What Atlantis Was Really Like

The story of "Lost Atlantis," appealing as it does so strongly to the imagination, will always have a fascinating interest.

To most people, however, it is but a name. They cannot tell you where the vanished continent is supposed to have been or what is the origin of the tradition in regard to it. Much less do they realize that geologists to-day are of opinion that there actually was an Atlantis and that the tale is no myth.

The Greeks and Phoenicians wrote about it as of a continent that had disappeared not very long before the earliest of those writers were born. There is even good reason for believing that the trading ships of the Phoenicians maintained a traffic with the seaports of Atlantis in centuries antedating the dawn of history.

One should realize that history, meaning by that term the written story of peoples, does not go back very far. The earliest history of the peoples of the Mediterranean region does not go back further than 3,000 years before the birth of Christ. Hence it is conceivable that Atlantis, concerning which we have only tradition, which is mouth-to-mouth history, may have existed no longer ago than 6000 or 7000 B.C.

Geologists say that there was such a continent as that described, and that Phoenician and Greek voyagers might easily have reached it, inasmuch as it occupied a large part of the present oceanic area between northern Africa and the Caribbean.

Nobody can even guess how broad it was, but it was about 1000 miles long from north to south. It was very mountainous and on its western slopes were many large rivers.

When Atlantis sank beneath the sea it did not wholly disappear. Small patches of it still remain above the surface of the ocean, two of these being the island of Jamaica and the Barbados.

As continents go, Atlantis was never very old. It rose out of the ocean not more than 3,000,000 or possibly 4,000,000 years ago, a fact made manifest by the circumstance that the soil of Jamaica is largely composed of stuff which, as shown by the fossils it contains, was ooze of the sea bottom in Tertiary times.

Phoenician tradition ascribed to the people of Atlantis a high civilization. During the last few years scientific expeditions, in pursuit of natural history "specimens," have made explorations of the sea bottom in that region. How interesting it would be if their dragnets brought up from the depths some ancient relics from drowned towns of the lost continent.

AFGHANS AGAIN MAKING MISCHIEF

JUST FOR THE SAKE OF FIGHTING, THEIR FAVORITE SPORT.

Afghanistan, a Despotic Monarchy, is Well Supplied With Weapons of Most Modern Type.

About three times in a century the Arghans "bust loose," and the British have real trouble on their hands.

Just why they should have chosen this time to declare a "holy war" nobody seems to know. They do not appear to have any particular grievance, but fighting is their favorite outdoor sport; the new Ameer, Aman-Ullah Khan, nurses a grouch against the British and the fanatical mullahs have been busy stirring up the people.

Hitherto, in Afghan wars, the British have been opposed by an enemy inadequately equipped with modern weapons. To-day it is different. During the last few years up-to-date munition factories have been established at Kabul, and the Afghans have learned how to manufacture first-class rifles, as well as rifled cannon, cartridges, shells, gunpowder, etc. Also they have Hotchkiss and Maxim guns, as well as light machine guns.

Railroad Building Forbidden by Govt.

Afghanistan is a star of valleys radiating from the peaks of Koh-i-Baba, and the whole country is ruggedly mountainous. Military operations are rendered additionally difficult by the circumstance that there are no railroads. Building of the latter has been forbidden by the Afghan Government lest they facilitate invasion.

As a precautionary measure, the British have built a railroad up the valley of the Kabul river and at Chaman, the terminus, close by the Afghan border, they long ago stored great quantities of rails and other material, the idea being in case of hostilities to extend the line as rapidly as possible to Kabul.

The British want no trouble with the Afghans; all they desire is peace. To keep them quiet they have for many years paid the Ameer an annual subsidy of $600,000. But those warlike people, though invariably whipped, are not content to stay so. They hate white folks and, being earnestly pious Mohammedans, they feel that if they could murder the last Christian on earth they might be happy.

Claim Descent From the Lost Tribes.

