DISEASE COMES THROUGH THE BLOOD

To Cure Common Ailments the Blood Must be Made Rich and Red.

Nearly all the common diseases that afflict mankind are caused by bad blood—weak, watery blood poisoned by impurities. Bad blood is the cause of headaches and backaches, lumbago and rheumatism, debility and indigestion, neuralgia, sciatica and other nerve troubles. It is bad blood that causes disfiguring skin diseases like eczema, and salt rheum, pimples and eruptions. The severity of the trouble indicates how impure the blood is, and it goes always from bad to worse unless steps are promptly taken to enrich and purify the blood. There is no use trying a different medicine for each disease, for they all come through the one trouble—bad blood. To cure any of these troubles you must get right down to the root of the trouble in the blood. That is just what Dr. Williams Pink Pills do. They make new, rich, red blood. They simply purify and enrich the blood, and the disease disappears. That is why Dr. Williams Pink Pills have cured thousands of cases after other medicines had failed. Here is proof of the power of Dr. Williams Pink Pills to cure. Mrs. M. Stills, who resides near the town of Napanee, says: "I cannot praise Dr. Williams' Pink Pills too highly. I was very much run down in health, suffered from frequent spells of indigestion, biliousness, and sick headache. I had an almost constant pain in my head and my housework was a source of dread. In fact I felt so miserable that life held but little enjoyment. I was advised to try Dr. Williams' Pink Pills, which I did, and the result was simply marvellous, and can best be summed up by saying that they made me feel like a new woman, and fully restored my health. I would advise every woman and girl who has poor blood, or is run down in health to give these wonderful pills a trial. I am never without them in the house."

At the first sign that the blood is out of order take Dr. Williams' Pink Pills, and note the speedy improvement they make in the appetite, health and spirits. You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

OLD QUESTION REVIVED.

How Long Would it Take a Stone to Fall to Centre of Earth?

Studying the velocity of shells and bullets fired in the war led Maurice Sauger, a French geometer, to turn to the old question of the time it would take a stone to fall to the centre of the earth. His conclusion was that it would take about 20 minutes 34 seconds.

Gassendi, who gave the subject much thought in the last century, made the time 20 minutes even. Mersenne on the other hand contended that 6 hours would be required.

Sauger says that as the stone approached the centre of the earth it would be drawn downward by the core of the earth and upward by the shell which it had already penetrated. The rate at which the density of the earth varies or increases as we penetrate to greater depths is unknown. Sauger's formula is based upon considerations of the moment of inertia of the earth, as calculated from the precession of the equinoxes, which agree with observations on the density of the earth conducted in mine shafts.

If a shaft were driven right through the earth the stone would appear at the Antipodes after 38 minutes 30 seconds and then return to its starting point, at which it would make its reappearance at the end of 1 hour 17 minutes.

It should be illegal to cut down any sugar-maple tree. Our forefathers knew no other sugar, and we may well go back to this best kind now.

Food That Conserves

The recognized value of

Grape-Nuts

as a "saving" food for these serious times, rests upon real merit.

Unlike the ordinary cereal Grape-Nuts requires no sugar, little milk or cream, and requires no cooking or other preparation in serving.

A trial is well worth while for those who sincerely desire to save.

"There's a Reason"

—sold by Grocers.

AN INDUSTRIOUS JOKER.

Reminiscences of the Celebrated Sir Hiram Maxim.

Although a predilection for practical joking may well be considered as a weakness of character, the weaknesses of great men are often interesting, and there is nothing reprehensible in most of the pranks that, according to the Hartford Times, are attributed to Sir Hiram Maxim by his son, Mr. Hiram Percy Maxim.

At one time in my boyhood, says the distinguished son of a more distinguished father, I was very curious about bats. One day my father called to me from the top of the dumb-waiter shaft in our house. He said there was a bat in the shaft. I hastened to the top, and there, sure enough, was some dark object fluttering about in the dim light. I seized a broom and struck it. It still fluttered. I struck it again and again. It seemed invulnerable. At last I used the handle of the broom on it, but without effect.

By that time I had become angry with the thing, and I was determined to kill it. I assaulted it with the broom until I was almost exhausted, and my mother put a stop to the proceedings. Investigation then showed that the "bat" was a black bow, surreptitiously removed from my mother's best hat by my father and strung upon an iron wire in such a way that a slight vibration made the bow flutter. My father enjoyed the joke hugely—much more than my mother and I did. He spent a whole day working out that scheme.

