RED ROSE TEA "is good tea"

Fine, brisk flavor! Best of all in the ORANGE PEKOE QUALITY T-5

Surnames and Their Origin

FAIRBANKS

Variations—None.
Racial Origin—Middle English.
Source—Descriptive, geographical.

There are a tremendous number of geographical family names which developed in England.

Often a man would take the name of the town or village in which he had resided, but for the most part this occurred only when he had moved to another place, or if he happened to belong to the nobility and was a member of the family which exercised overlordship over that town.

More often, however, he would take as his distinguishing name some particular part or place of the countryside or town in which he resided.

Fairbanks might be described as a countryside family name. In the Middle Ages, when it ceased to be a merely descriptive name of a single individual, and began to be passed down from father to son, it meant just what it would be taken to mean to-day, "fair banks." Undoubtedly the original Fairbanks dwelt at some riverside spot in England locally described as such. More than likely he was a farmer.

This family name, strictly speaking, has no variations, being a straight combination of two words which have come down from the Middle Ages with little or no change in spelling. There are, however, a host of names which originated in England and consist of the combination of the word "fair" with other words.

Fairbanks, though widely known, is not an exceptionally common name. Yet it occurs often enough to warrant the assumption that it developed independently in several different places and probably in various periods.

PICKFORD

Variations—None.
Racial Origin—Middle English.
Source—Descriptive, geographical.

Pickford, strangely enough, is a family name whose development parallels that of Fairbanks from almost every viewpoint.

It originated in England in the Middle Ages, and, like Fairbanks, it is geographically descriptive and composed of two words which have offered little opportunity to change through the 600 or 700 years which have elapsed since it became a family name.

At first glance you might be led to believe that the first syllable of the name was derived from a weapon or implement, "pike" or "pick." This is not the case, however. Indeed, there seem to be very few family names which have developed from any connection with this weapon of the Middle Ages, as familiar to the men-at-arms of those days as the bayonet is to the modern soldier, though many have developed from the names of other weapons.

The ending of the name, of course, gives the clue. Pickford is simply a contraction of the combination "pikeford," the pike being a well-known species of fish, which presumably was plentiful in one or more rivers at spots where fords existed. The original Pickfords undoubtedly were families which dwelt in the countryside near such spots.

But this does not prove that all Pickfords actually are descended from the ancient country people of England. Names are often adopted, and doubtless have been through past centuries, in much the same manner that the most famous Pickford of the world adopted hers. Mary's real name is Gladys Smith.

CHILDHOOD CONSTIPATION

Constipated children can find prompt relief through the use of Baby's Own Tablets. The Tablets are a mild but thorough laxative which never fail to regulate the bowels and stomach, thus driving out constipation and indigestion; colds and simple fevers. Concerning them Mrs. Gaspard Daigle, Demain, Que., writes: "Baby's Own Tablets have been of great benefit to my little boy, who was suffering from constipation and indigestion. They quickly relieved him and now he is in the best of health." The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Don'ts for Salesmen.

Salesmen differ in ability, in training and in method, but all of them who succeed pay almost as much attention to the "don'ts" as to the "dos" of salesmanship. Here are the "don'ts" of a famous sales organization:

1. Don't fail to seat the "prospect" properly.
2. Don't point your finger or pencil at him.
3. Don't sit awkwardly on your chair.
4. Don't have a calendar on the wall. It may remind him of an appointment or a note falling due.
5. Don't put your feet on his chair.
6. Don't smoke.
7. Don't slap him on the knee or poke him with your finger.
8. Don't chew gum or tobacco.
9. Don't tell funny stories.
10. Don't talk fast; go easy and see that the "prospect" understands what you say and do.

CORNS

Lift Off—No Pain!

Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers.

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the feet calluses, without soreness or irritation.

Right

"My brother says he can't sit down and he can't stand up!"

"Well, if he tells the truth, he lies!"

THE QUALITY OF BULK TEA

The quality of Bulk Tea is always unreliable for several reasons. In the first place, being unlabelled its origin is unknown and there is no one who has any particular responsibility for its goodness. In the second place, it is exposed to the air and therefore very quickly loses its flavour and freshness. Even if it were as good as "SALADA" in the first place, it would rapidly deteriorate and in any case it would be impossible for any dealer to follow consistently the same quality throughout the year. "SALADA" always maintains an unvarying high standard, possible through skillful blending.

