A Woman Is As Old As She Looks

No woman wants to look old. Many in their effort to look youthful resort to the "beauty doctor." Their mistake is that they visit the wrong department in the drug store.

Beauty depends upon health.

Worry, sleepless nights, headaches, pains, disorders and weaknesses of a distinctly feminine character in a short time bring the dull eye, the "crow's feet," the haggard look, drooping shoulders, and the faltering step.

To retain the appearance of youth you must retain health. Instead of lotions, powders and paints, ask your druggist for Dr. Pierce's Favorite Prescription.

This famous medicine strikes at the very root of these enemies of your youthful appearance. It makes you not only *look* younger but *feel* younger. It overcomes the weakness and builds you up.

Your druggist can supply you with liquid or tablets; or send ten one-cent stamps to Dr. Pierce's Invalids' Hotel and Surgical Institute, Buffalo, N. Y., and a trial pkg. of the tablets will be mailed to you. Dr. Pierce's Favorite Prescription has been in use 50 years.

This is what one woman says:

BURNIS, ALTA.—"I am glad to be able to recommend Dr. Pierce's Favorite Prescription as I certainly think it is a splendid medicine. I have been run down and sickly for nearly two years. I have lately taken two bottles of "Prescription" and found it a wonderful help."—MRS. H. WOLSTENHOLME.

STORE VEGETABLES FOR WINTER USE

Damp Causes Mould and Dry Atmosphere Shrivels.

About 75 per cent. of the ordinary garden vegetables can be stored for winter use if a little care is taken.

Most vegetables are best stored in a temperature just above the freezing temperature of water. They are best kept where it is dry as well as cool. Atmosphere should be neither too dry nor too damp. Damp causes mould and too dry atmosphere shrivels. In this country there is more danger of damage from having air too dry than from it being too moist.

Where there is a furnace in the basement or cellar it is well to partition off a room for the vegetables to prevent their being too hot. There should be a door from bottom to top of partition so as to admit heat during extremely cold weather.

Vegetables should not touch cement or stone walls, but there should be an air space between the vegetables and the wall to prevent frost.

Where there is no furnace provision should be made for a small stove for additional warmth during the coldest of the winter.

STORAGE DONT'S.

Don't let the frost injure the crops before you take them into the cellar.

Don't bring them in while they are wet.

Don't cover roots with damp sand if the cellar is hot. They will start to grow if you do.

Don't try to store onions, squash or pumpkin in a cool cellar. They will keep better in a drier, somewhat warmer room.

Don't forget to watch your storage room and sort out any decayed specimens before the trouble spreads.

Don't forget that a thermometer is a good friend in a storage room.

If it is possible to provide a special storage place, select that part of the cellar farthest removed from the furnace and where the greatest amount of air circulation takes place.

KINDS OF VEGETABLES.

Beets—Though capable of standing a little frost, beets should not be severely frozen before harvesting. If for table use, the leaves of the beets should be twisted off rather than be cut off with a knife. If they are to be boiled at once, they will be better with four inches of the top stalks adhering, but if they are being stored these should be twisted off; otherwise, they will rot. Beets keep much better if mixed in sand. At four degrees above freezing they should keep until May.

Cabbage—Cabbage should be kept just above the freezing point in temperature. They demand a good circulation of fresh air. Are best piled not too deeply on slatted shelves, so as to permit airing. Small numbers may be suspended from the ceiling by hanging roofs. If in small numbers, cabbages can be kept better with roots on. Where quantities must be piled in bulk, put hollow, slated ventilating shafts up through centre of the pile. If cabbages freeze, thaw them very slowly.

Carrots—Carrots should be in a dark, cool place. Keep much better if mixed in sand.

Onions—Should be spread on slatted shelves so as to permit of free air circulation. Layers should not exceed ten inches deep. If they freeze, keep them frozen as long as possible, alternate freezing and thawing will cause rot. Immature onions, or those with thick necks, should not be stored. Dry onions well before storing and store in a dry place. Another room may be better than the cellar. The best temperature is just above freezing.

Parsnips—For winter storage, dig very late in fall. Keep better if covered with moist sand so as to prevent drying. A few for spring use may be left in the garden all winter and dug before the tops have again grown two inches.

Potatoes—May be piled in bulk in a dark place. Good ventilation is an advantage, and the bin should be kept away from the outside wall. Unsound tubers will spread decay. Avoid sunlight.

