The Best thing for Cleaning Milk Cans

Use only "Snowflake." Dissolve one tablespoonful of "Snowflake" in a gallon of hot water. It will remove all grease and thoroughly sterilize the cans and bottles.

3 places for Snowflake
Kitchen, Bathroom, Laundry

Snowflake
Softens Water-Removes Grease

At all grocers 10c large package

Surnames and Their Origin

FAIRCHILD

Variations — Fairbairn, Fairbrother, Fairson, Beaufix, Beaufitz.

Racial Origin—Anglo-Saxon and Norman-French.

Source—Titles or nicknames.

The most puzzling of all family names to those of modern times are the ones which are founded on words of relationship. With the exception of "son" used as an ending, we wonder how such words as child, brother, father and the like could be used to designate or differentiate one family from another.

A proper understanding requires a recognition of the fact that the meanings as well as the spellings of words suffer changes in the course of time. "Child," for instance, was often a title in those days, and even to-day we put various shades of meaning into the words son "soony," and brother in addressing people colloquially.

All of the foregoing variations, with the exception of Beaufix and Beaufitz, which are not nearly so common today, have meanings which are obvious. The word "bairn" is in use to-day in Scotland, the rescendant from the same Anglo-Saxon word which gives uss "born." It means "child."

Parents often call their children "son," "child," "brother" and the like. In many instances such names stick within the family at least. In the middle ages communities were smaller, and speech was less formal. Hence they sometimes stuck as regards the entire community, and when the bearers in turn grew up and had children the latter came to be known as "Fairchild's-sons," "Fairchild's-sons," etc. Later, shortening influences eliminated the ending "son."

"Fitz," as has been pointed out before, was the Norman-French equivalent of the Anglo-Saxon "son," and was formed through the influence of Teutonic tongues on the Latin "filius." Indeed, even after the Normans came to England they often spelled it "fils" instead of as they pronounced it. The names Beaufitz and Beaufix mean "fair child" or "fair son." But they are really met with as family names in this country to-day.

ADAMS

Variations — Adam, Adamson, MacAdie, MacKeggie, Ayson, Addison, Atkins, Atkinson, Adkins, Adkinson, Adie, Edie, MacEsson.

Racial Origin—English and Scottish.

Source—A given name.

The family name of Adams is, of coursse, a shortened form of Adamson, or "Adam's son."

This surname, together with the many variations which have been formed from the medieval diminutives of the given name, is unusually widespread, because the given name itself was far more common in the Middle Ages than it is to-day.

The medieval English were a sturdy, simple folk, comparatively few of whom could read, and so they lacked the modern facilities to search through the Scriptures for names for their children that the modern ability to read, coupled with the development of printing, would heve given them. There was little incentive to learn to read, since books could be produced only by handwriting and were excessively expensive. Hence they got their knowledge of the Scriptures by word of mouth, and naturally the name which stuck in their memories were those connected with the most dramatic passages. Naturally the story of the creation was among the most prominent, which explains why the name of Eve as well as Adam was so popular.

"Adcock" was a diminutive of the given name. It became a family name, as "Adcockson," and was finally shortened again to Adcock. "Ad" and "Adkin" or "Atkin" were also forms of the given name, giving rise to Addison, Adkins, Adkinson, Atkins and Atkinson.

The Scottish or Celtic form of the given name was "Adhamh." A sept of the Clan Gordon bears this name, tracing it to Adam de Gordon, Anglo-Norman founder of the clan in the twelfth century.

MacAdam is a sept name in the Clan MacGregor.

The Clan Aid, or MacAdie, is a branch of Fergusons.

Adamson, Ayson, Esson and MacKeggie, all of which are said to be derived from the given name of Adam, are septs of the Clan Mackintosh.

Is He Rich?

On his ninety-ninth birthday a Seattle man gets word that he has just inherited $3,000,000. Is he rich?

Answer it by asking yourself if you would trade places with him. Which would you rather be—penniless and twenty or millionaire and ninety-nine?

After all, life itself is the only real wealth. Money is valuable only as it contributes to the abundance of life.

Youth and health are vaduable because they contribute to the same abundance. Age is valuable if it means the stored wisdom of experience. What youth anticipates age remembers.

