SICK HEADACHES PERMANENTLY CURED

Dr. Williams' Pink Pills Correct the Cause of This Trouble

There are few ailments that cause more genuine misery in the home than attacks which are generally termed sick headaches. The attacks are often periodical, and when the mother of a family is prostrated at intervals there is not only her own suffering to consider, but the discomfort caused the other members of the household. Sick headaches arise from a variety of causes, and most of them can be relieved or cured through the tonic treatment with Dr. Williams' Pink Pills. Mrs. Hugh Docherty, Rocaville, Sask., says: "I suffered for years with what the doctors called nervous prostration and sick headache. When these spells came on I could not work nor walk, and the pains in the head were almost unbearable. At times the pain in my head was so dreadful that I feared it would drive me mad. I tried four different doctors at times, and not only took bottles of medicine, but quarts of it, but to no avail. Then I quit taking medicine altogether and tried dieting, but it made no difference, I was still an agonizing sufferer. Finally my husband urged me to try Dr. Williams" Pink Pills and got me a supply. After taking the Pills for some weeks I felt a little better and I gladly continued their use. My nerves began to feel stronger, the terrible headache came with less frequency, and after taking the Pills for some months disappeared altogether. From that day to this I have had no return of the trouble, and all who knew of my illness regarded my cure as marvellous. I cannot say too much in praise of the Pills, as they certainly saved me from a life of almost constant agony."

It is by building up and enriching the blood and strengthening the nerves that Dr. Williams' Pink Pills work seemingly marvellous cures, and what they have done for others they will do for all ailing people if given a fair trial. If you do not find these Pills at your medicine dealers you can get them by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Curious Antipathies.

The philosopher Boyle swooned at the sound of water splashing, and Tycho Brahe fainted at the sight of a fox. An old Greek writer records the instance of a man who swooned at the sound of a flute. More strange still, a clergyman, it is stated, could never hear a certain verse of Jeremiah read without fainting. Marshal d'Albret could not bear the sight of a pig, and the Duke d'Epernay swooned at the sight of a leveret. All these are genuine cases of a deep-seated natural antipathy, and many others might be recounted. Therefore, says the Family Doctor, when we meet with persons who declare that the smell of tobacco makes them feel ill, it may be a real physical infirmity.

Prehistoric Bottles.

According to recent discoveries it appears that nursing bottles were used even in prehistoric times. This is true at least for the age of polished stone, inasmuch as a French archaeologist, when exploring a neolithic funeral deposit, found a small clay bottle, and this was quite intact. This is not the only specimen of the kind which comes from early ages. Among others are the specimens found in the Gaulish burial places of Jouchery, and more recently in the Gallo-Roman arena of Paris.

STRENGTH

Without Overloading the Stomach.

The business man, especially, needs food in the morning that will not overload the stomach, but give mental vigor for the day.

Much depends on the start a man gets each day as to how he may expect to accomplish the work on hand.

He can't be alert with a heavy, fried-meat-and-potatoes breakfast, requiring a lot of vital energy in digesting it.

A Western business man found a food combination for producing energy. He writes:

"For years I was unable to find a breakfast food that had nutrition enough to sustain a business man without overloading his stomach, causing indigestion and kindred ailments.

"Being a very busy and also a very nervous man, I had about decided to give up breakfast altogether. But luckily I was induced to try Grape-Nuts.

"Since that morning I have been a new man; can work without tiring, my head is clear and my nerves strong and quiet.

"I find that Grape-Nuts, with a little sugar and a small quantity of cold milk, makes a delicious morning meal, which invigorates me for the day's business."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Lady Francis Scott,

Eldest daughter of the late Lord Minto, former Lieutenant-Governor. Before her marriage this month to Lord Francis Scott, son of the late Duke of Buccleach, she was known as Lady Eileen Elliott.

WHEN EUROPE IS AT WAR.

How the Various Countries Involved Are Affected.

