WHAT DOES YOUR MIRROR REVEAL?

Does it Tell You That Your Blood is Thin and Watery?

When a growing girl becomes pale, complains of exhaustion, dizzy spells, headache and stomach trouble, she should know that these things are evidences of anaemia or bloodlessness. A glance in the mirror will tell the story. There is immediate need for a tonic, a system builder that will completely restore the missing qualities to the blood that every part of the body will share in the benefit.

A good example of the result of wise treatment in cases of this kind is given by Mrs. George R. Smith, of Queensport, N.S., who says: "I cannot praise Dr. Williams' Pink Pills too highly for what they have done for my three daughters. My eldest daughter, Edna, at the age of 14, became run down, and I got her three boxes of the pills, and by the time she had taken them she was in good health, and is now a healthy married woman. My second daughter, Martha, at the age of 16, was awfully run down and pale. In fact she had always been a delicate child, but gradually became worse. At last she could not go upstairs without having to sit down and rest, and could not even do any kind of light work without being greatly fatigued. Finally I gave her Dr. Williams' Pink Pills, and after taking them we found they did her more good than all the other medicine she had taken, and she is now in good health. Then my younger daughter, Greta, now 15, became so run down that she had to stop going to school. But after taking eight boxes of the pills she is now a big, healthy girl. I feel that after what Dr. Williams' Pink Pills have done in my home there can be no doubt of their value, and I hope someone else will benefit from our experience."

You can get these pills through any dealer in medicine or by mail postpaid at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Birds Rob Chickens.

Any observant person may notice that sparrows are no longer numerous in the streets of our cities. It is because food is lacking. The sparrows, thus driven from their urban haunts, have sought to pick up a living in the suburbs and outlying farming districts. They have become a very serious nuisance to poultry raisers, especially in winter, when they invade chicken yards in flocks, and even make themselves at home in poultry houses, devouring the feed provided for the fowls.

It is no trifling matter, for fifty sparrows will eat a quart of grain per day and will spoil three times as much as they consume. But the chief trouble is that they spread disease, particularly the dreaded chickenpox.

Poultry keepers find themselves obliged to make their chicken houses sparrow-proof with wire net. Many of them have resorted to systematic trapping. Sparrows are easily trapped and can be skinned with a mere twist of the fingers. Thus dealt with, and with the wings and legs pulled off, they make, when boiled, most excellent food for chickens.

Planes Hunt Fish.

The airplane service of the United States Fisheries Bureau has proved especially useful in locating, for the benefit of fishermen, the menhaden, which travel about in schools numbering millions at the surface of the sea, their presence being indicated by a widespread rippling. Menhaden are not good to eat, but their oil has high commercial value, and, after it has been pressed out, the residue makes an excellent fertilizer. During the last year the production of menhaden oil in the United States was 3,676,453 gallons. This was more than the output of whale oil, which was 3,073,574 gallons. The production of herring oil was 380,379 gallons, and of cod-liver oil 196,108 gallons. Other oils of marine origin, including that derived from sharks' livers (commonly sold as cod-liver oil), totalled 1,060,322 gallons.

Unreasonable.

Angry Customer—"See here, you overcharged me for that suit and it was full of moths."

Tailor—"What do you expect for fifteen dollars. Humming birds?"

A Love Feast.

Better is a dinner of herbs where love is, than a stalled ox and hatred therewith.

The first key which opens the door of success is the trading instinct, the knowledge and sense of the real value of any article.

The annual report of the Chief Inspector of Stock of Western Australia shows that there are no fewer than 5,995 camels in that section of the Commonwealth.

Think this over. The Great War lasted from August, 1914, to November, 1918. The estimated cost (not including loss of property) was $186,000,000,000. A total of 12,990,000 men were killed and 20,300,000 men were wounded. And still some men refuse to believe in limitation of armament.

Minard's Liniment prevents Spanish Flu

Surnames and Their Origin

MacKINLEY

Variations — Mackinlay, Macinally, Macinally, MacNally, MacGinley.
Racial Origin—Scottish and Irish.
Source—A given name.

The origin of these family names is more or less confused, concerning the clans from which the various forms come, so that the following explanation must be accepted as general, and allowances made for the fact that there are numerous individual exceptions.

