A CAUSE OF INDIGESTION

People Who Complain of This Trouble Usually Are Thin Blooded.

Thin blooded people usually have stomach trouble. They seldom recognize the fact that thin blood is the cause of the trouble, but it is. In fact thin, impure blood is the most common cause of stomach trouble : it affects the digestion very quickly. The glands that furnish the digestive fluid are diminished in their activity ; the stomach muscles are weakened, and there is a loss of nerve force. In this state of health nothing will more quickly restore the appetite, the digestion and normal nutrition than good rich, red blood. Dr. Williams' Pink Pills act directly on the blood, making it rich and red, and this enriched blood strengthens weak nerves, stimulates tired muscles and awakens the normal activity of the glands that supply the digestive fluids. The first sign of improving health is an improved appetite, and soon the effect of these blood making pills is evident throughout the system. You find that what you eat does not distress you, and that you are strong and vigorous instead of irritable and listless. This is proved by the case of Mrs. J. Harris, Gerrard St., Toronto, who says : "About three years ago I was seized with a severe attack of indigestion and vomiting. My food seemed to turn sour as soon as I ate it, and I would turn so deadly sick that sometimes I would fall on the floor after vomiting. I tried a lot of home remedies, but they did not help me. Then I went to a doctor who gave me some powders, but they seemed actually to make me worse instead of better. This went on for nearly two months, and by that time my stomach was in such a weak state that I could not keep down a drink of water, and I was wasted to a skeleton and felt that life was not worth living. I was not married at this time, and one Sunday evening on the way to church with my intended husband I was taken with a bad spell on the street. He took me to a drug store where the clerk fixed up something to take, and my intended got me a box of Dr. Williams' Pink Pills. By the end of the first week I could feel some improvement from the use of the Pills, and I gladly continued taking them until every symptom of the trouble was gone, and I was again enjoying the best of health. These Pills are now my standby and I tell all my friends what they did for me."

You can get Dr. Williams' Pink Pills from any dealer in medicine or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

GERMAN SOLDIERS HOMESICK.

Write Their Letters From the Front in Melancholy Tones.

The "Kolnische Zeitung" remarks that it has been generally observed that numerous letters from German soldiers at the front are couched in melancholic tones, giving to friends and relatives the impression that the writer is sad, and filling the hearts of those at home with uneasiness.

And yet, after exact investigation, says the "Kolnische," it has been proved that the writers of these letters are in excellent spirits. What, then, is the explanation ? The writers are simply afflicted with homesickness. They are thinking of their homes. They do not wish to make those at home sad or cheerless, but so long as they have a pen in their hands they see their home life swim before their eyes, and hear the children's talk, they see the friendly faces of wives, parents, friends, they see the sunshine round their homes, and a longing for the old life and peace comes over them. It is this that casts a shadow over their surroundings, and this shadow finds its expression in their letters.

As a matter of fact, says the "Kolnische," they do not know what they have written. After they have written and sealed their letters they forget all about them, and they wonder when they hear from home, why their friends are all so anxious about them. That is the explanation. It is only home-sickness.

Simply Ferocious.

"Yes," said the cynical old sea captain, "when I was shipwrecked in South America I came across a tribe of wild women who had no tongues."

"Good gracious!" exclaimed a listener. "How could they talk?"

"They couldn't," was the reply. "That was what made them wild."

20 Assorted Celluloid Patriotic Buttons and Flags for 25c

The above illustration shows three of the twenty different Patriotic Buttons and Flags of the Allied Nations which Canadians are proudly wearing to-day. In order to advertise our Tag Day Supplies we will send you these twenty designs, upon the receipt of 25 cents. This is a collection you will prize and keep. Ask for a price on a large Flag for your home.

T. P. TANSEY,

Dept. "T," 186-188 Peel St., Montreal. Manufacturers of Badges, Buttons, Flags and Tag Day Supplies.

GREAT BRITAIN'S PRIME CONDITION

JOHN BULL'S REMARKABLE FINANCIAL POSITION.

Lending to Russia, France, Italy and Serbia, and Supporting Belgium.