Minard's Liniment For Garget in Cows.

He Got His Car.

A Chinese general, with his seven wives and a small bodyguard, walked into the station at Harbin as the Vladivostok train was about to start and demanded accommodation for himself and party.

The Chinese Eastern, although a joint Russian-Chinese property, is operated by the Russians in conjunction with the Siberian railway.

The Russian station master consulted his watch, shrugged, and said "Nilza," which is the Russian equivalent for "it can't be done." He explained that the train was full and it was leaving time.

Without further parley the general dispatched members of his bodyguard to hold the train. One man clambered into the locomotive and covered the engineman with a revolver. Others mounted on the far platforms.

Then the general ordered the stationmaster to procure a car "qui-qui," which is Chinese for "instantly without any back talk," on pain of very serious consequences to himself.

Twenty minutes later the train pulled out with the Chinese general and his seven wives aboard in a spacious private car.

ZENOLEUM

The Great Coal Tar Disinfectant Dip

Zenoleum is endorsed and used by the Dominion Experimental Farms, at Ottawa, and by the O. A. C. at Guelph.

Zenoleum will rid your live stock or poultry of lice, mites, fleas and ticks. Zenoleum will not burn and is not greasy or dirty. It is the cheapest and most powerful germicide. Ask your dealer, or direct from us if he cannot supply you.

WODEHOUSE'S

Animal Invigorator--Poultry Invigorator

WODEHOUSE'S ANIMAL INVIGORATOR will prevent disease among your like stock—will fatten your cattle and increase the flow of milk—will fatten and condition your swine.

WODEHOUSE'S POULTRY FOOD will keep your poultry healthy. It is an appetizer. It will materially increase the egg production.

For sale by flour and feed dealers and hardware stores, or direct from us if they cannot supply you.

Wodehouse Invigorator, Limited

69 STUART STREET WEST - HAMILTON, ONT.

MUSHROOMS MAKE DELICIOUS DISH

Experienced Collectors Know Where to Pick the Best Ones.

One of the joys of these autumn days is to be had in the early morning when the diaphonous mists are just rising from the fields and the sunbeams glitter upon the dew drops that sparkle on the grass and tremble from the edges of crimsoning blackberry vine and russet tinted bracken. In such surroundings the mushroom likes to lift its dusky head, modestly concealing the delicate pink of its under surface. Mushrooms gathered on such a morning and brought home and lightly fried with ham will furnish a dish for an epicure, but the intending gourmand must in no wise be omitted or the supreme gusto will inevitably be lost at the subsequent feast.

Most people are familiar with the mushroom of the fields, agaricus campestris. They are also probably aware that there are many other species that are also edible, though unless one is an expert, it is better to leave all doubtful specimens severely alone, as the penalty for making a mistake may be a most painful death. A recent article on the subject of mushrooms in The Geographical Magazine describes the effects of poisoning from the Fly Mushroom or amanita muscaria. The symtoms begin with excessive perspiration, nausea vomiting and diarrhoea, together with considerable giddiness. As the poison proceeds in its dire course, delirium, convulsions and loss of consciousness develop in rapid succession, when large quantities have been eaten the patient sinking into a coma followed by death. Such is the penalty for unwary sampling of unknown species, and most people will agree that it is better to forego the delights of a dish of mushrooms altogether than take any such risks.

MANY SPECIES—On the other hand, to the experienced collector there are many species that may well be added to the familiar field mushroom. Among these is the inky coprinus, which is to be seen in abundance in the waste places and beside the roadsides in the interior of British Columbia. These are more like a half-folded parasol and never extend to the fully open flat shape of the field mushroom. They are extremely delicate in flavor and texture, having no approach to coarseness such as the more familiar variety sometimes develops. The Morel is another edible mushroom that has gained great favor with epicures, and it is said that they were once so highly regarded that forests have been burned down in order to obtain the substratum best suited to their development. Possibly the most historic is the imperial agaric, or Caesar's mushroom. This was the famed "boletus," served at the feasts of the emperors of ancient Rome, and celebrated in prose and verse by the writers of that period. Epicures thought so highly of it that they prepared and cooked the plants themselves, performing these operations with utensils of amber and gold. Mushrooms growing in the garden should be more extensively carried out than it is. A mushroom bed is comparatively easy of manufacture and can be made up in a shed or cellar and will furnish the table for a considerable period with these delicate plants, while any extra supply will never fail to find a ready market.

