TONIC TREATMENT FOR INDIGESTION

Indigestion Comes With a Run-down Condition—Relief Comes Through Enriching the Blood —Dr. Williams' Pink Pills Make New Blood.

There are many symptoms of indigestion such as acute pain after eating, belching of wind, nausea and vomiting, bloating and pains in the region of the heart, a dread of food for the misery it causes. Dieting and the use of predigested foods may give ease, but that is all, and meanwhile the stomach grows steadily weaker. The work of digestion depends upon the blood and nerves and the only way to get rid of indigestion is to tone up the stomach through the blood, to do the work nature intended it should do. The one thorough way to do this is through the use of Dr Williams' Pink Pills, which renew the blood, strengthen the nerves and enable the stomach to do its work with ease and comfort. Neglected indigestion means prolonged misery. If you have any of the symptoms of this trouble try the tonic treatment with Dr. Williams' Pink Pills at once and you will be gratified with the results.

Among the many who have found new health through the use of Dr. Williams' Pink Pills is Mrs. Ada Webb, R.R. No. 3, Prescott, Ont., who says:—"For a long time I went through the tortures of nervous indigestion; I call it torture because no other word can describe what I endured. If my stomach was empty I retched. If I took food I vomited. I did not sleep, and I was steadily growing weaker. I doctored for months but with no benefit. One day my husband said, 'as the treatment you have had has not helped you, why not try Dr. Williams Pink Pills?' I consented and he got me a supply. After I had been taking the pills for a while I knew they were helping me as the pains and retching grew less and I slept better. I gladly continued the use of the pills and in a few months I felt like a new woman, better than I had felt for years, and able to work for my husband and children again. After such a wonderful experience how can I do anything else but recommend Dr. Williams Pink Pills?"

If you need a blood-building tonic begin taking Dr. Williams' Pink Pills today. Sold by all medicine dealers or sent by mail at 50 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Oh Mother! What Can I Do?

How many times a day do your babies ask you that question? And how often are you able to suggest some interesting game for them to play, some amusing occupation for a rainy day? If you'd like always to have a practical, helpful suggestion for them, read this snappy new feature.

While big sister and brother are at school you can make them each an orange jack-o-lantern for lunch. Paste these bits of black paper on the oranges to look like eyes and nose and mouth. Won't they be surprised when they come home?

A Bottle Brain Wave.

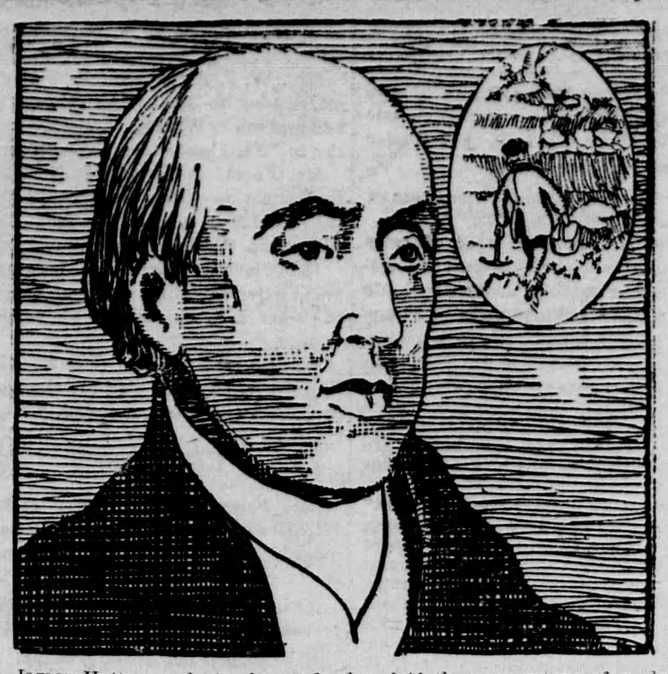
The latest aid to commerce is an automatic machine that fills, seals, and labels bottles at great speed and with unfailing accuracy.

A machine of this kind, which has just been placed on the market, can fill and seal over 7,000 bottles in an hour. Liquids of any consistency, including syrup, sauces, and salad dressing, can be bottled in this way. Each container is filled only to the height required, and bottles that are cracked or otherwise unsuitable are rejected by the machine.