John Hart, political economist and director of "London Opinion" Corporation, who has just arrived in the United States, gives a lucid explanation of the financial conditions of Great Britain. He says :

"Notwithstanding the heavy expenditure of Great Britain since the outbreak of the war, and the heavy drafts upon the public, the debt of Great Britain to-day is only about one-half of what it was per capita at the end of the Napoleonic War. In 1816, just after the Battle of Waterloo, the public debt per capita was £43. That amount in proportion to the income of the country at that time, compared with the income of the present day, represented a debt of £120 per head. In August, 1914, the public debt was £14 per capita, and every one thousand millions of pound sterling issued since represents £20 per capita ; so that the present day debt of Britain is not much more than 50% of the equivalent debt at the end of the Napoleonic War.

A Creditor Nation.

"It should be borne in mind that England is financing France, Italy, Russia and Serbia in the present war, and is carrying the entire charge of Belgium. The money so employed is loaned to these nations so that England is still largely a creditor nation. The financial condition of Great Britain at this advanced period of the war is most remarkable. The markets are all buoyant, the minimum restriction on sales of stocks is being removed, and as they reach a proper level as regards the value of money to-day (due to war conditions), there is a tremendous amount of money for investment. A large part of the money whereby England is financing herself and other nations is the proceeds of the sale of American securities, made by private holders to the British Government, which is being used as it is collected. Another large part is derived from the enormous amount of profit being made by manufacturers of war supplies. Then again, the restriction imposed by the Government on the investment of British capital outside of the country is responsible for a tremendous amount of money being kept at home which would otherwise find investment abroad.

Benefits of Advertising

"Strange as it may sound, an enormous portion of the money raised by the British Government has been due to advertising. For the first time in history the British Government has made use of the gratuitous service of some of the leading advertising men, which service has been immensely profitable to the Government. The British Treasury has used the same methods adopted by high-class mercantile houses to sell their goods and they have succeeded beyond expectation. A very large amount of the five-year Treasury bonds has been sold to the working classes. The lowest denomination of these bonds is £1, which is sold as advertised for 15s. 6d. for which amount the investor obtains the face value of the bond at maturity; or, in other words, he makes a profit of 4s. 6d., or a little over 29% in the five years, which represents nearly 6% annually.

"It is calculated that 70% of the war revenue is contributed by payers of income tax and other direct taxation, that is by persons whose income is above $800 per annum, and only 30% by those with smaller incomes. The entire taxation, direct and indirect, last year amounted to about £350,000,000.

"Of the £5,000,000 daily war expenditures of England about 40% is coming back to the country in wages and expenditures for war supplies ; about 40% is money loaned to the Allies, the colonies, India, and other dependencies, so that of the total amount only about 20% is an actual charge against the Government."

ARMY GROWS POTATOES.

British Soldiers Planting Between Camp Huts.

The army has started to grow its own potatoes. Instructions have been sent, or are being sent, from the War Office to every command, indicating the lines which should be followed, says a story from British army headquarters.

Military requirements are very large and little more than half the usual supplies of potatoes are coming into the markets, with the result that prewar prices to the public are nearly doubled.

At one camp in Surrey digging operations began last week, and the seed potatoes are to be planted in a few days in rows between the huts. A number of men are being told off each day for digging, and others are being asked to help in spare time. At a camp in Yorkshire potato growing began some weeks ago. It is understood that instructions will soon be issued for the growing of vegetables.

And the more some people are worth the more worthless they are.

A FAMOUS HORSE.

Thoroughbred Stallion "Anmer" Will Be Seen at Canadian National Exhibition.

In the interests of the breeders of Ontario and the united efforts of the various breed societies to encourage the farmers and breeders of Canada to raise horses that will meet the demand expected from buyers from foreign countries during the years succeeding the termination of the war, the Canadian National Exhibition, at Toronto, has arranged with the Dominion Government and the Canadian Thoroughbred Horse Society to have Anmer, the thoroughbred stallion presented by His Majesty, King George, as a sire suitable to improve the stock in Canada, paraded every afternoon during the Exhibition.

As an encouragement to breeders the Thoroughbred Horse Society has decided to distribute the revenues obtained from "Anmer's" stud fees in premiums at Agricultural Shows to classes of horses sired by a thoroughbred, which are best suited for remount and cavalry purposes.

