TO REMAIN YOUNG flush the bowels regularly with

"RIGA"

PURGATIVE WATER

A mild but sure saline purgative which softens the contents of the intestines and facilitates their expulsion without causing colic, cramps or discomfort.

On Sale everywhere: 25 cents the bottle.

RIGA PURGATIVE WATER CO. MONTREAL.

CAVALRY COMES INTO ITS OWN

ONCE MORE BROUGHT INTO PLAY BY OPEN WARFARE.

Splendid Sight as They Came Charging Across the Field as in Days of Old.

Despite the many efforts of army officials of the Allied nations to have cavalry regiments changed into light and heavy artillery, because of their incompetence in trench warfare, the recent successes of cavalry commands attached to General Haig's army in checking the German offensive emphasizes the further need of the mounted organizations in this and future wars.

The cavalry had made history long before all Europe had arrayed itself to suppress the common foe of democracy. During the present German offensive the cavalry got its long-desired wish to distinguish and to prove to the world once again that mounted men still constitute a force to be reckoned with and that the service is not a useless adjunct of the army.

Valuable in Present Offensive.

These mounted organizations have at no other time since the beginning of the great conflict been able to play such an important part in this war as they have during the great battles which have taken place on the western front recently. They have been stretched along the battle line, filling in gaps, strengthening the line and covering the retirement of the infantry. During the first three days of the Teuton drive the mounted men accomplished valuable work, fighting mostly on foot. Dismounted cavalrymen held the Ollezy-Ham line, where the fighting was terrific, while the infantrymen withdrew. One party of dragoons was cut off all night, during which they were out in the open battling for their lives. Finally, they cut their way through the enemy's lines at Jussy by main force.

On the 23rd of March the cavalry came into its own, for the horses were brought forward and the troopers began a series of spectacular feats.

When Noyon was first threatened cavalry was sent to hold the line of the Oise west of the town. The British infantry was forced to fall back on the 26th, and the cavalry was pulled back also with the intention of occupying the ridge near the village of Porquerticourt, in the vicinity of Noyon.

Canadian Cavalry Assist.

The Germans were also aiming to get a foothold on this hill. A race developed between the horsemen and the enemy infantry across the rolling ground. Both reached the forest at about the same time, but the cavalry lost no time and rushed through the forest against the Germans. An intense battle at close quarters ensued and the cavalry was doing great execution when the order came for them to fall back in order to cover the retirement of the infantry, which had succumbed to pressure at other points. The mounted men withdrew from the wood and brought up the rear, pausing often to fight rearguard actions with the hostly pressing enemy.

When word came from the British command that the wood northwest of Moreuil was filled with enemy infantry, who had brought forward great numbers of machine guns, which were mounted in every available vantage point, even in trees, the gallant horsemen were called upon to clear the wood out. They responded and came pounding up to the wood in a picturesque manner. Here part of them dismounted and went on foot, but the Canadian horse tore on into the forest and hurled themselves on the enemy. The Germans slowly gave way before the onslaught until the western part of the wood had been cleared.

Like Knights of Old.

The cavalry was again called upon on April 1 to attack the enemy. They did and no more splendid sight has been seen along the battle line than when they came charging across the field as in days of old and drove straight into the banks of machine guns scattered among the trees. The first charge gave the horsemen a foothold in the wood. They reformed and surged forward again. This time they got to the centre of the forest. Once more they drove their horses full-tilt against the German line. The latter held for a little and then sagged and broke and the British stormed their way clear through the wood to the eastern side, the enemy fleeing before them. Behind them the ground was strewn with German dead and wounded.

The Germans immediately reorganized for a counter-attack and here the horse gunners accomplished more gallant work. As the enemy massed in the open, the artillerymen poured large quantities of shell into their ranks, one battery alone firing 2,000 rounds at the target. For an hour the German infantry marched exposing themselves to the hail of death. They kept coming forward, but only a few reached the wood and the attack was smashed by the troopers.

DISCLOSURE BY HUN PAPER.

German Newspaper Reveals Vastness Of Spying System.

The extraordinary number of German "agents" and spies who are still working for the Fatherland in England, France, Spain, the Scandinavian countries and America forms the subject of an illuminating article in a recent issue of the Berlin Tageblatt.

