GREATLY DISCOURAGED OVER BABY'S ILLNESS

Mrs. Jos. Gaudreau, Notre Dame des Bois, Que., writes: "Last autumn our baby was very sick and we were greatly discouraged. The doctor did not seem able to help him, and we began using Baby's Own Tablets, which soon made him a fat, healthy child." Thousands of other mothers give Baby's Own Tablets the same praise. The Tablets regulate the stomach and bowels, break up colds and simple fevers, expel worms, cure colic, and make teething easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

JELLICOE AT SCHOOL.

The Diplomatic Way He Made a Bosom Friend.

As a boy Sir John Jellicoe, Admiral of the Grand Fleet, attended a school at Rottingdean, the little Sussex village, four miles from Brighton. Apart from the fact that he was a hard worker, Jellicoe was undistinguished from other boys. He was known, however, as a boy of exceptionally high character, and successfully passed the very difficult examination which was necessary in those days to secure admission to the Britannia.

Professor MacNaughton, who was at school with Jellicoe, says that the admiral possessed a large capacity for fun, "and he was certainly distinguished beyond any of my contemporaries at school with a fund of originality of which I remember one particularly striking instance. Young Jellicoe had just entered the school, and being a new boy, he had to make his way in the world of school-life. He proceeded in an eminently original way.

"There was a senior boy in the school," continues the professor, "whose name, I think, was Ingram. Now, those who know anything about school life will know that it is hedged about with all sorts of rules and points of etiquette, and that it is extremely difficult for a new boy, especially at his first coming, to gain the friendship or confidence of one who has already an established place in the school. But John Jellicoe had evidently determined that it was worth while to cultivate the friendship of this senior boy; and he set about it in the following very original way:

"A game of football was being played in the afternoon on the small playing field which lay within the school precincts. On one occasion the bell went out of bounds, and Jellicoe went to fetch it. Instead of throwing it back in the ordinary manner, he ran back with the ball in his hand, and, on coming close to Ingram, made a neat drop-kick, so that the ball bounded against him with some force. There was a shout of laughter and applause, and away ran Jellicoe, pursued by Ingram, to a corner of the field, where they indulged for some moments in a friendly tussle before resuming the game.

"From that day Jellicoe and Ingram became bosom friends, and though this trivial incident occurred more than forty years ago, it has always remained in my memory. I do not indeed remember, either at this or at any other of the schools where I was educated, any instance of equally successful, and original boyish diplomacy."

A DOCTOR'S EXPERIENCE

Medicine Not Needed In This Case.

It is hard to convince some people that tea or coffee does them an injury! They lay their bad feelings to almost every cause but the true and unsuspected one.

But the doctor knows. His wide experience has proven to him that, to some systems, tea and coffee are insidious poisons that undermine the health. Ask him if tea or coffee is a cause of constipation, stomach and nervous troubles.

"I have been a coffee drinker all my life, and when taken sick two years ago with nervous prostration, the doctor said that my nervous system was broken down and that I would have to give up coffee.

"I got so weak and shaky I could not work, and reading an advertisement of Postum I asked my grocer if he had any of it. He said, 'Yes,' and that he used it in his family and it was all it claimed to be.

"So I quit coffee and commenced to use Postum steadily, and in about two weeks I could sleep better and get up in the morning feeling fresh. In about two months I began to gain flesh. I weighed only 146 pounds when I commenced on Postum and now I weigh 167 and feel better than I did at 20 years of age.

"I am working every day and sleep well at night. My two children were coffee drinkers, but they have not drank any since Postum came into the house, and are far more healthy than they were before." Name given by Canadian Postum Co., Windsor, Ont.

Postum comes in two forms:

Postum Cereal—the original form—must be well boiled. 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage **instantly**. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

GOLDSMITH'S ADVICE.

Though a Spendthrift Realized Advantages of Thrift.

