OBSTINATE INDIGESTION CAN BE CURED

Dr. Williams' Pink Pills Go Right to the Root of the Trouble.

No trouble causes more widespread suffering and discomfort than indigestion. The ailment takes various forms. Some victims are ravenous for food; others turn sick at the sight of meals; but as a rule every meal is followed by intense pains in the chest, heartburn, sick headache and often nausea. Indigestion assumes an obstinate form because ordinary medicines only subdue its symptoms—but do not cure. So-called pre-digested foods only make the digestion more sluggish, and ultimatcly make the trouble take a chronic form.

Dr. Williams' Pink Pills cure indigestion because they go right to the root of the trouble. They make new, rich blood, which so strengthens the system that the stomach does its own work and digests the food in a natural way. Many a terrible sufferer from indigestion has found a permanent cure through a fair use of Dr. Williams' Pink Pills. Among them is Mrs. H. Carmern, Locke Street North, Hamilton, Ont., who says:—"Dr. Williams' Pink Pills not only gave me new health, but new life. For five years I was a great sufferer, was almost constantly doctoring, and spent a great deal of money with absolutely no result. My stomach was in such a dreadful condition that frequently it would not retain nourishment of any kind. When I ate I suffered terrible pains, a fluttering of the heart, and often a feeling of nausea. In addition to this I was in a very anæmic condition, and felt as if I was lingering between life and death. One day while sitting in the park a lady got into conversation with me, and I told her my trouble. She asked me if I had tried Dr. Williams' Pink Pills, saying that they had been a great benefit to her daughter. When I went home I decided to try this medicine. I soon found the pills were helping me, and continued taking them for several months, when I was restored to better health than I had enjoyed for years, and I have since been the picture of health. I hope my experience may be the means of pointing to others the way to health."

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

MEDICINES IN VEGETABLES.

They Are Not Only Food But Excellent Medicine.

Onions are excellent blood-purifiers. They are Nature's remedy for sleeplessness, too. An onion poultice is of great relief in rheumatic pains.

In many cases bad indigestion can be cured by an onion diet.

Carrots are excellent for sufferers from gout, and those whose faces are without color can get it by eating plenty of carrots.

Spinach is full of iron, and is one of the finest blood tonics known. It is also extremely beneficial in kidney disease.

Cabbages of all sorts banish skin troubles, prevent sallowness, constipation, etc.

Tomatoes are exceedingly good for the liver.

Beetroot, eaten with rice, is a great blood-maker, and all anæmic persons should eat one beet every day.

Parsley is not only a garnish, but it will cure painful nettlerash if rubbed on the spot.

Celery is a great nerve tonic, and very good for rheumatism. It is a slight sedative, too.

Parsnips are full of excellent qualities, and help the whole system. Those who are martyrs to lumbago should eat this vegetable.

It might be noted that peeling vegetables which should not be peeled, and boiling them when they should be steamed, means the loss of the "medicine" and the disappearance of nearly ly all their food value.

A UNIVERSAL FOOD

Following Nature's Footsteps.

"I have a boy, two years old, weighing forty pounds and in perfect health who has been raised on Grape-Nuts and milk.

"This is an ideal food and evidently furnishes the elements necessary for a baby as well as for adults. We have used Grape-Nuts in large quantities and greatly to our advantage."

One advantage about Grape-Nuts food is that it is partially pre-digested in the process of manufacture. The starch contained in the wheat and barley is transformed into a form of sugar by the same method as this process is carried out in the human body; that is, by the use of moisture and long exposure to moderate warmth, which grows the diastase in the grains, and with long baking makes the remarkable change from starch to sugar.

Therefore, the most delicate stomach can handle Grape-Nuts and the food is quickly absorbed into the blood and tissue, certain parts of it going directly to building and nourishing both body and brain. "There's a Reason."

Name given by Canadian Postum Co., Windsor, Ont.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

BUMPER CROP ASSURED.

Report Just Issued Indicates Record Yield.

