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GREEN TEA H461

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# Woman's Sphere

KEEP YOUR MACHINE FIT.

"Give your sewing machine a chance to save you work," is the advice of Miss Hazel Manning. The spring sewing will be more easily done if the sewing machine is in shape.

The equipment for the upkeep of the machine may consist of: cleaning cloths, a can of the best grade oil, a brush to free the "feed" from line, a screw driver, a wrench, and an inexpensive strap-cutter and punch to repair the "belt."

"Oil can make or mar your machine," says Miss Manning. "Poor oil have a tendency to gum and to make it run hard. The gummy substance can be removed best by dropping a little alcohol into the oil holes and running the machine for a short time unthreaded. A reliable oil should then be used. Ordinarily, once a month is often enough for oiling, but a machine that is in constant use should be oiled sparingly every day. It is the quality, not the quantity, of oil that is important," she declares.

In cleaning, silk or linen cloths are preferable to those of cotton or woolen as the latter leave loose threads and lint on the machine.

Always close the machine when through using it. Dust tends to collect in the oil and causes the machine to work very hard and even to squeak. In such cases, remove the head of the machine from its table and soak for twenty-four hours in kerosene. At the end of this time it should be wiped thoroughly, replaced, and oiled.

Poor stitching may be due to different causes. "Skip-stitching," declares Miss Manning, "may mean that the needle is too fine for the thread, is bent, or is incorrectly threaded or set. If the stitch underneath is poor, it means that the top tension needs adjusting. If the stitching on top is not satisfactory, the bottom tension is at fault. Needles are easily bent if the thread is pulled forward instead of backward under the presser-foot when the material is removed from the machine."

Care in operating a sewing machine will add years to its life. Continual dropping of the presser-foot will gradually dislocate the feed. "Exceeding the speed limit" in stitching injures the machine and results in poor work. Cloth should never be pulled through a machine.

"Do not cast aside the attachments," concluded Miss Manning. "The time spent in learning their use from an instruction book is more than paid for in the end by unthought-of results in tucking, gathering, and hemming."

MISUNDERSTOOD COLORS.

Most amazing things in house furnishings have been done with perfect complacency. For instance, mixing helter-skelter French period furniture with sturdy Elizabethan oak, or modest Windsor chairs with spindly-legged gilt tables. Particularly lamentable are the misunderstood colors, or rather the wrong use of colors. Dreary rooms can be made cheerful and too bright and dazzling rooms can be softened in effect by the skillful use of color. The warm colors, cream, yellow-toned orange and tan, russet, rose and toned reds, are best when used on the north side of the house or in rooms where direct sunshine is a rarity. The cool colors, such as greens, blues, grays and combinations of these appear to better advantage in rooms where the sun is a frequent visitor. More brilliant color can be used out of doors than inside the house where it is shut in with us. Bright color is too exciting and causes unconsciously nervousness, strain and fatigue. No matter on what scale a house is furnished, one of its aims should be restfulness.

The mistake so many people make is in thinking that red is cheerful and a good color to use in a dark room. On the contrary, red absorbs the light, makes a room smaller than it really is, causes ugly, gloomy shadows in the corners, and at night, under the electric light, seems to turn into a murky red-black—a color for murderous thoughts and deeds! Besides, this color is a severe strain on the eyes, and many a red living room is the cause of seemingly unaccountable headaches.

Avoid, too, the semi-museum kind of house, where collections of old furniture and pieces, once beautiful and perhaps useful, now merely take up space and require care. Different period styles may be used together successfully if color, similarity of lines and usefulness are taken into consideration.

A PRETTY NIGHT DRESS.

4586. Nainsook, crepe or crepe de chine are attractive materials for this design. Lace or insertion or, a simple finish of hem-stitching will be suitable for trimming.

The Pattern is cut in 4 Sizes: Small, 34-36; Medium, 38-40; Large, 42-44; Extra Large, 46-48 inches bust measure. A Medium size requires 4⅝ yards of 36-inch material. To trim with contrasting material requires ⅜ yard 36 inches wide or, 2⅝ yards of lace 3 inches wide if trimmed as illustrated.

