"TITE-WAD"
"Sticks like a bull-dog"
The Original Rubber Putty—It repairs Hot Water Bottles; Punctures; Bicycle, Auto Tires; Rubber Boots. Guaranteed to satisfy. 25 and 50 cents Postpaid. Mail your order to-day. **E. Schofield, 620 Dominion Bank Bldg., Toronto.**

Fashions for The Week

This dress requires only three and one-quarter yards of forty-inch satin and one and five-eighths yards of fifty-four-inch serge. McCall Pattern No. 7985, Ladies' Dress. In 5 sizes, 34 to 42 bust. Price, 20 cents.

For the dainty negligee, this design is particularly attractive. McCall Pattern No. 7821, Ladies' and Misses Kimono. In 3 sizes, small, medium and large. Price, 20 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

Put Into Practice

Conservation means the use of foods requiring less sugar, less fuel, and the minimum of wheat.

Grape-Nuts

requires No SUGAR, No FUEL, less milk or cream than other cereals, and is part BARLEY. It's a concentrated, nourishing, economical and delicious food. TRY IT!

SPORTS IN WAR TIME.

Bomb-Throwing Becomes an Event at Athletic Meets.

A new event is being added to the list of athletic contests participated in at college track meets. It is grenade throwing. Dummy grenades have been placed on the market which are exact duplicates in weight and appearance of the deadly hand missiles employed by our men in the trenches. In recognition of the fact that correct throwing may be something more vital than a mere accomplishment for our young men, college coaches are giving it a place along with shot putting and hammer throwing, indicating that even our sports are being affected by the world war.

GIRLS! LEMON JUICE IS SKIN WHITENER.

How to make a creamy beauty lotion for a few cents.

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quarter pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands.

HORSES IN WAR.

Certain Work in Modern Warfare Can Be Done Only by Horses.

There seems to be a rapidly increasing opinion that the day of the horse in war has passed. The nearly four years of warfare in Europe has shown this to be an entirely erroneous idea.

On the Western front, where the road system is probably the best in the world, mechanical traction has not been able to displace the horse. In general, it might be said that the line between mechanical and horse traction on a battlefield is the extreme limit of the enemies' artillery fire when any heavy action is going on. The horse is used on the battlefield and the mechanical traction in the rear of it.

Of course, during calm periods, mechanical traction is used along the rear part of the battlefield. There are various reasons for this division. Probably the main one is that batteries frequently must be placed and supplied in positions some distances from a road.

If the army is operating on conquered ground, this ground generally is so cut up with old trenches and shell holes that horse traction, and only horse traction, is practicable. Frequently the mud is so deep that mechanical traction is helpless. In many cases no wheeled carriages of any kind can move. In such cases pack animals have to be used.

So well are these conditions recognized that, in spite of the tremendous weights of heavy artillery material and the slowness and difficulty of moving them by horse traction, it is considered that only half the heavy batteries should have mechanical traction.

An army must still have animals for all its cavalry, the usefulness of which is far from disappearing; it must have horses for all its light field artillery, half its heavy field artillery, and all its regimental and divisional supply trains.

Incidentally, every regiment of infantry must have several hundred horses and mules. The more the question is examined, the more two facts stand out. The first is that certain work in modern warfare can only be done by horses. The second is that the number of horses needed for armies which are counted by the millions must be counted by the hundreds of thousands.

SWISS WATCHMAKERS CLOSE.

Demands of Labor and Export Conditions Force Action.

Many watch manufacturers have closed the doors of their shops, says a Berne despatch. Organized labor demanded higher wages, giving the higher cost of living as a reason. The manufacturers are unable to pay higher wages, for export facilities are deminishing rapidly and it is almost impossible to obtain certain raw materials. The men employed as watchmakers probably will find remunerative work in munition shops, but it is feared that the Swiss watch industry will be ruined by war conditions and never recover from the blow.