He was the most intense man I ever knew. He left no stone unturned once he decided to do anything. I went home one day and told him that a man in a drug store had offered to give me a white poodle in exchange for a penny with two heads on it. I was too young to know that one head only is allotted to every penny in this world. But father listened very gravely and said that he had no doubt that we could produce the two-headed penny without trouble. Then he filed down the "tail" side of two pennies until he had worn away exactly half of each. The next step was to solder the two halves together so skilfully that they made what seemed to be a whole penny with two heads. The drug-store man was dumfounded when I produced it—but I did not get the white poodle.

Our great recreation was going to a bookstore. Father and I would visit a certain store at certain times, buy from one to thirty books and order them sent home. Then he would conduct me to the middle of the street and say, "Now let's run home." Imagine a man in a frock coat, with a silk hat jammed down over his ears, tearing at a great rate through the streets of Brooklyn with a small boy at his heels. But that was always the conclusion of our book-buying excursions.

CONSTIPATED CHILDREN

Nothing will so quickly remove childhood constipation as will Baby's Own Tablets. They are a mild but thorough laxative; are pleasant to take; do not gripe and never fail to regulate the stomach and bowels. Concerning them Mrs. Adolphe Noel, Petite Lameque, Que., says:—"Baby's Own Tablets are the best remedy for constipation I know of and I would strongly recommend them to all mothers of little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams Medicine Co., Brockville, Ont.

Try Maple Sugar.

Not many years ago cane sugar soared to a price of fifteen cents a pound and relief was obtained by the manufacture of maple sugar. Your grandmother used it to sweeten her tea and to make her pies and cookies. Try it now, when cane sugar is so scarce and is needed so badly by France and Italy and Great Britain.

Minard's Liniment Relieves Neuralgia.

Fighting Basement Fires.

Fires originating in the basements of business buildings constitute one of the most potent causes of fire loss in Canadian cities. It is difficult to believe that the owners of such buildings are entirely ignorant of or fail to appreciate the value of dry sprinkler systems for basements. The fact that no expense for the installation of special water supplies is involved makes the cost reasonable. A dry sprinkler equipment for basements consists of distributing pipes with sprinkler heads as in the ordinary system but with the supply main carried to the outside wall of the building where it ends in an ordinary hose connection. When an outbreak of fire occurs in the basement the nearest sprinkler heads are opened by the heat, the firemen attach their hose to the external supply connection and the water is immediately directed upon the seat of the fire. The complete saturation of the contents of the basement is thus avoided, the firemen can effectively operate despite the dense smoke which is common to all basement fires and the loss by both fire and water is largely minimized.

To measure ear corn in a crib, multiply the length of the crib by the width and this by the height to which the corn will level off. Then multiply the number of cubic feet by four and cut off the right-hand figure. This gives the bushels of shelled corn.

Minard's Liniment Cures Burns, Etc.

Speak Of Them In The Highest Terms

Why Mr. and Mrs. West Recommend Dodd's Kidney Pills.

They Cured Mr. West's Lumbago and Made Mrs. West Feel Like a New Person. They Are the Best Tonic.

St. James, Man., March 18th—(Special)—That Dodd's Kidney Pills are living up to their great reputation in the West is twice proved by Mr. and Mrs. G. West, well known and highly respected residents of this place. Let Mrs. West tell the story of what the great Canadian kidney remedy has done for her husband and herself.

"My husband suffered from attacks of lumbago," she states, "and the doctor did him no good, but I can truthfully say that since using Dodd's Kidney Pills he is entirely free from lumbago.

"I myself took six boxes of Dodd's Kidney Pills and am just like a new person. I have gained 10 lbs. since using them and my friends compliment me on how well I look.

"I have recommended Dodd's Kidney Pills to some of my lady friends who were complaining of not feeling well, and they, like myself, speak highly of them."

Dodd's Kidney Pills cure the kidneys. Cured kidneys make pure blood. That is why Dodd's Kidney Pills are the best tonic.

The rat carries bubonic plague and many other diseases fatal to man and has no doubt been responsible for more untimely deaths among human beings than all wars of history.

Minard's Liniment Co., Limited.

Have used MINARD'S LINIMENT for Croup; found nothing equal to it; sure cure.

CHAS. E. SHARP.

Hawkshaw, N.B., Sept. 1st, 1905.

