Canada's Great Wilderness Park

Jasper National Park Rapidly Becoming One of Foremost Holiday Resorts in Canadian Rockies.

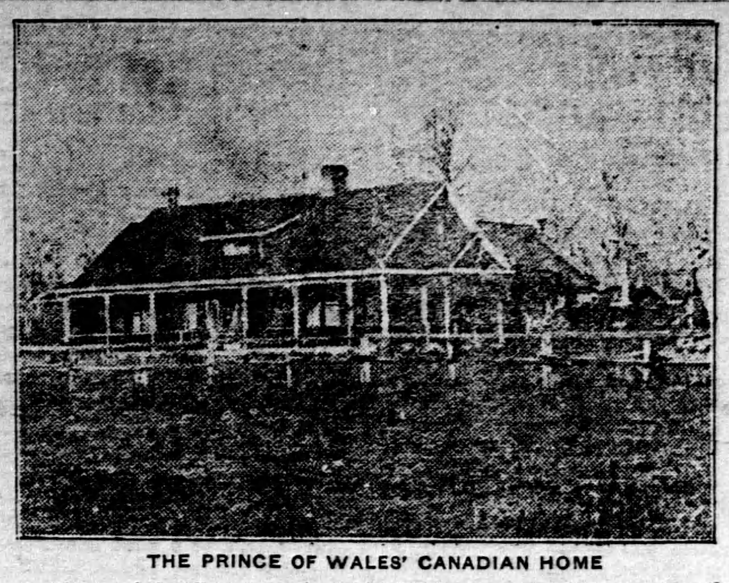
Jasper National Park is rapidly coming into its own as one of the foremost tourist resorts in the Canadian Rockies. Although it was set aside in 1907 and is the largest of the great playgrounds administered by the Government of Canada, the lack of adequate accommodation for visitors, until last year, has prevented its use on the part of the public in proportion to its importance. Since its reservation the National Parks' authorities have steadily carried on development work in the construction of roads and trails to the scenic points of greatest attraction and it now possesses 652 miles of roads and trails. Two years ago the Canadian National Railways erected the first hotel—Jasper Park Lodge—on the shores of beautiful Lac Beauvert. This is a bungalow camp composed of a central building surrounded by a group of rustic chalets which serve as sleeping quarters. The immense popularity of this accommodation last year resulted in extensions this season which will provide for 250 guests and plans are being made for similar chalets in Tonquin valley and at Maligne Lake.

Jasper Park's Great Expanse.

Jasper Park, with its great area of 4,400 square miles, is situated in northern Alberta on the main line of the Canadian National Railways, about 200 miles west of Edmonton. The official headquarters of the park is situated in Jasper, the quaint little mountain town on the shores of the Athabaska River. The Parks' authorities have designed a town plan for Jasper in order that its future growth may be kept in harmony with the beautiful environment, and this plan will form the basis of all future developments.

A golf course is being laid out east of Lac Beauvert and adjacent to the Lodge by the Canadian National Parks Branch. The Mount Edith Cavell highway, which takes its name from the great peak, 11,033 feet high, named in memory of the gallant British nurse, has been completed to within five miles of its terminus. Striking and Beautiful panoramas are afforded by vantage points scattered all along this new highway. An important new trail has been opened up from what is known as Sunwapta cabin on the Sunwapta branch of the Athabaska River over Poboktan pass and down to Brazeau Lake. This stretch links up a series of trails covering a distance of over 300 miles, constituting probably the longest trail in any of the national parks.

The plans for the present season include the building of a new road along the Athabaska, from Jasper to a point two miles east of the Snaring River. The project when completed will offer a delightful scenic drive from Jasper affording wonderful views of the wide Athabaska valley and the noble peaks on each side.



THE PRINCE OF WALES' CANADIAN HOME

The ranch in Alberta, purchased by the Prince upon his first visit to the Dominion, and where he will spend a real holiday in the autumn. The ranch has been stocked with prize cattle from the Prince's English estates.

UNREFRESHING SLEEP

If You Are Tired Out When You Arise in the Morning Read This.

The woman who is tired out, who aches all over when she arises in the morning, who feels depressed most of the time, needs just the help that Dr. Williams' Pink Pills can give her — new blood and strong nerves.

The number of disorders that are caused by thin blood is amazing and most women are careless about the condition of their blood. Quickly the nerves are affected and the patient becomes irritable, worries over trifles does not sleep as well as formerly and is not refreshed by rest. There may be stomach trouble and headache. This is a condition that calls for Dr. Williams' Pink Pills.

Give Dr. Williams' Pink Pills a fair trial and the first sign of new life will be noticed in your appetite. You will be hungry by meal time. As the blood becomes enriched it feeds and soothes the irritated nerves, sleep becomes sounder and more refreshing, your worries become less, your work lighter. These are some of the things that these tonic pills do. Try them for any trouble caused by thin blood.

