ST. VITUS DANCE IN YOUNG CHILDREN

Can Only Be Cured by Enriching the Blood and Toning Up the Blood.

One of the commonest forms of nervous trouble that afflicts young children is St. Vitus dance. This is because of the great demand made on the body for growth and development, together with the added strain caused by study. It is when these demands become so great that they impoverish the blood, and the nerves fail to receive their full supply of nourishment that St. Vitus dance develops. The remarkable success of Dr. Williams' Pink Pills in curing St. Vitus dance should lead parents to give this great blood-building medicine to their children at the first signs of the approach of the trouble. Pallor, listlessness, inattention, restlessness and irritability are all symptoms which early show that the blood and nerves are failing to meet the demand upon them. Here is proof of the great value of Dr. Williams' Pink Pills in cases of this kind. Mrs. Alfred Sochner, R.R. No. 5, Dunnville, Ont., says: "Our ten-year-old daughter, Violet, suffered very severely from St. Vitus dance. The trouble came on so gradually that we were not alarmed until it affected her legs and arms, which would twitch and jerk to such an extent that she could scarcely walk and could not hold anything in her hands steadily. She suffered for about five months before we began giving her Dr. Williams' Pink Pills, but she had not taken these long before we found that they were the right medicine, and after she had taken nine boxes she rad fully recovered her former health and strength. I can strongly recommend Dr. Williams' Pink Pills to every parent having a child suffering from St. Vitus dance or any form of nervousness."

In troubles of this kind no other medicine has met with such success as Dr. Williams' Pink Pills. You can get these Pills through any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

IMPERFECT WORLD NECESSARY

It is Necessary for the Production and Training of Moral Beings.

Professor Sorley, of Cambridge University, has been engaged in delivering a course of Gifford Lectures on "Ethics and Theism" at Marischal College, Aberdeen. In one of his lectures he laid down his own position in the following words:—

He would hazard the statement that an imperfect world was necessary for the production and training of moral beings. A world of completely unerring, finite beings created and maintained so by the conditions of their life would be a world of marionettes. Not such were the beings whom God was conceived to have created for communion with Himself. Those spirits must fight their way upwards from the lowest beginnings. In this progress they had to attain reason and freedom so that the good might be known and chosen, and, tried by every kind of circumstance, to find and assimilate the values which could transform the world and make themselves fit for the higher spiritual life. This meant that it was possible to regard God as the author and Ruler of the world as it appeared in space and time, and at the same time to hold that the moral values of which they were conscious and the moral ideal which they had come to comprehend with increasing clearness expressed His nature. On the view which had just been suggested they would explain all reality, nature and persons, laws and values, as depending on a Supreme Mind whose purpose was being unfolded in the history of the world.

A GOOD THING

When It Comes Along Don't Let It Get Away From You.

"I really feel that it is hardly possible to say too much in favor of Grape-Nuts as a health food," writes a lady.

"For 9 or 10 years I had suffered from indigestion and chronic constipation, caused by the continued use of coffee and rich, heavy foods. My ailments made my life so wretched that I was eager to try anything that held out a promise of help. And that is how I happened to buy a package of Grape-Nuts food last spring.

"That ended my experiments. For in Grape-Nuts I found exactly what I wanted and needed. From the day I began to use it I noticed an improvement, and in a very few weeks I found my health was being restored.

"My digestive apparatus now works perfectly, and chronic constipation has been entirely relieved. I have gained in weight materially, and life is a very pleasant thing to me so long as I use Grape-Nuts once or twice a day. I have found by experiment that if I leave it off for a few days my health suffers.

"A physician in our town has great success in treating stomach troubles, and the secret of it is that he puts his patient on Grape-Nuts food—it always brings back the power of digestion."

Name given by Canadian Postum Co., Windsor, Ont. Read, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Periscopes as Life Savers.

Probably no instrument invented during the present European war has been the means of saving as many lives as has a small periscope now in use by the British soldiers.