The Afghans claim descent from the Lost Tribes of Israel, and trace their lineage through Solomon and David back to Moses and Abraham. In truth many of them have Jewish features and ancient Jewish names. The men are bearded, fierce looking and commonly clad in bloomers and loose shirts of white cotton, with turban or skull cap. The women wear trousers, and some of them are costumed like ghosts, in white gowns that fall from the top of the head, with eye holes.

Afghanistan is the only independent kingdom of central Asia. It is a despotic monarchy. One of its two principal cities, Herat (Kabul, the capital, being the other) is one of the greatest trading centres of the East. Both are electrically lighted, and within the last few years many modern manufacturing industries have reached important development. The bulk of the population, however, dwells in primitive mud villages with loopholed walls and high mud watchtowers.

If the construction of a railroad across 450 miles of Afghan territory were made politically permissible there would be through traffic all the way from Paris to Calcutta.

LONDON TREASURE HOUSES.

Warehouse Stocks Worth Millions to Be Found There.

Away in the far east of London there are many little-known treasure houses to be found, says a London magazine.

Externally they are colossal and unattractive warehouses, plain and barrack-like; but they contain treasures valued at many millions, brought in British ships from every corner of the earth. They are the repositories of London's dockland.

Let us in fancy explore a few of these wonder-warehouses, and feast our eyes on their contents; and let us pay our first visit to one in Cutler St. Here, in a score of enormous rooms, we see a bewildering display of the world's most beautiful carpets, dazzling to the eyes in the richness and variety of their coloring—carpets of jute and cotton from the looms of Japan, carpets of silk from India; gorgeous carpets and prayer-mats from Persia—in short, mountains of carpets from all parts of the world.

In other rooms we see hecatombs of birds of the most brilliant plumage, imported from almost every country under the sun. There are huge boxes of bright red and black tanageres from Brazil; blue finches and bronze ducks from New Guinea; birds of Paradise in a score of gorgeous varieties, some worth as much as 60 guineas each; blue chatterers, peacocks and parrots, and ostrich feathers of hues ranging from black to pure white. There are thousands of egrets and ospreys from Brazil, China, India and South America, worth almost their weight in gold.

Other spacious and pillared rooms are crowded with the most costly and beautiful porcelain—miracles of the potter's art in all the glory of rich and exquisitely blended coloring. Here, too, are vases and bowls of beaten brass, Egyptian and Persian coffee pots, Japanese pictures, ancient MSS. from Persia, the rarest and costliest products of the East, many of them worth a small fortune.

Australian sheep-breeders, who at one time would shoot a stray dog on sight, are now scouring the country for any kind of an animal that is able to hunt down rabbits.

A "man-size" food —builder of brain and brawn. Mighty good also for women and children.

Grape-Nuts

Made of wheat and barley.

A FORESTRY WATCHHOUSE.

Dominion forestry lookout cabin on Green Mountain, Kamloops, B.C., from which constant watch is kept for forest fires and much damage thereby prevented.

HELPING NATURE.

Occasionally Dame Nature Takes Revenge For Man's Interference.

As a rule, Nature can and does take good care of herself, but she can be helped, as agriculture shows.

Left to themselves, the thousands of varieties of pigeon will all go back to the common blue kind, all apples to the crab, all plums to the sloe, and so on. She can also be helped to good effect by importation. The apple is a stranger in Tasmania, yet there it flourishes best; the fuchsia is a stranger in the British Isles, yet in Manxland they make hedges of it. But these things need to be done with care. Occasionally Nature hits back hard, as in the case of the rabbit plague in Australia, which has cost the Island Continent millions just to keep it in limits; or, as in the case of the sparrow in America, which has ousted, by its pugnacity, many birds far more desirable.

But perhaps the funniest case of this kind occurred in Bermuda. The island was free from reptiles of all kinds, but its insects were, and still are, many and various and ferocious. Some kindly individual, having heard that the toad was a champion insect-destroyer, introduced toads on his estate.

The climate suited Mister Toad to perfection, and he speedily spread everywhere, until he became a nuisance and plague like unto a plague of Egypt! Then the islanders bethought themselves of the importer, and presented him with a testimonial for his zeal, in the form of a pie. When opened, this "dainty dish" was not full of blackbirds, but chock full of toads!

