BANISH PIMPLES AND ERUPTIONS

In the Spring Most People Need a Tonic Medicine.

One of the surest signs that the blood is out of order is the pimples, unsightly eruptions and eczema that come frequently with the change from winter to spring. These prove that the long indoor life of winter has had its effect upon the blood, and that a tonic medicine is needed to put it right. Indeed there are few people who do not need a tonic at this season. Bad blood does not merely show itself in disfiguring eruptions. To this same condition is due attacks of rheumatism and lumbago; the sharp stabbing pains of sciatica and neuralgia, poor appetite and a desire to avoid exertion. You cannot cure these troubles by the use of purgative medicines—you need a tonic, and a tonic only, and among all medicines there is none can equal Dr. Williams' Pink Pills for their tonic, life-giving, nerve-restoring powers. Every dose of this medicine makes new, rich blood which drives out impurities, stimulates every organ and brings a feeling of new health and energy to weak, tired, ailing men, women and children. If you are out of sorts give this medicine a trial and see how quickly it will restore the appetite, revive drooping spirits, and fill your veins with new, health-giving blood.

You can get these Pills from any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

RENTING NEWSPAPER.

Old-time Method Revived of Newspaper Reading.

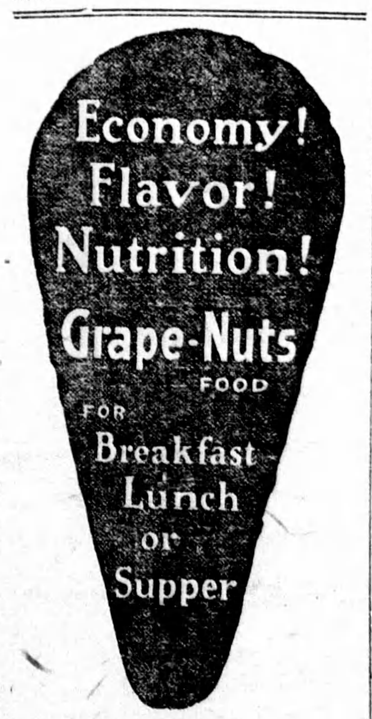
The London Times, which has returned to the reading circle idea as a means of saving paper, says that there are still people living in London who remember the days when the Times was sent around to various circles for perusal at set hours in the morning, afternoon and evening. A resident of Fulham has supplied some interesting facts with regard to this system of distribution, facts which are the more interesting now that the scheme has come into operation again.

In 1859 the Times was 4d a copy, and consequently many people could not afford to buy the paper regularly. Accordingly the newsagents started a scheme for lending the Times out on hire, they themselves taking every risk, for in those days there was no "sale or return" plan by which the newsvendors could forward their unsold copies to the office.

Mr. Henry Fletcher was one of the newsboys who was engaged in taking the Times round in 1859, and he relates the methods employed. There were three boys for his district, and their first round was at 8 a.m. Certain customers who paid their shilling a week received the paper at 8 o'clock. They kept it for two hours, when the boys called again and took it to the next subscriber. After that the tariff was 6d a week for an hour a day, or 9d for two hours.

None of the London newspapers had country agencies in those days, and, consequently, after the last person had read the paper it was posted to the country or abroad. Before this happened, however, the paper was passed on to subscribers who paid 6d a week for the privilege of having the Times from 6 in the evening until the next morning. Sometimes in the evening or the next morning the boys had to search for additional copies for casual buyers. In those days all the papers were taken round the city on carts.

The perfection of personality is action.



The New Modes

The barrel or bowling-pin silhouette appears to be meeting with success not only in skirts of the tailored type, but in afternoon frocks. The effect obtained by soft draperies and pleats at the upper part of the skirt makes very graceful lines and is especially pretty in afternoon silk frocks. The sketch shows one of these models developed in dotted foulard. The waist of this design is particularly interesting, as it features the new kimono sleeve cut so as to form a part of the body of the waist. The curved line starting from the collar and going under the arm is seen in many designs and allows for the use of two materials, that most

7681—7680

Afternoon Frock of Dotted Foulard in Barrel Effect

popular effect. Collar and cuffs of this dress are of sheer white organdy.

