A FINE COMPLEXION

May Be Had Through the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

A girl's complexion is something more than a matter to concern her vanity. It is an indication of the state of her health. Pallor in a growing girl means a thinning of the blood. Parents should be watchful of their daughters' complexions and should see to it that these danger signs are corrected. When a girl in her teens becomes pale and sallow, if she shows an inclination to tire easily, is listless and inattentive to her work or studies, she needs Dr. Williams' Pink Pills, a tonic which directly and specifically corrects the condition from which she is suffering. A chemical analysis of the blood of such a girl would show it to be deficient in just the elements that Dr. Williams' Pink Pills can supply, and which restore brightness to the eye and color to the cheeks. Miss Delina Arsenault, Urbainville, P.E.I., is one of the thousands of anaemic girls restored to health by the use of Dr. Williams' Pink Pills. She says: "I was attacked with anaemia, and was in such a miserable condition that I had to consult a doctor, and was under his care for several months, but without getting better. I was growing thinner every day, had dark circles around my eyes. I could hardly sleep at night, but tossed restlessly and got up in the morning with black anticipation of the day's miseries before me. I was always bothered with headaches and pains in the back and limbs. My appetite was poor and I frequently vomited what I did eat. My friends feared that I would not recover. I had often seen Dr. Williams' Pink Pills advertised, and finally decided to try them. I used altogether nine boxes, and they made me as well as ever I was in my life. All the pains and aches disappeared; my appetite returned. I could sleep soundly at night, and the color returned to my cheeks. I also gained seventeen pounds in weight. I am now always well, and for this happy condition I have to thank Dr. Williams' Pink Pills."

You can get these Pills from any dealer in medicine or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Not Unanimous.

Hix — Women are suspicious creatures!

Wix—My experience is to the contrary. For instance, there's my wife; she's a woman and trusts me, while my grocer, who is a man, doesn't.

Minard's Liniment Lumberman's Friend

She Wasn't Sure.

A famous baseball player has a younger sister who is very proud of him, although she is not very familiar with the game. Having spoken of him one day to a visitor she was asked by the latter what position her brother played.

"Why," she stammered, "I—I'm not sure, but I think he's a batter."

Sore Eyes **Granulated Eyelids,** Eyes inflamed by exposure to **Sun, Dust and Wind** quickly relieved by **Murine Eye Remedy.** No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. **Murine Eye Salve** in Tubes 25c. For **Book of the Eye** Free ask Druggists or **Murine Eye Remedy Co., Chicago**

The best bed for a child is one of chopped straw in a strong unbleached cover. It is healthy, springy, and cheap.

HOME STUDY
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JULY and AUGUST
QUEEN'S UNIVERSITY
KINGSTON, ONTARIO
ARTS EDUCATION MEDICINE
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ENGINEERING
GEO. Y. CHOWN, Registrar

Pays for Itself In Seven Days!

Mixing Concrete with this 1915 Model HAND MIXER saves you time, labor and money. You get a better mix with less cement. Write for catalogues.
WETTLAUFER BROS.,
Improved Concrete Machinery.
Dept. W. Spadina Ave., Toronto, Ontario.

WHERE THE SPARK IGNITED

Serajevo, Capital of Bosnia, Losing Oriental Character.

Serajevo, the unknown Bosnian town where the spark ignited that flamed forth into the greatest war of the ages, is described by the National Geographic Society as one of the beauty spots of the Balkans. It was the scene of the assassination of the Archduke Francis Ferdinand, heir-apparent to the thrones of Austria and Hungary, and his wife the Duchess of Hohenberg.

Serajevo is built upon the river Miljacka, a small tributary of the Bosnia, and spreads over both slopes of the narrow valley to the rugged hills. Partly oriental and wholly set in the green and emerald of its gardens and neighboring well-wooded hills, Serajevo is frequently called "The Damascus of the North." The city lies 122 miles southwest of Belgrade. With a growing population of 50,000 and a thriving commerce and industry, Serajevo has been fast losing its eastern character, reconstructing the old Turkish city to conform to the purposes of Western progress.

Its large bazaar is a favorite market place for the peasants of the whole province, while its commission houses conduct the exchange of Bosnian agricultural and mineral products with the manufactories of other parts of the empire. It has potteries, silk mills, a tobacco factory and a large individual, or house industry, which produces fine embroideries, rugs, embossed and filigree work.

Napkin Envelopes.

Envelopes are used instead of napkin rings in some of the pensions of Europe.

