EUGENE LEPAGE GIVES TANLAC FULL CREDIT

Stomach Trouble Vanishes and Montreal Man Gains 14 Lbs. On Four Bottles.

"Since I began taking this wonderful Tanlac I seem to be getting younger every day. I have gained 14 pounds on four bottles, and everybody speaks about how well I look."

The above statement was made, recently, by Eugene Lepage, proprietor Prince of Wales Hotel barber shop, Montreal, Canada, one of the most exclusive tonsorial parlors in this city. Mr. Lepage further said:

"Stomach trouble had almost completely wrecked my health. I was a mere shadow of my former self and so run-down and nervous I thought I would have to give up my work.

"Tanlac soon had me eating everything, sleeping like a log at night and feeling as fine as one could ask to feel. My only regret is that I did not learn about Tanlac long before I did."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Tanlac Vegetable Pills
For Constipation.
Made and Recommended by the Manufacturers of Tanlac.

Surnames and Their Origin

KENNEDY

Variations—Kinitty, Kinnity, O'Kennedy.
Racial Origin—Irish.
Source—A nickname.

For the most part, the Irish clan names, which were virtually family names, and have become so absolutely in modern usage, were formed strictly from given names, from the names of those chieftains who first gathered about them a sufficient number of followers to be designated as a clan. But sometimes these chieftains received nicknames, descriptive of some trait or honor achieved, and it was the nickname which became the clan name. This is the case of the Kennedy clan.

The gaelic designation of this clan is "O'Ceannatta," and with the exception of the last syllable, which has naturally become slurred a bit in the Angdicized form of the name, its pronunciation was precisely that of O'Kennedy.

The founder of the clan was a chieftain named "Fergus" and surnamed "Ceannfada," or "long-head"—(in the sense of being far-sighted), who flourished about the time of St. Patrick. Thus this clan or family name is about as old as Christianity in Ireland, and antedates the Christianization of Anglo-Saxon England, which was several centuries to the Norman invasion of that country, with the subsequent formation of English family names.

KEATS

Variations—Keet, Ketts.
Racial Origin—English.
Source—Personal characteristic.

By no means have all family names developed from occupations, places of residence or given names of parents. Probably as large a class as any, in English nomenclature at least, developed from nicknames descriptive, or allegedly descriptive, of personal peculiarities.

Such names were given to men in medieval times in exactly the same manner that a small boy is given a nickname to-day by his companions. The difference lies only in the fact that the need for the nickname or descriptive surname was greater in those days than to-day. In this manner such names as Brown and Black have developed, just as boys to-day acquire such names as Reddy or Skinny. The modern boy lives them down eventually, for he has a family name which better serves the purpose of a surname when he grows up. But in medieval times the nicknames were turned into family names, for populations were growing so fast that a given name was not enough to distinguish a man from all of his fellows.

Names in this group were taken from the word "kete," which since has become obsolete. It meant "fierce" or "bold."

ARCTIC GUARD TO SAVE MUSK OX

GOVERNMENT SENDS AN EXPEDITION.

To Establish Police Offices Within 800 Miles of the North Pole.

In carrying out the task of establishing the sovereignty of the British crown in the Arctic islands which form the northernmost part of the Dominion of Canada, and which in size are equal to the combined territory of Saskatchewan and Alberta, the Northwest Territories Branch of the Canadian Department of the Interior sent the government steamer, the Arctic, last autumn, to within 800 miles of the North Pole to establish permanent police posts and police offices.

These expeditions, which culminated during 1923 in the establishment of a police post at Cape Sabine, on the eastern coast of Ellesmere Island, have been used also for the purpose of conducting examinations of the country by competent scientists and engineers.

At the present time Major Burwash is carrying out an examination into the natural resources of Baffin Land and the islands immediately to the west. He will continue this investigation until next autumn, when the Arctic will pick him up at Cumberland Sound on the east coast of Baffin Land and bring him back to civilization.

In order to expedite the opening up of this country a second vessel, the Franklin, will be taken over by the department, and will make its first voyage this summer.

Three Posts Established.

The three posts which have been established are at Cumberland Sound and Ponds Inlet, on Baffin Island, and at Cape Sabine, far to the north on Ellesmere Island.

The necessity for the establishment of the post on Ellesmere Island was made manifest by the rapid depletion of the musk ox herds which have their habitat there. It became known that the government regulations under which a musk ox cannot be killed except in the face of starvation were being flouted grossly by Eskimos from Greenland and other foreigners who could cross the narrow channel—Smith Sound and Kennedy Channel—in the winter months, kill the musk oxen and return with the pelts to their native country. Incidentally, Greenland has far outstripped the northern Canadian islands in the exportation of furs.

