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C-3

Surnames and Their Origin

RUSSELL

Variations—Roussel, Rouse, Russ.
Racial Origin—Norman-French.
Source—A nickname.

The family name of Russell is, in a sense, akin to that of Reid, and its variations, Reed and Read. It comes from an old English word meaning "red," which, however, was of Norman rather than Anglo-Saxon speech.

This word was "rouse," and has survived to-day only as "russet," with a meaning "brownish-red) somewhat different from the original.

As might be expected it was, together with the sobriquet "le Rede," just about as widespread as red hair was, for apparently there is no personal characteristic which the human eye singles out more quickly in a man to differentiate him from his fellows than a red head.

The name "le Rouse" and "le Russel" appears frequently in the old records, the so-calleld "Hundred Rolls," the "Munimenta Gild Lallac Londoniensis" (Minutes of the London Guildhall), etc.

An explanation for the name Russ, which form is also found among the old records, but an explanation which probably has little foundation of fact, is that this name was derived from the nationality of one of the original bearers; in other words, that it means "the Russian." While a great many names are known positively to have taken their origin from nationality, the evidence is against the claim in this case, for it was not customary among the medieval English who knew little of the lands to the east of them beyond the shores of Germany, to make any distinction between the races inhabiting them, all of whom they referred to as Esterlings, or Easterlings. This objection, however, does not apply to the explanation in cases where the name has come to the United States from other countries.

PALMER

Variations—None.
Racial Origin—Medieval English.
Source—Descriptive.

Palmer is a very appropriate family name for a crusader. Its origin is traced straight back with little variation or change to the days when the spirit of fighting religion swept over all Europe and crusade after crusade was launched at the Turk with the object of winning back the Holy Land.

One very old English document, dating from Norman-French days, gives a list of names, among which is one Hervey le Palmer. Another mentions a Geoffrey le Palmere, while an old document of Parliament speaks of John le Paumer, Harvey the Palmer, Geoffrey the Palmer and John the Palmer.

A palmer, of course, was one who carried a palm leaf. It wasn't considered a silly thing to do in those days, any more than it is considered silly to-day for the soldier to wear his campaign stripes or other insignia denoting service in the army or navy or membership in a society or lodge. The palmer was one who had made a pilgrimage to the Holy Land, either as a warrior fighting the Turk or simply as a traveler actuated by religious fervor.

The descriptive appellation of palmer quite naturally developed into a family name on a very large scale. In the first place, there were many pilgrims. In the second place, the man who had made the pilgrimage was likely to be considered the most important member of his family for several generations before and after, and therefore the most likely individual in his family to perpetuate his name to the extent of its being permanently accepted in the course of years as the family name.

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Cow Testing	Jan. 12th to Jan. 23rd
Farm Dairy	Jan. 26th to Feb. 6th
Factory Milk and Cream Testing	Feb. 9th to Feb. 20th
Condensed and Powdered Milk	Feb. 23rd to March 6th
Market Milk and Mechanical Refrigeration	March 9th to March 20th
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These courses are planned to meet the requirements of farmers, farmers' sons, dairymen, poultrymen, beekeepers, and horticulturists who may be able to leave home for but a short period during the winter months. All courses are free, with the exception of the dairy courses, for which a small registration fee is charged.

A change from home surroundings, meeting other people interested in the things in which you are interested, exchange of experience and the acquirement of knowledge, will do you good. Plan to attend some course that appeals to you. Write for booklet describing the courses.

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General debility is a term used to describe a weak and run down condition of the system. Debility may come from a number of causes. The after effects of acute illness, lack of nourishment due to poor digestion, overwork or worry, or anything that makes the blood thin, thereby preventing it from carrying nourishment and health to the tissues of the body. The symptoms of debility vary, but weakness is always present, often a tendency to be easily fatigued, spots passing before the eyes, weak back, dizziness, wakefulness caused by inability to stop thinking, and unrefreshing sleep.

Mr. Lorenza L. Gamache, Rockland, Ont., was a severe sufferer from this trouble and tells how he found release. He says:—"Two years ago I was in that condition which medical men call general debility. I made periodical visits to Montreal for fourteen months to undergo electric treatment. At the end of this time I was feeling well and thought with proper care I would continue in good health. But in the course of a month or so the symptoms came back more acute than ever. I lost appetite and could hardly sleep during the night, and what sleep I had was disturbed with nightmares. I had headaches and the least effort was telling on my nerves. I always felt pains somewhere, and had to lose much time. After suffering for three months, trying various things without good results, I was terribly depressed and disheartened. One day I met a friend who noted how pale and thin I was and he so strongly recommended Dr. Williams' Pink Pills that I determined to give them a fair trial. I got six boxes and began the treatment at once. After I had taken four boxes I began to notice an improvement in my health. I could sleep better, and I scarcely had a headache. Since that time my health has been steadily improving and now I feel just as well as ever. I have gained twenty pounds since I began the treatment. Now I would not be without Dr. Williams' Pink Pills in the home, and strongly recommend them to all who suffer from a depressed system and the aches that follow."