KEEP CHILDREN WELL DURING HOT WEATHER

Every mother knows how fatal the hot summer months are to small children. Cholera infantum, diarrhoea, dysentry, colic and stomach troubles are rife at this time and often a precious little life is lost after only a few hours illness. The mother who keeps Baby's Own Tablets in the house feels safe. The occasional use of the Tablets prevents stomach and bowel troubles, or if trouble comes suddenly —as it generally does—the Tablets will bring the baby safely through. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

THE STORY OF ROBIN ADAIR.

A Dublin Wine Merchant of Scottish Ancestry.

Is the famous old song, "Robin Adair," which we have sung from childhood, Scotch or Irish? Scottish, undoubtedly, will be the general reply. Yet authentic history seems to point otherwise.

Hanging in the great hallway of the present mansion of Sir Robert Hodson, at Hollybrook, Kilbride Co., Wicklow, where Robin lived, played, and sang verses, is his harp, while, attached to a small building nearby, is a brass plate bearing the inscription:

Here Robin sat and sang, and quaffed the bowl.
Degenerate days! how fallen the ancient line!
How science bids ascending waters roll,
And fountains gush, where once flowed genial wine.

Robin, according to the latest researches, was a successful wine merchant in Dublin, with, however, Scottish ancestral connections. Hence the confusion. He it was who built Hollybrook, where he entertained lavishly, the original song of "Robin Adair," which goes back to the year 1730, being written to commemorate a visit he paid to some sporting friends at Puckstown, near Artane Co., Dublin, commencing:

"You're welcome to Puckstown, Robin Adair."

Robin, in spite of his convival habits, lived to a green old age, and ultimately died in Dublin in 1737. In addition to his harp, two of his wine glasses, which held a quart of wine each, are still preserved.

Labor spent by the farmer in sharpening his tools and implements earns a thousand per cent. interest, declares an expert. The average farmer is inclined to go along with dull edges, little realizing the tremendous amount of extra labor he is making himself.

THE CAUSE OF SICKNESS

Almost Always Due to Weak, Impoverished Blood.

Apart from accident or illness due to infection, almost all ill-health arises from one or two reasons. The great mistake that people make is in not realizing that both of these have the same cause at the root of them, namely poor and improper blood. Either bloodlessness or some trouble of the nerves will be found to be the reason for almost every ailment. If you are pale, suffer from headaches, or breathlessness, with palpitation of the heart, poor appetite and weak digestion, the cause is almost always bloodlessness. If you have nervous headaches, neuralgia, sciatica and other nerve pains, the cause is run down, exhausted nerves. But run down nerves are also a result of poor blood, so that the two chief causes of illness are one and the same.

This accounts for the great number of people, once in indifferent health, pale, nervous and dyspeptic, who have been made well and hearty by Dr. Williams' Pink Pills; for no other medicine ever discovered is so valuable for increasing the supply of rich red blood and giving strength to worn out nerves. Men and women alike greatly benefit from a course of the splendid blood builder and nerve tonic.

If your dealer does not keep these pills you can get them by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

COMMON HERBS IN MEDICINES.

Disguised Under Latin Names They Work Many Cures.

Many of the secrets hidden under the thatch of the wattle and daub cottages can be found in the pharmacopeia of either the allopathist or the homeopathist, observes the London Daily Express.

Willow tea is but a crude form of the salycilates which have long been recognized as the orthodox anti-uric acid and anti-pyretic remedies.

Common mallow, called "pick-cheeses" by children, provides a tasteless mucilaginous liquid, which is worked up in various shapes and given for coughs. The leaves of the colt's foot, horehound and balm are all used in liquid form mostly, for coughs and chest affections.

Foxglove cordial is given to old people suffering from palpitation of the heart, and does as much good as when it is called "tinc. digitalis."

Camomile and dandelion broths or teas are sold as tonics by the wise women who would be at a loss to say what was meant by Anthemis nobilis or Taraxacum.