The poet Goldsmith, though his works prove him to have been a man of almost unprecedented political insight, could not manage his own affairs. He was always in debt, and the more he received for his writings, which were even more popular in his life time than they are to-day, the more he spent and the more debt he incurred. At his death he owed no less than two thousand pounds, which, allowing for the greater purchasing power of money in that day, would be equal at least to twenty thousand dollars now. The great Samuel Johnson, Goldsmith's friend and benefactor, might well exclaim, as he did, "Was ever poet so trusted before?" But, though Goldsmith was a spendthrift, he realized the advantages of that thrift which, could he have practised it, would have made him his own master instead of the slave of publishers and money-lenders. Writing to a brother about the training of his son, poor Goldsmith said: "Teach, my dear sir, to your son thrift and economy. Let his poor wandering uncle's example be placed before his eyes. I had contracted the habits and notions of a philosopher while I was exposing myself to the insidious approaches of cunning; and often by being, even with my narrow finances, charitable to excess, I forgot the rules of justice, and placed myself in the very situation of the wretch who thanked me for my bounty."

Joints Quit Aching Soreness Goes Away

NO MORE STIFFNESS, PAIN OR MISERY IN YOUR BACK OR SIDE OR LIMBS!

Wonderful "Nerviline" is the Remedy.

A marvelous pain reliever.

Not an ordinary liniment—just about five times more powerful, more penetrating, more pain-subduing than any thick, oily or ammonia liniment. Nerviline fairly eats up the pain and stiffness in chronic rheumatic joints, gives quick relief to those throbbing pains, and never burns or even stains the skin.

"Rheumatism kept my joints swollen and sore for ten years. My right knee joint was often too painful to allow me to walk. In this crippled tortured condition I found Nerviline a blessing. Its warm, soothing action brought relief I had given up hoping for. I rubbed on quantities of Nerviline and improved steadily. I also took Ferrozone at mealtime in order to purify and enrich my blood. I am today well and can recommend my treatment most conscientiously.

(Signed) C. PARKS,
Prince Albert.

Not an ache or pain in the muscles or joints that Nerviline won't cure. It's wonderful for lumbago and sciatica; for neuralgia, stiff neck, earache and toothache. Nerviline is simply a wonder. Best family liniment known and largely used for the past forty years. Sold by dealers everywhere, large family size bottle 50c., small trial size 25c. Refuse a substitute, take only "Nerviline."

LORD KITCHENER'S TASK.

He Is Making Ready for the Knock-out Blow.

It is puzzling many what we are doing with the armies we have raised. Everyone expected certain activities when we had reached a certain strength, and in more than one influential quarter the feeling has been expressed that Lord Kitchener should now take his true position as Britain's foremost soldier, writes an English correspondent.

I believe that the nation would be almost unanimous in transferring Kitchener to the field, but we must first of all be sure that his work at home is finished. He set out to perform what seemed an impossible task, namely, the raising of an army numbered not by thousands but by millions. There was only one man in Britain capable of even tackling that job—Kitchener.

That task is not yet finished, for Lord Kitchener will make one more appeal—and it will be the last. Mark that. The register will be his guide as to the number of men he will ask for, and he knows that the call will be answered. He is in no great hurry to make that call, for rightly we are now dealing with arms before the man, and certain events may even happen that will enable the Allies to win victory at present strength; but it is well known in military circles that Lord Kitchener will not consider his work at the War Office done until Britain has a reserve superior to any of the Great Powers.

Lord Kitchener is the silent man of war, and he is making ready for the knock-out blow. We have not yet retaliated upon the Germans with a weapon like the poison gas, but that does not mean that we cannot. Kitchener is not only building up armies, he is creating weapons and preparing surprises. The scientist and the inventor have been called up by Britain's strong man. When the hour comes to employ the new weapons and the new armies Germany will do more than talk of peace, then Kitchener will take his true position as leader of the British Army in the west.

Henry VIII. was the first English Sovereign to be styled "His Majesty."

If Thin, Nervous Run Down, Depressed, This Will Help!

