GRATEFUL PARENTS POUR OUT THANKS TO TANLAC

Five in One Family Are Helped—Mother and Father Give Details.

The value of Tanlac as a family medicine and tonic is again very forcefully demonstrated. This time in the home of Mr. and Mrs. Joseph E. Kaake, 2436 Kirby Ave. West, Detroit, Mich., where father and mother and every member of the family have been benefited by the wholesome and helpful ingredients of the famous preparation.

Recently, in speaking for herself and children, Mrs. Kaake said: "For more than a year our three little ones —John, age 6; Elwyn, 4; and Margarite, 2,—had been so peaked and lifeless that we were seriously worried about them. Their stomachs were upset, appetites poor, the color had left their cheeks, their nights were restless, and during the day they would just mope around, taking no interest in play or anything else.

"They began to eat and sleep better almost from the first dose of Tanlac, and have picked up now until you couldn't find three healthier or more active children in all Detroit. They eat ravenously, the color of health has returned to their cheeks, and they just want to be on the go all the time. I have also taken Tanlac to build me up, and it never seems to fail."

"As to my personal experience with Tanlac," said Mr. Kaake, "I simply can't express in words the great help it gave me. About a year ago I was a victim of boils, actually having fifty-one on me, and was so played out that I couldn't do a bit of work for weeks. My suffering was almost unbearable. I cared little for food, suffered with severe headaches and stomach pains, and got so weak and nervous that I felt discouraged.

"Tanlac corrected my stomach disorders, woke up my appetite, cleansed my blood and toned up my system so that the boils went away, and nothing of the kind has bothered me since. I have gained 28 lbs., and I eat, sleep and feel like a brand-new man. We have given Tanlac a fair trial and found it wonderful, and if anyone doubts our statement they can write personally. We wouldn't think of being without Tanlac."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 Million bottles sold.

Tanlac Vegetable Pills, for constipation, made and recommended by the manufacturers of TANLAC.

Lions and Leopards Ravage North Rhodesia Farms.

Farmhouses in the bush bordering on the northern Rhodesian frontier have recently been in a state of siege owing to the activities of lions. The animals have come out of the jungle in daylight and attacked the farm animals, carrying off some of them.

In some cases the natives working on the farms have been attacked, and several have been killed. The lions are often joined by leopards and have appeared in such numbers that the settlers are forced to go about only in large groups and to keep a constant guard over their families and stock.

The wife of a railroad employee reports a thrilling adventure in this connection. Mrs. McLean left her home at Garuso on a bicycle to visit neighbors. Reaching a river she found two large lions on the bank. She was so near that she could not retreat and prepared to fight for her life, but at the first shot the animals ran. She then proceeded and shortly came across a big leopard eating an ox. The leopard also made a hasty getaway, but followed Mrs. McLean for some time.

Arriving at the farm she found it had been attacked for several weeks by the animals and many cattle had been lost. Next day she was escorted back to her home by a neighbor and ten natives, who, on leaving Mrs. McLean, found they had been tracked all the way by lions. Mrs. McLean's escape was probably due to the fact that the animals had eaten their fill of oxen.

A SPLENDID LAXATIVE FOR THE BABY

Mothers should constantly be on guard to keep baby's bowels working freely and his stomach sweet, for nine-tenths of the ailments from which little ones suffer are caused by derangements of the stomach and bowels. Baby's Own Tablets are a splendid laxative for the baby. They are mild but thorough; contain neither opiates nor narcotics, and are absolutely guaranteed to be safe and efficient for either the newborn babe or the growing child. By their action on the bowels and stomach they drive out constipation and indigestion; break up colds and simple fevers and make the dreaded teething period easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

How Civilized Are You?

Don't be afraid of the question. It is easy to answer. The finest representatives of civilization are by no means found among the so-called cultivated and educated classes. Civilization depends upon what we call progress for less than many think.