Both of them "have" it and both are good. Ninety-nine years means richness of life lived and still possessed. Twenty means richness of life yet to be gained.

Money is, at best, a minor tool of either.

WE WANT CHURNING

CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed any where without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent. Butter Fat.

Bowes Company Limited,
Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

The Optimist.

It was the second day that the shipwrecked crew had been adrift in the open boat, and the hearts of some were beginning to sink.

There was one, however, who refused to be despondent. He sang nearly all the time, and tried to crack jokes with the chief mate.

Suddenly he jumped up.

"What's that?" he shouted, excitedly, pointing into the distance. "Isn't that land over there?"

The mate's gaze followed the pointing finger hopefully, but the light died out of his eyes as he said, dejectedly, "No, that's not land. It's only the horizon."

"Well, hang it," said the optimist, bending to his oar, 'that's better than nothing. Let's pull!"

One pound of olive oil has more heating value than 45 pounds of lettuce.

Minard's Liniment for Chilblains.

INVESTMENTS

By Edgar A. Guest

I have some extra dollars which were better saved than spent
And so I'll buy a gilt-edged bond to earn me 4 per cent.;
I'll call that an investment, 'tis a term all bankers use,
But one which money-minded men so frequently abuse.
Not all investments pay in gold; some pay in peace of mind
And some in happy memories of days when we were kind.

Life gives us countless dividends in payment for our deeds,
The marigolds are coupons which we cut from planted seeds,
The good will of our neighbors is a joy which we collect
From having neighbored with them in a way they could respect.
Our children are investments, too, in which our worth shall show,
For seldom 'tis by luck or chance good men and women grow.

We are investors, one and all, by each a choice is made;
Some risk their lives in art and some invest them in a trade.
And who shall give his best to life shall reap his dividends
In peace of mind and happiness, the love and trust of friends;
But who invests in selfishness, in cunning or in shame,
Shall find, however filled his purse, he's played a losing game.

Bleak poverty of spirit is a failure that is worse
Than the error of wrong judgment which brings poverty to purse.
For money may be squandered and a stock not worth its cost,
But a good name lives forever and a kind deed's never lost.
So I'd invest my hands and brain in all life's finer things
And seek the compensation which that sort of venture brings.

White Wings.

Little white butterfly, floating so high
Over the roofs so brown,
What do you here in the heavy air
Of this murky, mercantile town?

Here is no loveliness, here are no sweets,
Blossoms nor perfume nor dew,
To tempt the wing of a delicate thing,
A beautiful being like you.

Say, were you sent by the Infinite Love,
Sent from the starry height,
To a homesick heart in the clamorous mart,
With a message of love and light?

"Dim and brief are the ways of grief,
But the blue is a boundless vast;
The souls white wings are tireless things,
And soon are the shadows past."

—Lillian Leveridge.

A WOMAN'S WORK IS NEVER DONE

No Wonder Health Gives Out and She Becomes Weak and Despondent.

It is literally true concerning woman in the home that her work is never done. She starts with housework when she rises in the morning and is kept busy up to the time she retires at night. The work must be done whether she is feeling well or not. It is no wonder that she often breaks down under the strain. She becomes breathless at slight exertion, feels exhausted if she walks up stairs. Headaches and dizzy spells become frequent, and life seems a burden. Much of this trouble is due to the fact that her blood has become thin and watery, and to regain her good health she must take a reliable blood-enriching tonic such as Dr. Williams' Pink Pills. The great value of this tonic medicine is shown by the statement of Mrs. Mary Nolan, Lintlaw, Sask., who says:—"When I began using Dr. Williams' Pink Pills I was a physical wreck. It was with great difficulty that I could do light housework. I suffered from headaches, my heart would beat violently at the least exertion, and I always felt tired and depressed. I did not sleep well at night, and I had no appetite—my limbs would swell as in dropsy. It was at this stage that a neighbor advised me to take Dr. Williams' Pink Pills. I had used the pills for some weeks before I began to feel their benefit, and thus encouraged I continued taking them for several months, when I was again as strong and well as ever I had been. I have no hesitation in saying that these pills are a remarkable blood builder and strength renewer and I shall ever be grateful for what they did for me."