For the most part, then, these names are founded on the Gaelic given name of "Findla" or "Fionnladh," which has given rise to the Scottish family names of Findlay, Finlay, Finley, Finlayson, and the like.

In fact, Mackinlay is but another form of "MacFinlay" (which spelling is not to be met with, the Gaelic form being "MacFhionnlaigh.")

Such forms as Mackinley, Mackinlay and Macinally are to be found mostly among descendants of the Clan Buchanan, but there was also a small sept of this name in the Clan MacFarlane. Sometimes, too, these names are changed spellings of "Mac-an-Leight," an entirely different name, which is found principally among the Stewarts of Appin. But this name should more properly be rendered in English by MacLay or MacLeay.

The forms MacGinley and MacNally (occasionally) are also derivatives of the foregoing Scottish sept names transplanted into Ireland in many cases, though there are other channels through which similar names have been developed in Ireland.

DRUMMOND

Racial Origin—Scottish.
Source—A locality.

Ask the average person the nationality of the family name of Drummond and he is likely to opine that it is English. The Scot knows better, as does anybody familiar with the names of the principal Highland clans.

Still, if you want to be unusually particular, and trace the name back to its real origin, when it was first used as a descriptive surname, you'll find that it is neither English nor Scottish, but Hungarian.

"Dryman" was the form in which it was brought into England from Hungary prior to the advent of the Normans to that island.

Do you wonder what Hungarians were doing in Anglo-Saxon England?

Royal marriage has established the connection between the two countries. The mother of Edgar Atheling, the fugitive Anglo-Saxon successor to the English Crown at the time of the Norman invasion, was Agatha, daughter of the King of Hungary. With Edgar in his flight to Scotland and the court of King Malcolm III. Malcolm Ceanu-Mor) went one "Maurice de Drymen," a Hungarian nobleman. De Dryman won favor with the Scottish monarch and received from him grants of land in the Highlands. From his first followers there was formed the clan which bears the name of a place in Hungary under the changed spelling of Drummond. This clan played a prominent part in the battle of Bannockburn under Robert the Bruce, and in the rebellions of "'15" and "'45," losing their lands and their chiefs, who fled to France until the restoration of the rights of the Scottish nobles.

A Doll That Swims.

Altogether a novelty is a swimming doll which owes its invention to an Illinois man. It can dive, and cut all sorts of capers in the water.

In the body of the manikin (which is made of wood) is a hollow chamber that extends up into the head. Similar chambers are provided in the upper arms, the forearms, the thighs and the lower limbs. In these cavities small quantities of lead shot are placed.

The arms are pivoted at the shoulders and elbows; the legs likewise at the hips and knees. Thus the doll is jointed, and the limbs may be made to assume any position desired. They have, however, a frictional grip sufficient to hold the joints fixed when set. If the manikin is to dive, the arms and legs are adjusted suitable for that action. Then, when it is plunged into water the shot in the body-and-head chamber gravitate to the upper end thereof, and it sinks head foremost until, as it assumes the horizontal, the head rises; the shot presently falling into the lower part of the body cavity and causing the doll to ascend on a slant to the surface like a real diver.

Marvels of the Tongue.

When we speak of the "sense of taste" we think at once of the tongue, for here is the seat of the principal nerves of taste, transmitting the sensation which we call "taste" directly to the brain and registering an impression there precisely as sound or pain register.

But, in order to be apparent, the object tasted must be at least partially dissolved, either in water or in the natural fluid—saliva—secreted by the glands of the mouth, for even substances with marked tastes, such as salt or quinine, will not make the "taste impression" upon the brain unless applied in the form of solution to the nerves of the tongue or throat. These nerves are not regularly distributed through the mouth, but are closer together at the tip of the tongue and at the back than they are at the centre and the sides.

The difference in tastes noticeable in different kinds of substances is due to the effect which these solutions have upon the brain cells which control our nerve-reactions, just as sounds have varying intensities and the nerves of feeling indicate different degrees of pain or pleasure.

The Christian indeed is allowed to rejoice where other men rejoice; but he is also bound to rejoice where others cannot.—Leroy M. Vernon.

DANDERINE

Stops Hair Coming Out; Thickens, Beautifies.

35-cents buys a bottle of "Danderine" at any drug store. After one application you can not find a particle of dandruff or a falling hair. Besides, every hair shows new life, vigor, brightness, more color and abundance.

