People who use "Red Rose" are usually those who like tea of extra good quality

RED ROSE TEA "is good tea"

The ORANGE PEKOE is extra good. Try it!

Surnames and Their Origin

STERLING.

Variations—Eastman.
Racial Origin—English.
Source—Geographical.

The origin of the family name of Sterling is bound up with that of our word sterling, as applied to silver, and in its various acquired meanings.

In the early middle ages, before England had become much of a seafaring nation, the most intrepid traders were those who hailed from the various "free cities" along what is now the German seacoast. These cities, owing fealty to no king, or at most but nominal fealty for temporary periods, were leagued together in the establishment of trading colonies, and for mutual military defence. They had their agencies which were virtually forts, in all the principal countries of Europe. One of their stations with great walled-in warehouses, was in London. These traders were known to the English as "Easterlings"; that is, men of the East, or Easternern. They settled their transactions in pure silver, and as the English coin of the day was much adulterated the "pound Easterling" came to be the standard of absolute value. In common usage the initial vowels soon were dropped, leaving the word "sterling."

The family names Sterling and Eastman originally were preceded by "le"; thus, "Sigmund le Easterling"; and later more simply, as Sigmund Sterling" or "Geoffray Eastman.

MacDOWELL.

Variations—MacDowell, Dowall, Dowell, MacDhoil, MacCoul, MacCool.
Racial Origin—Scottish.
Source—A given name.

This group of names constitutes a class of variations of the clan name of MacDougall, borne by one of the leading clans of Scotland and all of them occur as family names adopted by branches or septs of that clan. Certain of them, too, are not exclusively Scotish, but are to be found in Ireland as well.

That the same names should spring up independently in Scotland and Ireland, though in some cases from different sources, is not strange, for the bulk of the Scottish Highland clans trace back to various periods of conquest and colonization of Scotland by the Dalriadic Scots from the north of Ireland, virtually all of which took place prior to the fifth century A.D. The difference in the Gaelic of the Highlands and that of Ireland is more a difference of dialect than of language.

The family name in this group, like that of MacDougall, trace back to the given name of Dugal, from the Gaelic "dhu," meaning "dark," and "gall," for "stranger." In the very early period this was the Highlander's name for a man of the low country, but it very quickly became a given name.

The family name of McCoul was more anciently spelled "Makoul."

Riches.

I own the silk of spider webs,
The verdant velvet of the grass,
And all the ermine snowflakes leave
On hedges as they pass.

The sapphire of the sky is mine,
Sunset opal and seashell jade,
These lie within my jewel box
And diamonds dewdrops made.

I have a row of paintings rich
Signed by the artists sun and moon,
Old ocean did my aquarelles
Beside a windswept dune.

These precious treasures I acquired,
Without the wealth of worldly station,
For I have bought them every one
With coinage of appreciation.

—Lillian E. Howard.

Sentence Sermons.

There Is No Doubt—About the value of a clear conscience in time of trouble.

—About the worth of a man who specializes in dependability.

—About the need of man-power to match our horse-power.

—About the high cost of low living.

—About the danger in easy money.

—About the folly of fast living and slow paying.

—About the wisdom of earning more than we are paid for.

Pneumonia Puzzle.

A person may have pneumonia and "not know it," said a doctor at an inquest in Grimsby, England. He said a man who died while eating dinner had been suffering from pneumonia for several days.

WE WANT CHURNING

CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent. Butter Fat.

Bowes Company Limited, Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

BABY'S OWN TABLETS AN EXCELLENT REMEDY

For Any of the Many Minor Ailments of Infants and Young Children.

No mother can expect that her child will escape all the ills to which babyhood and childhood are subject, but she can do much to lessen their severity, and to make baby's battles for health easily won.