Since soap is soaring, even if you have never done it before be sure now, to put all bits of laundry soap into a wire shaker and all bits of toilet soap tie into a small square of cheese cloth. This enables you to use every atom of soap.

ANY CORN LIFTS OUT, DOESN'T HURT A BIT!

No foolishness! Lift your corns and calluses off with fingers —it's like magic!

Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority.

For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain.

This simple drug dries the moment it is applied and does not even irritate the surrounding skin while applying it or afterwards.

This announcement will interest many of our readers. If your druggist hasn't any freezone tell him to surely get a small bottle for you from his wholesale drug house.

A Field in Flanders.

[Extract from a letter from the front: "I saw a few wind-flowers the other day, and a vast meadow full of kingcups, and that was enough to make me happy for weeks."]

There is a field in Flanders
Where yellow king-cups stand;
Like fair princesses clad in gold
Their joyous court they proudly hold
In the gay meadow-land.

There is a wood in Flanders,
A little shimmering wood,
Where wind-flowers sway among the grass
And smile upon you as you pass,
As country maidens should.

There is a bank in Flanders
Where celandines a-blow
Lift up their shining heads and peer
To see their lovely image clear
In a bright pool below.

And you who go in English fields,
Oh think not that our days
Are wholly dark or wholly ill,
For there are flowers in Flanders still
And still a God to priase.

—R. F.

Tractors Still Available.

The first thousand Fordson tractors purchasable from Henry Ford and Son by the Canada Food Board have been sold to Canadian farmers. Farmers who wish to secure such tractors in future should place their orders with the Department of Agriculture in their own Province, and until further notice such orders will be handled in the same way as the first thousand.

It is false economy to use cheap, inferior tea, for it yields so poorly in the teapot. Use only the genuine Salada to secure the maximum number of cups to the pound and, in addition, you will enjoy the unique flavor.

French Children Draw Food Posters.

School children in the Paris schools have been invited to submit designs for food restriction posters, says a recent Paris despatch. Among those accepted is one by a little girl representing a group of children gazing at a shop window filled with confectionery and cakes. "We can do without them" is the legend below.

Minard's Liniment Co., Limited.

Dear Sirs,—This fall I got thrown on a fence and hurt my chest very bad, so I could not work and it hurt me to breathe. I tried all kinds of Liniments and they did me no good. One bottle of MINARD'S LINIMENT, warmed on flannels and applied on my breast, cured me completely.

C. H. COSSABOOM.
Rossway, Digby Co., N.S.

Aunty's Joy.

"I told you last Sunday, children," said the Sunday-school teacher, "that you should all try to make someone happy during the week. How many of you have?"

"I did," answered a boy promptly.

"That's nice, Johnny. What did you do?"

"I went to see my aunt, and she's always happy when I go home again."

Minard's Liniment Cures Diphtheria.

Food Dealers Licensed.

Canada's new system of license control of dealers in foodstuffs involves over 80,000 retail establishments and about 23,000 wholesalers. Of the total number of retailers there are 30,000 grocers, 16,000 butchers, 50,000 public eating places, 5,000 bakers, 2,000 fish dealers, 4,500 fruit and vegetable dealers and 4,000 produce dealers.

HIRST'S PAIN Exterminator

The Good Old Family Friend

For over 40 years Hirst's Pain Exterminator has been taking the pain out of rheumatism, lumbago, lame back, neuralgia, sprains, toothache and similar complaints. Buy a bottle, read the directions on the circular in the package. At dealers, or write us.