With the growth of the trench mode of fighting the skill of the sharpshooters, especially at short range, has increased to an alarming extent. Where the trenches are close together, in some instances so close that the fighters can talk to one another across their defenses, it is impossible to thrust a head above the ground without drawing the fire of half a dozen rifles.

Consequently the pocket periscope has been brought into use. The periscope is simple in construction, consisting only of two mirrors connected by a collapsible framework. Both mirrors are fixed to the framework at an angle of 45 degrees. When the framework is extended and the upper mirror is raised above the trench, the view is reflected by the upper mirror down to the lower one, which reflects the light rays horizontally to the eyes of the observer.

Before this instrument came into general use it was necessary to raise above the trenches every few minutes in order to prevent a surprise. These occasional moves endangered the life of the investigator. With the aid of the periscope the watcher may remain in the security of the trench and guard against any move from a trench within range of his vision.

Paying Our Debts.

Any man making a pretence at being honest will try to pay for what he gets. But having admitted the justness of the claim that he do so he may be surprised at the wideness of the application of the principle that lies at the back of it. The earth pays for what it gets—the rain and the sunshine, and the breezes of heaven—with fruitfulness, waving grain, buds and blossoms and fruits, and the smiling green of fields. It is not a mere sponge, receiving always and never responding to the giver. It gives back everything, with an added something of its own. The earth is honest, generously honest. And a man ought not to be any less so. He is getting every day and hour and moment of his life, getting from all sides and in all possible ways.

WHEN BABY IS ILL

When he is troubled with constipation, indigestion, vomiting or worms, give him Baby's Own Tablets. They sweeten the stomach, regulate the bowels and cure all these troubles simply because they banish the cause. Concerning them Mrs. Philias Duval, St. Leonard, Que., writes: "We are well satisfied with Baby's Own Tablets, which we have used for our baby when suffering from constipation and vomiting." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Save Us from Our Friends.

Mrs. Crawford—I supose they wondered how he could afford an auto.

Mrs. Crabshaw—Not exactly. They asked if I knew how much you owed on it.

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT.
MRS. A. LIVINGSTON.
Lot 5, P.E.I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.
Mahone Bay. JOHN MADER.

I was cured of a severely sprained leg by MINARD'S LINIMENT.
JOSHUA A. WYNACHT.
Bridgewater.

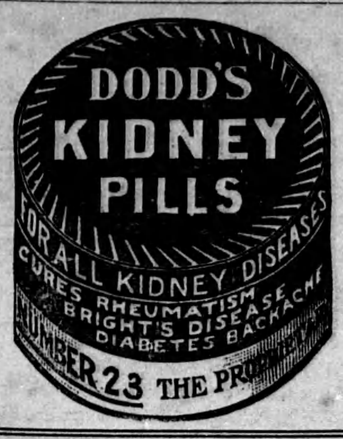
FREIGHT SERVICE TO RUSSIA

C.P.R. Will Represent the Russian Government.

The traffic arrangement by which the C.P.R. will represent the Russian Government in providing for through freight services from the Dominion to Russia by the Trans-Siberian Railway and the Russian Volunteer Fleet, which is an auxiliary of the railway, is an amplification of the connection which the company has sustained with the Trans-Siberian Railway, which is a state-owned system. The Company has offices in Moscow and Petrograd in which it does business, the only railway on this continent to have such offices in Russia. If it would seem strange that the Company should do business in either city, it need only be mentioned that the C.P.R. is the only railway in America which is a member of the Round the World Conference of which the executive of the Trans-Siberian Railway is a chief element. The Canadian Pacific, in its round-the-world tours, uses, of course, the Trans-Siberian Railway line, which the average Russian always calls the "Transcontinental" line—this being the notion the system conveys to his mind. On this line there are three types of engine the wood, oil and coal using engine. The wood engine is a special type, which is not built at all on this continent, but it serves the purpose in the physical circumstances on the system, which is differentiated in several ways from those on this continent.