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Beast!

Mrs. Longwed: Does your husband allow you to have your own way in everything?

Mrs. Junebride: Yes; the mean thing! Never once have I had a chance to say "I told you so."

MONEY ORDERS.

Pay your out-of-town accounts by Dominion Express Money Order. Five Dollars costs three cents.

Artificial Wood.

A Norwegian inventor has, after many years of experiment, discovered a method of making artificial wood.

A mixture consisting of sawdust, together with chalk and some chemicals, is subjected to heavy pressure, and the result is a substance possessing all the qualities of timber.

Its specific gravity is the same as that of genuine wood, its hardness the same as that of oak. It can be planed, sawed, bored, nailed, painted, stained, or polished, and submitted to every process of carpentry or manufacture to which real wood is subjected.

It will not deteriorate in water, and, on account of the chemicals it contains, is impervious to rot. Moreover, it only burns at a temperature very much higher than that at which real wood catches fire.

Minard's Liniment for sale everywhere

Some milkmen cannot let well enough alone.

. Classified Advertisements.

WANTED—AMBITIOUS MAN OR WOMAN to distribute samples and take orders for high class household specialty. No risk. Big money. Honest proposition. Lucus Products Co., Dept. 7, Hamilton, Ont.

SILVER FOXES—NOTES FROM MY DIARY (Booklet). Nine years' experience ranching foxes. 35 cents. Dr. Randall, Truro, Nova Scotia.

WASHINGTON HAND PRESS.

WE HAVE AN ENQUIRY FOR A WASHINGTON Hand Press that will take 3 pages of 7 columns, long. Wilson Publishing Co., Ltd., 73 Adelaide St. W., Toronto.

Risking Death for Flowers.

"Fancy that plant being worth $750!" exclaimed a visitor to the Chelsea Flower Show in London, as they paused to glance for a moment at the new orchid, Odonto Crispum Solem, with its stiff, snowy petals spotted with maroon. "Fancy paying all that money for it!"

But orchids are paid for with human lives as well as with gold. Of all occupations, orchid collecting has the highest death rate.

A few years ago, eight orchid hunters, working in Madagascar, dined one evening at Tamatave. They arranged to have another reunion dinner the following year. When the appointed day arrived seven of them were dead. The eighth was in hospital. He stayed there for a year, and then sailed for Europe with permanently broken health.

That was unusually hard luck, but every orchid collector knows of many such cases. A collector, a German, who jeered at an idol in a Madagascar jungle village, was soaked in oil and burned to death.

You are always on the brink of the grave while orchid hunting, says an expert. Invariably these bizarre, quaintly contorted little blossoms lurk in the unhealthiest depths of the jungle, where fever, snakes, great cats, and ambushed savages with poisoned darts combine to wreck vengeance on the man who violates their privacy.

But orchid hunting is a man's game. We've all got to die one day, and, at all events, we see to it that we do live first. We are up against the real raw stuff of adventure, and we do not know the meaning of boredom. If today we have drawn blank, to-morrow we may find a rare Dendrobinm growing in a mouldering skull at a hill-tribe's burying ground, or another treasure or two clustering like mistletoe in a cleft at the top of a 90-ft. tree.

The Heart Blossom.

An apple, big and red and round;
No orchard monarch ever found
Surpassed in beauty, taste or smell,
This, that from perfect ripeness fell,
Midway 'twixt stem and blossom end
My blade I made all haste to send—
I halved it. In that apple's heart
I saw the blossom's counterpart.

A seed pod, where each petal fair
Had been, lay spread before me there,
A working model of the bloom
That once had lightened March's gloom,
Through all the fortnights that had flown
The while that fruitage fine had grown,
The blossom's image had remained
To that great apple's heart enchained.

Deep down within each human heart
Lives our Creator's counterpart!
The God-thought out of which we came
Still lingers, ever more the same.

—Stickland Gillilan.

The Story of Uncle Sam.

Uncle Sam is the most popular nickname in the United States.

We all know the jovial, lanky, bearded American with his peculiar top-hat, his voluminous coat, and striped trousers strapped under his boots. How did his name originate?

One account dates from the war of 1812, when there lived in Troy, New York, a man called Samuel Wilson, commonly referred to as Uncle Sam. His work was to inspect pork and beef bought for the Government.

Elbert Anderson, a contractor, ordered several cases to be addressed to the United States, and signed with his own initials. An employee marked the packages "E.A.—U.S.," and when asked their meaning, replied, jokingly, that obviously they referred to Elbert Anderson and Uncle Sam.

The joke spread, until finally Uncle Sam was understood to stand for the United States.