Police to Enforce Rules.

The government decided that it was time to acquaint the Greenlanders with the fact that Canada is a country with a rigid customs barrier, and if they desire to take Canadian furs back with them they must meet the requirements of the law. Hence the establishment of a Royal Canadian Mounted Police post at Cape Sabine. Inspector Wilcox and six other ranks are stationed there.

This summer the department hopes to establish more posts on some of the islands further to the west. Bathurst Island has been marked but as one of the islands best suited for the purpose because of its central position.

Have You Heard?

That horse's tongue is considered a great delicacy among the peasants of Scotland?

That a form of wireless telegraphy was used in China at the time of Confucious?

That walrus hide, applied lightly to the scalp night and morning, is a sure cure for baldness?

That in certain tropical islands in the Pacific beetroots grow to the height of fifteen feet?

That at the North Pole the temperature frequently is higher than it is in London?

That there exists a tribe of savages in Central Africa having eight fingers on each hand?

That mice suffer greatly from indigestion?

If you have, then someone has been pulling your leg.—London Opinion.

GREEN TEA IMPORTS LARGER.

Statistics from Ottawa show that in 1923, 553,977 pounds more Green Tea were brought into Canada than in 1921, and 906,728 pounds more than in 1922. The reason given is that the fine quality Green Teas of India and Ceylon have displaced the inferior Japan and China Greens which, due to their low price, were imported heavily some years ago. Salada Tea Company is the largest importer of India and Ceylon Green Teas.

Stockings which are too long or too tight can do as much harm as badly-fitting shoes.

Pride.

Why do I rise at the dawn's early light,
To clean the car after a rain?
When I'm pedfectly sure it will be, before night,
Quite dirty and dusty again.
Why do I hasten to give it a bath,
To polish it after a ride?
I'd much rather follow the easier path,
But I can't—it's a matter of pride.

Why do I hunt for a rattle or squeak,
In a most inaccessible spot?
Why am I willing to work for a week,
When the weather is terribly hot?
It's not that I love all the grease and the grime;
That's something I cannot abide;
Moreover, the job takes a lot of my time.
It's merely a matter of pride.

A man may be known by the car he will keep—
The way that he keeps it, I mean;
Perhaps it is one so remarkably cheap,
Or else an expensive machine.
It isn't the money expended that counts,
It isn't the price that's the guide;
It's really the care that he gives—that amounts
To the strength of his personal pride.

—Harold S. Osborne.

Life's Meanings Complicate and Wide.

Life's meanings complicate and wide
Into a narrow compass come
As we aproach the sea whose solemn tide
Must bear us home.

A bleak-blown stretch before our eyes,
Some sterile rods of bleak-blown shore,
And we must leave familiar lands and skies
Forevermore.

Earth, with your countless gentle ways,
Sky, with your limitless desire,
Take of us tenderst love, sincerest praise,
Ere we retire.

Life, with your meanings complicate,
Your sorrow and your blitheness both,
How are we fain to prove our untried fate,
How far we loath!

Friends.

Friends are pearls o' precious price,
That God gives us here on earth;
Bits o' gold from Paradise—
Heaven's jewels o' priceless worth,
Sent to bless us for a while,
With their lovin' ways, an' true
With the sunshine o' their smile—
That God made for me an' you.

We should cherish them above
All things else on this ol' sphere,
For they're bringing us their love,
Just to cheer us while we're here;
All the silver an' the gold
In this world o' wealth on end,
Couldn't buy for us, or hold
One true, honest, lovin' friend.

They are given you an' me—
Gifts o' love from Heaven's heart—
To be with us, an' to be
Of our lives a lovin' part;
We should thank the Lord each day,
For the blessings that He sends,
An' the love that lights our way—
In the hearts o' lovin' friends.

—James Edward Hungerford.

A SPLENDID LAXATIVE FOR THE BABY

Mothers should constantly be on guard to keep baby's bowels working freely and his stomach sweet, for nine-tenths of the ailments from which little ones suffer are caused by derangements of the stomach and bowels. Baby's Own Tablets are a splendid laxative for the baby. They are mild but thorough; contain neither opiates nor narcotics, and are absolutely guaranteed to be safe and efficient for either the newborn babe or the growing child. By their action on the bowels and stomach they drive out constipation and indigestion; break up colds and simple fevers and make the dreaded teething period easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Poor Fellow.

Mrs. Pester—"You don't deserve a wife like me."

Mr. Pester—"I don't deserve this toothache, but I've got it!