WINTER HARD ON BABY

The winter season is a hard one on the baby. He is more or less confined to stuffy, badly ventilated rooms. It is so often stormy that the mother does not get him out in the fresh air as often as she should. He catches colds which rack his little system; his stomach and bowels get out of order and he becomes peevish and cross. To guard against this the mother should keep a box of Baby's Own Tablets in the house. They regulate the stomach and bowels, and break up colds. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Blockhead.

Sergeant—"Now, then, don't you know how to hold a rifle?"

Recruit—"I've run a splinter in my finger."

Sergeant (exasperated)—"Oh, you 'ave, 'ave you? Been scratchin' your 'ead, I suppose!"

Minard's Liniment for Coughs and Colds

Grazing on Dominion Forest Reserves

About one hundred thousand head of stock — cattle, horses and sheep — graze every season on the Dominion forest reserves in Western Canada. This grazing keeps down the fire hazard and at the same time is of great value to the farmers and ranchers in the vicinity of the reserves.

MONEY ORDERS.

Pay your out-of-town accounts by Dominion Express Money Order. Five Dollars costs three cents.

A Great Feat.

Robert — "Mother, was Robinson Crusoe an acrobat?"

Mother—"I don't know. Why?"

Robert—"Well, this book says that after he had finished his day's work he sat down on his chest."

Pensions are being paid to three and a half million men, women, and children by the British Ministry of Pensions.

USE SLOAN'S TO EASE LAME BACKS

YOU can't do your best when your back and every muscle aches with fatigue.

Apply Sloan's Liniment freely, *without rubbing*, and enjoy a penetrative glow of warmth and comfort.

Good for rheumatism, neuralgia, sprains and strains, aches and pains, sciatica, sore muscles, stiff joints and the after effects of weather exposure.

For forty years pain's enemy. Ask your neighbor. *Keep Sloan's handy.*

At all druggists—35c, 70c, $1.40.
Made in Canada.

Sloan's Liniment Pain's enemy

PILES

Don't suffer with this complaint any longer. Write and I will tell you FREE how I rid myself of Piles by an old family remedy, after years of suffering.

W. F. ALLEN
Box 30WL Yarmouth, N.S.

ISSUE No. 9—'22

BITS OF HUMOR FROM HERE & THERE

Quite True.

"I see that Marconi has invented a device by which you can see through brick walls."

"Somebody invented that long ago."

"Who was it?"

"The man who first thought of putting windows in 'em."

Unique.

"The way to run this country," said Knowitall, "is to put thoroughly wise, capable, alert and honest men in control of affairs."

"Yes," answered Miss Keen, "but what are we to do—there is only one of you?"

Still Missing.

Johnny—"Say, paw, I can't get these 'rithmetic examples. Teacher said somethin' 'bout findin' the great common divisor."

Paw (in disgust)—"Great Scott! Haven't they found that thing yet? Why, they were huntin' for it when I was a boy."

A Guess.

A leading citizen of an Ohio town was stricken with appendicitis and an operation was deemed necessary. The editor of the local paper, a pessimistic sort, heard of this and printed this "personal" about it:

"Our esteemed fellow citizen, Rufus G. Gethem, will enter the hospital tomorrow to be operated upon for the removal of his appendix by Dr. Smithers. He will leave a wife and two children."

Her Good Idea.

A little girl in a poor family has to wash a great many dishes. Someone began sympathizing with her one day, remarking what "drudgery" it must be.

"No," she replied. "It's great fun. I have given each dish a name, and they are all my children—my dolls. I talk to them while I am washing them and drying them. I pretend that I am dressing them. I like to have them all nice and clean. And I'm sure they like me for looking after them so well. It's lots of fun."

The man who is not afraid of failure seldom has to face it.

Mother! Move Child's Bowels With California Fig Syrup

Hurry mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Spanish Flu

Claims Many Victims in Canada and should be Guarded Against

Minard's Liniment

Is a Great Preventative, being one of the oldest remedies used. Minard's Liniment has relieved thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.

Minard's Liniment Co., Ltd.
Yarmouth, N.S.

MRS. CLARE WILSON GAINED 20 POUNDS

NEIGHBORS ARE AMAZED BY HER WONDERFUL RECOVERY.