Light takes 8min. 13sec. to travel from the sun to the earth.

Minard's Liniment used by Physicians.



Received the Victoria Cross.

The latest official list raises the total number of British soldiers who have received the Victoria Cross during the war to fifty-one. The line regiments, of course, having secured the largest proportion, twenty-four having been divided among members of seventeen corps, in addition to five given to the Brigade of Foot Guards. The artillery has received as many as eight, and the engineers five. The cavalry and the navy have each obtained two, the Indian Army one, and the Native Army three, while the Royal Army Medical Corps has secured one, as well as the clasp awarded to an officer who had won the Cross in South Africa. Of the nineteen officers upon whom the decoration has been conferred eight have been killed, as have four of the thirty-two non-commissioned officers and men among the recipients.

Been Deceived.

"Uncle, why did you never marry?"

"I never found a girl who would have me."

"Somebody's been fooling you. Our sex isn't that particular."

No More Corns — **Cure Guaranteed** Never known to fail; acts without pain in 24 hours. Is soothing, healing; takes the sting right out. No remedy so quick, safe and sure as Putnam's Painless Corn Extractor. Sold everywhere—25c. per bottle.

Germans have been using shrapnel composed of glass instead of lead.

Ask for Minard's and take no other.

When a Woman Suffers With Chronic Backache

There is Trouble Ahead.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

In the stores, factories, and on a farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural, but it's dangerous, because due to diseased kidneys.

The dizziness, insomnia, deranged menses and other symptoms of kidney complaint can't cure themselves, they require the assistance of Dr. Hamilton's Pills which go direct to the seat of the trouble.

To give vitality and power to the kidneys, to lend aid to the bladder and liver, to free the blood of poisons, probably there is no remedy so successful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing, and healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls and women of all ages. 25 cents per box at all dealers. Refuse any substitute for Dr. Hamilton's Pills of Mandrake and Butternut.

In the lamp-room of the Royal stables at Buckingham Palace there is a pair of lamps made of pure gold.

Sore Eyes — **Granulated Eyelids,** Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

Gingham is so called because it was originally manufactured at Guingamp, in Brittany.

LOW FARES TO THE CALIFORNIA EXPOSITIONS VIA CHICAGO & NORTH-WESTERN RY.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Choice of Scenic and Direct Routes through the best of the West. Something to see all the way. Double track. Automatic electric safety signals all the way. Let us plan your trip and furnish folders and full particulars. B. H. Bennett, G.A., 46 Yonge St., Toronto, Ontario.

According to the latest figures, one man in every forty-eight in England and Wales is a pauper.

To Measure a Man.

At a meeting at which a minister, who is short in stature, was to speak, the chairman, endeavoring to be witty, observed that he was somewhat disappointed about the minister's physical proportions. "I had heard so much about Mr.——," he said, "that I naturally expected to meet a big man in every sense, but —" Many a one would have been upset by such an unfortunate beginning to the proceedings, but not so the minister. "I am grieved to find," he said, with a mock seriousness, "that your chairman is disappointed in my size, but this is owing to the way you have here of measuring a man. In Ayrshire, where I come from, we measure a man from his chin up, but you evidently measure him from is chin down!"

A Smart Boy.

A teacher was examining a class of small boys in arithmetic. Addressing a particular smart boy she asked: "Can five go into one?"

"Yes," came the answer at once.

"You stupid boy!" she said. "How do you make that out?"

"Please, ma'am," he said, "I put five toes into one stocking this morning!"

Keep Minard's Liniment in the house.

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Arts Courses only.
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Mixing Concrete with this 1915 Model HAND MIXER saves you time, labor and money. You get a better mix with less cement. Write for catalogues.
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Improved Concrete Machinery.
Dept. W. Spadina Ave., Toronto, Ontario.

36TH ANNUAL MEETING OF THE HIGH COURT CANADIAN ORDER OF FORESTERS

Over Five Hundred Delegates In Attendance.