Beautiful comfrew is used, both plant and root, as a poultice for cancerous and other growths, and a broth is made from it for kidney affections. This has obtained official recognition under the name of Symphitum officinale.

The "cure" for measles is saffron tea. This is prepared by pouring boiling water on the dried stigmas of the purple autumn crocus. An infusion of flaxseed cleanses and heals wounds. Self heal has cured quinsy; sage has many valuable qualities.

The "Beef Eaters."

The warders, known as "beef eaters," probably because they once were fed on rations of meat, form one of the curiosities of the Tower of London for visitors. They wear Tudor costumes, and, like the Swiss bodyguard of the Pope, they keep their ancient costumes, undisturbed by currents of modern fashion.

Just before midnight the head warder and the porter, carrying a bunch of huge keys, go to the guard-room, summon "the escort of the keys," made up of "beef eaters," and then proceed ceremoniously to lock the great outer gate. The password is given formally to sentries as the procession passes, and in conclusion the detail salutes the keys as the porter cries, "God preserve the King." Every three months the reigning king or queen sends the password of the tower to the constable, signed and sealed, and the mayor of London is the only other outside person supposed to know it. This custom is a relic of the time when the tower was primarily a fortress.

To give a slight stiffness to fine lace rinse in milk and iron while damp.

Minard's Liniment Cures Colds, Etc.

BITS OF HUMOR FROM HERE & THERE

He Didn't.

Part of the Peace celebrations at Little Muchcombe was a shooting-match for lads under seventeen. Although the judge had his doubts about some of the competitors, he held his peace.

The prize finally lay between two marksmen, and the excitement became intense.

A small boy of ten or so, who had crowded close up to the barrier, suddenly called out to one of the competitors:

"Good shot, dad! A few more of those, and you'll get the prize!"

Blinks at the Blimp.

Augustus Tolliver, the Yankee soap king, strode wrathfully out of his stateroom aboard the blimp and seized the arm of the porter.

"Idiot!" he roared, "why didn't you give me a call this morning? I told you I had to be in London for a directors' meeting at 9 a.m. sharp, and now London is Lord knows how many miles in our rear."

"Ah pounded on yo' door, boss, but yo' refuses to waken," replied the porter.

The soap king pulled out a watch.

"Eleven-thirty," he grunted disgustedly. "Where are we now?"

"Jest passed over St. Louis, boss; we'll be back in N'Yawk at 12.05."

"Oh, well," said Tolliver, "I can attend that 12.30 meeting of the soap powder people and catch the 1.30 blimp for London."

Gems of Knowledge.

A nature-study and biology teacher somewhere in America sends the following casket of jewels culled from her pupils regarding their observations and conclusions in the domain of nature:

"Organic matter is when you have something the matter with your organs."

"Five devices by which seeds are scattered are wind, water, explosion, torn up, taken out, and thrown away."

"The peculiars of an insect are some of them bring diseases, others destroy food, suck the blood, spoil the flowers, lay eggs and kill babies."

The grasshopper, when he walks, he either jumps or hops."

"The jaws of a grasshopper move east and west."

"A larva is an unfinished animal."

"The flower is to show what a plant can do."

Minard's Liniment Cures Distemper.

A Wandering Crown.

The crown of Hungary, which is said to have been offered to Prince Alexander of Serbia, was once within an ace of going to England.

In 1849, when Kossuth struck a blow for liberty, he caused the ancient crown of Hungary to be given into his custody, and, when compelled to flee, tried to carry it with him. His intention was to take it to London, but when in danger of capture he buried it near Orsova.

There it remained until 1854, when he made an attempt to have it unearthed and sent to him. Unfortunately the secret leaked out, and the Austrian government was beforehand in excavation.

SUFFERING CATS! GIVE THIS MAN THE GOLD MEDAL

Let folks step on your feet hereafter; wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you, according to this Cincinnati authority.

He says that a few drops of a drug called freezone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out.

