liniment in the stables.

Beware of Inferior Gas.

Car owners, educated to the importance of using good oil in their engines, do not, as a rule, appreciate that good gasoline also is essential to freedom from engine repairs. The owner of a car using cheap gas runs the risks as he would if he bought the lowest grade of lubricating oil.

Ancient Costume Revived.

The Bishop of Carlisle is to wear a cope and mitre after a break in the custom dating from the reign of Queen Elizabeth.

Cramming knowledge down a child's throat, as it is at present done, is not education.—Lord Southwark.

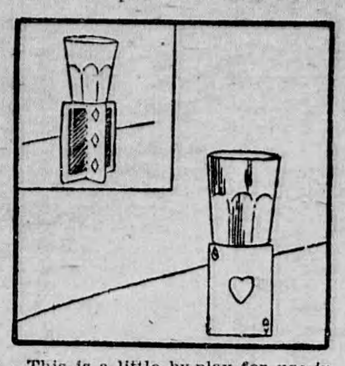
Luneberg, Hanover, has a monument to a pig, which discovered a salt mine.

RED ROSE TEA "is good tea"

Next time try the finest grade ~~ Red Rose Orange Pekoe Tea.

EASY TRICKS

An Impossible Balance



This is a little by-play for use in a parlor entertainment of tricks and stunts. The trickster has used a tumbler for some purpose. When it has served its purpose, he takes a playing card from the pack, stands it upright on a plate and balances the tumbler on it. There the tumbler remains, in defiance of the laws of gravitation, during the remainder of the tricks.

If the spectators could walk behind the trickster's table, the mystery would be a mystery no longer. The card used is prepared for the trick. Another card is bent lengthwise and half of it is pasted to the back of the card which is shown. The smaller illustration will make this clear. The additional support will make it a simple matter to balance the glass on it. Every effort should be exerted, however, to make the spectators think that the balance demands a great deal of skill or they will suspect that some mechanical appliance is used.

(Clip this out and paste it, with other of the series, in a scrapbook.)

European countries own more than half of the tropics.

"DIAMOND DYES"

COLOR THINGS NEW

Just Dip to Tint or Boil to Dye

Each 15-cent package contains directions so simple any woman can tint soft, delicate shades or dye rich, permanent colors in lingerie, silks, ribbons, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings—everything!

Buy Diamond Dyes—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods.

PAIN.

Pain, no matter where located, will be eased by applying Minard's. May be taken either internally or externally.

MINARD'S "KING OF PAIN" LINIMENT

Classified Advertisements.

ELECTRIC MOTORS BOUGHT AND SOLD. Milton, Frederick St., Toronto.

Prince Becomes Patron.

The Canadian Medical Association has just received word from Government House at Ottawa that the Prince of Wales has accepted the invitation to become patron of the association. The Canadian Medical Association is now affiliated with the British Medical Association, of which his Majesty the King is patron.

Excavations have recently brought to light a prehistoric implement for which no possible use can be imagined. It sounds like an early Christmas present.

Self-Poisoning Takes Huge Toll

Many Fail in Life Through Sheer Neglect of Fundamental Rule of Health

Thousands of men and women are to-day victims of their own neglect. Grouchy, listless, quickly tiring, suffering from headaches and biliousness, they spend enormous sums in medicines without avail. They would give much to regain their old vitality.

Can it be done? Yes! How? Simply by recognizing the importance of one fundamental rule of health—the proper elimination of the bowel contents. Poisons that are allowed to remain in the system quickly lower the stamina, weaken the nerves and thus pave the way to ill-health. Stop this self-poisoning by taking *Nujol*—the scientific lubricant that completes the work of Nature's lubricant when, through modern living conditions, the natural supply fails.

Nujol can be taken indefinitely without injury to the system. Try *Nujol* to-day. Ask for it at your nearest drug store, but remember there is only one *Nujol*. Watch for the name "*Nujol*" in red on the label and package.

BLACKHEADS AND PIMPLES

On Face and Neck. Itched Badly. Cuticura Healed.

"My trouble began with blackheads which after a while festered and caused little red pimples. The pimples were scattered over my face and neck and itched badly. When I scratched them it caused little sore eruptions, and the trouble lasted about four months.

"I sent for a free sample of Cuticura Soap and Ointment and after using it I purchased more which healed the pimples in about two months." (Signed) Ivan Towriss, 51 Frederick St., Arthur, Ont.

Clear the pores of impurities by daily use of Cuticura Soap, with touches of Cuticura Ointment as needed to soothe and heal. Cuticura Talcum is fragrant and refreshing.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c.
Cuticura Shaving Stick 25c.

THEY SUFFER NO MORE

Two Women Owe Health to Lydia E. Pinkham's Vegetable Compound

St. Adolphe, Manitoba.—"I was very weak and had great pains during my periods so that I could not sweep the floor. The pains were in the right side and extended to the left and then downwards. It seemed as if the body was heavy and upside down. It is for these troubles I took the Vegetable Compound. I saw about it in a paper and one woman prevailed on me to take it. It has helped me in every way, the pains are less, and I have more appetite. It is a pleasure to recommend Lydia E. Pinkham's Vegetable Compound to other women."—LEA DELORME, St. Adolphe, Manitoba.

Found Great Relief

Toronto, Ont.—"I am at the Change of Life with hot flashes, dizziness, weakness and nervousness. I had head noises and was short of breath. I was this way about six months when I read about Lydia E. Pinkham's Vegetable Compound in the newspapers. I have taken eight bottles so far and found great relief."—Mrs. R. J. SALMON, 112 Lawlor Ave., Toronto, Ont.

BAYER Genuine ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds, Headache, Neuritis, Lumbago, Pain, Neuralgia, Toothache, Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."