HIRST REMEDY COMPANY
Hamilton, Canada

HIRST'S Family Salve, (50c). HIRST'S Pectoral Syrup of Horehound and Elecampane, (35c). 35¢ BOTTLE

Auto-Strop SAFETY RAZOR

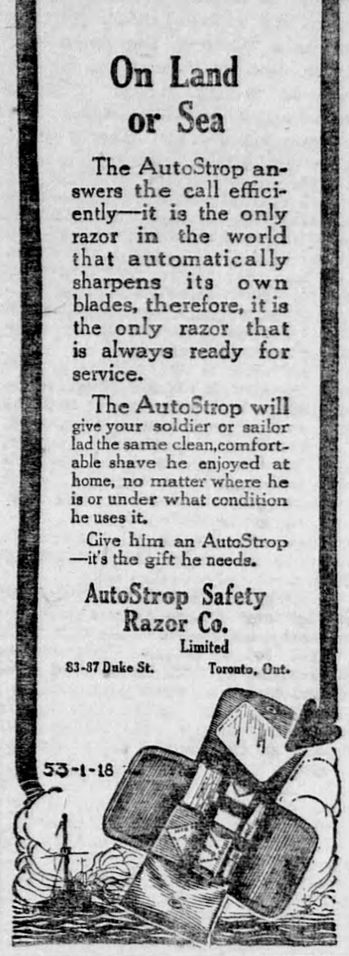
On Land or Sea

The AutoStrop answers the call efficiently—it is the only razor in the world that automatically sharpens its own blades, therefore, it is the only razor that is always ready for service.

The AutoStrop will give your soldier or sailor lad the same clean, comfortable shave he enjoyed at home, no matter where he is or under what condition he uses it.

Give him an AutoStrop —it's the gift he needs.

AutoStrop Safety Razor Co. Limited
83-87 Duke St. Toronto, Ont.



Food Saving in Hawaiian Islands.

The Red Cross is $1,000 richer as a result of the first reported violation of Food Administration rules and regulations in the Hawaiian Islands. Ah Leong, a Chinese merchant in Honolulu, has been allowed to suspend business for one week, and donate to the Red Cross $1,000 in lieu of further action on a charge of violating the "fifty-fifty" rule in selling flour. On the first offense several weeks ago the Chinese pleaded ignorance of the law and was allowed to continue business. About three weeks later he made another sale of flour without the required amounts of substitutes. J. F. Childs, Federal Food Administrator for Hawaii, reports that action in this case has had a very salutary effect upon other Oriental merchants, and that practically all of them are now lined up solid with the Food Administration.

Minard's Liniment Cures Garget in Cows

Motion Picture Fishing Voyage.

The Canada Food Board is circularizing a film taken on board a Pacific trawler from Prince Rupert, showing how Pacific flat-fish are caught and handled, under the auspices of the Board, for distribution in the Western Provinces, as a reasonably priced substitute for meat.

A Prayer.

Somewhere across the infested sea,
Serving the cause of liberty,
Dear Lord, is my brave son.
I know not how he fares to-night,
But keep him ever in Thy sight,
For I have but the one.

Thou gavest two to bless my life,
But one fell early in the strife—
My first-begotten son.
He with his comrades marched away,
And then a message came one day—
Dear Lord, I have but one.

Then, while so sorrowed and bereft,
Though only he to me was left,
I could not say him nay,
Who urged that duty bade him go—
His country called, he said, and so
How could I bid him stay?

But oh, dear Lord, 'tis hard to bear,
With not another child to share
The hearth when day is done!
I can but kneel to Thee and pray:
Be with him through the hellish fray
And keep Thou safe my son!

I know the cause is good and true,
I know that suffering must ensue
Before the fight is won.
But bear with me, O Lord, this night;
Be Thou my solace in my plight
And guard my only son.

Minard's Liniment Cures Colds, Etc.

Weather Forecaster for Army.

The British Army is to have an official weather forecaster, says a London despatch. Battles may be won or lost owing to the unforeseen atmospheric conditions, and experts will be appointed to make daily reports of probable changes in the weather.

MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

The acreage in the principal field crops of the United States is officially given at 345,647,000 against 359,625,000 last year.

Minard's Linment Cures Distemper.

The estimated yield for winter wheat in the United States is 572,000,000 bushels, compared with 418,000,000 last year and a five-year average of 553,000,000.