The early pages of the Agricultural War Book published by the Department of Agriculture, Ottawa, are devoted to brief essays principally on agricultural matters, but also on the duty of us all, by the Prime Minister, by the Finance Minister of the country, by the various Ministers of Agriculture of the provinces and by the learned professors of agricultural colleges and experimental farms. Following are given industrial and agricultural details in brief of each European country engaged in the war or affected by the war, and of the British possessions. From this is learned that prior to the outbreak of hostilities, Belgium was not only the most thickly populated country in the world, but also about the most industrious. In the first 82 days of the war, which has now lasted upwards of 200 days, damage to the extent of $1,059,836,000 had been done, out of which $283,614,000 is attributed to agricultural injury. Northern France has suffered proportionately to an equal extent. Russia, while pre-eminently an agricultural country, producing nearly one-fourth of the world's wheat, fully a fourth of its oats, a third of its barley and a half of its rye, still possesses immense manufacturing industries. It also abounds in minerals, and its forests, of which there are 900 million acres, are the finest the earth knows

Canada's interest lies in particular with the export trade of Germany, much of which this country has the right and expectation to secure. In 1913, we learn from the War Book, Germany imported nearly one-eighth of all the world has to sell and exported more than one-ninth of all the world wanted to buy. Her yearly output of manufactured goods ran up to between twelve and fifteen billion dollars, of which one-sixth at least found its way to foreign markets that are now closed to her, and in many cases will never be renewed. "Made in Germany" and "Made in Austria", with which we had most of us become familiar, will, it is to be hoped, be largely replaced by "Made in Canada."

What is of special interest is the fact that Germany in 1913 produced 2,720,000 tons of refined sugar from beets, mined 260,000,000 tons of coal and lignite, 29,879,000 tons of iron ore, and that while using in that year of peace 225,800 tons of copper, she could only unearth 23,000 tons of her own accord. Germany normally imports one-sixth of the cereals she consumes, but exports enormous quantities of potatoes. Without doubt the surplus of the latter now in stock is being used for flour. Germany bought between seven and eight million geese from Russia annually and sold Great Britain between eleven and twelve million bushels of oats. She also in 1913 imported 160,000 tons—mark it, tons—of eggs. These statements will sufficiently indicate the vast disturbance that has taken place in German trade.

Austria-Hungary exported in bulk as many men and horses as it did of material, from 150,000 to 200,000 immigrants crossing the seas every year. But the dual empire is exceedingly rich in minerals, and Hungary is one of the principal grain-growing regions of Europe, the average produce being 145,000,000 bushels of wheat, 46,500,000 bushels of rye, 53,500,000 bushels of barley, 65,000,000 bushels of oats and 118,000,000 bushels of corn. Hungary, too, is rich in live stock, having in 1914, 2,300,000 horses, 7,300,000 cattle, 8,500,000 sheep, and 7,500,000 swine. From these figures it would seem that it will be a tougher job to starve Germany than reports would make it appear.

Mollified.

Attorney—How old are you, madam?

Witness—Sir!

Attorney—Beg your pardon; how much younger are you than the lady next door?

He Could Not Make One Step

THEN DODD'S KIDNEY PILLS CURED WALTER J. ROBERTS.

Newfoundland Man Finds a Firm Cure After Suffering Ten Months of Torture—Doctors and Other Medicines Failed to Help Him.

Lewisport, Twillingate District, Nfld., March 8 (Special).—A thrilling story of a splendid cure by Dodd's Kidney Pills is told by Walter J. Roberts, a well-known resident of this place.

"My trouble started from a cold after measles," Mr. Roberts states. "For nineteen months I was confined to the house, and for ten months I could not make one step.

"I tried many doctors and medicines but got no relief from them. The trouble was in my feet, legs and arms, and at times was almost unbearable. I could not feed myself for those ten months.

"At last I tried Dodd's Kidney Pills, taking twenty-eight boxes in all, and am glad to say they made a firm cure of me."

Mr. Roberts' troubles were caused by diseased kidneys. That is why Dodd's Kidney Pills cured him. Diseased Kidneys fail in their duty of straining the impurities out of the blood and the consequence is trouble all over the body. Dodd's Kidney Pills cure diseased Kidneys.

A TRADER'S SHREWDNESS.

How He Obtained the Information He Wanted.