Minard's Liniment used by Physicians

CHOLERA INFANTUM

Cholera Infantum is one of the fatal ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months, and unless prompt action is taken the little one may soon be beyond aid. Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and sweeten the stomach and thus prevent all the dreaded summer complaints. They are an absolutely safe medicine, being guaranteed by a government analyst to contain no opiates or narcotics or other harmful drugs. They cannot possibly do harm —they always do good. The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Speed of Thought.

Until recently it was generally considered that a thought occurred with the speed of lightning. But modern methods of measurement have shown that the speed of thought is not by any means exceptional.

The time taken for a nervous impulse to travel from the elbow to the brain and thence to the wrist proved that it did so at about 180ft. a second.

Similarly a frog thinks at the rate of about 90ft. a second, and it takes two seconds for a whale 150ft. long to realize that he has been harpooned in the tail and to lash out with it.

In some peculiar way, however, the speed of thought seems to depend upon the temperature of the body. If a man's body is warm he is able to think quicker than if he is cold; and if his nerves are frozen they will not conduct impulses at all.

A frog at seventeen degrees will think only half as quickly as another at thirty-five, while if the frog be warmed to the temperature of a man the animal will think equally as quickly.

A cold-blooded creature like the fresh-water mussel thinks only at about two and a half inches a second. One of the cuttlefishes thinks at the rate of three feet a second in winter and the octopus in summer three to five times as quickly.

Many drugs, as well as cold, will decrease the speed of thought—chloroform obviously, and ether and alcohol less obviously.

The ability to think quickly seems to vary, too, with temperament. A melancholic or lethargic man thinks more slowly than a choleric individual. In all cases, however, it is practically impossible to tire out the nerves. They will always think even though the brain, which receives the impulses, may be too tired to deal with them.

Singer and Shepherd.

When Mme. Emma Calve, the great singer, is at home she lives in an ancient castle perched on a rocky mountain side in her native province of Aveyron, in the south of France. It is the castle of Cabieres, and it was built in the year 1050. A natural platform of rock juts out in front of it like the prow of a ship, and there the singer, who especially loves the ancient folk songs of her country, often stands answering the songs of the shepherds who watch their sheep on the distant uplands.

One day, however, she sang before a shepherd on the farther side of the mountain, a boy of sixteen who was guiding her with a party of guests from the chateau through the famous grotto of Dargilan, a labyrinthine succession of caverns.

We came at last, Madame Calve relates, in her recent autobiography, to a tremendous cave. Its vast, mysterious depth fascinated me. I began to sing. The boy started and turned toward me.

"Oh!" he exclaimed. "How lovely! If the mistress could hear you, she would certainly give you a job. You could come every day and sing for the tourists. I am sure she would pay you much money for it."

"How much do you think she would pay me?" I asked.

"Well, now," he said judiciously, screwing up his brow and scratching his head, "it's hard to say. I think she might go as high as five francs a day. It would be good business."

"I'll think it over," I answered. "It's very kind of you to give me the tip. But don't you know me? I live over the way at Cabrieres."

"No, madame; I have never been so far as that. Our church is up there on the plateau, and that is as far as I have ever traveled."

A year later I was again visiting the grotto. The boy was still there. He recognized me and came toward me, twisting his cap in his hands. "Good morning, madame," he mumbled. "I guess you had a good laugh at me last year."

"What do you mean," I asked. "Why should I laugh at you?"

"I was told afterwards who you were," he answered. A nice kind of fool you must have thought me with my five francs a day! They tell me that in the Americas you don't have to do more than yawn to earn eight pairs of oxen!"

America's Pioneer Dog Remedies

Book on DOG DISEASES and How to Feed Mailed Free to any Address by the Author. H. Clay Glover Co., Inc. 129 West 24th Street New York, U.S.A.

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all

BAYER

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

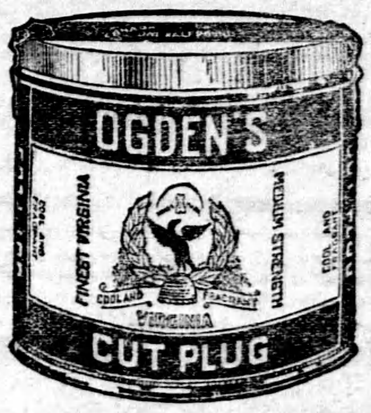
Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Fill your pipe with Ogden's CUT PLUG "It Satisfies"

15¢ per packet

80¢ a ½ lb. tin



If you roll your own ask for OGDEN'S FINE CUT (green label)

England to Plant Millions of Fish in North Sea.