Short sleeves reaching just above or below the elbow, as in this model, are likely to be popular when the warm weather comes, for every indication points that way just now. The long sleeves will continue to be worn, however.

These patterns may be obtained from your local McCall dealer or from The McCall Co., 70 Bond St., Toronto, Dept. W.

THE BEST MEDICINE FOR LITTLE ONES

Baby's Own Tablets are the best medicine a mother can give her little ones. They are a gentle laxative—mild but thorough in action—and are guaranteed by a government analyst to be absolutely free from opiates and other injurious drugs. Concerning them Mrs. Auguste, St. Brieux, Sask., writes: "Enclosed find twenty-five cents for another box of Baby's Own Tablets. I find them the very best medicine a mother can give her little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

OUR CITIZEN ARMY.

An Odd Way of Enforcing Discipline Employed By British General.

They are laughing in the British trenches in France and in the London clubs over a story of how an English General taught discipline painlessly to one of the millions of new soldiers England has made.

The name of the General varies in the telling. Some say he is Field Marshal Sir Douglas Haig. Others say the Irish General Gough only could have done it. Whoever he may be, he cannot let the day pass without taking his ride-a-horseback. Though this General is known to most British soldiers, and though his uniform shows his rank, he passed one day while on his daily canter a private soldier walking in the opposite direction. The soldier did not salute. The General stared a moment, puzzled whether or not to reprimand the man. Then a slow grin passed over his face. He turned to his aid.

"We'll dismount, Mr. A.," he said, and then turning to his orderly and pointing to the soldier, "Trooper B, arrest that man and bring him here. He's a spy."

The General gave every appearance of being in deadly earnest. In a moment Trooper B. had brought back the suspected man in a state of bewilderment and no little trepidation. The General then proceeded to order and supervise a search of the man.

"Take off his coat! Empty his pockets! Take off his cap! Look inside the lining! Never know where these spies hide their papers," he ordered. "Make him take off his puttees, too."

Still in speechless wonderment the soldier helped Trooper B. execute these orders. In a moment he was standing with almost all his kit on the grass.

"Now, Mr. A.," said the General with great severity," "you know German. Examine those papers, please, and see what sort of information this spy has been collecting for the enemy."

Mr. A. examined closely all the litter on the grass, but found not a thing even to warrant a hint of suspicion that the soldier was a German spy.

"There's nothing at all incriminating here," he exclaimed, turning to the General. "There are some letters from home, quite harmless, a few picture postcards, his pay book and an envelope with two five franc notes."

"Oh, is that it?" The General scowled blackly at the soldier until the latter hung his head. Then he cleared his throat:

"Well, my man, I want you to understand this—a British soldier who does not salute a British officer is either a spay or a fool. You, apparently, are just a plain fool."

Thereupon, turning on his heel, the General jumped into the saddle and started to ride off. But the General reined in for a moment and turned in his saddle, grinning down upon the soldier who stood at attention, half dressed, his belongings scattered about.

"All right, you can dress now!" said the General, and this time he galloped off.

The story spread and there are fewer complaints now of inattention to the rules of the service in the British army.

Your Wife's "Allowance" may not expand to meet the increasing cost of foods, but it will buy a sufficient quantity of Shredded Wheat to nourish every member of the family. Two **Shredded Wheat Biscuits** with milk make a good, nourishing breakfast at a cost of a few cents. All the body-building material in the whole wheat grain. For breakfast or dinner with berries or other fruits.

Made in Canada

CROWNED AT DAYBREAK.

Interesting Coronation Ceremonies for New Queen of Abyssinia.

The ceremonies of crowning the new Empress of Abyssinia, Zeoditu, took place the latter part of February and lasted a week, which was observed as a holiday throughout the country. The new Empress remitted all arrears of taxes and proclaimed general amnesty for criminals still at large.

