AutoStrop SAFETY RAZOR

True Shaving Comfort

The man who uses the AutoStrop enjoys a clean, comfortable shave—his face does not unpleasantly remind him of his morning shave by smarting for hours afterwards.

The reason is apparent—a freshly stropped blade is the easiest to shave with.

The AutoStrop is the only razor that sharpens its own blades automatically thus always keeping them free from rust and in perfect condition. **Guaranteed to Satisfy.**

Complete Outfit $5.00
AT ALL STORES

AutoStrop Safety Razor Co.
Limited
83-87 Duke St., Toronto, Ont.

NEW FRANCE IN FIVE YEARS.

Women Will be Big Aid in Rejuvenating Country, is Belief.

The damaged industries and the upheaved and exhausted farm lands of France, it is thought now, may be restored to their full productive capacity within five years after the conclusion of peace, with the exception of denuded forests and the most gravely wasted land in the immediate proximity of the line where the front has been virtually stationary for more than three years.

These are some of the elements upon which they count to make up for what France will have lost: Continued and developed use of female labor in industries; entrance of youths into active business and industry at an earlier age; greater activity and consequent greater productive capacity of all categories of workers, and an enormous extension of the use of modern labor-saving equipment in the factory and on the farm.

The development of water power will contribute immensely—to fill the void in industrial facilities, while five years' recruits of boys coming to age for active participation in the country's affairs is expected to replace at least a third of the wastage in human material.

The most sanitary way of disposing of dirt is by burning.

If You're Fond of Tea or Coffee but know it harms you, as it does many others, you will find

INSTANT POSTUM

a delightful & economical beverage.

Made instantly in the cup, no boiling. Delicious flavor.

A cheering hot drink for people of every age.

Gunn's Shur-Gain Fertilizer

OUR FUTURE AGRICULTURISTS.

Effect of the Recruiting of 25,000 Soldiers of the Soil.

The fact of having this army of boy workers on the farm just at the age when likes and dislikes are formed will mean a great deal to the Dominion when, in later years, the life work of the present day youth is being decided.

The "back to the land" movement has always been a serious question, but it is more and more important as time goes on, and every possible means must be taken to encourage the utmost interest in the promotion of agriculture in all its phases; and particularly with regard to settling of all available land as soon as can be. The boy who, to-day, works on the farm; sees the opportunities that the land offers and does his share in helping the nation at this crisis will, in a great many instances, ever remember his experience and when the time comes to settle down, the probability is his choice will be farming.

Apart from this aspect of the matter, the time spent by these Soldiers of the Soil on the farms throughout Canada will increase their health, broaden their vision, give them a fuller appreciation of what an important part in the world's welfare the farmer plays, and furtheromere these boy workers of the nation will return to their studies better fitted in every way—morally, physically and mentally—than if they had spent their vacations working in the cities or loafing at a summer resort.

GIRLS! WHITEN SKIN WITH LEMON JUICE

Make a beauty lotion for a few cents to remove tan, freckles, sallowness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the orchard white and shake well. This makes a quarter pint of the very best lemon skin whitener and complexion beautifier known. Massage this fragrant, creamy lotion daily into the face, neck, arms and hands and just see how freckles, tan, sallowness, redness and roughness disappear and how smooth, soft and clear the skin becomes. Yes! It is harmless, and the beautiful results will surprise you.

RANGE FINDING.

Value of the Aeroplane With Wireless Attachment.

When the war began, few aeroplanes were equipped with wireless apparatus, but when the value of maintaining communication between an aeroplane, observer and a battery of guns became evident, the number of aircraft with apparatus rapidly increased. Many experiments, says Mr. Claude Grahame-White in Heroes of the Flying Corps, were, however, necessary before a practical system of wireless could be devised for an aeroplane.

The wireless plant of an aeroplane must be extremely light and must occupy a very small space. One of the first successful plants weighed about one hundred pounds and was capable of sending and receiving messages over a distance of one hundred miles. The dynamo that generates current for the wireless apparatus is usually driven by a small petrol motor that is independent of the main driving engine, and develops about two and three quarters horse power; the antenna, or aerial wire, may be unwound from a reel fixed below the chassis of the aeroplane and allowed to trail earthward during the time the machine is in flight.

