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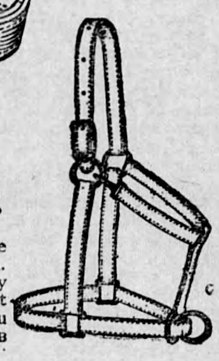

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Young People's Convention

On Tuesday, November 16th, the Young People's Convention of the Owen Sound District of the Methodist Church was held in Markdale in connection with the November District meeting.

The regular district meeting was held in the morning. The afternoon and evening sessions were devoted to the interests of the Epworth League.

The afternoon session opened with devotional exercises at 1 30 p. m., and after the greetings from Rev. T. G. McAteer, B. D., Chairman of the District, addresses were given by the following : Rev A Lloyd Smith, B A., Rev C A Belfry, Rev S Elliott, B A, Rev C M Marshall, Miss Ruby Shaw, Miss Cora Hepburn and Mr W R Buchanan.

A duet was beautifully rendered by the Misses Ellen Perkins and Verda Freeman.

At the afternoon meeting after a short discussion it was unanimously decided that the Owen Sound District Epworth League which has not been organized for the past few years, re-organize. A committee of five was appointed to meet and nominate district officers. The following officers were elected by the Convention : Hon Pres, Rev T G McAteer, B A, Owen Sound ; President, Mr. W R Buchanan, Flesherton ; 1st Vice Pres., Mr R Dingwall, Priceville ; 2nd Vice Pres., Mr Geo Plantt, Owen Sound ; 3rd Vice Pres., Miss Ada Acheson, Proton ; 4th Vice Pres., Miss Cora Hepburn, Owen Sound ; 5th Vice Pres., Mrs W R Buchanan, Flesherton ; Secretary, Mr Milson Henry, Markdale ; Treasurer, Miss Hanbury, Dundalk

The Markdale Epworth League provided a most appetizing supper for the entire convention.

The evening session commenced with lantern slides of the 1920 Toronto Conference Epworth League Summer School which was held at Elgin House, Muskoka, June 27th to July 5th. These slides included a few advertising the Epworth League Winter School which is to be held at Danforth Ave Methodist Church, Toronto, January 17th to 23rd, 1921.

After a short song service the Markdale League conducted the devotional exercises which consisted of the 1st Psalm being read in concert, sentence prayers by some of the Leaguers, a hymn story "O for a thousand tongues to sing" by Miss Walker and a scripture story of "Ruth" by Miss Caroline Armstrong.

Words of welcome were extended to the convention by Mr Milson Henry of the Markdale League.

The special music of the evening was a cornet solo by Mr Jack Perkins and a duet by the Misses Anna Jackson and Muriel Walker.

The addresses of the evening were given by Mrs Eagle of Holland Centre and Rev A Lloyd Smith of Toronto. Both were enthusiastic speakers and provided a most profitable evening for all present.

The convention closed by the singing of "God be with you till we meet again" and the Epworth League Mizpah Benediction.

The convention was undoubtedly a success and while it is over now we feel that the enthusiasm carried to the many Leagues, who had representatives there, will surely never die down.

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COLLEGE ATHLETICS

Why Agricultural College Students Need Physical Culture.

Brawn and Brain Work Well Together — Students Help to Direct In Sports—Building Up the Body for Later Usefulness.

(Contributed by Ontario Department of Agriculture, Toronto.)

ATHLETICS at our College are being revolutionized and placed on a more stable basis than in the past.

Progressive colleges are coming to realize the supreme importance of bringing physical training to the front in educational work. College authorities are realizing that they are responsible for the ignorance among the alumni of the colleges, regarding the care of the body, as it is a well known fact that eighty per cent of graduates die from ten to thirty years before the age at which they should. They are also realizing that under the old method less than fifty per cent. of the students are engaged in any form of systematic or organized exercise. This is due to the fact that our colleges were, and some are as yet, fostering two classes—one class attends for social and athletic advantages, and the other attends largely for intellectual opportunities. The first class is inclined to neglect mental work and carry athletics to excess, while the second class is inclined to neglect physical training and carry mental efforts to excess. Neither class lives strictly hygienic lives.

Now our colleges are adopting new methods to eliminate such conditions and are awakening to the fact that physical education has a legitimate place in the college curriculum,

Some of these methods are as follows: (1) Intra-collegiate sport and recreation in addition to our inter-collegiate sports, with the constant purpose in view of usefulness in after life. This draws in the spectators on the side lines and promotes interest by friendly rivalry. (2) Organization of activities on the basis of athletic sports, rather than on gymnatic basis, giving games to the student if normal physically; if not, remedial gymnatics until fit. It is necessary to have a wide range of sports, games, and physical activties, and a plan to encourage more general participation in them. (3) Exercise taken systematically and at regular intervals. (4) A subject with required attendance. (5) Strength test upon entering and at the end of each year, so a student may realize the benefit of systematic training. (6) Encouragement of the type of physical exercise that a student is likely to use in after life. (7) The teaching of fundamental principals of hygienic living. (8) Increase of facilities for outdoor sports in winter and summer.