Perhaps the most wonderful part of the mechanism is the labelling apparatus. This picks up a label, moistens it, sticks it firmly round the jar or bottle, and then wipes it clean and dry. The sealing is done with new hermetic caps, which can be removed by the fingers.

WIND AND RAIN ATTACK ROCKS

Elements Cause the "Eternal Hills" to Crumble Away.



James Hutton, a doctor by profession, laid the cornerstone of modern geological thought when he declared that all changes in the earth's surface must be explained in terms of such forces as can now be observed at work. He was born in 1726 and died in 1797.

Secrets of Science.

By David Dietz.

The first agent which attacks the rocks is the atmosphere. Its action is both chemical and mechanical.

The structure of a rock is a very complicated affair. The elements which compose the rock are first united into a number of minerals. These minerals in turn unite to form the rock. Granite, for example, is a mixture of three minerals known as quartz, feldspar and mica.

The oxygen, the carbon dioxide and the water vapor in the atmosphere enter into chemical combination with various minerals found in the different rocks.

This action increases the volume of mineral matter in the rock. As a result strains are set up in the rock and it cracks and crumbles, just as iron crumbles when it rusts.

Temperature changes also hasten the decay of the rocks. When the sun shines upon a rock, the outer portion is heated and expanded. This sets up strains in the rock which result in large cracks. Temperature changes between day and night cause expansion and contraction of rocks and consequent cracking.

Certain products formed in rocks as a result of the chemical action of the atmosphere are soluble in water. Consequently when it rains they are dissolved by the water, leaving the rock in a porous condition.

The mechanical work of the atmosphere is performed by the winds.

The wind blows the particles resulting from the decay of the rocks against the rocks themselves, thus wearing them away still further.

The falling rain also does a certain amount of mechanical wearing down of the rocks.

The wind also serves as a transportation agent, moving the products of rock decay from one place to another.

The transportation of the finest particles—dust—is nearly universal. Much dust is carried far out to sea, where it falls upon the water and settles down upon the sea floor.

In the great eruption of the Krakatoa Volcano in the East Indies in 1883, volcanic dust was carried all around the world by the winds in 15 days.

The wind also moves the larger particles of rock decay known as sand. Except in the case of severe windstorms, it does not lift the sand into the atmosphere, but merely moves it along the earth's surface.

As a result of this, great sand hills known as dunes are often formed. These are found along the eastern coast of the United States to-day, and along certain parts of the coast of England and continental Europe. Also in the arid regions of Kansas, Nebraska, Colorado, Wyoming, Arizona and in the Sahara and the vast planes of Central Asia.

Dunes range from 10 to 300 feet in height. Due to the fact that the wind blows the sand up one slope of the dune and down the other, the dunes gradually shift their positions where there are strong prevailing winds. Frequently they bury fertile lands and forests beneath them as they shift their positions.

Next Article—The Work of Streams.

BABY'S OWN TABLETS ARE OF GREAT VALUE

To All Mothers Having Young Children in the Home.

No other medicine is of such aid to mothers of young children as is Baby's Own Tablets. The Tablets are the very best medicine a mother can give her little ones during the dreaded teething time because they regulate the stomach and bowels and thus drive out constipation and indigestion; prevent colic and diarrhoea and break up colds and simple fevers.

Concerning Baby's Own Tablets, Mrs. John A. Patterson, Scotch Village, N.S., says:—"I have six children, and all the medicine they ever get is Baby's Own Tablets. I would use nothing else for them and can strongly recommend the Tablets to all other mothers."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Winter Study.

The ground was hard, the air was still, my road was lonely; I walked fast till I got warm, and then I walked slowly to enjoy and analyze the species of pleasure brooding for me in the hour and situation. It was three o'clock; the church bell tolled as I passed under the belfry; the charm of the hour lay in its approaching dimness, in the low-gilding and pale-beaming sun. I was a mile from Thornfield, in a lane noted for wild roses i summer, for nuts and blackberries in the autumn, and even now possessing a few coral treasures in hips and haws, but whose best winter delights lay in its utter solitude and leafless repose. If a breath of air stirred, it made no sound here; for there was not a holly, not an evergreen to rustle, and the stripped hawthorn and hazel bushes were as still as the white, worn stones which cause-waved the middle of the path. Far and wide, on each side, there were only fields where no cattle now browsed; and the little brown birds, which stirred occasionally in the hedge, looked like single russet leaves that had forgotten to drop.—Challotte Bronte, in "Jane Eyre."