The wear and strain of life has tended in recent years to produce nervous debility in a large percentage of our population. Thousands are affected with a feeling they can't exactly describe. They are always tired and droopy, lack ambition, have poor appetite, look pale and suffer from depressing headaches and insomnia. This condition is full of peril. It is the stepping stone to invalidism, the beginning of a shattered constitution. We advise everyone in this condition to take a good medicine at once and try to get well while yet there is time. Probably no better advice can be given than to use regularly Dr. Hamilton's Pills which have become famous in restoring the sick to good health. A general toning up of the system at once takes place. The whole body is vitalized by richer and purer blood. The appetite is increased, food is digested and naturally strength rapidly increases. Headaches go because the bowels are regulated and all wastes are carried off. There is no experiment about using Dr. Hamilton's Pills because they certainly restore the sick as a trial will quickly prove. Just as good for the old as the young, and suitable to the needs of men, women and children. This grand family medicine should be in every home.

THE FRUITS OF OBSERVATION.

How a Dervise Described a Lost Camel.

A Dervise was journeying alone in a desert, when two merchants suddenly met him.

"You have lost a camel," said he to the merchants.

"Indeed we have," they replied.

"Was he not blind in the right eye, and lame in the left leg?" said the dervise.

"He was," replied the merchants.

"And was he not loaded with honey on one side and wheat on the other?"

"Most certainly he was," they replied; "and, as you have seen him so lately, and marked him so particularly, you can in all probability conduct us to him."

"My friends," said the dervise, "I have never seen your camel, nor even heard of him, but from you!"

"A pretty story, truly," said the merchant; "but where are the jewels which formed a part of his burden?"

"I have seen neither your camel nor your jewels," repeated the dervise.

On this they seized his person, and forthwith hurried him before the cadi; but on the strictest search nothing could be found upon him, nor could any evidence whatever be adduced to convict him either of falsehood or of theft.

They were about to proceed against him as a sorcerer when the dervise, with great calmness, thus addressed the Court:—"I have been much amused at your surprise, and own that there has been some ground for your suspicions; but I have lived long and alone, and I can find ample scope for observation even in a desert. I knew that I had crossed the track of a cemel that had strayed from its owner, because I saw no mark of any human footstep on the same route. I knew that the animal was blind of one eye, because it had cropped the herbage only on the one side of its path; and that it was lame in one leg, from the faint impression which that particular foot had produced upon the sand. I concluded that the animal had lost one tooth because wherever I gazed a small tuft of herbage had been left uninjured in the centre of its bite. As to that which formed the burthen of the beast the busy ants informed me that it was corn on the one side, and the clustering flies that it was honey on the other."

FINE TRAIN AMBULANCE.

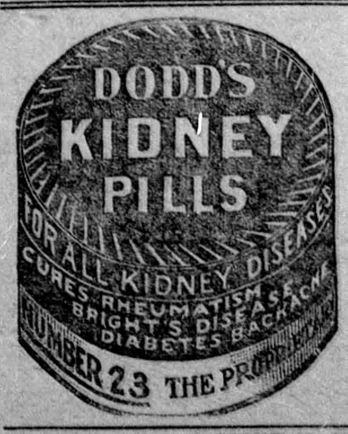
New One Built in England a Rolling Hospital and Hotel.

The latest thing in train ambulances, built by the London & North-Western Railway at a cost of some $35,000 for service in France, is quite the most perfect of the kind ever seen.

The train, whose carriages all connect so that on a straight line one can look along 800 feet of corridor, is steam heated and electric lighted throughout, while every car is provided with electric ventilating fans. The two kitchens, marvels of compact equipment, aroused much enthusiasm. They will supply the wounded men as soon as they are brought on board with hot drinks and soup, to be followed later with delicious stews and more substantial fare. The treatment room has medical stores, a long table, and all requisites for operations.

There are linen rooms, a pharmacy, and a kit room for the officers, who have a very comfortable mess-room, matched by a second mess-room for the four army nurses assigned to each train. The staff consists of 42, including the cooks—who have their own quarters—and the orderlies, who lodge four in a compartment and have a long, cheerful dining car. Tanks in the roof supply the wards and kitchen with hundreds of gallons of water.

The special feature of these trains is the separate ward for infectious cases fitted to the brake van. The arrangement of the berths in the wards set aside for lying down cases is also new. The berths, which can be raised like those in an ordinary sleeping car, are arranged in tiers of three, with the advantage that 36 men can be comfortably settled in each ward. As in all the specially-built trains, these cars are loaded through doors at the side instead of through the open windows, which was the old style. The two trains just finished are part of a fleet of 24 which carry British wounded from the front to the base hospitals and the ports in France.