MURINE FOR YOUR EYES

Night and Morning. Have Clean, Healthy Eyes. If they Tire, Itch, Smart or Burn. If Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists and Opticians. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

Jim, the Stowaway.

Jim was originally a sea captain's dog, and always accompanied his master on his voyages. When the captain died, he left Jim to his friend, who was a clerk in the offices of an eastern steamship company. Jim stayed with his new master just one night. The next morning he had disappeared.

When the boat, which the dead captain used to sail, was well out to sea, a gaunt, shaggy-haired dog crawled out from some hiding-place in the pilot-house, whining piteously. The crew received him with delight, but Jim paid little attention to them. He was searching for one he could not find, and it was long before he could be persuaded even to take food. He showed a decided dislike for the new captain, and growled whenever that officer tried to make friends with him. He seemed to feel that the captain was somehow responsible for the loss of his master. During the outgoing voyage, Jim prowled incessantly about the ship, but on the return he crawled into his hiding-place and remained there until the dock was reached.

Faithful Jim continues to sail the seas and to look for his master.

Course of Happiness.

The world contains not one single object that might not be a source of happiness. Sorrow springs from this that man outdoes himself in misusing everything. He turns against his own body or his own spirit all sorts of thing that seem well made for his joy.—Georges Duhamel in the Century Magazine.

HE KNEW.

Teacher—Edwin, what is the best time for picking apples?

Edwin—When the farmer ain't lookin'.

Minard's Liniment For Colds, Etc.

Dye From Onion Skins.

To make dye from onion skins, says The Electrical Experimenter, take the outer skins from half a dozen onions (medium sized), and boil in water until the color is extracted. This is a very suitable yellow dye.

They Know That Cuticura Will Soothe and Heal

Whether it is an itching, burning skin trouble, an annoying rash, irritation, cut, wound or burn Cuticura will soothe and in most cases heal. First bathe with Cuticura Soap and hot water. Dry and anoint with Cuticura Ointment. In purity, delicate medication and refreshing fragrance Cuticura meets with the approval of the most discriminating.

Soap 25c, Ointment 25 and 50c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, St. Paul St., Montreal. Cuticura Soap shaves without mug.

About Canada

Lost in the wonder that arises from a contemplation of the immense iron industry of Canada at the present time, it is difficult to realize the small way in which the work began. It was about 1737 that Canada had its first iron plant established in a small way at St. Maurice by the French Government for its own purposes. After the land came into the possession of the British the plant was carried on as a Government work, but later it passed into the records show that the character of the iron made from the bog and lake ores of the St. Maurice and Three Rivers district was of an extraordinary nature, and that it rivalled in quality the finest product of the old world forges.

So great a success was made of the industry at St. Maurice that other plants were established in the early years at Batiscan, Hull, L'Islet, and Baie Ste. Paul—all in the province of Quebec. But it was a hard industry to make successful, for the transportation was poor and the plants were hindered by difficulties in the duties of the land. In later years, with the vast increase in methods of transportation, and the amount of iron required annually in the Dominion and throughout the world for greatly increased works, there has been a huge increase in the output of the Canadian mills. The railways, for instance, require many hundreds of thousands of tons of the best iron and steel each year now, the amount is becoming larger every twelve months. This is a field that the pioneer in the industry never had opened to him. The ores in Canada are of the finest type, and so there is an assurance of a certain annual trade in this for ages to come.

Minard's Liniment For Diphtheria.

Boiling Tincans.

After trying many other processes of recovering tin from old cans, there is now, according to La Nature, a return to the old fashioned method of boiling the scraps (well cleaned) in a solution containing an excess of free alkali and saltpetre. The tin is recovered as crystals of stannate of soda and the alkali and saltpetre can be used over and over again.

PSYCHOLOGICAL ADVANTAGE.

(Washington Star.)

"Don't you object to all this talk about the high cost of everything?"

"Not at all," replied the profiteer. "It prepares the mind of a customer for what he may expect and saves argument."

NONE.

Applicant (for job): "What's the chance for a fellow beginning at the bottom and working up?"

Foreman: "None; our job is digging holes."