Thoroughbred Stallion "Anmer."

"Anmer" is a beautifully bred horse and stands over 16 hands, with plenty of quality and substance, and a good disposition. He was elected by Lord Marcus Beresford from the Royal stud as a horse most suitable for the Canadian requirements, and has been pronounced by successful breeders to be the best stallion that has ever left the shores of the world's greatest nursery.

It will be remembered that in 1913 "Anmer" was the King's Derby candidate and was running well up in that historic event when a suffragette ran out on the course, endeavoring to snatch at the bridle. "Anmer" was thrown and the woman was trampled to death. The fall also nearly proved fatal for the jockey, Herbert Jones.

"Anmer" was a winner in England in the 1¼ miles Hastings plate, second in the Payne Stakers, third in the Newmarket, St. Ledger and Royal Stakes. His sire, Florizell II, was a winner of the Ascot Gold vase, Jockey Club cup, Goodwood cup and Manchester cup and an own brother to Diamond Jubilee and Persimmon, both Derby winners for the late King Edward and both successful sires. Diamond Jubilee was sold at the end of his racing career for $150,000 to go to the Argentine Republic, where he has headed the list of winning sires for several years. Guinea Hen, the dam of Anmer, is also a winner and the dam of Brakespear, Pintadeau and Jungle Cock. She is by Gallinule, sire of the great Pretty Polly.

The gracious and timely action of King George in presenting to Canada such a stallion for the improvement of thoroughbred stock is very much appreciated by horsemen. "Anmer" has been quartered at Ennisclaire farms, Oakville, but will be brought in to Toronto for the whole period of the Exhibition, the only place where the Thoroughbred Horse Society has consented to exhibit him.

The Fine Flavour---

the delicate taste of malted barley blended with the sweets of whole wheat—is sufficient reason in itself for the wonderful popularity of

Grape-Nuts

FOOD

But it is more than delicious—it is the finest kind of concentrated nourishment to thoroughly sustain body and brain tissue—a food that benefits users remarkably.

A short trial proves

"There 's a Reason"

Sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

Lashing a Lazy Liver with pills may give temporary relief—but the pill habit is not a health habit. It will put the liver out of business in time—and then everything else goes out of business. Get the health habit by eating **Shredded Wheat Biscuit,** the ideal hot-weather food, which contains more digestible, brain-making, muscle-building material than beefsteak or eggs. The tasty, delicious crispness of the baked wheat gives palate joy and stomach comfort. It supplies the maximum of nutriment in smallest bulk, and its daily use keeps the bowels healthy and active. For breakfast with milk or cream, or for any meal with fresh fruits.

Made in Canada

Pepsin Supplanting Rennet.

A Wisconsin cheese firm, in a letter to the Trade Bulletin, states there is a revolution in cheese making in that state, owin gto the use of pepsin instead of rennet. It coagulates the milk better, it is of uniform srength, and the test of the whey shows that there is less butter fat and solids in the whey. The price of pepsin is very much cheaper.

They have cheese on hand made with pepsin that are four to six weeks old, and the curing process seems to be identical. The factories are using about 3-8 to 1-2 ounce of pepsin dissolved in warm water at about 90 degrees temperature, then emptied into a bucket of water and put into the milk the same as they have always done with rennet. The use of pepsin will materially relieve the situation on the scarcity of rennet, in fact they believe that in the future pepsin will be used instead of rennet.

Minard's Liniment used by Physicians.

On the Safe Side.

Jones and his wife were seated at the dining room table perusing the evening papers when the doorbell rang. Jones arose to answer it, when his wife said:

"Let me hide those umbrellas before you let them in."

"Why, do you think somebody will steal them?" asked Jones.

"No," replied his wife. "Some one might recognize them."

Sore Eyes Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

Surprised.

"Is that fellow a member of this church?"

"Yes."

"Does he come regularly?"

"Yes, every Sunday."

"That's a surprise to me. I've had several business deals with him and I'd never suspected that he was ever inside a church."

I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made.

ARCHIE E. LAUNDRY, Edmonton.

Different.

Redd—An automobile is so different from a horse.

Greene—Why, of course.

"You see, a horse goes faster when he's going home than when going away from home."