The Empress was crowned in the Cathedral of Addis Abeba at 4 o'clock in the morning. No foreigner was permitted to witness this ceremony, but at 8 o'clock the Empress took her seat upon a throne and received the diplomatic corps, most of the foreign residents and the principal Abyssinian chiefs, who paid homage. The Regent, Ras Tafari, stood on the steps of the throne.

An address was delivered by the Bishop of Abyssinia, after which the Empress read a proclamation to her subjects.

The day's ceremonies concluded with a gorgeous procession to the palace and a banquet.

Minard's Liniment Co., Limited.

Dear Sirs,—Your MINARD'S LINIMENT is our remedy for sore throat, colds and all ordinary ailments.

It never fails to relieve and cure promptly.

CHAS. WHOOTEN.

Port Mulgrave.

KEROSENE, THE LIGHT OF ASIA.

Opportunity For Canadian Firms To Extend Their Trade.

To educate the Chinese into a knowledge of kerosene, the Standard Oil Company made presents of small oil lamps in the Celestial Empire, says the New York Mail. That was twelve or fourteen years ago.

In 1908 the sales of kerosene in China aggregated 13,000,000 gallons.

In 1916 they aggregated 108,000,000 gallons.

Kerosene has become the light of Asia.

What an object lesson there is for Canadian enterprise in this achievement of the great American oil company! What Standard Oil did with kerosene it is possible for hundreds of other branches of industry to do to some degree in their lines, not only in China, but elsewhere throughout the world.

Minard's Liniment Lumberman's Friend.

It is estimated that about two-thirds of all the letters carried by the postal service of the world are written, sent to and read by English-speaking people.

50 YEARS OF WOOD PULP.

Great Benefit of Utilization of Wood For Paper Making.

It is just 50 years since the first wood pulp paper in the United States was manufactured, and it would be difficult to estimate the benefit this has conferred upon the world, for it was a step in the dissemination of knowledge, particularly current news, just as was the invention of movable types and the printing press, says the Portland Oregonian.

It will be remembered by many still living with what care every rag was saved to be converted into paper, and how the paper, after it had served its purpose at the printer's, was carefully put aside for wrapping parcels. Those were days of automatically imposed thrift, which were followed by disregard of economics so widespread that already after only half a century we are confronted by a prospect of serious shortage of supply of the new raw material.

Just as the supply of rags in the sixties would not have sufficed for growing needs, so it appears that soon there will not be enough wood pulp to go around. But we have grown so accustomed to finding substitutes when we had to have them that the world is not alarmed.

There is a Message In This Lady's Story

She Tells What Dodd's Kidney Pills Do For Women

She Was Troubled With Weakness and Her Daughter Had Nervous Trouble. Dodd's Kidney Pills Proved the Remedy They Both Needed.

Hamilton, Ont., May 7th (Special)—The story told by Mrs. H. Dickens, of 70 Tom Street, this city, carries a message of hope to every suffering woman in Canada.

"After my baby was born," Mrs. Dickens states, "I used to suffer with my back and had no heart to do my work around the home. But I read about Dodd's Kidney Pills and what they have done for others, so I thought I would get a box and see what they would do for me.

"I am pleased to say that after taking two boxes I found such great relief I would not be without them in the house.

"My daughter, too, had been very sick on and off for a long time. Her nerves got so bad we were afraid we would see her in the hospital. But I am pleased to say she is better through taking Dodd's Kidney Pills.

"I never thought Dodd's Kidney Pills could have done such good work and I am telling all my friends about them."

Women's troubles, or nearly all of them, come from sick kidneys. The cure for them is the old established remedy for sick kidneys, Dodd's Kidney Pills.

Human civilisation was founded on the altruistic and moral inventions of mankind, and was directed not so much to the "survival of the fittest" as to the fitting of as many as possible to survive.—D. K. Munro.

Use more time and lower heat in cooking to develop flavors and to secure all the value in the food.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" PIANO ACTION

America's Pioneer Dog Remedies

BOOK ON DOG DISEASES And How to Feed

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WITH THE FINGERS!

SAYS CORNS LIFT OUT WITHOUT ANY PAIN

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply on the corn a few drops of freezone, says a Cincinnati authority.