The 36th Annual Meeting of the Canadian Order of Foresters convened on Tuesday afternoon, the 15th of June, in the City of St. Catharines, at 2 p.m. Delegates were in attendance from all parts of the Dominion, every province being represented. The High Court meets in this city for the first time since its inception.

The following officers of High Court were present at the opening session: J. A. Stewart, High Chief Ranger, Perth, Ont.; J. A. A. Brodeur, High Vice-Chief Ranger, Montreal, Que.; Alf. P. van Someren, High Secretary, Brantford, Ont.; Robert Elliott, High Treasurer, Brantford, Ont.; Dr. U. M. Stanley, Chairman of the Medical Board, Brantford, Ont.; W. G. Strong, Superintendent of Organization, Brantford, Ont.; W. L. Roberts, First High Auditor, Brantford, Ont., and A. Shultis, Second High Auditor, Brantford, Ont., and N. J. Stevenson, Toronto, Ont.; R. T. Kemp, Listowel, Ont.; A. R. Galpin, London, Ont.; F. H. Davidson, Winnipeg, Man.; A. R. Coffin, Truro, N.S., members of the Executive Committee.

In addition to the above, A. L. Jones, Dist. H. C. R., Brandon, Man.; A. K. Berry, Past Dist. H. C. R., Holland, Man., and D. E. McKinnon, Dist. High Secretary, Winnipeg, Man., representatives from the District High Court for Manitoba, were present.

The Annual Reports of the various officers of this Order are again of a very satisfactory nature, showing that the steady progress which has been its experience since its inception in 1879, was continued in the year 1914, which is the period covered by these reports.

This Order confines its business entirely to the Dominion of Canada. In all its departments, in spite of the adverse general conditions which have been experienced in Canada, uniform progress is demonstrated.

The increase in the insurance funds during the year amounted to $375,295.94, this increase being the second largest in the Order's experience, and only some $5,000.00 less than the largest increase in any one year, which occurred in 1912. The standing of this fund at the end of the year, after the payment of 599 death claims, amounting to $613,890.12, showed funds on hand of $4,740,368.01; the amount at the present time being $4,884,441.13. The yearly revenue derived from the investments of the Order now constitute a very substantial amount of the annual income. Interest earned on investments of insurance funds during 1914 amounted to $223,761.64, and paid 36.44 per cent. of the total death claims on the Order.

In respect to the matter of investments, it is interesting to know that the Order confines the investment of its funds to the purchasing of municipal and school debentures of the Dominion of Canada. During the last two years, with an exceptional market in such direction, from the investor's point of view, the Executive Committee has been able to take very extensive advantage of the situation.

The Sick and Funeral Benefit Fund shows a larger net increase than that experienced in any previous year in the Order's history, the increase for the year being $55,071.58. Interest earned on investments of Sick and Funeral Benefit Funds (these investments being of a similar nature to those made of the Insurance Funds), amounted to $18,723.10, and after the payment of 7,319 sick and funeral benefit claims, amounting to $188,430.35, the amount standing at the credit of this fund was $403,284.77, the same fund at the present time standing at $409,583.63.

The General Fund is also in a satisfactory condition. Many special charges, incident to the war, including donations to National and Patriotic Funds, and the arrangement for carrying members on overseas service, hereafter referred to, have been arranged as anticipated without any inconvenience to this fund.

In respect to membership also substantial progress was made, the membership at the end of the year 1914 standing at 91,557.

Besides the ordinary benefits from its Life Insurance and Sick and Funeral Benefit Departments, special provision is made, under the constitution of the Order, for assistance to those of its members suffering from tubercular trouble of any kind. A special grant is made extending over a period of six months, with a view to assisting to defray the cost of treatment in any of a number of sanitaria in Canada, making a specialty of such cases, and the membership is urged to take advantage of such treatment in the incipient stages of the malady.