Little Brown Bird.

O little brown bird in the rain,
In the sweet rain of spring,
How you carry the youth of the world
In the bend of your wing!
For you the long day is for song
And the night is for sleep—
With never a sunrise too soon
Or a midnight too deep!

For you every pool is the sky,
Breaking clouds chasing through,—
A heaven so instant and near
That you bathe in its blue!—
And your's is the freedom to rise
To some song-haunted star
Or sink on soft wing to the wood
Where your brown nestlings are.

So busy, so strong and so glad,
So care-free and young,
So tingling with life to be lived
And with songs to be sung,
O little brown bird!—with your heart
That's the heart of the spring—
How can you carry the hope of the world
In the bend of your wing!

—Isobel Ecclestone Mackay.

Must Have Been.

First Small Boy—"I don't like this book. The hero's a nut."

Second Small Boy—"Why?"

First Small Boy—"It says he "took a bath every morning."

Ask for Minard's and take no other.

Music Makes People Happy.

Music is one of nature's greatest gifts to mankind. It has been here from time immemorial. The shepherd watched his flock by the bleating of the lamb, the sailor found music in the wash of the sea, and the hunter was inspired by the song of the bird and the rustle of the leaves as the wind whistled through them.

Primitive man found music in the voice, and the skin of the wild beast was used as its accompaniment, and down through the ages mankind has developed this mystical magic power, until it is considered to-day as one of the world's greatest forces, being used as a curative for the insane and criminal, to stimulate one's nerves in the advance to battle, and to entertain oneself and friends.

Music is power; it should be in every home; it should be taught in all schools as is reading, writing and arithmetic; it should be encouraged by our civic authorities.

Music is restful, and makes better people. If you are anxious to get more happiness out of life, get busy now and give more attention to music. Patronize the concerts in your locality, and see that the children become acquainted with the piano, the violin, the phonograph and the many other musical instruments.

A GOOD SPRING TONIC

One That Will Quickly Improve Your Health.

With the passing of winter many people feel weak, depressed and easily tired. No particular disease, but the system lacks tone. You find yourself tired, low-spirited, unable to get sound sleep at night. All this is the result of closer in-door confinement of the winter months, and shows that the blood has become thin and watery. New enriched blood is what you need to put you right, and there is no other medicine can give you this new blood as surely and as speedily as Dr. Williams' Pink Pills. This new blood goes to every part of the body and quickly improves the general health. The digestion is toned up, you have a better appetite, nerves are strengthened and sleep is refreshing. The value of Dr. Williams' Pink Pills when the system is run down is shown by the experience of Mrs. Peter Arendt, Ravenscrag, Sask., who says:—"I was in a badly run-down condition, and prostrated with nervousness. I did not sleep at night, and grew so weak that when I tried to move about I would be overcome with dizziness. I heard about Dr. Williams' Pink Pills and got a supply. After I had taken a few boxes I began to feel better. Continuing the use of these pills my appetite improved, I slept better at night, and I was soon as well as ever I had been. I have also given Dr. Williams' Pink Pills to my daughter, aged fourteen, with the best of results. I desire in this way to express my thanks for the great benefit I have found through the use of these pills, and to recommend them to others in need of a blood-building medicine."

You can get these pills through any dealer in medicine, or by mail, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Motherhood.

You are chatting together at the end of the day,
When laddie boy talks of his lessons and play;
He snuggles up close to your feet, and he leans
His head on your knees, when curly head gleans
All manner of wisdom (to him you are wise!)
"And what do you think, mother?" laddie boy cries.

He talks of his school, he's so proud of its name,
He mentions the old boys and their wonderful fame;
He tells you of something he "can't quite make out,"
A bit of life's problems he's puzzled about;
He looks in your face with belief in his eyes;
"Now, what do you think, mother?" laddie boy cries.

And you—you must give him the highest and best
Of all that is in you; for mothers are blest
With grand intuition of right and of wrong,
Of all that is noble and honest and strong,
And in the long after, when you have grown grey,
And laddie boy's just at the noon of his day,
In all his life's greatness you will still be a link
For often he'll wonder "What mother would think?"

—Hilary Brown.

If the top of the kerosene lamp becomes loosened, it may often be tightened by applying a little melted alum.

King crabs, found mostly off the islands of Japan, measure from 3 feet to 5 feet from tip to tip of their great claws. The largest ever caught is recorded as having been 19 feet from tip to tip.