"Well, doesn't an automobile?"

"Oh, no; you see, an automobile often has to be towed home."

Ask for Minard's and take no other

A Flat-Dweller's Stratagem.

Mrs. X.—"Bothered with time-wasting callers, are you? Why don't you try my plan?"

Mrs. Y.—"What is your plan?"

Mrs. X.—"Why, when the bell rings I put on my hat and gloves before I press the button. If it proves to be someone I don't want to see, I simply say: "So sorry, but I'm just going out.' "

Mrs. Y.—"But suppose it's someone you want to see?"

Mrs. X.—"Oh, then I say: 'So fortunate, I've just come in."

Taking a Chance.

Lawyer—What evidence have you that he promised to marry you?

Girl—What evidence? Why, my face, my form, and my sweet disposition!

Lawyer—Well, I'll do my best to get a near-sighted bachelor jury.

The trouble is that by the time a girl is old enough to help mother wash the dishes she is also old enough to know that sort of work makes her hands red.

ACROSS THE BORDER

WHAT IS GOING ON OVER IN THE STATES.

Latest Happenings in Big Republic Condensed for Busy Readers.

All the shops at the State penitentiary, at Frankfort, Ky., were destroyed by fire.

Fifteen hunhdred Sioux Indians in South Dakota have offered to enlist for service in Mexico.

Thirty Chinese citizens of Tuscon, Ariz., have formed a company of home guards as a protection against Mexican raiders.

This year the United States will yield 125,000 divorces, the Rev. F. M. Moody, of Chicago, told President Wilson, at Washington.

Twelve Brooklyn physicians are to be prosecuted as a result of a recent crusade for alleged negligence in reporting births of children within ten days.

Chicago packing houses have closed contracts with the army quartermaster there for a monthly supply of 1,5000,000 pounds of meat for the army.

In his will as probated, John Black, a retired Baltimore financier, who died recently, gives more than $275,000 to religious and educational institutions.

Miss Rose Pitonof, of Dorchester, Mass., was married to Dr. Frederick Weene, a dentist of Somerville. She saved his life in Marblehead waters last fall.

Ties were found bound to the tracks of the New York Central main line at Lyons, N.Y., over which trains carrying the Massachusetts National Guard were to pass.

Reports were current that Frank A. Munsey, owner of the New York Press, and William C. Reick, owner of the Sun, are contemplating a merger of their properties.

Five million dollars was added to the fortifications bill as it passed the House at Washington, to be used for purchase and manufacture of mountain, field and seige cannon.

Private Clifford Green, Co. F., of Dover, Me., after being summoned to his company, walked 150 miles from Elm Stream through the woods before he could strike a railroad.

A protest against the promiscous removal of tonsils from children was voiced by Dr. Royal Copeland, of New York , in a paper read before the American Institute of Homoeopathy at Baltimore.

K. D. Taliaferro, aged 18, son of R. M. Taliaferro, general agent of the Norfolk and Western Railway at Yynchburg, Va., committed suicide when Miss Bertha Pfeister refused to elope with him.

Minard's Liniment Lumberman's Friend

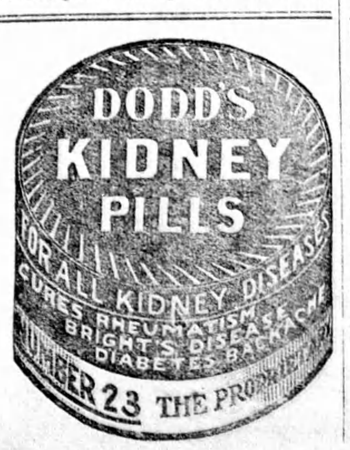
GEN. SMUTS' CONQUEST.

Usambara Described as the Gem of German East Africa.

Wilhemstal, the capital of the Usambara Highlands, was occupied a short time ago by General Smuts, and as the enemy have abandoned its seaport, Tanga, it would appear that the whole of this region, the most settled and most prosperous part of German East Africa, will shortly be in undisputed possession of the British.