Here's the heart of the matter: What is your attitude toward the various forms of life about you? Men, women, children, the beasts of the field, the birds of the air, the four-footed inmates of the home—these are the things, if I may use the word, your treatment of which will tell how civilized you are, far more than your relation to bonds or banks or books or estates, or even that highly exalted thing men call "society."

The most perfect example of the most perfect civilization was a man who had never been to college, who was ostracized by nearly all the social leaders of his day, who even had no place to lay his head. This man, by his spirit, his life of love, kindness, goodwill, justice, compassion, stands to-day, two thousand years since he came among us, humanity's ideal of what is highest and finest in the only civilization wholly worth the name.

How civilized am I? Nothing answers the question more accurately than my treatment of my fellows, my sympathy or lack of it, with all those lowly forms of life about me with their capacity for pleasure and pain. Just so far as I have achieved my ends at the cost of human kindness, in disregard of the rights of other sentient beings, by so much am I uncivilized and back in those far-off ages when might made right, and force, not love, claimed empire over men.

When May Rides In.

(England)

When May rides in, rejoicing,
The speckled thrushes sing,
The buds burst forth to greet her,
The scented blue-bells ring;
While lower, softer music
Chimes from the pearly bells
Of lilies-of-the-valley,
That haunt the leafy dells.

In many a sheltered hollow,
Pale woodruff stars are sweet,
And blue ground-ivy carpets
The earth beneath her feet,
While silvery willows shiver
By many a shady pool,
And golden king-cups shimmer
Above the waters cool.

When May rides in, rejoicing,
The snowy hawthorn flowers
Breathe incense sweet around her,
And from her verdant bowers
The merry cuckoos' music
Re-echoes all day long,
And in the grove and coppice
We hear the blackbird's song.

—Maud E. Sargent.

Keep Minard's Liniment in the house.

Every child should be given the opportunity to learn something about his relation to the universe in which he lives. It is the responsibility of parents and teachers to see that the minds of our boys and girls are opened to the voices of nature—that their senses are so trained that all the world becomes alive to them. Nature study has a necessary place in child training that nothing else can fill.

A Poem You Ought to Know.

"In the Spring."

The chief literary figure of the Victorian age was Lord Tennyson, Poet Laureate. The following passage from "Locksley Hall" represents the poet at his best:—

In the Spring a fuller crimson comes
upon the robin's breast;
In the Spring the wanton lapwing gets
himself another crest;
In the Spring a livelier iris changes
on the burnished dove;
In the Spring a young man's fancy
lightly turns to thoughts of love.

Then her cheek was pale and thinner
than should be for one so young,
And her eyes on all my motions with
a mute observance hung.
And I said, "My cousin Amy, speak,
and speak the truth to me,
Trust me, cousin, all the current of
my being sets to thee."

On her pallid cheek and forehead
came a color and a light,
As I have seen the rosy red flushing
in the northern light.
And she turned—her bosom shaken
with a sudden storm of sighs—
All the spirit deeply dawning in the
dark of hazel eyes—
Saying, "I have hid my feelings, fearing
they should do me wrong";
Saying, "Dost thou love me, cousin?"
weeping, "I have loved thee
long."

Love took up the glass of Time, and
turned it in his glowing hands;
Every moment, lightly shaken, ran itself
in golden sands.
Love took up the harp of Life, and
smote on all the cords with
might;
Smote the chord of Self, that, trembling,
passed in music out of
sight.

GIRLHOOD DANGERS

Can Be Avoided by Keeping the Blood Rich and Pure.