Herr Theodor Wolff has apparently no intention of giving away any information to the enemy in the matter. He is merely concerned with the scandal of granting exemption from the new German taxation proposals to this army of shirkers who, "under the pretence of working for Germany, are living a life of luxury abroad and escaping military service."

The Tageblatt's unconscious revelations are as follows:

"The people who know what is going on are amazed to learn how enormous is the number of people who are working in Germany's interest in foreign countries. It will be extraordinarily interesting to hear something one day about their duties and their achievements.

"When the war broke out we were told in Germany that we had not done enough to make sure of the moral conquest of the world, that our resources in the matter of secret agents were too small and our methods too old fashioned. Instantly there arose a number of persons quick to understand the magnitude of the opportunity that was presented, and all these offered to help the Fatherland in this dire necessity.

"Every one who pretended that he had some relationship with foreigners was sent away with plenty of money. Adventurous plans (of which nothing more was ever heard) were greedily accepted, and we threw ourselves into a great propaganda work which was considered 'intelligent' and 'modern.'

"All this was supposed to win over the world and turn the hearts of foreign peoples towards us. In reality it spoiled the little that remained to spoil. In the remotest corners of the world, and still more extensively in neighboring countries, this work of 'information' was started.

"All it has shown is that Germany still has a large reserve of strong men of military age."

"JOY-RIDING" IN A TANK.

Anything But a Pleasurable Experience, Says a Correspondent.

Joy-riding in a British tank means hanging on for dear life in a deafening roar of machinery while the machine lumbers up and down grades, alternately tossing its passengers first one way and then the other. A trial trip is thus described:

"We accepted with some trepidation, an invitation to make a journey in the machine. About half a dozen of us entered by the narrow door and were cramped up on the little platform which runs on each side of the machinery. We held on like grim death with our hands. For a few moments everything went well. Then there was an upward movement of the forepart of the tank and in a trice we found ourselves without a foothold and were suspended by our hands from the 'holdfasts.'

"The vessel jerked violently as she started on her downward course. In the twinkling of an eye we were thrown into the same position as before—only more so—with our legs dangling and our hands gripped in the effort to hold on and prevent being thrown all of a heap. We eventually emerged none the worse for the trip, but with a vivid impression of what must be the life of the gallant crews to whom our experience was a trifle as compared with theirs in the midst of shot and shell and with their own guns blazing away.

"The roar of the machinery in the confined space was terrific. The man with the strongest lungs, shouting in the ear of a man of the acutest hearing, could not make a syllable heard."

Canada's Peat Supply.

The known peat bogs of Canada, covering about 36,000 square miles, are estimated to be capable of producing twenty-eight thousand million tons of air-dried peat, which in fuel value would equal fourteen thousand million tons of coal.

Share your happiness with others, but keep your troubles to yourself.

For the Summer Wardrobe

The simple dress of silk or satin finds a place in every wardrobe. McCall Pattern No. 8023, Ladies' Semi-Fitted Dress. In 6 sizes, 34 to 44 bust. Price, 20 cents.

The tub skirt plays a very important part in the summer wardrobe. McCall Pattern No. 8211, Ladies' Two-Piece Skirt. In 7 sizes, 22 to 34 waist. Price, 20 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

PAIN? NOT A BIT!
LIFT YOUR CORNS OR CALLUSES OFF

No humbug! Apply a few drops then just lift them away with fingers.

This new drug is an ether compound discovered by a Cincinnati chemist. It is called freezone, and can now be obtained in tiny bottles as here shown at very little cost from any drug store. Just ask for freezone. Apply a drop or two directly upon a tender corn or callus and instantly the soreness disappears. Shortly you will find the corn or callus so loose that you can lift it off, root and all, with the fingers.

Not a twinge of pain, soreness or irritation; not even the slightest smarting, either when applying freezone or afterwards.

This drug doesn't eat up the corn or callus, but shrivels them so they loosen and come right out. It is no humbug! It works like a charm. For a few cents you can get rid of every hard corn, soft corn or corn between the toes, as well as painful calluses on bottom of your feet. It never disappoints and never burns, bites or inflames. If your druggist hasn't any freezone yet, tell him to get a little bottle for you from his wholesale house.

What He Inferred.

A lieutenant was instructing his platoon in visual training. Said he to the first man: "Now tell me, how many men are there in that trench-digging party over there?"