Given normal weather until harvest, the yield of grain per acre along the 5,000 miles of the Canadian Northern Railway in Manitoba, Saskatchewan and Alberta is almost certain to average high according to a consolidated report from its agents which has just been received. This gives an estimated average for wheat of 24 bushels; oats 54; and barley 37 to the acre.

In each case, where the agents give a range, such as 25 to 30 in their estimates, the Canadian Northern adopt the lower figure, so that the average may be regarded as conservative. Officers of the company said that had a middle course been followed, the result in all probability would have been 27 or 28 bushels of wheat to the acre. When comparison is made with the figures of the North West Grain Dealer's Association for the average wheat yields in Western Canada for the last five years, the remarkable character of the prospective showing along C. N. R. lines this year is apparent. The figures referred to are: 1910, 12.9; 1911, 18.2; 1912, 18.6; 1913, 17.0; and last year 12.7 bushels to the acre.

The Canadian Northern average for wheat is compiled from reports from 171 stations between Port Arthur and the Rocky Mountains, the International Boundary line and the most northerly areas now served by its lines. In the Emmerson District in Manitoba the estimates run as high as 30 bushels to the acre, and in Rapid City District as high as 32. Dauphin reports 25; Portage la Prairie 26; Rossburn 30; and the Swan River District up to 35. Along the main line in Saskatchewan the reports from the Humbolt District run up to 33 bushels to the acre, and estimates up to 30 bushels comes from the North Battleford section. Northwest of that city, Meota, reports 28 to 30 bushels. East of Prince Albert in Saskatchewan on the northern line, Melford estimates are up to 30 bushels. The Saskatoon section estimates go as high as 35, while the Kindersley division, southwesterly towards the Alberta boundary, are estimated at 35 bushels to the acre. The De Lisle division in approximately the same area reports up to 40 bushels to the acre. In Alberta, the Hanna section, in the south and the Athabasca in the north, estimate the yield up to 40 bushels per acre. The Edmonton Disctrict forecast runs as high as 35, and Vermilion to 30. In Central Alberta and Battle River District prospects are given as high as 35. In only a few instances does the estimate fall below 20 bushels, and those statements are widely separated. The estimates for oats is derived from the statements of 159 stations and that for barley from 126.

The highest forecast for oats comes from the Elrose District in Saskatchewan. There the expectation is for 100 bushels to the acre. Next is the report from the Hanna District at 90 bushels. The lowest of all is 20 to 30 bushels. In Barley the highest estimate comes from Ardate in the De Lisle District and Dinsmore in Elrose District, each estimating 60 bushels to the acre. The lowest is 15 bushels. Strangely enough in each case where low averages are given, the next station reports an expectation for yields of excellent quantity.

Telegraphic advices received yesterday by the Canadian Northern from the Departments of Agriculture of Saskatchewan and Alberta indicate that warm weather is the rule throughout both provinces. That from Saskatchewan reads:

"The special weekly report on crop conditions based on telegrams received from all parts of the Province is issued to-day by the Department of Agriculture. In the summary of district by mail for convenience of those seeking harvest work will be found the average dates on which cutting will be general but the 21st of August should see the binders busy throughout the Province. From the Southwest exceptionally good reports have come in and the wheat heads are stated to be larger than usual. No further damage by hail is reported and in those districts where hay can be obtained a satisfactory supply of good hay is being saved. Hot weather is now general throughout the Province."

From Alberta the information is:

"Southern District weather clear and warm, all grain growing rapidly, harvest operations commenced and will be general next week. Central District warm weather, all grain ripening fast, barley ready in some localities but harvest general in ten days. Northern District weather very warm, slight damage by hail, all crops maturing fast, barley will be ready early next week."

When Helogoland was ceded by Britain to Germany in 1890, the sea had made such inroads on the soft cliffs that its complete disappearance at no very distant date was freely predicted.

About the middle of the last century one of the most familiar figures in the Kilkenny (Ireland) hunting country was Mr. Hewetson Nixon, a bold and skilful rider, who was stone blind.

Every man over twenty-one years of age in Italy is entitled to a vote, except those under thirty years of age who have neither performed military service nor learned to read and write.