A wealthy merchant in Paris who had an extensive business with Japan was told that a prominent firm in Yokohama had failed, but he could not learn the name of the firm. He could have learned the truth by cabling, but to save expense he went to a well known banker who had received the news and asked him the name of the firm. The story is told in the Family Herald.

"That's a very delicate thing to do," replied the banker, "for the news is not official, and if I gave you the name I might incur some responsibility."

Then the merchant said:

"I will give you a list of ten firms in Yokohama, and I will ask you to look through it and then tell me, without mentioning any name, whether the name of the firm that has failed appears in it. Surely you will do that for me?"

"Yes," said the banker, "for if I do not mention any name I cannot be held responsible."

The merchant made out his list, the banker looked through it, and, as he handed it back, said:

"The name of the merchant who has failed is there."

"Then I've lost heavily," replied the merchant, "for that is the firm with which I did business"—showing him a name on the list.

"But how do you know that is the firm that has failed?" asked the banker, in surprise.

"Very easily!" replied the merchant. "Of the ten names on the list, only one is genuine—that of the firm with which I did business; all the others are fictitious."

QUIET THOUGHTS.

A little with peace is better than much with war.

None are so wicked that there is not some good in them.

The keynote of a genuine life is always sursum corda, "Lift up your hearts!"

Let us beware of treating others' passing moods as if they were permanent characteristics.

Do not envy the rich. Those with great wealth mostly have great cares, and few to truly love them.

The trouble you are dreading will not be nearly so bad as you believe. Try to keep a brave heart and face it with calmness, and you will see the silver light shining behind the heaviest clouds.

Rheumatism Goes Quickly Its Virus Forever Destroyed

EVERY CASE IS CURABLE.

Good-bye to Rheumatism!

Your aching joints, your stiff, sore muscles, those sleepless nights and suffering days—good-bye forever—your day is gone.

Sufferer, cheer up, and read the good news below.

"A man met me a year ago, and said, 'don't stay crippled, quit complaining, limber up.' My answer was, 'I'm rheumatic, I can't do it.' He looked me over in a pitying sort of way and told me to go to the nearest drug store for Nerviline and Ferrozone. The combination had cured him. I was convinced of his sincerity and followed his instructions. I rubbed on Nerviline three times every day—rubbed it right into my aching joints. The pain quickly lessened, and I became more limber and active. To draw the virus of the disease from my blood I took two Ferrozone Tablets with every meal. I am well today, not an ache, not a pain and no sign of stiffness at all."

What Nerviline can do in a case like this it can do for you too. For nearly forty years Nerviline has been recommended for Rheumatism, Lumbago and Sciatica and Lame Back. It is the one remedy that never disappoints.

When a Woman Suffers With Chronic Backache

There is Trouble Ahead.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

In the stores, factories, and on a farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural, but it's dangerous, because due to diseased kidneys.

The dizziness, insomnia, deranged menses and other symptoms of kidney complaint can't cure themselves, they require the assistance of Dr. Hamilton's Pills which go direct to the seat of the trouble.

To give vitality and power to the kidneys, to lend aid to the bladder and liver, to free the blood of poisons, probably there is no remedy so successful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing and healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls and women of all ages. 25 cents per box at all dealers. Refuse any substitute for Dr. Hamilton's Pills of Mandrake and Butternut.

SHE AND I.

She and I in younger days,
Saw in each other, the kinder ways;
She a lassie and I a lad,
And nothing, from nothing, was all we had.
But we called the bluff, on poverty's ban—
And we hitched ourselves and made a span—
Health and youth, and never say die,
Were the bridal gifts to She and I,

Love and labor, went hand in hand,
And we gathered a home, but it wasn't grand,
Nor filled with riches and costly ware,
That wealth could gather from everywhere.
Homely fittings, and meager worth
Cast a halo of love about the hearth,
And a babe to us, with his welcome cry;
Was heavenly music to She and I.

So we toiled and struggled from day to day,
Rich in love of his childish play;
God to the parents was over kind,
Perfect in body and health and mind.
Though often we passed beneath the rod,
We knelt in our prayer, and thanked our God:
For the staff on which we could rely
When age had settled on She and I.

