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is revealed. The flavor is pure, fresh and fragrant. Try it. Black, Mixed or Green Blends.

Surnames and Their Origin

CRANE

Variation—Crain.
Racial Origin—English.
Source—A place, also a nickname.

The manner in which such a family name as Crane could have originated is likely to be puzzling to the casually curious, for certainly the crane was not a common enough bird in England of the middle ages to have occurred to to a man's associates in that period when various descriptive phrases came into use to differentiate one individual from others bearing the same given name.

There might have been exceptional cases here and there of dealers in rare animals who could have gotten the surname from the fact that they sold cranes. But that would not account for the very many families which today bear the name. It might also, and undoubtedly was, in some instances, conferred upon a man as a nickname, and from this develop into a family name.

But the explanation, in the vast majority of cases, lies in a custom quite widespread in the middle ages, and now all but forgotten, except where the owner of a little inn, restaurant or curio shop desires to lend an air of quaintness and antiquity to his business. The custom was that of placing outside his door a sign bearing the picture of some animal or article. Lettered signs were little used because the bulk of the population could not read. But the pictures was a distinguishing mark to the uneducated as well as the educated eye. It was not uncommon, on busy streets, to see a veritable menagerie on the signs of the shops and inns of a single square. It was much easier to refer to a man simply as "Geoffrey Crane" than as "Geoffrey at the sign of the Crane." Hence the modern form of the name, though at one period it was preceded by "de la" (of the).

BRYAN.

Variations — Bryant, Briant, Breon, Brien, Brian.
Racial Origin—Norman-French.
Source—A given name.

Unfortunately for those who would like to determine accurately the nationality of their ancestors by means of their family names, a good bit of confusion exists between the surnames Bryan and O'Brien.

Similarity of sound and spelling has led to interchange of these names in a host of cases. There are many Bryans who trace their names back to one of the Irish Brians. Likewise there are Brians whose names should logically be spelled Bryan or Bryant.

For while Brian is Irish, and inevitably so when the prefix "O" is used, Bryan and Bryant are Norman-French and there are hundeds of families of this name in North America and England whose ancestors never saw Ireland.

Bryan was a Christian name among the Norman invaders of England, and it is from this source that the English Bryans and Bryants developed, as well as the modern Frenchc Breon. It was originally, of course, "de Bryan" and "de Brian," being variously spelled.

As a Christian name, however, it was Celtic rather than Teutonic, though names of the latter classification predominated among the Normans. The Normans had picked it up in their previous occupation of Brittany early in the Christian era. The Bretons are Celtic, belonging to the Cymric branch of that race, together with the Welsh, as distinguished from the Irish and the Scots, who form the Gaelic branch. The meaning of the name was the same as that of the Irish Brian, however, being derived from the Celtic word for "strength."

Badly digested food, acidity of the stomach, and sluggish liver cause headaches. Seigel's Syrup will remove these causes. Any drug store.

Regarded With Suspicion.

Dr. Makover—"Yes, sir, with a complete course of my treatment I can safely promise you never will grow old."

The Patient—"Is it as certainly fatal as all that?"

Minard's Liniment for stiff muscles.

The best wood in the world for the manufacture of aircraft is said to be the Sitka Spruce. It is light and strong, and in British Columbia it grows to six feet in diameter.

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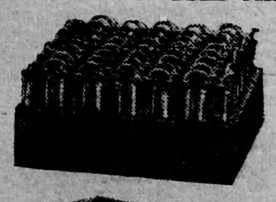

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In order to have the help reach Canada in time for Spring operations, farmers requiring help must get their applications in early, to enable us to secure the help needed.

Blank application forms and full information regarding the Service may be obtained from any C.P.R. agent or from any of the officials listed below.

THE CANADIAN PACIFIC RAILWAY COMPANY
Department of Colonization and Development

MONTREAL — J. Dougall, General Agricultural Agent. C. La Due Norwood, Land Agent.
TORONTO — J. E. Parker, General Agent, Ocean Traffic.
SHERBROOKE — W. M. Hillhouse, Special Colonization Agent.
SAINT JOHN — G. Bruce Burpee, District Passenger Agent.
KENTVILLE — George E. Graham, General Manager, Dom. Atlantic Ry.
OTTAWA — J. A. McGill, General Agent, Passenger Department.

M. E. THORNTON, Assistant Commissioner. J. S. DENNIS, Chief Commissioner.

Jeanne Gordon, Canadian-born star of the Metropolitan Opera, takes up the old hobby of collecting porcelain china banks. She claims her collection is absolutely priceless.

HOW TO RELIEVE CHILDREN'S COLDS

Avoid Serious Results by Using Baby's Own Tablets.

When a child shows the first symptoms of a cold, such as sneezing, redness of the eyes, clogged or running nose, prompt measures for relief may avert serious results. Mothers should always have on hand some simple, safe and effective remedy for immediate use.