The Dogger Bank is to be replaiced, announces the English press, indulging in its ancient and honorable weakness for punning. Since the famous North Sea fishing grounds were disturbed by the bombardments and mine explosions of the war, only half-sized catches have rewarded the efforts of trawlers. To remedy the shortage eighty million plaice the most remarkable of fish, will be transported from continental fishing grounds, where the breed is best.

A system of crossed fishing grounds for the Dogger Bank, such as exist in all English rivers, also is promised, with "No Fishing" signs theoretically posted around a belt of water 800 miles long off the Dutch and Danish coasts. Steam trawlers and motor vessels of more than 50-horsepower will not be allowed within that area.

Cultivate cheerfulness. Think success; act success; look successful, and be successful.

35-LB. GAIN MADE BY MRS. ROBERGE

"I've gained thirty-five pounds by taking Tanlac, and just think it's the greatest medicine in the world," declared Mrs. Caroline Roberge, highly esteemed resident of 224 Prince Edouard St., Quebec.

"For the past two years I suffered from a bad case of indigestion. I had no appetite at all, my stomach was always sour and I had a bad taste in my mouth all the time. Nothing I ate would agree with me, and I was so weak and dizzy all the time it seemed that I had no energy at all.

"Well, Tanlac was the first medicine that did me any good, and it surely has been wonderful for me. I am eating as much as anybody, everything digests perfectly, never suffer from sour stomach any more, and my strength and energy have come back so completely I just feel fine in every way. Tanlac is simply grand."

Tanlac is for sale by all good druggists. Accept no substitute. Over 37-million bottles sold.

Tanlac Vegetable Pills are Nature's own remedy for constipation. For sale everywhere.

BEFORE MY BABY CAME

I Was Greatly Benefited by Taking Lydia E. Pinkham's Vegetable Compound

Sydenham, Ont. —"I took your medicine before my baby was born, and it was a great help to me as I was very poorly until I had started to take it. I just felt as though I was tired out all the time and would have weak, faint spells. My nerves would bother me until I could get little rest, night or day. I was told by a friend to take Lydia E. Pinkham's Vegetable Compound, and I only took a few bottles and it helped me wonderfully. I would recommend it to any woman. I am doing what I can to recommend this good medicine. I will lend that little book you sent me to any one I can help. You can with the greatest of pleasure use my name in regard to the Vegetable Compound if it will help others take it."—Mrs. HARVEY MILLIGAN, Sydenham, Ont.

It is remarkable how many cases have been reported similar to this one. Many women are poorly at such times and get into a weakened, run-down condition, when it is essential to the mother, as well as the child, that her strength be kept up.

Lydia E. Pinkham's Vegetable Compound is an excellent tonic for the mother at this time. It is prepared from medicinal roots and herbs, and does not contain any harmful drugs. It may be taken in safety by the nursing mother.

Mine Alarm

Often a "creep" or a movement of the roof in a mine precedes a cavein. An electric alarm which will give warning is the subject of a patent issued to an American inventor. A pair of pipes are arranged upon a tripod. The upper pipe is provided with forks at the top which are adjusted against the roof. This pipe slides into a second pipe and rests against a spring. Contracts are arranged in an ingenious way as to close on the two wires of an electric circuit, and bells are rung if the roof moves after the device is set.

London has a population of 7,480,221.

MURINE Keeps EYES Clear, Bright and Beautiful

Write Murine Co., Chicago, for Eye Care Book

Attractive Proposition

For man with all round weekly newspaper experience and $400 or $500. Apply Box 24, Wilson Publishing Co., Ltd., 73 Adelaide Street West.

SORE SHOULDERS ON HORSES !!

nard's quickly heals sore shoulders, saddle boils and all sprains and bruises.

MINARD'S "KING OF PAIN" LINIMENT

BABIES LOVE MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator

Pleasant to give—pleasant to take. Guaranteed purely vegetable and absolutely harmless. It quickly overcomes colic, diarrhoea, flatulency and other like disorders. The open published formula appears on every labie.

At All Druggists

CHEEKS COVERED WITH PIMPLES

Also Chin. Large and Red. Cuticura Healed.

"About a year ago a few small pimples broke out on my face. A month later my cheeks and chin were entirely covered with large, red pimples that festered and scaled over, and frequently caused irritation. I tried different remedies without success. I read an advertisement for Cuticura Soap and Ointment and sent for a free sample. After using it I could see an improvement so purchased more, and after using two boxes of Cuticura Ointment, together with the Cuticura Soap, I was healed." (Signed) G. Marcoux, Laval Hospital, Ste. Foye, Quebec.

Use Cuticura Soap, Ointment and Talcum for all toilet purposes.

Sample Each Free by Mail. Address: 'Lymans, Limited, 344 St. Paul St., W., Montreal.' Sold everywhere. Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Soap shaves without mug.