Dull eyes may be due to indigestion, late hours, or too much reading.

Minard's Liniment Relieves Pain.

Prince of Medals.

In the Woolworth Building, New York, which is to-day the world's tallest sky-scraper, approximately a million pounds of copper was used for roofings, lifts, pipes, and interior decorations.

Probably few people realize the numerous uses to which copper can be put. But one thing is certain. If the supply failed we should soon be without electric lights and bells, telephones, electric trains and tramcars—to say nothing of copper coinage!

At first glance the amount of copper used in the building trade, in comparison with the quantities of iron and steel, would seem to be negligible; but when one takes into consideration the fact that every motor-car has anything from 10lb. to 200lb. of the metal in its composition, and that there are about 3,000lb. in every railway engine, one can appreciate the extent to which the demand for it is increasing.

Escape.

Let me not be caught in the corn,
Or the waves, or the trees;
Not even a bird will I be
When I die.
Once is enough to be born
Into the kinship of these
Strange, strong things of the sea
And field and sky.

When I slip the net that swings
Hot from the sun,
And break this tangle of grass,
I will go
As nothing that stirs or sings,
Unborn, undone,
Into the dark, and pass
To things I know.

—Florence G. Jenney.

A REAL NERVE TONIC

Is a Bountiful Supply of Rich Health-Giving Blood.

Sufferers from what medical men speak of as nervous debility find themselves tired, morose, low-spirited and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears and cannot sleep at night. Their hands tremble, the legs feel as if they will give away following a walk or any exertion, and the mind is greatly disturbed by the most trivial incidents.

Doctoring the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. To secure this new, rich blood use Dr. Williams' Pink Pills which have a direct action on the blood and through it stimulate every nerve and organ in the body. Mrs. Alpheus Merritt, Fenwick, Ont., gives her experience with this medicine as follows:—"I had a nervous breakdown and was in the Welland County Hospital for some time. As I was not improving my husband took me out and took me up to my mother's. I doctored there but it did not help me. Then I returned home, and was again under a doctor's care, but with no better results. I would tremble and get numb all over, and the least noise would affect me. I was quite unable to do my housework, and was in a terrible condition. Finally I was advised to try Dr. Williams' Pink Pills, and am thankful that I did so, as after taking about a dozen boxes I was again a healthy woman. I have used the pills since while nursing my baby, with equally good results, and I strongly advise other ailing women to try them."

You can get these pills through any dealer in medicine, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Love Song.

It must have been the wind that stirred my hair;
But all my will
Called it your fingers, not the wind,
I would not look, nor ever shall I know,
Whether the touch that put a score of years
To deepest sleep, and rest beyond all sleep,
Was your shy hand, or just some lost, light wind.
Nothing in all of love was sweet like this—
To let love sleep;
To ride alone the curling, star-lit deep
And know
That love can go;
That there is rest between the day and night,
That time may flow
Like water singing to its stones below,
And laughing to the light.

—Florence G. Jenney.

About the Busy Bee.

The busy bee may not be so busy as she is supposed to be. Entomologists who have been checking the flights of a number of marked bees have found that each insect makes on an average only five or six trips a day for honey, and that each trip lasts only about fifteen minutes. Between trips a bee spends half an hour or more in the hive and gives at least half a day to uninterrupted rest. Moreover, it appears that the hardest workers live about three weeks, whereas some of the lazier ones survive for five months. The discovery will be a great comfort to members of the Sons of Rest everywhere.

Pay your out-of-town accounts by Dominion Express Money Orders.

The best way to clean the glass on your automobile is to dip a clean cloth in gasoline and lightly rub over surface. Then use a dry cloth.

OLD CHUM
SMOKING TOBACCO
IS FOUR TIMES SEALED

to bring you the full richness and mellow sweetness of this—

"Tobacco of Quality"

Manufactured by
IMPERIAL TOBACCO CO. OF CANADA LIMITED

Pieces of Eight.

Hidden treasure has always acted as a lure to the adventurers of the world, but, though treasure hunts are many, treasure findings are few.

Trinidad is believed to be a "mine of treasures." Much of the wealth of the richest of the South American cities was conveyed to that island by the sea rovers who plundered the mainland.

In a great cavern in the cliffs on the Auckland Islands lies the General Grant, which was wrecked in 1866, with 50,000 ounces of gold on board. It is known that the hulk is still within the cave, but expeditions from Australia and New Zealand have been baffled by the undertow and the great combers.