In the bombardment of the Turkish forts during the naval operations in the Dardanelles, the Queen Elizabeth, standing off eleven miles from the shore, was able, thanks to seaplane co-operation, to place with accuracy the huge shells from her fifteen-inch guns, although the targets at which she aimed—Turkish forts that fringed the shore—were invisible to the gunners.

The Germans also proved the value of aeroplane fire control when they moved a big siege gun toward Dunkirk and threw shells into that seaport from a distance of twenty miles. It would have been impossible for them to fire with any degree of accuracy had it not been for the aeroplanes that hovered high above Dunkirk, watching the shells burst and sending corrections of the aim to the gunners, who were hidden miles away.

POWER BANDAGE WINDER.

Electrical Contrivance Prevents Contamination.

It is only fit that electricity, which is so widely used as an aid in the destructive work of the war should also contribute its share to the efforts of healing the wounds caused by the war. An electric contrivance is now used in the workshops of the Red Cross for expediting the formerly slow and laborious work of winding bandages. It it a reel of simple construction, driven by a small electric motor supplied with power from any household lighting circuit.

This contrivance obviates much handling of the bandages and so prevents, to a great extent, their contamination. The greatest advantage, however, is its speed, which is a boon when requisitions for many thousands of these bandages have to be rapidly filled.

YES! LIFT A CORN OFF WITHOUT PAIN

Cincinnati man tells how to dry up a corn or callus so it lifts off with fingers.

You corn-pestered men and women need suffer no longer. Wear the shoes that nearly killed you before, says this Cincinnati authority, because a few drops of freezone applied directly on a tender, aching corn or callus, stops soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freezone costs very little at any drug store, but will positively take off every hard or soft corn or callus. This should be tried, as it is inexpensive and is said not to irritate the surrounding skin.

If your druggist hasn't any freezone tell him to get a small bottle for you from his wholesale drug house. It is fine stuff and acts like a charm every time.

To Shrink Cloth.

When you purchase new goods you should shrink it before using to avoid the garments shinking after being made up. Leave the goods in folds as it comes from the shop. Lay it flat and sprinkle as you would a tablecloth for ironing, but be sure the material is not wrinkled. Fold a clean sheet around it and leave it until it is thoroughly dampened. Press carefully. This method may be safely used for either woollens or cotton goods.

Minard's Liniment for sale everywhere.

Knowledge Going to Waste.

A man who was travelling in the mountains stopped at a cabin and asked for a drink of water. An old woman brought it out to him, and after drinking he had quite a talk with her, telling her great stories about some of the wonders he had seen in the outside world. Finally, when he stopped to take breath, the old woman took her pipe out of her mouth and said:

"Stranger, if I knowed as meuh as you do I'd go some'ere and start a little grocery."

When running dates or figs through the meat chopper, add a few drops of lemon juice to prevent the fruit from clogging the chopper.

50¢

Soothes and Heals Quickly—inflamed cuts, bruises, burns, scalds, blisters, piles, abscesses, boils and other inflammations. At dealers, or write us. HIRST REMEDY COMPANY, Hamilton, Canada.

Rheumatic Pains

Are relieved in a few days by taking 30 drops of Mother Seigel's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no dope nor other strong drugs to kill or mask the pain of rheumatism or lumbago, it removes the cause. 50c. a bottle at druggists.

YOU CAN'T CUT OUT A BOG SPAVIN OR THOROUGHPIN but you can clean them off promptly with

ABSORBINE
TRADE MARK REG. U.S. PAT. OFF.

and you work the horse same time. Does not blister or remove the hair. $2.50 per bottle, delivered. Will tell you more if you write. Book 4 R free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wens, Cysts. Allays pain quickly. Price $1.25 a bottle at druggists or delivered.