This drug is a sticky ether compound, but dries at once and simply shrivels up the corn without inflaming or even irritating the surrounding tissue.

It is claimed that a quarter of an ounce of freezone obtained at any drug store will cost very little but is sufficient to remove every hard or soft corn or callus from one's feet. Cut this out, especially if you are a woman reader who wears high heels.

GIRLS! LEMON JUICE IS A SKIN WHITENER

How to make a creamy beauty lotion for a few cents.

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quarter pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands.

FOR SALE.

NEWSPAPER, WEEKLY, IN BRUCE County. Splendid opportunity. Write Box T. Wilson Publishing Co., Limited, 73 Adelaide St. W., Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried $1,500. Will go for $1,200 on quick sale. Box 62, Wilson Publishing Co., Ltd., Toronto.

POULTRY WANTED

WHAT HAVE YOU FOR SALE IN Live Poultry, Fancy Hens, Pigeons, Eggs, etc.? Write I. Weinrauch & Son, 16-18 St. Jean Baptiste Market, Montreal, Que.

HOME BUILDERS!

WRITE FOR OUR FREE BOOK OF House Plans, and information telling how to save from Two to Four Hundred Dollars on your new Home. Address Halliday Company, 23 Jackson W., Hamilton, Ont.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

High Cost of Servants.

Caller: "What a beautiful baby! And what is its name?"

Young Mother: "Bridget Mary Anne De Vere."

"Coller: "Mercy sakes! How did you happen to give it a name like that?"

Young Mother: "Why, the cook threatened to leave when baby came and we got her to stay by naming the baby after her."

Montreal, May 29th, '09.

Minard's Liniment Co., Limited.
Yarmouth, N.S.

Gentlemen,—I beg to let you know that I have used MINARD'S LINIMENT for some time, and I find it the best I have ever used for the joints and muscles.

Yours very truly,
THOMAS J. HOGAN.
The Champion Clog and Pedestal Dancer of Canada.

For the commemoration of Peace the Oxford University Press have issued several handsome new editions of the Bible. These include a pulpit volume, a family Bible, and several other smaller styles. The Press have also issued commemoration Testaments and Prayer Books.

MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

A Reuter telegram from Kingston (Jamaica) states that statistics furnished by fruit companies show that an extraordinary crop of bananas is expected. It is believed the crop will amount to 10,000,000 stems this year, which is four times as much as last year.

OTHER TABLETS NOT ASPIRIN AT ALL

ONLY TABLETS MARKED WITH "BAYER CROSS" ARE ASPERIN.

If You Don't See the "Bayer Cross" on the Tablets, You Are Not Getting Asperin—Only Acid Imitation!

BAYER

Genuine "Bayer Tablets of Asperin" are now made in Canada by a Canadian Company—No German interest whatever, all rights being purchased from the United States Government.

During the war, acid imitations were sold as Aspirin in pill boxes and various other containers. The "Bayer Cross" is your only way of knowing that you are getting genuine Asperin, proved safe by millions for Headache, Neuralgia, Colds, Rheumatism, Lumbago, Neuritis and for Pain generally.

Handy tin boxes of 12 tablets—also larger sized "Bayer" packages can be had at drug stores.

Asperin is the trade mark, registered in Canada, of Bayer Manufacture of Monoacetic-acidester of Salicylicacid.

MONTH OLD BABY HAD SKIN TROUBLE

On Face and Hands. Itched and Burned. Cuticura Heals.

"My baby was only a month old when her face and hands started to get red and scaly. The eczema started in the form of water blisters and itched and burned. She was so cross and fretful she could not sleep.

"This lasted nine months when I tried Cuticura Soap and Ointment, and I used three cakes of Soap with two boxes of Ointment when she was healed." (Signed) Mrs. Oscar Pillon, Amherstburg, Ontario, May 7, 1918.

Cuticura Soap, Ointment and Talcum are all you need for all toilet uses. Bathe with Soap, soothe with Ointment, dust with Talcum.

For free sample each of Cuticura Soap, Ointment and Talcum address postcard: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

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