Pattern mailed to any address on receipt of 15c in silver, by the Wilson Publishing Co., 73 West Adelaide St., Toronto. Allow two weeks for receipt of pattern.

"Standby" Cakes.

For use with this and other desserts and to serve with tea or at luncheon one may bake these attractive "standby" cakes instead of the usual cookies. These get their name because they are the housewife's "standby"—they can be kept on hand always and, instead of getting stale, they improve with age.

Cream three-quarters of a cup of butter and then gradually add a cupful of brown sugar. Beat two eggs well and stir them up. Sift together a cup and a half of flour, a teaspoon of cinnamon, a quarter teaspoon of cloves and half a teaspoon of nutmeg (this last may be omitted if desired), and add these to the other ingredients. Then stir in a cup of seedless raisins and half a cup of chopped nuts.

Place the batter by spoonfuls on shallow greased enameled ware baking pans and bake until brown.


Minard's Liniment for Dandruff.


CLEANING FELT SLIPPERS.

When my felt house slippers became soiled I soaked them well and rubbed them on the washboard, just as I would anything washable; then I rinsed them and put them through the wringer and pinned them to the line to dry. After the sun had done its work they looked like new, and then and there I resolved that hereafter I shall always have clean house slippers.—S. E. R.

FOR BAKING DAY.

When dry ingredients, liquids and fat are all called for in the same recipe, I measure in the order given, using the same cup, and save dishwashing, a job we all like to shorten.

In like manner on baking day I can mix pie crust, light cake, dark cake, gingerbread or brown bread in the same bowl, without washing each time, if done in the order given.—N. D. F.


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Music and the Pests.

A recent investigation into the effect of music on mice revealed the interesting and valuable information that these rodents are very fond of "the tinkling strains" of certain kinds of music.

In an attempt to put this musical urge, which is manifest in all animals and insects, to a practical use, the author has arrived at the following conclusions, all based on a careful scientific study, and given to the world only after a most careful test as to their practicability.

It is found that the Mad Scene from Lucia has a most peculiar effect on the bedbug. It causes a most decided perplexity on the part of the bug during the opening strains, which is followed by a frenzied rush for a crack or crevice, where it will remain quiet for the rest of the night.

Cockroaches are very easily led from the house by playing something with lively march time. Some of Mendelssohn's compositions give immediate results. The cockroaches follow the music out of the house as the Hameline kids followed the Pied Piper.

In the fall, when the ladybugs infest the house, they may be dealt with very humanely by having a repeater on your phonograph and constantly playing Home, Sweet Home.

Rats are especially susceptible to the Strauss waltzes. Wine, women and song has given the best results. The reader must be warned against jazzing the music, for jazz has a paralyzing effect on rats, and it will be impossible to get many of them from under the floors and from between the walls, where, without going into details, it may be said that they will prove a decided nuisance, especially in hot weather.

The most remarkable results are obtained in keeping the neighbor's chickens out of your garden. Simply have your phonograph out there and put on a catchy darky melody.


TYPEWRITERS TO RENT

Underwoods for practice purposes. Special rates to students. Also rebuilt Underwoods for sale at moderate prices by the makers.

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A BLENDED TEA IS BETTER.

Tea from one garden, no matter how fine it is, possesses certain desirable qualities but may lack others, because all characteristics are not developed under the same conditions. If the tea has a perfect flavor it may lack body; if it has body it is perhaps without the same perfection of flavor. To combine all desirable characteristics in one blend has been the work of the "SALADA" experts for over a quarter of a century and "SALADA" is the fruit of their labors. The flavor is tea grown.


# VINDICATION

BY DAVID A. PIATT.

PART I.

Billings lifted himself wearily over the fence that separated the road from a belt of timberland and skulked into the cool haven beyond.

Darkness would have to fall ere he could carry into execution a certain sinister project he had in mind. So, he stretched himself behind a moss-grown log where the shadows were heavy and grateful.

