LOOKING OLD TOO SOON

The Condition of Too Many Women and Too Many Girls.

Too many women and too many girls look old long before they should. Their faces become pale and drawn; wrinkles appear and their eyes lack brightness. Can this be wondered at when they so frequently have headaches, backaches and a general feeling of wretchedness and weakness? In most cases it is the blood that is to blame. From one cause or another the blood has become thin and watery, and it is a fact that anaemia (bloodlessness) more than any other cause, gives women this prematurely aged appearance. It is important that the blood supply of girls and women be regularly replenished—important not only on the score of looks, but to restore robust health, which is of greater value. Dr. Williams' Pink Pills actually make new blood and restore the system shattered by overwork or worry. These pills give a glow of health to pale faces and make tired, weary women and girls feel bright and happy. With Dr. Williams' Pink Pills at hand there is no need for any woman or any girl to look ill or feel ill. Mrs. J. McDonald, jr., Hay, Ont., says: "I honestly believe Dr. Williams' Pink Pills saved my life. Some years ago I had anaemia, and as I did not realize the seriousness of the trouble I soon became a complete wreck. I got so weak I could hardly walk. I neither ate nor slept well, and could not go upstairs without stopping to rest. At times I had an almost unbearable pain in my back and would have to remain in bed. I suffered almost constantly from a dull headache, and when sweeping if I would stoop to pick up anything I would get so dizzy that I would have to catch hold of something to keep from falling. At times my heart would beat so fast that I would have a smothering sensation. My eyes were sunken and my hands and limbs would be swollen in the mornings. I tried several kinds of medicine without benefit and my friends thought I would not recover. Then I began taking Dr. Williams' Pink Pills, and before long could see and feel that they were helping me. I gladly continued the use of the pills until I was completely cured and I cannot say enough in their praise, and I strongly recommend them to all run-down girls and women."

You can get Dr. Williams' Pink Pills from any dealer in medicines or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

ANOTHER EFFECT OF WAR.

Berlin's Birth Rate is Decreasing Rapidly.

Both in the number of births and the marriages in Berlin, Germany; the effect of the war is slowly but surely being indicated. The former, during July of this year, dropped off by 25 per cent., and the latter in August showed an even more marked decrease.

The number of births in the entire city for July was but 2415, as against 3224 in July, 1914. This falling off has gradually been increasing, as far as percentage is concerned. Though figures for August are not yet available, it is believed that an even greater decrease will be found.

The big residential suburb of Wilmersdorf, one of the largest in Berlin, gives a line on the ever-decreasing marriages in the city. In all of August, 1915, only 62 weddings took place in Wilmersdorf, as against 264 one year ago. Many of the latter, it is true, were so-called "war weddings," marriages performed ahead of schedule time in order that the men could go to war, but in 1913, a normal year, 78 weddings took place.

FLAME PROJECTOR CAPTURED.

German Device Propels Stream of Liquid Fire.

One of the liquid flame projectors, by means of which the Germans took on July 30 the positions at Hooge, from which they were driven on August 9, has been captured. It resembles a metal pack in shape and is carried on the back. The inflammable liquid, some kind of coal tar preparation, is kept under pressure in the tank, and its flow is regulated by means of a tap and a pressure gauge on a length of tubing.

In the nozzle of the tube is a wick, which, when the flame projector is ready for use, is ignited by some chemical producing a fierce flame which ignites the liquid as it passes out in a stream. Thus the liquid issues from the nozzle in a broad stream of flame.

CHILDHOOD AILMENTS

Ailments such as constipation, colic, colds, vomiting, etc., seize children of all ages, and the mother should be on her guard against these troubles by keeping a box of Baby's Own Tablets in the house. If any of these troubles come on suddenly the tablets will cure them, or if the little one is given an occasional dose of the tablets he will escape these troubles. The tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Kind words never die, but the unkind live quite long enough.

BATTLE IN FLANDERS.

Guns Heard Roaring In Southern England.