Nine-tenths of the minor ailments which afflict babyhood and childhood are caused by some derangement of the stomach and bowels. Regulate the stomach and bowels and these troubles will disappear. To do this nothing can equal Baby's Own Tablets. They are a mild but thorough laxative which through their action on the stomach and bowels, never fail to banish constipation and indigestion; colds and simple fevers; expel worms and make the dreaded teething time easy.

Concerning Baby's Own Tablets Mrs. A. Koshan, Hamilton, Ont., writes:—"Kindly send me your booklet, "Care of Baby in Health and Sickness." I have two little children four and a half and three years old and have used nothing else for them but Baby's Own Tablets. I think the Tablets are a wonderful medicine for little ones."

Baby's Own Tablets are sold by all medicine dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Ruined Garden.

From a man as weak as I
His life would be taken
If ever his pride should die,
That now is shaken.

. . . . . .

I held your hand in my own
In a moonlit garden . . .
How could a fool have known
To sue for your pardon?

You offered your heart with tears,
And I took it lightly . . .
I wonder amid my fears,
If I heard rightly!

For now that I see how my will's
Wild work is done, discloses
A ruin, wherein night spills
Silver on fallen roses.

The strong and not the weak
Can dare to be humble;
The fool's hand goes to seek
Your hand, lest he stumble.

Pity he pleads. Will you give
Him, humbled, your kiss of pardon?
And his pride, like the roses, will give
Again in the garden.

—Theodore Maynard.

Meals will be served on the new Rolls-Royce aeroplane, the most luxurious in the world. Another huge plane is being designed with sleeping berths for the passengers.

Motors cars in the U.S. were responsible for 19,000 deaths and 450,000 injured people in 1924. In England the death-roll was 3,631 in the same year.

Minard's Liniment for Chilblains.

Message.

Outside my door, there waits for me,
Awake and newly wondering,
A day—that cries out to be lived—
What will it bring? What will it bring?

What if it have a touch of pain,
Pain is a part of daily living;
What if it gives a heartache or
Will need the glory of forgiving?

Not all days may be bright and sunny,
And for this untried one—I pray,
But this—that with sincerity
I live it, be it grave or gay.

—George Elliston.

WHY RHEUMATISM OFTEN COMES BACK

The Usual Treatment Does Not Reach the Root of the Trouble.

Most treatments for rheumatism do no more than aim to keep down the poison in the blood and enable nature to overcome that particular attack. Then when the system becomes rundown from any cause the disease again gets the upper hand and it all has to be done over.

Sufferers from rheumatism who have found their condition unrelieved or actually growing worse while using other remedies, would do well to try Dr. Williams' Pink Pills. The tonic treatment with this medicine has proved in thousands of cases that it builds up the blood to a point that enables it to cast out the rheumatic poisons through the regular channels, the bowels, kidneys and the skin. When this is done rheumatism is banished, and as long as the blood is kept pure and rich the patient will be immune from attack. This is fully proved by the case of Mr. Samuel Zinck, Upper Blandford, N.S., who says:—"For a long time I was a great sufferer from rheumatism which settled in my hip and down my leg to the knee. At times the pain was so great that I could not walk. I tried liniments and medicines but without getting more than mere temporary relief. Then one day a friend called who said that he had been afflicted with this trouble which was banished by Dr. Williams' Pink Pills, and urged me to try them. I did as advised and after using a few boxes there was no doubt they were helping me. Not only was the rheumatism disappearing, but my general health was improving. I continued the pills until I had taken about a dozen boxes, when every trace of the trouble had disappeared, and I have not felt a twinge of it since. I may add that my wife used these pills for a run-down condition with equally good results."

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

La Mort.

Autumn dies a-singing,
Shouts a bold "Don't care!"
Sets a cap of orange
On her red-gold hair;
Dons a shroud of crimson;
Flaunts a purple flower;
Mocks the hoary headsman
In her last, mad hour.

—Jessica Boyer.

Some Enormous Schools.

Scientific investigations show that the schools of herrings always contain just about so many fishes. By selecting small sections and by utilizing photography it has been found that the ordinary school of a mile contains one-half billion herrings.