Many Friends of Tankville Resident Are Taking Tanlac After Seeing What it Did For Her.

"My recovery by taking Tanlac was so remarkable that my neighbors were all amazed and many of them started taking it," said Mrs. Clare Wilson, Tankville, West Co., N.B.

"My health began to fail five years ago and I grew gradually worse right along. To make bad matters worse I was stricken with influenza and that left me in a truly deplorable condition.

"It was certainly a lucky day for me when my husband persuaded me to try Tanlac, and it was no easy task, either, for I was so thoroughly discouraged that I didn't believe anything could help me. I am like a different person in every way, my digestion is perfect, I have gained twenty pounds in weight and I am in the best of health and spirits now."

Tanlac is sold by all good druggists.
—Advt.

Character is what you are; reputation is what you try to make people think you are.

COARSE SALT
LAND SALT
Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF - TORONTO

Cuticura Complexions Are Usually Healthy

The daily use of the Soap prevents clogging and irritation of the pores, the usual cause of pimples and blackheads, while the Ointment soothes and heals. Cuticura Talcum is delicate, delightful, distingué.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal. Cuticura Soap shaves without mug.

Classified Advertisements.

EARN $10.00 TO $50.00 PER DAY vulcanizing. Be independent; we teach you. Write for particulars. Chief Instructor, Canada Vulcanizer, London, Ont.

FARM WANTED. SEND DESCRIPTION and price. John J. Black, Chippewa Falls, Wis.

CANADIAN MATRIMONIAL PAPER. 25c. No other fee. A. McCreery, Chatham, Ont.

BELTING FOR SALE

ALL KINDS OF NEW AND USED belting, pulleys, saws, cable, hose, packing, etc., shipped subject to approval at lowest prices in Canada. YORK BELTING CO., 115 YORK STREET, TORONTO.

America's Pioneer Dog Remedies

Book on
DOG DISEASES
and How to Feed
Mailed Free to any Address by the Author.
H. Clay Glover Co., Inc.
129 West 24th Street
New York, U.S.A.

MOTHER
SEIGEL'S SYRUP
In thousands of cases Mother Seigel's Syrup has proved effective in permanently banishing digestive troubles even when they have been of long standing. If you suffer, put it to the test after your next meal.
REMOVES
INDIGESTION
AND
STOMACH & LIVER TROUBLES

WOMAN TAKES EVERY CHANCE

To Recommend Lydia E. Pinkham's Vegetable Compound, for It Helped Her So Much

Fredericton, N. B.—"I was weak and had some troubles women often have, and usually I was unfit for my work. I saw your advertisements and decided to try Lydia E. Pinkham's Vegetable Compound. I am very much pleased with the result and recommend your Vegetable Compound whenever I have a chance. You may use this letter for the benefit of others."—MRS. WANDLESS, 360 Church St., Fredericton, N. B.

Mrs. Wandless, like many, many other women who have found relief by taking Lydia E. Pinkham's Vegetable Compound, is anxious to let other women know of this splendid medicine. So by word of mouth and by letter, one woman to another, its virtues are made known.

Women suffering from female ailments, indicated by such symptoms as backache, nervous troubles, hot flashes, pain in the side and a general run-down condition of the whole system, should take Lydia E. Pinkham's Vegetable Compound.

For nearly fifty years it has been helping women. Let it help you.

Lydia E. Pinkham's Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to Lydia E. Pinkham Medicine Co., Lynn, Mass.

CASCARETS 10¢

For Constipated Bowels, Sick Headache, Sour Stomach, Bilious Liver

The nicest cathartic-laxative in the world to physic your liver and bowels when you have Dizzy Headache, Colds, Biliousness, Indigestion, or Upset, Acid Stomach is candy-like "Cascarets." One or two to-night will empty your bowels completely by morning, and you will feel splendid. "They work while you sleep." Cascarets never stir you up or gripe like Salts, Pills, Calomel, or Oil and they cost only ten cents a box. Children love Cascarets too.

Genuine

ASPIRIN

WARNING! Always say "Bayer" when you buy Aspirin.

Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an unbroken "Bayer" package which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Headache Neuralgia Rheumatism
Toothache Neuritis Lumbago Pain! Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—All druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."