White or colored or a pretty flowered crepe paper of a heavy quality is doubled, then cut into pieces eleven by sixteen inches, one end rounded at the corners. All around the edge receives a double row of machine stitching and the paper then is folded in three, so that the rounded end is a trifle shorter than the other part. The short end forms the flap of the envelope made by the other part. Stitch at both ends. On the flap paste a bit of white paper one by three inches, on which to write the name.

The napkin when folded fits nicely into this envelope case. These cases are being used in pensions all over Europe, a fresh one being given to each person as soon as the old one is soiled. In various colors they also give a pretty touch to the home table.

THE BEST MEDICINE FOR LITTLE ONES

Thousands of mothers say Baby's Own Tablets are the only medicine they would give their little ones. Among them is Mrs. Howard Hodgins, St. Catharines, Ont., who says: "I am a user of Baby's Own Tablets and think them the best medicine in the world for little ones." Once a mother has used the Tablets she will use no other medicine because she feels the Tablets are absolutely safe and knows they never fail to banish all the simple ailments of little ones. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Lights for Battle Fields.

According to the Army and Navy Journal, searchlights are for obvious reasons kept dark until the field artillery has ceased firing and the enemy is charging. To illuminate a field over which the enemy is to advance, star bombs and flares are also used. Flares, which are merely modified fireworks, are like the familiar red, white and blue lights used in Fourth of July celebrations to illuminate streets and parks. Sappers go out in front of the trenches with flares, which are then connected with the headquarters of the officers in command of the first line, who by setting them off at intervals throughout the night can keep the battle front continually lighted. Star bombs are also adaptations of modern fireworks. They are shot from mortars into the sky, where for twenty miles they will give off an intense light over a wide circle of the surrounding country. Before one bomb dies out another is shot into the air. A kind of star bomb, shot into the sky like an ordinary rocket is used by both armies for signalling at night.

Diamond Oldest of Riches.

The discoverer of diamonds is unknown. From references in Exodus it is apparent that the diamond was a precious stone in Egypt in those early times; and even before that it was known in India, where probably it was first obtained. The name is derived from the Greek word "adamas," meaning "unsubduable."

From Pliny, a writer of the first century, we learn that the diamond was regarded as the most valuable of all things, and only a few kings ever could afford to buy them. But as no means of artificial polishing had been discovered the stone depreciated in value, so that the ruby and the emerald became more precious. The discovery by Ludwig van Berquen, in 1476, of a mode of polishing and cutting it at once returned this gem to the first place among precious stones.

Alaska was bought by the United States from Russia for $7,200,000.

He Meant Every Word He Spoke

JUST WHY J. A. HILL RECOMMENDS DODD'S KIDNEY PILLS.

He Had Sore Back and Other Symptoms of Kidney Disease and Got Real Benefit from Dodd's Kidney Pills.

Sixty-Nine Corners, Ont., June 7 (Special).—"I am recommending Dodd's Kidney Pills as the best of Medicines." The speaker was Mr. J. A. Hill, a well-known resident of this place, and he left no doubt in the minds of his hearers that he meant every word he said.

"Some time ago," Mr. Hill continued, "I had a very sore back. It started from a cold and I suffered for six months with it. I also had stiffness in my joints and cramps in my muscles and I felt heavy and sleepy after meals. My appetite was fitful and my limbs were heavy. Then I decided to try Dodd's Kidney Pills. I took four boxes and received great benefit from them. That's why I recommend Dodd's Kidney Pills."

Every one of Mr. Hill's symptoms showed that his trouble was of the Kidneys. That is why he got such benefit from Dodd's Kidney Pills. They are no cure all, but they do cure sick Kidneys, and the Kidneys are the keystone of health.

ANYTHING TO WIN.

Who Can Refuse to Believe Any Charge Against Germany.

After the torpedoing of the Lusitania, without warning even, who can reasonably refuse to believe any charge of brutal atrocity brought against Germany's conduct of the war? writes a correspondent in the New York Sun. Who can refuse to believe that a nation capable of waging a war in such a fashion was capable of deliberately bringing on the war? Who can doubt that the policy of "anything to win" now demonstrated is evidence that Germany courted the war in pursuance of a policy of just such world domination as was set forth by Bernhardi?

Of what avail is it to complain of the breaches of international law which have been committed by both sides in the European conflict? The fact that American lives were lost on a vessel sailing under the British flag after the German Government had warned them of the risk they were running is immaterial. Germany has furnished proof that her warfare respects no flag, not even the Stars and Stripes. The war on Germany's part is a war against no nation, but against all nations. It is a war against humanity.

Is it not clear that, under its present leadership and the ideals which control its Kultur, the German nation is a peril to civilization and not fit to survive? What will the liberties of the world be worth if Germany emerges victor from this conflict because, through a cowardly and dreamy love of peace, nations which have been neutral hitherto refuse to do their part in combating the peril of a pax Germanica with which civilization is threatened?