Thrift.

The Chipmunk who in Autumn filled
his Cell
Can pass the hardest Winter very well.

—Arthur Guiterman.

PUZZLE. Find SANTA CLAUS

First 4 Prizes each a Wrist Watch
100 Prizes of each a Fountain Pen

Hundreds of other Prizes

If you can solve this Puzzle and will sell 24 Frozen Perfumes at 10c each, you can win one of the above prizes. Will you do this? It is very easy. If so just mark Santa with an X and send it to us at once and if correct we will send you the Perfum to sell right away.

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CAPO POLISHES FOR ALL PURPOSES

"Makes old like New"

IDEAL SILVER CREAM

The Capo Polishes, Ltd., Hamilton

LESS WORK BETTER RESULTS CAPO

SHIP US YOUR POULTRY, GAME, EGGS, BUTTER AND FEATHERS
-WE BUY ALL YEAR ROUND-
Write today for prices—we guarantee them for a week ahead
P. POULIN & CO., LIMITED
Established over 60 Years
36-38 Bonsecours Market — Montreal

The Vision on the Wall.

"The Holy Ghost shall teach you in the same hour what ye ought to say," said Our Lord to his disciples once, and a striking fulfillment of that promise is found in the impressive experience of a famous living evangelist.

He was preaching in Liverpool to a congregation that packed the church to its utmost capacity. Suddenly in the midst of the sermon he stopped abruptly and said: "There is a man here who twelve years ago was sent to New Zealand. He was a drunkard, a gambler and a wife-beater. He returned from New Zealand last evening and has come to this church to-night. I have to tell him that his wife has forgiven him and that he should return to her as quickly as he can." Then the evangelist resumed his sermon. At the end of the service as he descended from the pulpit the vicar rushed up to him, and said excitedly: "How did you know about that man? It's true, doctor! And I packed him off to the colonies twelve years ago, and he is here to-night; It's true! How did you know about it?

"All I can say," replied the preacher, "is that during my sermon I saw on the wall opposite to me a vision of the Mersey and a man embarking—then a map of New Zealand—then the Mersey again and a man coming ashore."

"How did you know it was twelve years ago or that the man was here?"

"I can't tell you, I knew—that is all!"

Before that night war ended the man had given his heart to God and was speeding back to the wife he had so cruelly treated, that they might begin life again together. There is no doubt that there is a heightened consciousness frequently realized in the pulpit by saintly preachers that is a sound testimony to divine inspiration.

Keep Minard's Liniment handy.

Killer Whales Battle Finback in Arctic as Explorer Watches

During one of Scott's Antarctic cruises to study the finback whales, the rare appearance of which in the waters near the Falkland Islands threatened the existence of the islanders, one of his assistants witnessed a stirring battle between a sixty-foot finback and a number of killer whales. The smaller species are armed with strong, sharp teeth, grow from twenty to thirty feet long and are exceedingly ferocious. They tear pieces of flesh a yard long from their larger adversary, slash its lips and enter its mount, ripping out its tongue. The ocean's surface becomes red with blood over long stretches after such a conflict.

The killer whale usually lives on smaller fish and remains around the mouths of rivers lying in wait for its prey, but occasionaly is found miles out to sea, hunting and attacking the largest whales without fear. One scietist found parts of thirteen dolphins and fourteen other victims inside a killer seventeen feet long.

Edge-Holding Saws Fast-Easy-Cutting SIMONDS SAWS
SIMONDS CANADA SAW CO. LTD.
1550 DUNDAS ST. W., TORONTO
MONTREAL VANCOUVER ST. JOHN, N.B.

15¢ PER PKG. — and in ½ lb VACUUM (AIR-TIGHT) TINS

OLD CHUM
The Tobacco of Quality

Cultivation of Music Taste.