Sir Arthur Conan Doyle, writing in the current issue of Colliers', tells how the roar of the guns in Flanders is heard at his home. The author lives near the summit of Crowborough Beacon, in northern Sussex, England. He writes:

"I am down at 8 and walk among the flowers before breakfast. Hark to that sound breaking in upon the peace of this sweet summer morning! It is very faint and very far, and yet with a deep throb in it which tells of infinite power. There it is again rising a little and then falling, like a thunderous surge upon a distant beach. There is no doubt at all about the sound. It is that of the guns in Flanders. It is 120 miles as the crow flies, and it might well have appeared incredible, but you have also to remember that we are 700 feet high and that there is a very steady easterly wind. Some miracle has put those air currents just right, and we do actually hear the guns of the great long-drawn battle. For a week now, ever since the wind has been in that quarter, we have heard it. All this section of Sussex is talking of it.

"It brings it all very close, and when we volunteers must muster of an evening for our drill it helps to give actuality to the eternal 'Upon the left form line of platoons!' or 'Wheel to the right by sections!' when we hear the far-off roar of the whirlpool which has drawn in so much, and may yet draw in ourselves if we should be thought worthy. One can spring to attention with a sharper snap when the guns of Flanders are pulsing in one's ears."

PRINCE OF WALES' ESCAPE.

Automobile Which He Had Just Left Wrecked by a Shell.

An officer attached to the British staff says that the Prince of Wales had a miraculous escape from death during the battle of Loos.

Strictly accurate details are that the Prince was speeding towards the Front in an automobile. He ordered the driver to pull up at the foot of a knoll which the Prince mounted and watched the progress of the fighting through his binoculars.

While he was standing on the hill a big shell fell on the automobile, utterly destroying the car and blowing the driver to pieces.

Reproached with running into danger, which the heir to the throne must avoid, the Prince replied "Well, I have plenty of brothers."

Corns Drop Out

Instant Relief

Paint on Putnam's Corn Extractor tonight, and corns feel better in the morning. Magical the way "Putnam's" eases the pain, destroys the roots, kills a corn for all time. No pain. Cure guaranteed. Get a 25c. bottle of "Putnam's" Extractor to-day.

COST OF LIVING DOUBLED.

Half an Hour After a Meal One Is Hungry Again in Austria.

Three young women, named Hirst, have arrived at Skelmanthorpe, near Huddersfield, England, from Reichenberg, Austria, where still remain their father and mother, one sister, and two brothers. Their father, a plush finisher, emigrated from Huddersfield fifteen years ago.

Their reason for returning to England is that they were unable to obtain work except in the ammunition factories. The cost of living, they say, has gone up 100 per cent., and their father was unable to suport the whole family. No obstacle was placed in their way when they requested to be allowed to return to England, and the United States Consul advanced them the necessary money.

They were detained ten days at Vienna while inquiries were being made and passports secured. The Austrian capital appeared as before the war, but the dancing halls were closed.

Regarding the food in Austria the young women stated in an interview that the bread, obtained on the ticket system as in Germany, is made chiefly from maize flour, so that it resembles yellow sponge cake. "Half an hour after a meal one is hungry again." In Austria people are told that food in England is at famine prices, that England desires peace, and that the British public is terrorized by Zeppelins.

Much was made in Austria at Christmas of the east coast bombardment, and the Misses Hirst were amazed to learn that Scarborough is much as usual. It was freely said that England had scarcely any army at all, and the idea of raising new armies was much ridiculed. Lord Kitchener, it was stated, was making himself the laughing stock of Europe with his army of criminals, convicts, and tramps, men who had not done any work for years because no one would employ them.

So much concerned were the Misses Hirst about the new British army that when they reached Paris they ran up to the first man they saw in khaki to have a good look at him. "He was not a tramp," said one of the young women, "but a Colonial who was much amused when told of the reason for the curious eyes we turned upon him."

England was everywhere in Austria blamed for the war, and gold rings were to be had bearing the inscription "Gott strafe England."