How Would You Like to Grow Hair in a Month?

Getting bald, hair falling and fading? If you want to grow new, healthy hair right away I will send you absolutely Free, a sample of the famous Alexander Glandahair. No cost, no obligation. Just send name to ALEXANDER LABORATORIES, 234 Bohan Blds., Toronto, Canada.

Investing a Life.

A man may make several fortunes, he can make but one life. He invests his years to build his character as he invests his dollars to create and magnify a business. If those years are spent on mean and miserable things, the product will be a creature admired and loved by few and probably on bad terms with himself.

Time is to youth what gold is to a spendthrift. There seems so much of it, the temptation is to fling it prodigally in a train of folly or at the booths of Vanity Fair. There has not come the sober sense of maturing years, that bids one take the long forward look, to calculate, to be methodical. The young ambition images itself as inevitably rising to the sun-crowned heights and does not realize the discipline and self-denial that must be the way of life for those who would succeed.

Fortunate are they who are advised in life's morning, before high noon or eventide, that the night cometh when no man can work and that every moment counts before the sun goes down.

It is a world which, for all its laws and officers, gives each of us an illimitable range of choices. We are what we decide to be. No circumstances can defeat us; what is within is the secret of conquest or overthrow. "The fault, dear Brutus, lies not in our stars, but in ourselves, that we are underlings."

The old would pass on their experience to their juniors if they could; and they are prone to envy those who have the unspoiled years outstretched before them as a field after a snowfall lies immaculately white and fair. "If youth knew—if age could!" laments the old French saying. It will not take effect if the sagacity of the elders merely sermonizes, like Polonius, to those who still have many years to spend. Youth, headstrong and impatient, would learn for itself that fire burns and the deep waters drown. Who, then, shall teach those that do not care to learn? The inexorable schoolmaster is experience.

The word fits when we speak of "spending" our lives; and well it is for us if, after the spending, there is gain, not loss. Happy are they who, having built a lifetime into the purpose we were set here to fulfill, have no vain regrets when it is too late to choose a different investment of the few precious mortal years.

It Happened in '79.

A party of tourists was about to be steered through the ruins of Pompeii. The guide began his lecture by saying:

"Pompeii was destroyed by eruption in 79."

"Oh!" exclaimed the lady from the Middle West. "Just eight years after the Chicago fire!"

Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

Safety First.

I prefer to patronize some other shop," said Professor Pate to the friend who had recommended a certain tonsorial establishment. "Doubtless you have observed the truculent-looking young barber at the second chair? Well, I was his first schoolmaster."

Keep Minard's Liniment in the house.

No Arrest.

He bumped into her car.

"I had my hand out," declared the girl, indignantly.

"Such a tiny hand," murmured the young man. "Nowonder I didn't see it!"

There was no arrest.

"Snoring can be cured by means of an operation on the air passages," says a well known scientist.

ASPIRIN

Beware of Imitations!

BAYER

Demand

Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds	Headache
Toothache	Lumbago
Neuritis	Rheumatism
Neuralgia	Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

OLD CHUM

SMOKING TOBACCO

IS FOUR TIMES SEALED

to bring you the full richness and mellow sweetness of this—

"Tobacco of Quality"

Manufactured by
IMPERIAL TOBACCO CO. OF CANADA LIMITED

Vision.

It was a day in winter
When quiet hours go,
That I saw the Savious
Walking in the snow.

His feet left no footprints,
His steps fell as light
As leaves in the autumn,
As dew in the night.

And when he went passing
The Sun took His hand,
And light filled the valley
And spread through the land.

—Mabel Simpson.

Who are your children's heroes? The great-hearted figures of the fine old stories, or the cunning half-wits of the newspaper comic page?

Cold in Head?

Heat Minard's and inhale. Quick relief assured.
An enemy to germs.

MINARD'S "KING OF PAIN" LINIMENT

Pimples Disappear

"You don't need mercury, potash or any other strong mineral to cure pimples caused by poor blood. Take Extract of Roots—druggists call it "Mother Seigel's Curative Syrup—and your skin will clear up as fresh as a baby's. It will sweeten your stomach and regulate your bowels." Get the genuine. The larger bottle is more economical. At drug stores.

I First Compounded This Remedy For My Own Neighbors

Their praise of this newer form of iron has spread so rapidly that now, after nine years, over 4,000,000 people use it annually.