In the past years athletics at the O. A. C. have been carried on without these advantages and, in spite of great difficulties, we have been handicapped primarily in not having an athletic field, and necessary funds for equipment which is essential for executing an effective program; this is our greatest need and will be a hinderance to our progressive program for this year. It is our great desire that it will not be long before we benefit by both.

The whole student body had a meeting before final examinations on the thirtieth of last March for the purpose of discussing and voting on the new program for the coming year which was outlined by our athletic executive. Professors Blackwood, Toole, and Crowe, and Dr. Creelman pointed out to the students and faculty the great need of such a program and their duty in regard to athletics and themselves. After a discussion, each cause of this program was voted on and passed unanimously by the whole student body.

The following is a brief outline of the Athletic Program for the coming year:—

(1) Students who have had previous training to act as leaders in the different branches of sports—to coach in boxing, wrestling, aquatics, and track and instruct in athletic games.

(2) Promote a fuller program of inter-year athletics by having schedules in more branches of sports. Inter-year competitions in the following sports: Rugby, soccer, play ground ball, push ball, volley ball, outdoor basket ball, boxing and wrestling, track, mass athletic meets, cross country runs, tug of war, tennis and aquatics.

(3) For those students who do not take part in these sports, two compulsory periods a week will be given in which they will be instructed in athletic games, field and indoor events, swimming, boxing and wrestling.

In order to promote this program, we had to enlarge on our Athletic Council which was composed of the sports managers, picked from the faculty, and the Athletic Executive. To this we added a Leaders Corp and Managers of inter-year sports picked from the students. The Leaders Corp is made up of directors of sports (one for each sport) and their leaders. The inter-year managers (one for each sport) have charge of the coaching and managing of their teams and are responsible to their year representative who is a member of the executive.

By such an organization we feel confident of swinging our program successfully, which means every student will take part in some branch of athletics. Those students, who come under clause (3) of our program, will be given special instruction by our Leaders Corp and will greatly benefit themselves and the college. In this way we will be able to reach the student on the side lines.

Suggestions regarding athletics in rural community centres will be presented in a future article.—K. W. Forman, Director of Athletics, O. A. College. Guelph.

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On Thursday morning of last week Mr. Hugh McLean, an esteemed resident of Durham for many years, who is employed at the furniture factory, had the misfortune to break his leg while on his way to work. We understand the fracture is in the same place as one sustained nearly forty years ago, and while of a serious nature, the patient is doing as well as can be expected. The accident occurred near the tool house on the Grand Trunk Railway, just south of the round house. We have been informed that the accident some years ago also occurred on Grand Trunk property, near to the accident of last Thursday. We sympathize with Mr. McLean and family, who only a short time ago suffered loss by fire in the burning of their barn, in which they had considerable household effects stored.—Chronicle.

Notice to Creditors

In the matter of the estate of James White, late of the Township of Artemesia, in the County of Grey, Farmer, deceased.

Notice is hereby given, pursuant to "The Trustee Act" and amendments thereto that all creditors and others having claims against the estate of the said James White, who died on or about the 29th day of August, A.D. 1920, are required on or before the 10th day December, A. D. 1920, to send by post prepaid or deliver to John J. Carson or Thomas White. Proton Station, Ontario, the Executors of the last Will and Testament of the said deceased, their Christian and Surnames, addresses and descriptions, the full particulars of their claims, the statement of their accounts, and the nature of the securities, if any, held by them.

And further take notice that after such last mentioned date the said Executors will proceed to distribute the assets of the deceased among the parties entitled thereto, having regard only to the claims of which they shall then have notice, and that the said Executors will not be liable for the said assets or any part thereof to any person or persons of whose claim notice shall not have been received by them at the time of such distribution.

Dated this 8th day of November, A, D. 1920.

—WRIGHT, TELFORD & BIRNIE,
Barristers,
Owen Sound, Ont.

Solicitors for John J. Carson and Thoma Whire, Executors of James White Deceased.

Two insanity experts and Dr. H. Sinclair of Walkerton testified that Jocelyn Green, who was tried in Walkerton last week for the murder of Bert Cavill at Chesley last summer, was afflicted with paranoia insanity and was laboring under the delusion that somebody was persecuting him. He was given over to the authorities to be committed to the asylum and while in the Walkerton jail is alleged to have attempted suicide by picking a hole in his temple with his finger and was found lying unconscious on the floor of his cell. He may yet recover.

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19.Jan.9 —R. O. TURNER.

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PRINCE ARTHUR LODGE, No. 333, A.F.& A M, meets in the Masonic hall. Armstrong's Block Flesherton, every Friday on or before the full moon. A. S. Muir. W. M R. G. Holland, Secretary.

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DR. E. C MURRAY L. D. S, dental surgeon honor graduate of Toronto University and Royal College of Dental Surgeons of Ontario, gas administered for teeth eXtraction office at residence. Toronto Street, Flesherton.

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Dr W. J. Henry, M. B., graduate of Faculty of Medicine, Toronto University. Office —Dr. Little's late residence, Flesherton.

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Veterinary Surgeon
Graduate of Ontario Veterinary College residence — second door south west on Mary street. This street runs outh Presbyterian Church.

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