As he lay there on his back, with outstretched arms, digging his heels into the loam and gazing abstractedly up through a mass of interlaced foliage overhead, the aroma of burning tobacco apprised him of the proximity of some person other than himself. Arising to an elbow, he peered cautiously about for the smoker.

Approaching from the direction of the highway was a young man. He was twirling a cane and smoking a cigarette. It was too late to retreat, so the man in hiding shrank closer into his concealment and watched the advancing youth.

The newcomer paused within a few feet of the log and stood switching the undergrowth with his cane, all the while gazing expectantly in the direction whence he had come, as though impatient for some one else to appear.

He was fashionably dressed, or, rather, overdressed. The crease in his trousers was a bit too pronounced and his collar a trifle too high, while the cut of his expensive suit was somewhat too radical for good taste. But his was rather a good-looking face, although the chin betrayed an element of weakness and there were incipient lines of dissipation beneath the eyes and about the mouth. Something about him—a certain trick of expression, a certain poise of the head—stirred a silent chord in the watcher's memory.

Following the young fellow's glance, the man behind the log descried another man approaching. Apparently of middle age, this individual was dressed in a conventional business suit. As he drew near, the onlooker recognized him with a sudden tightening about the heart.

"Sit down, Jefferson," ordered the older man curtly. "We will soon have done with the business which brought about this meeting. Doubtless you know what it is?"

The other shook his head negatively, but there was a shade of anxiety in his manner.

"No? Well, it concerns your connection with the improvement company—a little shortage in your accounts."

The younger man dropped limply to the log, burying his face in his hands. The hidden watcher saw that his face had grown ashen.

"You have placed yourself in a tight box, Jefferson," went on the speaker coldly. "By all right and justice I should send you to prison."

The youth lifted his head with a pleading gesture. "My God, Mr. Hilbert, you will not do that?" he cried. "The shame and disgrace would kill my mother."

"You should have thought of that before misappropriating your employers' funds," said Hilbert remorselessly. "Now, see here, Jefferson, I have kept a close watch over your movements ever since you entered the service of the company. You have been a pretty wild youngster—cards, horses, drink, women and all that sort of thing—but it never occurred to me that you were in any way deficient in nerve. Just how far are you willing to go to free yourself from this miserable business?"

"To any length!" cried the younger man impetuously. "I would make any sacrifice to save my mother from sorrow."

Hilbert smiled sneeringly at the melodramatic outburst.

"You are a promising young fellow, Jefferson," said. "I hate to see you go to the dogs because of one heedless mistake." He paused for a moment, evidently to let his words sink in. "I would help you," he concluded ingratiatingly.

Jefferson looked up hopefully, pleadingly.

"Can you? Will you?"

"For a price."

"A price? What do you mean?"

"This afternoon the various gangs in the employ of the improvement company will be paid off," pursued Hilbert in measured tones. "The payroll, approximating five thousand dollars, will be taken from the bank at Laurens by the president of the company himself, and conveyed to the camps in an automobile. The road to be traversed is a gloomy one, and should a hold-up occur it would be attributed to some of the laborers in the railway camps. No suspicion, assuredly, would attach to—yourself, for instance."

"To be more explicit, I must have the payroll money and you are going to get it for me!"

"I am?"

"You are. The paymaster will be accompanied by one guard. This must be yourself. When you reach Dead Man's Hollow, a masked man, stationed at a bend in the road, where it curves through the gloomiest portion of the ravine, will hold up the car. You must obey his command to halt, being careful not to betray the collusion between you. The masked man will rob the paymaster of the satchel containing the money and escape into the woods. To-night you can meet me here and I will give you an amount sufficient to make good your defalcation."

"What? Become accomplice to a common highway man?"

Hilbert frowned ominously.

"Do not indulge in heroics, Jefferson," he sneered. "They do not become you. Unless you follow my suggestion, you will be branded as a defaulter and your mother will be disgraced and saddened for life. Aid me in this little matter, and no one will ever hear of your indiscretion; fail me and, surely as you live, I will send you to prison."

Jefferson looked up at length, his face working.

"I—I will—do it!" he faltered.