HAS NO PAIN NOW

What Lydia E. Pinkham's Vegetable Compound Did for Mrs. Peasey of London.

London, Ont.—"I suffered with periodic pains, was weak and run down, could not eat and had headaches. The worst symptoms were dragging down pains so bad I sometimes thought I would go crazy and I seemed to be smothering. I was in this condition for two or three years and could not seem to work. I tried all kinds of remedies and had been treated by physicians, but received no benefit. I found one of your booklets and felt inclined to try Lydia E. Pinkham's Vegetable Compound. I received the best results from it, and now I keep house and go out to work and am like a new woman. I have recommended your Vegetable Compound to my friends, and if these facts will help some poor woman use them as you please."—Mrs. J. F. PEASEY, 200 Rectory Street, London Ont.

The reason women write such letters to the Lydia E. Pinkham Medicine Co. and tell their friends how they are helped is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives. Freed from their illness they want to pass the good news along to other suffering women that they also may be relieved.

If there are any complications you do not understand write to Lydia E. Pinkham Medicine Co., Lynn, Mass.

The History of Your Name

CAHILL.

VARIATIONS—Lowe, Quick O'Cahill.

RACIAL ORIGIN—Irish.

SOURCE—A given name.

Historical record is the basis for including Lowe and Quick as variations of the Irish family name of Cahill, for, strictly speaking, they are not the same name at all, though both Lowe and Quick, when of Irish origin, are traceable back to the same person.

The Irish form of the family name is "O'Cathall," which, it should be remembered, is not pronounced with a "th" like that in English, but more like the English spelling which actually is used in representing it.

The Irish family name is derived from the given name of "Cathal," which means "valor."

For the most part the "O'Cathalls" were descendants of or followers of Cathal, the son of Conor, nicknamed "Conor no Luinge Lualthe," or "Cornor of the Swifter Sailing Ship," a chieftain prominent in ancient Irish history.

Subsequent to the English conquest of Ireland the native families in many sections were compelled by law to adopt English surnames. As a rule they did not pick them at random, choosing rather an English translation of the Irish family name or an English name which sounded as much as possible like it.

In this manner some of the O'Cathalls adopted the name of Quick, from the Irish word of that meaning in the title of the historical "Conor na Luinge Lualthe," while others adopted the name of Lowe from its similarity in sound to "Lualthe."

35 years Standard for Delayed and Painful Menstruation sealed Tin package only, all Druggists or direct by Mail Price $2.00. Knickerbocker Remedy Co., 71 E. Front St., Toronto, Canada.

French Peasants' Good Pay.

The French peasant, steady going, thrifty and frugal and far more inclined to do without than to buy beyond his means, almost without exception pays his debts reliably and promptly. High collection costs form no part of a dealer's worries in France.

Here's a Genius.

Adv.—"I offer my services to the Public as Literary Writer on all subjects, whether solium or joyful. Also Obituarist, giving Departed Friends Glorious welcome to the Hairafter."—Boston Transcript.

WOOD'S PHOSPHODINE.

The Great English Preparation. Tones and invigorates the whole nervous system, makes new Blood in old Veins. Used for Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price $2 per box, 3 for $5. Sold by all druggists, or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT.

AN ANTIDOTE FOR CARBOLIC ACID.

European Edition of New York Herald.)

Among cases of accidental poisoning those caused by carbolic acid are the most frequent. These generally arise through mistaking a solution of carbolic acid for some medicine, or, as occurs very often(for some alcoholic liquor.

The remedies generally employed in dealing with this kind of poisoning consist in washing the stomach with alkaline water or pure glycerine, followed by the ingestion of alkaline sulphates oil and white of eggs beaten up. Some years ago, however, Dr. Maberly showed that tincture of iodine, administered in fairly large doses, may give him better results.

On one occasion, when called in to attend a young negro, who, thinking he was drinking whiskey, had swallowed a quantity of a strong solution of carbolic acid and who consequently was very severely burned about the lips and throat, Dr. Maberly hurriedly made him swallow a tablespoonful of tincture of iodine in a cup of water. A few minutes afterward the patient was able to swallow some milk without any difficulty, speaking became easier and he very soon completely recovered.

The same immediate and complete effect was obtained in administering tincture of iodine in doses of five drops in water in the case of a three-year-old boy who had just swallowed some carbolic acid.

