PURE RICH BLOOD MEANS GOOD HEALTH

Also it Means Bright Eyes, Red Lips and Rosy Cheeks.

The lack of sufficient red, health-giving blood does not end merely in pale faces and lustreless eyes. It is much more serious. Bloodless people are the tired, languid, run-down folk who have no enjoyment in life. They have heart palpitation, headaches and backaches, no appetite, sometimes fainting spells, and always nervousness. Just a little more rich, red blood and these troubles vanish. To get this new, rich, red blood Dr. Williams' Pink Pills are just the thing you need. That is why these pills have a world-wide reputation as a blood and nerve tonic. Among those who have proved the truth of these statements is Miss Annie M. Blonski, Woodbridge, Man., who says:—"I became very weak and nervous, had pains in my side and back and suffered from frequent sick headaches. I was hardly able to do anything about the house and would awake with a start at night, with my heart pounding violently. If I walked upstairs I would be breathless and my heart would flutter rapidly. I used doctor's medicine but it did not do me any permanent good. Then I was advised to take Dr. Williams' Pink Pills and decided to try them, and I can only say that they did wonders for me. I am now well and strong again and able to do all my work, and this is all due to Dr. Williams' Pink Pills. I have recommended the pills to others who have taken them with equally good results."

You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Other People's Good-Byes.

To grasp and shake vigorously one another's necklaces before parting is etiquette in the South Sea Islands, where the men as well as the women wear these ornaments.

The Turks cross their hands on their breasts and bow.

With the Fijians saying "good-bye is quite a ceremony. Men and women carry red feathers, which they produce before parting and place in the form of a cross. The significance of this is that, although they must now tear themselves away from each other's presence, their paths having once crossed, their hearts will for ever be in unison.

The Japanese way of bidding adieu is to flourish a slipper in the air. In certain South Sea Islands the lover's method of expressing a farewell consists of clasping his sweetheart's ankles; while in Otaheite a man taking leave of a woman twists her skirt till it becomes like a piece of rope.

She Was the Limit.

She—"So you think it would be unwise for me to marry a man with less brain than myself?"

Her Chum—"Quite impossible, my dear!"

No Halo.

The patient saleswoman brought out the seventeenth hat. The customer seemed impressed, but her doting husband spoke up with decision.

"That hat does not become you, my angel."

The saleswoman showed another.

"And that, certainly, is not worthy of you, my angel!"

"I fear we cannot suit your angel," said the saleswoman finally. "We have nothing in the way of a halo."

Chinese Expert in Jade.

The Chinese, as a result of many generations of experience, are the most expert jade carvers in the world.

WE WANT CHURNING

CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent. Butter Fat.

Bowes Company Limited, Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker.

Established for over thirty years.

Fine Hunters From the Emerald Isle

Ireland is quickly being adapted to pursuits of peace. Agricultural fairs and stock shows are the order of the day, and recently Irish bred cows were announced among the finest in the world.

But there is another thing which is due to bring the little island to the attention of every country in the world where the thrill of the chase and the clarion call of the horn on still, cool countrysides in autumn have a place in the heart of the people.

When the trees are bare, days begin to get shorter and cooler, the ground is covered profusely with brown and russet-red leaves, and an atmosphere of contentment seems to settle down. The hurried frenzy for summer sports is allowed to subside. There is a universal desire for "something different."

Hunting seems to be exactly the thing, and in Canada this sport is becoming more popular each succeeding year. Strong, powerful horses, known as Irish hunters, are being brought here for that purpose.

These horses are noted for their stamina, speed and beauty. Long slim bodies, wiry tapering legs, there is in them the heart of the hunter who never gives up. Thomas Lawton, of Cork, has shipped four specially selected Irish horses recently, by the Canadian Pacific liner Metagama, the second shipment to Canada within the last few months. These horses were purchased by Hugh Wilson, of Oakville, Ontario, one of the largest importers in Canada.