"Thirty men and one officer," came the answer.

"Quite right," said the lieutenant after a pause, "but how do you know one is an officer at this distance?"

"'Cos he's the only one not working, sir."

The way to wealth is as plain as the way to market; it chiefly depends on two words, industry and frugality.—Benjamin Franklin.

SMOKE TUCKETTS
T&B CUT

When Summer Comes.

When summer comes with lovely face
And blushes o'er the world below,
With love and happiness aglow
And beautiful with charm and grace.

Away with all thats slow and base,
For hearts with laughter overflow,
When summer comes with lovely face
And blushes o'er the world below.

The merry brooklets fly apace,
The perfume-laden breezes blow;
The sweet and fragrant flowers grow
And in the sky the swallows race
When summer comes with lovely face.

LEMONS WHITEN AND BEAUTIFY THE SKIN

Make this beauty lotion cheaply for your face, neck, arms and hands.

At the cost of a small jar of ordinary cold cream one can prepare a full quarter pint of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It is marvelous to smoothen rough, red hands.

The Obvious Alternative.

A spoilt little boy of four years had been a source of considerable annoyance all through lunch.

At length one woman, an intimate personal friend of his too indulgent mother, turned to her and said:

"I can't think how you can let your little boy be so greedy and unruly at meal times. If he were mine, I should give him a good spanking."

"Oh," said the mother; "you can't spank the poor little chap on a full stomach."

"No," said her friend, "but you can turn him over."

Minard's Liniment Co., Ltd.

Gents,—I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable.

Yours truly,
ALFRED ROCHAV.

Proprietor Roxton Pond Hotel and Livery Stables.

A Slacker's Alibi.

One of the recruiting canvassers in an English provincial town was a well-known magistrate. In most cases he succeeded in obtaining the promises he wished, but at last he met with a rebuff. It occurred when he knocked at a cottage door that was opened to him by a sturdy son of the soil.

"My man," said the magistrate in his most persuasive tones, "are you going to fight for your King and country?"

"No, I beant, sir," was the prompt reply. "And I be surprised at you askin' me for to do it. Two years ago come next month you yourself fined I twenty shillings for fighting wi' Bill Smith, and you said it wor wicked to fight, and I promised you as I wouldn't repeat the offence, and I allus keep my word."

Minard's Liniment used by Physicians.

What Germany Has Lost.

She has lost her high seas commerce.

She has, therefore, lost her foreign trade.

She has lost her last colony, with the successful conclusion of the East African campaign.

She has lost the respect and confidence of most of the nations.

She has lost her former leadership in many realms.

She has lost many of her patent rights, that were once a source of great wealth.

She has lost her supply sources of many raw materials that are essential to her industrial life.

She has lost millions of her sons.

She has lost her soul.

Keep Minard's Liniment in the house.

Eight of the olive trees in the historical Garden of Olives at Jerusalem are more than 1,000 years old.

Only One Mother.

Hundreds of stars in the pretty sky,
Hundreds of shells on the shore together;
Hundreds of birds that go singing by,
Hundreds of bees in the sunny weather.

Hundreds of dew-drops to greet the dawn,
Hundreds of lambs in the fragrant clover;
Hundreds of butterflies out on the lawn—
But only one mother the wide world over. —Cooper.

The increased cost of fine teas has tempted some to try cheap, inferior teas to their sorrow. It is a real economy to use Salada Tea, since it yields a far greater number of cups to the pound and, besides, has that unique satisfying flavor.

At School.

The young "pride of the family" had been to school for the first time in his short six years.

"What did you learn?" asked his mother, as mothers always ask on the afternoon after the morning before.

Little Johnny frowned.

"I didn't learn nothin'." he replied. "I have to go back to-morrow."

Minard's Liniment Lumberman's Friend.

It Was the Limit.

In connection with rationing, economy recipes, Government flour, and other similar abominations, Madame Melba, who has just been made a Dame of the British Empire, recently told an amusing story of a bride who made a war-time cake for her lord and master.

He ate of it and made a face. She ate of it and made another face. Then there was dead silence.

Finally the bride summoned up courage to falter, "I—I'm afraid, dear, I left something out of this cake."

"No, sweetheart," he gently replied, "nothing that you could have left out could make a cake taste like this."