You can get these pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Pillars as Tax Guide.

The tax collector in the free city of Danzig does not have much trouble in determining how large are the farms in the district under his jurisdiction. Since time immemorial there has obtained the custom of indicating one's wealth in land by the number of pillars on his front porch. Every pillar stands for 20 acres.

French Paper in Cairo.

The first Egyptian woman proprietor of a newspaper is Miss Munria Sabet, a cultured Mohammedan writer on women's, children's and other social subjects, who has received from the Egyptian Government permission to issue a French language paper in Cairo.

SHIP US YOUR
POULTRY, GAME, EGGS, BUTTER AND FEATHERS
- WE BUY ALL YEAR ROUND -
Write today for prices—we guarantee them for a week ahead
P. POULIN & CO., LIMITED
Established over 60 Years
36-38 Bonsecours Market — Montreal

CHILDREN LIKE THEM

Baby's Own Tablets Are Effective and Easy to Give.

You do not have to coax and threaten to get the little ones to take Baby's Own Tablets. The ease with which they are given, as compared with liquid medicines, will appeal to every mother. None is spilled or wasted; you know just how big a dose has reached the little stomach. As a remedy for the ills of childhood arising from derangements of the stomach and bowels they are most satisfactory.

Mrs. Rose Voyer, Willimantic, Conn., says:—"I used Baby's Own Tablets in the Canadian Northwest and found them a wonderful medicine for children's troubles, especially indigestion and constipation. I have also given them to my children for simple fever and the restlessness accompanying teething and they always gave relief. I can recommend Baby's Own Tablets to all mothers."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Private? No Indeed!

"Seen you a good deal with a soldier lately. But that's private I suppose?"

"Private your aunt! He's a lieutenant, I'd have you to know!"

Dodging the Census.

It is no joke being a census official in Kenya Colony, where, according to recent reports, the natives have objected to the enumeration of the population because they think that it is unlucky to count themselves or their wives.

In other countries the counting of heads has sometimes presented difficulties. The first Chinese census showed a total population of 28,000,000. It was taken to serve as a basis for the imposition of a poll-tax. Some years later another census was taken, the object this time being to organize the provision of relief in a period of famine. The population had grown to 105,000,000.

Probably the most remarkable census ever taken was that the results of which are contained in Domesday Book. It gives a complete and living picture of the England of that day, and has been described by one authority as unique. The information it contained, however, was not always given willingly.

Infinite trouble is taken in the preparation of the Indian census, but one story, told by a British administrator, shows that there also the way of the census-maker is hard. On one occasion he had to point out to a native enumerator some discrepancy in his figures. "But surely," protested the enumerator, "your honor can supply noughts at discretion?"

The repetition worker has greater opportunities to advance himself along cultural lines than the brain worker.—Mr. W. A. Appleton.

CAPO POLISHES FOR ALL PURPOSES.
"Makes old like New"
BRITISH MILITARY
SHOE POLISH
SUNBEAM
SHOE DRESSING
The Capo Polishes, Ltd., Hamilton
LESS WORK BETTER RESULTS CAPO

Order from your grocer his best tea and he'll usually send "Red Rose."

RED ROSE TEA "is good tea"

The same good tea for 30 years. Try it!

The Woman in the Middle of the Street.

There is an amusing story of the early days of the Russian Revolution. After the Czar had abdicated, a stout old woman was seen leisurely walking down the middle of one of the busiest streets in Petrograd, at no small peril to herself and to the great confusion of traffic. A policeman pointed out to her that there was a pavement for pedestrians, and that the streets were for wagons and automobiles. But she was not to be convinced. "I'm going to walk just where I like," she said; "we've got liberty now."

You cannot help having some sympathy with that old dame. She didn't understand what liberty was, but she had had little chance of learning in that land of tyranny. Liberty was a new thing to her, like a new toy. She didn't know how to use it, but she wanted to see what it felt like. She had got liberty, and surely she could walk where she pleased. She didn't see that, if everybody walked or drove just where he pleased, heedless of any body's inconvenience or danger, the result would be chaos. To get along at all there must be rules of the road that limit our right to do as we like.

The woman had not thought it out. The golden age had come, and she wanted to feel its reality, to show that she was unmistakably free.