The anaemia of young girls may be inherited, or it may be caused by bad air, unsuitable food, hasty and irregular eating, insufficient out-door exercise and not enough rest and sleep. It comes on gradually, beginning with languor, indisposition to exertion and a feeling of fatigue. Later comes palpitation of the heart and headaches. In the majority of cases constipation is present, and the complexion takes on a greenish-yellow pallor. The treatment is quite easy and simple. Dr. Williams' Pink Pills are just the tonic to remedy this wretched state of health. They act directly upon the blood, and as it becomes rich and pure strength and activity returns, the glow of health comes to the cheeks, and soon the trouble will disappear and good health follow. Miss Pearl Parks, R.R. No. 1, Reaboro, Ont., has proved the value of this medicine, and her statement will point the way to health to all other weak girls. She says:—"I was very ill with anaemia. I could not sleep at night; my appetite was poor, my face and lips were very pale and my eyes dull. I got so weak that I could not go upstairs without resting. I took dizzy and fainting spells, had no ambition whatever, and did not care to go about. I was in this condition for nearly a year. I had treatment from two doctors; but did not regain my strength, so my mother, who was very uneasy about me, decided I should try Dr. Williams' Pink Pills. After using the pills for a while I felt somewhat better, and continued taking them until I had used about a dozen boxes, when I was again well and strong. I can strongly recommend Dr. Williams' Pink Pills for the treatment of any suffering from anaemia."

You can get these Pills from any medicine dealer or by mail at 50 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Willie's Wisdom.

Willie was fishing.

"Willie!"

It was his mother's voice, but he was sheltered from the house by trees, and she could not possibly see him.

So Willie went on fishing.

"Willie!"

Still Willie went on fishing.

"Willie!"

Willie began re-baiting his hook. He had just secured the worm when his friend, Bert, approached.

"Don't you hear your mother callin' you?" said Bert. "That's three times she's shouted. Aren't you going in?"

"No," responded Willie, imperturbably.

"Won't she whip you?" asked his friend.

"No," repeated Willie, disdainfully. "She ain't going to whip nobody. She's got company; so when I go in she'll just say, 'The poor little fellow's been so deaf since he had the measles.' "

The safe way to send money by mail is by Dominion Express Money Order.

A foreigner just beginning to speak English recently desired a helping of boiled tongue, so he said to the man next to him: "Will you please be so kind as to pass me the language?"

Watches are sometimes very seriously affected by the magnetism of their wearers. In most cases those who have this effect are dark complexioned.

Ask for Minard's and take no other.

STORIES OF WELL-KNOWN PEOPLE

MacDonald's Magic Hat.

"Mr. Ramsay MacDonald's magic top hat will live in story as one of the most potent pieces of headgear ever created—it has sent up the prices of stocks and shares," says the Daily Express.

"Prices began to rise on Tuesday as soon as the fact became known that the new prime minister had donned a top hat when he was summoned to Buckingham Palace.

"They continued to rise on Wednesday and Thursday, and yesterday they were higher than at any time during the week."

The Parson and the Pig.

Famous as the author of "Onward, Christian Soldiers," the late Rev. S. Baring-Gould told a quaint story of an old Cornish woman who was worried about the health of her favorite pig, and asked him to say a prayer over it.

He suggested that it might be as well if she brought a "vet" to the animal, but she had such faith that he went to the pig-sty and thus addressed the porker:

"O pig, if thou livest thou livest; but, O pig, if thou diest thou diest."

The animal got well and strong, and the old lady believed that it was the parson who cured it!

Interpreting Her.

A delightful story, reminiscent possibly of his own schooldays, was told recently by General Sir Ian Hamilton.

It concerned a lady who drove up in a beautifully-appointed motor-car to the entrance of the football field of a certain big public school.

Alighting from her car she called to one of the boys, and said, "Will you tell the Hon. Algernon de Montmorency that his mother, Lady Fitzwater, wishes to see him?"

A moment later the boy was heard shouting, "Stinker, your mater's landed!"

How He Knew This Ship.

Scotsmen tell stories against one another with gusto, but it has been reserved for no less a personage than the Madquess of Aberdeen to start broad casting them.

Here, for instance, is one, and to an Aberdeen audience, too.