"Good!" ejaculated the older man. He put forth his hand to bind the iniquitous compact, but the other brushed it aside as though it were unclean and, turning, rushed from the spot.

(To be concluded.)


CORNS

Lift Off—No Pain!

Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers.

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.


The Bale Fires.

Fierce sagas of the snowlands are ringing on the gale,
The trees are icy armored like skeletons in mail,
The frost's sharp sword of silver is glittering in the air,
The brook its crystal fetters in silence still must wear.
No life is in the marshes, no music in the wood,
Each gable in the village retains its ermine hood,
The world is white and frozen, but lying in my bed
At dawn I heard the trumpets of wild geese overhead.

And see! along the mountains the sunset flaming high
Leaps up in gold and crimson and orange to the sky,
The gray cloud's trailing edges are kindled into light,
The cold blue zenith reddens, the first faint stars ignite
And like celestial rubies glow through a rosy haze;
Behold! in all the glory that sets the west ablaze,
And sheds on field and forest its splendor far and near,
The bale fires of the winter, dead viking of the year.

—Minna Irving.


Minard's Liniment Heals Cuts.


TO APPRECIATE MUSIC.

Two things are necessary to the listener to music if he is to enjoy it as it deserves. He must love music, and he must have some intelligent idea of what he is listening to and what to listen for. To love music without possessing some knowledge of it, is something. Much pleasure is to be had from a great deal of music which calls for no particular knowledge of it. But infinitely more pleasure is to be had from listening to good music with the assistance of an idea or two as to its make-up, as to its composer, and as to a few other things. As against that, however, a sound knowledge of music without imaginative feeling for it, is no less costly to the listener. For in that case he too often is a highly critical expert with an ill-developed emotional structure. He is too critical to enjoy himself. He hears too many defects, and fails to hear much that is worth his hearing.

Dear Percival.

When little Percival arrived at school on the opening day, he carried the following note to the teacher: "Dear Teacher, our sweet little Percival is a very delicate, nervous child, and if he is naughty—and he is likely to be naughty at times—just punish the boy next to him, and that will frighten him so he'll be good."


WOMEN! DYE FADED THINGS NEW AGAIN

Dye or Tint Any Worn, Shabby Garment or Drapery.

Diamond Dyes

Each 15-cent package of "Diamond Dyes" contains directions so simple that any woman can dye or tint any old, worn, faded thing new, even if she has never dyed before. Choose any color at drug store.



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after every meal

Cleanses mouth and teeth and aids digestion.

Relieves that overeaten feeling and acid mouth.

Its l-a-s-t-i-n-g flavor satisfies the craving for sweets.

Wrigley's is double value in the benefit and pleasure it provides.

Sealed in its Purity Package.

KEEP THE SINK SHINING.

Soap jelly, which is made by dissolving a large bar of soap in two quarts of boiling water and two tablespoonfuls of kerosene is a great help in keeping the sink white and shining. I keep a glass of soap jelly on the sink shelf, and when the dishes are finished put a little on a cloth, kept for that purpose, and rub well over the sink. Then wash with clear water and the sink looks as if I had given it a good scouring.

Innocence is very far from finding as much protection as crime.

Observe the face of the wife to know the husband's character.

The parasite has no roots.


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Brook trout fry (salmo fontinalis) spawned from wild trout, guaranteed healthy and vigorous. For April delivery. $6 per thousand, F.O.B., Shelburne. No orders accepted for less than 5,000. Walyngton Brook Trout Hatchery, Horning's Mills, Dufferin County, Ontario. Shelburne station. L. C. A. Strother, proprietor.



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Clean: Easier SMP Enameled Ware has a very hard, smooth surface, like your best china, and is as easy to clean. Requires no steel wool or special cleansers. Always clean, sweet, free from taint and odors. The enameled ware de luxe.

SMP Enameled WARE

Three finishes: Pearl Ware, two coats of pearly grey enamel inside and out. Diamond Ware, three coats, light blue and white outside, white lining. Crystal Ware, three coats, pure white inside and out, with Royal Blue edging.

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