Russia Buys Large Quantities of Tea.

The Canadian demand for Indian and Ceylon teas increase yearly. and if one adds to this the many other contingencies brought about by the war, it can readily be understood why the cost of tea is increasing. Russia is taking enormous quantities, and their buyers pay the very highest prices. The abnormal buying has forced quotations up over 10c a pound higher than nine months ago.

THE CIGARETTE IN BATTLE.

Incident at the Front Which Showed Great Coolness.

The British is born with an equable and composed temperament, writes W. Douglas Newton in the Royal Magazine. His emotions are forced into the channel of that temperament by his own distaste of outward show, and more, by his life's companions' distaste for outward show. Whatever his emotions they are forced to flow in the same groove, and therefore, he does not change. He is always the same, whether he is going at a steady jog-trot through business life, or whether he is fighting Germany. And being always the same, you can neither make him excited—that is in the hysterical German or the emotional Gallic ways—on the battlefield, or afraid. He is always himself, and himself has not altered for a century.

War to him must be carried on in the same way as his ledgers were filled up, and his lawn mown in civilian life. In the former state he frequently paused to light a pipe and contemplate the universe, in his new state he continues the habit. In one of the fights a private smoked steadily as he fired at the advancing Germans. He puffed at his cigarette between his shots, put the cigarette on a stone, fired, and took the cigarette again. When he came back from a bayonet charge his chief concern was not the success his battalion had attained, but the fact that the cigarette had smoked itself out. The charge was a minor success of many successes. The cigarette was the last.

Notorious For His Slackness.

Jones was recently sent by his employer to collect an account from Smith, notorious for his slackness in making payments. After several vain attempts to obtain a settlement, Jones remarked, "Well, at least let me know on what date I may expect payment." Smith replied—"Do you take me for a prophet?" "No," responded Jones. "Up to the present I have always regarded you as a loss."

Corns Drop Out

Instant Relief

Paint on Putnam's Corn Extractor to-night, and corns feel better in the morning. Magical the way "Putnam's" eases the pain, destroys the roots, kills a corn for all time. No pain. Cure guaranteed. Get a 25c. bottle of "Putnam's" Extractor to-day.

Pointed.

The subject of the discussion was the imperfection of man. The sceptical man held that human beings aren't so very wonderful, after all, and the preacher didn't agree with him.

"But, surely," protested the scoffer, "you must admit that man is a bungle job? Why, even you, in your work, must have noted many defects in the human organism, and have thought of better physical contrivances."

The preacher smiled gently.

"Yes, I have," he replied in cool sarcastic tones. "You see when I want to shut out anything disagreeable from my sight. I can always draw down my eyelids, like this; but unfortunately I haven't any flaps to my ears."

Evasive.

Ted—She wrote asking to break the engagement, and I don't know what to do.

Ned—Send her a diplomatic reply that will keep the question open, and perhaps she'll change her mind.

Minard's Liniment for sale everywhere.

In yacht-racing every yacht is bound by rules to abandon the race and go to the assistance of any yacht or person in peril.

MADE IN CANADA

MAGIC BAKING POWDER

CONTAINS NO ALUM

Makes pure, delicious, healthful biscuits, cakes and pastry. It is the only well-known strictly high class baking powder made in Canada, selling at a medium price.

Read the label

E.W. GILLETT COMPANY LIMITED

TORONTO, ONT.

WINNIPEG MONTREAL

JAP TOYS ARE NOT DURABLE.

Consequently New Industry in the Orient Has Dropped Off.

Japan's trade in toys, which once showed a steadily increasing tendency, owing to the recession of Austrian and German merchants from the trade arena, is reported from Yokohama to have shown quite a contrary tendency lately.

Immediately after the outbreak of war American and Japanese toy makers were suddenly called upon to supply toys that had been furnished by Austrian and German manufacturers. The Japanese manufacturers particularly were looked to by the dealers in the Philippines, the Dutch Indies, and India, for the supply of colored-paper toys, small flags, and wooden models.