Unless the United States has become a country of Chinamen it will not take this affront lying down. Indeed, the Chinese, with all their weakness, would make at least a show of fight against so hideous a wrong and so dreadful a danger.

GET POWER

The Supply Comes From Food.

If we get power from food, why not strive to get all the power we can. That is only possible by selecting food that exactly fits the requirements of the body.

"Not knowing how to select the right food to fit my needs, I suffered grievously for a long time from stomach trouble," writes a lady from a little Western town.

"It seemed as if I would never be able to find out the sort of food that was best for me. Hardly anything that I could eat would stay on my stomach. Every attempt gave me heart-burn and filled my stomach with gas. I got thinner and thinner until I literally became a living skeleton and in time was compelled to keep to my bed.

"A few months ago I was persuaded to try Grape-Nuts food, and it had such good effect from the very beginning that I kept up its use. I was surprised at the ease with which I digested it. It proved to be just what I needed.

"All my unpleasant symptoms, the heart-burn, the inflated feeling which gave me so much pain, disappeared. My weight gradually increased from 98 to 116 lbs., my figure rounded out, my strength came back, and I am now able to do my housework and enjoy it. Grape-Nuts did it."

A ten days trial will show anyone some facts about food.

Name given by Canadian Postum Co., Windsor, Ont. Read, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

24-HOUR SYSTEM.

Paper Dials Were Issued in 1886 By the C.P.R.

A souvenir of the early days of the C.P.R., in the shape of one of the original watch dials which the company got out when it introduced 24 o'clock time in the West, is in possession of one of the officials.

In 1886 the company determined to introduce the 24-hour system on the western divisions; and to give emphasis to the new departure, and, at the same time, help the memory of all concerned, it issued paper dials with the whole 24 hours completing the day, which were to be worn on the watches of the employees, to familiarize them with the new method. This setting up of the new time standard was deemed, at the time, a radical innovation, calculated to disturb the all conservative and timid creatures who dreaded change. A certain sensation was produced at the time; it passed; the business went on its way; the western employees became acquainted with the new time standard, and accepted it as a matter of course; but the sight of one of the old dial plates, which everybody was showing as a curiosity in 1886, as something which was going to revolutionize the common life of the people, recalls the eagerness of the company to arrest the attention, though, of course, the change was advantageous in itself.

How a Sick Woman Can Regain Health

READ THIS VERY CAREFULLY.

"For years I was thin and delicate. I lost color and was easily tired; a yellow pallor, pimples and blotches on my face were not only mortifying to my feelings, but because I thought my skin would never look nice again I grew despondent. Then my appetite failed. I grew very weak. Various remedies, pills, tonics and tablets I tried without permanent benefit. A visit to my sister put into my hands a box of Dr. Hamilton's Pills. She placed reliance upon them and now that they have made me a well woman I would not be without them whatever they might cost. I found Dr. Hamilton's Pills by their mild yet searching action very suitable to the delicate character of a woman's nature. They never once griped me, yet they established regularity. My appetite grew keen—my blood red and pure—heavy rings under my eyes disappeared and to-day my skin is as clear and unwrinkled as when I was a girl. Dr. Hamilton's Pills did it all."

The above straightforward letter from Mrs. J. Y. Todd, wife of a well-known miller in Rogersville, is proof sufficient that Dr. Hamilton's Pills are a wonderful woman's medicine. Use no other pill but Dr. Hamilton's, 25c. per box. All dealers or The Catarrhozone Co., Kingston, Ontario.

Among the new summer fabrics is a cotton material known as "Joffre," while the new colors include "battleship grey" and "Petrograd blue."

At the Yarmouth Y.M.C.A. Boys' Camp, held at Tusket Falls in August, I found MINARD'S LINIMENT most beneficial for sun burn, an immediate relief for colic and toothache.
ALFRED STOKES,
General Sec'y.

At Any Vaudeville.

"Why do these pipers keep walking up and down while they are playing?"

"Because it makes them harder to hit."

Ask for Minard's and take no other.

CUTTEN & FOSTER
AUTO AND BOAT TOPS
Ford owners write for our catalogue.
SEARS-CROSS
Speedometer Station.
179 Queen Street West,
TORONTO, - ONT.

TRUE ORIGINALITY.

If you have the consciousness of genius, do something to show it. The world is pretty quick, nowadays, to catch the flavor of true originality; if you write anything remarkable the magazines and newspapers will find you out, as the schoolboys find out where the ripe apples and pears are. Produce anything realy good and an intelligent editor will jump at it. Don't flatter yourself that any article of yours is rejected because you are unknown to fame. Nothing pleases an editor more than to get anything worth having from a new hand.