Its healthy climate, picturesque valleys and mountains, and luxuriant vegetation attracted attention to Usambara from the first establishment of German rule, and its nearness to the coast rendered it easily accessible. To-day it possesses scores of thriving plantations, pleasant and well-built towns, and excellent roads. Its European population is about 3,000

Bordered east and west by arid schub?covered steppes, north by open country, and south by dense jungle, the highlands form an oasis in the wilderness. Extending southeast and northwest for 75 miles, they vary in breadth from 1 to 45 miles. The hills rise tbruptly 1,500 feet to 1,700 feet from the surrounding plain, and the most lofty peaks are over 7,500 feet above the sea. The valleys, deep and narrow, through which rush picturesque torrents, and the hillsides, are under cultivation ; the native population is dense, and long before the coming of the white man they had flourishing and extensive shambas. Soon after the proclamation of the German protectorate a site in one of the south-western valleys was chosen as a Government post. Named Wilhemstal, in honor of the Kaiser, it has grown into a considerable town, with fine public and private buildings.



EATS GILLETT'S DIRT LYE CLEANS DISINFECTS

Vigilant Fido.

The man getting his hair cut noticed that the barber's dog, which was lying on the floor beside the chair, had his eyes fixed on his master at work.

"Nice dog, that," said the customer.

"He is, sir."

"He seems very fond of watching you cut hair."

"It ain't that, sir," explained the barber. "You see, sometimes I make a mistake and snip off a little bit of a customer's ear."

Keep Minard's Liniment in the house

Marriage may be a lottery, but nine times out of ten if a man picks a loser it is his own fault.

SEED POTATOES

SEED POTATOES, IRISH COBblers, Deleware, Carman. Order at once. Supply limited. Write for quotations. H. W. Dawson, Brampton.

HELP WANTED

BOX NAILERS, SAWYERS, LABORERS, good wages. Apply or write Firstbrook Bros. Limited, Toronto.

WANTED—MACHINISTS, MOULDERS and Pattern Makers, steady work, state age, experience and wages. Boving Hydraulic & Engineering Co., Limited, Lindsay

WANTED—HELP FOR WOOLEN Mill, Carders Weavers, Fullers, and Napper Tenders. Good wages paid in all departments, and steady work assured. We have several openings for inexperienced help, where energy and ability will bring promotion. Wages paid to apprentices while learning Weaving. Special inducements to Family workers. Write stating full experience if any, age, etc to The Slingsby Mfg., Co., Ltd. Brantford, Ont.

NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

THE HUDSON CITY HOSPITAL, Hudson-on-Hudson, New York, offers a two and a-half years course in instruction and practice to young women who wish to become nurses. The School is registered. For full information apply to the Superintendent.

Lump Rock Salt

Best for Cattle. Write for Prices.

TORONTO SALT WORKS, 60-62 Jarvis St., Toronto, Ont.

Seventh Annual Toronto Fat Stock Show will be held at Union Stock Yards, Toronto DECEMBER 8th and 9th, 1916

For further particulars write C. F. TOPPING, Secretary, Union Stock Yards, Toronto

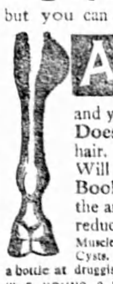
Agents Wanted

To represent well known Fertilizer Manufacturer. Attractive proposition to energetic and responsible parties. Apply with full particulars to

FERTILIZER,

c/o Wilson Publishing Co., Ltd., 73 Adelaide St., West, Toronto

YOU CAN'T CUT OUT A Bog Spavin or Thoroughpin but you can clean them off promptly with



ABSORBINE TRADE MARK REG. U.S. PAT. OFF.

and you work the horse same time. Does not blister or remove the hair. $2.00 per bottle, delivered. Will tell you more if you write. Book 4 M free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wens, Cysts. Allays pain quickly. Price $1 and $2 a bottle at druggists or delivered. Made in the U. S. A. by W. F. YOUNG, P.D.F., 516 Lymans Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

Machinery For Sale

Wheelock Engine, 150 H.P., 18 x 42, with double main driving belt 24 ins. wide, and Dynamo 30 K.W. belt driven. All in first class condition. Would be sold together or separately ; also a lot of shafting at a very great bargain as room is required immediately.

S. Frank Wilson & Sons

73 Adelaide Street West, Toronto.