It is understood that more orders are to be placed by Mr. Wilson and other Canadian importers in the near future. (1) Shows hunters out for an airing before being led to the sheds. (2) Horses being loaded on board the Canadian Pacific liner Metagama in special box crates.

Surnames and Their Origin

TAYLOR.

Variation—Parmentier.
Racial Origin—English.
Source—An Occupation.

Here are two family names which are the sole surviving forms generally met with in this country of a group which at one time embraced a great number of variations.

There are two sources for the name of Taylor, and one for that of Parmentier. Originally the name of Taylor was descriptive of the occupation of the person to whom it was applied, the calling being either that of the tailor or that of the "taseler," the latter word being now extinct, though strangely enough the industry, or rather, process in the textile industry which it represents, is carried on today by means of the same sort of thistle or burr from which the occupation took its name. The "tzil," "tasel," "teasel" or "tassel" was used to scratch the surface of cloth in order to produce a nap. It is still used to-day, though machinery is used in the application.

But as family names developed the spellings of "Taylzer" and "Tassler" became confused with the many variations of Taylor, of which "Talyer," "Taylieur" and "Taillour" were examples.

The "Parmentier" was simply another name, of Norman origin, for the man who made clothes out of cloth, old spellings of which were "parminter," "parmenter" and "parmitar."

There is a branch of the Clan Cameron of Scotland which uses the name of Taylor, but in the form "MacMan-taillear" (descendants of the "tailor") from "Taillear-dubh-na-tuaighe" (The Black Taylor of the Axe—17th century'. This, of course, merely traces back to the English word.

O'KANE

Variations—Kane, Kean, Keane, Keen, Kyan, O'Cain, O'Caine, O'Cane, O'Canane, O'Cahaine, O'Cahan, O'Caen, O'Chane, O'Kean, Cane, Cain, Caine, Cahane, Cahaine, Gahan, Gethan.
Racial Origin—Irish.
Source—Given Name.

It looks like an index to a whole encyclopedia of family names; but it's just one surname, in its many variations. There are few Irish clan names which have given rise to so many variations of spelling, and even pronunciation, when translater into English, as that of "O'Cathain."

Of all the Anglicized forms, probably the one that strikes the closest to the Gaelic pronunciation of "O'Cathain" is O'Cahaine or O'Cahane.

But the tendency of the English-trained tongue and throat is to slur, and since it is the second syllable of "Cathain" that is accented, most of the Anglicized versions simply slur out the first vowel sound and the aspirate, and make one syllable of it. Whether spelled with a "C" or a "K," or an "a" or an "ai," the usual pronunciation is "cane" in English, though that of "keen" is not unusual; in which case, the spelling "ea" is used. As a matter of fact, however, this change of 'cane" to "keen" is a development in English of Comparatively modern times, and it was probably first pronounced in English as "cane."

The clan is an offshoot, an ancient one, of the O'Neills, of Tyrone, founded by a chieftain named "Cathan" (meaning "warrior") in the twelfth century.

And a Fine Fellow to Boot.

Mabelle—"Father, don't you think Jack a handsome man?"

Dad (grimly)—"Oh, yes—and a fine fellow to boot."

Pimples come from blood that's not just right. If you want to get rid of facial blemishes try Seigel's Syrup. Any drug store.

Singing and Health.

Singing has long been advocated as an aid to healthfulness of body. The physical reactions of an exercise which energisies alike the brain, the heart, and the lungs, would certainly seem to be beneficial. Gretry, the eighteenth century French Composer, once said: "I placed three fingers of my right hand on an artery and sang an air to the tempo of my pulse. Then I sang with great ardor an air in a dixerent tempo, and I distinctly felt my pulse kuickening or slackening its action to accommodate itself by degrees to the new tempo." The physical condition of most of the famous singers, too, is impressive testimony to the value of singing in this regard of its healthfulness. Even the sometimes too exuberant physique of the prima donna may fairly be quoted in support of the claim.