You can get these pills through any medicine dealer, or by mail at 50 cts. a box or six boxes for $2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

Most Unfortunate.

Huskisson was very proud of his son and heir, who had only arrived at his house a few months. He was never happier than when he was showing off his son's good points.

Bagshaw was among the party of inspection.

"Well, Bagshaw," said Huskisson, as he proudly showed off the wonder-child, "what do you think of that for a strapping lad?"

Bagshaw made no reply.

"Think he looks like me?" persisted Huskisson.

"H'm — well—er—ha—hum — well, Huskisson—well, old pal, to tell you the truth, I'm afraid he does."

His Hearing Restored.

The invisible ear drum invented by A. O. Leonard, which is a miniature megaphone, fitting inside the ear entirely out of sight, is restoring the hearing of hundreds of people in New York city. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. It is effective when deafness is caused by catarrh or by perforated or wholly destroyed natural drums. A request for information to A. O. Leonard, Suite 437, 70 Fifth avenue, New York city, will be given a prompt reply. advt

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OGDEN'S LIVERPOOL

Shiploads of Girls.

For every 100 women in Canada there are 106 men. So Canada solves the problem of importing women from England as was done 300 years ago by the American colonies. And the plan suits England, for statisticians estimate England has a surplus of 2,000,000 women. Parties of women and girls are formed in England, brought to Canada under reliable escort, and offered jobs in whatever line of work they may choose. As each ship lands, scores of housewives are on hand to hire servants, and farmers, to offer them jobs in the rural districts, says Capper's Weekly. So far as the marriage question is concerned, the women have proved able to take care of that detail. Records show that most of the girls are married within a year and settle down on farms of their own.

She Knew Sheep.

After the city-bred young woman was put in charge of a country school, to the class in arithmetic she said:

'Now, children, if there are ten sheep on one side of a fence and one jumps over, how many sheep will be left?"

"No sheep, teacher," answered a tow-headed little lass of ten summers.

"Oh, no!" cried the city young woman, reproachfully. 'You are not so stupid as that! Think again. If there were ten sheep on one side of the fence and one sheep jumped over, nine sheep would be left. Don't you see that?"

"No! no! no!" persisted the child. "If one sheep jumped over, all the others would jump after it. My father keeps sheep."

Then, seeing the puzzled look on the teacher's face, the little tow-head explained apologetically: "You know 'rithmetic, miss, but I know sheep."

Michael Was Mystified.

Mirhael's mother had married again, and though Michael did not object to his new father, he was somewhat puzzled as to the relationship.

"Mother," he said, "is this man my stepfather?"

"Yes, dear; he's your stepfather."

"Well, mother," continued the child, "you call me your little lad."

"Yes, dearie, you are mamma's little lad."

'Then, mother," continued Michael, "I suppose I must be my stepfather's little stepladder."

Couldn't Be Mistaken.

An American woman went to Scotland to visit some friends. When she returned one of her friends accompanied her.

As they neared New York the American woman said: "In a little while we shall see Sandy Hook."

"Oh!" said her Scottish friend. "Do not tell me when, because I am sure I would know a Scotsman anywhere."

BEECHAM'S PILLS
The Safest and Best Family Medicine

Very Appropriate.

At a choir practice a new chant was being rehearsed. After a few verses of the Psalm had been sung the choirmaster called out: "No, no! that's all wrong; take the chant through again. Can't you see it goes differently in the last bar? No, no! wrong again! Well, we must get along with it. Now, then, next line: 'O, ye fools, when will ye understand?"

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Clockwork.

Hawkins—"Well, old man, how's business going?"

Martin—"Oh, like clockwork."

Hawkins—"But I'd heard a rumor that your people had failed."

Martin—"So they have. The business has just been wound up."

Minard's Liniment Relieves Pain.

An eagle can live twenty days without food, while a condor can similarly exist for forty days.

When we read a wise maxim we think how aptly it applies to some friend: there are maxims that apply to ourselves.

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As the clergyman stepped off the bus a newsboy thrust a paper under his nose and shouted, "All the winners, sir."

The shocked parson inquired sarcastically if there were no other news in the paper.

"Yes, sir," retorted the boy; "all the runners for to-morrow."

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