That musical taste can be cultivated is proved by the many people who once were satisfied only with the lower forms of music and now are best pleased with the music that is really art. Doubtless, they all have had within themselves the capacity to respond to a good thing when they hear it. But people possess that faculty without knowing it, and hence the importance for every music lover of steady effort to appreciate the music that seems to be beyond him. Most of the time it only seems to be, and is not really beyond him. How best to make that effort? By hearing good music over and over again. It is the only way, and it is a sure way, to cultivate musical taste.

FITS permanently stopped by Trench's Remedy for Epilepsy and Fits. Simple home treatment. Over 85 years' success. Thousands of testimonials from all parts of the world. Send for free book giving full particulars. Write at once to TRENCH'S REMEDIES LIMITED 287 St. James' Chambers, 79 Adelaide East Toronto, Canada (Cut this out)

COLDS At the first sneeze, heat and inhale Minard's. Also rub on throat and chest.

MINARD'S "KING OF PAIN" LINIMENT

Lundy Island, with a population of less than fifty persons, is not subject to either rates or taxes.

Classified Advertisements

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BAKERS' OVENS. WRITE FOR CATALOGUE and list of used ovens. Hubbard Oven Company, 782 King West, Toronto.

COMMERCIAL ART, DESIGNING, ILLUSTRATING, Show Card Writing thoroughly taught. Students earn while they learn. Write Art Department, Shaw Correspondence School, 48 Bloor West, Toronto.

MURINE FOR YOUR EYES You Cannot Buy New Eyes But you can Promote a Clean, Healthy Condition Use Murine Eye Remedy "Night and Morning." Keep your Eyes Clean, Clear and Healthy. Write for Free Eye Care Book. Murine Eye Remedy Co., 9 East Ohio Street, Chicago

NERVES AND FAINTING SPELLS

Sent Woman to Bed. Great Change After Taking Lydia E. Pinkham's Vegetable Compound

Sarnia, Ontario.—"After my girlie was born I was a wreck. My nerves were too terrible for words and I simply could not stand or walk without pains. I suffered with fainting spells until I was no longer any good for my household duties and had to take to my bed. The doctor said I should have an operation, but I was not in a fit condition at that time. My neighbor said, 'Why don't you try Lydia E. Pinkham's Vegetable Compound? I am sure it will do you good and will save those doctor's bills.' So I was advised by my husband to try it after I told him about it. I am very thankful to say that I was soon able to take a few boarders for a while as rooms were scarce at that time. My baby is 17 months old now and I have not yet had an operation, thanks to your medicine. I have recommended the Vegetable Compound to a few people I know and have told them the good it has done me. I know I feel and look a different woman these last few months and I certainly would not be without a bottle of your medicine in the house. You can use this letter as you see fit, as I should be only too glad for those suffering as I have to know what it has done for me."—Mrs. ROBERT G. MACGREGOR, R. R. No. 2, Sarnia, Ontario.

A recent canvass of women users of the Vegetable Compound report 98 out of 100 received beneficial results. This is a remarkable proof of its merit. C

FOR Neuralgia

BAYER ASPIRIN

Proved safe by millions and prescribed by physicians for

Neuralgia Colds Neuritis Lumbago
Headache Pain Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe — Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

PIMPLES ITCHED AND BURNED

On Neck, Spread in Little Red Spots, Cuticura Healed.

"A few little pimples appeared on the back of my neck. They itched and burned so badly that I scratched them, and the more I scratched the worse they itched. The trouble began to spread in little red spots and I could hardly stand it. It lasted about a year.

"I read an advertisement for Cuticura Soap and Ointment and sent for a free sample. After using it a few days I could see an improvement so purchased more, and in less than three weeks I was healed." (Signed) Miss Annie Tyess, Delburne, Alberta, Dec. 16, 1924.

Keep your skin clear and your pores active by daily use of Cuticura Soap. Heal irritations and rashes with Cuticura Ointment.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Shaving Stick 25c.