W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.
Absorbine and Absorbine, Jr., are made in Canada.

Order Now
ONTARIO FERTILIZERS, LIMITED
WEST TORONTO - CANADA

England to Grow Sunflowers.

The production of sunflowers is being encouraged in England. The Ministry of Food and Food Production Department has issued instructions on how to grow sunflowers and advises all persons to grow them, explaining that the seed is rich in oil and makes an excellent chicken food.

To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where a liniment was required and have never failed to get the desired effect.

C. A. KING, M.D.

To Remove Iron Stains.

If there are iron stains on white wear they may be removed by saturating with lemon juice and putting out in the sun and air. If the stain is of long standing or deep it might require several applications, but you may be sure the stain will eventually go.

MONEY ORDERS

When ordering goods by mail send a Dominion Express Money Order.

Poultry and eggs must take the place of the bacon and beef than Europe must have. It is the duty of everyone who has the facilities to raise enough poultry for his own use. If through inexperience the profit is not as large as it might be, it does not matter. The vital thing is to have the food to eat when the big pinch comes.

Minard's Liniment Cures Burns, Etc.

Salt codfish is a savory element in a breakfast.

FOR SALE

WEEKLY NEWSPAPER IN WESTern Ontario. Doing a good business. Death of owner places it on the market. A great chance for a man with cash. Apply Box 82, Wilson Publishing Co., Limited, Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried $1,500. Will go for $1,200 on quick sale. Box 69, Wilson Publishing Co., Ltd., Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

WIRELESS—AND TIRELESS.

Marconi Had to Contend With His Father's Opposition.

Some men get on in life through their father's efforts. Others get on in spite of them. Signor Marconi, whose marvellous inventions are writing invisibly the story of the war, belongs to the latter category.

Every early attempt of his to discover the secret of wireless telegraphy was discouraged or thwarted. His brain had been fired by a chance remark that manhood would some day be telegraphing without wires, and he tried to establish communications between the rooms in his house, then between poles in the garden. His father stamped and stormed. Once he threatened to throw young Guglielmo's paraphernalia out of the window, and on one occasion he actually destroyed a number of contrivances, declaring that he had no wish to have his house blown up.

But fortunately for science, Marconi pursued his way, refusing to be cast down, and even borrowing money from servants to pay for his experiments.

Minard's Liniment Cures Dandruff.

Geese generally pick up a good living in the grass range or pastures except during the winter months and the breeding season. They are more particularly adapted to low, rough pasture land with a natural supply of water.

Railroad Men

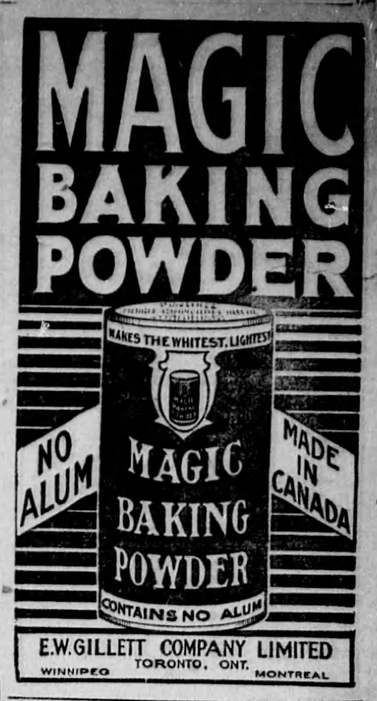
These men know from experience that Sloan's Liniment will take the stiffness out of joints and the soreness out of muscles—And it's so convenient! No rubbing required. It quickly penetrates and brings relief. Easy to apply and cleaner than mussy plasters or ointments.

Always have a bottle in the house for rheumatic aches, lame back, sprains and strains.

Generous sized bottles at all drug-

Sloan's Liniment
KILLS PAIN

Sloan's prices not increased 25c 50c $1



Sprouting seed potatoes in a well lighted room will increase the yield and earliness and produce a vigorous vine growth. Short, thick stems will develop, not long, spindling sprouts such as are produced in the cellar. The tubers must be planted by hand to prevent injury to the sprouts.