ABOUT CRUISERS.

They Are Termed the Policemen of the Fleet.

The cruiser has to perform, perhaps, more varied functions than any other class of warship in the fleet. It is her business to stop and fight when the circumstances are, from her point of view, favorable, and also to possess a high speed to enable her to run away when the position is unfavorable. The cruiser is admirably termed the policeman of the fleet, for her capacities of mobility and long-passage making without replenishing her bunkers are her chief attributes. Although the introduction of wireless telegraphy has somewhat lessened the responsibility placed upon the cruiser for scouting work, she is still regarded as the "eyes of the fleet." For the object of scouting work there is a special type of scouting cruiser in existance. The armored cruiser's advent has almost extended that class of ship to be considered to come within the scope of the battleship. Indeed, in some cases they are so perfectly equipped in aggressive policy as to be deemed competent enough to live in the battle-line with the "capital ships."

$1,000.00 Reward Forfeited if Remedy Fails

We hope this notice will reach the eyes of people who are troubled with constipation and bowel trouble. Dr. Hamilton's Pills have been guaranteed to cure any case within three days, and the above reward will be paid for any case resisting this greatest of all remedies.

No prescription ever written could surpass Dr. Hamilton's Pills of Mandrake and Butternut. For years they have been curing the most obstinate cases of constipation, biliousness, headaches and sour stomach. Here is your chance to test Dr. Hamilton's Pills. If they fail—your money back for the asking. Be sure you get the yellow box, and insist on being supplied with only Dr. Hamilton's Pills of Mandrake and Butternut, 25c. at all dealers.

BOTHA IS A HERO IN LONDON.

T. P. O'Connor Gives His Impressions of the Boer Leader.

Premier Louis Botha is the latest example of the extraordinary transformation of feeling that is possible to the British crowd. He came to London immediately after the Boer War with a few of his generals. He and they were in a state of the deepest depression, for their country had been so desolated that they had grave fears as to its future. They were not popular then; indeed, some hotels were doubtful about admitting them within their doors, and the visitors

General Louis Botha

who came to see and encourage them were mainly Irish politicians who had supported their cause during the war.

But soon the tide turned. When poor old Campbell-Bannerman rose to the Premiership he carried home rule for the Boers without even permitting a discussion within the Cabinet. Botha became, as everybody knows, Prime Minister, and, like the practised Dutchman he was, immediately resolved that the best future for his country and for his race was to throw in his lot loyally with the British Empire; and to that policy he has since adhered with splendid loyalty and judgment.

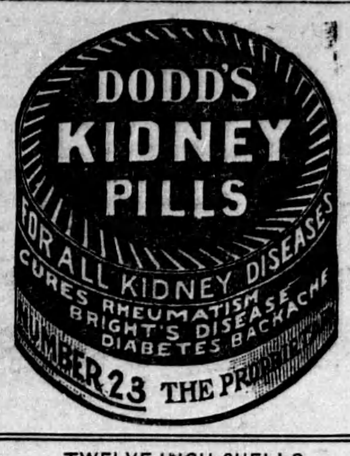
When he returned to London after this, all the past was forgotten, and he could not appear in the streets anywhere without being followed by an admiring crowd. And he was greeted none the less warmly because he had been so formidable and so brave an enemy in the not very remote past.

But, of course, by nobody was he welcomed with such heartiness as by the Irish, and the Irish party invited him to a banquet along with the other Ministers of the Dominions who happened to be in London at the time. Botha did not look very well at that time. The change from the open-air life of the veldt, whether as a soldier or as a farmer, to the sedentary habits of a Prime Minister, did not suit his temperament.

Probably after this arduous campaign, which he has just finished so successfully, Botha is in better health than he has been since he exchanged the saddle and the rifle for the desk and the pen.

Mustard, judiciously given, has a wonderful effect in inducing hens to lay.

In Scotland a jury's verdict goes by the majority. It need not, as in England, be unanimous.



TWELVE-INCH SHELLS.