Somewhere in the East River, U.S.A., is $2,500,000 in gold. It has lain there since 1780, when the British frigate Huzzar, carrying money for the Royal forces engaged in the American War, struck a rock opposite the upper end of Randall Island and sank only a hundred yards from shore

Lovers of romance, too, will find food for dreams in the thought that on the mainland of Panama is a great store of gold hidden by Sir Francis Drake after he had sacked the city of the same name. The treasure was never retrieved, and no one knows where to look for it.

He Forgot.

Mike and Pat were "gentlemen of the road." It was not often they were lucky enough to secure such satisfactory quarters as they had on this particular night, but a kind-hearted gentleman had given them a very cosy bedroom over the stables.

When the pair were comfortably lying in bed with the light out Pat suddenly got up and struck a match. He had a good look around, then blew out the match and lay down again.

"Why did you do that?" asked Mike.

"Oh," replied Pat, "you see, I forgot whether I blew the candle out or not, so I just looked to see."

High Living.

Early mountaineers, says the leader of the third attempt to climb Mount Everest, feared lest they should collapse at an altitude much less than that which warranted any such fear. He believes that almost anyone can remain for long periods at heights of twenty-one thousand feet or more if he is not afraid. When European men were supportable at the top of Mont of science were debating whether life Blanc—at an altitude of less than sixteen thousand feet—there was a road over a pass in India nineteen thousand feet high that had been in constant use for centuries.

The evil wound is cured, but not the evil name.

No Monkey Business

Treat your fowls with Die-Lice. One application guaranteed to keep your fowls free from lice for six months.

SEND NO MONEY—

Just drop us a card; we will mail you Die-Lice sufficient to treat 200 fowls. When it arrives pay postman $1 and postage. Money back if it fails. Secret how to tell sex of an egg before incubation, and wonderful new secret how to rid your place of rats, mice and gophers without the use of traps or poisons sent free with each box. Agents wanted.

THE DIE-LICE CO.,
Drawer 55, - Wiarton, Ont.

Cuts & Bruises

Heal quickly after a few applications of

MINARD'S "KING OF PAIN" LINIMENT

Courage.

The wise and active conquer difficulties
By daring to attempt them; sloth and folly
Shiver and sink at sight of toil and hazard,
And make the impossibility they fear.

—Herrick.

Minard's Liniment for Rheumatism.

The British Empire occupies 13,653,751 square miles.

Classified Advertisements

WANTED — CAR OWNERS TO send for our Big Free Catalogue showing 101 bargains in Auto Supplies. It will save you money. Send for it to-day. Canadian Auto Shops, Box 154, Niagara Falls, Ontario.

MURINE FOR YOUR EYES
Refreshes Tired Eyes
Write Murine Co., Chicago, for Eye Care Book

CUTICURA HEALS LARGE PIMPLES

On Face. Itched and Burned. Lost a Great Deal of Sleep.

"I had pimples on my face for several months. They were hard and large, and the skin was sore and red. The itching and burning almost set me crazy at night and I lost a great deal of sleep. The breaking out caused disfigurement.

"I tried many different remedies but found no relief. I almost despaired of help when I tried Cuticura Soap and Ointment and in a short time I was completely healed." (Signed) Miss Annie Fischer, Box 45, Hatton, Saskatchewan.

Clear the pores of impurities by daily use of Cuticura Soap and occasional touches of Cuticura Ointment as needed to soften, soothe and heal. They are ideal for the toilet, as is also Cuticura Talcum.

Sample Each Free by Mail. Address Canadian Depot: "Cuticura, P. O. Box 1616, Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Try our new Shaving Stick.

BEFORE MY BABY CAME

I Was Greatly Benefited by Taking Lydia E. Pinkham's Vegetable Compound

Sydenham, Ont. —"I took your medicine before my baby was born, and it was a great help to me as I was very poorly until I had started to take it. I just felt as though I was tired out all the time and would have weak, faint spells. My nerves would bother me until I could get little rest, night or day. I was told by a friend to take Lydia E. Pinkham's Vegetable Compound, and I only took a few bottles and it helped me wonderfully. I would recommend it to any woman. I am doing what I can to recommend this good medicine. I will lend that little book you sent me to any one I can help. You can with the greatest of pleasure use my name in regard to the Vegetable Compound if it will help others take it."—Mrs. HARVEY MILLIGAN, Sydenham, Ont.

It is remarkable how many cases have been reported similar to this one. Many women are poorly at such times and get into a weakened, run-down condition, when it is essential to the mother, as well as the child, that her strength be kept up.

Lydia E. Pinkham's Vegetable Compound is an excellent tonic for the mother at this time. It is prepared from medicinal roots and herbs, and does not contain any harmful drugs. It may be taken in safety by the nursing mother.

ISSUE No. 27—'24.