A public meeting, strictly speaking, is a meeting called by a citizen or a number of citizens to discuss a matter of public interest.

Minard's Liniment for Chilblains.

Turn of the Hill.

What came up the hill with me
Utterly and gladly gay?
Laughing joyous all the way—
Was it then some mystic fey?

Tinkling as it came along
In its heart the song of May,
In its eyes the dawn of day
Merry, merry all the way.

What came up the hill with me?
When I reached the top it stayed,
Still about me eerie played
Like a rainbow was arrayed.

It is gone, this butterfly,
As I turned the hill forsooth,
Tell me, minds, I cry, "the truth":
"You have lost,' 'the,' whisper—
"Youth."

—George Elliston.

"If there be a pleasure on earth which angels cannot enjoy—it is the power of relieving distress."—Colton.

SHIP US YOUR
POULTRY, GAME, EGGS, BUTTER AND FEATHERS
-WE BUY ALL YEAR ROUND-
Write today for prices—we guarantee them for a week ahead
P. POULIN & CO., LIMITED
Established over 60 Years
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USE
SIMONDS SAWS
Their teeth are of a toughness which makes them hold their keen cutting edge under every usage.
SIMONDS CANADA SAW CO. LIMITED
1600 DUNDAS ST. W., TORONTO
VANCOUVER MONTREAL ST. JOHN, N.B.

BABY'S OWN TABLETS ARE OF GREAT VALUE

To All Mothers Having Young Children in the Home.

No other medicine is of such aid to mothers of young children as is Baby's Own Tablets. The Tablets are the very best medicine a mother can give her little ones during the dreaded teething time because they regulate the stomach and bowels and thus drive out constipation and indigestion; prevent colic and diarrhoea and break up colds and simple fevers.

Concerning Baby's Own Tablets, Mrs. John A. Patterson, Scotch Village, N.S., says:—"I have six children, and all the medicine they ever get is Baby's Own Tablets. I would use nothing else for them and can strongly recommend the Tablets to all other mothers."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Keep Some Borax Handy.

Borax has many useful purposes. A teaspoonful put in the rinsing water when washing the hair makes it silky and bright, and also gets rid of dandruff It is also a good moth powder—an antiseptic, too, for sinks, etc. It cleans glasswork, and especially those horrible narrow-necked carafes, also softens water.

It is an excellent silver cleaner. Stand the silver in hot water with two or three teaspoonfuls of borax for two hours, then rinse and wipe dry. It will, if added to boot polish or blacklead, improve the lustre greatly, and, of course, a teaspoonful added to the starch on washing days prevents the iron sticking and puts a beautiful gloss on collars and cuffs, etc.

If you'd like a little better tea than you are using, please try "Red Rose"

RED ROSE TEA "is good tea"

The same good tea for 30 years. *Try it!*

The Common Law.

The tree that never had to fight
For sun and sky and air and light,
That stood but in the open plain,
And always got its share of rain,
Never became a forest king,
But lived and died a scrubby thing.
The man who never had to toil,
Who never had to win his share
Of sun and sky and light and air,
Never became a manly man,
But lived and died as he began.
Good timber does not grow in ease;
The stronger wind, the tougher trees.
The farther sky, the greater length,
The more the storm, the more the strength;
By sun and cold, by rain and snows,
In tree or man good timber grows.
Where thickest stands the forest growth
We find the patriarchs of both,
And they hold converse with the stars
Whose broken branches show the scars
Of many winds and much of strife—
This is the common law of life.

Keep Minard's Liniment handy.

Truth and Tommy.

The youthful Thomas had been subjected to a strong lecture on the evils of telling untruths, and, strangely enough, he had for once taken it to heart. But unfortunately it had rather a drastic result.

Thomas, with his mother, had been paying a visit to a neighbor, and at the conclusion of the evening the lady of the house had held out her arms to the little boy and cooed:

"Don't you want to kiss me, Tommy?"