Big Projectiles Carry a Thirty-pound Explosive Charge.

High power projectiles are constructed with cavities in their centre which contain the explosive charge, the explosive varying with the size of the projectile. A 12-inch shell, weighing 870 pounds, carries about 30 pounds of explosives The cavity of such a projectile is about seven inches in diameter at the base and gradually tapers in size toward the point. After the charge is placed in the projectile a plug is screwed into the base, thus sealing up the explosive, and a fuse is inserted in the centre of the plug extending into the explosive within the cavity.

The fuse, without which the explosive is harmless, depends upon the high rotary motion of the shell to become active. This rotary motion is imparted by the rifling of the gun. In the smooth surface of the tube are cut the rifling grooves of a width of about one-eighth inch.

Round the shell, near the base, in a groove cut for the purpose, is compressed what is known as the rotating band. This band projects above the surface of the shell and corresponds with the rifling grooves, so that upon its discharge is is forced into the rifling, where it acts as a seal to prevent the escape of the gas formed by the exploding powder and gives the shell the required rotary motion, which keeps it on its true course with its point always in a direct line ahead.

There are in Britain over six million men between the ages of eighteen and forty-five.

St. Jerome mentions a widow who had had twenty-two husbands, the last one having already had twenty wives.

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every-day ills and accidents of life I consider it has no equal. I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN
Schr. Storke, St. Andre, Kamouraska.

Spoiled by a Shower.

Amateur Gardener—Just my confounded luck! I came home early especially to water the garden, and now it is pouring rain.

LOW FARES TO THE CALIFORNIA EXPOSITIONS VIA CHICAGO & NORTH-WESTERN RY.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Choice of Scenic and Direct Routes through the best of the West. Something to see all the way. Double track, Automatic electric safety signals all the way. Let us plan your trip and furnish folders and full particulars. B. H. Bennett G.A 46 Yonge St., Toronto, Ontario.

In order to ascertain the engine-power required to supersede the work of horses, James Watt employed a strong horse to wind up weights, and thus found 22,000 lb. could be raised one foot per minute. For fear of giving his customers under-value, he allowed overweight half as heavy again, which made a horse-power 33,000 foot-pounds per minute.

Minard's Liniment Cures Garget in Cows

Good Lung Powers.

The new baby had proved itself possessed of extraordinary lung powers. One day baby's brother, little Johnny, said to his mother, "Ma, my little brother came from Heaven, didn't he?" "Yes, dear," answered the mother. Johnny was silent for a minute, and then he went on—"I say, ma!" "What is it, Johnny?" "I don't blame the angels for slinging him out—do you?"

Highest Cash Prices Paid for

GINSENG

We are the largest buyers of Ginseng in America and have the greatest demand for it. We can therefore pay you the highest cash prices. If you have any wild or cultivated Ginseng, write for our latest price list, or ship what you have and we will submit you our highest offer.

David Blustein & Bro.
162 W. 27th St., New York, U.S.A.

NEW POLYVATENT SERUM.

Wonderful Cures of Mutilated Soldiers Effected By It.

What are described as remarkable cures of wounded French soldiers have been effected by the new polyvatent serum, discovery of which was announced last March. Complete recovery is announced of men who were terribly mutilated, and for whom all hope had been given up before use of the serum, so badly infected were their wounds.

Doctors Leclainche and Vallee, the discoverers of the serum, have been unable up to the present to make more than 2,000 flasks of it daily, most of which goes to the base hospitals, where the worst cases are to be found.

No More Corns — **Cure Guaranteed**

Never known to fail; acts without pain in 24 hours. Is soothing, healing; takes the sting right out. No remedy so quick, safe and sure as **Putnam's Painless Corn Extractor.** Sold everywhere—25c. per bottle.

The Smiling Corn.

Observe the sturdy stalks of corn,
Watch them awhile.
They catch the spirit of the morn
And seem to smile.

The cornstalks seem to smile all day,
Diffusing cheer.
In fact, they smile, as one might say,
From ear to ear.

Minard's Liniment Cures Diphtheria.