Years ago I began to wonder at the great number of my own friends and neighbors who were always ailing, complaining and doctoring, without ever seeming to get any better. Both working men and their wives were frequently all tired out in the evening, and a great many were weak, nervous and run-down. One had pains in the back and thought he had kidney trouble. Another had pains around the heart, palpitations and dizziness, and was sure he was suffering from heart disease. Still others had severe headaches, floating spots before the eyes, tender spots along the spine and a great variety of alarming symptoms.

For years I made a special study of this condition, consulting a great number of physicians and chemists. An immense number of investigations by physicians all over the country showed that these people out of every four you meet lack 100 per cent. iron in their blood. Lack of iron in the blood is the greatest of all debilitating weaknesses. It is the iron in your blood that enables you to get the nourishment out of your food. Without iron, nothing you eat does you any good. Your heart, lungs and kidneys and all your vital organs get their nourishment from the blood stream, and when the blood lacks iron and is thin, pale and watery, you may suffer from the symptoms of a great number of diseases when the real and true cause of all your trouble is a lack of iron in the blood.

In the old days people often took metallic iron, which some physicians claim is not absorbed at all, in compounding Nuxated Iron I use the newer form of iron, which is like the iron in your blood and like the iron in spinach, lentils and apples. Unlike the older forms of iron, it will not injure the teeth nor disturb the stomach, and it is ready for almost immediate absorption and assimilation by the blood. It is the people whose blood is rich in iron who possess great strength, force and energy. If you are not strong or well you owe it to yourself to make the following test:

See how long you can work or how far you can walk without becoming tired. Next take two 5-grain tablets of Nuxated Iron three times a day after meals for two weeks—then test your strength again and see how much you have gained. An astonishing number of nervous, run-down people who were ailing all the while, have greatly increased their health and increased their strength, energy and endurance simply by taking talk some form of iron.

Unless we reach the deep springs of life out of which flow the deeds of men, our education of their intellect may only make them all the more effective to work social and industrial evil.

Classified Advertisements

WOOLGROWERS—COTTS AND Rejects accepted for limited time only. Apply Georgetown Woollen Mills, Georgetown, Ontario.

Use MURINE NIGHT & MORNING & KEEP YOUR EYES CLEAN CLEAR AND HEALTHY
WRITE FOR FREE EYE CARE BOOK. MURINE CO. CHICAGO

Thin People

Thin, nervous, underweight people take on healthy flesh and grow sturdy and ambitious when Bitro-Phosphate as guaranteed by druggists is taken a few weeks. Price $1 per pkge. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

FACE A SIGHT WITH PIMPLES

Large and Red, Itched and Burned. Cuticura Heals.

"My face was itchy and broke out with large, red pimples. They were scattered all over my face and itched and burned so that I scratched which caused them to grow larger. I could hardly sleep at night. They were a real torture and my face was a sight.

"The trouble lasted about three months. I began using Cuticura Soap and Ointment and the first treatment stopped the itching and after using two cakes of Cuticura Soap and one box of Cuticura Ointment I was healed." (Signed) Miss Ora Goulette, R. F. D. 4, Box 86, Barre, Vt., March 24, 1922.

Use Cuticura Soap, Ointment and Talcum exclusively for every-day toilet purposes.

Sample Each Free by Mail. Address: "Cuticura, Dept. 24, Malden, Mass." Sold everywhere. Soap 25c. Ointment 25 and 50c. Talcum 25c.
Cuticura Soap shaves without mug.

TO EXPECTANT MOTHERS

A Letter from Mrs. Smith Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Trenton, Ont.—"I am writing to you in regard to Lydia E. Pinkham's Vegetable Compound. I would not be without it. I have taken it before each of my children was born and afterwards, and find it a great help. Before my first baby was born I had shortness of breath and ringing in my ears. I felt as if I would never pull through. One day a friend of my husband told him what the Vegetable Compound had done for his wife and advised him to take a bottle home for me. After the fourth bottle I was a different woman. I have four children now, and I always find the Vegetable Compound a great help as it seems to make confinement easier. I recommend it to my friends."—Mrs. Fred H. Smith, John St., Trenton, Ont.

Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a general effect to strengthen and tone up the entire system, so that it may work in every respect effectually as nature intended. Thousands of women testify to this fact.