It is gratifying to note after a perusal of the reports of all the officers, the far-reaching benefits that are being derived by the membership in the various directions in which this Society endeavors to be of assistance to the individuals composing same. Since 1879, about ten and a half millions of dollars have been paid out in benefits by this Society, and, in fact, the whole record of the Order, as submitted in these reports, is well worth the perusal of those who perhaps have been skeptical regarding the permanency and stability of fraternal insurance concerns. These reports furnish evidence of careful management in the conduct of the Society's affairs, and reflect credit on its administration.

A point of general interest, as indicating proper selection of risks, is the death rate. This for 1914 was 6.54 in the thousand, and the average death rate since the inception of the Order, over a period of nearly 36 years, is 5.31 per thousand.

In looking into the report of the Superintendent of Organization, we find he has been able to report the institution of forty-two (42) new Courts, demonstrating that the Order continues to establish agencies as new fields for the prosecution of its business open up. Particular attention is evidently being paid to establishment of Subordinate Courts only in such places as offer a reasonable prospect of permanency.

The Order has pursued a very liberal policy in respect to those of its membership who have volunteered, or enlisted, for overseas service. Not only is the insurance in such cases kept in force at the ordinary rates, of those who were in membership at the date of declaration of war by England, but the Insurance and Sick and Funeral Benefit Assessments for all such members are being paid by High Court out of the General or Expense Fund of the Order. New business involving war risks has of necessity to be declined, and is the only safe course for the Order, but the arrangement as made relieves the members of older standing from the necessity of payment by them of their ordinary assessments, and yet provides for the proper premium being collected and credited to the Insurance, and Sick and Funeral Benefit Funds of the Order, in the usual way.

As usual on such occasions, a very considerable amount of business awaits the attention of the delegates, and it is expected that the sessions will probably occupy their attention till the 18th instant.

WEAR FLEET FOOT SHOES for every SPORT and RECREATION
Worn by every member of the family

SOLD BY ALL GOOD SHOE DEALERS

This Man Hires a Gardener.

"Haven't you any perennials in your garden?"

"I don't think so. Are the seeds very expensive?"

Minard's Liniment Lumberman's Friend

FARM FOR RENT.
IF LOOKING FOR A FARM, CONSULT me. I have over Two Hundred on my list, located in the best sections of Ontario. All sizes. H. W. Dawson, Brampton.

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PROFIT-MAKING NEWSPAPERS. Offices for sale in towns. The most up-to-date of all businesses. Write for application to Wilson Publishing Company, 73 West Adelaide St.

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CANCER, TUMORS, LUMPS, etc., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

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"America's Standard 4 Cycle Marine Motor"
4 Cycle, 4 Cylinder, 12 to 20 H.P. Highest quality. Silent operation. No vibration. Controls like the finest Motor Car engine. Extremely economical on fuel. Used as standard equipment by over 80 per cent. of the world's leading boat builders. Catalog on request. $180 to $380 depending on equipment.
KERMATH MFG. CO. Dept. Detroit, Mich.

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"Overstern" V Bottom Motor Boat $55.00
Freight Prepaid to any Railway Station in Ontario. Length 15 Ft., Beam 3 Ft. 9 In., Depth 1 Ft. 6 In. ANY MOTOR FITS.
Specification No. 2B giving engine prices on request. Get our quotations on—"The Penetang Line" Commercial and Pleasure Launches, Row boats and Canoes.
THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.

THE STOVE THAT HELPS YOU HURRY
WITH a NEW PERFECTION Oil Cookstove you don't have to wait for the fire to come up. Just scratch a match—the NEW PERFECTION lights instantly, like a gas stove. Your meal is prepared and on the table in no time.
A NEW PERFECTION in your kitchen means cool, comfortable cooking all summer. Made in 1, 2, 3 and 4 burner sizes. At hardware and department stores everywhere. If your dealer cannot supply you, write us direct.
ROYALITE OIL GIVES BEST RESULTS
NEW PERFECTION OIL COOK STOVES
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BRANCHES IN ALL CITIES
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