Minard's Liniment Relieves Neuralgia.

CUTICURA HEALS BAD CASE ECZEMA

Relief Instantaneous. Healed With 3 Cakes of Soap and 2 Boxes of Ointment.

"I was very much annoyed by an irritation on my back. I found out I had a bad case of eczema. My back was in a very bad shape, and my clothing irritated so that the skin became very sore. I sent for Cuticura Soap and Ointment. Relief was instantaneous and with the use of three cakes of Cuticura Soap and two boxes of Ointment I was healed." (Signed) B. F. Grosch, Y. M. C. A., St. Catherines, Ont., July 4, 1917.

For hair and skin health Cuticura Soap and Ointment are supreme.

For Free Sample Each by Mail address post-card: **"Cuticura, Dept. A, Boston, U. S. A."** Sold everywhere.

THE ORIGIN AND DANGER —OF— **CATARRH** —IF YOU SUFFER FROM—

Catarrh, Catarrhal Deafness, Head Noises, Catarrh of the Stomach, (which is often mistaken for Indigestion), Catarrh of the Bowels, Asthma, Bronchitis, Loss of Smell, Phlegm dropping in the back part of the Throat, or if you have a Cough

YOU SHOULD NOT FAIL TO READ EVERY WORD OF THIS ARTICLE

What Parmint, the Wonderful English Formula, Has Done for Others, It Will Do For You

CATARRH, A LOATHSOME AND INSIDIOUS DISEASE

Catarrh is a very common name for a very common disease, so common that most people do not realize how fearful, dangerous and disgusting it is. A cold in the head, hawking, spitting, blowing of the nose, phlegm dropping in the throat, bad breath, dullness of mind, bad humour—this is the way it starts.

And where does it end? Frequently in Catarrh of the Stomach, Catarrh of the Bowels, Bronchitis, and often slight or total deafness results.

HOW CATARRH STARTS

Catarrh usually begins with a cold in the head.

The Catarrh germs breathed in through the mouth or nostrils have settled upon the inflamed and delicate mucous membrane that lines the nose and throat. These germs are harmless to healthy tissues; when they lodge upon an irritated surface it means a more and more diseased condition of the membranes. They thus produce further inflammatory irritation, and in time even ulceration. The sufferer from catarrh often finds his sight and hearing failing. He suffers from an almost constant dull ache over the eyes and across the forehead. The mind becomes dull when the membranes of the nasal cavities are in a discharging condition.

It is the pus and decaying matter oozing from these sores that causes the offensive breath so common to victims of catarrh. You may not notice it yourself. You probably do not. But your friends do, though they are too careful of your feelings to tell you so.

NASAL CATARRH

This form of Catarrh is, to say the least, sickening and disgusting, besides being most common and highly dangerous. The changes of weather render the delicate mucous membranes in the nose and throat very susceptible to inflammation, and thus encourage the birth and growth of catarrhal germs.

The nose and throat are what might be called the highway of life.

The throat itself is divided into two main passages; one the Oesophagus, or gullet, going to the stomach, the other the respiratory tract, or Trachea, going to the bronchial tubes and lungs. Through the lungs the blood passes with every heart beat, and there comes in contact with the air. If the air breathed in is pure, and if nose, throat and lungs are sound, the dark blood is at once purified and passes out of the lungs in a bright, red stream, carrying life and strength to all the body. If, however, the air breathed in is bad, or if the nose, throat or lungs are diseased in any way, then the blood, (instead of being purified by its passage through the lungs) is, on the contrary, still further poisoned and goes on its way carrying the disease to all parts of the system.

That nasal catarrh is a nauseating disease any one knows who has had to sit close to, or talk face to face with a person reeking with purulent catarrh. Have you ever had to endure in sickening silence the hawking and gagging of a catarrh victim, or had to sit close to such a person and experience a disgusting, appetite-losing, foul odor, which you could not explain, and did not know what it was? That is catarrh, and there are many people who have it and don't know it.