There is always a dearth of really fine articles for a first-rate journal; for, of a hundred pieces received, ninety are at or below the sea-level; some have water enough, but no head; some head enough, but no water; only two or three are from full reservoirs, high up that hill which is so hard to climb.

Sore Corns Go! **Absolutely Painless** No cutting, no plasters or pads to press the sore spot. **Putnam's Extractor** makes the corn go without pain. Takes out the sting over-night. Never fails—leaves no scar. Get a 25c. bottle of **Putnam's Corn Extractor** to-day.

If, when people are charged with their faults they were credited with their good intentions, there would be more satisfactory neighbors in the world.

Keep Minard's Liniment in the house.

Among the regimental trophies of the Lancashire Fusiliers is a Life of Marlborough presented to the regiment by Napoleon when they were guarding him in St. Helena.

Minard's Liniment used by Physicians.

The official reporter in the House of Lords receives $2,500 a year.

KERMATH Marine Engines
"America's Standard 4 Cycle Marine Motor"
4 Cycle, 4 Cylinder, 12 to 20 H.P. Highest quality. Silent operation. No vibration. Controls like the finest Motor Car engine. Extremely economical on fuel. Used as standard equipment by over 80 per cent. of the world's leading boat builders. Catalog on request. $190 to $300 depending on equipment.
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WEAR FLEET FOOT SHOES for Every Sport and Recreation

Sold by all good shoe dealers
Worn by every member of the family

The object of the National Service League, founded in 1902, is to promote the movement for compulsory military service in Great Britain.

SEED POTATOES.

EARLY IRISH COBBLER POTATOES, specially selected and Government inspected for seed. Only limited quantity. Price, One Dollar per bushel f.o.b. Brampton. Also Connoisseur's Pride and New Snow, two excellent new potatoes. Price, Two Dollars per bushel. Special prices for large quantity. Cash must accompany all orders. H. W. Dawson, Brampton.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB OFFICES for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

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WANTED—LADY OR GENTLEMAN OF good standing in every neighborhood of Ontario and Quebec Provinces, to obtain list of reliable people who are interested in saving money during these war times on purchases of staple merchandise selected from illustrated catalogue of established Montreal Departmental Store. To the right persons we offer attractive remuneration. Write immediately giving name, residence, experience, with references. Character is of more importance than experience. Address P. O. Box 443, Montreal.

MISCELLANEOUS.

ENGLISH VIOLET CREAM, MAGIC Beautifier. Price 25c. Viodora Company, Orillia.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

"Overstern" V Bottom Motor Boat $55.00

Freight Prepaid to any Railway Station in Ontario. Length 15 Ft., Beam 3 Ft. 9 In., Depth 1 Ft. 6 In. ANY MOTOR FITS.

Specification No. 2B giving engine prices on request. Get our quotations on—"The Penetang Line" Commercial and Pleasure Launches, Row boats and Canoes.

THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.

COOK IN A COOL KITCHEN

DON'T swelter over a hot range this summer. The NEW PERFECTION Oil Cookstove keeps your kitchen cool and clean and does away with all the ash-pan, coal-hod drudgery of the coal range.

THE NEW PERFECTION lights like gas, regulates like gas, and cooks like gas. It is gas stove comfort with kerosene oil.

NEW PERFECTIONS are sold in 1, 2, 3 and 4 burner sizes by dealers everywhere. If your dealer cannot supply you, write us direct.

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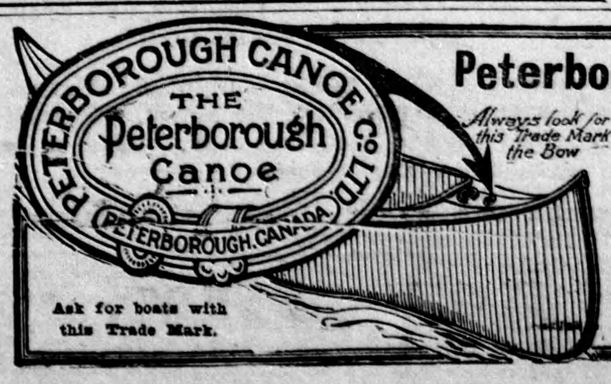

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This trade mark on a Peterborough Canoe is your assurance of the highest workmanship and the best materials that can be put into a canoe or skiff. Designed for easy paddling, strength and safety.

In painted Basswood, Cedar Rib, Cedar Strip and Canvas Covered qualities. Write for Catalogue. The Peterborough Canoe Co., Limited, Peterborough, Canada.

Ask for boats with this Trade Mark.