Baby's Own Tablets act quickly, contain no opiates or narcotics, are tasteless and harmless. Mrs. Joseph Cadieux, Holyoke, Mass., says:—"I have used Baby's Own Tablets for my children and find them a very satisfactory medicine. When my little boy had a cold I gave him the Tablets at night and he was well next day. I give them to the children for constipation, and they always do good. I think Baby's Own Tablets are much easier to give a child than liquid medicine. I recommend the Tablets to all mothers who have small children and believe they should always be kept on hand."

Baby's Own Tablets are sold by all medicine dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Unchangeable Manhood.

These to the end of time shall mark the man:
Courage to face the changing tides of life;
The will to meet and bear his share of strife
And wrest from it what victory he can.

Custom and fashion may make new demands,
But honest laughter and the cheerful smile
Shall, to the world's last hour, remain in style,
And men shall love the mind which understands.

The gentleman shall always gentle be
Whatever laws the government may make,
These things shall stand till life's last thread shall break:
Honor, and faith and mirth and courtesy.

A thousand years from now, though life seems strange,
He shall be loved who brothers when he can.
A noble spirit shall proclaim the man.
For what is truly noble cannot change.

—Edgar A. Guest.

Old Stuff.

Alice had learned the story of Columbus at school, and was telling it to her mother.

"An' his ships were named the Nina, the Pinta, and—and——"

"Santa Maria," prompted the mother.

"Yes, and the queen's name was—was—"

"Isabella," suggested the mother.

"Mother," demanded Alice, with sudden suspicion, "have you ever heard this story before?"

Minard's Liniment for Chilblains.

During the first nine months of the current year there was 161,527,600 pounds of herring taken from the sea fisheries of Canada. As caught and landed the fish were valued at $1,192,809. Among the many uses for the herring is that of bait for which 213,174 barrels were thus consumed.

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IN SPARE TIME Many Earn $50 to $100 a Week. Expert instructors, 12 weeks Marcelling, Scalp, Facial Treatments, Manicuring, Hair Coloring, etc. Diploma, longest established recognized Canadian school, American and European instructors. No experience necessary. Money Back Guarantee. DOMINION ACADEMY OF COSMETOLOGY (Affiliated Toronto Hairdressing Academy) 157 Avenue Road, Toronto, Ontario. Write Dept. 100 Free Book.

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A Poem Worth Knowing.

"Phillada Flouts Me."

If one man could claim authorship of all the poems written by "Mr. Anonymous," he would be one of the greatest, as well as one of the most prolific, poets in the world. Few of the fine old ballads in English have an author's name attached to them; yet it seems strange that a charming poem like "Phillada Flouts Me," of which we quote the first and last verses, should never have been owned.

O, what a plague is love!
How shall I bear it?
She will inconstant prove,
I greatly fear it.
She so torments my mind
That my strength faileth,
And wavers with the wind
As the ship saileth.
Please her the best I may,
She loves still to gainsay:
Alack and well-a-day.
Phillada flouts me.

* * * *

I cannot work or sleep
At all in season:
Love wounds my heart so deep
Without all reason.
I 'gin to pine away
In my love's shadow,
Like as a fat beast may,
Penn'd in a meadow.
I shall be dead, I fear,
Within this thousand year;
And all for that my dear
Phillada flouts me.

HEALTH BROKE DOWN

Could Not Get Sleep for Hours After Going to Bed.

"It is not natural for me to sit down and write a letter in praise of a proprietary medicine as I had always been skeptical as to their virtues." Thus writes Mr. Arthur Seguin, Storthoaks, Sask., who further says:—"But three years ago I opened a general store here in Storthoaks and placed on my shelves a few lines of the best known proprietary medicines. Among these, naturally, were Dr. Williams' Pink Pills. As there were three of my customers who were obtaining good results from taking the pills, and as I was in need of a medicine I decided to try them myself.

"I had been suffering from catarrh for years, and my inside work had completely broken down my health. I was coughing all day, suffered from indigestion, and could not sleep until three or four hours after retiring. I started the pills, not with any great confidence, but by the time I had finished the second box I marked much improvement. At the fourth box I felt quite recovered, but continued them for some further time. My cough has left me, the indigestion has disappeared and I now fall asleep almost as soon as I am in bed. In my store now I do not hesitate to recommend Dr. Williams' Pink Pills to any who are feeling run-down or without energy, as I think they are a blessing to mankind."

If others who may feel skeptical will give Dr. Williams' Pink Pills a fair trial they will be convinced as was Mr. Seguin. You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Indians.

The teacher was trying to demonstrate the truth that love and protective care is instinctive in all parents. The story of the baby Moses and the child Samuel had amply illustrated the point from the human side.

"And now," she said mysteriously, "I'm thinking of mothers that don't look or dress as we do! They wear feathers."