Similar success was met with in a third case of carbolic acid poisoning, the victim being a child of two years of age. In this instance the iodine treatment could not be begun till thirty hours after the ingestion of the poison. The alarming symptoms soon disappeared under the influence of tincture of iodine given every four hours in doses of five drops in a teaspoonful or water. The little patient was cured.

The tincture of iodine neutrilizes the carbolic or phenic cacid by forming with it an iodophenate, insoluble and therefore harmless.

Minard's Liniment For Distemper.

New Idea of Transportation.

A "locotractor" has been developed for use in Africa. The weight of the car and cargo is supported on metal rails, but the vehicles are driven by rubber-shod wheels running on prepared strips of road metal on each side of the tracks. This arrangement is said to be very effective.

WANTED

Send for list of inventions wanted by Manufacturers. Fortunes have been made from simple ideas. "Patent Protection" booklet and "Proof of Conception" on request.

HAROLD C. SHIPMAN & CO.

PATENT ATTORNEYS

30 SHIPMAN CHAMBERS - - OTTAWA, CANADA

INVENTIONS

ISSUE NO. 44. 1920.

HELP WANTED

WOOLLEN MILL HELP WANTED—We have several good openings for experienced and in-experienced male and female help. We require girls for weaving and winding. Every assistance given to learners, and good wages paid during apprenticeship. Workers in this line earn very high wages, and are always in demand. Only a couple of weeks' time necessary to learn. Several good openings for steady men. Special consideration shown to family of workers. Rents and cost of living reasonable in Brantford. Moving expenses advanced to reliable families and housing accommodation arranged. Full particulars furnished upon request. Write us. The Slingsby Manufacturing Co., Ltd., Brantford, Ont.

HELP WANTED—FEMALE

LADIES WANTED TO DO PLAIN OR light sewing at home, whole or spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Mfg. Co., Montreal.

BUSINESS CHANCES.

FOR SALE — LARGE GENERAL stock and equipment, situated on town line between Kent and Elgin, on main auto road from Windsor to London; six miles to closest town; in one of best farming districts in Ontario; value about $12,000; good reason for selling. J. H. Trestain, Clachan, R. 3, Bothwell.

FARMS FOR SALE.

FOR SALE—200 ACRES, TOWNSHIP Maryboro'; near Drayton; buildings on each farm; particulars apply D. Foreman, 62 Beechwood Ave., Hamilton. 44-45.

THIS 120-ACRE FARM GREATLY REduced in price to effect a quick sale; on main stone road; one mile from good live town; good brick house; electric lights, furnace, basement barn, drive house, hog pen, chicken coop, cement silo; soil is a light clay loam; considered one of the best farms in this district of Oxford county; priced to close estate, only $14,000. Chas. E. Shaver, Norwich, Ont.

NEW ONTARIO—160 ACRES—PATented—3 miles out; $2,800. Write Mrs. Bert Gates, Haileybury, Ont.

LIVE STOCK

GALLOWAYS—ARE HARDY, HORNless beef cattle, crossed with shorthorns or grades; they produce excellent feeding heifers and steers; young bulls for sale. D. McCrae, Guelph, Ont.

MISCELLANEOUS

POTATOES—ANY QUANTITY, SEND me your best price. D. Gordon, Cor. Mary and MacAuley Sts. Hamilton, Ont.

PAY YOUR OUT-OF-TOWN ACcounts by Dominion Express Money Orders. Five dollars costs three cents.

BE A REGISTERED NURSE—THE Cooper Hospital of Camden, N.J., offers a three (3) years training (Theoretical and Practical) to young women who wish to enter the nursing profession. A high school education is required. This course admits young women to one of the many positions demanding the trained nurse of to-day. For further particulars write: The Superintendent of Nurses, Cooper Hospital, Camden, N.J.

KNITTING YARNS—LOVELY COLORS, pure wool, but very moderate prices. Sample shades free. Georgetown Woollen Mills, Georgetown, Ontario.

Great Britain's Whites and Blacks.

In the British Empire there are 62,000,000 white and 376,000,000 colored people. The 62,000,000 white represent capital wealth amounting to $500,000,000,000, as against the $5,000,000,000 possessed by the black, brown and yellow people. The degree of illiteracy among the white people, according to Sir Henry Johnson, is probably not more than 15 per cent.; among the colored races it is nearly 90 per cent.

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Windsor.)