An old pilot at a certain port of entry professed to be able to tell the home port of any incoming vessel within a reasonable distance by what seamen still call "the cut of her jib," meaning thereby her general appearance, and did so.

To test his powers still further, however, an onlooker called his attention to one in the far distance.

The pilot gazed long and earnestly, and eventually pronounced her to be an Aberdeen boat.

He proved to be right, and a chorus of surprised voices inquired how he knew.

"No seagulls following her!" was his terse reply.

Harbor Lights.

I rarely glimpse from this far hill
The sapphire band they call the sea,
For my house broods within the wood
And I am held there helplessly.

But I can feel its mighty breath
When all the world is wild with wind;
And I can hear the voice of it
When great ships cry, fog-frightened,
blind;

And always in the fine-spun dark
Between the leaves I see its eyes;
The tireless, gleaming, friendly fires
That guide each captain's enterprise.

One steadfast light is poised o'er all;
A silver shaft leaps up to it
To fix it there—so they believe—
For none save seamen's benefit.

Yet though my ship's an empty room,
My haven but a visioned thing,
That constant star points out a port
Where I may find an entering.

—Gardner Weeks Wood.

CORNS

Lift Off—No Pain!

Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers.

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

Smoke
OLD CHUM
The Tobacco of Quality

Sealed Package (which keeps the tobacco in its original condition) 15¢
also in ½ lb. tins
Manufactured by Imperial Tobacco Company of Canada Limited

Power from the Tides.

The French are to make an important experiment in harnessing the tides, a problem of great importance in view of the dwindling supply of coal.

A long barrage is to be constructed in Finistere, where four groups of turbines will be worked by the flood and ebb tides. The energy thus captured will be used to drive an electrical power station.

An obstinate heart shall be laden with sorrows.

Do not in an instant what an age cannot recompense.

Genuine BAYER Tablets
ASPIRIN
Say "Bayer Aspirin"

INSIST! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 24 years.

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Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists
Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid

Old People

Bitro-Phosphate feeds the nerves and old people need it to make them feel and look younger. It's the one best nerve builder for weak, nerve-exhausted men and women and that is why druggists guarantee it. Price $1 per pkge. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

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Place watch to ear then draw away. You should hear tick at 56 inches. Does a ringing in your ears prevent your proper hearing?
LEONARD EAR OIL
relieves both Head Noises and Deafness. Just rub it back of ears and insert in nostrils. Price $1.25
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Minard's applied four times a week removes dandruff and stops hair from falling out.

MINARD'S "KING OF PAIN" LINIMENT

Two Sir Positives can scarce meet without a skirmish.

Water freezes every night in the year at Alto Crucero, in Bolivia, while at noon the sun is almost hot enough to blister the flesh.

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Cuticura Soap is ideal for children because it is so pure and cleansing, and so soothing when the skin is hot, irritated or rashy. Cuticura Talcum also is excellent for children.

Sample Each Free by Mail. Address Canadian Depot: "Cuticura, P. O. Box 2616, Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Try our new Shaving Stick.

BACK ACHED TERRIBLY

Mrs. McMahon Tells How She Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Chatham, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for a run-down condition after the birth of my baby boy. I had terrible pains and backache, and was tired and weak, not fit to do my work and care for my three little children. One day I received your little book and read it, and gave up taking the medicine I had and began taking the Vegetable Compound. I feel much better now and am not ashamed to tell what it has done for me. I recommend it to any woman I think feels as I do." —Mrs. J. R. McMahon, 153 Harvey St., Chatham, Ont.

Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has for nearly fifty years been restoring sick, ailing women to health and strength. It relieves the troubles which cause such symptoms as backache, painful periods, irregularities, tired, worn-out feelings and nervousness. This is shown again and again by such letters as Mrs. McMahon writes, as well as by one woman telling another. These women know, and are willing to tell others, what it did for them; therefore, it is surely worth your trial.

Women who suffer should write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for a free copy of Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women."

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