At little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain or soreness or the danger of infection.

This new drug is an ether compound, and dries the moment it is applied and does not inflame or even irritate the surrounding tissue. Just think! You can lift off your corns and calluses now without a bit of pain or soreness. If your druggist hasn't freezone he can easily get a small bottle for you from his wholesale drug house.

Expensive Neutrality

The war has cost Holland $285,480,000, according to the latest official announcement, this sum having been spent on the upkeep of the mobilized army and navy, together with the supply of cheap food, the care of refugees, and the like. Moreover, the rate of expenditure is rising. The last half-year the cost was $57,080,000, as against $46,000 for the preceding six months. With the ever-mounting cost of the provision of cheap food, the figures are expected to continue their upward course in the current year.

When Your Eyes Need Care

Use Murine Eye Medicine. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Sore Eyes and Granulated Eyelids. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c. Write for book of the Eye Free. Murine Eye Remedy Company, Chicago. Adv.

What the Potato Said.

I used to be looked down upon,
But times change, I declare;
Why since the war broke out you'll see
My patches everywhere!
These fancy fellows do get by
In times of pease; but say,
Wartimes the good old staples,
They—step in and save the day!

Minard's Liniment used by Physicians.

War's Changes.

Not the least among the changes and upheavals of the war is the use of some of the stateliest houses of the old land as hospitals or convalescent homes. Even Dublin Castle has been pressed into service, and wounded soldiers are now lying in the Throne room, one resting as comfortably as he may under the canopy of the very throne itself.

Keep Minard's Liniment in the house.

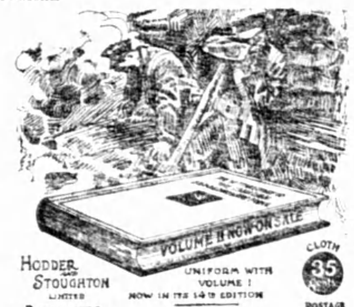
Waste ground and spare time may be jointly used for the increased production of food.

Every one says mean things about people he does not wish them to hear, and so it is a very mean trick to tell a man what people say about him.

CANADA IN FLANDERS

NOW READY Volume 2 NOW READY

This contemporary history of the Canadian Expeditionary Force issued by the Canadian Government, is official.



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CLOTH $3.5 POSTAGE 7 CENTS

Have Abiding Faith.

There are also those who, when they believe anything, don't care whether they know anything about it or not.

MONEY ORDERS

A Dominion Express Money Order for Five Dollars Costs Three Cents.

Cause and Effect.

"Your brother has the earache."

"It serves him right," answered the small boy's sister. "Teacher has told him time and again he ought not to play the piano by ear."

Ask for Minard's and take no other.

NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 Adelaide St., Toronto.

MISCELLANEOUS

BICYCLES, NEW AND SECOND Hand. $12.00 up. Send for special price list. Varsity Cycle Works, 413 Spadina Ave., Toronto.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

THE LIFTUP

(Patented)

BIAS FILLED CORSETS

The Support You Need and Just Where You Need It.

All the latest styles of corsets to suit any figure.

If your dealer cannot supply you, write us direct for catalogue and measuring form.

Representatives Wanted

BIAS CORSETS, LIMITED
37 BRITAIN ST. TORONTO.

Shaving Single Handed in a Military Hospital

Only those who have been there can realize what the Gillette Safety Razor is doing for the wounded!

Clean shaving on the firing line, possible only with a Gillette, has saved endless trouble in dressing face wounds. In the hands of orderly or nurse it shortens by precious minutes the preparations for operating. Later, in the hands of the patient it is a blessing indeed!

As soon as their strength begins to return, they get the Gillette into action, and fairly revel in the finishing touch which it gives to the welcome cleanliness of hospital life. For though he can use but one hand—and that one shaky—a man can shave himself safely and comfortably with a Gillette Safety Razor.

It may seem a little thing to you to send a Gillette to that lad you know Overseas, but to him it will mean so much! It will bring a touch of home comfort to his life on active service, and be even more appreciated if he gets "Blighty".