When we assert our right to "do as we like," to "live our own life," we are as thoughtless as this old dame in the streets of Petrograd. Freedom is not a question of doing as we like; it is rather a question of doing as we ought. Liberty is a responsibility before it is a right. Freedom implies voluntary obedience to the moral law.

Band Music.

The popularity of the brass band as a necessary part of a big—or a smaller—industrial settlement is evident in the fact that there are thousands of such bands in Great Britain and America. And the band contests of both countries are famous. By now, with the calibre of the brass instruments so much improved by invention their powers are greatly expanded and all classes of music are possible to them. The advance both in the standard of music in use by bandsmen and in their performance of it, is one of the most striking features of musical progress.

Keep Minard's Liniment handy.

Looked Bad.

A much respected citizen had left three unbrellas to be repaired. Later in the day he had luncheon in a restaurant and, as he was departing, absent-mindedly took an umbrella from a hook next to his hat.

"That's mine," said a woman at the next table.

He apologized and went out. When he was going home that evening in a street car with his three repaired umbrellas the woman he had seen in the restaurant got in. Glancing at him and at his umbrellas, she remarked pleasantly:

"I see you had a good day."

Charm is something that makes the snub nose of one woman her most attractive feature, while on another woman, lacking charm, it is a tragedy. —Miss Evelyn Laye.

GENUINE ASPIRIN PROVED SAFE

Take without Fear as Told in "Bayer" Package

BAYER

Does not affect the Heart

Unless you see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Tablets of Aspirin proved safe by millions and prescribed by physicians over twenty-five years for

Colds	Headache
Neuritis	Lumbago
Toothache	Rheumatism
Neuralgia	Pain, Pain

Each unbroken "Bayer" package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100.

Keepsakes.

I would take away with me
Only youthful dreams,
Bit of cloud, sky of blue,
Mystic songs of streams.

That flowed through a woodland I
Knew long, long ago.
All the early loves I held
Crimsoning and oh,

Bright first hopes, what matter now
They were unfulfilled?
Going I would take them with me
Who have thrilled and thrilled—

With their magic, who can say,
Where I travel far,
I may live all these again,
On a distant star.

—George Elliston.

If a patent shoe pinches any part of the foot, a rag well soaked in boiling water should be placed over the part. If this is done while the foot is in the shoe, the leather will soften to the shape of the foot.

Try MURINE FOR YOUR EYES
Wholesome Cleansing Refreshing

DANDRUFF
Rub the scalp with Minard's. It stimulates the roots of the hair and removes dandruff.

MINARD'S "KING OF PAIN" LINIMENT

NERVOUS BREAK-DOWN

Pains in Back and Legs Relieved by Lydia E. Pinkham's Vegetable Compound

Ford, Ontario.—"I had a nervous break-down, as it is called, with severe pains in my back and legs, and with fainting spells which left me very weak. I was nervous and could not sleep nor eat as I should and spent much time in bed. I was in this state, more or less, for over two years before Lydia E. Pinkham's Vegetable Compound was recommended to me by my neighbor. Before I had taken five doses I was sitting up in bed, and when the first bottle was taken I was out of bed and able to walk around the house. During my sickness I had been obliged to get some one to look after my home for me, but thanks to the Vegetable Compound I am now able to look after it myself. I have taken Lydia E. Pinkham's Blood Medicine in turn with the Vegetable Compound, and I certainly recommend these medicines to any one who is not enjoying good health. I am quite willing for you to use these facts as a testimonial."—Mrs. J. Shepherd, 130 Jos. Janisse Avenue, Ford, Ontario.

Nervousness, irritability, painful times, run-down feelings and weakness are symptoms to be noted. Women suffering from these troubles, which they so often have, should give Lydia E. Pinkham's Vegetable Compound a fair trial. All druggists sell this medicine.

Cuticura will help you to have beautiful Hair and a lovely Complexion

Use Cuticura Soap daily to keep your skin clear, Cuticura Ointment to relieve and prevent irritations. Keep the scalp healthy by shampoos with Cuticura Soap, assisted by touches of Cuticura Ointment when needed.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c.
Cuticura Shaving Stick 25c.