Years came on and he grew to be
Tall and strong, and fair to see:
True to the blood of parent's youth,
Labor and love had borne the truth—
And our hearts grew rich with parental pride
When we looked at his manly walk and stride,
And often our thanks to God on high
Were tendered anew by She and I.

And the woe and want of feebler days
Seemed banished from us, in his thoughtful ways,
And the twilight hour, with rosy gleam
To She and I was a pleasant dream.
Till the god of war across the sea
Claimed royalty's wish, was a thing to be—
Ah—and the years of toil, the hope—and then
We saw in the papers a call for men.

Will Leonhard.

Sombra, Ont.

Corns Drop Out

Instant Relief

Paint on Putnam's Corn Extractor to-night, and corns feel better in the morning. Magical the way "Putnam's" eases the pain, destroys the roots, kills a corn for all time. No pain. Cure guaranteed. Get a 25c. bottle of "Putnam's" Extractor to-day.

Nose-Rubbing.

Maori women of New Zealand know nothing about kissing. Nose-rubbing is their form of salutation, and when two friends meet they hold each other by the hand, bend their heads till their noses touch, and then rub them gently from side to side. This form of greeting is not confined to the women, but is practiced by the men; they seldom meet without rubbing noses. In time of lamentation the Maori women will sit for hours with their noses touching and moan for the loss of some chief whom they have in all probability never seen.

Minard's Liniment Relieves Neuralgia.

Hardly That.

Mrs. Knagg—Well, what are you thinking about?

Mr. Knagg—I was just thinking if it's true that silence is golden no one can accuse you of being a miser.

How Could She.

Mrs. Exe—If I'd been in your place I think I'd have pocketed my pride.

Mrs. Wye—But I had no pocket.

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

Thinking Shop.

Hostess—"Doctor Spriggins, will you have some of the tongue?"

The Doctor (absent-mindedly)—"Oh-er-let me look at it, please."

Minard's Liniment for sale everywhere.

THE SEED LAW.

With the opening of the 1915 seed trade, seedsmen, farmers and gardeners may wish to review the conditions under which sales may be made. The Seed Control Act provides that timothy, alsike, red clover and alfalfa seed must not be put on sale for the purpose of seeding without being plainly marked with the grade, namely: Extra No. 1, No. 1, No. 2, No. 3. Farmers may sell seed below No. 3 in quality only to dealers to be cleaned and brought up to grade. All other grass, clover and forage plant seeds and those of cereals and flax must be marked in a plain and indelible manner with the common name or names of any noxious weed seeds present.

Seed of cereals, flax, grasses, clovers, forage plants, field roots and garden vegetables must have a germination of two-thirds of the percentage standard of vitality for good seed of the kind or be marked with the percentage that are capable of germinating. "Papered seeds" must be marked with the year in which the packet was filled.

Representative samples of seeds for purity and germination tests may be sent to the Seed Branch, Ottawa. Two ounces of grass seed, white or alsike clover; four ounces of red clover, alfalfa or seed of like size and one pound of cereals are desired. Samples under 8 ozs. may be sent without postage and are tested free of charge up to 25 in number for each person or firm.

BABY'S OWN TABLETS A GREAT BLESSING

Mrs. Jas. E. Mailman, Gegoggin, N.S., writes: "I gave Baby's Own Tablets to my baby boy for constipation and teething troubles and have found them a great blessing. I think the Tablets should be in every home where there are young children." The Tablets are an absolutely safe remedy for little ones, being backed by the guarantee of a Government analyst to be free from opiates and narcotics. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Case of Necessity.

Old Lady (stopping on road)—Dear! dear! Why are you two men using such frightful language?

Tattered Thomas—Well, yer see, lady, me an' me pard has ter exchange heated words to keep warm, not having no overcoats.

Minard's Liniment Cures Burns, Etc.

Out of Harm's Way.

"If you had to go to war, what position would you choose?"

"The drummer's, I think."

"Why so?"

"When a charge was ordered, I'd pick up my drum and beat it."

LOW FARES TO THE CALIFORNIA EXPOSITIONS.

Via Chicago & North Western Ry.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Wide choice of scenic and direct routes. Double track. Automatic electric safety signals all the way.

Let us plan your trip and furnish folders and full particulars.