Thus trade showed a great expension and inspired hope in the Japanese manufacturers, who then sent their representatives to those southern markets and investigated the possibility of the line. Some of them had already carried out a great increase in their operations. Before, however, the extension had been fully effected, the sudden contraction of trade came.

Japanese toys appear good, but are declared to be not durable. The coloring is also said to be poor and not durable, particularly when the goods are sent to southern lands.

Constipation Relieved or "Money Back." No Drugs.

Dr. Jackson's Roman Meal is sold with this guarantee. It is simply a most delicious food. It makes porridge, pancakes, and all baked products. All may be eaten hot without distress and nourish better than meat. Be sensible, at least try it. Costs little, only 10 cents and 25 cents. At all grocers.

In War Times.

Tramp—Please, mum, I'm a Belgian refugee.

Lady—Are you? Mention a town in Belgium.

Tramp (cogitating a moment)—I would, mum, but they have all been destroyed.

Minard's Liniment Cures Dandruff.

Very Trying.

"Well, that's enough to try the patience of Job!" exclaimed the village minister as he threw aside the local paper. "Why, what's the matter, dear?" asked his wife. "Last Sunday I preached from the text 'Be ye therefore steadfast,'" answered the good man, "but the printer makes it read, 'Be ye there for breakfast.'"

Minard's Liniment Relieves Neuralgia.

Sharp Practice.

One night in a country village barber's shop a knight of the lather and brush was performing the operation of shaving a customer with a very dull razor. "Stop," said the customer, "that won't do." "What's the matter, boss?" "The razor pulls." "Well, no matter for that, sir. If the handle of the razor don't break the beard's bound to come off."

Presence of Mind.

Klein (to partner)—Quick, Eckstein, a man fell trou de cole hole!

Eckstein—Clap de cover on, Ikey, while I run for de cop! If we don't arrest him for stealin' coal he'll sue us for damages!

Minard's Liniment Co., Limited.

Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results.

Yours truly,
T. B. LAVERS,
St. John.

Indefinite.

Mrs. Snooper—Men make me tired.

Mrs. Swayback—What's the matter now?

Mrs. Snooper—My husband saw Mrs. Keedick yesterday and I asked him what she had on, and he replied, "Oh, clothes."

Minard's Liniment Cures Burns, Etc.

By rising two hours earlier every morning than you are accustomed to you would, in forty years, add ten years of eight-hour days to your life.

FARMS FOR SALE.

IF LOOKING FOR A FARM, CONSULT me. I have over two hundred on my list, located in the best sections of Ontario. All sizes. H. W. Dawson, Brampton.

AGENTS WANTED.

$2 DAY ALSO COMMISSION FOR Local Representative. Either Sex. Experience unnecessary. Spare time accepted. Nichols, Limited, Spadina Ave., Toronto.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

THE RIGHT SCHOOL TO ATTEND!

ELLIOTT Business College

Yonge and Charles Sts., Toronto.

The demand for our graduates during August and September was four times our supply. Commence now. Calendar free. W. J. ELLIOTT, Principal.

ABSORBINE

TRADE MARK REG. U.S. PAT. OFF.

Will reduce **Inflamed, Strained, Swollen Tendons, Ligaments, or Muscles.** Stops the **lameness and pain** from a **Splint, Side Bone or Bone Spavin.** No blister, no hair gone and horse can be used. $2 a bottle at druggists or delivered. Describe your case for special instructions and interesting horse **Book 2 M Free.**

ABSORBINE, JR., the antiseptic liniment for mankind, reduces **Strained, Torn Ligaments, Swollen Glands, Veins or Muscles; Heals Cuts, Sores, Ulcers. Allays pain.** Price $1.00 a bottle at dealers or delivered. Book "Evidence" free. W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.

Absorbine and Absorbine, Jr., are made in Canada.

MILK

WE BUY IT

Perhaps you have been sending your supply of Milk to a local factory,—then you do not know the advantages of sending to the Largest and Most Up-to-Date Dairy in Canada. LET US TELL YOU. WRITE NOW for information and copy of contract. Give your shipping station and railway.

City Dairy Co., Ltd.

SPADINA CRESCENT TORONTO, ONT.