A hardwood wedge in an ax-helve will not stay half so long as one made of pine. The softer wood when well driven in grips the hardwood and sticks like a dog to a root.

Minard's Liniment for sale everywhere.

ANY CORN LIFTS OUT, DOESN'T HURT A BIT!

No foolishness! Lift your corns and calluses off with fingers —It's like magic!

Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority.

For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain.

This simple drug dries the moment it is applied and does not even irritate the surrounding skin while applying it or afterwards.

This announcement will interest many of our readers. If your druggist hasn't any freezone tell him to surely get a small bottle for you from his wholesale drug house.

Seeds of pansy, verbena, salvia, petunia, stock, sweet alyssum, minulus, maurandia, sensitive plant, delphinium, authirrhinum and dianthus may be sown in pots or boxes for summer flowering.

MURINE FOR YOUR EYES — Granulated Eyelids, Sore Eyes, Eyes Inflamed by *Sun, Dust* and *Wind* quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort. Murine Eye Remedy At Your Druggist's or by mail, 50c per bottle. Murine Eye Salve, in Tubes 25c. For *Book of the Eye*—Free. Ask Murine Eye Remedy Co., Chicago.

As the season advances plants in the house or under glass require more water.

Doctors Recommend Bon-Opto for the Eyes

Physicians and eye specialists prescribe Bon-Opto as a safe home remedy in the treatment of eye troubles and to strengthen eyesight. Sold under money refund guaranty by all druggists.

The Cause of Heart Trouble

Faulty digestion causes the generation of gases in the stomach which inflate and press down on the heart and interfere with its regular action, causing faintness and pain. 15 to 30 drops of Mother Seigel's Curative Syrup after meals sets digestion right, which allows the heart to beat full and regular. 9

What Women Work At.

Miss Helen Fraser of London is in New York now helping women to arrange their tasks systematically. At a largely attended meeting she gave facts and figures to show how wonderful was the working power of the British women. We quote a few of her facts and figures.

Eight hundred thousand women are in munitions plants.

Two hundred and fifty-eight thousand women are on the land.

Eighty-three thousand women are in Government offices.

Forty thousand women are "somewhere in France" at military bases.

Sixty thousand women are voluntary hospital workers.

A thousand women are patrols.

This is but a part of it. There are also a great number of home women who give much of their time to war activities.

Minard's Liniment Cures Dandruff.

Never subject plants in the house or conservatory to strong drafts of air.

When buying your Piano insist on having an "OTTO HIGEL" PIANO ACTION

THICK, SWOLLEN GLANDS that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with ABSORBINE also other Bunches or Swellings. No blister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. $2 per bottle delivered. Book 3 M free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Cysts, Wens, Painful, Swollen Veins and Ulcers. $1 and $2 a bottle at dealers or delivered. Book "Evidence" free. W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

EAGLE MOTOR STYLE

Write to-day for our big FREE CATALOGUE showing our full lines of Bicycles for Men and Women, Boys and Girls.

MOTOR CYCLES
MOTOR ATTACHMENTS

Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and Parts of Bicycles. You can buy your supplies from us at wholesale prices.

T. W. BOYD & SON,
27 Notre Dame Street West, Montreal.

ROYAL MADE IN CANADA

MAKES PERFECT BREAD

YEAST

Before putting a garment with snap fasteners on it through a wringer snap the fasteners shut.

FOR SALE

WEEKLY NEWSPAPER IN WESTern Ontario. Doing a good business. Death of owner places it on the market. A great chance for a man with cash. Apply Box 82, Wilson Publishing Co., Limited, Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried $1,500. Will go for $1,200 on quick sale. Box 69, Wilson Publishing Co., Ltd., Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

CUTICURA HEALS ITCHY PIMPLES

On Face. Badly Disfigured. Used 2 Boxes Ointment and 3 Cakes Soap.

"I had a bad itchy lot of pimples on my face which made it badly disfigured. They were inflamed and came to a head, and I could tear my skin as soon as a little heat came near them. I could hardly sleep.

"When I saw Cuticura Soap and Ointment advertised I sent for a free sample which did so much good that I bought more, and I used two boxes of Cuticura Ointment and three cakes of Cuticura Soap when I was healed." (Signed) Miss Bertha Nilsson, Stockholm, Sask.