B. H. Bennett, Gen. Agt., 46 Yonge St., Toronto, Ont.

Widows Are Dangerous.

"How did you catch your cold, old man?"

"I cod id by siddig dear a widdow."

"She must have been very icy."

We have been using MINARD'S LINIMENT in our home for a number of years and no other Liniment but MINARD'S, and we can recommend it highly for sprains, bruises, pains or tightness of the chest, soreness of the throat, headache or anything of that sort. We will not be without it one single day, for we get a new bottle before the other is all used. I can recommend it highly to anyone.

JOHN WAKEFIELD.

LaHave Islands, Lunenburg Co., N.S.

Pat Remark.

"That settles it!" said the man as he watched the piledriver hammer descend on the pile.

Minard's Liniment Cures Dandruff.

"Do you like the breast of the turkey?" asked the host of the old lady. "I've never been able to find out," she responded. "When I was growing up the children always got the necks, so that the grown folks could have the choice parts. But since I have grown up things have changed and now the children get all the best pieces."

It was at the dentist's, and Potz was the object in the chair—a miserable, forlorn object to boot. The operation was ended, and the dentist was ostentatiously cleaning his forceps. "I must charge you five dollars," he said to the patient. The unlucky victim turned upon his persecutor: "What? Five dollars? Why, you promised to charge me only one!" "Yes," agreed the tooth-tugger cheerfully, "that was my contract price." "Well?" queried the tormented one. "But you yelled so loud that you've scared away four other dollar patients!"

CLARK'S SOUPS

Delicately flavoured—Highly concentrated.

WHY WORRY! Choose your variety and ask your grocer for "Clark's".

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

NURSERY STOCK.

STRAWBERRIES, RASPBERRIES, POTATOES. Catalogue free. McConnell & Son, Port Burwell, Ont.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

PATENTS OF INVENTIONS

PIGEON, PIGEON & DAVIS

71a St. James St., - Montreal

Write for information

HAWK BICYCLES

An up-to-date High Grade Bicycle fitted with *Roller Chain, New Departure Coaster Brake and Hubs, Detachable Tires*, high grade equipment, including Mudguards, Pump, and Tools $22.50

Send for FREE 1915 Catalogue, 70 pages of *Bicycles, Sundries, and Repair Material*. You can buy your supplies from us at Wholesale Prices.

T. W. BOYD & SON,

27 Notre Dame St. West, Montreal.

"40 Hours from Frost to Flowers"

BERMUDA

"RESTFUL ISLES OF SUMMER LOVELINESS."

Offering all outdoor Sports, social activities and a climate and scenery unequaled in the Tropics.

S.S. "BERMUDIAN," fastest, most luxurious and only Steamship landing passengers without transfer. Sails from New York every Wednesday, 11 a.m.

Fare $25.00 for Round Trip, including berth and meals.

WEST INDIES

Delightful 28-day Cruises to the Antilles; sailings from N.Y. Mar. 2nd, 12th, 26th, 2.00 p.m. Apply for tickets and ills. booklet.

Canada Steamship Lines, Limited, 46 Yonge St., Toronto, or any Ticket Agent.

ENGINE FOR SALE

New Wheelock 18 x 42 Automatic Valve

Complete operating condition, flywheel, frame, belt, cylinders and all parts. Can be shown running at present time.

Will sell at less than half cost price.

S. FRANK WILSON & SONS

73 Adelaide St. West, Toronto

The young mother stole silently upstairs one evening, to be sure that her little son was sleeping safely. As she paused at the door she saw her husband standing beside the crib, gazing earnestly down at the sleeping child. Tears filled the mother's eyes, and she thought: "How dearly Frederick does love that boy!" But just then he turned and saw her. "Amelia," he said, "I don't see how on earth they can get up a crib like this for three dollars and sixty cents."

MOTHERS

REMEMBER! The ointment you put on your child's skin gets into the system just as surely as food the child eats. Don't let impure fats and mineral coloring matter (such as many of the cheap ointments contain) get into your child's blood! Zam-Buk is purely herbal. No poisonous coloring. Use it always.

50c. Box at All Druggists and Stores.

USE ONLY ZAM-BUK FOR CHILDRENS SORES