Instantly came the answer from one bright little girl. "Indians," she said triumphantly.

In the same class the following definition of a frog was given:

"He is that thing that when he sits down he jumps up, and when he jumps up he sits down."

In British Columbia there is an abundant supply of red cedar, sometimes called the giant cedar, as it frequently reaches 150 feet in height and 10 feet in diameter.

When hoarse use Minard's Liniment.

Diphtheria.

When Kasson and the good dog "Balto" carried antitoxin to the people of Nome last summer, they were applauded by the whole American Continent, not only for trudging through ice and snow on an errand of mercy, but because they arrived in time to save many lives. Even the smallest urchin standing in front of a bulletin board marking the stages of the race with death knew the point of the mad drive was that, to be of use and save the people from death, the antitoxin must be given early. Every man and woman, every mother and father in Canada and the United States was made aware that a case of diphtheria is certain to recover if antitoxin is given on the first day of the illness; that every day lost means so many chances less; that if delayed until the 6th to 8th day, antitoxin may be of little use. Time is the important factor. Early administration means cure; delayed administration may be too late and futile. The parent, the doctor and the medical officer of health share the responsibility for early administration.

It is good to save a child from death, but is it not better still to save a child from disease? During the year 1925 research workers in the health field have perfected "Toxoid," a sure preventive against diphtheria. It is safe and absolutely sure; further, it gives protection against diphtheria without any bad effects. Take your child while he is well to your physician for the "Toxoid" treatment; you will then enjoy an easy mind all through the winter because you know he will be protected against that dreadful foe of young children, diphtheria, and all the evils in its train, such as an impaired heart and general debility.

A Fire of the Imagination.

The day, which had begun as Indian summer, had changed rapidly through the afternoon until, at twilight, it became a raw, nipping habinger of coming winter. The proprietor of the village inn, with a lighted lantern on his arm, entered what had once been the barroom but was now converted into a men's lounging room. In cold weather this room was heated by an old-fashioned castirón box stove. Chancing to look out of the windows, the proprietor recognized a party of woodsmen returning from their work in the woods to the inn, where they lodged. A look of contrition overspread the proprietor's face. "There comes those wood-choppers," he reproached himself, "probably half froze, 'nd I ain't got any fire started yet."

With his fingers the proprietor combed his forelock thoughtfully. Suddenly his face brightened. Stepping quickly to the stove, he raised one of the lids and set the lighted lantern within. Then he replaced the lid and wolked around to the front of the stove. As he drew out the slide to the draft, the opposite wall immediately became illuminated with a bright, cheery glow. Seating himself comfortably the proprietor awaited his guests, who soon entered, boisterously complaining of the sudden change in the temperature.

"At-a-boy!" cried the leader enthusiastically when he saw the cheerful glow. "The boss's got a peach of a fire."

The men gathered about the stove, rubbing their chilled fingers vigorously, their faces aglow with contentment at the comfort of the room. At last they seemed to be warmed through. They left the stove for the chairs and benches that were scattered about the room and began to assemble their smoking equipment.

"You fellows all warmed up good?" affably injuired the proprietor, rising from his chair. "Becausse if you be," he continued, "I want t' borrow the lantern to go out and get some kindlingsss t' start a fire with, and to do th' chores."

And, suiting the action to the word, he walked over to the stove, removed the lid and took out the lantern. A look of incredulous amazement overspread the faces of the woodcutters. That was quickly followed by a sheepish grin, and that, in turn, as the proprietor closed the door behind him, by a roar of indulgent laughter.

Keep Minard's Liniment handy.

Fishy Singing.

"What a glorious voice—what a soul in her singing!" whispered the gushing lady to the bored critic sitting next to her, as the soprano on the platform gave forth her not too musical strains. And the critic answered darkly—"I thought of flounder, but solo never occurred to me."

In the manufacture of skis, tool handles, and bent wood goods where toughness is necessary Canadian white ash is largely used. This tree is confined to eastern Canada.

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The Plan.

The plan, like a rosebud is opening there,
Each petal a miracle, fragrant, fair;
To touch it and mar it I do not dare—
To have it in perfect bloom to share
I humbly work and wait.

—Lucy Helen Pearson.

Salt in Silver Mining.

Common salt is used in the recovery of silver from its ore.

The armor used by Joan of Arc was especially made for her in Tours.

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Joe. Malone Tubular Hockey Skates, rivetted on strong boots with ankle straps. Regular price $11.00. Our price, for mail order customers, only $7.50. Skis and equipment. The largest assortment. All half price.
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Your Hardware Dealer knows the quality
Our descriptive circular sent to any address on request.
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Teach your children the Cuticura habit that they may have clear skin and good hair through life. The constant use of Cuticura Soap, assisted by Cuticura Ointment, keeps the skin and scalp clean and healthy.

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Cuticura Shaving Stick 25c.