If you have a good complexion keep it so by using Cuticura Soap daily and Cuticura Ointment occasionally.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

THE ORIGIN AND DANGER —OF— CATARRH

—IF YOU SUFFER FROM—

Catarrh, Catarrhal Deafness, Head Noises, Catarrh of the Stomach, (which is often mistaken for Indigestion), Catarrh of the Bowels, Asthma, Bronchitis, Loss of Smell, Phlegm dropping in the back part of the Throat, or if you have a Cough

YOU SHOULD NOT FAIL TO READ EVERY WORD OF THIS ARTICLE

What Parmint, the Wonderful English Formula, Has Done for Others, It Will Do For You

CATARRH, A LOATHSOME AND INSIDIOUS DISEASE

Catarrh is a very common name for a very common disease, so common that most people do not realize how fearful, dangerous and disgusting it is. A cold in the head, hawking, spitting, blowing of the nose, phlegm dropping in the throat, bad breath, dullness of mind, bad humour—this is the way it starts.

And where does it end? Frequently in Catarrh of the Stomach, Catarrh of the Bowels, Bronchitis, and often slight or total deafness results.

HOW CATARRH STARTS

Catarrh usually begins with a cold in the head.

The Catarrh germs breathed in through the mouth or nostrils have settled upon the inflamed and delicate mucous membrane that lines the nose and throat. These germs are harmless to healthy tissues; when they lodge upon an irritated surface it means a more and more diseased condition of the membranes. They thus produce further inflammatory irritation, and in time even ulceration. The sufferer from catarrh often finds his sight and hearing failing. He suffers from an almost constant dull ache over the eyes and across the forehead. The mind becomes dull when the membranes of the nasal cavities are in a discharging condition.

It is the pus and decaying matter oozing from these sores that causes the offensive breath so common to victims of catarrh. You may not notice it yourself. You probably do not. But your friends do, though they are too careful of your feelings to tell you so.

NASAL CATARRH

This form of Catarrh is, to say the least, sickening and disgusting, besides being most common and highly dangerous. The changes of weather render the delicate mucous membranes in the nose and throat very susceptible to inflammation, and thus encourage the birth and growth of catarrhal germs.

The nose and throat are what might be called the highway of life.

The throat itself is divided into two main passages; one the Oesophagus, or gullet, going to the stomach, the other the respiratory tract, or Trachea, going to the bronchial tubes and lungs. Through the lungs the blood passes with every heart beat, and there comes in contact with the air. If the air breathed in is pure, and if nose, throat and lungs are sound, the dark blood is at once purified and passes out of the lungs in a bright, red stream, carrying life and strength to all the body. If, however, the air breathed in is bad, or if the nose, throat or lungs are diseased in any way, then the blood, (instead of being purified by its passage through the lungs) is, on the contrary, still further poisoned and goes on its way carrying the disease to all parts of the system.

That nasal catarrh is a nauseating disease any one knows who has had to sit close to, or talk face to face with a person reeking with purulent catarrh. Have you ever had to endure in sickening silence the hawking and gagging of a catarrh victim, or had to sit close to such a person and experience a disgusting, appetite-losing, foul odor, which you could not explain, and did not know what it was? That is catarrh, and there are many people who have it and don't know it.

CATARRH OF THE STOMACH

(Often mistaken for Dyspepsia or Indigestion)

Many cases of indigestion and dyspepsia are simply the result of catarrh of the throat and stomach. At night as you lie asleep, the mucus drops down from the throat and head and is swallowed into the stomach. In the morning you awake feeling heavy and tired; there is a bad taste in your mouth, you are in a bad humour; you wonder what ails you. You have catarrh; catarrh of the stomach, and your whole system is poisoned and is reeking with the disease. Your stomach has become clogged and the delicate membrane is coated with a vile sticky substance. The catarrh mucus refuses to be digested and only passes out of the stomach with great difficulty. Little by little, the mucus with the catarrh germs which it has carried settles permanently on the mucous membrane which lines the stomach.

Real dyspepsia and indigestion are caused by a lack of digestive juices. But here we have a condition where the membrane is able and ready to do its work, but it is prevented by foreign matter which has dropped down from the head and coated it. How then, can the usual treatment for indigestion be of use? Since catarrh is the cause of the trouble, it is the catarrh that must be treated. If you have catarrh of the stomach we believe that if taken faithfully for a reasonable length of time Parmint will bring you an amount of relief that will fully compensate you for the cost and time expended.