"No, I don't," said Tommy, stepping back.

"Don't you like me, dear?" came the second query.

"No,' ' answered the boy quickly; "you're ugly—very ugly."

"Thomas!" moaned the boy's mother. "Aren't you ashamed?"

"Hang it all!" said the practical Tommy. "I got a lecture for not telling the truth yesterday, and I ain't going to run any risks to-day."

Heels were first put on shoes to prevent a horseman's foot from slipping in the stirrup.

Coughs and Colds Mean Restless Nights

which sap the vitality. Danger lurks in every hour a cold is allowed to run. Assist nature to bring your children quickly back to health and strength and avoid serious complications by the prompt use of Gray's Syrup — over 60 years in use.

Always buy the Large Size

GRAY'S SYRUP of RED SPRUCE GUM

Montreal D. WATSON & CO., New York

For Colds

BAYER

ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds Headache Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

DOES NOT AFFECT THE HEART

Safe → Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements

BAKERS' OVENS. WRITE FOR CATALOGUE and list of used ovens. Hubbard Oven Company, 182 King West, Toronto.

NURSES WANTED.

STUDENT NURSES WANTED. NASSAU Hospital, Mineola, Long Island. Registered School. 40 minutes from New York. 2 years 4 months course. Qualified instructors. Social director. Three weeks vacation annually. One year High School or equivalent required. Age 18 to 35 years. After probationary term, allowance of $20.00 a month, also uniforms and books. Classes entering February 1st and September 14th. Address: Principal, School of Nursing, Nassau Hospital, Mineola, Long Island, N.Y.

Doing Homework.

A teacher in London East-end received the folloing letter from the mother of one of his pupils:

"Dear Sir,—Please don't give Charlie any more homework. That sum about how long would it take a man to walk forty times round Trafalgar Square caused his father to lose a whole day's work. Then when he'd walked it you marked the sum wrong."

A drop of ink may make a million think.—Byron.

MURINE Keeps EYES Clear, Bright and Beautiful
Write Murine Co., Chicago, for Eye Care Book

GARGLE Your throat every morning with Minard's in water and prevent colds.

MINARD'S "KING OF PAIN" LINIMENT

TO EXPECTANT MOTHERS

Letter from Mrs. Ayars Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Spring Valley, Sask.—"I took the Vegetable Compound before my last confinement, when I got to feeling so badly that I could not sleep nights, my back ached so across my hips, and I could hardly do my work during the day. I never had such an easy confinement and this is my sixth baby. I read about Lydia E. Pinkham's Vegetable Compound in the 'Farmer's Telegram' and wrote you for one of your books. We have no druggist in our town, but I saw your medicine in T. Eaton's catalogue. I am a farmer's wife, so have all kinds of work to do inside and outside the house. My baby is a nice healthy girl, who weighed nine pounds at birth. I am feeling fine after putting in a large garden since baby came. (She is as good as she can be.) Yours is the best medicine for women, and I have told about it and even written to my friends about it." — Mrs. ANNIE E. AYARS, Spring Valley, Sask.

Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a general effect to strengthen and tone up the entire system so that it may work in every respect as nature intends. All druggists sell this dependable medicine. Give it a trial. C

PIMPLES ON FACE AND HEAD

Itching and Burning Terrible. Cuticura Heals.

"My trouble started by little pimples coming out on my face and the back of my head. After a few weeks the pimples scaled over and the itching and burning were something terrible, causing me to scratch. I lost rest at night because of the irritation.

"I heard about Cuticura Soap and Ointment and sent for a free sample. After using it a few times I got relief so purchased more, and after using about four cakes of Cuticura Soap and three boxes of Cuticura Ointment I was healed." (Signed) Miss Dorothy Welsch, Dare, No. Dak., July 16, 1924.

Use Cuticura Soap, Ointment and Talcum for daily toilet purposes.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c.
Cuticura Shaving Stick 25c.