Keep your shoes neat

2 IN 1 SHOE POLISHES

LIQUIDS and PASTES

for BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES

PRESERVE the LEATHER

THE F. F. DALLEY CORPORATIONS Ltd., HAMILTON, CANADA

FEMALE HELP WANTED

WANTED 100 GIRLS

to work in knitting mills. All kinds of operations on Underwear and Hosiery. Good wages paid while learning. Write or 'phone

Penmans Limited
PARIS, ONTARIO

THIS IS T & B WEEK

Fill up your pipe with T & B—rich, mellowed, sun-ripened Virginia.

This genuine Southern-grown leaf has a flavor and aroma all its own.

Full bodied, yet soothing, Mother Nature's best.

No pipe smoker should go through "T & B. Week" without a package.

No word is necessary to old T & B smokers. They smoke it **always.**

But you—if you have never tried it, smoke T & B this week and realize the satisfaction of using a genuine Virginia tobacco.

Fill up your pipe with "T & B."

SMOKE TUCKETTS T & B

Myrtle Cut T&B CUT OR PLUG

MAKES THE WHITEST, LIGHTEST
MAGIC BAKING POWDER
CONTAINS NO ALUM
MADE IN CANADA
E. W. GILLETT CO. LTD.
TORONTO, CANADA
WINNIPEG MONTREAL

Volunteer Rationing in Canada.

Each Province in the Dominion has been asked to form a scheme of rationing for its own people. Thus the Canada Food Board hopes to provide for each Province's own particular conditions.

FOR SALE

ONE EIGHTY HORSE-POWER Boiler, with 300 ft. of 2½ in. pipe; stiff-leg Derrick; second hand Sawyer-Massey Tractor Engine. Grey Iron Castings made to order. The Dominion Foundry, Tweed, Ont.

WEEKLY NEWSPAPER FOR SALE in New Ontario. Owner going to France. Will sell $2,000. Worth double that amount. Apply J. H., c/o Wilson Publishing Co., Limited, Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried $1,500. Will go for $1,200 on quick sale. Box 69, Wilson Publishing Co., Ltd., Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

ABSORBINE
TRADE MARK REG. U.S. PAT. OFF.

Reduces Bursal Enlargements, Thickened, Swollen Tissues, Curbs, Filled Tendons, Soreness from Bruises or Strains; stops Spavin Lameness, allays pain. Does not blister, remove the hair or lay up the horse. $2.50 a bottle at druggists or delivered. Book 1 R free.

ABSORBINE, JR., for mankind—an antiseptic liniment for bruises, cuts, wounds, strains, painful, swollen veins or glands. It heals and soothes. $1.25 a bottle at druggists or postpaid. Will tell you more if you write.

W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.
Absorbine and Absorbine, Jr., are made in Canada.

CUTICURA

Heals Pimples With One Cake Soap and One Box Ointment.

Face never free from them for two or three years. Were sore and often became large and hard. Left dark, red blotches that disfigured face. Nothing did much good till tried Cuticura. Helped from first application and now face is healed.

From signed statement of Miss Lorena Kennedy, R. R. 1, Williamstown, Ont., March 7, 1917.

Use Cuticura Soap for toilet purposes, assisted by touches of Cuticura Ointment to soothe and heal any tendency to irritation of the skin and scalp. By using these fragrant, super-creamy emollients for all toilet purposes you may prevent many skin and scalp troubles becoming serious.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

HOW THIS NERVOUS WOMAN GOT WELL

Told by Herself. Her Sincerity Should Convince Others.

Christopher, Ill.—"For four years I suffered from irregularities, weakness, nervousness, and was in a run down condition. Two of our best doctors failed to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Compound had done for others, I tried it and was cured. I am no longer nervous, am regular and in excellent health. I believe the Compound will cure any female trouble."—Mrs. ALICE HELLER, Christopher, Ill.

Nervousness is often a symptom of weakness or some functional derangement, which may be overcome by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, as thousands of women have found by experience.

If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for suggestions in regard to your ailment. The result of its long experience is at your service.