CAUSE OF DEAFNESS

A cause which is responsible for a great many cases of deafness is catarrh. The whole trouble generally begins in a simple cold in the head. During such a cold almost every person experiences that feeling of stuffiness which tells of inflammation extending into the post-nasal space where the openings of the Eustachian Tubes are located, and which is accompanied by catarrhal secretions, collected in the post-nasal space, where it is difficult to blow it out of the nose or hawk it up. When such conditions have become chronic, as in catarrh, the danger is grave.

The mucus, carrying the germs, drops into the throat. The glue-like nauseating mass sticks for a time to the sides of the throat. The germs are quick to take advantage of the opportunity. They invade the Eustachian Tubes. Their presence and irritation it causes produce more and more mucus. Gradually this fills up the ear tube so that sounds can only pass through with difficulty. The patient finds his hearing slowly going. When the tubes are completely filled total deafness may result.

In deafness from nasal catarrh, which affects the middle ear, it often happens that crackling sounds are present which distress and confuse the patient. These are due to the fact that the mucus which fills the upper part and back of the throat is covering the opening of the Eustachian Tubes and the bursting of bubbles or the movement of mucus causes the sounds, which come from the altered resonance of the ear. After a crackling report the head may seem clearer and the hearing better for a time. Later on in the case there may be crackling sounds when swallowing, which come from the efforts of a stiffened muscle to open the tubes which yield with a jerk.

The above explanation of a most common cause of deafness should make it clear how absurd and useless it is to attempt to overcome such deafness by eardrums or devices of a similar sort.

Let it be understood, however, that Parmint is not for ear troubles other than those caused by catarrh. If your trouble is caused by scarlet fever or any disease apart from catarrh, or if caused by an injury, Parmint is not for you, and you should consult your own family physician regarding your case.

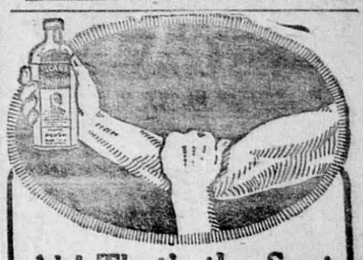
DON'T NEGLECT A COUGH

If you have a cold and it has left you with a cough, no matter how slight—you ought not to neglect it.

A cough is generally an indication that there is inflammation in a dangerous place, and proper treatment should be secured at once. Delaying treatment may mean that the cough may settle, develop and stay. Even the slightest cough indicates a danger and should receive prompt attention. Unless your cough has become extremely deep seated or has hung onto you for a long time, we believe that you will find a quick relief from your trouble by the use of Parmint.

WHAT IS PARMINT?

Parmint is an English formula put on the market in England about 10 years ago. It is a combination of ingredients having values in the treatment of catarrhal conditions, bronchial affections, etc., compounded from the best grade of material it is possible to obtain. Parmint is put up in one-ounce bottles in concentrated form which are labeled "Parmint—Double Strength." These one-ounce bottles can be obtained at a small cost and the one-ounce is sufficient to make a full half-pint of Parmint ready to take when mixed as directed in each package.



Ah! That's the Spot

Sloan's Liniment goes right to it. Have you a rheumatic ache or a dull throbbing neuralgic pain? You can find a quick and effective relief in Sloan's Liniment. Thousands of homes have this remedy handy for all external pains because time and time again it has proven the quickest relief.

So clean and easy to apply, too. No rubbing, no stain, no inconvenience as is the case with plasters or ointments. If you once use Sloan's Liniment, you will never be without it.

Generous sized bottles, at all druggists.

Sloan's Liniment

Sloan's prices not increased 25c 50c $1

NOW RAISES 600 CHICKENS

After Being Relieved of Organic Trouble by Lydia E. Pinkham's Vegetable Compound.

Oregon, Ill.—"I took Lydia E. Pinkham's Vegetable Compound for an organic trouble which pulled me down until I could not put my foot to the floor and could scarcely do my work, and as I live on a small farm and raise six hundred chickens every year it made it very hard for me.

"I saw the Compound advertised in our paper, and tried it. It has restored my health so I can do all my work and I am so grateful that I am recommending it to my friends."—Mrs. D. M. ALTERS, R. R. 4, Oregon, Ill.

Only women who have suffered the tortures of such troubles and have dragged along from day to day can realize the relief which this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, brought to Mrs. Alters.

Women everywhere in Mrs. Alters' condition should profit by her recommendation, and if there are any complications write Lydia E. Pinkham's Medicine Co., Lynn, Mass., for advice. The result of their 40 years experience is at your service.