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SAVE MONEY

The Best Ever

issued; Skates, Skating Boots, Hockey Sweaters, Uniforms, and Complete Outfits, Snowshoes, Moccasins, Skis, Toboggans. We want every Man interested in Sports of any kind to get our large Free Catalogue. Prices right and satisfaction guaranteed. Immense Stock prompt shipment. You can save money by getting Catalogue to-day.

T. W. BOYD & SON
27 Notre Dame St. West
MONTREAL

BRITAIN'S MAIN OBJECTS.

Recruiting, War Loan Subscriptions, and "Thrift."

How many million of dollars the British Government has spent in advertising during the first year of the war no expert accountant has yet had the facilities to estimate. It is a safe statement to make, however, that no nation ever spent one-tenth as much on printers' ink in the same period.

Kitchener's army has been raised chiefly by advertising. Full-page, half-page and smaller advertisements in the papers are almost daily occurrences. The bill-boards have been covered with the greatest variety of posters any advertiser ever had painted. A collection of these would reveal every play of ingenius appeal advertising experts are capable of inventing. The signs on trams, buses, and private motor cars increase rather than decrease as the war continues. There are appeals for recruits in prose and verse, in cartoon and suggestive picturing—all dressed as attractively as colored inks and trained advertising men can make them.

The recent big war loan, the largest in the history of governmental borrowings, was the occasion of another tremendous advertising campaign. Even the big advertisers who have contracts for the outside pages of the dailies were pushed into the inside, so John Bull could ask Britons to pour their savings into the nation's tills. If the public had not become accustomed to Great Britain as a big advertiser because of the proportions of the army recruiting crusade, the dimensions of this campaign of advertising for money would have seemed startling, for in itself it was altogether without precedent among nations befire this war.

Now there are signs of a third big advertising movement by Great Britain in its "thrift campaign." Already the posters are urging people to eat less meat, to eat more vegetables, to insist that each loaf of bread weigh two pounds, to report any dealer trying to sell a smaller loaf, and giving similar advice as to economical housekeeping.

MOTHER'S "NOTIONS"

Good for Young People to Follow.

"My little grandson often comes up to show me how large the muscles of his arms are.

"He was a delicate child, but has developed into a strong, healthy boy, and Postum has been the principal factor.

"I was induced to give him the Postum because of my own experience with it.

"I am sixty years old, and have been a victim of nervous dyspepsia for many years. Have tried all sorts of medicines and had treatment from many physicians, but no permanent relief came.

"I used to read the Postum advertisements in our paper. At first I gave but little attention to them, but finally something in one of the advertisements made me conclude to try Postum.

"I was very particular to have it prepared strictly according to directions, and used good, rich cream. It was very nice indeed, and about bedtime I said to the members of the family that I believed I felt better. One of them laughed and said, 'That's another of mother's notions,' but the notion has not left me yet.

"I continued to improve right along after leaving off tea and coffee and taking Postum, and now after three years' use I feel so well that I am almost young again. I know Postum was the cause of the change in my health and I cannot say too much in its favor. I wish I could persuade all nervous people to use it."

Name given by Canadian Postum Co., Windsor, Ont.

Postum comes in two forms:

Postum Cereal—the original form—must be well boiled. 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

Painful Swellings Reduced Muscular Strains Ended

Such Troubles Now Quickly Rubbed Away by Powerful Remedy.

If you have any muscles that are strained and weak, that are frequently subject to rheumatic pains; if you have any painful swellings that refuse to go away—get busy with Nerviline. This is the very sort of trouble that Nerviline is noted for curing quickly. "I have proved Nerviline simply a wonder in reducing a hard, painful swelling. It followed an injury I received in my left leg and caused me great pain and discomfort. The muscles were strained and sore, and no other remedy gave the ease and comfort I got from rubbing on Nerviline. There is a soothing, pain-relieving power about Nerviline that touched the root of my trouble. Nerviline reduced the swelling, it destroyed the pain, it brought my limb back to perfect condition." The experience of Mr. Bowen, whose home is in Middlesex, is not unusual. Thousands are proving every day that muscular pains of every kind, chronic rheumatism, lumbago, neuralgia and sciatica will yield to Nerviline when nothing else can possibly cure. Nerviline is an old-time family pain remedy, used nearly forty years with great success. The large family size bottle costs 50c., trial size 25c. at all dealers.