CATARRH OF THE STOMACH

(Often mistaken for Dyspepsia or Indigestion)

Many cases of indigestion and dyspepsia are simply the result of catarrh of the throat and stomach. At night as you lie asleep, the mucus drops down from the throat and head and is swallowed into the stomach. In the morning you awake feeling heavy and tired; there is a bad taste in your mouth, you are in a bad humour; you wonder what ails you. You have catarrh; catarrh of the stomach, and your whole system is poisoned and is reeking with the disease. Your stomach has become clogged and the delicate membrane is coated with a vile sticky substance. The catarrh mucus refuses to be digested and only passes out of the stomach with great difficulty. Little by little, the mucus with the catarrh germs which it has carried settles permanently on the mucous membrane which lines the stomach.

Real dyspepsia and indigestion are caused by a lack of digestive juices. But here we have a condition where the membrane is able and ready to do its work, but it is prevented by foreign matter which has dropped down from the head and coated it. How then, can the usual treatment for indigestion be of use? Since catarrh is the cause of the trouble, it is the catarrh that must be treated. If you have catarrh of the stomach we believe that if taken faithfully for a reasonable length of time Parmint will bring you an amount of relief that will fully compensate you for the cost and time expended.

CAUSE OF DEAFNESS

A cause which is responsible for a great many cases of deafness is catarrh.

The whole trouble generally begins in a simple cold in the head. During such a cold almost every person experiences that feeling of stuffiness which tells of inflammation extending into the post-nasal space where the openings of the Eustachian Tubes are located, and which is accompanied by catarrhal secretions, collected in the post-nasal space, where it is difficult to blow it out of the nose or hawk it up. When such conditions have become chronic, as in catarrh, the danger is grave.

The mucus, carrying the germs drops into the throat. The glue-like nauseating mass sticks for a time to the sides of the throat. The germs are quick to take advantage of the opportunity. They invade the Eustachian Tubes. Their presence and irritation it causes produce more and more mucus. Gradually this fills up the ear tube so that sounds can only pass through with difficulty. The patient finds his hearing slowly going. When the tubes are completely filled total deafness may result.

In deafness from nasal catarrh, which affects the middle ear, it often happens that crackling sounds are present which distress and confuse the patient. These are due to the fact that the mucus which fills the upper part and back of the throat is covering the opening of the Eustachian Tubes and the bursting of bubbles or the movement of mucus causes the sounds, which come from the altered resonance of the ear. After a crackling report the head may seem clearer and the hearing better for a time. Later on in the case there may be crackling sounds when swallowing, which come from the efforts of a stiffened muscle to open the tubes which yield with a jerk.

The above explanation of a most common cause of deafness should make it clear how absurd and useless it is to attempt to overcome such deafness by ear-drums or devices of a similar sort.

Let it be understood, however, that Parmint is not for ear troubles other than those caused by catarrh. If your trouble is caused by scarlet fever or any disease apart from catarrh, or if caused by an injury, Parmint is not for you, and you should consult your own family physician regarding your case.

DON'T NEGLECT A COUGH

If you have a cold and it has left you with a cough, no matter how slight—you ought not to neglect it.

A cough is generally an indication that there is inflammation in a dangerous place, and proper treatment should be secured at once. Delaying treatment may mean that the cough may settle, develop and stay. Even the slightest cough indicates a danger and should receive prompt attention. Unless your cough has become extremely deep seated or has hung onto you for a long time, we believe that you will find a quick relief from your trouble by the use of Parmint.

WHAT IS PARMINT?

Parmint is an English formula put on the market in England about 10 years ago. It is a combination of ingredients having values in the treatment of catarrhal conditions, bronchial affections, etc., compounded from the best grade of material it is possible to obtain. Parmint is put up in one-ounce bottles in concentrated form which are labeled "Parmint—Double Strength." These one-ounce bottles can be obtained at a small cost and the one-ounce is sufficient to make a full half-pint of Parmint ready to take when mixed as directed in each package.