Getting Asquainted.

"It is very interesting to know the birds," said the country lassie.

"It must be," responded the city damsel politely. "Could you introduce me to a few?"

Minard's Liniment Cures Distemper.

ROYAL YEAST
MAKES PERFECT BREAD

Her Advice.

"I've a good mind to go and jump in the river," said Mr. Joe Peck at the head of a little domestic quarrel, as he picked up his hat and started out. "You come back here," said his wife, "an' if you intend any such trick as that jest march upstairs and put yer old clothes on."

Minard's Liniment Cures Colds, Etc.

FARM FOR RENT.

IF LOOKING FOR A FARM, CONSULT me. I have over Two Hundred on my list, located in the best sections of Ontario. All sizes. H. W. Dawson, Brampton.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

KERMATH Marine Engines

"America's Standard 4 Cycle Marine Motor" — 4 Cycle, 4 Cylinder, 12 to 20 H.P. Highest quality. Silent operation. No vibration. Controls like the finest Motor Car engine. Extremely economical on fuel. Used as standard equipment by over 60 per cent. of the world's leading boat builders. Catalog on request. $190 to $360 depending on equipment.
KERMATH MFG. CO. Dept. Detroit, Mich.

Fall Term Opens September 1st.

ELLIOTT Business College

734 Yonge St., TORONTO.

A High Grade School. None Better in Canada. Write for New College Announcement.

ONTARIO VETERINARY COLLEGE

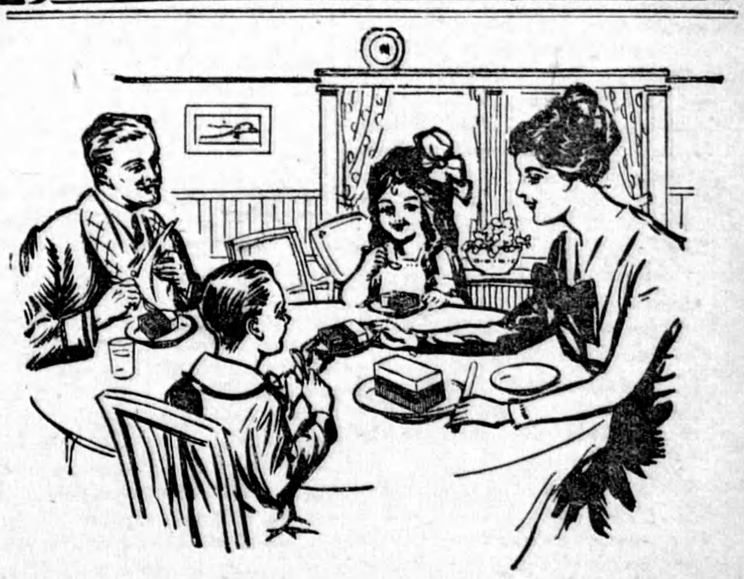
Under the control of the Department of Agriculture of Ontario. Established 1862. Affiliated with the University of Toronto. 110 University Ave., TORONTO, ONT., CAN. College Reopens Friday, October 1st, 1915. Write Dept. D. for Calendar. E. A. A. Grange, V.S., M.S., Principal.

"Overstern" V Bottom Motor Boat $55.00

Freight Prepaid to any Railway Station in Ontario. Length 15 Ft., Beam 3 Ft. 9 In., Depth 1 Ft. 6 In. ANY MOTOR FITS.

Specification No. 2B giving engine prices on request. Get our quotations on—"The Penetang Line" Commercial and Pleasure Launches, Row boats and Canoes.

THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.



Pure Ice Cream in the Home

THE BRICK has greatly popularized City Dairy Ice Cream with the housewife. There is no other dessert that can compete with City Dairy Ice Cream in the summer.

Our Service makes it possible for your dealer to supply you with City Dairy Ice Cream in brick form so that you can serve it in your own home at Dinner, Afternoon Tea or Evening Party, just the same as your City Sister.

For sale by Discriminating Shopkeepers

City Dairy — Look for the Sign.

TORONTO.