SMACKED THE KAISER'S FACE.

British School Children Write Essays on the War.

The interest of children in the war at different ages was the subject of a paper in the psychological section of the British Association recently by Dr. C. Kimmins, of Southwark, who said in order to obtain information as to the special interests of children at different ages in regard to the war essays were written by all the children in 10 senior departments, five boys and five girls, of elementary schools, says the London Chronicle. No preparation was allowed, and no notice given. The children were told to write as much as they could about the war in 15 minutes. In all 3081 papers were written, 1,511 boys, 1,570 girls. A little girl, aged 11, wrote:

The origin of the war was this: That when the German Emperor was at Windsor he insulted Queen Victoria, and so King Edward smacked him round the face. The German Emperor said: 'I'll be avenged,' and hence the war."

A boy of 12 wrote: "The advantage of the war is that the men have learned to knit"; and another boy wrote: "The main disadvantage of war is that girls must remain old maids because there will not be any men left."

Good Board.

New Comer—Can you tell me, please, where I can find good board in this town?

One Time City Dweller—Only in the lumber yard, I fear.

Russian Tea Buyers Active.

Now that vodka has been abolished, the Russians are taking to tea with great favor. Russian agents are buying great quantities of tea in the East, thus forcing up the price of the product.

Missed Something.

Mrs. McGreevy was a dinner guest one evening where a noted explorer was the attraction. Being of a somewhat languid turn of mind, she paid more attention to her dinner than to the conversation. After dinner was over she turned to one of the guests and asked:

"What was that tiresome old explorer talking about?"

"Progressive Patagonia," was the reply.

"Really?" asked Mrs. McGreevy with sudden interest. "And how do you play it?"

Minard's Liniment Cures Diphtheria.

How to Tell Train's Speed.

Count the clicks of the wheels on one rail (because joints alternate) for twenty seconds, and the result will be the miles per hour the train is running. There are 176 thirty-foot rails in 5,280 feet. The train, say, is travelling at forty-five miles per hour, or 2.25 rails in one second, which, multiplied by twenty, equals forty-five rails in twenty seconds, or forty-five miles per hour.

Damaging Evidence.

"Them was nice folks you waited on, Mamie, ain't they?"

"No, no, dear! Appearances is deceitful. They didn't have no charge account. Paid cash for everything."

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASES
CURES RHEUMATISM
BRIGHT'S DISEASE BACKACHE
DIABETES
NUMBER 23 THE PR

THE AFTERMATH OF BLOOD.

Red Poppy Crop on Battlefields of France.

There is a brisk discussion in France between the scientific people and the sentimental, tradition-loving peasants. It has been noticed that all the battlefields of northern France where blood was shed last year are a-wave with red poppies, which grow everywhere and border all the roads. The peasants see in it the aftermath of the blood shed in the fights of last autumn.

Scientific men point out that it is merely the natural result of the fields being thrown out of cultivation. But at least the peasants have tradition on their side. The dreadful battle of Landen in 1693, when the victorious French and the defeated allies left on the field between them some twenty thousand dead, produced a similar phenomenon.

Lord Perth, writing to his sister in the following summer, described the appearance of the field in words which gave Macaulay an opportunity for a characteristic flight. "During many months the ground was strewn with skulls and bones of horses and men. . . . The next summer the soil, fertilized by twenty thousand corpses, broke forth into millions of poppies. The traveller who on the road from Sant Tron to Tirlemont saw that vast sheet of scarlet spreading from Landen to Neerwinden could hardly help fancying that the figurative prediction of the Hebrew prophet was literally accomplished and that the earth was disclosing her blood and refusing to cover the slain."

How to Awake Fresh as a Daisy Constipation Gone!