Minard's Liniment used by physicians.

The Moment.

Still as the holy of holies breathes the vast,
Within its crystal depths the stars grow dim;
Fire on the altar of the hills at last
Burns on the shadowy rim.

Moment that holds all moments; white upon
The verge it trembles; then like mists of flowers
Break from the fairy fountain of the dawn
The hues of many hours

Thrown downward from that high companionship
Of dreaming inmost heart with inmost heart,
My fire from theirs apart
—A. E. in "Poems."

Handles that are loose on cupboards and chests of drawers can be made secure by applying alum melted in an iron spoon.

Just a Slight Cough

but the forerunner of Bronchitis, Pneumonia or Flu. Take no chances. Buckley's Mixture brings prompt and lasting relief. Wards off dangerous diseases.

Two kinds—"Strong" and "Modified". Either kind acts like a flash on coughs and bronchitis. Invaluable as a preventive in cold damp weather. Stops night coughs and sleep returns. 212

BUCKLEY'S MIXTURE
"Strong" or "Modified"
75c—40 doses
W. K. Buckley, Limited, 142 Mutual St., Toronto2

A New Gold Ore.

An Italian engineer whose name seems to be a secret so far is understood to have made the discovery of a new gold ore which will greatly increase the world supply of gold. Dalfornite is the name given to the new mineral, which is to be found in rocky formations both in Europe and in the United States, Mexico and South America. It comes under the head of a super-refractory ore, and gold can only be extracted by special processes. Unless the ore contains at least thirty to fifty grams of gold per ton, the process of refining is of no use, but the inventor claims that the deposits of dalfornite already discovered contain higher quantities than those just mentioned. As much as a kilogram of gold has been obtained from a ton of dalfornite after the refining process. The inventor, who has already obtained patents from several governments for his process of refinement, proposes to go shortly to the United States to start prospecting there.

COLOR IT NEW WITH "DIAMOND DYES"

Just Dip to Tint or Boil to Dye

Each 15-cent package contains directions so simple any woman can tint soft, delicate shades or dye rich, permanent colors in lingerie, silks, ribbons, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings —everything!

Buy Diamond Dyes—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods.

Funny Name.

Mr. Spouter—"An heirloom, Johnnie, is something that's handed down from father to son."

Little Johnnie—"Huh! That's a funny name for pants."

Pimples come from blood that's not just right. If you want to get rid of facial blemishes try Seigel's Syrup. Any drug store.

Costly Styles.

Although there are more than a million unemployed men in England, there is one trade which needs to draw nothing from the dole. Barbers and hairdressers have their hands full since the women took to bob and shingle. One London barber says that the new styles cause the women to spend $100,000,000 a year more on their hair than they used to.

Part of the wall of a Chinese rug factory had to be taken down before an immense rug that had been woven there could be removed. It covers 920 square feet of floor space.

Beetles will disappear if a mixture of borax and white sugar is sprinkled near their haunts.

BABY CHICKS

Big, husky, healthy "Dominion" Chicks. All varieties. Produced from standard-bred, bred-to-lay flocks. We pay express and guarantee 97 per cent. live arrival. Write to-day for our Free Illustrated Chick Book on the Feeding and Care of Baby Chicks.

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RED ROSE TEA
"is good tea"
Order your grocer's best and he'll usually send Red Rose.
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GEORGETOWN INCUBATOR

$19 75

Canadian Made for Canadian Climate. Double wall, Copper Hot Water heating system. Sensitive Automatic regulator. Hatches strong, healthy chicks. Write for FREE Circular to:—
J. B. Mackenzie, Georgetown, Ont.

O Very Soon, Now.

O very soon, now, over earth and sky,
Will come a special light, till it will seem
That hills and dim horizons where they lie
Wear once again some quality of dream.
And cool, keen odors where the ploughlands are
Will seek us out and make us strange and still,
Till we shall grow too thoughtful of a star
In dreamy splendor hung above a hill.
—David Morton, in "Harvest."

Minard's Liniment for colds.

An Island on the Move.

A French officer, Commander Helbronner, who has been making a survey of the island of Corsica, recently made the startling announcement that it was floating away. In the last hundred years, he estimates, it has moved eastwards a distance of about 33 feet.