MONEY ORDERS.

Send a Dominion Express Money Order. Five Dollars costs three cents.

A Shepherd's Pie.

Grease baking dish; cover bottom with mashed potatoes. Add layer of cooked minced meat or fish, season well and mix with meat stock or gravy. Cover with mashed potatoes. Bake long enough to heat through, twenty to thirty minutes.

Ask for Minard's and take no other.

To Keep Down Camp Waste.

The Militia Department has issued instructions for its conservation officers, which are calculated to keep wastage of foodstuffs to a minimum. The conservation officers are made responsible for the collection and proper disposal of all fats, bones, dripping, etc. The regulations cover a wide range of economies.

KEEP YOUR SHOES NEAT

2 IN 1 SHOE POLISHES

LIQUIDS and PASTES

for BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES

PRESERVE the LEATHER

THE F.F. DALLEY CORPORATIONS Ltd. HAMILTON, CANADA

A Quick Relief for Headache

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheumatism, etc. 15 to 30 drops of Mother Seigel's Syrup will correct faulty digestion and afford relief.

SELDOM SEE

a big knee like this, but your horse may have a bunch or bruise on his ankle, hock, stifle, knee or throat.

ABSORBINE

TRADE MARK REG. U.S. PAT. OFF.

will clean it off without laying up the horse. No blister, no hair gone. Concentrated—only a few drops required at an application. $2.50 per bottle delivered. Describe your case for special instructions, and Book 8 R free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Painful Swellings, Enlarged Glands, Wens, Bruises, Varicose Veins; allays Pain and inflammation. Price $1.25 a bottle at druggists or delivered. Liberal trial bottle postpaid for 10c.

W. F. YOUNG, P.D.F., 516 Lymans Bldg., Montreal, Can.

Absorbine and Absorbine, Jr., are made in Canada.

GILLETT'S LYE

EATS DIRT

MADE IN CANADA

Economizing on Sunbeams.

First Eskimo—What do you think of this daylight-saving plan? Second Eskimo—We might try it and go to bed a couple of months earlier this year.

AGENTS WANTED

PORTRAIT AGENTS WANTING good prints: finishing a specialty; frames and everything at lowest prices: quick service. United Art Co., 4 Brunswick Ave., Toronto.

FOR SALE

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried $1,500. Will go for $1,200 on quick sale. Box 69, Wilson Publishing Co., Ltd., Toronto.

MISCELLANEOUS

GRANITE CUTTERS AND LETTERERS wanted. Write Geo. M. Paul, 156 Victoria St., Sarnia.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

HIRST'S FAMILY SALVE

HIRST REMEDY CO. HAMILTON, CANADA

NEW PACKAGE 50¢

Soothes and Heals Quickly—inflamed cuts, bruises, burns, scalds, blisters, piles, abscesses, boils and other inflammations. At dealers, or write us. HIRST REMEDY COMPANY, Hamilton, Canada.

SKIN TROUBLE FOR 25 YEARS

On Hands and Fingers. Could Not Work. Cuticura Healed.

"After vaccination I was affected with skin trouble on my left arm and later it set in in both hands and my fingers. I suffered so much I was unable to do any kind of work, and it used to keep me awake at night. I suffered an awful itching and burning, and my fingers were swollen.

"I had the trouble over twenty-five years when I read of Cuticura Soap and Ointment. I tried it with success so I bought more, and now my hands are healed." (Signed) Miss A. Cadieux, Chambly, Canton, Que., Mar. 25, '17.

Use these super-creamy emollients for every-day toilet purposes and prevent these distressing troubles.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

THIS WEAK, NERVOUS MOTHER

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which added to my weak condition kep me worrying most of the time—and he said if I could not stop that, I could not get well. I heard so much about Lydia E. Pinkham's Vegetable Compound my husband wanted me to try it. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness."—Mrs. J. WORTHLINE, 2842 North Taylor St., Philadelphia Pa.

The majority of mothers nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down, nervous condition with headaches, backache, irritability and depression—and soon more serious ailments develop. It is at such periods in life that Lydia E. Pinkham's Vegetable Compound will restore a normal healthy condition, as it did to Mrs. Worthline.

SMOKE-TUCKETTS ORINOCO

CUT FINE FOR CIGARETTES — CUT COARSE FOR PIPE