No other remedy acts the same. Works while you sleep, smooth, silent, effective. Cures the worst headache or constipation. This is what happens when you use Dr. Hamilton's Pills. For wind or pain in the Stomach nothing works better. No bad taste left behind, no furred tongue, no more dizzy spells or bilious fits after taking Hamilton's Pills. All the old costiveness, frightful dreams and nervous disorders disappear as a ship in the night. The appetite is sharpened up, takes on a keen edge. You enjoy your meals, relish and digest them. Strength and buoyant spirits return. You feel good, you look like your old self again with bright eyes and rosy cheeks. The best guarantee of good health and old age that man and woman can have is the regular use of this family Pill. Suited to all ages, you should get a few 25c. boxes from the drug store and keep them handy. Remember the name,—Dr. Hamilton's Pills of Mandrake and Butternut—no substitute so good as the genuine.

As Good as New.

One day a man exhibited a handsome umbrella.

"It's wonderful how I make things last," he exclaimed. "Look at this umbrella, now. I bought it eleven years ago. Since then I have recovered it twice. I had new ribs put in in 1910, and last month I exchanged for a new one in a restaurant. And here it is—as good as new."

IT'S A GOD-SEND TO HUMANITY

is what a leading physician says of Dr. Jackson's Roman Meal. Properly cooked into porridge according to directions on package, without stirring after first making, it is a delight to humanity. Use a double boiler or set boiler in basin of boiling water and use one cup meal to two cups water. Cook for half an hour. It's very nutritious, prevents indigestion and relieves constipation or "money back." Ask your doctor. At grocers', 10 and 25 cents.

Was Some Horse.

A man charged with stealing a horse applied for legal aid at the Old Bailey, London, England. The Recorder said the defence was that the man did not steal the horse; it followed him. "It walked by my side," said the man. The Recorder said he was afraid counsel could not persuade a jury that such a story was true. He refused legal aid, and told the man that he could "try the story" himself.

Minard's Liniment Cures Colds, &c.

A Bump for Science.

A small boy rambled into a grocery, followed by the usual dog, and stepped up to where the proprietor was busy wrapping something on the counter.

"Hello, Mr. Jones!" said the boy, glancing toward the cake box. "Give us a peck of pertaters, please."

"All right," returned the groceryman, proceeding to measure out the tubers, "and while I am getting them just look at them and think. Did it ever occur to you that they contain water, sugar, and starch?"

"No," answered the boy. "I never heard anything about your pertaters, but everybody says there's peas and beans in your coffee and sand in your sugar."

Since the war began the individual earnings of the London drivers of taxi-cabs have decreased twenty per cent.

Minard's Liniment Cures Distemper.

THE STANDARD ARTICLE
SOLD EVERYWHERE
REFUSE SUBSTITUTES

Explanation.

"Willie, did you tie that tin can to the dog's tail?"

"Yes, sir," replied the small boy. "I'm trying to do a kind act every day. That dog chases every rabbit he sees. I tied the can to him so that it will make a noise and warn the rabbit."

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN,
Schr. "Storke," St. Andre, Kamouraska.

A Poser.

Precocious Offspring—Pa, may I ask just one more question?

Patient Pater—Yes, my son. Just one more.

Precocious Offspring—Well, then, pa, how is it that the night falls, but it's the day that breaks?

Minard's Liniment Cures Garget in Cows

The bones of a human being will bear three times as great a pressure as oak, and nearly as much as wrought iron, without being crushed.

APPLES WANTED.

I AM OPEN FOR BARRELLED APples in Carlots. Quote prices, naming varieties and grades. Can also use few cars of apples in bulk. H. W. Dawson, Brampton.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

THOROUGHNESS IS OUR MOTTO!

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YOU CAN'T CUT OUT A Bog Spavin or Thoroughpin

but you can clean them off promptly with

ABSORBINE

TRADE MARK REG. U.S. PAT. OFF.

and you work the horse same time. Does not blister or remove the hair. $2.00 per bottle, delivered. Will tell you more if you write. Book 4 M free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wens, Cysts. Allays pain quickly. Price $1 and $2 a bottle at druggists or delivered. Made in the U. S. A. by W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.

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