This curious discovery would fit in with the theory of geologists who suggest that the earth's crust is shifting horizontally.

An Italian humorist has suggested that the people of Corsica would rather be Italians than French, and therefore are riding towards the land of their preference.

The world's highest aerial tramway, from 15,000 to 17,000 feet above the sea level and more than five miles in length, is used at a Bolivian tin mine.

What CITIES Are These?

First Prize RADIO SET
10 Prizes of a Wrist Watch
10 Prizes of a Gents Watch
20 Prizes of a Camera
HUNDREDS OF OTHER PRIZES

Every person who sends me a correct answer to the above puzzle and also sells 30 packets of my Dainty Breath Perfume at 10 cents a packet will win one of these beautiful prizes. This is very easy to sell, so send in your answer NOW and get the Breath Perfume to sell right away.

Dainty Dora, Dept. 50, Waterford, Ont.

PLANS FOR HOMES

Last word in builders' aid. Practical, up-to-date suggestions on planning, building, furnishing, decorating and gardening. Profusely illustrated, and scores of actual dollar-saving suggestions. Send 20 cents for current issue of MacLean Builders' Guide. Questions answered. MacLean Building Reports, Ltd., 344 Adelaide St. West, Toronto.

Classified Advertisements.

BAKERS' OVENS. WRITE FOR CATALOGUE and list of used ovens. Hubbard Oven Company, 782 King West, Toronto.

FARMS WANTED.

BY CASH BUYERS. DESCRIBE FULLY AND state lowest price. J. F. Stoddard, 316X, Hiawatha, Kansas.

INVENTIONS WANTED

Fortunes are made from simple ideas. Send for list of inventions wanted, our "Patent Protection" booklet and magazine "The Thinker"
SHIPMAN & CO.—THE OLD RELIABLE FIRM
REGISTERED PATENT ATTORNEYS. OTTAWA, CAN.

Her Definition.

A little girl, on arriving late at school for the third time, was scolded by her teacher and told to write a composition on "Punctuality."

After a strenuous quarter of an hour she produced the following: "Punctuality is knowing where to make stops."

Andrews' Plugs STOP TOOTHACHE INSTANTLY
Temporary Fillings . . . which Last a Long Time.
SOLD EVERYWHERE 15c. Package
Norman S. Wright & Co., Limited, Distributors, Toronto

SOOTHING

Every pain yields quickly to the soothing influence of Minard's.

MINARD'S "KING OF PAIN" LINIMENT

OPERATION LEFT HER VERY WEAK

Letter Tells of Wonderful Relief After Taking Lydia E. Pinkham's Vegetable Compound

Coniston, Ontario.—"After a severe operation and a three weeks' stay in a hospital I returned home so weak that I was unable to move a chair. For four months I was almost frantic with pains and suffering until I thought sure there could not be any cure for me. I had very severe pains in my left side and suffered agony every month. One day when I was not able to get up my mother begged me to try your medicine. My husband got me a bottle of Vegetable Compound at once and I took it. I started a second bottle, and to my surprise and joy the pains in my side left me completely and I am able to do all my work without help. I am a farmer's wife, so you see I can't be idle long. In all, I have taken six bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of the Compound Tablets, two bottles of Lydia E. Pinkham's Blood Medicine, and have also used the Sanative Wash."—Mrs. L. LAJEUNESSE, Box 103, Coniston, Ontario. c

For Colds
BAYER
ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds Headache Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

CUTICURA HEALS RED PIMPLES

On Face. Scaled Over and Itched and Burned Terribly. Could Not Sleep.

"My face broke out with small pimples which later grew larger and were very red. The pimples scaled over and itched and burned terribly, and I could not sleep at night because of the irritation. The trouble lasted about six weeks.

"My mother recommended Cuticura Soap and Ointment so I sent for a free sample. It helped me so I purchased more, and after using three cakes of Cuticura Soap and two boxes of Cuticura Ointment I was completely healed." (Signed) Miss Stella Dudley, Stratford, Wash., June 7, 1924.

Cuticura Soap, Ointment and Talcum promote and maintain skin purity, skin comfort and skin health often when all else fails.

Sample Each Free by Mail. Address Canadian Depot: "Benbones, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c.
Cuticura Shaving Stick 25c.